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Research Article

**DISSOLUTION METHOD DEVELOPMENT AND
VALIDATION OF ACAMPROSATE CALCIUM TABLETS BY
UV SPECTROPHOTOMETRY****K. Akshay Kumar, Md. Abdul Avez, A. Ashok Kumar***

Department of Pharmaceutical analysis and Quality Assurance

Vijaya College of Pharmacy, Munaganur (Village), Hayathnagar (Mandal),
Ranga reddy (District), Hyderabad, Telangana (State) – 501511, India.**Abstract:**

The article aims at developing simple dissolution method for Acamprosate calcium immediate enteric coated tablets by UV spectroscopy and validate as per ICH guidelines. The optimized dissolution method includes stage 1 as 0.1N HCl as dissolution media, apparatus: USP Type 2 Paddle, rpm: 100, temperature of dissolution media: $37\pm 0.5^{\circ}\text{C}$, dissolution volume: 900ml, dissolution time point: 2 hours and stage 2 as dissolution media: water, apparatus: USP Type 2 Paddle, rpm: 100, temperature of dissolution media: $37\pm 0.5^{\circ}\text{C}$, dissolution volume: 900ml, dissolution time point: 2 hours and working concentration of standard and sample as $100\mu\text{g/ml}$ at a detection wavelength of 210nm. The developed method resulted in Acamprosate calcium exhibiting linearity in the range 25-200 $\mu\text{g/ml}$. System precision and intra-day precision are exemplified by relative standard deviation of 1.197% and 3.37% respectively. Method was found to be rugged/inter day precise as %RSD was found to be 3.75%. Percentage Mean recovery was found to be in the range of 90-110 % by absolute method during accuracy studies. The limit of detection (LOD) was found to be 10 $\mu\text{g/mL}$ for Acamprosate calcium and limit of quantitation (LOQ) was found to be 31 $\mu\text{g/mL}$ for Acamprosate calcium. Hence it can be concluded that effective dissolution method by UV spectroscopy is developed and validated as per ICH guidelines which can be applicable in various pharmaceutical industries.

Keywords: Acamprosate calcium, Dissolution method, UV, Validation**Corresponding author:****A. Ashok Kumar,**

Professor and HOD

Department of Pharmaceutical analysis and Quality Assurance,

Vijaya College of Pharmacy,

Munaganur (Village), Hayathnagar (Mandal),

Ranga reddy (District), Hyderabad,

Telangana (State) – 501511, India.

Email: ashok576@gmail.com

QR code



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INTRODUCTION:

The rate and extent at which the amount of drug substance is dissolved over a period of time is called dissolution. It is expressed as percentage release of drug substances present in dosage forms such as tablets, capsules, oral suspensions, transdermal patches, suppositories, semi-solid topical preparations and ointments. It describes about manufacturing reproducibility, product performance similarity and biological availability of drug from its formulation. Therefore, it is considered as one of the most quality control test of solid pharmaceutical dosage forms.

Acamprosate calcium (**Figure 1**, calcium 3-acetamidopropane-1-sulfonate) is the calcium salt of acetylhomotaurine used in the treatment of alcohol dependence. It is believed to act by blocking glutamergic *N*-methyl-D-aspartate receptors and activation of gamma-aminobutyric acid (GABA) type A receptors [1-3]. It is an antidiuretic agent that was approved by the US Food and Drug Administration (FDA) in 2004 for use in alcoholic individuals to decrease alcohol hankering after alcohol detoxification [4]. Acamprosate has been commercially available since 1989, in 333 mg tablet strength [5]. Acamprosate calcium is a white, odorless or nearly odorless powder. It is freely soluble in water and practically insoluble in absolute ethanol and dichloromethane. Its chemical formula is $C_{10}H_{20}N_2O_8S_2Ca$ and molecular weight is 400.48.

A detailed literature survey reveals capillary zone electrophoresis methods [6-7], bioanalytical methods for the analysis of Acamprosate calcium using LCMS [8-16], LC-fluorometric and electrochemical detection [8] in human plasma, dog plasma and urine and overall only one UV method has been reported for the quantitative estimation of Acamprosate calcium in tablets [17]. We here first report a new, precise, accurate and linear UV dissolution method for the quantitative estimation of Acamprosate calcium in ACAMPRAL enteric coated tablets and validate as per ICH guidelines.

