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Effects of Shuxuetong injection applied in acute ischemic stroke

Wei Zhang*

Department of Encephalopathy II, Wei Fang Traditional Chinese Hospital, Weifang 261041, Shandong, China

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ABSTRACT

Objective: To study the effects of Shuxuetong injection in adjuvant treatment of ischemic stroke on the degree of nerve injury, lipid metabolism and blood coagulation function.

Methods: Patients with ischemic stroke admitted in our hospital during the period from May 2012 to May 2015 were selected for retrospective analysis. They were divided into the control group receiving regular treatment and the Shuxuetong group receiving adjuvant treatment with Shuxuetong injection. One and the three months after treatment, serum was collected and nerve injury molecules, indexes of lipid metabolism and blood coagulation function were measured.

Results: One month after treatment, the contents of neuron-specific enolase, S100 calcium binding protein B, total cholesterol, triglyceride, low-density lipoprotein, oxidized low-density lipoprotein, thromboxane B₂, fibrinogen and D-dimer in the serum of patients from Shuxuetong group were significantly lower than those of control group. The contents of high-density lipoprotein and 6-keto prostaglandin F_{1α} were significantly higher than those of control group. Three months after treatment, the contents of neuron-specific enolase, S100 calcium binding protein B, total cholesterol, triglyceride, low-density lipoprotein, oxidized low-density lipoprotein, thromboxane B₂, fibrinogen and D-dimer in the serum of patients from Shuxuetong group were significantly lower than those of control group. The contents of high-density lipoprotein and 6-keto prostaglandin F_{1α} were significantly higher than those of control group.

Conclusions: Adjuvant treatment with Shuxuetong injection can reduce the injury of nerve function of patients with ischemic stroke and improve blood lipid metabolism and blood coagulation function, which is an effective drug for the treatment of ischemic stroke.

1. Introduction

Ischemic stroke is a common disease in neurology with high disability rate and mortality rate, bringing great burden to the family and society. Atherosclerosis is a pathological basis of ischemic stroke, and local thrombosis will lead to interruption of blood flow and cerebral hypoxic-ischemic damage^[1,2]. Due to the poor tolerance of nerve cells to ischemia and hypoxia, cerebral infarction within a short time will cause irreversible damage. Although thrombolysis,

intervention and other treatment methods are able to make the brain tissue get blood reperfusion, the patients will still have neurological dysfunction in various degrees. Besides, there is a big risk of relapse of cerebral infarction in the recovery process of neurological function for patients with ischemic stroke, which will further increase the injury of nerve function^[3,4].

It is recognized that the abnormal lipid metabolism and coagulation function are closely related to the occurrence and development of atherosclerosis. Correcting lipid metabolism and abnormal blood coagulation is the key measure to treat ischemic stroke, which can not only improve the recovery of nerve function, but also reduce the risk of stroke recurrence. Lipid-lowering drugs and anticoagulant drugs commonly used in western medicine include atorvastatin, aspirin and clopidogrel, which belong to conventional drugs for the secondary prevention of ischemic stroke with the exact lipid-lowering and

*Corresponding author: Wei Zhang, Department of Encephalopathy II, Wei Fang Traditional Chinese Hospital, Weifang 261041, Shandong, China.

Tel: +86 15054571162, +86 05368060128

E-mail: zwprob@126.com

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anticoagulant effect^[5-7]. But for patients having had ischemic stroke, the situation of lipid metabolism and abnormal coagulation function *in vivo* is more serious, and the effect is not ideal depending only on western medicine. Shuxuetong injection is a traditional Chinese medicine with the effect of promoting blood circulation to remove blood stasis and can regulate lipid metabolism and blood coagulation function. In the following study, the clinical effects of Shuxuetong injection in adjuvant treatment of ischemic stroke were analyzed.

2. Materials and methods

2.1. Research objects

Patients with ischemic stroke treated in our hospital during the period from May 2012 to May 2015 were enrolled in the research. All the patients were in line with the diagnostic criteria of cerebral infarction according to Internal Medicine (8th edition)^[8] and the diagnostic criteria of stroke according to Standards of Syndrome-Differentiated Diagnosis of Stroke^[9], admitted to the hospital within 72 h after onset and having complete medical records. The following cases were excluded: patients complicated with cerebral tumor and cerebral trauma, cerebral hemorrhage and heart, liver and kidney insufficiency. A total of 74 patients were enrolled in the two groups of Shuxuetong group and control group according to the different treatment regimens after the medical records were analyzed retrospectively.

