



CODEN [USA]: IAJPBB

ISSN: 2349-7750

**INDO AMERICAN JOURNAL OF  
PHARMACEUTICAL SCIENCES**<http://doi.org/10.5281/zenodo.846371>Available online at: <http://www.iajps.com>

Research Article

**EXTRACTION AND IN VITRO SCREENING OF POTENTIAL  
ACETYLCHOLINESTERASE, BUTYRYLCHOLINESTERASE  
AND BACE1 INHIBITORS FROM THE LEAVES OF *OCIMUM  
SANCTUM***Rajbongshi Lata<sup>1</sup>, Rahman Azizur<sup>1</sup>, Rahman Mizanur<sup>1</sup>, Howlader Saurav<sup>2\*</sup><sup>1</sup>Department of Pharmacy, Daffodil International University, Dhanmondi, Dhaka<sup>2</sup>Department of Pharmacy, Southeast University, Dhaka, Bangladesh**Abstract:**

As part of our ongoing isolation of cholinesterase (ChE) and  $\beta$ -site amyloid precursor protein (APP) cleaving enzyme 1 (BACE1) inhibitors from natural sources, the bioactivity of the ethanolic extracts was screened for their inhibitory activities against acetylcholinesterase (AChE), butyrylcholinesterase (BChE), and BACE1. *Ocimum sanctum* exhibited promising inhibitory activity against AChE, BChE, BACE1 and peroxynitrite (ONOO<sup>-</sup>). Among the different solvent-soluble fractions obtained from the ethanolic extract, the dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>) fraction was found to cause the most potent scavenging, or inhibitory activities, against peroxynitrite (ONOO<sup>-</sup>) with the respective IC<sub>50</sub> values of  $1.21 \pm 0.05$   $\mu$ g/mL. Likewise, the dichloromethane fraction also exhibited potent inhibitory activities against AChE, BChE and BACE1 with IC<sub>50</sub> values of  $2.54 \pm 0.03$ ,  $13.52 \pm 0.13$  and  $3.05 \pm 0.01$   $\mu$ g/mL, respectively. Silica gel column chromatography of the dichloromethane fraction yielded two flavonoids, Cirsilineol and Isothymusin, based on the comparison with reported <sup>1</sup>H- and <sup>13</sup>C-NMR spectroscopic data. All of the compounds displayed concentration dependent in vitro inhibitory activity toward the ChEs, BACE1 and peroxynitrite (ONOO<sup>-</sup>). Among them, Cirsilineol exhibited the potential inhibitory activity toward ChEs with the respective IC<sub>50</sub> values of  $2.95 \pm 0.02$  and  $3.25 \pm 0.08$   $\mu$ M, whereas the potential BACE1 inhibitor was Isothymusin with IC<sub>50</sub> values of  $4.45 \pm 0.05$   $\mu$ M. In conclusion, we identified significant ChE and BACE1 inhibitors from *Ocimum sanctum* that could have value as new multi-targeted compounds for anti-AD agents.

**Keywords:** *O. sanctum*; Alzheimer's diseases; Antioxidant; Acetylcholinesterase; Butyrylcholinesterase;  $\beta$ -site amyloid precursor protein (APP) cleaving enzyme 1 (BACE1).

**Corresponding Author:**

Howlader Saurav,

Department of Pharmacy

Southeast University

Dhaka, Bangladesh

E-mail: sauravpharm@gmail.com

QR code



Please cite this article in press as Howlader Saurav et al, *Extraction and In Vitro Screening of Potential Acetylcholinesterase, Butyrylcholinesterase and Bace1 Inhibitors from the Leaves of Ocimum Sanctum*, Indo Am. J. P. Sci, 2017; 4(08).

## INTRODUCTION:

Alzheimer's disease (AD) is one of the most common aging-related neurological disorders that usually starts slowly and gets worse over time. AD is correlated with the appearance of neurofibrillary tangles, senile plaques, and loss of neurons in the brain [1]. Although the exact mechanisms of the pathogenesis of this disease remain unclear, several competing hypotheses have been proposed, including cholinergic hypothesis and beta ( $\beta$ )-amyloid cascade hypothesis. According to the cholinergic hypothesis, the memory impairment in AD results from the dysfunctions in the central cholinergic neurotransmission of acetylcholine [2,3]. In particular, cholinesterases (ChEs) serve as the key enzymes which highly implicated in the pathogenesis of AD [4]. The intracellular and extracellular accumulations of A $\beta$  peptides are also believed to play a key role in AD [5,6]. A $\beta$  is formed through the amyloidogenic pathway in which amyloid precursor protein (APP) is sequentially cleaved by  $\beta$ -site amyloid precursor protein cleaving enzyme 1 (BACE1) and  $\gamma$ -secretase [7]. The proteolytic processing of APP increased the production and accumulation of neurotoxic forms of A $\beta$  in the brain.

