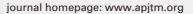
Aus furth second of Tropical Medicine

Review Article

Asian Pacific Journal of Tropical Medicine





doi: 10.4103/1995-7645.280221 Impact Factor: 1.77

Crimean-Congo hemorrhagic fever: etiology, diagnosis, management and potential alternative therapy

Mohammad Saleem^{1⊠}, Muiz Tanvir², Muhammad Furqan Akhtar^{3⊠}, Ammara Saleem²

ABSTRACT

Crimean-Congo hemorrhagic fever (CCHF) virus belongs to the genus Nairovirus and family Bunyaviridae. CCHF is a tickborne disease that has mostly been reported from Asia, Africa and Europe. Early diagnosis of CCHF is essential for patient care and preventing its spread to normal individuals. Treatment of CCHF is mostly limited to the use of ribavirin and palliative care. The practice of using interferon and vaccines has also been proved to be ineffective and unsafe. A search for an effective alternative treatment of the CCHF still continues. Therefore, the current review focusses on the cause, prevalence, mode of transmission, pathophysiology, signs, symptoms, diagnostic features and treatment options of CCHF. This review also highlights the possible alternative therapy in the form of antiviral medicinal plants which are effective against viral hemorrhagic fever. These medicinal plants have shown convincing evidence for their activities against different viral hemorrhagic fevers and may be used alone or in combination with existing therapies to achieve an optimum therapeutic response.

KEYWORDS: Congo fever; Dengue fever; Alternative therapy; Antiviral plants

1. Introduction

Crimean-Congo hemorrhagic fever (CCHF) commonly referred to as Congo fever is a tickborne zoonotic disease. It is caused by CCHF virus (CCHFV) that is transmitted vertically or horizontally to human hosts *via* tick bite[1]. Humans also get infected upon exposure to blood or other body fluids of already exposed animals such as goats, sheep and cattle that develop a state of transient viremia. The CCHFV was medically recognized 75 years ago, however, several instances of its outbreak have been reported in

recent years.

The CCHFV is an RNA virus that belongs to the genus *Nairovirus*, family Bunyaviridae. Other genera of the family are *Orthobunyavirus*, *Tospovirus*, *Hantivirus* and *Phlebovirus*. The *Nairovirus* mainly spreads through tick bites. The CCHFV seven different sero-types and shares the sero-group with Hazara virus (HAZV) isolated from ticks parasitizing the wild rodents in the Hazara region of Pakistan[2]. Patients infected with CCHFV exhibit severe hemorrhagic afflictions[3]. The patients infected with CCHFV are difficult to diagnose and treat due to similarity with other hemorrhagic viral diseases and limited treatment options[4–8].

The CCHF is a rare disease with a global prevalence of less than one per million. The efficacy of antiviral drugs remains limited despite proven *in vivo* and *in vitro* effectiveness against the CCHF. Furthermore, the opinion about the time of administration and doses of medicines remains unclear[9]. Since there is no definitive treatment of the CCHF, naturally occurring herbal agents acting against CCHFV and associated complications should be explored. The process of new drug development for treating the CCHF is also complex due to limited number of patients. The current review summarizes the historical prospective, viral structure and strains, modes of transmission, signs and symptoms, diagnosis, allopathic and alternative treatment options.

This is an open access journal, and articles are distributed under the terms of the Creative Commons Attribution-Non Commercial-ShareAlike 4.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.

For reprints contact: reprints@medknow.com

©2020 Asian Pacific Journal of Tropical Medicine Produced by Wolters Kluwer-Medknow. All rights reserved.

How to cite this article: Saleem M, Tanvir M, Akhtar MF, Saleem A. Crimean-Congo hemorrhagic fever: etiology, diagnosis, management and potential alternative therapy. Asian Pac J Trop Med 2020; 13(4): 143-151.

Article history: Received 14 October 2019 Accepted 2 March 2020 Revision 25 February 2020 Available online 25 March 2020

¹Department of Pharmacology, Punjab University College of Pharmacy, University of the Punjab, Lahore, Pakistan

²Department of Pharmacology, Faculty of Pharmaceutical Sciences, Government College University Faisalabad, Faisalabad, Pakistan

³Riphah Institute of Pharmaceutical Sciences, Riphah International University, Lahore Campus, Pakistan

To whom correspondence may be addressed. E-mail: saleem2978@hotmail.com; furqan.pharmacist@gmail.com

2. Brief historical depiction

The earliest mentions of the CCHF can be found in a thesaurus of a Persian physician who mentioned the area affected by the infection along with the sign and symptoms. The cause was revealed to be a hard tick or louse like organism parasitizing black birds. The first ever treatment against for CCHF was the essences and extracts of different plants orally administered to the patients or topically applied at the site of the tick bite. The CCHF was not recognized as a major disease for a long period until its occurrence in the Crimean region in 1944[10].

The earliest characterization of the virus was carried out in 1967 by Mikhail Chumakov in 1967. The newborn white mouse (NWM) inoculation method was effectively used in morphological, antigenic and physiochemical characterizations and isolation of CCHFV. In 1968, serological similarities were observed between the viral strains obtained from patients in various parts of the world that enabled to develop different antibodies and antigens which were helpful in the study of natural existence and behavior of the CCHFV[11].

The research on CCHFV remained sluggish for more than two decades because of the limitation to isolate the causative organism in the laboratory. However, it was found that some arboviruses could be isolated by introducing the inoculum into the cerebral region of the newborn mice. It was also observed that RNA in the CCHFV was particularly sensitive to sodium desoxycholate, chloroform and ether. It was able to pass through filters of 220 nm pore size. The virus showed significant resistance to freezing. It became inactive on exposure 60 °C for 15 min or 37 °C for 7 h. The size of virion is 100-130 nm and it is spherical in shape[12].

