

RESEARCH ARTICLE

## N-octyl-modified magnetite NPs for optimization of solid phase extraction for trace analysis of phenytoin in real samples

Shaghayegh Raeisi<sup>1</sup>, Mahnaz Qomi<sup>2,\*</sup>, Orkideh Dadras<sup>3</sup>, Zahra Mousavi<sup>4</sup>

<sup>1</sup> Department of Medicinal Chemistry, Faculty of Pharmaceutical Chemistry, Tehran Medical Sciences, Islamic Azad University, Tehran, Iran

<sup>2</sup> Active Pharmaceutical Ingredients Research Center, Tehran Medical Sciences, Islamic Azad University, Tehran, Iran (APIRC)

<sup>3</sup> Department of Medicinal Chemistry, Faculty of Pharmacy, Tehran Medical Sciences, Islamic Azad University, Tehran, Iran

<sup>4</sup> Department of Pharmacology and Toxicology, Faculty of Pharmacy, Tehran Medical Sciences, Islamic Azad University, Tehran, Iran

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### ABSTRACT

**Objective:** Phenytoin is an anti-seizure medication used to treat epilepsy, as well as to control arrhythmias and treat migraine headaches and nerve pain. It is recommended to determine the amount of this drug in the blood to control the seizure and prevent its toxicity. In the present study, a simplified and practical procedure based on the dispersive solid phase extraction was implemented and validated to determine Phenytoin in plasma samples. Hydrophobic *n*-octyl-modified magnetic iron oxide NPs (IONPs) were employed as the sorbent.

**Methods:** The studied drug was detected using high-performance liquid chromatography with a diode array detector. The parameters affecting the extraction efficiency such as pH of the sample, amount of sorbent, time, salt, type and volume of the desorption eluent and desorption time were optimized. After the extraction procedure, magnetic nanoparticless (NPs) were easily separated from the aqueous solution by applying an external magnetic field without the need to filtration or centrifugation.

**Results:** The separation and preconcentration procedures were fast and completed in less than 6 min. Under the condition that was optimized, this method achieved a low limits of detection (3.0 ng mL<sup>-1</sup>), wide linear dynamic ranges (10 to 1000 ng mL<sup>-1</sup>), high enrichment factors (226), good correlation coefficients ( $r = 0.996$ ), and good repeatability (6.7 to 7.3%).

**Conclusion:** This method was used to analyze plasma samples with good efficiency ( $\geq 90$ ). Based on the results, the proposed method may be more efficient for the analysis of phenytoin in plasma samples from epileptic patients for the aim of therapeutic drug monitoring.

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## INTRODUCTION

Managing convulsions could be challenging most of the time since the drugs used to treat seizure are limited and the effectiveness of these drugs are highly individual based. Based on the guidelines, one of the commonly prescribed drugs for patients with seizure disorders is phenytoin [1].

\* Corresponding Author Email: [mahnaz.qomi@gmail.com](mailto:mahnaz.qomi@gmail.com)

Phenytoin is anticonvulsant acting by promoting Na<sup>+</sup> efflux or decreasing Na<sup>+</sup> influx in motor cortex neurons and it stabilizes neuronal membranes. The bioavailability of phenytoin differs based on the formulation. The peak plasma time of it, is 1.5-3 hrs for immediate release and 4-12 hrs for extended release. It is mainly metabolized by hepatic P450



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enzyme and its metabolites are inactive[2].

The half-life of phenytoin, when taken orally, is 22 hrs and 10-15 hrs when administered intravenously. It is mainly excreted by urine. Pharmacogenomics has a critical role in the prediction of the severe dermatologic reactions such as toxic epidermal necrolysis and Stevens Johnsons Syndrome when taken by patients with HLA\_B\*1502[2].

There have been several analytical techniques for determination of phenytoin such as spectrophotometer[3], high performance thin layer chromatography[1], HPLC-F[4], HPLC-UV[5], HPLC-DAD [6]and mass spectrometer[7], supercritical LC[1],GC[8], fluorescence polarization immunoassay, [9] and spectrophotometer [10].

Since sample treatment is an essential step prior to analysis, methods for preconcentration gained so much attention. Dispersive solid phase extraction is one of the trend methods for sample treatment. Therefore, in this study, phenytoin was chosen for trace analysis using n-octyl magnetic iron oxide NPs coupled with HPLC-UV[11].

