



International Journal of
Ayurveda and Pharmaceutical
Chemistry

www.ijapc.com

IJAPC

VOLUME 11 ISSUE 1 2019

E ISSN 2350-0204

**GREENTREE GROUP
PUBLISHERS**



Paranthyadi Taila: A Review

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ABSTRACT

AgadaTantra is the branch of medicine that deals with Toxicology and is one of the eight branches of Ayurveda. It deals with the treatment of poisons. Various forms of medicines have been explained for the management of poisons. Paranthyaditailam is explained in vishavaidyajyotsnika. It is useful in vranashamana and for giving relief from deshavaishanya in patients. Vishavaidyajyotsnika reconfirms its relevance as it narrates about the ancient tradition of vishavaidyasampradaya along with mantra chikitsa which was written in the local language Malayalam. This book deals with various yogas (formulations) for the management of poisons bites and stings. Among these formulations paranthyaditailam hold an important place.

KEYWORDS

Paranthyaditailam, Vranaropana, Viper bite



Greentree Group Publishers

Received 12/05/19 Accepted 22/06/19 Published 10/07/19



INTRODUCTION

Paranthyaditailam is explained in vishavaidyajyotsnika. It contains almost 38 ingredients. This formulation is mainly used for the management of vrana caused due to snake bite, sra vana of dushtaraktajala, the problem due to durgandha, etc. It gives relief in vrana (wound), itching and skin lesions near vrana and nerve palsy.

The external application of this taila (oil) is useful in all vrana (wound) especially due to mandala sarpadamsa (viper bite).

Table 1 Ingredients of Paranthyaditailam

Sl. No.	Drug & Botanical name	Family name	Rasa	Guna	Veerya	Vipaka	Dosakarma
1	Paranthi ² (<i>Ixoracoccinea</i>)	Rubiaceae	Kashaya (astringent) Tikta (bitter)	Laghu (light)	Sheeta (cold)	Katu (Pungent)	Tridosahara (alleviates all doshas)
2	Malathi ³ <i>Jasminiumgrandinifolium</i>	Oleaceae	Katu(pungent), Tikta(bitter)	Laghu (light), Rooksha (dry)	Sheeta (cold)	Katu(pungent)	Vishaghna(anti-poisonous) Kusthaghna(anti-pruritic)
3	Durva ⁴ <i>Cyanodondactylon</i>	Poaceae	Kashaya (astringent) Tikta(bitter)	Laghu (light)	Sheeta (cold)	Madhura(sweet)	Kaphapittahara (alleviates kapha and pitta dosha)
4	Tankaare <i>Physalis minima</i>		Tikta(bitter), kashaya(astringent)	Laghu(light)	Sheeta(cold)	Madhura(sweet)	Tridosahara(alleviates all doshas)
5	Brahmi <i>Bacopamoneiri</i>	Scrofulaceae	Tikta(bitter) Kashaya(astringent)	Laghu(light)	Sheeta (cold)	Madhura(sweet)	Kaphapittahara (alleviates kapha and pitta dosha)
6	Sushavi <i>Calycopteris floribunda</i>	Combricaceae	Tikta(bitter), Katu(pungent)	Laghu(light)	Sheeta(cold)	Katu(pungent)	Kusthaghna(anti-pruritic) Kamala (jaundice)
7	Parpataka <i>Fumariavaillaniti</i>	Fumariaceae	Tikta(bitter)	Laghu(light)	Sheeta(cold)	Katu(pungent)	Krimighna(anti-microbial)
8	Paribhadra ⁵ <i>Erythrena variegata</i>	Leguminaceae	Katu(pungent)	Laghu(light)	Ushna(hot)	Katu(pungent)	Rakthaprasadana
9	Apamarga <i>Achyranthusaspera</i>	Amaranthaceae	Katu(pungent), Tikta(bitter)	Laghu(light), Rooksha(dry)	Ushna(hot)	Katu(pungent)	Kaphavatahara (alleviates kapha and vatadosha)
10	Haridra ⁶ <i>Curcuma longa</i>	Scitamineae	Tikta(bitter), Katu(pungent)	Laghu(light)	Ushna(hot)	Katu(pungent)	Kaphavpittaahara (alleviates kapha and pitta dosha)



