Contents lists available at ScienceDirect



Asian Pacific Journal of Tropical Biomedicine



journal homepage:www.elsevier.com/locate/apjtb

Document heading

# Genetic resources, current ecological status and altitude wise distribution of medicinal plants diversity of Darjeeling Himalaya of West Bengal, India

# Rajendra Yonzone<sup>1\*</sup>, R. B. Bhujel<sup>1</sup>, Samuel Rai<sup>2</sup>

<sup>1</sup> Taxonomy and Ethnobiology Research Laboratory, Cluny Women's College, P.O. Kalimpong, District Darjeeling, W.B., India 734301 <sup>2</sup> Darjeeling Krishi Vigyan Kendra, Uttar Banga Krishi Viswavidyalaya, P.O. Kalimpong, District Darjeeling, W. B., India 734301

### ARTICLE INFO

Article history: Received 3 February 2012 Received in revised form 11 February 2012 Accepted 15 April 2012 Available online 28 April 2012

*Keywords:* Darjeeling Himalaya Medicinal plants diversity Current status Atitude wise distribution

# **1. Introduction**

Darjeeling is the northernmost district of West Bengal. The district is subdivided into four Sub-Divisions viz., Darjeeling sadar; Kalimpong, Kurseong and Siliguri (Figure 1). The region lies between  $26^{\circ}31'$  and  $27^{\circ}31'$  north latitude and between 87°59' and 88°53' east longitude in the Eastern Himalayan region of India<sup>[1]</sup>. It is bordered by Sikkim in the north, Terai and Dooars in the south, Bhutan in the east and Nepal in the west. The district has two topographical features. Darjeeling, Kurseong and Kalimpong form the hill areas whereas Siliguri is stationed at the foothill in a vast stretch of the plains. The shape of the district is triangular. The total area of the triangular shaped district is 3 254.7 sq. km. which is 3.68 percent of the total areas of West Bengal state. The hilly region covers 2 320 sq. km. and the remaining 934.7sq.km of the area falls in the Terai and plains. The altitudinal variations of the district range from 150 m at Siliguri to 3 636 m at Sandakphu-Phalut with a sharp physiographic contrast between the plain and the mountainous regions<sup>[2]</sup>.

Darjeeling Himalaya enjoys the dignity of being blessed with ideal climatic and edaphic factors which favour and

# ABSTRACT

**Objective:** To find out the genetic resources, current ecological status and altitude wise distribution of medicinal plants diversity of Darjeeling Himalaya of West Bengal, India. **Methods:** The intensive field survey was conducted in the entire regions and necessary information were collected from the local inhabitants and literatures. **Results:** The present study revealed 218 medicinal plants species from 97 families with 195 genera distributed throughout the different altitudinal ranges of entire Darjeeling Himalaya. Of these, 6 plant species were from 3 500–45 00 m altitude, 22 from 1 800–3 500 m, 69 from 1 000–1 800 m and 121 from 130–1 000 m in the study area. There were 24 cultivated medicinal plants and the rest were wild. **Conclusions:** It is unique for rich, wide genetic diversity resources and distribution of medicinal plants in distinct climatic zones. However, the status of these some plant species are vulnerable, threatened, rare and critically endangered.

add richness to the medicinal plants wealth of the region<sup>[3]</sup>. It harvours one of the richest biodiversity in the world<sup>[4]</sup>. In the present investigation, genetic resources, current ecological status, diversity and altitude wise distribution of medicinal plant species of Darjeeling Himalaya of West Bengal, India has been studied.

# 2. Materials and methods

The intensive field survey was conducted in the entire Darjeeling hills including the forests. The authors visited Singhalila National Park, Darjeeling and Neora Valley National Park in Kalimpong and remote far flung areas covering all the altitudinal ranges as low as Siliguri to the as high as Sandakphu-Phalut of entire Darjeeling hills of West Bengal, India. All the medicinal plants and their necessary information were collected from the local herbal practisioners known as Jhakri or Dhami, Bonbo, Baidhya, Mangpa, Phedangma, Lama, Mata, Bhagawati, Bijuwa, Bungthing, herbal practitioners, senior men and women of different villages of study area. The necessary information from the website, scientific papers, articles, booklets and books have been utilized. The collected plant specimens were processed, described, properly identified and authenticated with the help of Flora of British India (Hooker, 1872-1897)[5]: medicinal plants (Jain SK, 1968)[6]; and from the Herbarium of Department of Botany, North

<sup>\*</sup>Corresponding author: Rajendra Yonzone, Rsearch Scholar, Taxonomy and Ethnobiology Research Laboratory, Cluny Women's College, P.O. Kalimpong, District Darjeeling, W.B., India – 734301.