A plenty of traditional herbal medicinal practices have been adopted for the diagnosis, prevention and treatment of Alzheimer disease. The *Ocimum sanctum* belonging to family Lamiaceae is medicinally used in diabetes, digestive, diuretic, cardiopathy, haemopathy, leucoderma, asthma, bronchitis, catarrhal fever, otalgia, hepatopathy, lumbago, ophthalmia, gastropathy in children, GIT disorders, ringworm, verminosis and skin disease [8-13]. *O. sanctum* also showed antioxidant, lipid-lowering [14], anti-metastatic [15], antifungal [16], antibacterial [17], antimicrobial [18], wound healing [19] and neuroprotective [20] activities. However, there have been no studies on *O. sanctum* that show which active components are responsible for AChE, BChE, BACE1 as well as peroxynitrite (ONOO<sup>-</sup>) inhibitory activities. The objective of the present study was to investigate the anti-alzheimer activity of the different fractions of the ethanolic extract of the leaves of *O. sanctum* using *in vitro* models. Our data suggest that *O. sanctum* may perhaps represent a source of new way for the prevention and treatment of neuronal disorders such as AD and oxidative damage-associated diseases.

## MATERIALS AND METHODS:

### General Experimental Procedures

Column chromatography was conducted using silica (Si) gel 60 (70–230 mesh, Merck, Darmstadt, Germany), Si gel 60 (230–400 mesh, Merck, Darmstadt, Germany), Sephadex LH20 (20–100  $\mu$ m, Sigma, St. Louis, MO, USA), Lichroprep RP-18 (40–63  $\mu$ m, Merck, Darmstadt, Germany). All

thin layer chromatography (TLC) was conducted on pre-coated Merck Kiesel gel 60 F<sub>254</sub> plates (20 × 20 cm, 0.25 mm, Merck) and RP-18 F<sub>254S</sub> plates (5 × 10 cm, Merck), using 10% H<sub>2</sub>SO<sub>4</sub> as the spray reagent.

### Chemicals and Reagents

Electric-eel AChE (EC 3.1.1.7), horse-serum BChE (EC 3.1.1.8), acetylthiocholine iodide (ACh), butyrylthiocholine chloride (BCh), 5,5'-dithiobis[2-nitrobenzoic acid] (DTNB), eserine, L-penicillamine (L-2-amino-3-mercapto-3-methylbutanoic acid), and diethylenetriaminepentaacetic acid (DTPA) were purchased from Sigma (St. Louis, MO, USA). A BACE1 FRET assay kit (bsecretase) was purchased from PanVera Co. (Madison, WI, USA). High quality dihydrorhodamine 123 (DHR 123) was purchased from Molecular Probes (Eugene, OR, USA), and ONOO<sup>-</sup> was purchased from Cayman Chemicals Co. (Ann Arbor, MI, USA). All chemicals and solvents used in the assays were of reagent grade, and were purchased from commercial sources.

### Plant Material

The plant sample of *O. sanctum* leaves were collected in July, 2016 from local area of Bangladesh. The plant was identified by Bangladesh National Herbarium, Dhaka, where a voucher specimen (20160720) has been deposited. At first, Leaves were washed properly to remove dirty materials and air-dried for several days. These were then ground with a hammer grinder for better grinding. The dried leaves were ground into a coarse powder. Then, the dried powder was preserved in an airtight container.

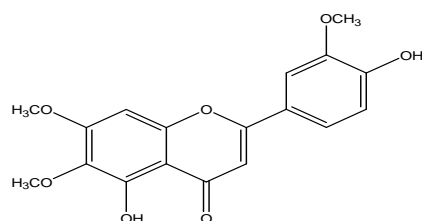
### Extraction, Fractionation and Isolation of *O. sanctum*

Dried powder of *O. sanctum* was refluxed with 70% EtOH (3 × 3 L) for 3 h, and each filtrate was concentrated until dry in vacuo at 40<sup>o</sup> C, resulting in EtOH extract (250.0 g). This extract was suspended in distilled H<sub>2</sub>O and then successively partitioned with CH<sub>2</sub>Cl<sub>2</sub>, EtOAc, and *n*-BuOH, to yield the CH<sub>2</sub>Cl<sub>2</sub> (60.6 g), EtOAc (49.5 g), and *n*-BuOH (30.6 g) fractions, respectively, as well as an H<sub>2</sub>O residue (92.0 g). The active CH<sub>2</sub>Cl<sub>2</sub> fraction (60.6 g) obtained from *O. sanctum* was subjected to chromatography on a silica gel column, with CH<sub>2</sub>Cl<sub>2</sub>-MeOH (100:1 to 5:1) as the eluent, yielding eighteen subfractions (OS01-OS18). Repeated column chromatography of OS04 (10.30 g) was conducted with a solvent mixture of CH<sub>2</sub>Cl<sub>2</sub> and MeOH, yielding ten subfractions (OS0401-OS0410). OS0402 (0.23 g) was purified on an RP-18 column and eluted with aqueous MeOH (20% MeOH-100 % MeOH, gradient elution) to yield flavonoid compound, Cirsilineol. Subfraction OS05

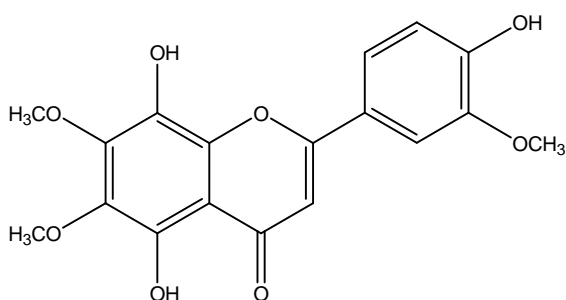
was similarly chromatographed and conducted with a solvent mixture of CH<sub>2</sub>Cl<sub>2</sub> and MeOH, yielding eight subfractions (OS0501-OS0508). OS0503 (0.35 g) was purified on an RP-18 column and eluted with aqueous MeOH (10% MeOH-100 % MeOH, gradient elution) to yield flavone compound, Isothymusin. The chemical structure of this compound was identified by spectroscopic methods, including <sup>1</sup>H- and <sup>13</sup>C-NMR. The structure is shown in Fig. 1.