The current methods for analysis of phenytoin are not as practical and simple as the proposed methods, even though they offer desirable results. The need for a more practical and efficient method for analysis of this commonly prescribed drug necessitates more investigations on analytical techniques. There proposed work has not been implemented to our best knowledge, therefore, with the aim of individualization of treatment, this study has been conducted.

## MATERIALS AND METHODS

### *Instrumentation and equipment*

In this study, HPLC-UV was used for analysis of samples (Berlin, Germany) consisting of a 1000K-low pressure pump, a 1500K solvent-based system, a Rhodyne injection system model 7725i (Cotati, USA) with a 20  $\mu$ l sampler. The detection of drugs was performed using a 2600K photodiode array detector manufactured by Knauer (Berlin, Germany).

Chrome gate software was used for collecting data and analysis. The pH measurement was carried out using the eco Testr pH meter. RLABINCO 81L magnetic stirrer was used for the preparation of NPs. A EUROSONIC4D ultrasonic bath with a frequency of 50 KHz was used to diffuse the nanoparticle produced in the analyte during the adsorption process. A magnet with a magnetic field strength of 1.4 Tesla was used

for magnetic separation. FT-IR device was used to ensure the correct synthesis of the prepared NPs. For microscopic imaging of the surface of the synthesized magnetic NPs, A LEO 1430VP scanning electron microscope (SEM) was used.

### *Materials*

Phenytoin and carbamazepine standard solutions (internal standard) were obtained from the Loghman Pharmaceutical Company (Tehran, Iran). Iron (III) chloride, iron (II) chloride, hydrochloric acid, ammonia, sodium hydroxide, n-octyltriethoxylan, triethylamine, and toluene were obtained from Merck (Darmstadt, Germany). HPLC grade methanol and acetonitrile were obtained from Merck (Darmstadt, Germany). Potassium dihydrogen phosphate, sodium oxalate and sodium chloride from Applichem Company (Germany). For the preparation of all solutions, deionized water was used.

### *HPLC-UV method*

Separation was done using a C<sub>18</sub> column (3 $\mu$ m, 150 $\times$ 4.6 mm). Methanol and water (0.05 M Potassium Phosphate with a pH of 6.9) with a ratio of 40 to 60 was used as mobile phase. The flow rate was set at 0.85 ml/min. The UV detector was set at 210 nm. The temperature was 30°C. Phenytoin and then carbamazepine was separated respectively.

### *Preparation of standard solution and real samples*

0.025 g standard drug was dissolved in methanol and then 25 ml deionized water was added to make a 1 mg/ml standard solution. The solution was diluted accordingly. They were stored at 4°C until analysis.

Plasma samples were collected in tubes containing EDTA and were centrifuged for a duration of 5 min at a speed of 3000 rpm after blood was taken from the patients.

### *Synthesis of magnetite NPs*

Co-precipitation technique was used to prepare the magnetic NPs. The deionized water was exposed to inert nitrogen gas for 30 minutes and later deoxidized deionized water was used to prepare iron (II) and (III) solutions. In order to prepare iron solutions, 5.2 g chloride (FeCl<sub>3</sub>.6H<sub>2</sub>O) and 2 g ferrochloric acid (FeCl<sub>2</sub>.4H<sub>2</sub>O) were dissolved with 0.85 ml of hydrochloric acid 37% in 25 ml of deoxygenated water. Then, 250 ml of 1.5 M sodium hydroxide solution was added to a

special nanoparticle beaker. The solution of iron (II) and (III) were being added to the container at a constant temperature of 70 ° C while nitrogen gas was blown into the container. The solution was added to the beaker while being stirred at a speed of 1000 rpm to synthesize magnetite NPs under these conditions.. Nitrogen gas flow and mixing were kept constant for 30 min. Then, by applying a strong external magnetic field, the synthesized NPs were separated from the aqueous phase and placed in the bottom of the beaker, and the solution was removed. Finally, the synthesized NPs were washed several times with distilled water until the pH was 7 [12].

#### *Method for the Preparation of modified Magnetic NPs*

To prepare n-octyl modified iron oxide NPs, 2 g dried magnetic iron oxide NPs were added to 5 g n-octyltriethoxysilane, 0.1 mL of triethylamine and 25 mL of toluene for 10 minutes and they were stirred under nitrogen gas flow. The mixture was refluxed for 24 hours with intense agitation in nitrogen. Then-octyl modified magnetite NPs were collected by an external magnetic field, washed with toluene and then methanol and dried in a vacuum chamber at room temperature[13].

