

ORIGINAL RESEARCH

Dabigatran, the oral anticoagulant of choice at discharge in patients with non-valvular atrial fibrillation and COVID-19 infection: the ANIBAL* protocol

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Abstract

Atrial fibrillation is a frequent complication among patients with severe coronavirus disease-2019 (COVID-19) infection. Both direct and indirect mechanisms through COVID-19 have been described to explain this relationship. COVID-19 infection increases the risk of developing both arterial and venous thrombotic complications through systemic coagulation activation, leading to increased mortality. Chronic oral anticoagulation is essential to reduce the thromboembolic risk among AF patients. Switching to low-molecular-weight heparin has been recommended during hospitalization for COVID-19 infection. Of note, at discharge, the prescription of direct oral anticoagulants may offer some advantages over vitamin K antagonists. However, oral anticoagulants should only be prescribed after the consideration of drug–drug interactions with antiviral therapies as well as of the risk of hepatotoxicity, which is common among individuals with severe COVID-19 pneumonia. Not all anticoagulants have the same risk of hepatotoxicity; dabigatran has shown a good efficacy and

safety profile and could have a lower risk of hepatotoxicity. Furthermore, its metabolism by cytochrome P450 is absent and it has a specific reversal agent. Therefore, dabigatran may be considered as a first-line choice for oral anticoagulation at discharge after COVID-19 infection. In this review, the available information on the antithrombotic management of AF patients at discharge after COVID-19 infection is updated. In addition, a practical algorithm, considering renal and liver function, which facilitates the anticoagulation choice at discharge is presented.

Keywords: atrial fibrillation, COVID-19, dabigatran, direct oral anticoagulants, hepatotoxicity.

Citation

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Introduction

The severe acute respiratory syndrome-coronavirus-2 causing the coronavirus disease-2019 (COVID-19) has attained pandemic numbers since March 2020, worldwide.¹ COVID-19 infection produces an acute and complex disorder that, in some cases, may lead to the development of severe interstitial pneumonia, acute respiratory distress syndrome, or death.² Typical symptoms may include fever, cough, dyspnea, fatigue, hemoptysis, myalgia, headache, nausea, vomiting, diarrhea, and alterations of taste or smell, among others.^{3,4} Of note, COVID-19 has also been related

with cardiovascular complications, including atrial fibrillation (AF).¹ Thus, up to 10–30% of patients hospitalized due to COVID-19 have acute cardiac damage, including cardiac arrhythmias.^{3,4} In addition, patients who develop cardiac injury, mainly those with prior cardiovascular disease, have a worse prognosis.⁵

The aim of this narrative review was to update the available information about the antithrombotic management of patients with AF at discharge after COVID-19 infection and provide a practical algorithm, considering renal and liver functions, in order to facilitate the choice of anticoagulation therapy at

*The name of this great Carthaginian military general has been chosen for the protocol as a tribute by the authors, as they carry out their healthcare work in Cartagena

discharge. For this purpose, a search on MEDLINE and EMBASE databases was performed until August 2020. The MEDLINE and EMBASE search was performed using both medical subject headings and keywords, including AF or dabigatran or direct oral anticoagulants or hepatotoxicity or renal failure and COVID-19. References of the retrieved articles were also screened for additional studies. There were no language restrictions.

Risk of AF and COVID-19 infection

AF is the most frequent sustained arrhythmia in routine practice,⁶ and is a common complication among individuals with severe COVID-19 infection, including those with severe pneumonia, acute respiratory distress syndrome, or sepsis.⁷ In a survey performed in 76 countries, approximately one-fifth of respondents reported cases of AF in hospitalized patients with COVID-19.⁸ In a study that analyzed 99 consecutive hospitalized subjects with COVID-19 pneumonia, 53 had a history of cardiac disease, of whom 40% had previous heart failure, 36% exhibited AF, and 30% had coronary artery disease. Of note, death rates and rates of thromboembolic events were higher in patients with cardiac disease (36% *versus* 15% and 23% *versus* 6%, respectively).⁹ Another study showed that 22.5% of non-surviving patients who had COVID-19 presented with a history of AF before COVID-19 infection.⁷ In a large urban population of 700 hospitalized patients with COVID-19 (mean age 50 years) over a 9-week period, there were 25 new cases of AF (3.6%). Furthermore, patients admitted to the intensive care unit exhibited a greater risk of new-onset AF, suggesting that AF is not only a direct consequence of COVID-19 infection but also the result of systemic illness.¹⁰ Moreover, in addition to the elderly and nursing-home residence, chronic respiratory and cardiac diseases, including AF, increase the risk of having COVID-19.¹¹ On the other hand, it has been reported that, during the COVID-19 lockdown period, new-onset AF cases were underdiagnosed. During the COVID-19 pandemic, the risk of ischemic stroke and death among new cases of AF was higher compared with the corresponding period in 2019.¹²