**Compound 1, (Cirsilineol):** <sup>1</sup>H NMR (500 MHz, acetone-*d*<sub>6</sub>): δ 12.96 (s, 1 H, 5-OH), 7.63 (m, 2 H, H-2', 6'), 7.08 (d, *J* = 8.2 Hz, 1 H, H-5'), 6.84 (s, 1 H, H-8), 6.74 (s, 1 H, H-3), 3.99 (s, 3 H, 3'-OMe), 3.97 (s, 3 H, 7-OMe), 3.80 (s, 3 H, 6-OMe); <sup>13</sup>C NMR (125 MHz, acetone-*d*<sub>6</sub>): δ 183.60 (C-4), 165.27 (C-2), 160.13 (C-7), 154.13 (C-5), 154.01 (C-9), 151.61 (C-4'), 148.98 (C-3'), 133.55 (C-6), 123.60 (C-1'), 121.45 (C-6'), 116.47 (C-5'), 110.59 (C-2'), 106.57 (C-10), 104.26 (C-3), 92.00 (C-8), 60.60 (6-OMe), 56.87 (7-OMe), 56.68 (3'-OMe).

**Compound 2, (Isothymusin):** <sup>1</sup>H NMR (400 MHz, DMSO-*d*<sub>6</sub>): δ 3.80 (3H, s, 6-OMe), 3.92 (3H, s, 7-OMe), 6.82 (1H, s, H-3), 6.92 (2×1H, d, *J* 8.7 Hz, H-3', H-5'), 8.01 (2×1H, d, *J* 8.7 Hz, H-2', H-6'), 12.43 (1H, s, 5-OH); <sup>13</sup>C-NMR (100 MHz, DMSO-*d*<sub>6</sub>): δ 60.4 (6-OMe) 61.1 (8-OMe), 102.4 (C-3), 106.3 (C-10), 115.9 (C-3', C-5'), 121.2 (C-1'), 128.7 (C-2', C-6'), 130.6 (C-8), 136.1 (C-6), 141.3 (C-9), 144.6 (C-5), 148.0 (C-7), 161.3 (C-4'), 164.2 (C-2), 182.7 (C-4).



Cirsilineol (1)



Isothymusin (2)

**Fig. 1: Structure of Cirsilineol and Isothymusin****In vitro ChEs inhibitory activity assay**

The inhibitory activities of ChEs were measured using the spectrophotometric method developed by Ellman *et al.* [21]. ACh and BCh were used as the substrates to assess the inhibitory activity of AChE and BChE, respectively. The reaction mixture contained: 140 mL of sodium phosphate buffer (pH 8.0), 20 mL of test sample solution and 20 mL of either AChE or BChE solution, which were mixed and incubated for 15 min at room temperature. The reactions were then initiated with the addition of 10 mL of DTNB, and 10 mL of either ACh or BCh. The hydrolysis of ACh or BCh was monitored by observing the formation of yellow 5-thio-2-nitrobenzoate anion at 412 nm for 15 min. This anion forms as a result of the reaction between DTNB and thiocholine, and is released by the enzymatic hydrolysis of either ACh or BCh. All reactions were performed in triplicate in 96-well microplates using a VERSA max (Molecular Devices). The percentage (%) inhibition was calculated from  $(E-S)/E \times 100$ , where E and S are the enzyme activities without and with the test sample, respectively. The ChEs-inhibiting activity of each sample was expressed in terms of the 50 % inhibition concentration (IC<sub>50</sub>) value (mg/mL or mM required to inhibit the hydrolysis of the substrate; ACh or BCh, by 50 %), as calculated from the log-dose inhibition curve.

**In vitro BACE1 enzyme assay**

Each assay was carried out according to the supplied instructions with selected modifications. Briefly, mixtures of 10 μL of assay buffer (50 mM sodium acetate, pH 4.5), 10 μL of BACE1 (1.0 U/mL), 10 μL of the substrate (750 nM Rh-EVNLDAEFK-Quencher in 50 mM ammonium bicarbonate), and 10 μL of samples (final concentration, 250 μg/mL for the extracts/fractions; 100 μM for the compounds) dissolved in 10 % DMSO were incubated for 60 min at 25 °C in the dark. The proteolysis of two fluorophores (Rh-EVNLDAEFK-Quencher) by BACE1 was monitored by formation of the fluorescent donor Rh-EVNL (530-545 nm, excitation; 570-590 nm, emission), the abundance of which was determined by measuring the increase in fluorescence excited at 545 nm and recorded at 585 nm. Fluorescence was measured with a microplate spectrofluorometer (Molecular Devices). The percent inhibition (%) was obtained by the following equation: % Inhibition =  $[1 - (S_{60} - S_0)/(C_{60} - C_0)] \times 100$ , where C<sub>60</sub> was the fluorescence of the control (enzyme, buffer, and substrate) after incubation for 60 min, C<sub>0</sub> was the initial fluorescence of the control, S<sub>60</sub> was the fluorescence of the tested samples (enzyme, sample solution, and substrate) after

