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PEDAGOGICAL REQUIREMENTS FOR PHYSICAL EDUCATION TEACHERS

Abstract: *The teacher of the Higher education must meet such requirements that the requirements of the raise him to the level of a person who forms a highly future specialist. The future of our people, the future of independent Uzbekistan largely depends on the teacher, his level, preparation, dedication, attitude to the work of teaching and educating the younger generation.*

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Introduction

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"The implementation of large-scale measures aimed at creating the necessary conditions and opportunities for the upbringing of a healthy and harmonious generation in our country, realization of its creative and social potential of young people, comprehensive development of young people and girls of our country fully meeting the requirements of the 21st century" is defined as an important task. In order for these tasks to be carried out smoothly, a solid foundation must first be laid for the continuous improvement of the level and knowledge of future teachers. In finding solutions to these problems in institutions of higher pedagogical education, in-depth study of the subject "Pedagogical skill" plays an important role. In the reforms carried out in the field of education in the law "On education" and "National program of training of Personnel", it is noted how high the work of teachers-educators is, how honorable and responsible the task they have before them as the education of a harmonious generation. Therefore, future teachers should be in constant communication

with the educator, in order to influence him, regularly study psychology and the theory of upbringing perfectly and develop his professional activities in an absolute way.

The leaders of the Republican party and the government paid attention to the development of physical education and sports. In recent years, a lot of work has been carried out in pedagogical institutes, universities, pedagogical educational institutions aimed at improving the training of schoolchildren. The number of leading scientists, coaches in the field of physical education and sports has increased significantly. The most important requirement for the person of the teacher is that is highly qualified. Perhaps without it you will not be able to conduct pedagogical activity.

Indeed, attention is paid to the issues of conducting professional training of future teachers, in-depth study of subjects related to the specialty and acquisition of pedagogical skills, teaching the application of theoretical knowledge in practice. In addition, the scope of teaching future teachers on pedagogy, psychology, methodology has expanded further.

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The teacher fulfills the social task of the society. Therefore, in the preparation of comprehensively mature specialists, the teacher must meet certain socio-political, pedagogical requirements.

The versatility and complexity of the educational process carries a lot of responsibility to the responsibility of the future physical education teacher.

Characteristics of the teacher of physical education, indicating his pedagogical skills. The pedagogical skill of the future physical education teacher is based on deep knowledge of the theory of physical education, proper understanding of its policy and observance of it in its practical activity.

The teacher, including the future physical education teacher, should implement the plans determined by our government to educate the students. The future physical education teacher, at the same time as the formation of students' movement experiences and the development of their physical abilities, trains their ideological goals, they help to choose their own path in life and fulfill their duty before Homeland. Pedagogical skills are as versatile as the process of training. The pedagogical skill in the future physical education teacher is manifested in qualified teaching of students and improvement of their physical abilities; in the development of syncretism of the mind and independent thinking in the activity of movement; in the organization of collisions and its harmonious unification; in the skillful understanding of the individual characteristics of students, the motivations of behavior, in the

As of the end of the last century, P.F.Lesgaft wrote: "at the moment, the educator must be very mature and educated in order to develop and strengthen all the mental abilities that are inherent in a person, in order to create the appropriate conditions for his pupil - this is an excellent example of the educator, but nevertheless, if he approaches this example, then his activity will be so effective. Of course, the requirements for the future physical education teacher will increase even more.

The future physical education teacher should know and love his work well, be physically prepared, healthy, have a high level of sports and technical skills. The wider the qualification of the teacher and his special knowledge in the field of physical education, the more opportunities he will have in solving educational tasks. Each educator is obliged to be brought up by his own science (K. D. Ushinsky). According to the peculiarity of the science of physical education, the external appearance of the teacher in the process of education is of particular importance. As the teacher tries to achieve the physical perfection of the educators, the structure in his Gav is developed harmoniously, the movements are subtle, simple and expressive, the figure is harmonious, the stepping should be light and free.

In addition to the fact that the future physical education teacher has achieved physical perfection, it

is also necessary to be cultured in general. An aesthetically educated and art-educated teacher can develop in the process of physical education the aesthetic tastes of students mind creative activity. It is especially important to be cheerful and kind, to have a sense of humor and pedagogical manners, along with being a kind person.

It is necessary to pay special attention to the culture of speech. The influence of the speech of a future physical education teacher depends on its logical consistency, artistically literate, clear, obvious, figurative. Therefore, to be able to use speech, to put the sound in a good way, the richness of intonation in the phrase A.S.Makarenko, it is a question of "educational technique", without which it is impossible to achieve pedagogical skills. The influence and educational power of the teacher's utterance, enriched by emotional expressiveness, personal beliefs, is immense.

The personal qualities of the future physical education teacher, that is, diligence, sincerity, generosity, apathy, honesty, perseverance and other similar qualities also have a great influence on the content of the spiritual image of students. A small mistake, a trivial habit, for example, smoking a daisy, can leave an irreparable trace in the minds of students. Because they often follow not what their teachers say, but what they see from their behavior.