E-mail: ryonzone99@gmail.com

Bengal University, Siliguri; Central National Herbarium, Indian Botanical Garden, Sibpur, Howrah and finally deposited in the Herbaria of Taxonomy and Ethnobiology Research Laboratory, Cluny Women's College, Kalimpong. In the present investigation the study of ecological status was conducted by Raunukiaer's ecological statistics, given by Raunukiaer, (1934)[7]. It was laid out in each of the major plots, and the species habitat rich plots of 5 m×5 m were laid out diagonally for regeneration status of frequency. Quantification of studies have been carried out to find out the current status of these species from Darjeeling district[8]. All the plant specimens are arranged systematically as per their altitude wise distribution in the area with botanical names, habitat, family and ecological status.

# **3. Results**

There were 218 medicinal plant species and 97 families with 195 genera including 54 trees, 44 shrubs, 94 herbs and 26 climbers widely distributed with four different classified altitudinal ranges of the district<sup>[9]</sup>(Figure 2). The altitude wise distribution of plant species in sub-alpine zone were 6. Out of these 1 was tree and the rest 5 were herbs and in case of ecological status 4 were endangered, 1 was critically endangered and 1 was frequent (Table 1). In temperate and

### Table 1.

Medicinal plants of sub-alpine zone (3 500-4 500 m)

sub-temperate zone, there were 22 plant species. Out of these 1 was climber, 13 were herbs, 4 were shrubs and the rest 4 were trees and in case of ecological status 7 were endangered, 5 were rare, 8 were sparse, 3 were frequent, 1 was vulnerable and 1 threatened (Table 2). In sub-tropical zone, there were 69 plant species, out of these 36 were herbs, 14 were shrubs, 10 were trees and the rest 9 were climbers and in ecological status 2 were endangered, 6 were rare, 1 vulnerable, 30 were sparse, 15 were frequent, 5 were abundant and 6 were planted or cultivated in the region (Table 3) and in tropical zone there were 121 plant species. Out of these, 40 were herbs, 26 were shrubs, 39 were trees and the rest 16 were climbers and in case of ecological status, 3 were endangered, 7 were rare, 2 were threatened, 54 were sparse, 14 were frequent, 16 were common, 15 were planted and 4 were abundant (Table 4). It was found that Orchidaceae was the largest family with 10 species, followed by Zingiberaceae 8, Rubiaceae 8, Apocynaceae 6, Euphorbiaceae 6, Urticaceae 6, Asteraceae 6, Rutaceae 6, Polygonaceae 5 and Araliaceae 4 which is shown in Figure 3. Monocots are dominant over dicots in distribution and occurrence. Of these, 6 plants from 3 500 to 4 500 m altitudinal range, 22 plants from 1 800 to 3 500 m, 69 plants from 1 000 to 1800 m and 122 from 130-1000 m. Above data clearly signify that lower the altitude higher the medicinal plants distribution in study area.

inclinial plants of sub-alpine zone (5.500 + 500 m).				
Sl. No.	Botanical name	Habit	Family	Status
1	Abies densa Grief. ex Parker.	Tree	Pinaceae	Frequent
2	Aconitum bisma (Buch-Ham.) Rapaics.	Herb	Ranunculaceae	Endangered
3	Aconitum spicatum (Bruhl.) Stapf.	Herb	Ranunculaceae	Endangered
4	Dactylorhiza hatagirea (D. Don) Soo.	Herb	Orchidaceae	Critically Endangered
5	Nardostachys jatamansi DC.	Herb	Valerianaceae	Endangered
6	Neopicrorhiza scrophulariiflora (Pennel) D.Y. Hong.	Herb	Scrophulariaceae	Endangered

Table 2.

Medicinal plants of temperate and sub-temperate zone (1 800-3 500 m).