3. Prevalence and risk factors

Numerous outbreaks have been reported in South Asia, Middle East, Balkan region, Africa and Europe, especially after 2000[13-22]. Literature shows that the outbreak of CCHF usually occurs in early summer and spring. The variation in outbreak depends upon the changes in season that affects the tick population and viral load in the infected animals. Moreover, the geographical variations in the occurrence of the disease are due to the difference in the distribution of Ixodid ticks population[23]. Farm workers, shepherds, housewives, butchers, veterinarians, farmers, animal dealers and other individuals involved in handling of ticks exposed animals are mostly susceptible to CCHF. Moreover, health workers such as doctors and nurses are also at the risk of CCHFV infection due to its nosocomial nature. It was found that several individuals in direct contact with the CCHF patients' also got infected[23-26]. Afghanistan, Pakistan, India, Oman, Sudan, China, South Africa and Tajikistan are among the countries that experience 5-50 new cases of CCHF patients annually.

More than 50 new cases of CCHF are reported from Iran, turkey, Uzbekistan or Russia annually[27].

4. Structure and replication of virus

There are 34 viruses in the genus *Nairovirus*, all of which are tickborne^[28]. It develops lipid envelope around itself which is derived from the host it infects. The genome of the CCHFV is divided into 3 sections which are characterized according to their size as large (L), medium (M) and small (S)^[16,29,30]. The lipid envelope consists of 2 types of glycoproteins namely GN and GC which play important role in the attachment of virion to the host cells. RNA-dependent RNA polymerase (RdRp) and the 3 segmented genomes of the virus are encapsulated in nucleoprotein, both of which are necessary to initiate viral replication in the host cells^[31].

The receptor present on the surface of host cells has not been reported, however, it is indicated that glycoprotein GC present in viral envelope is involved in the attachment. Nucleolin, a host molecule, is important during the entry of virus into the host cell. The virus enters the cell via clathrin dependent endocytosis. As the virion gains access to the cytoplasm, low pH of endosome initiates conformational changes in glycoproteins of the virus that results in the fusion of the viral envelope and endosomal membranes releasing nucleocapsid into the cytosol followed by dissociation of nucleocapsids. Complementary RNA and mRNA are synthesized via RdRp[29]. The mRNA is used for synthesis of viral proteins while the complementary RNA is used for the synthesis of viral RNA. Once the replication process is completed and new viral RNA is formed, interaction occurs between viral RNA, RdRp and capsid proteins to develop new nucleocapsids. The translocation of glycoproteins occurs in the endoplasmic reticulum where GN and GC glycoproteins are formed by cleavage of precursor proteins. The final processing of the glycoproteins occurs in Golgi apparatus. The new viruses are transferred to host cytoplasm from where these are released[31].

5. CCHFV genotypes

The CCHFV strains are identified on the basis of partial or complete sequencing of the S-segment of negative stranded RNA to facilitate epidemiological studies as genotypes present in one geographical region of the world were different from the other such as Asia 1, Asia 2, Africa 1, Africa 2 and Africa 3, Europe 1 and Europe 2[32]. However, whole genome sequencing of the virus showed that the CCHFV exhibited enormous variety with greater exchange of M segments. Furthermore, co-infection of different CCHFV strains during blood meals of the ticks is implicated in such variations in strains[33].

6. Mode of transmission

Transmission of the CCHFV to human can occur via direct bite from infected ticks or through exposure to infected animals which act as host. Certain ticks only serve as carriers of the CCHFV without causing direct human infection. Hyalomma ticks are one of the main causes of human infections. The CCHFV sero-group can spread through different tick genera but mainly through Ixodid ticks[1].

The CCHFV infection can occur vertically and horizontally. Vertical transmission occurs in competent ticks capable of supporting viral replication. Adult females can transmit the virus to their eggs and the adult males can transmit the virus to adult females. Once the ticks suck infected blood, the virus reaches the midgut of tick where it replicates in the lining of the midgut and then spreads to other organs, eventually leading to high titers in the salivary glands and the reproductive organs. Horizontal transmission occurs between ticks and mammals during spring and summer upon consumption of blood meals[1]. It can also spread from infected to healthy humans by direct or indirect contact of skin, mucous membranes or other bodily fluids[34].

7. Pathogenesis and clinical features

Once the virus enters the host, it contacts the dendritic cells where it replicates and spreads to the nearby tissues, lymph nodes, blood monocytes and organs such as spleen and liver. The infection of the permissive parenchymal cells occurs due to the movement of tissue macrophages. The host lymphocytes remain uninfected, however, these are destroyed in large number due to the underlying illness. The intrinsic coagulation pathway is also initiated due to the production of cell surface tissue factors. The abnormalities in the endothelial cell function, platelet and coagulation factors disturb the homeostasis of body. The level of coagulation factors in the body is reduced due to hepatic dysfunction, disseminated intravascular coagulopathy, activation of different immunological and inflammatory pathways and direct injury to the endothelial cells and platelets. These pathological changes occur mainly due to the production of cytokines, pro-inflammatory mediators and chemokines in response to infected macrophages and monocytes. One research indicates that hepatocytes are principally affected by the infection[35].

The progression of infection occurs in 4 distinct phases. The first phase is the incubation phase lasting for 3 to 7 d. Incubation period is the time between the exposure to the CCHFV and manifestation of symptoms. The incubation period varies from patient to patient due to the difference in route of exposure, dose of infection and

patient age. The second phase is the pre-hemorrhagic phase characterized by flu-like symptoms such as dizziness, fever, myalgia, headache, joint and orbital pain. An increase in the level of hepatic enzymes has also been observed during this phase. The third phase is the hemorrhagic phase that develops between 3 to 5 d after the onset of disease. It is characterized by oliguria due to the failure of renal system. The other characteristic is the development of disseminated intravascular coagulation[36]. Recent studies suggested that another condition known as virus-associated hemophagocytic syndrome had also contributed to the clinical features and severity of disease[37,38]. This condition is characterized by the cytopenia, fever, hepatomegaly and elevated levels of lactate dehydrogenase, triglycerides and ferritin. Hemophagocytosis is the most important characteristic of this syndrome that occurs in the liver, lymph nodes and bone marrow. The abnormally high activity and production of cytokines from helper T-cell macrophages and lymph nodes contribute to hemophagocytosis. Inflammatory cytokines are particularly high in fatal cases compared to non-fatal cases. The final stage is convalescent[39,40]. The fatality rate in CCHF lies between 40%-60%. In severe cases, death occurs mainly due to circulatory shock, disseminated intravascular coagulation and multiorgan failure. Recently, it was shown that one of the features of hemorrhagic syndrome was acute respiratory distress syndrome and alveolar hemorrhage[40,41]. The convalescent period occurs in the surviving patients between 10-20 d after the onset of disease. This stage is characterized by loss of hearing, weak pulse, tachycardia and alopecia[42].