2.2. Therapeutic methods

Patients of the two groups were given conventional symptomatic and supportive treatment, including the maintenance of water and electrolyte balance, nerve nutrition, improvement of encephaledema and antibiotic resistance to infection, meanwhile, given 100 mg aspirin enteric-coated tablets (*p.o.*, one time a day), 75 mg sulfate clopidogrel tablets (*p.o.*, one time a day), 20 mg atorvastatin (*p.o.*, one time a day) and 30 mg edaravone injection with 250 mL normal saline (*i.v.*, one time a day). On the basis of above regular treatments, patients of Shuxuetong group were given Shuxuetong injection treatment. The method was as follow: 8 mL Shuxuetong injection with 250 mL normal saline (*i.v.*, one time a day).

2.3. Neurologic evaluation assay

One month and three months after the treatment, the peripheral blood samples (5 mL) of the two groups were collected. After obtaining serum by centrifugation, the contents of S100 calcium binding protein B (S100B) and neuron-specific enolase (NSE) were determined by ELISA kit.

2.4. Lipid metabolism and blood coagulation indexes

One month and three months after the treatment, serum samples used in the neural damage evaluation assay were used to detect the contents of triglyceride (TG), total cholesterol (TC), low density lipoprotein (LDL), high density lipoprotein (HDL), oxidized low-density lipoprotein (ox-LDL), fibrinogen (FIB) and D-dimer (D-D) by using automatic biochemical analyzer and the contents of 6-keto prostaglandin F_{1α} (6-keto-PGF_{1α}), thromboxane B₂ (TXB₂) were determined by ELISA kit.

2.5. Statistical method

The data were input and analyzed by SPSS 21.0 software. The analysis of measurement data between two groups was carried out by *t* test. Differences were regarded as statistically significant when $P < 0.05$.

3. Results

3.1. General data

A total of 35 patients were included in Shuxuetong group with 22 males and 13 females, age of (58.1 ± 7.2) years, body mass index (BMI) of (23.89 ± 3.24) kg/m². Among them, 19 cases were complicated with high blood pressure, 13 cases were complicated with diabetes and 23 cases with smoking history. A total of 39 patients were included in control group with 25 males and 14 females, age of (57.4 ± 8.3) years, BMI of (23.61 ± 3.09) kg/m². Among them, 22 cases were complicated with high blood pressure, 15 cases were complicated with diabetes and 24 cases with smoking history. According to the statistic analysis, there were no significant differences in sex, age, BMI and number of cases complicated with high blood pressure, diabetes and smoking history in Shuxuetong group compared with control group (Table 1).

3.2. Degree of nerve injury

One month after the treatment, the contents of serum NSE [(7.96 ± 0.93) vs. (11.36 ± 1.84) ng/mL] and S100B [(0.95 ± 0.11) vs. (1.34 ± 0.18) ng/mL] in Shuxuetong group were significantly lower than those of control group. Three months after the treatment, the contents of serum NSE [(5.47 ± 0.77) vs. (8.93 ± 0.94) ng/mL] and S100B [(0.64 ± 0.07) vs. (1.03 ± 0.14) ng/mL] in Shuxuetong group were significantly lower than those of control group. One month and three months after the treatment, National Institutes of Health Stroke Scale, Traditional Chinese Medicine syndrome score and the contents of serum NSE and S100B in the two groups were statistically significant ($P < 0.05$) (Table 2).

3.3. Blood lipid metabolic indexes

One month after the treatment, the contents of serum TC [(5.03 ± 0.67) vs. (5.44 ± 0.78) mmol/L], TG [(1.94 ± 0.22) vs. (2.38 ± 0.31) mmol/L], LDL [(2.88 ± 0.35) vs. (3.24 ± 0.39) mmol/L] and ox-LDL [(0.49 ± 0.07) vs. (0.61 ± 0.08) mg/L] in Shuxuetong group were significantly lower than those of control group. The content of HDL [(1.58 ± 0.19) vs. (1.39 ± 0.14) mmol/L] in Shuxuetong group was significantly higher than those of control group.

Table 1

The clinical data of the two groups.

Parameters	Shuxuetong group (n = 35)	Control group (n = 39)
Sex (male/female)	22/13	25/14
Age (years)	58.10 ± 7.20	57.40 ± 8.30
BMI (kg/m ²)	23.89 ± 3.24	23.61 ± 3.09
High blood pressure [n (%)]	19 (54.29)	22 (56.41)
Diabetes [n (%)]	13 (37.14)	15 (38.46)
Smoking [n (%)]	23 (65.71)	24 (61.54)

Table 2

Comparison on degree of nerve injury between the two groups. ng/mL.