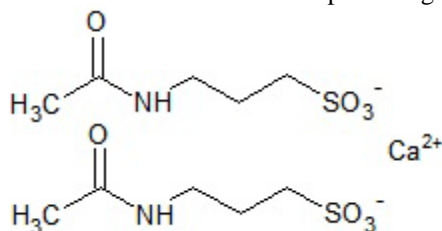


Fig. 1: Structure of Acamprosate calcium

MATERIALS AND METHODS:

Materials

Instrument

A double beam UV-visible spectrophotometer (Shimadzu, model UV-1800) having two matched quartz cells with 1 cm light path and loaded with

UV probe software (version 2.41) was used for recording of spectra and measuring absorbance. Dissolution studies were performed on USP Dissolution apparatus (Electrolab, Model: TDT-08L). An electronic analytical weighing balance (0.1 mg sensitivity, Shimadzu AY 220), digital pH meter (DELUX model 101), a sonicator (sonica, model 2200 MH) were used in the study.

Chemicals and Reagents

Analytically pure sample of Acamprosate calcium with purities greater than 99% was obtained as gift sample from Chandra labs, Hyderabad, India and enteric coated tablets formulation [ACAMPROL] was procured from Apollo pharmacy, Hyderabad, India with label claim of 333mg. Concentrated HCl was obtained from SD Fine chemicals (Hyderabad, India). 0.22µm nylon membrane filters were purchased from Spincotech Private Limited, Hyderabad, India.

Method

Preliminary solubility studies: Solubility studies were explored for Acamprosate calcium in various solvents ranging pH of 1 to 7.5.

1. Distilled water: 1mg of drug was added to 10ml of distilled water and found to be freely soluble. Similar solubility procedure was followed using other solvents.

2. Preparation of pH 6.8 buffer as per USP: To 50ml of mono basic potassium phosphate solution (0.2M, 22.7g/L) in a 200ml volumetric flask, was added 22.4ml of 0.2M NaOH solution and later made up to the volume with distilled water, whose pH was checked. If desired pH was not achieved, solution was adjusted to desired pH using dilute phosphoric acid and sodium hydroxide solutions.

3. Preparation of pH 4.5 buffer as per USP: 2.99gm of sodium acetate in 1000ml volumetric flask was taken and then was added 14 ml 2N acetic acid solution which was finally made to the volume using water, whose pH was checked. If desired pH was not achieved, solution was adjusted to desired pH using dilute acetic acid and sodium hydroxide solutions.

4. Preparation of pH 7.5 buffer as per USP: To 50ml of mono basic potassium phosphate solution (0.2M, 22.7g/L) in a 200ml volumetric flask, was added 37ml of 0.2M NaOH solution and made up to the volume using distilled water, whose pH was checked. If desired pH was not achieved, solution was adjusted to desired pH using dilute phosphoric acid and sodium hydroxide solutions.

5. 0.1N HCl: 8.35 ml of concentrated HCl was made up to 1000ml using distilled water.

It was concluded from the preliminary solubility studies that Acamprosate calcium was found to be freely soluble in all the above solvents. and hence was taken forward for performing dissolution studies.

Dissolution method development: The optimized dissolution method for enteric coated tablets keeping the acceptance criteria for % drug release (Q value) not more than 10% at 120min under stage 1, dissolution media : 0.1N HCl, dissolution volume: 900ml and greater than 85% at dissolution sampling point (Q point) under stage 2, dissolution media as water, 900mL. Dissolution media volume was considered based on sink conditions where in dissolution media volume should be at least 3 times of saturation volume of the dose in the formulation. Keeping the dissolution media under stage 1 as 0.1N HCl (900ml) constant, dissolution media under stage 2 has been explored using various solvents such as water, pH 4.5 buffer, pH 6.8 buffer and pH 7.5 buffer as per the procedures given above in the method section. The enteric coated tablet did not disintegrate at all up to 3 hours using the above solvents except water even though dissolution volume was taken as 900ml in all cases. In case of water as dissolution media, 900ml, % drug release was greater than 85% at 2 hours as Q point and hence considered this solvent as best solvent under stage 2. The optimized dissolution conditions are given below.

