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DEVELOPMENT AND SPIRITUALITY: LITERATURE IN THE SYSTEM OF FACTORS THAT ENHANCE THE SPIRITUALITY OF A PERSON

Abstract: This article covers the concept of development and spirituality, their interrelationships, the role of literature in the system of factors that develop the spirituality of a person, the essence of the works and views of famous figures of the East in this regard.

Key words: development, literature, spirituality, great scientists, person and society, spiritual factors, spiritual heritage.

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Introduction

The role of spirituality in the life of mankind, which is increasingly specializing in its interests, shows that everything from stone to the universe is incomparable. Moreover, today's development, globalization, integration, achievements in Science, technical development and the need for rational use of democratic values, universal problems associated with demography, ecology and others, are further emphasizing the need for human spiritual values. After all, the human ground, which is spiritually self-conscious, equally responsible for human destiny.

Spirituality teaches a person a lesson – from the property of humanity. As one wise man said: "It is difficult to live as a hero, but you have to live as a person." Unfortunately, in order to obtain a human name, it is necessary to live a lifetime of obedience to humanity and identity[1]. If humanity in this is spirituality, then spirituality is this responsibility.

Spirituality is an incomparable force that distinguishes a person from the common beings, calling him back from evil to goodness. Spirituality for a person is also the understanding of purity, faith, conscience, justice, freedom, truth at the level of reason, wisdom, compassion, harmony, harmony, self-national, regional, universal and reality. Spirituality-turns a person's personality away from being given to the air[2], motivates him to see his

interests in harmony with the interests of Motherland native ground, universal. In short, the persistence of the universal civilization is tied to the level of the scale of the spirituality of mankind.

Spirituality always combines the hands, it does not contradict. He directed his owner to look at the world in the integrity of photography and meaning and to rule in bahamjihat. Spirituality cleanses the human soul from dust mites, gnaws, scattering to it the seeds of goodness. If the body is an example of a tree, then spirituality is its sweet fruit. The spiritual world is in a rich man-the dialect of humanity ustivor. Take from him and the man will find the same satisfaction. Because every work he starts is good, rewarding, Noble demand, nonsense, bezion and beta'ma. One who is rich in spirituality is suitable from the blessings of Alam. The persistence of progress in generalizing words always dictates spiritual maturity. A society rich in spiritually mature individuals always achieves their cherished goals.

Apparently, the issue of spiritual upbringing is a matter of life and Mammoth, an important factor in the achievement of the noble goals of mankind. In our view, an area of spirituality has not embodied the human mind as well as the transferred knowledge. It consists of its embodiment of the combination of Science, Faith, intelligence and transplant. The narration of all spheres of life of society is directly

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related to the development of the sphere of spirituality. We can also find infinite grounds for this in the example of the connection of economics, politics and spirituality. In general, high spirituality is the guarantee of ground prosperity, peace of the Elu-yurts, family idolatry and a great future.

The development of an open and free, legal, democratic civil society based on self-government, which the vast majority of people recognize, is primarily tied to the consciousness, worldview, civil position of each person who is a member of this society, and most importantly to the extent of their spirituality and enlightenment. Therefore, the future of society, people, nation, mankind, which cares about raising their future spirituality, is light.

Due to independence, noble work is being carried out in Uzbekistan on restoration of national and universal values, development of centuries – old cultural traditions, preservation and further strengthening of spiritually healthy environment. The noble purpose of this goal is to further strengthen peace and stability in our country, mutual solidarity, kindness, national harmony, tolerance to religion, rational attitude to natural existence, to bring a healthy generation to an adult, to achieve high development and to fulfill the dreams of every person, to ensure a happy life. In this spirituality is the main educational direction of society, which is directed to the personal perfection of man.

The future-begins with steam. Therefore, first of all, the formation of the spirituality of young people who are the owners of tomorrow, caring about it is a wise act to think about the distant future. Because physically and spiritually harmonious youth is the decisive force of today and tomorrow[3].

The need to educate educated and enlightened individuals who have a high spirituality, freely manifest their opportunities, have their own independent thoughts is a guarantee not only of the present, but also of our long and lasting prospects. Therefore, special attention is paid to the issues of spirituality and enlightenment in the years of independence. "Fundamentals of spirituality" is being taught and studied as a science. The ultimate goal is to bring up competent, competent individuals and adults.

Spirituality is not formed in a person by itself. Rather, it is gradually formed in the processes of mastering the material and spiritual wealth that mankind has achieved throughout his life. "Spirituality is not a gift of fate. In order for spirituality to prevail in the human soul, it must work with the heart and conscience, with the mind and with the hand"[4].