Sl. No.	Botanical name	Habit	Family	Status
1	Daphne bholua D. Don.	Shrub	Thymelaeaceae	Frequent
2	Dicentra scandens (D. Don) Walpers.	Climber	Fumariaceae	Rare
3	Fragaria nubicola (Hook. f.) Lacaita.	Herb	Rosaceae	Sparse
4	Heracleum nepalense D. Don.	Herb	Apiaceae	Sparse
5	Heracleum wallichii DC.	Herb	Apiaceae	Frequent
6	Iris clarkei Baker ex Hook. f.	Herb	Iridaceae	Sparse
7	Mahonia napaulensis DC.	Shrub	Berberidaceae	Sparse
8	Panax pseudoginseng Wall. var. angustifolius (Burkill) Li	Herb	Araliaceae	Endangered
9	Panax pseudoginseng Wall. var. bipinnatifidus (Seemab) Li	Herb	Araliaceae	Endangered
10	Paris polyphylla Smith.	Herb	Trilliaceae	Sparse
11	Pentapanax fragrans (D. Don) Ha	Tree	Araliaceae	Rare
12	Persea fructifera Kostermans.	Tree	Lauraceae	Sparse
13	Podophyllum sikkimense Chatterjee & Mukherjee.	Herb	Podophyllaceae	Endangered
14	Rosa sericea Lindl.	Shrub	Rosaceae	Vulnerable
15	Rheum acuminatum Hook. f.	Herb	Polygonaceae	Sparse
16	Rhododendron arboretum Smith.	Tree	Ericaceae	Frequent
17	Satyrium nepalense D. Don.	Herb	Orchidaceae	Sparse
18	Swertia bimaculata (Sieb. & Zucc.) Hook. f. & Thoms ex Clarke.	Herb	Gentianaceae	Threatened
19	Swertia chirayita (Roxb. ex Fleming) Karsten.	Herb	Gentianaceae	Endangered
20	Taxus baccata L. sub.sp. wallichiana Zucc.	Tree	Taxaceae	Endangered
21	Valeriana hardwickii Wall.	Herb	Valerianaceae	Rare
22	Zanthoxylum acanthopodium DC.	Shrub	Rutaceae	Rare

 Table 3.

 Medicinal plants of sub-tropical zone (1 000-1 800 m).