With regard to the pathophysiology of the relationship between COVID-19 infection and AF, more studies are warranted to elucidate the possible direct and indirect mechanisms through which COVID-19 infection may increase the risk of AF.¹³ In patients with severe COVID-19 pneumonia, hypoxia, electrolyte abnormalities, dehydration, systemic inflammation metabolic dysfunction, and the activation of the sympathetic system that occurs may play a role in the onset of AF.^{13–15} Interleukin-6, a cytokine highly expressed in individuals with severe COVID-19 infection and a biomarker target for these patients, has been related to a greater risk of AF.^{13,16–18} In addition, leukocyte infiltration in the atrial tissue of patients with AF has been described.^{13,16–18} Moreover, reactive oxygen species, direct oxidized Ca²⁺/calmodulin-dependent protein kinase II, and enhanced cardiomyocyte NLRP3 inflammasome signaling pathways have been recognized as potential triggers for developing AF.^{19–21}

Risk of thromboembolic complications and COVID-19 infection

COVID-19 infection raises the risk of developing both arterial and venous thrombotic complications through systemic coagulation activation, leading to increased mortality.²² Thus, a scoping review showed that, among patients with COVID-19 infection, stroke and venous thromboembolism occurred in around 3% and 20% of patients, respectively, being more frequent as the severity of infection increased. Furthermore, thromboembolic risk was increased despite anticoagulant prophylaxis use.²³ Of note, higher rates of thrombotic complications have been reported in patients with COVID-19 than in patients without COVID-19 but with acute respiratory distress syndrome.²⁴

The European Society of Cardiology guidance for the management of cardiovascular disease during the COVID-19 pandemic recommends full therapeutic anticoagulation for the prevention of AF-related thromboembolic complications in men or women with a CHA₂DS₂-VASc score of $\geq 2/3$, unless contraindicated, and anticoagulation should also be considered in men or women with a CHA₂DS₂-VASc score of 1/2.¹ Despite anticoagulation with low-molecular-weight heparin (LMWH) decreasing the risk of death in severe COVID-19 patients with coagulopathy,²⁵ many patients with acute respiratory distress syndrome still develop severe thrombotic complications,²⁴ suggesting the need for full therapeutic-intensity anticoagulation in patients with severe illness or when anticoagulation is indicated (i.e. AF patients).²⁶

On the other hand, it has been described that some patients with COVID-19 infection exhibit heparin resistance, requiring higher doses of heparin and leading to an increased risk of life-threatening hemorrhage. To reduce this risk, monitoring of the activity of unfractionated heparin therapy based on anti-Xa levels has been suggested.²⁷

Efficacy and safety of direct oral anticoagulants in patients with AF

Overall, direct oral anticoagulants (DOACs) have shown a better benefit–risk profile than warfarin among individuals with non-valvular AF.²⁸ Nevertheless, despite the varied clinical profile of patients included in the pivotal clinical trials and the fact that only indirect comparisons can be performed, there are some disparities in the main results of these studies.^{29–32}

Randomized Evaluation of Long-Term Anticoagulation Therapy (RE-LY) was a phase III non-inferiority trial in which 18,113 AF patients at risk of stroke received, in a blinded fashion, dabigatran 110 mg or 150 mg bid, or, in an unblinded fashion, warfarin. Compared with warfarin, dabigatran 150 mg bid significantly reduced the risk of stroke or systemic embolism by 34% (RR 0.66, 95% CI 0.53–0.82, $p < 0.001$ for superiority) and dabigatran 110 mg bid had a similar risk to warfarin. Of note, dabigatran 150 mg bid

Table 1. Main results of pivotal clinical trials with direct oral anticoagulants.^a

	RE-LY (CHA₂DS₂ 2.1)	ROCKET-AF (CHA₂DS₂ 3.5)	ARISTOTLE (CHA₂DS₂ 2.1)	ENGAGE AF-TIMI 48 (CHA₂DS₂ 2.8)
	RR (95% CI)	HR (95% CI)	HR (95% CI)	HR (95% CI)
Stroke or systemic embolism	D150–W: 0.66 (0.53–0.82) D110–W: 0.91 (0.74–1.11)	R–W: 0.88 (0.75–1.03) ^b	A–W: 0.79 (0.66–0.95)	E60–W: 0.87 (0.73–1.04) ^{b,c}
Ischemic stroke	D150–W: 0.76 (0.60–0.98) D110–W: 1.11 (0.89–1.40)	R–W: 0.94 (0.75–1.17)	A–W: 0.92 (0.74–1.13)	E60–W: 1.00 (0.83–1.19)
Hemorrhagic stroke	D150–W: 0.26 (0.14–0.49) D110–W: 0.31 (0.17–0.56)	R–W: 0.59 (0.37–0.93)	A–W: 0.51 (0.35–0.75)	E60–W: 0.54 (0.38–0.77)
Major bleeding	D150–W: 0.93 (0.81–1.07) D110–W: 0.80 (0.69–0.93)	R–W: 1.04 (0.90–1.20)	A–W: 0.69 (0.60–0.80)	E60–W: 0.80 (0.71–0.91)
Intracranial bleeding	D150–W: 0.40 (0.27–0.60) D110–W: 0.31 (0.20–0.47)	R–W: 0.67 (0.47–0.93)	A–W: 0.42 (0.30–0.58)	E60–W: 0.47 (0.34–0.63)
Cardiovascular death	D150–W: 0.85 (0.72–0.99) D110–W: 0.90 (0.77–1.06)	R–W: 0.89 (0.73–1.10)	A–W: 0.89 (0.76–1.04)	E60–W: 0.86 (0.77–0.97)