incubation for 60 min, and  $S_0$  was the initial fluorescence of the tested samples. To account for the quenching effect of samples, the sample solution was added to a separate reaction mixture C, and any reduction in fluorescence by the sample was investigated. The BACE1 inhibitory activity of compounds was expressed in terms of the  $IC_{50}$  value ( $\mu\text{g/mL}$  or  $\mu\text{M}$  required to inhibit proteolysis of the substrate, BACE1, by 50 %), as calculated from the log-dose inhibition curve. Quercetin was used as a positive control.

#### Assay for ONOO<sup>-</sup> scavenging activity

The ONOO<sup>-</sup> scavenging activity was assessed by the modified method of Kooy et al. [22], which involved monitoring highly fluorescent rhodamine 123 that was rapidly produced from non-fluorescent DHR 123 in the presence of ONOO<sup>-</sup>. In brief, the rhodamine buffer (pH 7.4) consisted of 50 mM sodium phosphate dibasic, 50 mM sodium phosphate monobasic, 90 mM sodium chloride, 5.0 mM potassium chloride, and 100  $\mu\text{M}$  DTPA. The final DHR 123 concentration was 5.0  $\mu\text{M}$ . The assay buffer was prepared prior to use and placed on ice. The background and final fluorescent intensities were measured 5 min after treatment with and without the addition of authentic ONOO<sup>-</sup> (10  $\mu\text{M}$ ) dissolved in 0.3 N sodium hydroxide. The fluorescence intensity of the oxidized DHR 123 was evaluated using a fluorescence microplate reader (Bio-Tek Instruments Inc., FL 9 800, Winooski, UT, USA) at excitation and emission wavelengths of 480 and 530 nm, respectively. The values of the ONOO<sup>-</sup> scavenging activity were calculated as the final fluorescence intensity minus the background fluorescence, via detection of DHR 123 oxidation. L-Penicillamine was used as the positive control.

#### Statistical analysis

One-way ANOVA and Student's t test were used to determine the statistical significance of differences between values for various experimental and control groups (Systat; Evaston, IL, USA). Each result is expressed as the mean  $\pm$  SEM of triplicates.

#### RESULTS:

##### AChE, BChE and BACE1 inhibitory activities of the EtOH extract and its solvent soluble fractions from *O. sanctum*

To evaluate the anti-AD potential of *O. sanctum*, the EtOH extract was tested in *in vitro* AChE, BChE, and BACE1 inhibition assays. The inhibitory activities of the EtOH extract against AChE, BChE, and BACE1 are shown in Table 1. The EtOH extract showed potential inhibitory activity against AChE, BChE, and BACE1 with  $IC_{50}$  values of  $11.42 \pm 0.23$ ,  $93.04 \pm 0.43$ , and  $90.43 \pm 1.73$   $\mu\text{g/mL}$  compared to the positive controls of Berberine for ChEs ( $0.13 \pm 0.01$   $\mu\text{g/mL}$  for AChE, and  $8.28 \pm 0.22$   $\mu\text{g/mL}$  for BChE) and Quercetin for BACE1 ( $10.7 \pm 0.17$   $\mu\text{g/mL}$ ). The EtOH extract of *O. sanctum* was dissolved in  $\text{H}_2\text{O}$  and successively partitioned with  $\text{CH}_2\text{Cl}_2$ , EtOAc, and *n*-BuOH to obtain different solvent-soluble fractions, which were individually tested for AChE, BChE, and BACE1 inhibitory activity. As shown in Table 1, the  $\text{CH}_2\text{Cl}_2$  and EtOAc fractions showed the highest AChE inhibitory activity with  $IC_{50}$  values of  $2.54 \pm 0.03$  and  $13.26 \pm 0.44$   $\mu\text{g/mL}$ , whereas the  $\text{CH}_2\text{Cl}_2$  and EtOAc fractions also showed the potential BChE inhibitory activity with  $IC_{50}$  values of  $13.52 \pm 0.13$  and  $19.56 \pm 0.34$   $\mu\text{g/mL}$  respectively. Moreover, the  $\text{CH}_2\text{Cl}_2$  fraction exhibited the highest BACE1 inhibitory activity with an  $IC_{50}$  value of  $3.05 \pm 0.01$   $\mu\text{g/mL}$ .