#### *Extraction process using n-octyl iron NPs*

For extraction, 0.20 g NPs were added into 50 ml phosphate buffer (pH=11) containing phenytoin (50 ng/ ml) and carbamazepine. The resulting mixture was placed in the ultrasonic bath at room temperature. Upon the completion of the extraction process by placing the beaker on the magnet, the adsorbent was separated from the

solution in less than 1 min. After removing the supernatant, the adsorbent was transferred to a conical glass tube (special containers for dispersive liquid-liquid extraction method) to complete the final steps of separation. Finally, the extracted drugs were washed with an appropriate amount of detergent from the surface of the adsorbent and 20  $\mu$ L of the final solution was injected to HPLC-UV for analysis.

## RESULTS AND DISCUSSION

### *Spectra and morphology*

#### *SEM images*

The synthesized NPs have roughly spherical shapes and a porous structure with a mean diameter of 50 nm (as in Fig. 1). Due to high surface area and energy and high magnetism, these particles tend to accumulate to form larger particles. As can be seen in this SEM image, a dense layer of octyl groups is visible on magnetite NPs.

#### *FT-IR analysis of the nanostructures*

FT-IR technique was also used to confirm the structure of synthesized magnetite NPs. FT-IR spectra of magnetite NPs, as well as FT-IR spectrum of modified magnetite NPs, are shown in (Fig. 2). In the infrared spectrum of the magnetite NPs, the absorption band of 536  $\text{cm}^{-1}$  is related to the Fe-O tensile vibration and the absorption band 3370  $\text{cm}^{-1}$  is associated with the O-H bond vibrations [14].

During the modification of the surface of the NPs with n-octyl groups, hydroxyl groups reacted on the surface of the NPs with the n-octyl-tri-ethoxysilane group and led to the addition of n-octyl groups on the surface of magnetic iron oxide NPs. Modified NPs showed additional absorbance bands at 2922,

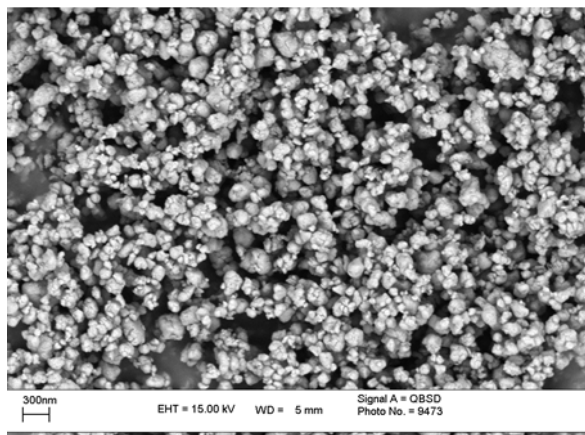


Fig. 1. SEM images of magnetic nano structures

2852, 1445 and 981  $\text{cm}^{-1}$  compared to unmodified NPs. Bands with the length of 2922/2852 and 1445  $\text{cm}^{-1}$ , respectively, are attributed to the tensile and flexural vibrations of C-H, indicating the presence of hydrocarbon chains on NPs. The absorption band at 981  $\text{cm}^{-1}$  indicates the presence of the Si-O bond, while the absorption band 1615  $\text{cm}^{-1}$  indicates the vibration of water molecules in the n-octyl modified magnesium oxide NPs[15].

*Optimization of magnetic solid phase extraction method for measuring phenytoin from aqueous samples using n-octyl-modified magnetite NPs*  
*Optimization of pH*

pH range of 5 to 11 was chosen to investigate the effect of pH on the extraction of phenytoin. Since phenytoin is a weakly basic drug with a pKa of 8.4, therefore, the range mentioned was applied to determine the optimum pH. For phenytoin to be in molecular form and for optimum extraction, it was necessary to choose an alkaline pH for the solution. Based on the results, the maximum extraction efficiency was achieved at pH=11. Therefore it was chosen for subsequent steps of the procedure.

*Effect of extraction time*

The extraction efficiency is mostly dependant on the mass transfer of the analyte from the sample solution to the surface of the adsorbent. In this study, an extraction time was investigated within 3 -15 min range. At a pH of 11 and phenytoin concentration of 50  $\text{ng ml}^{-1}$ , the optimum time was 5 min. As the duration of the extraction process increases more than 5 min, no significant difference can be seen based on the area obtained after HPLC-UV analysis (Sup. 2).