^aData retrieved from Connolly et al.,²⁹ Patel et al.,³⁰ Granger et al.,³¹ Giugliano et al.³²; ^bIntention-to-treat analysis;

^cA 97.5% confidence interval was used.

A, apixaban; D110, dabigatran 110 mg; D150, dabigatran 150 mg; E60, edoxaban 60 mg; R, rivaroxaban; RR, relative risk; W, warfarin.

significantly decreased the risk of ischemic stroke by 24% (RR 0.76, 95% CI 0.60–0.98). By contrast, the rate of major bleeding was significantly reduced with dabigatran 110 mg bid (RR 0.80, 95% CI 0.69–0.93) but was similar to dabigatran 150 mg bid compared to warfarin. In addition, both doses of dabigatran significantly reduced the risk of intracranial bleeding and dabigatran 150 mg bid also reduced the risk of cardiovascular death (Table 1).²⁹

Rivaroxaban Once Daily Oral Direct Factor Xa Inhibition Compared with Vitamin K Antagonism for Prevention of Stroke and Embolism Trial in Atrial Fibrillation (ROCKET-AF) was a double-blind clinical trial in which 14,264 patients with non-valvular AF and a high risk of stroke were randomized to rivaroxaban (20 mg od; 15 mg od in patients with a creatinine clearance rate of 30–49 mL/min) or warfarin. In the intention-to-treat analysis, there was a trend toward a reduction in the risk of stroke or systemic embolism with rivaroxaban (HR 0.88, 95% CI 0.74–1.03). While the risk of major bleeding was similar in both groups, rivaroxaban significantly reduced the risks of death and of intracranial hemorrhage (Table 1).³⁰

Apixaban for Reduction in Stroke and Other Thromboembolic Events in Atrial Fibrillation (ARISTOTLE) was a randomized, double-blind trial in which 18,201 patients with AF and ≥1 additional risk factor for stroke were randomized to apixaban (5 mg bid; 2.5 mg bid in case of ≥2 of the following criteria: age ≥80 years, body weight ≤60 kg, or serum creatinine ≥1.5 mg/dL) or warfarin. Compared with warfarin, apixaban significantly reduced the risk of stroke or systemic embolism by 21% (HR 0.79, 95% CI 0.66–0.95), the risk of major bleeding by 31% (HR 0.69, 95% CI 0.60–0.80), and the risk of intracranial bleeding by 58% (HR 0.42, 95% CI 0.30–0.58) (Table 1).³¹

Effective Anticoagulation with Factor Xa Next Generation in Atrial Fibrillation–Thrombolysis in Myocardial Infarction 48 (ENGAGE AF-TIMI 48) was a randomized, double-blind, double-dummy trial in which 21,105 patients with a moderate-to-high risk of AF were randomized to edoxaban 60/30 mg od, edoxaban 30/15 mg od, or warfarin. Compared with warfarin, high-dose edoxaban was associated with a similar risk of stroke or systemic embolism, although in the intention-to-treat analysis, there was a trend for superiority (HR 0.87, 97.5% CI 0.73–1.04, $p=0.08$). Major bleeding, intracranial bleeding, and cardiovascular death were also significantly reduced by high-dose edoxaban (Table 1).³²

In summary, DOACs exhibit a greater benefit–risk profile compared with vitamin K antagonists (VKAs). Dabigatran 150 mg bid significantly reduced the risks of stroke or systemic embolism, ischemic stroke, intracranial hemorrhage, and cardiovascular death whereas dabigatran 110 mg bid reduced the risk of major bleeding and intracranial hemorrhage.