**Table 1: AChE, BChE and BACE1 inhibitory activities of the ethanolic extract and its solvent-soluble fractions from *O. sanctum***

Extract/Fractions	$IC_{50}$ values ( $\mu\text{g/mL}$ ) <sup>a</sup> $\pm$ SEM		
	AChE	BChE	BACE1
EtOH extract	$11.42 \pm 0.23$	$93.04 \pm 0.43$	$90.43 \pm 1.73$
$\text{CH}_2\text{Cl}_2$ fraction	$2.54 \pm 0.03$	$13.52 \pm 0.13$	$3.05 \pm 0.01$
EtOAc fraction	$13.26 \pm 0.44$	$19.56 \pm 0.34$	$16.98 \pm 0.27$
<i>n</i> -BuOH fraction	$36.86 \pm 0.70$	$42.94 \pm 0.70$	$46.17 \pm 0.47$
$\text{H}_2\text{O}$ fraction	$49.81 \pm 1.21$	NA	NA
Berberine <sup>b</sup>	$0.13 \pm 0.01$	$8.28 \pm 0.22$	
Quercetin <sup>c</sup>			$10.7 \pm 0.17$

<sup>a</sup> The concentration that caused 50% inhibition ( $IC_{50}$ ) is given as the mean  $\pm$  SEM of triplicate experiments

<sup>b</sup> Used as positive control in AChE and BChE inhibitory assay

<sup>c</sup> Used as positive control in BACE1 inhibitory assay

NA no activity in tested concentration



**Table 2: Peroxynitrite (ONOO<sup>-</sup>) scavenging activities of the ethanolic extract and its solvent-soluble fractions from *O. Sanctum***

Extract/Fractions	IC <sub>50</sub> values (µg/mL) <sup>a</sup> ± SEM
	Peroxynitrite (ONOO <sup>-</sup> )
EtOH extract	8.81 ± 0.18
CH <sub>2</sub> Cl <sub>2</sub> fraction	1.21 ± 0.05
EtOAc fraction	7.46 ± 0.16
<i>n</i> -BuOH fraction	35.15 ± 0.23
H <sub>2</sub> O fraction	NA
L-Penicillamine <sup>b</sup>	1.38 ± 0.08

<sup>a</sup> The concentration that caused 50% inhibition (IC<sub>50</sub>) is given as the mean ± SEM of triplicate experiments

<sup>b</sup> Used as positive control in ONOO<sup>-</sup> scavenging assay

NA no activity in tested concentration

**Table 3: Antioxidant and cholinesterase inhibitory activities of compounds isolated from *O. Sanctum***

Compounds	IC <sub>50</sub> (µM) ± SEM <sup>a</sup>			
	ONOO <sup>-</sup>	AChE	BChE	BACE1
Cirsilineol	2.85 ± 0.04	2.95 ± 0.02	3.25 ± 0.08	20.35 ± 0.21
Isothymusin	5.49 ± 0.20	8.25 ± 0.13	7.85 ± 0.01	4.45 ± 0.05
L-Penicillamine <sup>b</sup>	9.25 ± 0.61			
Berberine <sup>c</sup>		0.70 ± 0.21	11.64 ± 0.81	
Quercetine <sup>d</sup>				9.85 ± 0.39

<sup>a</sup> The concentration that caused 50% inhibition (IC<sub>50</sub>) is given as the mean ± SEM of triplicate experiments

<sup>b</sup> Used as positive control in ONOO<sup>-</sup> scavenging assay

<sup>c</sup> Used as positive control in AChE and BChE inhibitory assay

<sup>d</sup> Used as positive control in BACE1 inhibitory assay

#### Peroxynitrite (ONOO<sup>-</sup>) scavenging activity of the EtOH extract as well as different fractions from *O. sanctum*

Peroxynitrite (ONOO<sup>-</sup>) scavenging activities of the EtOH extract and its different solvent-soluble fractions of *O. sanctum* are presented in Table 2. CH<sub>2</sub>Cl<sub>2</sub> fraction displaying the highest ONOO<sup>-</sup> inhibitory activity with an IC<sub>50</sub> value of 1.21 ± 0.05 µg/mL compared to the positive control L-Penicillamine with an IC<sub>50</sub> value of 1.38 ± 0.08 µg/mL. In addition, the EtOAc and *n*-BuOH fractions also showed significance inhibitory activity with corresponding IC<sub>50</sub> values of 7.46 ± 0.16 and 35.15 ± 0.23 µg/mL, respectively, results were shown in table 2.

#### Antioxidant and cholinesterase inhibitory activities of compound isolated from *O. sanctum*

The inhibitory activities of the isolated compounds against AChE, BChE, BACE1 and ONOO<sup>-</sup> are expressed as IC<sub>50</sub> values in Table 3. Among the tested compounds, Cirsilineol showed the most potent inhibitory activity against AChE and BChE with an IC<sub>50</sub> value of 2.95 ± 0.02 µM and 3.25 ± 0.08 µM, whereas berberine had an IC<sub>50</sub> value of 0.70 ± 0.21 µM for AChE and 11.64 ± 0.81 µM for BChE. Isothymusin also showed significant AChE as well as BChE inhibitory activity, with IC<sub>50</sub> values of 8.25 ± 0.13 µM and 7.85 ± 0.01 µM, respectively. Furthermore, Isothymusin displayed

potent concentration-dependent inhibitors of BACE1, with IC<sub>50</sub> values of 4.45 ± 0.05 µM, compared to the positive control quercetin, which had an IC<sub>50</sub> value of 9.85 ± 0.39 µM. Cirsilineol also showed significance inhibitory activity against BACE1, with IC<sub>50</sub> values of 20.35 ± 0.21 µM. In addition, both compounds exhibited significant inhibitory effects against ONOO<sup>-</sup>, with scavenging potencies as indicated by IC<sub>50</sub> values of 2.85 ± 0.04, and 5.49 ± 0.20 µM, respectively whereas IC<sub>50</sub> values of the positive controls, L-penicillamine was 9.25 ± 0.61 µM, results were shown in table 3.

