



Ethnomedicine, phytochemistry and pharmacology of *Calotropis procera* and *Tribulus terrestris*

Amina Mukhtar Dirir¹, Abdul Jaleel Cheruth², Taoufik Saleh Ksiksi³

¹Biology Department, UAE University, Abu Dhabi, UAE

²Department of Arid Land Agriculture, College of Food and Agriculture, UAE University, Abu Dhabi, UAE

³Biology Department, College of Science, UAE University, Abu Dhabi, UAE; tksiksi@uaeu.ac.ae

Abstract

Medicinal plants possess an important advantage in the treatment of many diseases all over the world, especially in the developing countries. Simply because the toxicity associated with synthetic drugs has forced the scientific communities as well as the drug companies to seek other alternatives, such as the use of medicinal plants. *Calotropis procera* and *Tribulus terrestris* are examples of medicinal plants that possess different biological activities. Additionally, these two species are wide spread in the UAE harsh desert environment. Anti- microbial, anti-oxidant and anti-tumor activities exhibited by these two plants have been reported in many scientific investigations. Here, we attempt to review the current body of scientific knowledge associated with of the ethnomedicine, phytochemistry and pharmacology of *Calotropis procera* and *Tribulus terrestris*.

Keywords: Ethnomedicine, pharmacology, phytochemistry, *Calotropis procera*, *Tribulus terrestris*

1. Introduction

Plant-based natural products, animal derived natural products and minerals have been the foundation of treatment of different human diseases²⁵. Many people around the world, especially in the developing countries, are increasingly relying on plant-derived traditional medicines. The world health organization defined medicinal plants as any plant that possess bioactive compounds in one or more of its organs that can be used for healing purposes¹³. *Calotropis procera* (Figure 1.) a plant of family Asclepiadaecae is an Ayurvedic plant that possess significant medicinal characteristics. It exists in many parts around the world with a worm climate in dry, sandy and alkaline soils⁴. Arid and semi-arid areas, are the main areas where *Calotropis procera* grow

substantially without the need of pesticides, chemical fertilizers and irrigation⁴⁷. Different *Calotropis procera* parts were employed for therapeutic purposes in the traditional medicines and their medicinal characteristics were emphasized by many scientists⁴⁹. *Calotropis procera* latex, for example, is characterized by its significant medicinal value and pharmacological activities due to its high content of different phytochemicals like cardiac glycosides, alkaloids and steroids³⁴.

Tribulus genus belongs to family zygophyllaceae that roughly contains 25 different plant species which grow as hairy herbs in tropical and warm areas⁴³. *Tribulus terrestris* (Figure 2) is a well-recognized and vastly distributed plant of the genus *Tribulus*. *Tribulus terrestris* is known by various widespread names: puncture vine,

*Author for correspondence

Email: tksiksi@uaeu.ac.ae

goat head, devil's thorn and Gokhru. It is an annual medicinal plant exists in the Mediterranean, subtropical and desert areas⁵⁵. In traditional medicine, *Tribulus terrestris* have been used to treat different diseases due to its contents of different bioactive components like saponins, alkaloids, tannins, vitamin, glutamic acid and aspartic acid¹⁴. Many researchers investigated the biological activity of *Tribulus terrestris*. Plant extracts from the whole plant or fruits are currently used in various applications ranging from skin care to human hormones regulation. Other biological activities of *Tribulus terrestris* extract include anti-bacterial, anti-virus, anti-inflammation activities¹⁶. The purpose of this work is to review the biological activities and phytochemistry of two important medicinal plants: *Calotropis procera* and *Tribulus terrestris*.



Fig. 1. An image of *Calotropis procera* grown in the UAE University Campus.



Fig. 2. An image of *Tribulus terrestris* grown in the UAE University Campus.

2. Phytochemicals and Bioactive Compounds

Phytochemicals are natural compounds produced by the plants and exhibit both pharmacological and toxicological effects in humans and animals⁶. Plant natural compounds can be found and extracted from the different plant parts such as bark, leaves, flowers, roots, fruits and seeds⁵². Plants bioactive compounds have many benefits to the human's health. They act as a substrates for biochemical reactions, as cofactors for enzyme-catalyzed reactions, inhibitors for enzymatic reactions and scavengers for reactive toxic compounds. Terpenoids, phenolics and alkaloids are some examples of phytochemicals that provides health benefits to the humans and prevent the occurrence of fatal diseases¹¹.