Oral anticoagulation and COVID-19 infection

A number of authors have recommended switching from oral anticoagulation to LMWH in patients hospitalized for COVID-19 infection.^{33–36} In the case of VKAs, this is mainly related to the difficulties in achieving an adequate International Normalized Ratio (INR) control during hospitalization.³⁷ In the case of DOACs, this recommendation is based on the risk of drug–drug interactions, leading to an increase/decrease of drug concentrations caused by significant pharmacological

interferences.³⁸ Thus, in a study performed in 12 individuals with concomitant treatment with DOACs and antiviral drugs, C-trough levels of DOACs increased up to six times during hospitalization due to drug–drug interactions.³⁸ However, the risk of interactions between drugs differs with the type of DOAC, as there are relevant disparities between them (i.e. effects on CYP 450 isoenzyme or P-glycoprotein [P-gp]).^{13,39,40}

Both *in vitro* and *in vivo* studies have not reported any (0%) inhibition or induction of the principal isoenzymes of cytochrome P450 with dabigatran (i.e. CYP 3A4 or CYP 2C9),^{39,41} indicating that drug–drug interactions with dabigatran are unlikely. As with other DOACs, dabigatran etexilate is a transporter P-gp substrate, and caution should be exercised with the concomitant use of strong P-gp inhibitors or inducers. Thus, the concomitant use of dabigatran with ketoconazole, dronedarone, itraconazole, cyclosporine, or glecaprevir/pibrentasvir is contraindicated, the concomitant use with tacrolimus is not recommended, and a dose reduction is required with verapamil. By contrast, concomitant coadministration of P-gp inducers is anticipated to decrease dabigatran concentrations and should be avoided.^{39,41}

Rivaroxaban is a substrate for P-gp metabolized by CYP 3A4 (≈18%). The use of rivaroxaban is not recommended in patients receiving concomitant systemic treatment with potent CYP 3A4 and P-gp inhibitors, such as ritonavir, as they could increase the risk of bleeding. By contrast, drugs that strongly inhibit only CYP 3A4 or P-gp but not both are anticipated to exhibit a lower increase in rivaroxaban concentrations and attention should be paid in patients with a high risk of bleeding.^{39,42}

Apixaban is a substrate for P-gp metabolized by CYP 3A4 (≈25%). The use of apixaban is not recommended for the concomitant treatment with potent CYP 3A4 and P-gp inhibitors, such as ritonavir, as there is a higher risk of bleeding. The concomitant use of apixaban with strong CYP 3A4 and P-gp inducers may lead to a significant reduction of apixaban concentrations and caution should be exercised.^{39,43}

Edoxaban is a substrate for P-gp metabolized through hydrolysis (mediated by carboxylesterase 1), conjugation, or oxidation by CYP 3A4/5 (<10%) and is eliminated primarily as unchanged drug in urine. Concomitant treatment with P-gp inhibitors increases edoxaban plasma concentrations. Concomitant use of edoxaban with ciclosporin, dronedarone, erythromycin, or ketoconazole but not with quinidine, verapamil, or amiodarone requires an edoxaban dose reduction to 30 mg od. The concomitant use of edoxaban with HIV protease inhibitors (P-gp inhibitors) has not been analyzed. By contrast, edoxaban coadministration with P-gp inducers leads to reductions in edoxaban concentrations and should be used with caution.^{39,44}

In the light of this evidence, it seems that dabigatran may be the DOAC with the lowest risk of interactions with COVID-19 drugs that are metabolized *via* cytochrome P450. However, no specific studies have been carried out in this setting and the recommendations given are based on studies performed between HIV protease inhibitors and some

DOACs (i.e. dabigatran with ritonavir) as well as on the effects of COVID-19 drugs on P-gp and CYP 3A4.^{39–45} Thus, in a study performed in 14 individuals treated with dabigatran and antiretrovirals, no thromboembolic or bleeding complications occurred.⁴⁶ Another study showed the successful coadministration of dabigatran 110 mg bid and ritonavir/lopinavir in a subject with AF undergoing ablation, with similar levels than those reported in the RE-LY trial.⁴⁷ Other studies have shown that ritonavir-boosted protease inhibitors seem safe in patients taking dabigatran.^{48,49} A recent review indicates that the concomitant use of protease inhibitors is contraindicated or not recommended with apixaban, rivaroxaban, and edoxaban but, in the case of dabigatran, although there are limited data, no significant interaction is expected.⁵⁰ Another recent review reported that no dose modification is required with the concomitant use of lopinavir/ritonavir and dabigatran, whereas a 50% dose reduction is necessary with apixaban and coadministration is not recommended for edoxaban and rivaroxaban.⁵¹ The European Society of Cardiology states that in patients taking antiretroviral drugs, apixaban and rivaroxaban should be avoided.¹ Despite the report of a woman treated with tocilizumab and dabigatran experiencing mesenteric arterial thrombosis,⁵² no clinically significant interaction is expected between these drugs.⁴⁵ The recommendations performed by the Liverpool Drug Interactions Group are summarized in Table 2.⁴⁵

Of note, dabigatran and apixaban are taken twice daily whereas edoxaban and rivaroxaban are taken once daily. Although some authors (though not all) have observed that a once-daily dosing regimen leads to better adherence, missing a once-daily dose may have a greater impact on anticoagulation.⁵³ In addition, the impact of drug–drug interactions (i.e. reduction of efficacy or increase of bleeding risk) may be more relevant with once-daily regimens.