11	Kritavetasa <i>Lagenaria vulgaris</i>	Cucurbitaceae	Tikta(bitter), madhura(sweet)	Rooksha(dry) Laghu(light)	Sheeta(cold)	Katu(pungent)	Vishaghna(antipoisonous)
12	Aswagandha <i>Withaniasomnifera</i>	Solanaceae	Katu(pungent), Tikta(bitter), Kashaya(astringent)	Snigdha(unctuous) Laghu(light)	Ushna(hot)	Katu(pungent)	Vatakaphahara (alleviates vata and kaphadosha)
13	Tagara <i>Valerianawallichii</i>	Valerianaceae	Tikta(bitter), Katu (pungent) Kashaya (astringent)	Laghu(light) Snigdha(unctuous)	Ushna(hot)	Katu(pungent)	Kaphavatahara (alleviates kaphaand vatadosha)
14	Vacha ⁷ <i>Acoruscalamus</i>	Araceae	Katu(pungent) Tikta(bitter)	Laghu(light), Tiksha(sharp)	Ushna(hot)	Katu(pungent)	Kaphavatahara (alleviates kapha and vatadosha) Krimighna (antimicrobial)
15	Pata <i>Cycleapeltata</i>	Menispermaceae	Tikta (bitter)	Laghu(light), Rooksha(dry)	Ushna(hot)	Katu(pungent)	Tridoshahara (alleviates all dosha)
16	Haridra <i>Curcuma longa</i>	Scitamineae	Tikta(bitter), Katu(pungent)	Laghu(light), Rooksha(dry)	Ushna(hot)	Katu(pungent)	Kaphavpittaahara (alleviates kapha and pitta dosha)
17	Daruharidra <i>Berberisaristata</i>	Berberidaceae	Tikta(bitter), Kashaya(astringent)	Laghu(light), Rooksha(dry)	Ushna(hot)	Katu(pungent)	Kaphavatahara (alleviates kapha and vatadosha)
18	Chandana ⁸ <i>Santalum album</i>	Santalaceae	Tikta(bitter), madhura(sweet)	Laghu(light), Rooksha(dry)	Sheeta(cold)	Katu(pungent)	Kaphapittahara (alleviates kapha and pitta dosha)
19	Ishwarimoola <i>Aristolochiaindica</i>	Aristolochiaceae	Tikta(bitter), Katu(pungent) Kashaya(astringent)	Laghu(light), Rooksha(dry)	Ushna(hot)	Katu(pungent)	Kaphavatahara (alleviates kapha and vatadosha)
20	Harithaki <i>Terminaliachebula</i>	Combretaceae	Pancha rasa except lavan	Laghu(light), Rooksha(dry)	Ushna(hot)	Madhura(sweet)	Tridoshahara (alleviates all dosha)
21	Vibhithaki ⁹ <i>Terminaliabellierica</i>	Combretaceae	Kashaya(astringent)	Laghu(light), Rooksha(dry)	Ushna(hot)	Madhura(sweet)	Kaphapittahara (alleviates kapha and pitta dosha)
22	Amalaki ¹⁰ <i>Embelicaofficinalis</i>	Euphorbiaceae	Amlapradan apancha rasa	Laghu(light),	Sheeta(cold)	Madhura(sweet)	Tridoshahara (alleviates all dosha)



				Rooksha(dry)			
23	Katuki ¹¹ <i>Picorrhizakurroa</i>	Scrophulariaceae	Tikta(bitter)	Rooksha(dry), Laghu(light)	Sheeta(cold)	Katu (pungent)	Kaphapittahara (alleviates kapha and pitta dosha)
24	Trvrit ¹² <i>Operculina turpentum</i>	Convolvulaceae	Tikta(bitter), Katu(pungent)	Laghu(light) Rooksha(dry)	Ushna(hot)	Katu (pungent)	Kaphapittahara (alleviates kapha and pitta dosha)
25	Yasthimadhu <i>Glycyrrhiza glabra</i>	Leguminosae	Madhura(sweet)	Laghu(light) Snigdha(unctous)	Sheeta(cold)	Madhura(sweet)	Dahashamaka (satiates thirst) Keshya (hair tonic)
26	Sunthi <i>Zingiber officinale</i>	Zingiberaceae	Katu(pungent)	Guru(heavy), Rooksha(dry)	Ushna(hot)	Madhura(sweet)	Kaphavatahara (alleviates kapha and vatadosha)
27	Pippali ¹³ <i>Piper longum</i>	Piperaceae	Katu(pungent)	Laghu(light), Rooksha(dry)	Ushna(hot)	Madhura(sweet)	Kaphavatahara (alleviates kapha and vatadosha)
28	Maricha <i>Piper nigrum</i>	Piperaceae	Katu(pungent)	Laghu(light) Rooksha(dry)	Ushna(hot)	Katu (pungent)	Kaphavatahara (alleviates kapha and vatadosha)
29	Jatamansi <i>Nardostachys jatamansi</i>	Valerianaceae	Tikta(bitter), kashaya(astringent)	Laghu(light), snigdha(unctous)	Sheeta(cold)	Katu (pungent)	Tridoshahara (alleviates all dosha)
30	Aswatha <i>Ficus religiosa</i>	Moraceae	Kashaya(astringent) madhura(sweet)	Laghu(light)	Sheeta(cold)	Katu (pungent)	Pittakaphahara (alleviates pitta and kaphadosha) Vranaropana (wound healing) Rakthashodhana (purifies blood)
31	Vata <i>Ficus bengalensis</i>	Moraceae	Kashaya(astringent)	Guru(heavy)	Sheeta(cold)	Katu (pungent)	Kaphapittahara (alleviates kapha and pitta dosha) Vranavikara
32	Udumbara <i>Ficus racemosa</i>	Moraceae	Kashaya(astringent)	Guru(heavy), Rooksha(dry)	Sheeta(cold)	Katu (pungent)	Pittakaphahara (alleviates pitta and kaphadosha) Vranashodhana Ropana (wound healing property)