Sl. No.	Botanical name	Habit	Family	Status
	Acmella calva (D.C.) Jansen.	Herb	Asteraceae	Frequent
	Acorus calamus L.	Herb	Araceae	Sparse
	Ageratina adenophora (Spreng.)King & Robinson.	Herb	Asteraceae	Abundant
	Ageratum conyzoides L.	Herb	Asteraceae	Abundant
	Alstonia scholaris (L.) R. Brown.	Tree	Apocynaceae	Frequent
	Amaranthus spinosus L.	Herb	Amaranthaceae	Frequent
	Amomum subulatum Roxb.	Herb	Zingiberaceae	Planted
	Anthogonium gracile Wall ex Lindl.	Herb	Orchidaceae	Common
	Ardisia macrocarpa Wall in Roxb.	Shrub	Myrsinaceae	Frequent
)	Artemisia dubia Wall. ex Besser.	Herb	Asteraceae	Frequent
1	Astilbe rivularis D. Don.	Herb	Saxifragaceae	Sparse
2	Begonia cathcartii Hook. f. D. Don.	Herb	Begoniaceae	Rare
3	Belamcanda chinensis (L.) DC.	Herb	Iridaceae	Sparse
4	Bergenia ciliata (Haworth) Sternberg.	Herb	Saxifragaceae	Planted
5	Betula alnoides D. Don.	Tree	Betulaceae	Sparse
5	Callicarpa vestita Wall. ex Clarke.	Tree	Verbenaceae	Sparse
7	Cinchona succirubra Pavon ex Klotz.	Tree	Rubiaceae	Planted
3	Clematis buchananiana DC.	Climber	Ranunculaceae	Vulnerable
)	Coelogyne ovalis Lindl.	Herb	Orchidaceae	Sparse
C	Costus speciosus Koen. ex Retz. Smith.	Herb	Zingiberaceae	Sparse
1	Curcuma zedoaria (Berg.) Rosc.	Herb	Zingiberaceae	Rare
2	Datura suaveolens Humb & Bonpl. ex Willd.	Shrub	Solanaceae	Sparse
3	Dendrophthoe falcata (L. f.) Etting.	Shrub	Loranthaceae	Sparse
4	Didymocarpus aromaticus Wall. ex D. Don.	Herb	Gesneriaceae	Sparse
5	Digitalis purpurea L.	Herb	Scrophularaceae	Planted
, 5	Dioscorea bulbifera L.	Climber	Dioscoreaceae	Sparse
7	Dioscorea pentaphylla L.	Climber	Dioscoreaceae	Sparse
8	Drymaria cordata Willd.	Herb	Caryophyllaceae	Abundant
9	Edgeworthia gardneri (Wall.) Meisner.	Shrub	Thymelaeaceae	Sparse
9	Fagopyrum dibotrys (D. Don) Hara.	Herb	Polygonaceae	Sparse
1	Frazinus floribunda Wall.	Tree	Oleaceae	-
				Sparse
2	Hedychium coronarium Koen.	Herb Trees	Zingiberaceae	Rare
3	Holarrhena pubescens Wall ex G. Don.	Tree	Apocynaceae	Sparse
4	Houttyunia cordata Thumb.	Herb	Saururaceae	Frequent
5	Hypericum uralum Buch.–Ham. ex D. Don.	Shrub	Hypericaceae	Sparse
5	Juglans region L.	Tree	Juglandaceae	Frequent
7	Kaempferia rotunda L.	Herb	Zingiberaceae	Rare
8	Laportea terminalis Wight.	Shrub	Urticaceae	Frequent
9	Litsea cubeba (Lour.) Persoon.	Tree	Lauraceae	Rare
)	Pratia nummularia (Lamk) A. Br.	Herb	Campanulaceae	Frequent
1	Lygodium alatum (Clarke) V.A.V.R.	Climber	Lygodioceae	Sparse
2	Lycopodium japonicum Thumb.	Herb	Solanaceae	Abundant –
3	Lyonia ovalifolia (Wall.) Drude.	Tree	Ericaceae	Frequent
ł	Menthe arvensis L.	Herb	Lamiaceae	Sparse
5	Mussaenda treutleri Stapf.	Shrub	Rubiaceae	Frequent
5	Nasturtium officinale R. Brown.	Herb	Brassicaceae	Sparse
7	Nephrolepis cordifolia (L.) Presl.	Herb	Nephrolepidaceae	Abundant
3	Phytolacca acinosa Roxb.	Herb	Polygonaceae	Sparse
)	Piper nigrum L.	Climber	Piperaceae	Planted
)	Plantago erosa Wall.	Herb	Plantaginaceae	Frequent
1	Plumbago zeylanica L.	Shrub	Plumbaginaceae	Rare
2	Pouzolzia hirta (Blume) Hassk.	Herb	Urticaceae	Frequent
3	Pouzolzia sanguinea (Blume) Merrill. var. nepalensis (Wedd.) Hara.	Shrub	Urticaceae	Frequent
4	Rubia manjith Roxb. ex Fleming.	Climber	Rubiaceae	Sparse
5	Rubia sikkimensis Kurtz.	Climber	Rubiaceae	Sparse
c	Rubus ellipticus Smith.	Shrub	Rosaceae	Sparse
6	Raoas chipheas Sintin.			

# Table 3, continued

Sl. No.	Botanical name	Habit	Family	Status
58	Streptolirion volubile Edgew.	Herb	Commelinaceae	Sparse
59	Tetradium fraxinifolium (Hook.) T.G. Hartley.	Tree	Rutaceae	Sparse
60	Tricosanthes lepiniana (Naudin) Cogniaux.	Climber	Cucurbitaceae	Common
61	Tricosanthes wallichiana (Seringe) Wight.	Climber	Cucurbitaceae	Sparse
62	Tupistra nutans Wall. ex Lindl.	Herb	Liliaceae	Sparse
63	Urtica ardens L.	Shrub	Urticaceae	Frequent
64	Urtica dioica L.	Shrub	Urticaceae	Frequent
65	Urtica parviflora Roxb.	Herb	Urticaceae	Sparse
66	Viscum album L.	Shrub	Loranthaceae	Endangered
67	Viscum liquidambaricolum Hayata.	Shrub	Loranthaceae	Endangered
68	Zingiber officinale Rosc.	Herb	Zingiberaceae	Planted
69	Zingiber rubens Roxb.	Herb	Zingiberaceae	Planted

 Table 4

 Medicinal plants of tropical zone (130–1 000 m).