Hepatotoxicity, COVID-19 infection, and anticoagulation

COVID-19 causes a respiratory infection as well as damage in multiple organs, with the liver being one of the most relevant. In a study performed in 552 hospitals in China including 1,099 patients (median age 47 years), despite only 2.1% of patients having had prior hepatitis B infection, 21.3% and 22.2% of patients presented significant increases in alanine aminotransferase (ALT) and aspartate aminotransferase (AST), respectively.⁵⁴ Of note, liver damage is more common in patients with severe or critical disease.⁵⁵ Different mechanisms have been proposed to explain this damage, including direct viral-induced cellular injury, hepatotoxicity secondary to COVID-19 therapies and concomitant medications, hyperinflammatory reactions as a response to COVID-19 infection, and the exacerbation of previous chronic liver disease during the COVID-19 infection.⁵⁵ The most frequent pathological findings when liver damage occurs are mild increases in sinusoidal lymphocytic infiltration and sinusoidal

Table 2. Interactions of direct oral anticoagulants with potential COVID-19 therapies.^a

Co-administration is not recommended		
DOAC	COVID-19 therapy	Commentary
Apixaban	Atazanavir	Atazanavir (potent CYP 3A4 and P-gp inhibitor): Potential increase of apixaban concentration
Dabigatran		Atazanavir (potent P-gp inhibitor) : An increase of dabigatran concentration is expected
Rivaroxaban		Atazanavir (potent CYP 3A4 and P-gp inhibitor) : Potential increase of rivaroxaban concentration
Apixaban	Lopinavir/ritonavir	Lopinavir/ritonavir (potent CYP 3A4 and P-gp inhibitor) : Potential increase of apixaban concentration
Rivaroxaban		Lopinavir/ritonavir (potent CYP 3A4 and P-gp inhibitor) : Potential increase of rivaroxaban concentration
Potential clinically significant interaction (may require additional monitoring, dose adjustment, modification of timing of administration)		
Edoxaban	Atazanavir	Atazanavir (potent P-gp inhibitor) : Consider edoxaban dose reduction
Dabigatran	Lopinavir/ritonavir	Lopinavir/ritonavir (potent P-gp inhibitor) : Close monitoring, mainly if renal insufficiency
Edoxaban		Lopinavir/ritonavir (potent P-gp inhibitor): Consider edoxaban dose reduction
Dabigatran	Chloroquine	Chloroquine (P-gp inhibitor) : Consider dabigatran dose reduction
Edoxaban		Chloroquine (P-gp inhibitor): Consider edoxaban dose reduction
Dabigatran	Hydroxychloroquine	Hydroxychloroquine (P-gp inhibitor): Consider dabigatran dose reduction
Edoxaban		Chloroquine (P-gp inhibitor): Consider edoxaban dose reduction
Dabigatran	Ruxolitinib	Ruxolitinib (P-gp inhibitor): Caution with concomitant use with dabigatran
Edoxaban		Ruxolitinib (P-gp inhibitor): Caution with concomitant use with edoxaban
Potential weak interaction (no additional action may be required)		
Apixaban	Tocilizumab	Unlikely that apixaban dose should be modified
Rivaroxaban		Unlikely that rivaroxaban dose should be modified
Apixaban	Chloroquine	Chloroquine (P-gp and CYP 2C8 inhibitor): Modest impact on apixaban concentration
Rivaroxaban		Chloroquine (P-gp inhibitor): Modest impact on rivaroxaban concentration
Apixaban	Hydroxychloroquine	Chloroquine (P-gp and CYP 2C8 inhibitor): Modest impact on apixaban concentration
Rivaroxaban		Chloroquine (P-gp inhibitor): Modest impact on rivaroxaban concentration
Apixaban	Anakinra	Unlikely that apixaban dose should be modified
Rivaroxaban		Unlikely that rivaroxaban dose should be modified
Apixaban	Sarilumab	Unlikely that apixaban dose should be modified
Rivaroxaban		Unlikely that rivaroxaban dose should be modified
Apixaban	Azithromycin	Azithromycin (P-gp inhibitor): Modest impact on apixaban concentration
Dabigatran		Azithromycin (P-gp inhibitor): Modest impact on dabigatran concentration
Edoxaban		Azithromycin (P-gp inhibitor): Modest impact on edoxaban concentration
Rivaroxaban		Azithromycin (P-gp inhibitor): Modest impact on rivaroxaban concentration

(Continued)