2.1 *Calotropis procera*

Various studies investigated the phytochemicals constituents and the principal active compounds presented in *Calotropis procera*. One paper reported the phytochemicals presented in the aqueous, methanolic and ethanolic extract of *Calotropis procera* leaf and roots²⁹. Their results showed the presence of several phytochemicals such as alkaloids, flavonoids, tannins, saponins, cardiac glycosides, balsams, volatile oil and steroids. The aqueous extract contained the highest concentrations of this phytochemicals followed in order by the methanolic and ethanolic extract²⁹. Other active chemical constituents isolated from the leaf and latex of *Calotropis procera* are calotropin, uscharine, calotoxin and calctin⁴⁷. Another work confirmed the presence of coroglaucigenin, frugoside, corotoxigenin and calotropin in *Calotropis procera* seeds⁴⁷.

2.2 *Tribulus terrestris*

Many studies discussed the phytochemicals constituents and the principal active compounds presented in *Tribulus terrestris*. A study by Hammada and colleagues²¹ conducted a phytochemical screening of the aqueous and methanolic extract of *Tribulus terrestris* fruits and leaves. Results revealed the presence of alkaloids,

flavonoids, saponins, tannins, and carbohydrates⁴⁶. Different secondary metabolites have been isolated from the different parts of *Tribulus terrestris*. One study isolated eight bioactive compounds from the aerial part of *Tribulus terrestris* L., three of which were obtained for the first time from a natural source. The isolated novel bioactive compounds were two oligosaccharides and a stereoisomer of di-p-coumaroylquinic acid²¹. Other work published in phytochemistry journal, discussed the isolation of seven novel steroidal saponins from *Tribulus terrestris* fruits. The structure of saponins was determined using 1D and 2D NMR spectroscopy, mass spectroscopy and chemical methods. The isolated compounds were listed by⁵³.

3. Elemental Analysis

More than 40 elements have been classified as essential elements to the life system and that support the survival of the living organisms⁵⁶. The human body requires various nutrients and minerals in order to maintain a good health. Macro and micro-nutrients affect and support the different biochemical processes in the human body such as metabolism. Some mineral elements are chelated and associated with organic ligands to facilitate their bioavailability in the body system⁵⁴. The elemental analysis of the medicinal plants is currently an object of study by the scientists. One of the driving causes to study and analyze the elemental analysis of medicinal plants is the need to observe the levels of elements, which possess potentially harmful effects on the human health such as Hg, Cd and Pd³⁵.

3.1 *Calotropis procera*

A study carried out at the College of Science, University of Sharjah, examined the elemental composition of *Calotropis procera* utilizing X-ray analytical microscopy⁴. The different plant parts (stalks, leaves and flowers) have been investigated qualitatively and quantitatively for their elemental content. Results revealed the presence of the major elements Cl, K and Ca with different concentration. Other elements were found in the plant with low insignificant concentration (Mg, Si, P, Fe, Sr, Mn, Br)⁴.

3.2 *Tribulus terrestris*

A work conducted at the Department of Biological Science, University of Sargodha, investigated the elemental composition of *Tribulus terrestris* using Atomic Absorption Spectrophotometer (AAS)¹⁷. Results confirmed the presence of different trace elements such as Zn, Cu, Cr, Ni, Co, Cd, Pd, Mn and Fe and major elements such as K, Na, Ca and Mg. Among the major elements, Ca was the highest in concentration presented in *Tribulus terrestris* and Fe was the highest in concentration among the trace element¹⁷.

4. Ethno-Medicinal Properties

In the tribal society, plants were widely employed as medicine and their healing properties were well known since early days. They use various plant species and different plant parts (stems, barks, leaves and roots) in the curing of different illness and diseases¹⁸. Ethno-medicine refers to the sum total of all information and practical enforcement, employed in diagnosis, prevention and removal of physical and mental imbalance, and depending solely on expertise and practice handed down from generation to generation, whether orally or in writing³⁹. This huge documented knowledge about the medicinal properties of the plants has provided significant modern drugs²⁸. Digitoxin, reserpine, tubocurarine, ephedrine, atropine and aspirin are examples of some modern drugs that were developed from the traditional folk medicines³.