Stage 1: ACIDIC STAGE

Rpm : 100

Dissolution medium: 0.1N HCl

Dissolution media volume: 900mL

Apparatus: USP Type 2 (Paddle)

Sampling time point (Q point): 120 min

Sampling volume: 10ml

Temperature: $37 \pm 0.5^\circ\text{C}$

Working concentration of standard: $100\mu\text{g/ml}$

Working concentration of sample: $100\mu\text{g/ml}$

Detection wavelength: 210nm

Stage 2: WATER STAGE

Rpm : 100

Dissolution medium: Water

Dissolution media volume: 900mL

Apparatus: USP Type 2 (Paddle)

Sampling time point (Q point): 120 min

Sampling volume: 10ml

Temperature: $37 \pm 0.5^\circ\text{C}$

Working concentration of standard: $100\mu\text{g/ml}$

Working concentration of sample: $100\mu\text{g/ml}$

Detection wavelength: 210nm

Preparation of Working Standard Solution for Acidic Stage (stage 1)

10mg of Acamprosate calcium was accurately weighed and taken in 100ml clean and dry volumetric flask containing 80ml of solvent (0.1NHCl)and then the solution was made up to the mark using the solvent. This is considered as working standard solution ($100\mu\text{g/ml}$), for which UV spectrum was recorded.

Preparation of Working Standard Solution for Water Stage (stage 2)

10mg of Acamprosate calcium was accurately weighed and taken in 100ml clean and dry volumetric flask containing 80ml of solvent (water)and then the solution was made up to the mark using the solvent. This is considered as working standard solution ($100\mu\text{g/ml}$), for which UV spectrum was recorded.

Preparation of Stock and Working Sample Solution for Stages 1 and 2

One tablet (dose:333mg) was studied under above dissolution conditions for 120 minutes and dissolution sample volume of 10ml was sampled out and later filtered through $0.22\mu\text{m}$ nylon filter. First few ml of the filtrate was discarded and then from the filtrate (stock solution of sample), 2.7ml was pipetted out and made up to 10ml using 0.1NHCl, to get working sample solution concentration equivalent to $100\mu\text{g/ml}$, 100% target concentration as that of standard. UV spectrum of this solution was recorded and then % drug release was calculated by comparing the UV spectrum with the working standard solution using 0.1NHCl solvent.

The total dissolution media was decanted carefully and to the tablet in the dissolution jar, 900ml water was added which was equilibrated to $37 \pm 0.5^\circ\text{C}$. Later once the temperature was reached, dissolution was per formed for 120 minutes as per the above method. 10ml was sampled out and later filtered through $0.22\mu\text{m}$ nylon filter. First few ml of the filtrate was discarded and then from the filtrate (stock solution of sample), 2.7ml was pipetted out and made up to 10ml using water, to get working sample solution concentration equivalent to $100\mu\text{g/ml}$, 100% target concentration as that of standard. UV spectrum of this solution was recorded and then % drug release was calculated.