8. Diagnosis of CCHF

Diagnosis of the CCHF is necessary as early as possible both for rapid recovery of patient as well as protection of healthy individuals. Differential diagnosis is necessary as the CCHF shares similarities with other diseases. Laboratory tests include detection of viral antigens and antibodies in patients by isolating the virus in a tissue culture or using the suckling mouse model followed by detection of the viral RNA by RT-PCR and the virus antigen by ELISA utilizing a recombinant virus N protein. Immunofluorescence assay is also used for the detection of virus specific IgM and IgG antibodies, viral antigens and recombinant protein N[16]. The CCHFV is biosafety level (BSL)-4 pathogen that hinders its handling and testing and necessitates the prevention of nosocomial infections[43].

During the early stages of infection with CCHFV, the sign and symptoms are non-specific to establish a firm diagnosis. It must be known that to where the patient has travelled in the recent past, if he/she has been exposed to a patient already suffering from CCHF infection or working in a setting where such patients and

specimens related to CCHF are being handled. Certain bacterial infections such as rickettsiosis (African tick bite and typhus fever), borreliosis and leptospirosis presented features like that of CCHF. Other hemorrhagic fevers such as Hanta virus fever, Yellow fever, meningococcal infection, Omsk hemorrhagic fever, dengue fever, Q fever and Kyasunar forest disease also result in symptoms similar to CCHF[44]. Malaria, hepatitis viral infection, leptospirosis, typhoid fever, salmonellosis, psittacosis, septicemic plague, measles, shigellosis, hemorrhagic smallpox, toxic shock syndrome and Ebola virus infection must also be considered while performing a differential diagnosis[45,46].

9. Clinical laboratory findings

Patients with CCHF develop leukopenia during the early stage followed by thrombocytopenia. Destruction of hepatocytes leads to a rise in the liver function tests such as alanine aminotransferase (ALT), creatine kinase, aspartate aminotransferase (AST) and lactate dehydrogenase. This elevation is more pronounced in chronic patients. Lysis of leukocytes occurs due to an abnormal elevation in myeloperoxidase expression. Similarly, level of fibrin degradation products, prothrombin and partial thromboplastin time also increase that indicate increased bleeding time[42]. However, plasma fibrinogen factor is decreased. Proteinuria, oliguria, hematuria and azotemia indicate the renal dysfunction[47]. These clinical laboratory findings are due to different underlying causes. Kupffer cells, hepatocytes and hepatic endothelial cells are the major targets of the virus. The CCHFV also inhibits the host immune response by interfering with cellular machinery. Platelet number decreases due to endothelial damage. Furthermore, the activation of coagulation cascade due to endothelial damage also results in the onset of disseminated intravascular coagulation and subsequent multi-organ failure[48,49]. Leakage in the vascular system is either due to the direct infection by virus or inflammatory cytokines[50]. The level of interleukin, IL-1 and IL-6, and tumor necrosis factor (TNF-α) are also elevated in chronic cases[42].

10. Treatment and management

Ribavirin, a synthetically produced purine nucleoside analogue, is the only antiviral drug that has shown favorable results against CCHFV. It is effective against a broad range of RNA and DNA viruses *in vitro*[43]. This drug was first used against CCHF during an outbreak in South Africa and Pakistan in 1985 and 1995 respectively. Similar results were reported from Iran and Turkey. However, both studies lacked control groups[51]. Different studies showed that

ribavirin reduced viral load in the liver of suckling mice, however, it was ineffective in preventing viremia[52]. In clinical settings, ribavirin showed controversial efficacy in the early stages of disease[17,53,54]. The recommended dose of ribavirin for the treatment of CCHF infection is 30 mg/kg as a loading dose followed by 15 mg/kg for 4 d quarterly and then 7.5 mg/kg thrice for 6 d. Ribavirin being a teratogenic agent is contraindicated in pregnancy[55].

In addition to the generally used treatment with ribavirin and supportive care, other treatment options such as vaccines have been developed over the course of time. In 1970, CCHF vaccine was produced from brain tissue of mice and used in Russia. However, it lacked data on efficacy and safety in human[2]. Two different immunoglobulin preparations, namely CCHF bulin (IM) and CCHF venin (IV), developed from the plasma of surviving CCHF patients were boasted with one dose of CCHF vaccine. The results showed prompt recovery of seven severely ill patients[56]. However, a small number of patients and undefined protocols of the study were major limitations[17]. Different studies reported the efficacy of IFN- α in the treatment of CCHF due to its ability to inhibit virus in human hepatic and endothelial cells[57,58]. However, there is lack of sufficient data on the safety and efficacy of interferon. Furthermore, it was reported that the treatment with INF-α had been terminated due to severe adverse effects in CCHF patients[17].

The general treatments for CCHF are supportive therapy that requirs regular monitoring of patient's hematological status and coagulation situation. Aspirin should be avoided because of its effect on the coagulation system like other non-steroidal anti-inflammatory drugs. Electrolytes and fluid level must be monitored frequently. Proper administration of fluids, thrombocytes, erythrocyte preparations and fresh frozen plasma are necessary. Platelet transfusions are also carried out[59]. Recent studies indicated that the use of high dose methylprednisolone in CCHF patients had promising results. The reported dosage was 20-30 mg/kg/day intravenously for 5 d[17].