#### DISCUSSION:

In 2015, 46.8 million people worldwide are living with AD. This number of AD patients will dramatically increase over every 20 years, reaching 74.7 million in 2030 and 131.5 million in 2030 [23]. AD is one of the most costly diseases to cure in developed countries [24]. This cholinergic change is believed to represent the earliest determined neurochemical event leading to AD [25]. Two major hypotheses have been proposed regarding the molecular mechanism of the pathogenesis of AD: the cholinergic hypothesis and the amyloid cascade hypothesis. In order to treat and prevent AD, most pharmacological research has focused on AChE and BChE inhibitors to alleviate the cholinergic deficit and to improve

neurotransmission [26]. AChE is the main enzyme responsible for the hydrolysis of ACh at the cholinergic synapse, while BChE acts as a co-regulator of the activity of AChE. Under normal physiological conditions, maximum ChEs activity is due to AChE. However, as the disease progress, AChE activity decreases in specific brain regions, whereas BChE activity increases, compensating for some of the functions of AChE in cholinergic neurons. Consequently, therapeutic agents that serve as inhibitors of both these enzymes could provide additional benefits in AD [27]. Moreover, considerable evidence from genetics and molecular biology supports the “amyloid-cascade hypothesis,” which states that A $\beta$  production and excessive accumulation are the principal pathogenetic events leading to AD [28]. BACE1 is the rate-limiting enzyme in the proteolytic processing of APP and is required for the production of A $\beta$ . BACE1 levels and activities are increased in AD [29,30]. Furthermore, BACE1 which is involved in the first and rate-limiting step of A $\beta$  formation from APP, has also generated great interest and several BACE1 inhibitors are currently being studied in clinical trials [31]. AD continues to be described as highly connected with cellular oxidative stress, which includes augmentation of protein oxidation, protein nitration, glycol oxidation, and lipid oxidation together with the accumulation of A $\beta$  [32,33]. Among cellular oxidative stress, ONOO $^-$  have been associated with the etiology of several human degenerative disorders. Particularly, ONOO $^-$ , produced by the in vivo reaction of nitric oxide (NO) with O $_2^-$ , has been implicated in A $\beta$  formation and accumulation, with high levels of A $\beta$  also augmenting ONOO $^-$  generation in the brain of AD patients [34].

*Ocimum sanctum* L. (Lamiaceae), a well-known herbal medicine, is widely distributed throughout the world [13]. Its leaves have long been used to treat a variety of ailments, including ozena, skin diseases, and gastric and hepatic disorders and are used as a diaphoretic, an antiperiodic, and an expectorant. Several types of constituents have been isolated from *O. sanctum* including terpenoids, phenolic derivatives, hydroxycinnamic acid derivatives, benzoic acid derivatives, flavonoids and their glycosides, and eugenol and eugenol glycosides. Some of these compounds have been reported to exhibit antioxidant, antimicrobial, anti-inflammatory, antistress, anthelmintic, and radio-protective activities [35-38]. *O. sanctum* shows ameliorative potential in attenuating vincristine induced peripheral neuropathic pain in rats, which may be attributed to decrease in oxidative stress and calcium levels. Administration of OS (100 and 200 mg/kg p.o.) and its saponin rich fraction (100 and 200 mg/kg p.o.) for 14 days significantly attenuated

vincristine-induced neuropathic pain along with decrease in oxidative stress and calcium levels [20]. Giridharan et al. reported that *O. sanctum* Linn. Leaf extracts inhibit acetylcholinesterase and improve cognition in rats with experimentally induced dementia. *O. sanctum* treatment significantly increased the induration in the DNCB skin test. Therefore, *O. sanctum* was shown to be useful for the management of experimentally induced cognitive dysfunctions in rats [39]. In Morris water maze test, OS pretreatment improves reference memory, working memory and spatial learning. Both ibotenic acid and colchicine induced deficits in active avoidance learning and retention of learned behavior were significantly reversed. OS might be effective in clinical Alzheimer's disease by virtue of its cognition enhancement, antidepressant and antianxiety properties, which are primary needs to be addressed in Alzheimer's disease [40]. In our present study, we found that ethanol extract of *O. sanctum* showed potent inhibitory activities against AChE, BChE, BACE1, and antioxidant scavenging activity. Among the tested fractions, CH $_2$ Cl $_2$  fraction showed potential activity compared to other polar fractions. The CH $_2$ Cl $_2$  fraction was found as the most active fraction by AChE, BChE and BACE1 inhibitory assays. The CH $_2$ Cl $_2$  fraction was also shown to possess strong inhibitory activities against peroxynitrite (ONOO $^-$ ) scavenging assay. Considering the inhibitory potential, CH $_2$ Cl $_2$  fraction was selected for chromatographic separation in order to determine the active compounds from *O. sanctum*. Repeated chromatography of the CH $_2$ Cl $_2$  fraction yielded two flavonoid compounds, Cirsilineol and isothymusin, was found to be the most active compound in the AChE, BChE and BACE1 inhibitory assays as well as ONOO $^-$  inhibitory assay. Therefore, our results clearly demonstrated that *O. sanctum* and its constituent have great value in the development of therapeutic and preventing agents for AD. Further *in vivo* and cell-based studies are needed to clarify the detailed mechanism of action of these compounds in the brain membrane and other organs.