33	Plaksha <i>Ficuslacor</i>	Moraceae	Kashaya(astringent)	Guru(heavy)	Sheeta(cold)	Katu (pungent)	Pittakaphara (alleviates pitta and kaphadosha) Raktavikara (bleeding disorders) ¹⁴
34	Tamboolapatra <i>Piper betel</i>	Piperaceae	Katu(pungent) Tikta(bitter)	Laghu(light) Tikshna (sharp)	Ushna(hot)	Katu (pungent)	Vatashamaka (alleviates vatadosha) Rakthaprasadana
35	Karpura <i>Cinnamon camphora</i>	Lauraceae	Tikta(bitter), Katu(pungent), madhura(sweet)	Laghu(light), rooksha(dry)	Sheeta(cold)	Katu (pungent)	Kaphahara (alleviates kaphadosha)
36	Parisa <i>Thepesiapopulnea</i>	Malvaceae	Amla(sour), madhura(sweet), kashaya(astringent)	Snigdha(unctuous)	Sheeta(cold)	Katu (pungent)	Kaphapittahara (alleviates kapha and pitta dosha) Vranavikara (wounds)
37	Jati <i>Jasminiumgrandiniflorum</i>	Oleaceae	Tikta(bitter), kashaya(astringent)	Laghu(light) Snigdha(unctuous)	Ushna(hot)	Katu (pungent)	Tridoshahara (alleviates all dosha)
38	Paribhadra <i>Erythrena variegata</i>	Leguminosae	Katu(pungent), Tikta(bitter)	Laghu(light)	Ushna(hot)	Katu(pungent)	Vatashamaka (alleviates vatadosha) Rakthaprasadana (blood purifier)

DISCUSSION

A look on the properties of the drug indicates that eighteen drugs have sheetaveerya and twenty have ushnaveerya of the total drugs present. The drugs have hrudya, shulahara, vishaghna, shophahara, kanduhara, vranaropana, krimighna andraktaprasadana properties. Haritaki, Amalaki, Shunti and Pippali have Hrudya property where, they protect the heart form the effect of poison. Pippali, Maricha, Shunti, Amalaki, Apamarga and paribhadra have shulahara

property. Haritaki, Amalaki, Shunti, Haridra, Daruharidra, Pata and Aswagandha have shophahara action. Tagara, Haridra, Daruharidra, Ishvari, Maricha, Karpura, Kritavetasa, Parpartaka and Shushavi are vishaghna in action. Devadaru, Haridra, Daruharidra, Jatamamsi and Apamarga have kandughna action. Plaksha, Palisa, Udumbara, Paranthi and Vata have vranaropana property. Jatamamsi, Apamarga, Paranthi, Malathi, Trivrut, Vacha, Kritavesta, Parpataka and Paranthi have



krimighna action. Palisha, Ashwattha, Udumbara, Paribhadra, Tamboola and Tagara have raktaprasadana property. Thus these attributes of the drug have a healing action in poisonous bites.

Compared to the properties of visha these drugs have sheeta, laghu, snigdha, etc. properties and hence will act in counteracting the ill effects caused because of visha.

CONCLUSION

Paranthyaditaila is explained in vishavaidyajyotsnika. It is used in all types of visha. Mainly, it is indicated in mandalai sarpadamsha. It is pitta pradhana, and most of the drugs used in this preparation are sheetaveerya and possesses properties like vranaropana, vishaghna, hrudya, sulahara, etc. Hence it acts against the ill effects caused because of mandali sarpadamsa and in post snakebite ulcers.



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