11. Alternative therapy

The treatment options for CCHF patients are limited to only a few antiviral drugs with variable efficacy. There are also limited supportive care options. Hence alternative medicine can also be explored for the treatment and supportive care of CCHF patients. As plants are the prehistoric sources of medicine and remain important regarding new drug development. The CCHF has a long history of incidents however, ethnobotanical use of medicinal plants against the disease has not been reported. The major reason behind the lack of any scientific data is the similarity of the disease with other hemorrhagic fevers, uneducated background of patients, late diagnosis and limited occurrence of the disease[42,52]. Therefore, we

reviewed several medicinal plants traditionally used and validated against different hemmorhagic fever causing viruses, which may be evaluated against CCHFV due to antiviral activity.

We searched various online databases such as ScienceDirect, Google Scholar, SCOPUS and PubMed were used for data collection regarding medicinal plants for CCHF during 2000-2019. The search terms included "alternate therapy", "herbal therapy", "Crimean-Congo hemorrhagic fever", "Congo fever", "hemorrhagic fever", "Dengue virus", "Lassa fever" and "Yellow fever virus". The process of selecting potential anti-CCHF medicinal plants is shown in Figure 1.

The review of literature revealed that at least 30 plants had shown antiviral activity against hemorrhagic fevers such as dengue, yellow fever, corona and SARS. These plants offer an opportunity to be explored for possible antiviral potential against CCHFV (Table 1). Several plants such as *Momordica charantia* and *Ocimum basilicum* have shown promising immunomodulatory activity in animals and *in vitro* models of disease. These plants may possibly alter or modulate the immune system in patients infected with CCHFV and may help ameliorate the morbidity *via* affecting cytokines and other inflammatory mediators involved in the infection.

12. Conclusions and prospective

In conclusion, the CCHF is a rare tick-borne zoonotic disease that is caused by CCHFV. The CCHFV is an RNA virus that has

seven major genotypes mostly prevalent in Asia, Africa and Europe. Individuals handling the tick exposed animals are at risk of CCHFV infection. The CCHFV RNA and antigen are mainly detected by RT-PCR and ELISA method respectively. The CCHF causes hemorrhage, fever, thrombocytopenia, leukopenia and multi-organ failure. Like other hemorrhagic viruses, CCHFV targets different systems in the body, such as immune and digestive systems. Various antiviral drugs, such as ribavirin and INF-, are effective in CCHF patients to varying degree. This review also explored the realm of medicinal plants for the management of hemorrhagic fevers which should be investigated for their potential against CCHFV and its associated complications. The medicinal plants discussed in this review have not been tested against CCHF but possess diverse properties such as antiviral, immunomodulatory and hepatoprotective potentials. Several herbal drugs have shown significant activity against a wide array of viruses such as dengue, influenza A, Coxsackie virus B3, measles, corona and SARS viruses. These herbs should be explored for lead compounds that can be useful in the treatment of CCHF and other hemorrhagic viral infections. Moreover, these herbs can be used as nutraceutical against CCHFV infected patients to prevent immune over-activity and other CCHF related complications.

Conflict of interest statement

Authors declare that they have no conflict of interest.

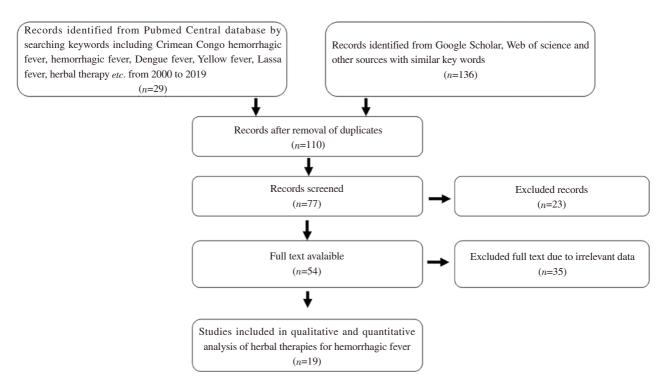


Figure 1. Selection criteria for potential herbal therapy of Crimean-Congo hemorrhagic fever.

Table 1. Medicinal plants with antiviral potential against different hemorrhagic viral diseases.