*Optimization of adsorbent*

The amount of adsorbent used is one of the important factors to be optimized since it determines the capacity of adsorption of the drug, therefore the concentration of the final analyte to be injected to HPLC-Uv for analysis. In order to determine the optimum amount of adsorbent, a range of 10-40 mg magnetic  $\text{Fe}_3\text{O}_4$  NPs was applied. The extraction efficiency increases as the number of adsorbents increase from 10 to 20 mg. Using NPs of more than 20 mg does not offer any desirable results. Therefore, 20 mg was chosen as the optimum amount of adsorbent for subsequent steps.

*Optimization of the volume of the water phase*

Increased donor phase volume increases the total mass of analytes available to be extracted. Moreover, it results in increased extraction efficiency. Therefore, different volumes of 25 to 100 ml were assessed with a constant concentration of 50  $\text{ng/ml}$ . at a range of 25 to 50 ml, an increase in volume leads to better extraction efficiency but at greater volumes than 50 ml, the extraction efficiency decreases. Therefore, the following experiments were done using 50 ml donor solution.

In order to analyze the ionic effect, 0 to 10% w/v sodium chloride was added to the donor solution. Based on the results, increased salt addition leads to a decrease in extraction efficiency. Therefore, no salt was added for real sample analysis.

*Desorption*

After optimization of the extraction procedure, the effect of different types of solvent was analyzed for desorption. Methanol, ethanol, acetone, and acetonitrile were used for this purpose. Based on the

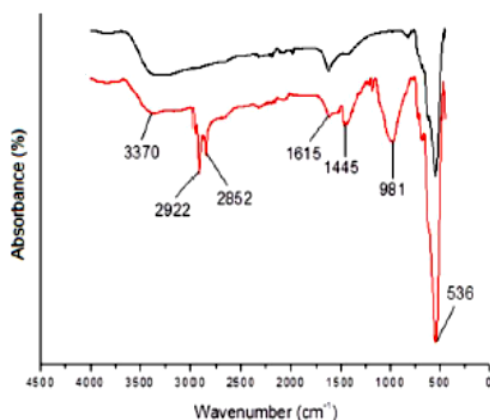


Fig. 2. FT-IR spectra of magnetic nano particles (Black line) and magnetic nano particles modified with n-Octyl (red line)

Table 1. Figures of merit for Phenytoin analysis using modified magnetic nanoparticles coupled with HPLC-UV

Preconcentration Factor	LOD (ng mL <sup>-1</sup> )	Linearity range (ng mL <sup>-1</sup> )	R <sup>2</sup>
226	3	10-1000	0.996

results, methanol offered better results than other solvents. Moreover, the duration of desorption and volume of solvent were analyzed at ranges between 0.5 to 10 min and 50 to 500  $\mu$ L, respectively. Based on the results, 100  $\mu$ L solvent can be used at less than 1 min for the desorption process.

#### Figures of merit

Under optimum conditions, phenytoin was preconcentrated successfully. The preconcentration factor was 226 and based on the calibration curve plotted, it offered good linearity (10-1000 ng/ml) with a correlation coefficient of 0.996 (Table 1). The limit of detection (LOD) was 3 ng/ml and the recovery of phenytoin with RSDs can be seen in (Table 2). As can be seen, the maximum recovery it offers is 94% with an inter-day and intra-day relative standard deviation (RSD) of 6.7 and 8.2 %, respectively.

#### Real sample analysis

3 plasma samples from 3 volunteer patients were taken. After implementation of the technique, the mean concentration of the drug in patients

were 10.44 $\pm$ 0.92 ng/ml (as in Table 3). The chromatograms in (Fig. 3) shows the efficiency of this method for the analysis of phenytoin in plasma samples. Comparison of outcomes of modified and unmodified magnetic NPs can be seen in (Table 4). As it is shown, the extraction efficiency is higher with modified NPs than conventional ones.

Compared to the other methods presented in (Table 5), magnetic iron oxide NPs functionalized with n-octyl is easier to set up, cost-effective and there is no need to centrifugation and other expensive instruments. The applicable nature of this method makes it a better option for trace analysis of drugs, especially phenytoin.