Table 2. (Continued)**Unlikely clinically significant interaction**

Apixaban	Baricitinib
Dabigatran	Favipiravir
Edoxaban	Interferon beta
Rivaroxaban	Nitazoxanide
	Remdesivir
	Ribavirin
	Sofosbuvir
Dabigatran	Tocilizumab
Edoxaban	
Dabigatran	Anakinra
Edoxaban	
Dabigatran	Sarilumab
Edoxaban	
Apixaban	Ruxolitinib
Rivaroxaban	

^aData retrieved from Liverpool Drug Interactions Group.⁴⁵

DOACs, direct oral anticoagulants; P-gp, P-glycoprotein.

dilatation, whereas moderate steatosis and multifocal hepatic necrosis are less common.⁵⁵

The increase in transaminase levels follows a dynamic temporal pattern. Thus, a retrospective study performed in 5,771 adults with COVID-19 pneumonia showed that AST levels increased first followed by ALT levels in patients with severe disease, without important changes in alkaline phosphatase or total bilirubin levels. Of note, AST alterations were associated with higher mortality. As a result, it has been recommended that these laboratory parameters should be monitored during COVID-19 hospitalization.⁵⁶

Liver toxicity associated to COVID-19 treatment is common in clinical practice. In a retrospective study performed in 217 individuals hospitalized for COVID-19, up to 38% of patients presented adverse drug reactions (gastrointestinal disorders 23%; liver system disorders 14%). The adverse drug reactions were mainly related to the use of lopinavir/ritonavir and umifenovir (64% and 18%, respectively). Severe adverse drug reactions were more common in patients with liver injury. The great majority of adverse drug reactions (97%) occurred within 14 days of hospitalization. Length of stay, polymedication, and comorbidities (many of them included in CHA₂DS₂-VASc) were independently associated with the development of adverse drug reactions⁵⁷; this is of particular relevance as polymedication is highly prevalent in the AF population.⁵⁸ In addition, a recent meta-analysis showed that the lopinavir/ritonavir-based combination had superior virologic eradication rates than other anti-COVID-19 agents and that the increase in transaminases is more frequent in patients hospitalized for COVID-19.⁵⁹

As most patients with AF require oral anticoagulation to reduce thromboembolic complications,⁶ it is recommendable to consider the risk of hepatotoxicity among individuals with AF and COVID-19 infection. A study that aimed to assess the risk of hospitalization due to liver injury in 113,717 patients with AF after starting oral anticoagulants (VKAs, dabigatran, rivaroxaban, and apixaban) showed that, after 12 months of treatment, dabigatran had the lowest rates of risk of hospitalization for liver injury (warfarin 9.0; rivaroxaban 6.6; apixaban 5.6; dabigatran 4.0 per 1000 person-years). Liver damage hospitalization rates were lower with DOACs *versus* with warfarin (HR 0.57, 95% CI 0.46–0.71) and, among DOACs, dabigatran had the lowest risk (Table 3 and Figure 1).⁶⁰ This is relevant, as some antiviral drugs, such as remdesivir or tocilizumab, which have been shown to be beneficial in the treatment of severe COVID-19 pneumonia, may increase the risk of hepatotoxicity; therefore, the use of drugs with a lower risk is preferable, not only for drug–drug interactions but also for liver injury.^{61,62} With regard to edoxaban and liver damage, data from hospitalized individuals with COVID-19 infection are lacking. However, a substudy of the ENGAGE AF-TIMI 48 trial showed that in patients with a history of liver disease, bleeding rates but not thromboembolic outcomes were augmented. Although no significant differences were found between both drugs, drug-induced liver injury was reported in 2 (0.03%) patients receiving high-dose edoxaban, in 1 (0.01%) receiving low-dose edoxaban, and in no patients receiving warfarin.⁶³

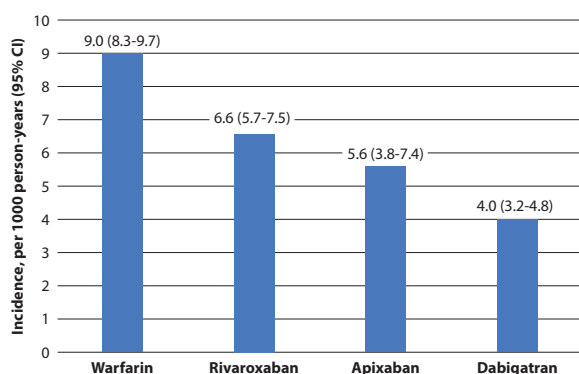
Although an optimal anticoagulation strategy for patients with AF who have liver disease remains unclear,⁶⁴ it seems that DOACs, particularly dabigatran, may provide an added value.