Parameters	Shuxuetong group (n = 35)	Control group (n = 39)
One month after treatment		
NSE	7.96 ± 0.93*	11.36 ± 1.84
S100B	0.95 ± 0.11*	1.34 ± 0.18
Three months after treatment		
NSE	5.47 ± 0.77*	8.93 ± 0.94
S100B	0.64 ± 0.07*	1.03 ± 0.14

Data are represented as mean ± SD. *: $P < 0.05$ compared with control group.

mmol/L] was significantly higher than that of control group. Three months after the treatment, the contents of serum TC [(4.65 ± 0.61) vs. (5.17 ± 0.72) mmol/L], TG [(1.68 ± 0.19) vs. (2.14 ± 0.28) mmol/L], LDL [(2.65 ± 0.29) vs. (3.05 ± 0.36) mmol/L] and ox-LDL [(0.42 ± 0.05) vs. (0.59 ± 0.07) mg/L] in Shuxuetong group were significantly lower than those of control group. The content of HDL [(1.73 ± 0.22) vs. (1.42 ± 0.18) mmol/L] was significantly higher than that of control group. One month and three months after the treatment, the contents of serum of TC, TG, LDL, ox-LDL and HDL were statistically significant ($P < 0.05$) (Table 3).

3.4. Coagulative function indexes

One month after the treatment, the content of serum 6-keto-PGF_{1α} [(37.32 ± 5.24) vs. (28.34 ± 3.18) μg/L] in Shuxuetong group was significantly higher than that of control group and the contents of TXB₂ [(147.69 ± 19.36) vs. (203.53 ± 26.48) μg/L], FIB [(3.68 ± 0.56) vs. (4.92 ± 0.65) g/L] and D-D [(168.64 ± 21.48) vs. (227.89 ± 29.14) ng/L] were significantly lower than those of control group. Three months after the treatment, the content of serum 6-keto-PGF_{1α} [(45.64 ± 6.37) vs. (32.14 ± 3.59) μg/L] in Shuxuetong group was significantly higher than that of control group and the contents of TXB₂ [(125.23 ± 18.42) vs. (184.53 ± 23.18) μg/L], FIB [(3.03 ± 0.49) vs. (4.52 ± 0.62) g/L] and D-D [(142.54 ± 17.53) vs. (196.52 ± 23.54) ng/L] were significantly lower than those of control group. One month and three months after the treatment, the contents of serum 6-keto-PGF_{1α}, TXB₂, FIB and D-D were statistically significant ($P < 0.05$) (Table 4).

Table 3

Comparison on blood lipid metabolic indexes of the two groups.

Parameters	Shuxuetong group (n = 35)	Control group (n = 39)
One month after treatment		
TC (mmol/L)	5.03 ± 0.67*	5.44 ± 0.78
TG (mmol/L)	1.94 ± 0.22*	2.38 ± 0.31
LDL (mmol/L)	2.88 ± 0.35*	3.24 ± 0.39
ox-LDL (mg/L)	0.49 ± 0.07*	0.61 ± 0.08
HDL (mmol/L)	1.58 ± 0.19*	1.39 ± 0.14
Three months after treatment		
TC (mmol/L)	4.65 ± 0.61*	5.17 ± 0.72
TG (mmol/L)	1.68 ± 0.19*	2.14 ± 0.28
LDL (mmol/L)	2.65 ± 0.29*	3.05 ± 0.36
ox-LDL (mg/L)	0.42 ± 0.05*	0.59 ± 0.07
HDL (mmol/L)	1.73 ± 0.22*	1.42 ± 0.18

Data are represented as mean ± SD. *: $P < 0.05$ compared with control group.

Table 4

Comparison on coagulative function indexes of two groups.

Parameters	Shuxuetong group (n = 35)	Control group (n = 39)
One month after treatment		
6-keto-PGF _{1α} (μg/L)	37.32 ± 5.24*	28.34 ± 3.18
TXB ₂ (μg/L)	147.69 ± 19.36*	203.53 ± 26.48
FIB (g/L)	3.68 ± 0.56*	4.92 ± 0.65
D-D (ng/L)	168.64 ± 21.48*	227.89 ± 29.14
Three months after treatment		
6-keto-PGF _{1α} (μg/L)	45.64 ± 6.37*	32.14 ± 3.59
TXB ₂ (μg/L)	125.23 ± 18.42*	184.53 ± 23.18
FIB (g/L)	3.03 ± 0.49*	4.52 ± 0.62
D-D (ng/L)	142.54 ± 17.53*	196.52 ± 23.54

Data are represented as mean ± SD. *: $P < 0.05$ compared with control group.