References		[54]	[54]	[54]	[55]	[56]	[57]		[58]	[65]	[09]	[61]	[58]	[62]	[63]	7	[49]	[65]	[99]	[67]
i	against viruses	Dengue virus	Dengue virus	Dengue virus	Dengue virus	Dengue virus	Denone virus		Dengue virus	Dengue virus	Dengue virus	Dengue virus	Dengue virus	Influenza virus, herpes simplex	virus, respiratory syncytial virus Herpes simplex	virus	Corona virus	SARS associated Corona virus	Herpes viruses, Adeno viruses, Coxsackievirus B1 and Enterovirus 71	Influenza A and B viruses
Possible mechanism		Not shown	Not shown	Not shown	Not shown	Not shown	Professe inhibition	in DENV-2	Not shown	Not shown	Not shown	Increased blood	Not shown	Various	Not shown		Effect on virus absorption and penetration	Not shown	Variable	Altered cell surface proteins
η Dose level		None	None	None	47.43 mg/mL	120-30 µg/mL	None		12.5 µg/mL	10 µg/mL	1.0 µg/mL	Not known	12.5 µg/mL	Multiple	1.6 mg/mL	o	0.25–25 mmol/L Effect on virus (saikosaponins) absorption and penetration	2.48 µg/mL	Variable according to the virus	Various
Degree of inhibition Dose level	,	Maximum	Maximum	Moderate	Maximum	Maximum	Maximim		Maximum	Maximum	Maximum only against DENV-2	Not known	Maximum	Variable response in different viruses	Maximum		Maximum	Variable	Variable	Moderate
Type of study	· ·	In vitro Vero E6 cells	In vitro Vero E6 cells	In vitro Vero E6 cells	In vitro C6/36 cell lines	In vitro C6/36 cell lines and in vivo	Fluorogenic nentide substrate	Boc-Gly-Arg-Arg-MCA	In vitro Vero cells infected with DENV-2	In vitro BHK-21 cells infected with DENV-2	In vitro Vero cells infected with DENV-2	Not shown	In vitro Vero cells infected with DENV-2	Various infected cell lines such as Vero, MDBK and HELA	HSV infected vero cell lines		In vitro human fetal lung fibroblasts (MRC-5; ATCCCCL-171) infected with HCoV-229E	In vitro SARS-COV infected Vero E6 cells and hepG2 cells	Cell lines infected by herpes viruses, adeno viruses, coxsackievirus B1 and enterovirus 71	Cell lines infected with the human HPAIV isolate A/Thailand/KAN-1/2004 (KAN-1, H5N1) and human strain B/Massachusetts/71
Name of assay/ Model used	, 	DENV1-infected Vero E6 cells In vitro Vero E6 cells	DENV1-infected Vero E6 cells In vitro Vero E6 cells	DENV1-infected Vero E6 cells In vitro Vero E6 cells	Infected C6/36 cell lines	Infected C6/36 cell lines and infected cuckling mice	Cell lines		Infected Vero cells	Chordariaceae (Sea Infected BHK-21 cells weed)	Infected Vero cells	Not shown	Infected Vero cells	Infected cell lines	Vero cell lines		Infected human fetal lung fibroblasts	Infected Vero E6 cells and hepG2 cells	Infected cell lines	Madin Darbin canine kidney cells
Family	,	Acanthaceae	Cucurbitaceae	Poaceae	Amaranthaceae	Meliaceae	Zinoiheraceae		Euphorbiaceae	Chordariaceae (Sea weed)	Halymeniaceae (Algae)	Euphorbiaceae	Flagellariaceae	Asteraceae	Moraceae		Apiaceae Ulvaceae Scrophulariaceae	Amaryllidaceae Asteraceae Polypodiaceae Lauraceae	Lamiaceae	Adoxaceae
o. Species name	- 1	Andrographis paniculata (Burm.f.) Acanthaceae Nees		Cymbopogon citratus (DC.) Stapf	Alternanthera philoxeroides (Mart.) Amaranthaceae Griseb.	Azadirachta indica A. Juss.	Boesenheraia rotunda (L.) Mansf		Cladogynos orientalis Zipp. ex Span. Euphorbiaceae	Cladosiphon okamuranus	Cryptonemia crenulata (J.Agardh) Halymeniaceae J.Agardh (Algae)		l Flagellaria indica L.	2 Echinacea purpurea (L.) Moench	Morus alba L.		 Hupleurum chinense DC. Enteromorpha spp. Scrophularia scorodonia L. 	5 Lycoris radiata (L Hét.) Herb. Artemisia annua L. Pyrrosia lingua (Thunb.) Farw. Lindera aggregata (Sims) Kostem.	5 Ocimum basilicum L.	7 Sambucus nigra L.
No.		1	2	\mathcal{C}	4	S	9		7	∞	6	10	11	12	13		4	15	116	17

On things

No	No. Species name	Family	Name of assay/ Model used	Type of study	Degree of inhibition Dose level	Dose level	Possible mechanism	Antiviral activity against viruses	References
18	18 Pelargonium sidoides DC.	Geraniaceae	Different cell lines and animal	Different cell lines and animal In vitro different cell lines and in	Maximum	Various	impaired viral	Influenza A virus	[89]
			models used	vivo animal models infected with			hemagglutination		
				the virus			as well as		
							neuraminidase		
							activity		
19	19 Justicia adhatoda L.	Acanthaceae	Madin-Darby Canine Kidney	Kidney Influenza virus infected MDCK	Maximum	10 mg/mL	Inhibited viral	Influenza virus	[69]
			(MDCK) cell lines	cells	(methanolic		attachment and/or		
					extract)		viral replication		
20	20 Illicium parvifolium subsp.	Schisandraceae	Different cell lines	In vitro cell lines infected with	Maximum	Spirooliganone	Not shown	Coxsackie virus	[70]
	oligandrum (Merr. & Chun) Qi Lin			coxsackie virus B3 and influenza		B (3.70-5.05		B3 and influenza	
				virus A		μM)		virus A	
21	21 Houttuynia cordata Thunb.	Saururaceae	Vero cell lines	In vitro Vero cell lines infected	Maximum	1.56 µg/mL	Inhibited viral entry Dengue virus	Dengue virus	[71]
				with DENV-2			and activity after		
							absorption		
22	22 Leucaena leucocephala (Lam.) de Fabaceae	e Fabaceae	C6/36 cells and mice	In vitro DENV-1 infected C6/36	Maximum	37 mg/L	Various	Dengue virus and	[61]
	Wit			cell and YFV infected mice				yellow fever virus	
23	Piper retrofractum Vahl	Piperaceae	Infected Vero cells	In vitro DENV-2 infected Vero cells Maximum	Maximum	100 µg/mL	Not shown	Dengue virus	[61]
24		Fabaceae	Infected embryonic chicken	In vitro and in ovo, live attenuated	Maximum	250 mg/mL	Not shown	Measles virus	[71]
			eggs and hep-2 cell lines	measles virus strain infected cell					
				lines and embryonated chicken eggs					
25	25 Quercus lusitanica Lam.	Fagaceae	Infected C6/36 cells	DENV-2 infected C6/36 cells	Maximum	0.032 mg/mL	Down regulation	Dengue virus	[72]
							of NS1 protein in		
							infected cells		

Authors' contributions

The conceptualization and methodology were done by M.S, M.T and A.S. The formal analysis and investigation were carried out by M.T, M.F.A, and A.S. The resources and writing-original draft preparation were carried out by M.T, M.F.A, A.S and M.S. The writing-review and editing were performed by M.F.A, A.S and M.T. The supervision was done by M.S. The whole manuscript was read and approved by all the authors.

