

Two Poems by Dr Javed Latoo

I knew a man in a crowded city

I knew a man in a crowded city.
Tall, handsome and ageing.
Living in a house filled with

wine of solitude, the bread of
Philosophy, fruits of Poetry,
casks of memories sprinkled with

salt and sugar, curtains of secrecy;
and no family to return to
in the evenings.

He held a rewarding job of
midwifing people's affairs.
He bridled his mind with

regular reading and writing;
holding his head high, unbending
like a solitary oak tree.

He did not take refuge in
drinking, smoking, and judging;
ceaselessly clipping wings of his

expectations; without carrying a
moral telescope, he fed his heart with
beneficence, friends and soothing music.

He was happy and contented! People
often wondered how he got by
without a family? I know I could not.

Of space

When I felt your presence
Between every breath,
Between every sound
Reaching my ears,

Between my ceaseless
evaporating thoughts;
Between every word
Ever written or spoken,

When I saw your void
Between every object
In front of my curious eyes,
Between our Earth, the moon,

Sun, Stars, and Galaxies;
A tranquillizing sense of
Awe and expansion
Filled my heart and mind.

Dr Javed Latoo is a UK based senior clinician, honorary lecturer, health advocate and an Editor of a UK medical journal. In his spare time, Dr Latoo writes poems. His poems have been published in literary and medical journals. His first collection of poems is Gushing Fountain: A Collection of Poems (2015).

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