4. Discussion

Aspirin and atorvastatin, respectively, are the western medicine drugs with the effects of anticoagulation and lipid-lowering, which are used in the secondary prevention treatment of ischemic cerebral infarction^[10-13]. However, for patients having had ischemic cerebral infarction, it is not enough to effectively correct the abnormal blood coagulation function and lipid metabolism only by western medicine and the risk of re-infarction becomes much higher. Shuxuetong injection is made only from Chinese medicines with main components of lumbricus and leech which can promote blood circulation to remove blood stasis. Modern pharmacological studies confirmed that lumbricus and leech can improve microcirculation, reduce blood viscosity and also directly activate plasminogen and dissolve the fibrous protein^[14,15]. In the process of ischemia and hypoxia injury, a variety of biomarker molecules in the endochylema of neurons and neurogliocyte will be released out of the cell, and then enter the blood circulation through the blood brain barrier. S100B protein is a kind of acidic calcium binding protein, which is highly expressed in neurons promoting axonal growth and neuronal differentiation^[16,17]. NSE is a kind of enolization dimer enzyme isozyme in neurons which can regulate the cellular energy metabolism^[18,19]. After the use of adjuvant therapy of Shuxuetong injection in this study, through the detection of the contents of the above two nerve damage markers to reflect the degree of injury of nerve function, the results revealed that the contents of serum S100B and NSE in Shuxuetong group were significantly lower than those of control group, which indicated that Shuxuetong injection can reduce the nerve injury in patients with ischemic cerebral infarction during rehabilitation.

Abnormal lipid metabolism is an important feature of patients with ischemic cerebral infarction, which can increase the blood viscosity and also can cause lipid deposition in endarterium and form the atheromatous plaque. TG and cholesterol are important lipid components in the body, and high levels of TG and cholesterol in the serum are also considered to be a risk factor for cerebral apoplexy. Cholesterol can be deposited in endarterium and become an important component of atheromatous plaque, and TG can accelerate the process of lipid deposition and promote the formation of atheromatous plaque^[20,21]. LDL can carry cholesterol to the peripheral tissue, and get into the endarterium oxidized as ox-LDL being able to further be swallowed by macrophages, and then form foam cells^[22,23]. HDL can transport cholesterol in peripheral tissues to the liver, which has an inhibitory effect on

the deposition of atherosclerotic plaque^[24]. The abnormal lipid metabolism is closely related to the occurrence of ischemic cerebral infarction. And if the abnormal lipid metabolism *in vivo* could not be effectively corrected, the risk of recurrence of cerebral infarction will be increased. Lumbricus and leech in Shuxuetong injection have pharmacological effects in regulating blood lipid metabolism. Blood lipid metabolic indexes were analyzed the results showed that the contents of serum TC, TG, LDL and ox-LDL in Shuxuetong group were significantly lower than those of control group and the content of HDL was significantly higher than that of control group, which indicated that adjuvant treatment with Shuxuetong injection can improve the blood lipid metabolism in patients with ischemic cerebral infarction during rehabilitation.

In the course of ischemic cerebral infarction, the rupture of the atherosclerotic plaque can cause local thrombosis, leading to obvious abnormal blood coagulation function in the body. Thromboxane A₂ and prostaglandin F_{1α} are important molecules in regulating coagulation function and forming thrombus and their metabolites are TXB₂ and 6-keto-PGF_{1α}. TXB₂ and 6-keto-PGF_{1α} in the body are extremely stable. Through the detection of the contents of the above two metabolites the function of thromboxane A₂ (TXA₂) and PGF_{1α} *in vivo* can be reflected. In the course of forming arterial thrombus, TXA₂ can increase the expression of platelet membrane diabetes IIa/IIIas receptors and promote platelet activation and aggregation. PGF_{1α} can antagonize the function of TXA₂, relax blood vessels and improve the blood flow perfusion^[25,26]. FIB is a blood coagulation factor of hepatic synthesis, directly involves in the process of blood coagulation and can combine with platelet and aggregate the platelet through the platelet membrane diabetes compound IIb-IIIa. D-D is a fibrin monomer formed by fibrinogen and degradation product crosslinked by the activation factor X, which can reflect hyperfibrinolysis and hypercoagulable state. Coagulative function indexes were analyzed and the results showed that the contents of serum TXB₂, FIB and D-D in Shuxuetong group were significantly lower than those of control group and the content of 6-keto-PGF_{1α} was significantly higher than that of control group, which indicated that adjuvant treatment with Shuxuetong injection can improve the coagulation function in patients with ischemic cerebral infarction during rehabilitation.

In summary, adjuvant treatment with Shuxuetong injection can alleviate the injury of nerve function, improve the blood lipid metabolism and coagulation function in patients with ischemic cerebral infarction which is an effective drug for the treatment of ischemic cerebral infarction.

Conflict of interest statement

The author reports no conflict of interest.

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