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SOME DIFFERENT DIFFICULTIES IN SPORTS EXERCISES

Abstract: This article discusses the role of terminology in linguistics, lexical-semantic aspects of sporting terms, and the importance of sports in the development of personality. The article also explores the etymology of active terminology in the Uzbek language. The first information about the struggle can be found in monuments, rocks and caves, reflecting the fine arts found in Surkhon and Zarafshan oasis, Ferghana Valley and Sarmishsai gorges.

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Introduction

Despite the fact that our country has many studies devoted to the study of various terminological systems of the Uzbek language, there is not enough work done on comparative study of other languages. We can include the thesis of A.A. Abdullaeva's dissertation on comparative study in the Russian and Uzbek languages.

During the great commander Amir Temur's struggle was one of the main ways to improve the military and physical training of soldiers.

Such wrestlers as Pahlavon Mahmud, Jaloliddin Manguberdi, Darveshmuhammad have made the world famous.”

Literature Review.

Theoretical data from lexicographic scholars, including G.Funakosi, A.Shukin and N.Samokhov were used to highlight the peculiarities of sporting terms. The accuracy and breadth of the key features in the terms are analyzed in detail.

According to calculations of B.N. Golovin and R.J. Kobrin, only in the eighties of the last century, more than 2000 studies on terminology were published. However, scientists do not agree on the

term. Danilenko cites 19 different definitions of the term “term” and states that this list can be continued.

Kurash is not only a sport, but it has been respected for centuries as an embodiment of courage, dedication, nobility and honesty. It is an integral part of our lives, which shows courage, strong will, honesty and respect for the opponent.

It is worth noting that achievements in the fast-paced world linguistics, a number of studies, concepts, terminology, categories, concepts and theories, such as cognitive linguistics, communicative linguistics, gender linguistics, ethnolinguistics, psycholinguistics, neurocultural communication, neurology, and linguistics It promotes research in modern linguistics.

Analysis.

“As the human mind grows, so does its outlook, thinking, and thinking. As every science develops, linguistics is evolving day by day, causing new trends, trends, new scientific theories.”

In addition, there is a certain tendency in each science. “... Some streams fall out of the science scene because they are not able to objectively reflect reality, and some say they remain“ lifelong ”because they can accurately reflect many aspects of reality.

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The emergence of interdisciplinary cognitive linguistics, linguoculturology, and theories of interpersonal communication further broadens the tasks of interdisciplinary linguistics and sets new tasks for interdisciplinary linguistics: As the reality is multifaceted, new currents will emerge to deepen the unexplored or learned aspects of its reality".

The term "Greek" comes from the Greek word "terminos," meaning a check, a border. The term terminology and the field that studies these terms is called "terminology." In recent years the term has been used instead of the term. Such an application is a mistake. Because the meaning of the term is broader than the meaning of the term, it is understood as the name of all things, and the term is a formal word used in a particular field.

Therefore, it is appropriate to refer to the term terminology as a unit of vocabulary with the scientific and official meaning that is included in the term.

Sport has always had a number of important tasks in front of society, and if it is a short-term individual sporting activity, it is in a broad sense that special athletic activity is based on that particular activity and its norms and achievements.

"Kurash is a symbol of nobility, bravery and honesty from ancient times, it is a part of the national cultural heritage of our people for thousands of years.

The first information about the struggle can be found in monuments, rocks and caves, reflecting the fine arts found in Surkhon and Zarafshan oasis, Ferghana Valley and Sarmishsai gorges.

During the great commander Amir Temur's struggle was one of the main ways to improve the military and physical training of soldiers.

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Kurash is not only a sport, but it has been respected for centuries as an embodiment of courage, dedication, nobility and honesty. It is an integral part of our lives, which shows courage, strong will, honesty and respect for the opponent.

As a result of direct support of our state, Kurash is widely recognized as an international sport took place.

