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## WHAT SCHOOL STUDENTS THINK ABOUT SWIMMING CLASSES

### 1. INTRODUCTION

It is generally known that the regular practice with sports activities, if properly and professionally guided and realized, have positive effects on the general health status of the individual.

Swimming as a sport has very positive and proven effects and is recommended as an occupation to be practiced as a sport discipline since the youngest age. It is only in the contribution of the positive attitude towards the occupation with swimming.

Also, swimming is widely used in many rehabilitation procedures.

An important moment for the possibility of engaging in this activity except the professional staff is the existence of sports' facility – a swimming pool. The construction of a swimming pool – is on one side a technical solution, and on the other side – the pool's maintenance requires significant financial resources.

Starting from these points of view we decided to make a survey with male students and female students of age 16, from Tetovo in order to obtain information about their attitude towards practicing swimming.

### 2. METHODS

The survey was conducted using 126 students (68 male and 58 female students) of age 16 years from Tetovo. There was used a survey consisted of 7 questions for determination of the students' attitudes about swimming occupation:

1. Do you swim?
2. Do you practice swimming?
3. Do you want to practice swimming?
4. Does any of your relatives practice/ practiced swimming?
5. Do you think that swimming is useful?
6. Do you think that Tetovo should have a swimming pool?
7. Do you think that every city should have a swimming pool?

Once male and female students got explanation about the importance of this research, they began to enter the answers in the questionnaires.

The results of the questions' answers about the perception of the male and female students are presented by frequencies and percentages.

### 3. RESULTS

According to the results shown in Table 1, we can see how many male students (of 68) and how many female students (of 58) responded at each of the seven questions

with "YES" or "NO". From all the surveyed male and female we got complete answers to all questions.

Male students: on the first question choosing "YES" answered 24 (35.29%), and "NO" 44 (64.71%); on the second question choosing "YES" answered 6 (8.82%), and "NO" 62 (91.18%); the third question choosing "YES" answered 58 (85.29%), and "NO" 44 (64.71%); the fourth question choosing "YES" answered 12 (17.65%), and "NO" 56 (82.35%); the fifth question choosing "YES" answered 65 (95.59%), and "NO" 3 (4.41%); the sixth question choosing "YES" answered 63 (92.65%), and "NO" 5 (7.35%) and the seventh question choosing "YES" answered 57 (83.82%), and "NO" 11 (16.18%).

*Table 1. The answers received from the schoolboys and schoolgirls, which are represented in frequencies and percentage terms*

Questions	f %	Male students		Female students	
		„YES“	„NO“	„YES“	„NO“
1. Do you swim?	f	24	44	9	49
	%	35.29	64.71	15.52	84.48
2. Do you practice swimming?	f	6	62	2	56
	%	8.82	91.18	3.45	96.55
3. Do you want to practice swimming?	f	58	10	18	40
	%	85.29	14.71	31.03	68.97
4. Does any of your relatives practice/practiced swimming?	f	12	56	9	49
	%	17.65	82.35	15.52	84.48
5. Do you think that swimming is useful?	f	65	3	50	8
	%	95.59	4.41	86.21	13.79
6. Do you think that Tetovo should have a swimming pool?	f	63	5	48	10
	%	92.65	7.35	82.76	17.24
7. Do you think that every city should have a swimming pool?	f	57	11	46	12
	%	83.82	16.18	79.31	20.69

The female students: on the first question choosing "YES" answered 9 (15.52%), and "NO" 49 (84.49%); on the second question choosing "YES" answered 2 (3.45%), and "NO" 56 (96.55%); the third question choosing "YES" answered 18 (31.03%), and "NO" 40 (68.97%); the fourth question choosing "YES" answered 9 (15.52%), and "NO" 49 (84.48%); the fifth question choosing "YES" answered 50 (86.21%), and "NO" 8 (13.79%); the sixth question choosing "YES" answered 48 (82.76%), and "NO" 10 (17.24%) and the seventh question choosing "YES" answered 46 (79.31%), and "NO" 12 (20.69%).

#### 4. CONCLUSIONS

Based on the received responses, the following conclusions are possible:

A greater number of male students compared to the number of female students swim, practice swimming and want to practice swimming.

The attitude of the male and female students in terms of if any of their relatives practices /practiced swimming is very similar.

In terms of the attitudes of male and female students, whether the swimming is useful, if Tetovo needs to have a swimming pool and whether every city should have a swimming pool, quite a great number of them were positive.

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*A survey of seven questions was conducted with 126 school students (68 male and 58 female), aged 16, from Tetovo, to establish the students' attitude about swimming classes. The male students present a higher percentage of positive feeling about swimming as compared to the percentage of the female students.*

**Key words:** *survey, 16-year-old male and female students, attitude.*