Solidified floating organic drop microextraction (SFO) had offered a better limit of detection compared to the other methods in the literature. The linearity range for dispersive liquid-liquid microextraction (DLLME) was approximately the same with the present method, which offers a wide range compared to the other methods. DLLME, SFO, and MNPs-dSPE have been successfully applied to plasma samples and the results show a significant difference between the other method presented in (Table 5). Therefore, these three methods may be superior to another method when LOD and linearity range is compared.

Due to acute toxicity reports[16] and a wide range of drug-drug interactions[17] with phenytoin, especially in critical patients, the plasma analysis of patients is essential. This is the reason why most extraction methods are focused on determining

Table 2. recovery and repeatability of the experiments for trace determination of phenytoin in plasma samples

RSD% (n=3)	RSD% (n=6)	Extraction recovery (%)	Amount of drug recovered (ng mL <sup>-1</sup> )	Amount of drug added (ng mL <sup>-1</sup> )
9.3	7.3	91	9.1	10
8.5	7.0	93	93	100
8.2	6.7	94	470	500

Table 3. Real sample analysis: the concentration of phenytoin in plasma samples taken from patients treated with phenytoin

Sample	Concentration of phenytoin (ng mL <sup>-1</sup> )	Mean concentration (ng mL <sup>-1</sup> )
Patient a	9.86	
Patient b	11.32	10.44 $\pm$ 0.92
Patient c	10.14	

Table 4. the comparison between the modified and unmodified adsorbents.

Parameters	Unmodified adsorbent	Modified adsorbent with octyl
LOD(ng mL <sup>-1</sup> )	4.3	3.0
Preconcentration factor	161	226
The calibration curve equation	y= 0.0165c+1.487	y= 0.0217 c+1.209

Table 5. comparison of the proposed method with other techniques in related studies

Extraction method	Intrument	Sample	Linearity range (ng mL <sup>-1</sup> )	LOD (ng mL <sup>-1</sup> )	reference
SFO	HPLC	Plasma	1-200	0.3	
MEPS	HPLC-DAD	Plasma	300-30000	50	
DLLME	HPLC-UV	Urine	5-1000	1.63	
DLLME-SFO	HPLC	Water	2-400	0.65	
SPE	HPLC-DAD	Urine	750-25000	80	
MISPE	HPLC	Plasma	2500-40000	800	
MNPs-dSPE	HPLC-DAD	Plasma	10-1000	3	

\*SFO (solidified floating organic drop microextraction)  
 MEPS (microextraction by packed syringe)  
 DLLME (dispersive liquid- liquid microextraction)  
 SPE (solid phase extraction)  
 MISPE (Molecularly imprinted solid phase extraction)  
 MNPs-dSPE (Magnetic nanoparticles based dispersive solid phasr extraction)