Table 3. Incidence and predictors of hospitalization due to liver injury.^a

Incidence, 1000 person-years (95% CI)	Warfarin: 9.0 (8.3–9.7) Rivaroxaban: 6.6 (5.7–7.5) Apixaban: 5.6 (3.8–7.4) Dabigatran: 4.0 (3.2–4.8)
Predictors of liver injury hospitalization (DOACs <i>versus</i> warfarin)	
	Derivation sample HR (95% CI) Validation sample HR (95% CI)
Dabigatran	0.57 (0.44–0.73) 0.47 (0.31–0.69)
Rivaroxaban	0.84 (0.69–1.02) 0.78 (0.59–1.02)
Apixaban	0.74 (0.50–1.08) 0.49 (0.26–0.93)

^aData retrieved from Alonso et al.⁶⁰

DOACs, direct oral anticoagulants.

Figure 1. Incidence of hospitalization due to liver injury by type of oral anticoagulant.^a^aFigure constructed using data retrieved from Alonso et al.⁶⁰

Renal failure and DOAC use in the COVID-19 pandemic

Acute kidney injury in patients hospitalized for COVID-19 infection is frequent, with an incidence of about 3–15% that increases up to 50% in most severe patients such as those admitted in intensive care units.⁶⁵ Although the pathophysiology is multifactorial, systemic inflammatory cytokine release plays a key role. To reduce the risk of acute kidney injury, an accurate volume correction and avoiding nephrotoxic agents are mandatory.⁶⁶

With regard to anticoagulation, overall, the primary efficacy and safety endpoints of all DOACs compared with warfarin seem to

be irrespective of renal function.^{39,67} On the other hand, while dabigatran is contraindicated among patients with a creatinine clearance rate of <30 mL/min, caution should be taken when using rivaroxaban, apixaban, and edoxaban in patients with a creatinine clearance rate of 15–29 mL/min as data are lacking in this population.³⁹ Of note, the DOAC dosage should be performed according to the clinical profile of patients. Therefore, a patient's advanced age or renal insufficiency should not discourage physicians from initiating or maintaining chronic oral anticoagulation with DOACs in patients with AF.⁶⁸

On the other hand, a decline in renal function has been reported in patients taking warfarin, particularly in those with a poor INR control ('warfarin nephropathy'). This decline in renal function has been associated with more adverse outcomes. However, it seems that, overall, DOACs exhibit a lower decline of renal function compared with VKA.⁶⁹ In an analysis of the RE-LY trial, the decline in renal function was higher with warfarin than with dabigatran. Furthermore, the decline in renal function with warfarin was greater in patients with a poor INR control, diabetics, and in those who had previous VKA use.⁷⁰ However, not all DOACs exhibit the same effects on renal parameters. Thus, in a study that compared renal outcomes in patients taking apixaban, dabigatran, rivaroxaban, and warfarin, patients treated with dabigatran and rivaroxaban but not with apixaban had a lower risk of adverse renal outcomes compared to treatment with warfarin.⁷¹

The ANIBAL protocol to improve oral anticoagulation in individuals with AF and COVID-19 infection

During the pandemic due to COVID-19, many patients with cardiac symptoms were reluctant to attend hospital, leading to delays in seeking care.^{72,73} This also occurred in patients with AF.¹² Additionally, poor anticoagulation control among patients taking VKA is associated with higher rates of ischemia and bleeding and with higher mortality.⁷⁴ Remarkably, in this setting (i.e. lockdown period), patients with life-threatening bleeding may delay medical attention with catastrophic consequences. In these cases, anticoagulants with a specific reversal agent, such as dabigatran, may provide an additional and relevant benefit.⁷⁵

Switching to LMWH has been recommended during hospitalization for COVID-19 infection mainly due to the difficulties in attaining an adequate INR control with VKAs as well as due to the possibilities of drug–drug interactions between DOACs and antivirals and concomitant treatment during hospitalization for COVID-19 infection.^{33–36} However, moving to DOACs at discharge may be more beneficial than VKA administration as DOACs have a better benefits–risk profile.^{28,76} In addition, a reduction in mortality of elderly patients with COVID-19 pneumonia has been reported for those chronically treated with DOACs.⁷⁷ Additionally, some authors have recommended switching from VKA to DOACs to reduce the number of needed laboratory tests and thus reduce

unnecessary exposition to COVID-19.^{78,79} However, some case reports have been published of thrombotic complications during current treatment with DOACs, such as rivaroxaban or apixaban.^{80,81} Therefore, some factors for initiating oral anticoagulation for the prevention of thromboembolic events in patients with non-valvular AF after discharge for COVID-19 infection should be considered, including safety, efficacy, drug-induced hepatotoxicity risk, liver and renal function, simplicity of use, drug–drug interactions, or the risk of bleeding (i.e. importance of the availability of a specific reversal agents) (Box 1). Considering all these factors, dabigatran could be deemed a first-line choice for oral anticoagulation at discharge.