4.1 *Calotropis procera*

Calotropis procera is plant species which has been employed in many folk medicines to cure a variety of diseases. The plant extracts of the different plant parts possess a significant medicinal value. *Calotropis procera* leaves were used to eliminate joint pain and minimize swelling⁴⁸. *Calotropis procera* traditionally employed to treat different diseases like diarrhea, stomatic, sinus fistula and skin diseases. In addition, *Calotropis procera* leaves are employed to handle jaundice³⁷. *Calotropis procera* bark powder is employed to remedy leprosy and elephantiasis. The root bark tissues are utilized

to treat a different of diseases such as fever, malaria, leprosy, and snake bite⁴⁷. The stem part was also used by the native people to cure enlargements of abdominal viscera, intestinal worms and leucoderma¹. Moreover, in traditional folk medicine, the plant has been employed as an antifungal and antipyretic agent⁴⁸. Several traditional medicinal systems like the Sudanese, Unani and Indian systems have extensively employed *Calotropis procera* to cure different illness such as ulcers, piles, spleen, liver and abdomen diseases³¹.

4.2 *Tribulus terrestris*

Tribulus terrestris is one of the Far East medicinal plants that have been widely employed in the folk medicine. *Tribulus terrestris* has been utilized traditionally, to treat kidney dysfunctions, colic pains, hypertension and hyper-cholesterolemia³⁸. *Tribulus terrestris* fruits have been employed in the Chinese ethno medicine to cure eye problems, edema, veiling, morbid leucorrhea and abdominal distention². In China and India, *Tribulus terrestris* is utilized to handle kidney, liver, urinary and cardiovascular. In addition, *Tribulus terrestris* was extensively used in Greek history to cure headache, nervous disruption, constipation and sexual dysfunction³⁸. *Tribulus terrestris* roots and fruits are beneficial in rheumatism, piles, renal, vesical calculi, impotency and general weakness². It has also been reported that *Tribulus terrestris* used in the traditional medicine as astonic. *Tribulus terrestris* is well known in traditional medicine to promote flow of urine, mitigates the urinary tract membrane and inhibits the generation of oxalate which is a substance that gives rise to microcrystals⁴⁴. In addition, it has been reported that saponins from *T. terrestris* maintained the heart efficiency by dilating coronary arteries⁴⁴.

5. Anti-Tumor Activity

To date, scientific investigations concentrate on the biological action associated with the non-nutritional compounds that prohibit the occurrence of some deadly diseases like cancer called phytochemicals⁴². In particular, polyphenols are among the varied phytochemicals with their capability of cancer prevention¹³. Plants are well known for their phytochemical content, and cancer prevention through the plant bioactive natural compounds is gaining a lot of interest⁷.

5.1 *Calotropis procera*

Different research have been performed to study the anti-cancer activities and the cytotoxicity associated with *Calotropis procera* extract. One work studied the anti-cancer potential of *Calotropis procera* root extract against Hep2 cancer cells³⁰. Different extracts were prepared: methanolic extract, hexane extract, aqueous extract and ethyl acetate extract. Tetrazolium bromide (MTT) colorimetry was used to study the cellular proliferation activities. Results confirmed the cytotoxicity and anticancer activities of *Calotropis procera* methanolic, hexane and ethyl acetate extract. However, the aqueous extract did not exhibit any cytotoxic effects. Ethyl acetate extract exhibited the best cytotoxic effect (96.3%) against Hep2 cancer cells followed in order by methanolic extract (72.7%) and hexane extract (60.5%). In addition, *Calotropis procera* root extract altered the morphology of the Hep2 cancer cells and led to apoptosis initiation of Hep2 cancer cells³⁰.

5.2 *Tribulus terrestris*

One study examined the anti-tumor activities of *Tribulus terrestris* fruit extract against breast cancer cells³². The cytotoxicity results, revealed that the average Inhibitory Concentration (IC50) was 380 g/ml for Daltons Lymphoma Ascites (DLA) and 420 g/ml for Ehrlichs Ascites Carcinoma (EAC) cells. The results suggested the anti-cancer potential of *Tribulus terrestris* fruit extract³².

6. Antimicrobial Activity

Infectious diseases constitute a high percentage of the health problems, particularly in the developing countries⁴⁷. Recently, several microorganisms and pathogens have developed resistance to various antibiotics, which has created a massive problem in the treatment of the microbial diseases⁴⁷. Generally, bacteria for example, are genetically characterized by their capability to transmit and develop such durability to drugs, which are employed for therapeutic purposes¹⁹. This situation along with the toxicity associated with many antifungal and antiviral drugs has forced the scientists and the pharmaceutical companies to look for alternative and novel drug sources, such as medicinal plants¹³. Antimicrobial agents are highly present in the medicinal plants¹². Plants utilize such phytoconstituents

to defend themselves from the different pathogenic insects, bacteria, fungi and protozoa¹². Plant-based antimicrobial compounds are useful in the treatment of the infectious diseases. Majority of those compounds alleviate the side effects associated with the synthetic drugs⁴⁷. However, among the different 250,000-500,000 plant species, a small portion has been investigated for their biological and antimicrobial activities²⁷.