At present, the scientific study of the system of factors and means that humorously educate a person, formulate, enrich, elevate his spiritual world, shows that theoretically and practically it is important. As scientists of our field have recognized, in the system

of factors and means that shape human spirituality and lead to the status of a person, an important role is played by family, living environment, neighborhood, science, educational institutions, literature and art, mass media, state and non-governmental public organizations, cultural heritage, universal values, etc.

We want to emphasize the role of fiction in the system of factors that shape the spiritual qualities of a person in this place. Bugungacha bu borada soha olimlari A.Erkaev, M.Imomnazarov, S.Otamurodov, E.Umarov va boshqalar tomonidan ilmiy asoslarga ega qimmatli fikrlar bildirilgan.

Until today, scientists of the sphere in this regard A.Erkayev, M.Imomnazarov, S.Otamurodov, E.Umarov and others opinions were expressed by in scientific grounds. Especially the first president I.Karimov's views on "attention to literature-attention to spirituality, to the future"[5] are important in our approach to the issue. After all, artistic literature is the soul of a nation, if it is an important tool for the formation and development of the spirituality of a person, then the native language. In each of the words in which it is expressed—the national spirit, spiritual values shine.

Scientists note that in the system of factors that form the spirituality of a person, artistic literature occupies a special important place. That's right. However, in this place we must mean masterpieces of healthy national and world literature, free from any ideology. Therefore, it is worthwhile to formulate the ability and culture of young people to choose masterpieces of literature, to increase their aesthetic taste, to ensure that the specialists of the field give an annotation of the annation, although briefly about the content of each work as much as possible. Because the risk in this is that any thought put forward in the context of the work in the young reader, whose ideological immunity has not yet been fully formed, becomes his idea.

Literary critics divide art into three major types according to the existing form and content of literature, namely lyrics, prose and drama. This is true, but it would be correct in our opinion if the liroepic works were perceived as another kind of literature. Of course, just as the possibilities of influencing the individual consciousness and thinking of each species and species are different, the period of their appearance, formation is also diverse. Without diminishing the possibilities of other literary tours, one can say that the species close to the Sharkana and Uzbek psyche from ancient times was primarily a liroepic species. In general, we can say that this species is one of the products of the cultural discovery of our ancestors, in particular the Ancient East, and Cain has been manifested as an important tool in the upbringing of a person. So, "Alpomish", "Gurugli", "Avaxxon", "Toxir va Zuhra", "Yusuf va Zulayho", "Buzuglon" just like epics belong to the above type. Their profound philosophical meaning and meaning,

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deep lyricism has been spreading over millennia the priceless jewels of the beautiful spiritual world that is unique to the minds and hearts of the people of the society.

We can conditionally divide artistic literature into two parts. Oral and written. Oral literature is very ancient and at the same time richer in taste than written literature. Each spiritual content in the essence of oral literature monuments covers a wide range of activities of our people in the field of spiritual creativity, which they have created for many millennia. This includes narration, story, fairy tale, wisdom, narrator, epic, joke, soldier, deceased, alla, arsiya, riddle, etc. But it is not desirable to put a "Chinese wall" in the middle of written literature with folk oral creativity. Because the retrospective basis of written artistic literature is the oral creativity of the people. In other words, every creative person receives inspiration from the masterpieces of folk wisdom, processing and enriches it. Summarizing, spiritually mature sources of oral creativity of the people served as a school of creativity in written literature. The creators of written literature, using the themes and ideological motives, plot and images of the oral creativity of the people, received education and inspiration from his experiences, glossed over his works with folk proverbs and proverbs.

The most important weapon of artistic literature is this word. Artistic literature through the word art has a direct impact on human consciousness and thinking. However, each literary genre and genre uses its own unique word styles. For example, from the lyrical type-poetic words. If the subtle poetic word in the lyrical round does not have a predominant feature, then the power of influence on the poem will passively and vice versa activate. The following quatrain of Hazrati Alisher Navoi is important about the power of the word linguini:

So'z durki, nishon berur o'lukka jondin,
So'z durki, berur jong'a xabar jonondin,
Insonni so'z ayladi judo, hayvondin,
Bilkim, guhari sharifroq yo'q ondin[6].

In the system of universal spiritual development, the artistic literature created by man is of great importance in leading a person to perfection, increasing his artistic aesthetic taste, and so on today. First President I.Karimov pointed out: "there is another powerful tool that can discover a person, his spiritual world, even if it is, it is the art of speech, artistic literature"[7].