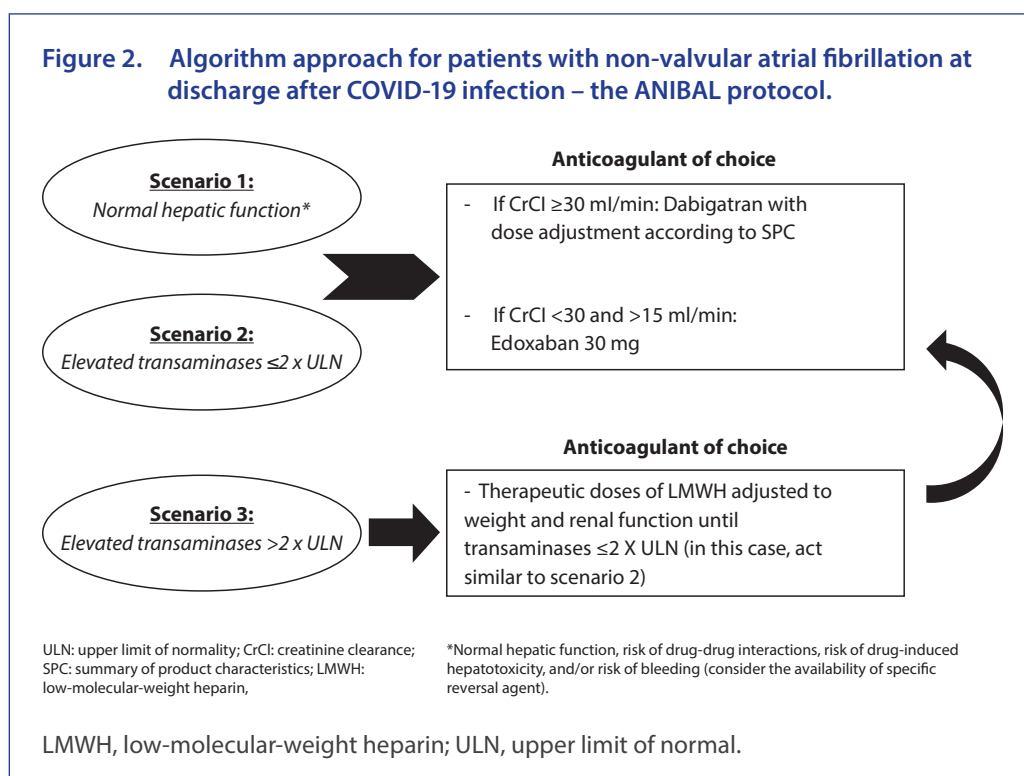
The **Anticoagulation at discharge with Non-VKA after COVID-19 pNeumonIa and Based on Abnormalities of Liver's parameters (ANIBAL)** protocol is a simple approach that considers liver and renal function as well as the product label of DOACs in order to facilitate the choice of anticoagulation therapy at discharge after hospitalization for COVID-19 (Figure 2). Thus, in patients with a normal liver function and a creatinine clearance rate of >30 mL/min, dabigatran is recommended in order to reduce the risk of drug–drug interactions, drug-induced hepatotoxicity, and bleeding. In case with a creatinine clearance rate between 15 and 30 mL/min, edoxaban 30 mg should be preferred. The same recommendations apply for patients with elevated transaminases at ≤ 2 times upper

Box 1. Patients with non-valvular atrial fibrillation after discharge for COVID-19 infection: considerations for anticoagulation therapy.

1. 'Biologic' safety of DOACs versus VKA, as no anticoagulation control is required
2. Hepatotoxicity of COVID-19 infection and antiviral therapy in mid- and long-term evolution
3. Renal function at discharge (creatinine clearance according to Cockcroft–Gault formula)
4. High thrombogenicity of COVID-19: select the most effective DOAC, preferably in a twice-daily regimen
5. Arrhythmogenicity of COVID-19: increased risk of new-onset atrial fibrillation that requires oral anticoagulation – DOACs over VKA, as DOACs facilitate sanitary education and medication adherence
6. DOACs with a specific reversal agent may be helpful in reducing the impact of healthcare system underuse occurring during the COVID-19 pandemic

DOACs, direct oral anticoagulants; VKA, vitamin K antagonists.

Figure 2. Algorithm approach for patients with non-valvular atrial fibrillation at discharge after COVID-19 infection – the ANIBAL protocol.



limit of normal (ULN); by contrast, in patients with elevated transaminases at $>2 \times$ ULN, LMWH is recommended until transaminases decrease to $\leq 2 \times$ ULN (in this case, act as previously recommended).

Conclusions

Patients with COVID-19 infection have a high risk of arterial and venous thrombotic complications. On the other hand,

the risk of AF is increased in these patients. Switching to LMWH has been recommended during hospitalization for COVID-19 infection. However, at discharge, the prescription of DOACs may offer some advantages over VKAs. Considering that dabigatran has shown a good efficacy and safety profile, seems to have a low risk of hepatotoxicity, is not metabolized by cytochrome P450, and has a specific reversal agent, it may be considered as a first-line choice for oral anticoagulation at discharge after COVID-19 infection.

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