6.1 *Calotropis procera*

A study was performed utilizing ethanol, aqueous and chloroform extracts of the leaf and the latex of *Calotropis procera*²³. The different extracts were tested against six bacteria: *Escherichia coli*, *Staphylococcus aureus*, *Staphylococcus albus*, *Streptococcus pyogenes*, *Streptococcus pneumoniae* and *Pseudomonas aeruginosa*, three fungi: *Aspergillus niger*, *Aspergillus flavus*, *Microsporium bouvardii* and one yeast *Candida albicans*. Agar well diffusion method and paper disk method have been utilized to investigate the antimicrobial activities of *Calotropis procera* extract. The results revealed that the ethanolic extract of the latex and the leaf exhibited the best antimicrobial activity against the tested microorganisms then the chloroform and the aqueous extract. The ethanolic extract of the latex of *Calotropis procera* exhibited the widest inhibition zone (14.1mm) against *E. coli* employing well-diffusion method. However, it exhibited a 9.9 mm zone of inhibition using the disc plate method for the same bacteria. The three different extracts prohibited the growth of all the six bacterial isolates except the aqueous extract of both the latex and the leaf of *Calotropis procera* failed to prevent the growth of the *Pseudomonas aeruginosa* and *Streptococcus pyogenes* bacterial strains. Similarly, the aqueous extract was inefficient in the inhibition of the tested fungi, while the ethanolic and the chloroform extract were effective in inhibiting the growth of the fungi²³. In another study, the antimicrobial activity of the methanol and chloroform extracts of *Calotropis procera* seeds was analyzed²². Seven microorganisms were used namely: *Staphylococcus aureus*, *Bacillus subtilis*, *Escherichia coli*, *Mycobacterium smegmatis*, *Aeromonas hydrophila*, *Morganella morganii* and *Proteus vulgaris*. Results revealed that the chloroform extract showed a better antimicrobial activity and more efficiency than the methanol extract²². A study evaluated the antifungal activities of the *Calotropis procera* bark.

The extract was prepared and tested against four fungal strains namely: *Candida albicans*, *Tinea capitis*, *Epidermophyton floccosum* and *Microsporium canis*. The experimental work found that both the ethanolic and water extract was efficient in inhibiting the growth of the fungal strains especially the *Candida albicans* and *Tinea capitis* strains. However, it showed a moderate activity against *Epidermophyton floccosum* and *Microsporium canis* fungal strains⁵. A recent work, studied the in vitro effect of the Ethyl Acetate Extract Of *Calotropis procera* Latex (EAECPL) against one of the common parasites namely *Haemonchus contortus*⁹. In the Egg Hatching Test (EHT), results showed that the ethyl acetate extract of the plant latex inhibited the larval hatching by 91.8% at a concentration of 4 mg/ml. The latex extract inhibited the larvae growth and development by 99.8% at 1 mg/ml concentration. The extract concentrations also exhibited a dose-dependent manner, with an efficient concentration (EC50) of 1.6 mg/ml and 0.22 mg/ml for EHT and LDT respectively⁹. In the adult Worms Motility Test (WMT), the plant latex extract inhibited the motility of the worms by 100% at 100 mg/ml concentration⁹.

Different studies examined the antifungal activity of the proteins presented in the latex of *Calotropis procera*. One study reported the functional properties and biochemical characterization of chitinases-ahydrolytic enzyme characterized by their ability to degrade the chitin which is a polysaccharide found in the fungal cell walls-purified from *Calotropis procera* latex. Experiments were performed on two phytopathogenic fungi namely *Fusarium oxysporum* and *Colletotrichum gloeosporioides* to test the antifungal activity of the latex chitinases. Results showed that chitinases were somewhat active on *C. gloeosporioides*, while it did not inhibit the spore germination and hyphae growth of *F. oxysporum*. Chitinases failure to show antifungal activity against *F. oxysporum* may be attributed to a complex relationship between proteins specificity against fungal species¹⁵. In another work, osmotin purified from *Calotropis procera* latex, was tested for its antifungal activity¹⁰. Osmotin was tested against three phytopathogenic fungal strains namely: *Fusarium solani*, *Neurospora sp.* and *Colletotrichum gloeosporioides*. Osmotin exhibited antifungal activity on all three species with an *Fusarium solani*, *Neurospora sp.* and *Colletotrichum gloeosporioides* with an inhibitory concentration (IC50) = 67.0 g/