References

- [1] Bente DA, Forrester NL, Watts DM, McAuley AJ, Whitehouse CA, Bray M. Crimean-Congo hemorrhagic fever: History, epidemiology, pathogenesis, clinical syndrome and genetic diversity. *Antivir Res* 2013; 100(2): 159-189.
- [2] Dowall SD, Findlay-Wilson S, Rayner E, Pearson G, Pickersgill J, Rule A, et al. Hazara virus infection is lethal for adult type I interferon receptor-knockout mice and may act as a surrogate for infection with the human-pathogenic Crimean—Congo hemorrhagic fever virus. J Gen Virol 2012; 93(3): 560-564.
- [3] Ergönül Ö. Crimean-Congo haemorrhagic fever. Lancet Infect Dis 2006;6(1): 203-214.
- [4] Duh D, Saksida A, Petrovec M, Dedushaj I, Avši-upanc T. Novel onestep real-time RT-PCR assay for rapid and specific diagnosis of Crimean-Congo hemorrhagic fever encountered in the Balkans. *J Virol Methods* 2006; 133(4): 175-179.
- [5] Yapar M, Aydogan H, Pahsa A, Besirbellioglu BA, Bodur H, Basustaoglu AC, et al. Rapid and quantitative detection of Crimean-Congo hemorrhagic fever virus by one-step real-time reverse transcriptase-PCR. *Jpn J Infect Dis* 2005; 58(6): 358-367.
- [6] Drosten C, Kümmerer BM, Schmitz H, Günther S. Molecular diagnostics of viral hemorrhagic fevers. *Antivir Res* 2003; 57(2): 61-87.
- [7] Saijo M, Tang Q, Shimayi B, Han L, Zhang Y, Asiguma M, et al. Antigencapture enzyme-linked immunosorbent assay for the diagnosis of Crimean-Congo hemorrhagic fever using a novel monoclonal antibody. J Med Virol 2005; 77(1): 83-88.
- [8] Morikawa S, Saijo M, Kurane I. Recent progress in molecular biology of Crimean-Congo hemorrhagic fever. Comp Immunol Microb Infect Dis 2007; 30(1): 375-389.
- [9] Saijo M, Morikawa S, Kurane I. Recent progress in the treatment of Crimean–Congo hemorrhagic fever and future perspectives. *Fut Virol* 2010; 5(1): 801-809.
- [10]Drosten C, Minnak D, Emmerich P, Schmitz H, Reinicke T. Crimean-Congo hemorrhagic fever in Kosovo. *J Clin Microbiol* 2002; **40**(7): 1122-1133.
- [11]Mishra AC, Mehta M, Mourya DT, Gandhi S. Crimean-Congo haemorrhagic fever in India. Lancet 2011; 378(9788): 372-378.
- [12]Hoogstraal H. Review article 1: The epidemiology of tick-borne Crimean-Congo hemorrhagic fever in Asia, Europe, and Africa. *J Med Entomol* 1979; **15**(4): 307-417.
- [13]Athar MN, Khalid MA, Ahmad AM, Bashir N, Baqai HZ, Ahmad M, et al. Crimean-Congo hemorrhagic fever outbreak in Rawalpindi, Pakistan, February 2002: Contact tracing and risk assessment. Am J Trop Med Hyg 2005; 72(4): 471-473.
- [14]Papa A, Christova I, Papadimitriou E, Antoniadis A. Crimean-Congo hemorrhagic fever in Bulgaria. Emerg Infect Dis 2004; 10(3): 1465-1469.