Artistic literature, free from various destructive, violent ideologies, has always served goodness. He is also serving nonsense in the formation of the ability to make contributions in the people of society through artistic emblems, to think about their spiritual world, to idolize their kemitices, to distinguish between good and bad, with good and evil, with Justice, with generosity and happiness, with anger and kindness, with seriousness and ignorance.

The importance of the literary heritage created by the genius of folk thought in the formation of the spiritual world of the human personality can also be overestimated. Among these are folk Proverbs, fairy tales, afsona, narratives, stories, songs-it is from the sentence of the epics Shular. In their profound meaning, honesty and purity are spiritual food for every person, such as integrity and justice, humility and inferiority, decency and morality, loyalty and loyalty, affection, patriotism and humankind, nobility and diligence, faithfulness, honest bite-day vision, respect for parents. Also, the works of such classical creators as Yusuf Khos Xojib, Ahmad Yughnaki, Ahmad Yassavi, Qutub, Durbek, Heydar Khorezmi, Atoi, Sakkoki, Lutfiy, Alisher Navoi, Abdurahman Jami, Zahridin Muhammad Bobir, Mashrab, Muqimiy, Furqat are important in enriching the spiritual world of man.

Spiritual upbringing writer as A.Qodiriy, Chulpan, A.Qahhor, Mirkarim Osim, Pirimkul Qadirov, Adil Yakubov, Said Ahmad, Utkir Hoshimov, Tahir Malik, Mengziyo Safarov, Shukur Kholmiraev, Tagay Murad, Murad Muhammad Dost, Khayridin Sultanov; Poems of poets also important such as Gafur Gulom, Oybek, Quddus Muhammed, Tura Suleiman, Erkin Vohidov, Abdulla Oripov, Azim Suyun, Usman Azim, Muhammad Yusuf, Ikram Otamurod, Khurshid Davran, Sirojiddin Sayid. Also important is the spiritual upbringing of the works of the world-known creators.

In this regard Sofokl's "Shoh Edip", U.Shekspir's "Romeo and Julietta", "Hamlet", L.N.Tlostoy's "Urush va Tinchlik", N.V.Gogol's "Revizor", "Ulik jonlar", E.Xeminguey's "Chol va dengiz", Albert Kamyu's "Vabo", G.G.Markes's "Yolgizlik yuz yili", Noadr Dumbaze's "Abadiyat qonuni", E.S.Tompson's "Yovvoyi yurga", Chingiz Aytmatov's "Toglar kulayotgan zamon", "Qiyomat", "Chuqqida qolgan ovchining ohi zori" and others.

Views on the role of fiction in the formation of the spiritual world of a person are formed as in the ancient times of the history of mankind, and have very rich contents and sources. This can be attributed to various literary genres and genres, such as myth, afsona, narration, complication, fairy tale, proverb, parable, song, alla, saga, awake thought, progress and ideas related to takomil, which will also benefit in all periods of the series put forward in the subject and content. So ancestor's "Avesto", "Irq Bitigi", "Kayumars", "Qaldirgoch", "Nuh tugoni" and others. During the creation of these complications, they embodied the elements of the spiritual world of man in a fragmented, discrete, simple stylistic way, even if not yet formed a system of philosophical teachings, specialized types of art, artistic literature. The first examples of artistic literature not only focused on enriching the spiritual world of man and satisfying his aesthetic need, but also performed an important social function, consisting in the formation of the spiritual

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world of the people of society. For example, if the existing life story of our ancestors was the primary basis for the occurrence of the riddle, the ancient mythological worldview, word magic, rituals played an important role in the improvement of the genre. Its genetic root is associated with ancient ritual and magical views. The findings were viewed as an instrument of influence that promotes the awakening of nature from sleep[8]. The moral and aesthetic view of man in his rational attitude to nature was formed as in ancient times. In particular, in the oral creativity of the people is expressed in the form of a pattern of nature - kindness, purity, beauty. This is expressed in the values of our ancestors "Navruz", "Lola Sayli", "Suv Sayli", etc.

"Avesto" is the most ancient unique monument of spiritual culture of the peoples of Central Asia. At the same time, he is not even out of artistry. The appeals were embellished with the complications, narratives, Proverbs, which go back to the most ancient oral creativity. In general, the scientists of the sphere noted that in his text there are "one million poems". In their content, life and the universe, loyalty, love, obligation, honesty, purity, diligence, protection of Nature, Environment, personal purity, living hygiene, honest labor, good thought, good word, good work are glorified. The ideas put forward at avesto now have great theoretical and practical, literary and educational value[9].