ml, 57.0 g/ml and 32.1 g/ml, respectively. The protein, however, lost its antifungal activity when it is treated with Dithiothreitol (DTT), reducing agent, which indicate that the presence of disulfide bond stabilizing the proteins and it's important in its biological function¹⁰. The mechanism of action of this protein was examined in a different work, utilizing *Fusarium solani* fungal strain. Results indicated that osmotin purified from *Calotropis procera* latex stimulated the membrane permeabilization of hyphae and spores permitting propidium iodine uptake⁵¹.

6.2 *Tribulus terrestris*

The antibacterial activity of *Tribulus terrestris* grown in Iran was assessed²⁴. Different plant parts have been used (fruits, stems + leaves and roots) to assess the in vitro antibacterial activity of the methanolic extract. Four different bacteria namely: *Staphylococcus aureus*, *Enterococcus faecalis*, *Escherichia coli* and *Pseudomonas aeruginosa* were used in this investigation. The average minimum inhibitory concentration of the (fruits,

stems + leaves) extract was 2mg/ml for all the four bacterial strains. In addition, the minimum inhibitory concentration of the root extract was 4 mg/ml against *Staphylococcus aureus*, *Enterococcus faecalis* and *Escherichia coli* and 2mg/ml against *Pseudomonas aeruginosa*. In agar diffusion method, the plant extract of all the different parts exhibited a great activity against all the bacterial strains²⁴. Another study⁵⁷ evaluate the antifungal activity of eight isolated steroidal saponins from *T. terrestris* which is shortened as the following: TTS-8, TTS-9, TTS-10, TTS-11, TTS-12, TTS-13, TTS-14, and TTS-15. The eight isolated saponins were identified as listed in the Table 1.

The in vitro inhibitory effects of the isolated saponins were tested against six fluconazole resistant yeasts namely: *Candida albicans*, *Candida glabrata*, *Candida parapsilosis*, *Candida tropicalis*, *Candida krusei*, and *Cryptococcus neoformans* employing micro broth dilution assay. Results indicated that TTS-12 and TTS-15 were extremely potent against most of the pathogenic fungal strains⁵⁷.

Table 1: The eight isolated steroid saponins from *Tribulus terrestris* as reported by⁵⁷

Item	Compound Name
1	hecogenin-3-O-b -Dglucopyranosyl(14)-b -D-galactopyranoside (1, TTS-8)
2	tigogenin-3-O-b -D-glucopyranosyl(14)-b -D-galactopyranoside(2, TTS-9)
3	hecogenin-3-O-b -D-glucopyranosyl(12)-b -D-glucopyranosyl(14)-b -D-galactopyranoside (3, TTS-10)
4	hecogenin-3-O-b -D-xylopyranosyl(13)-b -D-glucopyranosyl(14)-b -D-galactopyranoside (4, TTS-11)
5	tigogenin-3-O-b -D-xylopyranosyl(12)-[b -D-xylopyranosyl- (13)]-b -D-glucopyranosyl(14)-[a -L-rhamnopyranosyl(12)]-b -D-galactopyranoside (5, TTS-12)
6	3-O-b -D-xylopyranosyl(12)-[b -D-xylopyranosyl(13)]-b -D-glucopyranosyl(14)-[a -L-rhamnopyranosyl(12)]-b -D-galactopyranosyl-26-O-b -D-glucopyranosyl-22-methoxy-(3b, 5a,25R)-furostan-3,26-diol (6, TTS-13)
7	hecogenin-3-O-b -D-glucopyranosyl(12)-[b -D-xylopyranosyl(13)]-b -D-glucopyranosyl(14)-b -D-galactopyranoside (7, TTS-14)
8	tigogenin-3-O-b -D-glucopyranosyl(12)-[b -D-xylopyranosyl(13)]-b -D-glucopyranosyl(14)-b -D-galactopyranoside(8, TTS-15)

7. Antioxidant Activity

Antioxidants protect the human cells from the harm caused by the free radicals such as super oxide anion and hydroxyl radicals. Free radicals, if not eliminated, may cause macromolecules damage like proteins, lipids, DNA and carbohydrates which eventually will result in abnormalities leading to serious diseases. The antioxidants produced by the human body are not enough to prevent the occurrence of oxidative stress.