Therefore, in order to successfully solve the educational tasks, the future physical education teacher himself must first be morally and aesthetically trained in accordance with the requirements of ideology. Often when physical education teachers compete among students, conflicts arise as a result of bad hacking or lack of good knowledge, which provokes disgust in the participants of the competition, and as a result, the cult of the teacher causes the destruction of all educational work. The success of hacking in the pedagogical sphere of influence primarily depends on its direct ability to practice its own, its functions. The teacher of physical education should not neglect the rudeness and immorality of the students. He is an educator, just like a coach. With experience, knowledge, high qualification, pedagogical skills and good manners, a physical education teacher who can become an example not only to students, but also to the audience, can become a distributor of high sports culture in competitions. Such a teacher will not allow any attempts to liberate himself in hacking, violating the norms of sports ethics of the participants of the competition. The external appearance of the physical education teacher is also important. Because his appearance can either mobilize students for the upcoming fight, or, on the contrary, disappoint them. Especially it should be taken into account in the competitions of adolescents. Therefore, if future physical education teachers pay great attention to such cases, it will be better for them in the future.

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Education is a complex, multifaceted process. In order to master the process of upbringing, the future physical education teacher must first apply in his actions to the printouts formed on the basis of advanced experience gained in the field of education in our country. These prints load the function of doing the following:

1. Ensuring that the training process is continuous;
2. Individual approach to each of them on the basis of comprehensive knowledge of the age (physiological and psychological) characteristics of students;
3. To make high demands on students and respect them;
4. The educational process in the "major" style (A.S.Makarenko), that is, conducting in a lively, active, pleasure-inspiring, attention-grabbing form;
5. Ensure unity of educational influence with pedagogical requirements.

"Let all the work of educating, educating and educating young people of the present time consist in educating them as morals." The process of teaching the practice of movement, as well as the content of the spiritual qualities of students, should always be connected with life, with the needs of society, with the upcoming labor activity. This process should inspire students.

In order to educate the student, it is necessary to know how he lives, what he thinks about, with whom he is friends, how he works in production, how he studies at the educational institution, how he behaves in the family, in public places, how he spends his free time and so on. The future physical education teacher should know the health of the students, the level of development of their physical abilities, as well as the individual differences in their character traits, intelligence, feelings, willpower, moral qualities and aesthetic needs. As the educator learns the students, he must keep a diary of pedagogical observations, write down to him some facts that testify to the character and behavior of the students.

It is very important to build good relationships with students. Pedagogical experiences indicate that genuinely good relationships arise on the basis of high demands on students and the deep respect of their personality. Demanding and respecting are two sides of the educational process that cannot be distinguished from each other. Nevertheless, in the practice of physical education, there are cases when teachers make high demands on students and do not respect them. Such an approach to education, as a rule, causes the teacher to be rude. As a result, students remain silent, angry and rude. On top of this, they are not interested in training. In addition to being demanding, it is necessary to be attentive and kind to the students, sociable and sincere attitude. White indulgence, speaking in a polite voice, being able to establish the right relationship with students, determines the so-

called etiquette of pedagogy. The teacher's manners during the competition should be especially good. Obviously, the student needs to be well prepared to act independently in competitions.

But in some cases he will need moral support. The teacher can remove the excessive excitement of the student, give him useful advice before the start, give encouragement in case of defeat, etc. Different from bad teachers who cannot restrain themselves from reprimand when their students are unsuccessful in the competition, a good educator helps the student to identify the reasons that led him to the decline to restore mental peace, not to lose confidence in his own strength. When such an approach to work, the image of the teacher is constantly increasing.

Pedagogical etiquette allows the reader to see good features, relying on these features, and even more so to design good features. The friendly but unbiased attitude of the teacher causes the students to be passionate about self - education. It is incredibly important to be able to find a moderate way to be hard-hearted and compassionate, demanding and loving at the same time, serious and human at the same time.

The "Umid nihollari", which will be held among the student youth at the competitions "Universiada" (especially in sports games), the "Barkamol avlod", some teachers break this print of education, the leader is afraid of dissatisfaction with the students and does what he wants. And this greatly harms the upbringing of talented students, the image of the teacher in front of the student athletes falls. The true image of the teacher is based on the fact that the student is in high demand in relation to the athletes, and despite the role and role of his students in the sports club, their behavior is based on the struggle against shortcomings in behavior.

In many ways, the success of training depends on how the activities of the participants pass (training, competition, etc.). A distinctive feature of physical education is the ability of the brain to decide on life-giving optimism, cheerful and uplifting mood, inexhaustible conditions of enthusiasm. Feeling the world cheerful, along with strength, cheerfulness, confidence in the overall success of work, strengthens the confidence of each member of the kollektiv in his own power.

Educational impact on students should be made on the basis of a single pedagogical path. Diversity in pedagogical demand and educational influence does not give a good result. In the process of physical education, some aspects and qualities of the student not only find content, but also his personality in physical and spiritual unity. Therefore, for the successful management of the educational process of the future physical education teacher, it is necessary to master all the techniques that help to create an educational effect, aimed at providing the appearance of students with the provision of content in the process of physical education. "A person is not brought up by

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being divided into parts, he is brought up synthetically, as a result of the sum of all the influences shown to him."

If you want to prepare your student as a good teacher in the future, then you yourself must also become a master of your own business; then you need

to practice how to love labor and how to love labor, how to overcome the difficulties encountered in achieving the goal set by him; if you call him conscientious, truthful, to be humble in his word - "The educator himself must first be brought up."

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