Sl. No.	Botanical name	Habit	Family	Status
1	Abroma augusta (L.) L. f.	Shrub	Sterculiaceae	Sparse
2	Acacia catechu (L. f.) Willd.	Tree	Mimosoideae	Sparse
3	Acampe papillosa (Lindl.) Lindl.	Herb	Orchidaceae	Common
4	Achyranthes aspera L.	Herb	Amarantaceae	Sparse
5	Adiantum lunulatum Burm.	Herb	Adiantaceae	Sparse
6	Aegle marmelos (L.) Correa.	Tree	Rutaceae	Planted
7	Aerides odorata Loureiro.	Herb	Orchidaceae	Sparse
8	Aerva javanica Juss. ex Schult.	Herb	Amaranthaceae	Frequent
9	Aloe barbadensis Miller.	Climber	Liliaceae	Planted
10	Ampelocissus barbata (Wall.) Planchon.	Climber	Vitaceae	Frequent
11	Andrographis paniculata (Burm. f.) Wall. ex Ness.	Herb	Acanthaceae	Sparse
12	Anthocephalus cadamba (Roxb.) Miquel.	Tree	Rubiaceae	Sparse
13	Antidesma acidum Retzium.	Shrub	Euphorbiaceae	Sparse
14	Artocarpus heterophyllus Lamarck.	Tree	Moraceae	Planted
15	Artocarpus lacucha Buch–Ham.	Tree	Moraceae	Sparse
16	Asparagus officinalis L.	Climber	Asperagaceae	Planted
17	Asparagus racemosus Wild.	Climber	Asperagaceae	Planted
18	Azadirachta indica Juss.	Tree	Meliaceae	Planted
19	Bauhinia purpurea L.	Tree	Caesalpinoideae	Sparse
20	Bauhinia variegata L.	Tree	Caesalpinoideae	Sparse
21	Bischofia javanica Blume.	Tree	Bischofiaceae	Sparse
22	Bombax ceiba L.	Tree	Bombaceae	Sparse
23	Bryonopsis laciniosa (L.) Naud.	Climber	Cucurbitaceae	Sparse
24	Buddleja asiatica Loureiro.	Climber	Buddlejaceae	Sparse
25	Butea parviflora Roxb.	Climber	Papillionoideae	Frequent
26	Calotropis gigantea (L.) Dryander.	Shrub	Asclepiadaceae	Sparse
27	Cannabis sativa L.	Shrub	Cannabiaceae	Sparse
28	Cassia fistula L.	Tree	Caesalpinoideae	Planted
29	Catharanthus roseus (L.) G. Don.	Herb	Apocynaceae	Planted
30	Cayratia trifolia (L.) Domin.	Climber	Vitaceae	Sparse
31	Centella asiatica (L) Urban.	Herb	Apiaceae	Common
32	Cephalis ipecacuanha (Brot.) A. Rich.	Shrub	Rubiaceae	Planted
33	Chromolaena odorata King & Robinson.	Shrub	Asteraceae	Common
34	Cinnamomum tamala (Hamilton) Nees at Ebermaier.	Tree	Lauraceae	Sparse
35	Cissampelos pareira L.	Climber	Menispermaceae	Sparse
36	Clerodendrum serratum (L.) Moon.	Shrub	Verbenaceae	Frequent
37	Colebrookea oppositifolia Smith.	Shrub	Lamiaceae	Sparse
38	Curcuma aromatica Salisbury.	Herb	Zingiberaceae	Planted
39	Curcuma longa L.	Herb	Zingiberaceae	Sparse
40	Cuscuta reflexa Roxb.	Tree	Cuscutaceae	Sparse
41	Cymbidium aloifolium (L.) Sw.	Herb	Orchidaceae	Sparse
42	Cymbopogon citratus Stapf.	Herb	Poaceae	Planted