The football game, which became known in Egypt and the East, and later in Europe, was developed by the teachers of Cambridge University in 1848, and was used in English. with the team.

Taekwondo is derived from the Korean word "tae" - foot, "kwon" is a hand, "do" is a type of sports wrestling. We know that both men and women compete individually and collectively for a single-leg or shot-to-action showdown on their respective weight categories and demonstrate their ability to perform special exercises.

"Chess", chess as "chess" from Persian, is a sport "king". The aim of the game is to mock the opponent's king. It is played on 64 equal-sized planks in two

different colors (white and black) in 16 different colors (one for king and pharynx, 2 for zinc, elephant and horse, 8 for foot). Boxing, as you know, means boxing, punching. The history of boxing goes back to the history of boxing in Egypt and Babylon in the BC. There were similar competitions in the ancient Olympic Games in Greece. The modern boxing country is England.

Japanese karate - hand-to-hand - is a form of sports-based wrestling that is based on self-defense without arms and bumps with the hands or feet on sensitive areas of the human body. The current rules of karate were based on the improvement of Japanese jujitsu martial arts in the early 20th century. Its first methods and rules were developed by the Japanese scientist G.Funakosi, who lived in 1869-1957.

Discussion.

Freestyle skiing is a freestyle, English style. There are 3 types of freestyle: mogul, ski ballet, and acrobatics. Freestyle in Uzbekistan began to be popular in the early 1990s. Vasila Semenchuk was the world champion in 1991. Judo - Japanese "judo" - soft, "do" - road - martial arts. In 1882 the Japanese professor Dzigoro Kano was founded. He has taken Japanese jiu-jitsu techniques that are not harmful to human health and has shaped Judo as a sport that promotes physical development. The judoists will be wearing a kimono and compete on a tatami (carpet) on bare feet.

When standing up, competitors try to score each other using methods such as playing, flicking, kicking, and so on. When lying down, using the techniques of twisting, pain, and stroke are allowed to cope with the opponent's shoulders for over 30 seconds. Depending on the methods, wrestlers will be awarded "koko", "yuko", "vasari" and "ippon" awards ("ippon" is a pure victory, two "vassari" are victories, and "yuko" and "koko"). is considered).

Handball is a German hand - hand, ball is a ball, a handball is a sports game. This sport originated in Europe in the late 19th century. Invented by Danish Halger Nielson (1898).

Greek acrobats are acrobats, which means walking up and down. It is a kind of gymnastics. Skiing is one of a number of special types of sports that can be performed with or without the help of sports equipment.

Sambo Russian - unarmed self-defense is a sport. It is based on the most effective methods of national wrestling. Sambo is allowed to remove his opponent's arms and legs, and to move with his feet and legs, hands and body.

Biathlon (bi and Greek athlete - race) is a winter sport, skiing and shooting at certain races, that is, racing twice (ski racing and shooting).

Basketball - English Basketball - Basket, Ball - Ball) is a sports game, hand-held ball game in a basket hoop at a height of 3.05 meters.

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Basketball has been playing in Uzbekistan since 1921. R. Salimova from Uzbekistan was twice world and Olympic champion.

Volleyball is an English game of volleyball, volleyball is a hit and ball is a team game. Bodybuilding, Culturism - English BodyBuilding - Body Structure - Sports. Body muscles like dumbbells, sleds, stones and so on. It is a system of exercises that aim to develop and make it beautiful and invigorating, which was initially given great attention in Greece and ancient Rome. At the end of the 19th century Great Britain developed the basics of modern culture - French culturisme and English physical culture - physical culture.

Conclusion.

In short, a person receives, collects, processes, regulates, and perceives information about reality and reality through language. Through language, a person communicates with other nationalities and learns a different culture, and language is not only a means of communication, but also a means of formulating and expressing culture. In addition, the successes of world linguistics, the creation of a number of studies, is a joy, and the evidence of the development of modern linguistics.

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