- [15]Nabeth P, Thior M, Faye O, Simon F. Human Crimean-Congo hemorrhagic fever, senegal. *Emerg Infect Dis* 2004; **10**(2): 1881-1887.
- [16]Mardani M, Jahromi MK, Naieni KH, Zeinali M. The efficacy of oral ribavirin in the treatment of Crimean-Congo hemorrhagic fever in Iran. *Clin Infect Dis* 2003; 36(3): 1613-1618.
- [17]Papa A, Bino S, Llagami A, Brahimaj B, Papadimitriou E, Pavlidou V, et al. Crimean-Congo hemorrhagic fever in Albania, 2001. Eurj Clin Microbiol Infect Dis 2002; 21(2): 603-606.
- [18] Ergönül Ö, Çelikbaş A, Dokuzoğuz B, Eren Ş, Baykam N, Esener H. Characteristics of patients with Crimean-Congo hemorrhagic fever in a recent outbreak in Turkey and impact of oral ribavirin therapy. Clin Infect Dis 2004; 39(4): 284-287.
- [19]Dunster L, Dunster M, Ofula V, Beti D, Kazooba-Voskamp F, Burt F, et al. First documentation of human Crimean-Congo hemorrhagic fever, Kenya. *Emerg Infect Dis* 2002; 8(1): 1005-1012.
- [20]Maltezou HC, Papa A, Tsiodras S, Dalla V, Maltezos E, Antoniadis A. Crimean-Congo hemorrhagic fever in Greece: A public health perspective. *Int Infect Dis* 2009; 13(1): 713-716.
- [21]Maltezou HC, Papa A. Crimean-Congo hemorrhagic fever: Risk for emergence of new endemic foci in Europe? *Travel Med Infect Dis* 2010; 8(3): 139-143.
- [22] Nabeth P, Cheikh DO, Lo B, Faye O, Vall IOM, Niang M, et al. Crimean-Congo hemorrhagic fever, mauritania. *Emerg Infect Dis* 2004; 10(6): 2143.
- [23]Izadi S, Naieni KH, Madjdzadeh SR, Nadim A. Crimean-Congo hemorrhagic fever in Sistan and Baluchestan Province of Iran, a casecontrol study on epidemiological characteristics. *Int J Infect Dis* 2004; 8(1): 299-306.
- [24] Hatami H, Qaderi S, Omid AM. Investigation of Crimean-Congo hemorrhagic fever in patients admitted in Antani Hospital, Kabul, Afghanistan, 2017-2018. Int J Prev Med 2019; 10(5): 117-123.
- [25]Qadir M, Tanveer M. Perception about Congo fever among university students. J Hum Virol Retrovirol 2019; 7(6): 20-31.
- [26]Honig JE, Osborne JC, Nichol ST. The high genetic variation of viruses of the genus *Nairovirus* reflects the diversity of their predominant tick hosts. *Virology* 2004; **318**(4): 10-16.
- [27]Sanchez AJ, Vincent MJ, Erickson BR, Nichol ST. Crimean-Congo hemorrhagic fever virus glycoprotein precursor is cleaved by Furin-like and SKI-1 proteases to generate a novel 38-kilodalton glycoprotein. J Virol 2006; 80(7): 514-525.
- [28]Chinikar S, Persson SM, Johansson M, Bladh L, Goya M, Houshmand B, et al. Genetic analysis of Crimean-Congo hemorrhagic fever virus in Iran. J Med Virol 2004; 73(2): 404-411.
- [29]Rezaei A, ShekarForoush S, Ashtiyani SC, Aqababa H, Zarei A, Azizi M, et al. The effects of *Artemisia aucheri* extract on hepatotoxicity induced by thioacetamide in male rats. *Avicenna J Phytomed* 2013; **3**(4): 293-299.
- [30] Aradaib IE, Erickson BR, Karsany MS, Khristova ML, Elageb RM, Mohamed MEH, et al. Multiple Crimean-Congo hemorrhagic fever virus strains are associated with disease outbreaks in Sudan, 2008-2009. PLoS Negl Trop Dis 2011; 5(4): 1159-1172.
- [31]Shahhosseini N, Jafarbekloo A, Telmadarraiy Z, Chinikar S, Haeri A, Nowotny N, et al. Co-circulation of Crimean-Congo hemorrhagic fever virus strains Asia 1 and 2 between the border of Iran and Pakistan. *Heliyon* 2017; 3(3): 439-451.
- [32]Shayan S, Bokaean M, Shahrivar MR, Chinikar S. Crimean-Congo hemorrhagic fever. Lab Med 2015; 46(4): 180-189.
- [33]Ergonul O. Crimean-Congo hemorrhagic fever virus: New outbreaks, new discoveries. Curr Opin Virol 2012; 2(1): 215-220.

- [34]Sabir S, Akhtar MF, Saleem A. Endocrine disruption as an adverse effect of non-endocrine targeting pharmaceuticals. *Environ Sci Pollut Res* 2019; 26(2): 1277–1286.
- [35]Tasdelen Fisgin N, Fisgin T, Tanyel E, Doganci L, Tulek N, Guler N, et al. Crimean-Congo hemorrhagic fever: Five patients with hemophagocytic syndrome. Am J Hematol 2008; 83(6): 73-76.
- [36]Dilber E, Cakir M, Erduran E, Koksal I, Bahat E, Mutlu M, et al. High-dose methylprednisolone in children with Crimean-Congo haemorrhagic fever. *Trop Doct* 2010; 40(5): 27-30.
- [37] Appannanavar SB, Mishra B. An update on Crimean Congo hemorrhagic fever. J Glob Infect Dis 2011; 3(6): 285-292.
- [38]Kamboj A, Pathak H. Crimean-Congo hemorrhagic fever: A comprehensive review. Vet World 2013; 6(10): 812-817.
- [39]Sannikova I, Pacechnikov V, Maleev V. Respiratory lesions in Congo-Crimean hemorrhagic fever. *Terapevti Arkh* 2007; 79(6): 20-23.
- [40]Borio L, Inglesby T, Peters C, Schmaljohn AL, Hughes JM, Jahrling PB, et al. Hemorrhagic fever viruses as biological weapons: Medical and public health management. *Jama* 2002; 287(7): 2391-2405.
- [41] Akhtar MF, Saleem A, Alamgeer Y, Saleem M. A comprehensive review on ethnomedicinal, pharmacological and phytochemical basis of anticancer medicinal plants of Pakistan. *Cur Cancer Drug Target* 2019; 19(1): 120-151.
- [42]Mardani M, Pourkaveh B. Crimean-Congo hemorrhagic fever. *Arch Clin Infect Dis* 2013; **7**(3): 36-42.
- [43]Zivcec M, Maïga O, Kelly A, Feldmann F, Sogoba N, Schwan TG, et al. Unique strain of Crimean-Congo hemorrhagic fever virus, Mali. *Emerg infect Dis* 2014; 20(5): 911-918.
- [44] Erduran E, Bahadir A, Palanci N, Gedik Y. The treatment of Crimean-Congo hemorrhagic fever with high-dose methylprednisolone, intravenous immunoglobulin, and fresh frozen plasma. *J Pediatr Hematol Oncol* 2013; 35(6): 19-24.
- [45]Bodur H, Akıncı E, Öngürü P, Uyar Y, Baştürk B, Gözel MG, et al. Evidence of vascular endothelial damage in Crimean-Congo hemorrhagic fever. *Int Infect Dis* 2010; 14(3): 704-707.
- [46]Tignor GH, Hanham CA. Ribavirin efficacy in an in vivo model of Crimean-Congo hemorrhagic fever virus (CCHF) infection. Antivir Res 1993: 22(7): 309-325.
- [47]Fisgin NT, Ergonul O, Doganci L, Tulek N. The role of ribavirin in the therapy of Crimean-Congo hemorrhagic fever: Early use is promising. *Eur J Clin Clinical Microbiol Infect Dis* 2009; 28(7): 929-933.
- [48]Izadi S, Salehi M. Evaluation of the efficacy of ribavirin therapy on survival of Crimean-Congo hemorrhagic fever patients: A case-control study. Jpn J Infect Dis 2009; 62(5): 11-15.
- [49]Ozbey S. Impact of early ribavirin use on fatality of CCHF. *Klimik J* 2010; **23**(4): 6-10.
- [50]Ergonul O. Treatment of Crimean-Congo hemorrhagic fever. Antivir Res 2008; 78(6): 125-131.
- [51] Vassilenko S, Vassilev T, Bozadjiev L, Bineva I, Kazarov G. Specific intravenous immunoglobulin for Crimean-Congo haemorrhagic fever. *Lancet* 1990; 335(4): 791-802.
- [52] Andersson I, Bladh L, Mousavi-Jazi M, Magnusson KE, Lundkvist A, Haller O, et al. Human MxA protein inhibits the replication of Crimean-Congo hemorrhagic fever virus. *J Virol* 2004; 78(5): 4323-4329.
- [53] Andersson I, Lundkvist Å, Haller O, Mirazimi A. Type I interferon inhibits Crimean-Congo hemorrhagic fever virus in human target cells. J Med Virol 2006; 78(4): 216-222.
- [54] Tang LI, Ling AP, Koh RY, Chye SM, Voon KG. Screening of antidengue activity in methanolic extracts of medicinal plants. *BMC Comp Altern Med* 2012; 12(1): 3-11.