S	4	43

Sl. No.	Botanical name	Habit	Family	Status
NO. 13	Cynodon doctylon (L.) Pers.	Herb	Poaceae	Abundant
4	Dicliptera bupleuroides Nees.	Herb	Acanthaceae	Sparse
5	Dolichos biflorus L.	Herb	Fabaceae	Planted
6	Dalbergia sissoo Roxb.	Tree	Kabraceae	Common
7	Dendrobium nobile Lindl.	Herb	Orchidaceae	Sparse
8	Elaeocarpus sphaericus (Gaertn.) Schumann.	Tree	Elaeocarpaceae	Rare
9	Elsholtzia blanda (Benth) Benth.	Herb	Lamiaceae	Sparse
0	Entada rheedii Sprengel. sub.spp. Sinohimalensis (Grierson & Long) Panigrahi L.	Climber	Mimosoideae	Sparse
1	Equisetum debile L.	Herb	Equisetaceae	Frequent
2	Euphorbia hirta L.	Herb	Euphorbiaceae	Common
2 3	Fagopyrum esculentum Moench.	Herb	Polygonaceae	Sparse
3 4	Ficus semicordata Smith.	Tree	Moraceae	Sparse
	Garcinia cowa Roxb. ex DC.	Tree	Clusiaceae	-
5		Herb	Orchidaceae	Sparse
6	Geodorum densiflorum (Lam.) Schltr.			Rare
7	Gloriosa superba L.	Herb	Liliaceae	Planted Engrugant
8	Gmelina arborea Roxb.	Tree	Verbenaceae	Frequent
9	Gynocardia odorata R. Brown.	Tree	Flacourtiaceae	Rare
0	Hedyotis scandens Roxb.	Climber	Rubiaceae	Sparse
1	Holarrhena pubescens (Buch–Ham.) Wall. ex G. Don.	Tree	Apocynaceae	Frequent
2	Imperata cylindrica (L.) Reauschel.	Herb	Poaceae	Abundant
3	Jatropha curcas L.	Shrub	Euphorbiaceae	Sparse
4	Justicia adhatoda L.	Shrub	Acanthaceae	Sparse
5	Lagerstroemia hirsuta (Lamarck) Willd.	Tree	Lythraceae	Sparse
6	Mallotus philippensis (Lamk.) Mueller.	Tree	Euphorbiaceae	Sparse
7	Melastoma malabathricum L.	Shrub	Melastomataceae	Frequent
8	Mimosa himalayana Gamble.	Shrub	Mimosoideae	Sparse
9	Mimosa pudica L.	Shrub	Mimosaceae	Frequent
0	Mirabilis jalapa L.	Herb	Nactaginaceae	Sparse
1	Momordica dioica Roxb.	Climber	Cucurbitaceae	Common
2	Moringa oleifera Lamarck.	Tree	Moringaceae	Common
3	Morus australis Poiret.	Tree	Moraceae	Frequent
4	Mucuna nigricans (Lour.) Steudel.	Climber	Papilionoideae	Sparse
5	Murraya paniculata (L.) Jack.	Tree	Rutaceae	Sparse
6	Nerium odorum L.	Shrub	Apocynaceae	Sparse
7	Ocimum basilicum L.	Herb	Lamiaceae	Planted
8	Ocimum tenuiflorum L.	Herb	Lamiaceae	Planted
9	Osbeckia stellata Ker–Gawler.var. stellata	Shrub	Melastomataceae	Sparse
0	Oroxylum indicum (L.) Kurz.	Tree	Bignoniaceae	Frequent
1	Oxalis corniculata L.	Herb	Geraniaceae	Frequent
2	Paederia foetida L.	Shrub	Rubiaceae	Sparse
3	Phaius tankervilleae (Bank ex I–Herit.) Blume.	Herb	Orchidaceae	Common
4	Pholidota imbricata Hook	Herb	Orchidaceae	Sparse
5	Phlogacanthus thyrsiformis (Roxb. ex Hardwick) D.J. Mabberley.	Shrub	Acanthaceae	Sparse
6	Phyllanthus emblica L.	Tree	Euphorbiaceae	Sparse
7	Phyllanthus fraternus Webster.	Herb	Euphorbiaceae	Common
8	Physalis divaricata L.	Shrub	Solanaceae	Sparse
> Ə	Piper longum L.	Shrub	Piperaceae	Common
, )	Prunus cerasoides D. Don.	Tree	Rosaceae	
	Psidium guajava L.	Tree		Sparse Common
1		Herb	Myrtaceae	
2	Pupalia atropurpurea Moq.		Amarantaceae	Sparse
3	Rauvolfia serpentina Bentham ex Kurz.	Shrub	Apocynaceae	Endangere
4 ~	Rhus chinensis Miller.	Tree	Anacardiaceae	Rare
5	Rhynchostylis retusa (L.) Blume.	Herb	Orchidaceae	Sparse
6	Schima wallichii (DC) Kortals.	Tree	Theaceae	Abundant
7	Scoparia dulcis L.	Herb	Scrophulariaceae	Common
8	Semecarpus anacardium L.f.	Tree	Anacardiaceae	Sparse
9	Sida acuta Burm. f.	Shrub	Malvaceae	Common