#### CONCLUSION:

The present bioactivity-guided fractionation and isolation study of *O. sanctum* on BACE1 and ChEs inhibition demonstrated that the isolated constituents exerted potential BACE1 along with ChEs inhibitory effects, and ONOO $^-$  scavenging effect, suggesting their potential role for treating AD. In particular, the AChE, BChE, BACE1 along with ONOO $^-$  inhibitory activities of the isolated compounds were investigated for the first time. The findings of the present study demonstrated that *O. sanctum* and its isolated constituents might act as a

therapeutic or preventive agent for AD by alleviating oxidative stress

#### CONFLICT OF INTEREST

The authors declare no conflicts of interest.

#### ACKNOWLEDGEMENT

The authors are highly thankful to Department of Pharmacy, Daffodil International University, Dhaka, Bangladesh and Department of Physical Therapy, Inje University for their consent help and support.

#### REFERENCES

- Mattson MP: Pathways towards and away from Alzheimer's disease. *Nature*, 2004; 430:631-639.
- Mukherjee PK, Kumar V, Mal M, Houghton PJ: Acetylcholinesterase inhibitors from plants. *Phytomedicine*, 2007; 14:289-300.
- Mukherjee PK, Kumar V, Mal M, Houghton PJ: Screening of Indian medicinal plants for acetylcholinesterase inhibitory activity. *Phytother Res*, 2007; 21:1142-1145.
- Liang Y, Rihui C, Wei Y, Qin Y, Zhiyong C, Lin M, Wenile P, Huacan S: Synthesis of 4-[(diethylamino)methyl]-phenol derivatives as novel cholinesterase inhibitors with selectivity towards butyrylcholinesterase. *Bioorg Med Chem Lett*, 2010; 20:3254-3258.
- Selkoe DJ: Defining molecular targets to prevent Alzheimer disease. *Arch Neurol*, 2005; 62:192-195.
- Moon M, Hong HS, Nam DW, Baik SH, Song H, Kook SY, Kim YS, Lee J, Mook JI: Intracellular amyloid- $\beta$  accumulation in calcium-binding protein-deficient neurons leads to amyloid- $\beta$  plaque formation in animal model of Alzheimer's disease. *J Alzheimers Dis*, 2012; 29:1-4.
- Pereira C, Agostinho P, Moreira PI, Cardoso SM, Oliveira CR: Alzheimer's disease-associated neurotoxic mechanisms and neuroprotective strategies. *Curr Drug Targets CNS Neurol Disord*, 2005; 4:383-403.
- Kapoor S: *Ocimum sanctum*: a therapeutic role in diabetes and the metabolic syndrome. *Horm Metab Res*, 2008; 40:44-49.
- Okwu DE: Flavouring properties on *Cassava fufu*. *Afr J Roots Tuber Crops*, 1999; 3:19-21.
- Okwu DE: Evaluation of the chemical composition of indigenous spices and flavoring agents. *Glob J Pure App Sci*, 2001; 7:455-459.
- Chattopadhyay RR: A comparative evaluation of some blood sugar lowering agents of plant origin. *J Ethnopharmacol*, 1999; 67:367-372.
- Joshi H, Parle M: Evaluation of nootropic potential *Ocimum sanctum* L. in mice. *Indian J Exp Bio*, 2006; 44:133-136.
- Kirtikar KR, Basu BD: The Indian medicinal plants. 2<sup>nd</sup> ed. Dehradun: International Book Distributor; 1987.

- Suanarunsawat T, Devakul N, Ayutthaya W, Songsak T, Thirawarapan S, Pongshompoo S: Antioxidant activity and lipid-lowering effect of essential oils extracted from *Ocimum sanctum* L. leaves in rats fed with a high cholesterol diet. *J Clin Biochem Nutr*, 2010; 46:52-59.

- Kim SC, Magesh V, Jeong SJ, Lee HJ, Ahn KS, Lee HJ, Lee EO, Kim SH, Lee MH, Kim JH, Kim SH: Ethanol extract of *Ocimum sanctum* exerts anti-metastatic activity through inactivation of matrix metalloproteinase-9 and enhancement of anti-oxidant enzymes. *Food Chem Toxicol*, 2010; 48:1478-1482.

- Khan A, Ahmad A, Manzoor N, Khan LA: Antifungal activities of *Ocimum sanctum* essential oil and its lead molecules. *Nat Prod Commun*, 2010; 5:345-349.

- Sharma A, Chandraker S, Patel VK, Ramteke P: Antibacterial activity of medicinal plants against pathogenscausing complicated urinary tract infections. *Indian J Pharm Sci*, 2009; 71:136-139.

- Agarwal P, Nagesh L, Murlikrishnan: Evaluation of the antimicrobial activity of various concentrations of Tulsi (*Ocimum sanctum*) extract against *Streptococcus mutans*: an in vitro study. *Indian J Dent Res*, 2010; 21:357-359.

- Goel A, Kumar S, Singh DK, Bhatia AK: Wound healing potential of *Ocimum sanctum* Linn with induction of tumor necrosis factor-alpha. *Indian J Exp Biol*, 2010; 48:402-406.