A new stream of zaraostrism the works that characterize the doctrine of monarchy are a specific direction in ancient Turkic literature, and in the "Huastuanift" (repentance of the monies)and in the poems of the spirit of monarchy[10] composed the embodiment of such noble ideas as not to commit excess wealth, not to fast to wealth, not to be humble, moderate, honesty, nobility, generosity, not

How many centuries Yusuf Xos Hojib's "Qutadgu bilig", Ahmad Yassawi's "Wisdom", N.B.Rabguziy "Qissai Rabguziy"of the Lord or, the Sultan of the word property Navoi are carrying out noble work as enrichment of the spiritual world of its reader. In the essence of such works there are many valuable, wisdom artistic-philosophical thoughts about the spiritual existential qualities of man. In particular, Yusuf Xos Hojib said, "a person gets applause with kindness, finds a curse with evil"[11] - saying, eternity with good, he knew how to keep away from the pleasures with evil. Or, A.Navoi says that "This is much highly than the human race, eliminating whoever touches evil morals"[12].

It seems that it is illogical to imagine spirituality in some way from literature, as literature covers literature in the first place[13]. After all, literature forms the essence of spiritual culture and is its reflection[14]. He is the product of human thinking on the one hand, and on the other hand is an important means of influencing him.

In the process of its historical development, fiction has fulfilled such an important social function as raising the spiritual perfection of a person, enriching aesthetic feelings. In this regard, we can meet a lot of valuable points: the Chinese thinker Konfutsiy touched on the useful properties of art in the spiritual perfection of man, emphasizing that the inability to memorize poems leads a person to intellectual poverty[15]. Greek philosopher, speaker Horgi: "art is more trusting people than any other craft... How medicine affects our body, the word also has such an effect on our soul"[16], Aristotle explained that "works of Art cleanse the human soul from negative passions and enrich it spiritually"[17]; Abu Nasr Farabi expressed his valuable views on the emotional impact of the train on the human spirit in his works "The Art of poetry", "the laws of the art Also the writer P.Kadirov "all nature is alive in the sunlight. However, a person is not limited to enjoying the sun's Rays. The human soul also feels a great need for spiritual harm, which is combed from the word, image, creativity of good people. Because both natural light and spiritual light permeated human life will be harmonious"[19]. It turns out that the artistic literature, during its evolutionary development, showed positive and negative characters in the human verb through images, passed the school of patterns for the people of society.

Artistic literature has played an important role in the development of human spiritual thinking, by calling people of society to spiritual awareness, responsibility, by showing earlier positive and negative aspects of the results that can occur due to human activity throughout the history of its development, its development through art-painted emblems. Great thinkers of the development of universal spiritual thinking from Central Asia M.Qoshg'ariy, Ibn Sino, N.Xisrav, A.Yassaviy, Yu.X.Hojib, U.Xayyom, A.Jomiy, M.Lutfiy, A.Navoiy, Z.M.Bobur, B.Mashrab, M.Sh.Maxmur, M.Sh.Gulxaniy, M.A.Muqimiy, Z.H.Furqat va M.R.Ogahiys are the fact that the artistic creative heritage has become a huge contribution is a historical fact. After all, the president Shavkat Mirziyoyev noted: Where is the Enlightenment, which enriches the spiritual world of a person – in such miraculous books that our ancestors left us first...[20]

When thinking about it, a person will pass one by one from the sight of an incredibly rich heritage of ancestors. In particular, in the prose works and poems of Abu Ali ibn Sina, such as "Tair", "Solomon va Ibsol", he expressed such ideas as preserving the existence of nature, being kind, not bringing to living things, plants. For example, in the work "Solomon and Ibsol" unconscious lying Ibsol saves the white deer from death. The fact that ibsol has found from a creature without good intelligence, which a person has never seen, helps the reader to form a deep philosophical mushad, feelings of love for nature.

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A.Jami, A.Navoi's works are works that describe the landscapes of the human spiritual world at a high level in a subtle painting. The work "Bahoriston", which includes the life proverbs and sayings of Jami, is a very valuable resource on the spiritual life of a person. For example, in a story in the work it is narrated that one black widow with a date-bearer, three loaves of bread, given for daily food, threw a hungry dog and fasted on her own[21]. His kindness to nature and creatures, his generosity is described in subtle artistic details, and the fact that every good that is done by man always has a noble reward is brought in the content of the work.