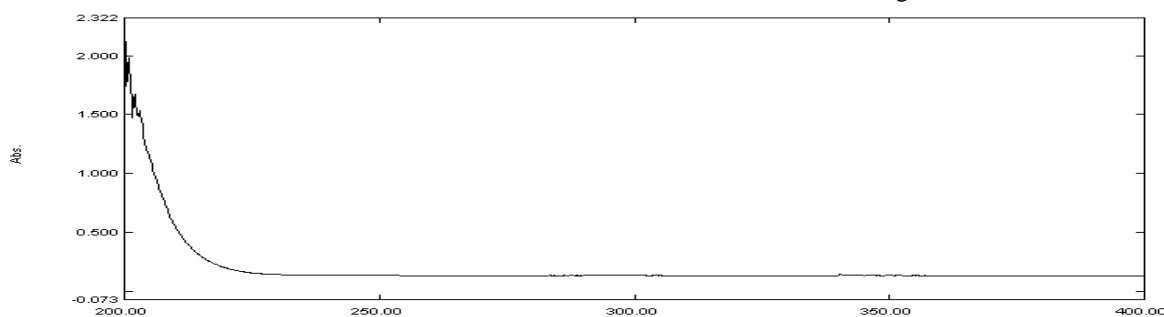


Fig.2: UV Spectrum of Acamprosate Calcium Standard in Water

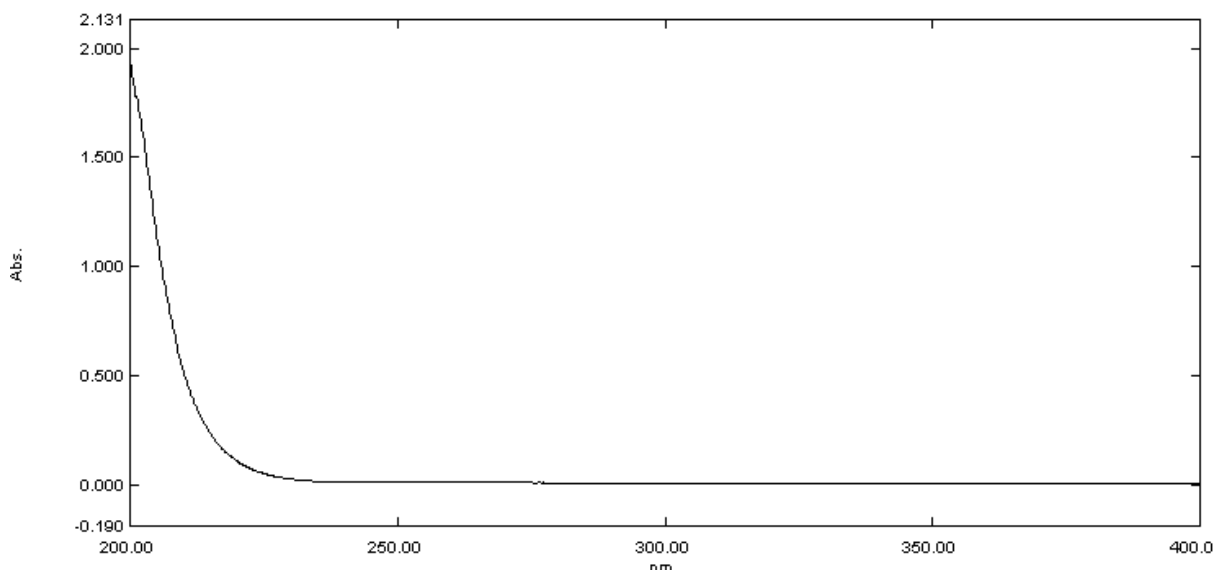


Fig.3: UV Spectrum of Sample in Water

Selection of Wavelength

Suitable wavelength for the analysis was determined by recording UV spectrum in the range of 200-400 nm for 100µg/ml of Acamprostate calcium standard as above and 210nm was chosen for the analysis.

% Drug release (Q value) was calculated using the formula as below:

$$\frac{\text{Absorbance of sample} \times \text{Concentration of standard} \times 100}{\text{Average absorbance of standard} \times \text{Concentration of sample}}$$

Method Validation:

Validation of the analytical method is the process that establishes by laboratory studies in which the performance characteristics of the method meet the requirements for the intended analytical application [18]. UV spectrophotometric dissolution method developed was validated according to International Conference on Harmonization (ICH) guidelines. The method was validated for the parameters like specificity, sensitivity, linearity, accuracy, system precision, intra-day precision, inter-day precision / intermediate precision/ruggedness and robustness.

Precision

System Precision

Six replicate recording of absorbance at 210nm of standard solution in water at working concentration showed % RSD (Relative Standard Deviation) less than 2, which indicates method is system precise. System precision results are tabulated below (Table 1).

Table 1: System Precision Results of Acamprostate Calcium in Water

n	Absorbance
1	0.429
2	0.436
3	0.43
4	0.431
5	0.443
6	0.434
Average	0.433833
SD	0.005193
%RSD	1.196991

Method Precision

Method precision was determined by performing dissolution studies of sample under the test of (i) Repeatability (Intraday precision) and (ii) Intermediate precision (Inter day precision or ruggedness) performed during 2 consecutive days by two different analysts at working concentration.

Repeatability (Intraday precision)

Repeatability was performed by conducting dissolution studies on six tablets on the same day and recording of absorbance at 210 nm of every dissolution sample at working concentration and calculating % RSD of % drug release at 120 minutes. % drug release was greater than 85 and % RSD was found to be less than 5, which indicate that the dissolution method developed is method precise by the test of repeatability and hence can be understood that the method gives consistently reproducible results (Table 2).

Table 2: Intraday Precision Results of Acamprosate calcium

n	% Drug release
1	101.88
2	100.14
3	102.81
4	109.65
5	106.89
6	99.82
Average	103.53
SD	3.93
% RSD	3.79

Intermediate precision (Inter day precision/Ruggedness)

Dissolution studies were performed on six tablets by different analysts on two consecutive days and

Table 3: Intermediate Precision / Ruggedness Results of Acamprosate calcium

n	Day 1 % Drug release	Day 2 % Drug release
1	101.88	107.28
2	100.14	106.74
3	102.81	104.51
4	109.65	109.69
5	106.89	108.17
6	99.82	106.2
Average	103.53	107.09
SD	3.93	1.76
% RSD	3.79	1.64

Linearity

Standard solutions of Acamprosate calcium at different concentrations level (25%, 50%, 75%, 100%, 125%, 150%, 175% and 200%) were prepared. Calibration curve (**Figure 4**) was constructed by plotting the concentration of drug

% RSD of percentage drug release was calculated and was found to be less than 5, which indicate the method developed is inter day precise/rugged (**Table 3**).

versus absorbance at 210nm. The results show an excellent linear relationship between absorbance and concentration of drug within the concentration range of 25-200 μ g/ml (**Table 4**). The correlation coefficient was found to be 0.998, which meet the method validation acceptance criteria and hence the method is said to be linear in the range of 25-200 μ g/ml.