### **Table 4, continued**

Sl. Botanical name	Habit	Family	Status
No.			
100 Sigesbeckia oriantalis L.	Herb	Asteraceae	Common
101 Smilax aspericaulis Wall.	Climber	Smilaceae	Sparse
102 Solanum nigrum L.	Herb	Solanaceae	Abundant
103 Solanum torvum Swartz.	Shrub	Solanaceae	Common
104 Sonchus oleraceus L.	Herb	Asteraceae	Common
105 Sorea robusta Gaertner f.	Tree	Dipterocarpaceae	Sparse
106 Spermadictyon suaveolens Roxb.	Shrub	Rubiaceae	Rare
107 Spondias pinnata (L. f.) Kurz.	Tree	Anacardiceae	Sparse
108 Stephania glabra (Roxb.) Miers.	Climber	Menispermaceae	Endangered
109 Tamarindus indica L.	Tree	Caesalpinoideae	Sparse
110 Terminalia bellirica (Gaertner) Roxb.	Tree	Combretaceae	Rare
111 Terminalia chebula Retzius.	Tree	Combretaceae	Rare
112 Tetradium fraxinifolium (Hook.) T.G. Hartley.	Tree	Rutaceae	Sparse
113 Thysanolaena latifolia (Roxb. ex Hornem) Honda.	Shrub	Poaceae	Planted
114 Tinospora cordifolia (Willd.) Hook. f. & Thoms.	Climber	Menispermaceae	Endangered
115 Tridax procumbens L.	Herb	Asteraceae	Sparse
116 Urena lobata L.	Herb	Malvaceae	Sparse
117 Vernonia saligna DC.	Shrub	Asteraceae	Frequent
118 Vitex negundo L.	Tree	Verbenaceae	Frequent
119 Woodfordia fruticosa (L.) Kurz.	Shrub	Lythraceae	Sparse
120 Youngia japonica (L.) DC.	Herb	Asteraceae	Sparse
121 Zingiber officinale Rocs.	Herb	Zingiberaceae	Planted

The threat status of all the plant species have been analyzed by Raunukiaer's ecological statistics of frequency and IUCN. Accordingly, 16 plants species were facing endangered, 1 critically endangered, 17 are rare, 33 are frequent, 98 are sparse, 2 vulnerable, 1 threatened, 9 are abundant, 24 were planted and 18 were common in the study areas (Table 1–4 and Figure 4).



Figure 1. Location of Darjeeling district (study area) of West Bengal, India.

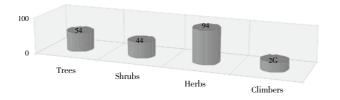


Figure 2. Distribution types of medicinal plants throughout the district.

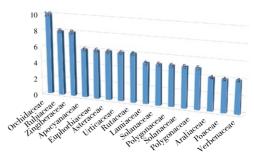
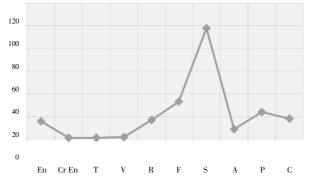


Figure 3. Genus with family wise distribution of plants.



**Figure 4.** Ecological status of plant species. (En=Endangered, Cr En=Critically endangered, R=Rare, =Vulnerable, F=Frequent, S=Sparse, T=Threatened, A=Abundant, P=Planted and C=Common).