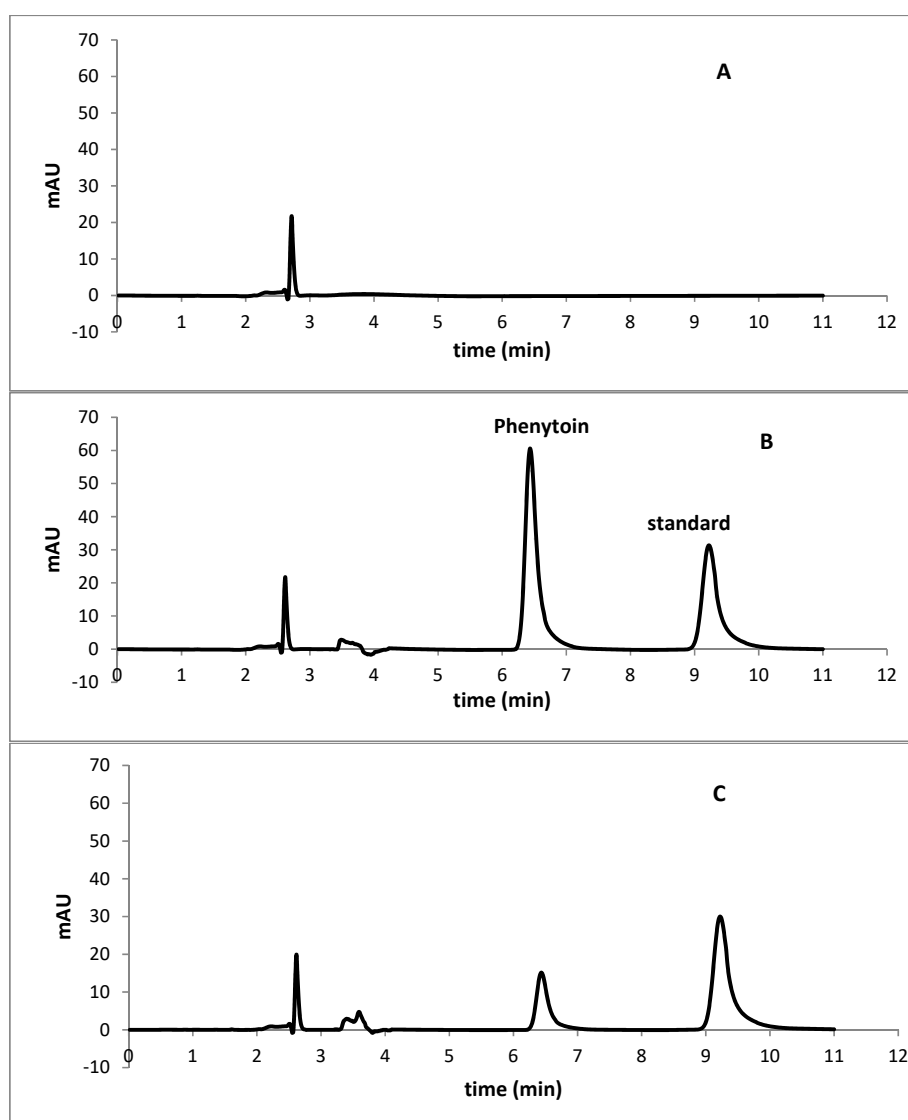


Fig. 3. Chromatograms obtained from HPLC-UV

(A) Drug-free plasma sample (b) Plasma sample spiked with standard solution of 50 ng / ml phenytoin and 50 ng / ml carbamazepine as internal standard solution (c) Plasma sample donated by a volunteer patients being treated with phenytoin and 50 ng / ml standard carbamazepine. All samples were subjected to the proposed extraction procedure.



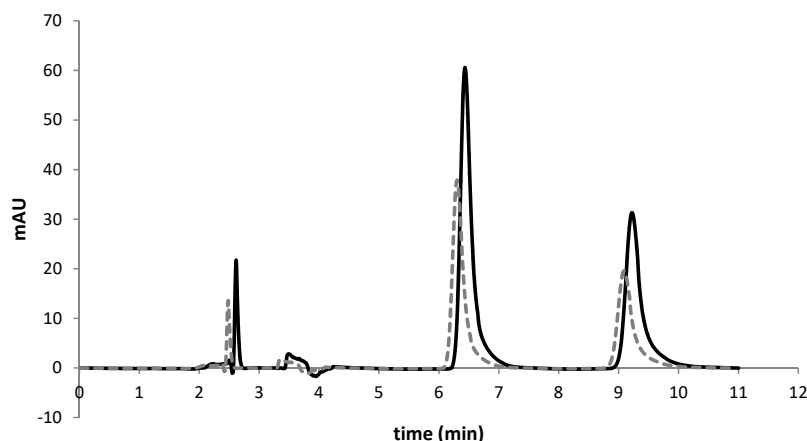


Fig. 4. Chromatograms obtained from HPLC-UV after analysis of 50ng/ml standard solution. The dotted lines indicates the non-modified adsorbent and the line shows the concentration of the analyte after the modification of the adsorbent using n-Octyl

this drug at trace levels and with great precision in plasma or urine samples for both pharmacokinetic profiling and investigational studies. Hence, the proposed method can be easily applied on a daily basis for better treatment of patients and trace analysis of wastewater for safer environment.

## CONCLUSION

Phenytoin, a commonly used anticonvulsant drug, was successfully preconcentrated using modified magnetic NPs as an adsorbent. Compared to centrifugation and other techniques, this method offers more applicability and simplicity. Phenytoin trace amounts were detected in Human plasma and water using this cost-effective technique. It can be concluded that this presented research could be an effective candidate for sample treatment prior to analysis at different setting such as hospitals, investigational labs, forensics, and pharmaceutical industries. Moreover, the results of this research could be used to individualize the dose for each patient to reduce the side effects and drug interactions, which is the main concern when dealing with phenytoin.

## CONFLICTS OF INTEREST

The authors declare that there are no conflicts of interest regarding the publication of this manuscript.

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