Therefore, humans compensate this deficiency by consuming a plant's natural products. Plants contain a various types of free radical scavenging phytochemicals like phenols, flavonoids and vitamins¹³.

7.1 *Calotropis procera*

The antioxidant properties of *Calotropis procera* extracts were assessed by their capability to scavenge the free radical (DPPH). The inhibitory concentration (IC50) of

the methanolic extract was 110.25 g/ml, which suggest a potent antioxidant activity of *Calotropis procera* plant species. However, the inhibitory concentration of the water extract of leaves exhibited a moderate antioxidant activity³⁶. Another work examined the antioxidant activity of *Calotropis procera* flower extract. The free radical scavenging activity was evaluated against 1, 1-Diphenyl-2-Picryl Hydrazyl (DPPH), hydroxyl radical, hydrogen peroxide radical, reducing power and ferric thiocyanate method. Results revealed that the methanolic extract of *Calotropis procera* flowers possess a significant free radical scavenging activity⁴¹. A work published in the Journal of Applied Bioscience, examined the antioxidant activity of the latex, leaf and roots of *Calotropis procera*⁸. The antioxidant activity was assessed using (DPPH) assay. According to the results, the lyophilized latex showed the highest antioxidant activity with an inhibitory concentration (IC₅₀ = 0.060 mg/ml). On the other hand, the root extract showed the lowest Inhibitory Concentration (IC₅₀ = 0.27 mg/ml)⁸. A recent study reported the antioxidant and antiapoptotic properties of *Calotropis procera* latex on *Clarias gariepinus* that is treated with the chemical pollutant 4-nonylphenol⁴⁵. When the organism is treated with toxic chemical, superoxidase dismutase, catalase, acetylcholinestrace (AChE), glutathione s-transferase and cortisol, G6PDH) exhibited a significant increase in their activity (P<0.05). However, when the tested organism was treated with the chemical pollutant (4-nonylphenol) plus the latex of *Calotropis procera*, the activity of those enzymes decreased, which indicate an antioxidant potential⁴⁵.

7.2 *Tribulus terrestris*

Different assays have been performed to assess the antioxidant activity of *Tribulus terrestris* extract. The (DPPH) assay, (ABTS) assay, (FRAP) assay and (FTC) assay were the main methods that have been used in this investigation⁵⁸. Results suggested a significant antioxidant activity exhibited by the extracts with an Inhibitory Concentration (IC₅₀) between 2.84 and 4.56 mg/ml and from 0.28 mg/mL to 0.31mg/mL for DPPH and ABTS activity, respectively. In addition, the extract exhibited a better FRAP activity compared to the positive control (BHT) and showed an ability to control lipid peroxidation in linoleic acid system⁵⁸.

8. Allelopathic Effect

Allelopathy is the effect of one plant on another plant growing in its vicinity by emitting metabolic toxic chemicals in the environment³³. Allelopathy can be either beneficial or harmful to the organisms in the surrounding environment²⁶. These released chemicals can affect the germination, growth or development of the adjacent plants. Allelopathy can be considered as a biological control component in which plants are used to diminish the growth of other plants in the surrounding environment. Allelochemicals and allelopathy are an object of study by many scientists particularly their pesticidal potential³³.

8.1 *Calotropis procera*

A recent study examined the influence of *Calotropis procera* hydro extract on the development of *Brassica oleracea*. Brassica seeds were treated with different concentration of *Calotropis procera* leaves, fruits and flowers extracts. A high concentration of the aqueous extract noticeably diminished seed germination, plumule length and radical length as compared with distilled water (control). Such results highlight the phytotoxicity and allelopathic potential of *Calotropis procera*²⁰.

9. Conclusion

In short, the aim of this attempt was to present an overview of the phytochemistry, ethnobiology and biological properties of two important medicinal plant species: *Calotropis procera* and *Tribulus terrestris*. Both species are widespread in the UAE harsh desert environment. Numerous scientific investigations assessed the biological properties of *Calotropis procera* as well as *Tribulus terrestris* and studied the chemical constituents. *Calotropis procera* and *Tribulus terrestris* extracts were widely studied and their anti-microbial, anti-oxidant and anti-tumor activities were largely examined.

The consistent and substantial biological activities exhibited by these two plants should encourage the scientific community and pharmaceutical industries to take closer look into these two species. This will very likely lead to potentially develop plant-derived novel drugs, which are safer and with less side effects. A lesser

reliance on synthetic drugs, and their increasing side effects, will potentially be the expected outcome.

10. References

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