### 4. Discussion

All these medicinal plants were still being used by various ethnic communities of Darjeeling hills of West Bengal for various ailments and diseases<sup>[10]</sup>. Distribution of these plants directly influence by the altitudinal ranges and

climatic influences. Depending upon the various changes in altitudinal ranges, from 130-3 636 m, the temperature also changes in great extremities from warmer to colder. The study area falling from plain of Siliguri 150 m to high hills of Sandakphu 3 636 m and vegetation of low altitude is quite different than the high altitude. The climate varies from one part of the district to another corresponding to the altitudes, topography and physiographic features of different areas. The district is unique in having three distinct climatic zones namely tropical, temperate and sub-alpine and it influence the richness and wide biological diversity<sup>[11]</sup>. The climatic condition of Siliguri is warmer than other hilly Sub–Divisions. Within the district the annual climatic condition remain wet summer and a dry winter. Therefore, it is concluded that there is sharp variation in the distribution of plant species at various altitudinal range. A large number of medicinal plant species are remarkably effective in treatment of several dreadful diseases of man and other animals while many more are edible, poisonous depending on the plant part and manner in which used<sup>[12]</sup>. Due to natural calamities, uncertain rainfall, raising temperature, frequent land slides, deforestation, indiscriminate collection and ignorance, the status of these plants are being vulnerable, threatened, rare and endangered.

# **Conflict of interest statement**

We declare that we have no conflict of interest

# Acknowledgements

The authors are grateful to Govt. of West Bengal, West Bengal State Council of Science and Technology, Bikash Bhavan, Salt Lake, Kolkata for providing research grant through which the investigation was possible and the authors are cordially grateful to the inhabitants of Darjeeling Himalaya because of their kind support, encouragement and co-operation during the field surveys.

# References

- Bhujel RB. Studies on the dicotyledonous flora of Darjeeling district. Ph. D. Thesis, Raja Rammohanpur, Darjeeling: University of North Bengal; 1996.
- [2] Biswas KP, Chopra RN. Common medicinal plants of Darjeeling and Sikkim Himalayas. Alipur, Calcutta; 1956.
- [3] Chatterjee A, Pakrashi SC. The treatise on Indian medicinal plants. New Delhi: National Institute of Science Communication, CSIR; 1991-2001.
- [4] Chopra RN, Nagar SL, Chopra IC. Glossary of Indian medicinal plants. New Delhi: CSIR; 1956.
- [5] Hooker JD. Flora of British India. International Book Distributors, Dehra–Dun; 1872–1897, p. 1–7.
- [6] Jain SK. Medicinal plants. New Delhi: National Book Trust; 1968.
- [7] Ranukiaer. The life forms of plants of statistical plant geography. Oxford, London: Clarendon Press; 1934.
- [8] Rajendra Y, Ahsan K. Ethnomedicinal uses of orchids. Presented Paper, XVIII Annual Conference of IAAT and International Seminar on Multidisciplinary Approaches in Angiosperm Systematics, Department of Botany, University of Kalyani, Nadia, India; 2008
- [9] Rajendra Y, Bhujel RB. Medicinal and aromatic plants of Darjeeling district and documentation of status habitat and local uses of the plant species, project report. Kalimpong, Darjeeling, India: WBSCST, Kolkata and Cluny Women's College; 2009a.
- [10] Rajendra Y, Bhujel RB,. Medicinal Plants and their present status in the Darjeeling Himalaya. Presented paper. International Conference on Recent Trends in Life Science Researches vis-avis Natural Resource Management, Sustainable Development and Human Welfare, Vinoba Bhave University, Hazaribag, Jharkhand, India; 2009b.
- [11] Rajendra Y, Bhujel RB. Ethnomedicinal plants among the Gorkha communities of Darjeeling Himalaya. Presented paper. National Conference On Plant Sciences: Diversity, Products and Environmental Planning and NCPSDPEP-2009 XVIII APSI Scientists Meets 2009. Department of Botany, Marwari College, Ranchi (Jharkhand) and Academy of Plant Sciences India, Muzaffarnagar (U.P.); 2009c.
- [12] Rajendra Y, Lama D, Bhujel RB. Medicinal orchids and their uses for the welfare of mankind. Presented paper. National Seminar on Diversity Conservation and Sustainable Utilization of Plants and Traditional Knowledge in Eastern Himalaya. Department of Botany, University of North Bengal and East Himalayan Society for Spermatophyte Taxonomy, Siliguri, W.B., India; 2010.