Accuracy

Accuracy was determined by means of recovery experiments by the determination of % mean recovery of dissolution sample by absolute method at three different levels 50, 100% and 150%. At each level, three determinations were performed. **Table 5** represents percent % mean recovery. Individual recovery and % mean recovery was found to be greater than 85% at 120 minutes, which indicates good recovery values and hence the accuracy of the method developed. **Table 6** summarizes the validation parameters about the developed dissolution method.

Table 4: Calibration Data for Acamprosate calcium

%Level	pipette out volume from stock (100 μ g/ml)	Actual concentration (μ g/ml)	Absorbance (210nm)
25	0.25ml to 10	25	0.119
50	0.5ml to 10	50	0.242
75	0.75ml to 10	75	0.335
100	1ml to 10	100	0.435
125	1.25ml to 10	125	0.562
150	1.5ml to 10	150	0.678
175	1.75ml to 10	175	0.804
200	2ml to 10	200	0.895
Regression Coefficient			0.998
Slope (m)			0.004475238
Intercept (c)			0.005285714
Regression Equation			y=0.0044x+0.00528

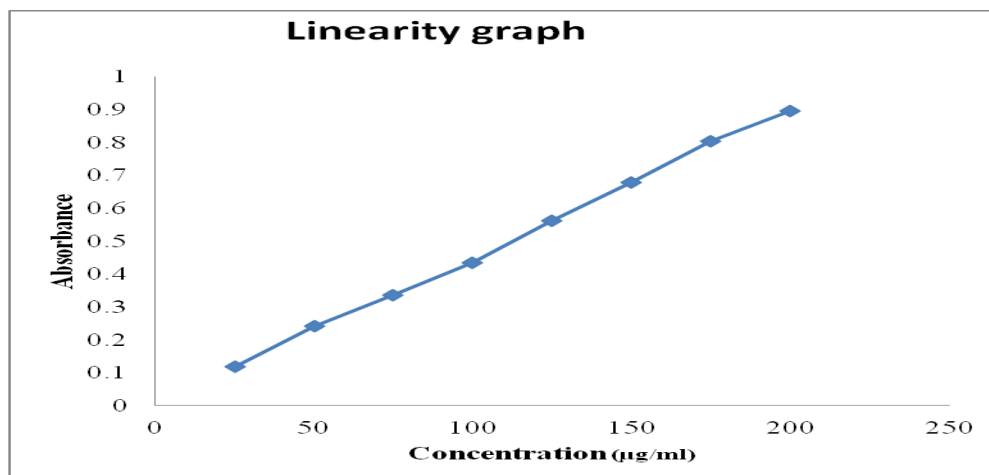


Fig.4: Calibration of Acamprosate calcium

Table 5: Results of Accuracy Studies for Acamprosate calcium

% Level	% Recovery	% Mean Recovery
50	109.8539	104.0223
50	101.1065	
50	101.1065	
100	108.0039	108.0691
100	107.2211	
100	108.9824	
150	107.8664	105.7996
150	103.8706	
150	105.6618	

Specificity

Blank (water) had zero absorbance at all wavelengths from 200-400nm while standard solution exhibited UV spectrum, hence the method is said to be specific for the analyte of interest.

Sensitivity

Sensitivity of the method was determined by linearity data by the calculation of limit of detection (LOD) and limit of quantitation (LOQ). LOQ and LOD were calculated by the use of the equations $LOD = 3.3\sigma/S$ and $LOQ = 10\sigma/S$ where σ is the standard deviation of intercepts and S is the average of the slopes from the three different sets of linearity data generated. The limit of detection (LOD) and limit of quantitation (LOQ) for Acamprosate calcium were found to be 10.26µg/ml and 31.09µg/ml respectively.

CONCLUSION:

A simple dissolution method by UV spectrophotometry method was developed and validated for the estimation of Acamprosate calcium in enteric coated tablets as per ICH guidelines. The developed dissolution method by UV

spectrophotometry is specific, sensitive, simple, accurate, precise, linear and rugged and therefore the method can be employed for the routine dissolution analysis of Acamprosate calcium in enteric coated tablets in various pharmaceutical industries.

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