



## Dr. B.H.S. Thimmappa

### Slices of Life

Learn from others' experiences for a better living in our close social life

The result will follow through self-discipline religiously in personal life

Endorphins, serotonin, and dopamine release enhance professional life

Control the experience of sensation coming from space in family life

Derive the joy of learning through poetry, prose, and  
philosophy

Have a sense of belonging to an exclusive group to  
draw identity

Develop an extremely adaptable personality trait in  
every aspect of life

Cultivate kindness while having a cult, culture,  
cosmos, and a lifestyle

A change in mindset can become a turning point in  
life with better prospects

Like the mud undergoing a series of changes to  
become a beautiful cup object

Cope with and respond positively and responsibly to  
any radical change

Articulate the tone and the tenor of the voices in a  
meaningful exchange

Increasing the level of happy chemicals improves our  
mood and cognition

Recharge our life, like a beam of light to enjoy the  
granted limited edition

Become smarter consumers of products and actively  
in charge of our lives

Responsible individuals hold a message of hope and  
sustainability in lives

There is always something we can do to society to  
save a life

A constant readjustment to our surroundings is the  
art of life

Work in a spirit of service and sacrifice for the ideal  
life

Support eco-friendly products and green solutions in  
life

Build deeper relationships with one another in  
society as all life matters in life

Demonstrate active concern for civic duty even  
during adverse moments of life

Follow the primary principles of co-existence to step  
onto the next level of life

Adopt fake-to-make philosophy and sincere efforts to  
follow spiritualism in life

Have the practical courage to face the situation boldly  
and remain content

A small change in perspective can lower the level of  
unique satisfactory point

Silence calms the mind while magic moments remain  
with us all our life

Subject to no dispute, the slices of life lie in the inner  
layers of memories

## **Dr. BHS Thimmappa**

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Dr. Thimmappa has obtained his Ph.D. from IIT-Bombay. He writes mainly about higher education issues. His work related to poetry has been published in the *Muse India*, *The Criterion*, *The Creative Launcher*, and *Contemporary Literary Review India* journals. He is currently working as a professor at MIT, Manipal.

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