- [55]Jiang W, Luo X, Kuang S. Effects of Alternanthera philoxeroides Griseb against dengue virus in vitro. Acac J First Medical College of PLA 2005; 25(4): 454-466.
- [56]Parida M, Upadhyay C, Pandya G, Jana A. Inhibitory potential of neem (Azadirachta indica Juss) leaves on dengue virus type-2 replication. J Ethnopharmacol 2002; 79(5): 273-278.
- [57]Kiat TS, Pippen R, Yusof R, Ibrahim H, Khalid N, Rahman NA. Inhibitory activity of cyclohexenyl chalcone derivatives and flavonoids of fingerroot, *Boesenbergia rotunda* (L.), towards dengue-2 virus NS3 protease. *Bioorg Med Chem Lett* 2006; 16(4): 3337-3340.
- [58]Klawikkan N, Nukoolkarn V, Jirakanjanakit N, Yoksan S, Wiwat C. Effect of Thai medicinal plant extracts against dengue virus in vitro. Pharma Sci Asia 2011; 38(12): 13-18.
- [59]Hidari KI, Takahashi N, Arihara M, Nagaoka M, Morita K, Suzuki T. Structure and anti-dengue virus activity of sulfated polysaccharide from a marine alga. *Biochem Bioph Res Co* 2008; 376(4): 91-95.
- [60]Talarico L, Pujol C, Zibetti R, Faria P, Noseda M, Duarte M, et al. The antiviral activity of sulfated polysaccharides against dengue virus is dependent on virus serotype and host cell. *Antivir Res* 2005; 66(1): 103-110.
- [61] Abd Kadir SL, Yaakob H, Mohamed Zulkifli R. Potential anti-dengue medicinal plants: A review. J Nat Med 2013; 67(3): 677-689.
- [62]Sharma M, Anderson SA, Schoop R, Hudson JB. Induction of multiple pro-inflammatory cytokines by respiratory viruses and reversal by standardized Echinacea, a potent antiviral herbal extract. *Antivir Res* 2009; 83(4): 165-170.
- [63]Du J, He ZD, Jiang RW, Ye WC, Xu HX, But PPH. Antiviral flavonoids from the root bark of Morus alba L. Phytochemistry 2003; 62(6): 1235-1238
- [64] Cheng PW, Ng LT, Chiang LC, Lin CC. Antiviral effects of saikosaponins on human coronavirus 229E in vitro. Clin Exp Pharmacol Physiol 2006; 33(5): 612-616
- [65]Li SY, Chen C, Zhang HQ, Guo HY, Wang H, Wang L, et al. Identification of natural compounds with antiviral activities against SARS-associated coronavirus. *Antivir Res* 2005; 67(2): 18-23.
- [66] Chiang LC, Ng LT, Cheng PW, Chiang W, Lin CC. Antiviral activities of extracts and selected pure constituents of *Ocimum basilicum*. Clin Exp Pharmacol Physiol 2005; 32(3): 811-816.
- [67]Krawitz C, Mraheil MA, Stein M, Imirzalioglu C, Domann E, Pleschka S, et al. Inhibitory activity of a standardized elderberry liquid extract against clinically-relevant human respiratory bacterial pathogens and influenza A and B viruses. BMC Complement Altern Med 2011; 11(2): 16-23
- [68]Theisen LL, Muller CP. EPs® 7630 (Umckaloabo®), an extract from Pelargonium sidoides roots, exerts anti-influenza virus activity in vitro and in vivo. Antivir Res 2012; 94(1): 147-156.
- [69]Chavan R, Chowdhary A. In vitro inhibitory activity of Justicia adhatoda extracts against influenza virus infection and hemagglutination. Int J Pharm Sci Rev Res 2014; 25(3): 43-49.
- [70]Ma SG, Gao RM, Li YH, Jiang JD, Gong NB, Li L, et al. Antiviral Spirooliganones A and B with unprecedented skeletons from the roots of *Illicium oligandrum*. Org Lett 2013; 15(4): 4450-4463.
- [71]Nwodo UU, Ngene AA, Iroegbu CU, Onyedikachi OAL, Chigor VN, Okoh AI. *In vivo* evaluation of the antiviral activity of *Cajanus cajan* on measles virus. *Arch Virol* 2011; **156**(4): 1551-1557.
- [72]Muliawan SY, Kit LS, Devi S, Hashim O, Yusof R. Inhibitory potential of *Quercus lusitanica* extract on dengue virus type 2 replication. SE Asian J Trop Med 2006; 37(3): 132-135.