Ideas that relate to the spirituality of man, put forward in the epics and lyrical poems of the Sultan of the word property Alisher Navoi, are of great importance in the minds of mankind for many centuries. For example, "Leyli va Majnun" go out into the wilderness of the Geysir, who is fed up with the concerns of the transient world and the reproaches of his people, "brutality breaks off the ring of eldin ulfat and befriends the savages"[22]. It protects the creatures of the desert from the oppression of hunters, such as Nefal. Although kaysni people call him "mad", the feeling of presence in his soul, nature, the world of humanity, love for living things, compassion, pity is high and unlimited in relation to the people of the society in which he lives.

The M.S.Gulkhani, M.S.Makhmur, M.A.Muqimiy, Z.H.Furqat's works the vices of his time, such as spiritual selfishness, apathy, opacity, intolerance, greed, selfishness, selfishness, are taken under the satirical whip and condemned, play an important role in the development of spiritual thought.

To this can example M.Sh.Gulxaniy's "Zarbulmasal", M.Sh.Maxmur's "Hapalak", M.A.Muqimiy's "Tanobchilar, "Avliyo", Z.H.Furqat's "Sayding qo'yaber, sayyod" works.

Fridrix Nitshe in work "Zardusht tavallosi": "Let the man learn to love himself. Let it be a whole and healthy love...I'm sorry" In the root essence of the phrase "Alo man-the content of the ground", "be faithful to the ground" [21], the need to love natural being, to be in a healthy relationship with him is justified. William Shekspir: "what a wonderful miracle of Nature is man! How noble his mind is; how boundless is the ability in him! The beauty of the universe! Toji, the Lord of the creatures!"praise be to man[22].

In the period of awakening, human nature was discovered inside, and nature was discovered inside man[23] truth. But, another fact is that ayon, not all people are as perfect, intelligent and moral as described. The only force that can bring about world-wide problems is also this person. Realizing this, the British philosopher Francis Bekon said, "We call domination over nature a miracle. However, this "miracle" usually only brings misfortune to our heads " [24], in harmony with which the French philosopher

Paul-Henri Golbach said: "there is no reason for Man to consider himself a privileged creature of nature. Already in the land of his false superiority lies only misguidance"[25] -in the land of his writings lies the struggle against the vices of spiritual awareness, disbelief, selfishness.

In the system of factors that shape the spiritual world of a person, a thoughtful philosophical thought in the treasures of fiction plays a special role. Truly artistic literature, which embodies noble ideas, performs an incredibly complex function as a person enriches the spiritual world of society by reflecting pure human qualities in artistic images. In this respect, the role of individual spirituality in the development of fiction can be analyzed as follows:

-first of all, even from time immemorial, the rich spiritual and educational, philosophical ideas in the samples of oral and written art literature served goodness as enrichment of the spiritual and spiritual world of the individual.

-secondly, in enriching human spirituality, the impact opportunities of artistic literature on the quality of the sub-factor are extremely broad, stable, uninterrupted, effective and cost-effective.

- thirdly, in the artistic literature itself, by expressing the most general aspects of national and Universal artistic and philosophical values, a person has the opportunity to significantly influence his spiritual and spiritual world.

-from the Quaternary, the Society of artistic literature serves to enrich the spiritual world of the individual through the possibility of extensive coverage of the spiritual and intellectual knowledge.

- the masterpieces of artistic thinking in the system of factors that form the spirituality of the individual are of particular importance both with their specific emotional elasticity.

In conclusion, in the course of historical progress, mankind has shown a high artistic image of the healthy spirituality inherent in humanity, artistic literature, which embodied universal ideas free from oppressive, violent ideologies, has encouraged the people of mankind to spiritual and moral perfection.

Based on our comments above, we made the following suggestions:

1. In the current conditions, it is necessary to conduct a more in-depth research and analysis of the scientific and philosophical role of fiction in the formation of the individual spirituality.

2. It is necessary to take into account the corresponding aspects of the interests of national development in the results of the literature of world and national fiction.

3. Considering that the majority of the population living in our country is made up of young people in the formation of the spirituality of a person in the means of artistic literature, it is worthwhile to develop the theoretical, methodological foundations

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of increasing the role of artistic literature in their spiritual life.

4. It is important to create works of art that serve to enrich the spiritual world of youth.

5. The recommendation of literary works on the subject, which are scientifically and philosophically analyzed in the formation of the spirituality of a person, helps the solution of the problem theoretically, practically.

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