- Kaur G, Jaggi SA, Singh N: Exploring the potential effect of *Ocimum sanctum* in vincristine-induced neuropathic pain in rats. *J of Brachial Plexus and Peripheral Nerve Injury*, 2010; 5:31-39.

- Ellman GL, Courtney KD, Andres VJ, Feather-Stone RM: A new and rapid colorimetric determination of acetylcholinesterase activity. *Biochemistry and Pharmacology*, 1961; 7:88-95.

- Kooy NW, Royall JA, Ischiropoulos H, Beckman JS: Peroxynitrite-mediated oxidation of dihydrorhodamine 123. *Free Radic Biol Med*, 1994; 16:149-156.

- Alzheimer's Disease International (2015) World Alzheimer Report: The global impact of dementia.

- Beach TG, Kuo YM, Spiege K, Emmerling MR, Sue LI, Kokjohn K, Roher AE: The cholinergic deficit coincides with A $\beta$  deposition at the earliest histopathologic stages of Alzheimer Disease. *J Neuropathol Exp Neurol*, 2000; 59:308-313.

- Terry RD, Masliah E, Salmon DP: Physical basis of cognitive alterations in Alzheimer's disease: synapse loss is the major correlate of cognitive impairment. *Ann Neurol*, 1991; 30:572-580.

- Rao AA, Sridhar GR, Das UN: Elevated butyrylcholinesterase and acetylcholinesterase may predict the development of type 2 diabetes mellitus and Alzheimer's disease. *Med Hypotheses*, 2007; 69:1272-1276.

27. Kwon SH, Lee HK, Kim JA, Hong SI, Kim HC, Jo TH, Park YI, Lee CK, Kim YB, Lee SY, Jung CG: Neuroprotective effects of chlorogenic acid on scopolamine-induced amnesia via anti-acetylcholinesterase and anti-oxidative studies in mice. *Eur J Pharmacol*, 2010; 649:210-217.
28. Hardy J, Selkoe DJ: The amyloid hypothesis of Alzheimer's disease: progress and problems on the road to therapeutics. *Science*. 2002; 297(5580):353-356.
29. Holsinger RM, McLean CA, Beyreuther K, Masters CL, Evin G: Increased expression of the amyloid precursor beta-secretase in Alzheimer's disease. *Ann Neurol*. 2002; 51(6):783-786.
30. Yang LB, Lindholm K, Yan R, Citron M, Xia W, Yang XL, Beach T, Sue L, Wong P, Price D, Li R, Shen Y: Elevated beta-secretase expression and enzymatic activity detected in sporadic Alzheimer disease. *Nat Med*. 2003; 9(1):3-4.
31. Evin G, Lessene G, Wilkins S: BACE1 inhibitors as potential drugs for the treatment of Alzheimer's disease: focus on bioactivity. *Recent Pat CNS Drug Discov*, 2011; 6:91-106.
32. Butterfield DA, Reed T, Newman SF, Sultana R: Roles of amyloid beta-peptide-associated oxidative stress and brain protein modifications in the pathogenesis of Alzheimer's disease and mild cognitive impairment. *Free Radic Biol Med*. 2007; 43(5):658-677.
33. Torreilles F, Salman-Tabcheh S, Guerin M, Torreilles J: Neurodegenerative disorders: the role of peroxynitrite. *Brain Res brain Res Rev*. 1999; 30(2):153-163.
34. Butterfield DA, Drake J, Pocernich C, Castegna A: Evidence of oxidative damage in Alzheimer's disease brain: central role for amyloid beta-peptide. Roles of amyloid beta-peptide. *Trends Mol Med*. 2001; 7(12):548-554.
35. Sen P, Maiti PC, Puri S, Ray A, Audulov NA, Valdman AV: Mechanism of anti-stress activity of *Ocimum sanctum* Linn, eugenol and *Tinospora malabarica* in experimental animals. *Indian J Exp Biol*, 1992; 30:592-596.
36. Devi PV, Bisht KS, Vinitha MA: A comparative study of radioprotection by *Ocimum* flavonoids and synthetic aminothiols protectors in the mouse. *Br J radiol*, 1998; 71:782-787.
37. Suzgec S, Mericli MH, Houghton PJ, Cubukcu B: Flavonoids from *Helichrysum compactum* and their antioxidant and antibacterial activity. *Fitoterapia*, 2005; 76:269-272.
38. Cottiglia F, Casu L, Bonsignore L, Casu M, Floris C, Sosa S, Altinier G, Della Loggia R: Topical anti-inflammatory activity of flavonoids and a new xanthone from *Santolina insularis*. *Z Naturforsch*, 2005; 60:63-66.
39. Giridharan VV, Thandavarayan RA, Mani V, Ashok Dundapa T, Watanabe K, Konishi T: *Ocimum sanctum* Linn. Leaf extracts inhibit acetylcholinesterase and improve cognition in rats with experimentally induced dementia. *J Med Food*, 2011; 14:912-919.
40. Raghavendra M, Maiti R, Kumar S, Acharya BS: Role of *Ocimum sanctum* in the experimental model of Alzheimer's disease in rats. *Int J of Green Pharmacy*, 2009; 3:6-15.