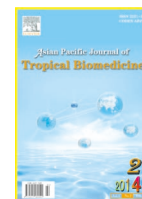




Contents lists available at ScienceDirect

## Asian Pacific Journal of Tropical Biomedicine

journal homepage: www.elsevier.com/locate/apjtb



Document heading

doi:10.1016/S2221-1691(14)60224-0

© 2014 by the Asian Pacific Journal of Tropical Biomedicine. All rights reserved.

# Anti-inflammatory activity and qualitative analysis of different extracts of *Maytenus obscura* (A. Rich.) Cuf. by high performance thin layer chromatography method

Mohamed F. Alajmi<sup>\*</sup>, Perwez Alam

Department of Pharmacognosy, College of Pharmacy, King Saud University, Riyadh, Kingdom of Saudi Arabia

## PEER REVIEW

## ABSTRACT

**Peer reviewer**

Dr. Prawez Alam, Assistant Professor, Salman bin Abdul Aziz University, Al Kharj, Kingdom of Saudi Arabia.  
Tel: +96615886014  
Fax: +96615886001  
E-mail: prawez007@gmail.com

**Comments**

The research represents advanced methodological qualitative analysis of complex matrix such as herbal medicine where only very limited information can be acquitted using traditional techniques. The manuscript is well written. It has been organized according to well documented researches. The materials and methods are written precisely and well referenced. The results are compatible with what the methods may generate. The results were discussed scientifically according to the results obtained.

Details on Page 156

**Objective:** To perform aqueous ethanol soluble fraction (AESF) and dichloromethane extract of aerial parts of *Maytenus obscura* (A. Rich.) Cuf. using high performance thin layer chromatography (HPTLC) and to test anti-inflammatory activity of these extracts.

**Methods:** HPTLC studies were carried out using CAMAG HPTLC system equipped with Linomat IV applicator, TLC scanner 3, Reprostar 3, CAMAG ADC 2 and WIN CATS-4 software were used. The anti-inflammatory activity was tested by injecting different groups of rats (6 each) with formalin in hind paw and measuring the edema volume before and 1 h later formalin injection. Control group received saline *i.p.* The extracts treatment was injected *i.p.* in doses of 100 and 200 mg/kg 1 h before formalin administration. Indomethacin (30 mg/kg) was used as standard.

**Results:** The results of preliminary phytochemical studies confirmed the presence of protein, lipid, carbohydrate, phenol, flavonoid, saponin, triterpenoid, alkaloid and anthraquinone in both extracts. Chromatography was performed on glass-backed silica gel 60 F254 HPTLC plates with the green solvents toluene: ethylacetate: glacial acetic acid (5:3:0.2, v/v/v) as mobile phase. HPTLC finger printing of AESF revealed major eight peaks with  $R_f$  values in the range of 0.28 to 0.80 and the dichloromethane revealed major 11 peaks with  $R_f$  values in the range of 0.12 to 0.76. The purity of sample was confirmed by comparing the absorption spectra at start, middle and end position of the band. Treatment of rats (*i.p.*) with AESF and dichloromethane in doses of 100 and 200 mg/kg inhibited significantly ( $P < 0.05$ ,  $n=6$ ) formalin-induced inflammation by 50%, 55.9%, 45.5%, and 51.4%, respectively.

**Conclusions:** HPTLC finger printing of AESF and dichloromethane of *Maytenus obscura* revealed eight major spots for alcoholic extracts and nine major spots for dichloromethane extracts. These HPTLC profiles may be of great usefulness in the quality control of herbal products containing these extracts. The anti-inflammatory activity of both extracts also revealed the medicinal importance of these extracts. The plant can be further explored for the isolation of phytoconstituents having anti-inflammatory activity.

## KEYWORDS

*Maytenus obscura*, Phytochemical screening, Finger print, Anti-inflammatory, HPTLC**1. Introduction**

*Maytenus obscura* (A. Rich.) Cuf. (*M. obscura*) belongs to the genus *Maytenus* which is distributed worldwide, particularly in subtropical and tropical regions, Africa,

China, Brazil, Paraguay, Uruguay and Argentina and in southern regions of Saudi Arabia<sup>[1]</sup>. The genus *Maytenus* is rich in triterpenes, diterpenes, sesquiterpene alkaloids and spermidine alkaloids<sup>[2]</sup>. Other secondary metabolites isolate from different species of the genus *Maytenus*,

<sup>\*</sup>Corresponding author: Mohamed F. Alajmi, Department of Pharmacognosy, College of Pharmacy, King Saud University, Riyadh, Kingdom of Saudi Arabia.

Tel: +966505151846

E-mail: alajmister@gmail.com

Foundation Project: Supported by College of Pharmacy and the deanship of Scientific Research of the King Saud University (Riyadh, Saudi Arabia) (Grant No. RGP-VPP-150).

Article history:

Received 25 Dec 2013

Received in revised form 1 Jan, 2nd revised form 6 Jan, 3rd revised form 10 Jan 2014

Accepted 16 Jan 2014

Available online 28 Feb 2014

including flavonoids and flavonoid glycosides<sup>[3]</sup>, phenolic glucoside and agarofurans<sup>[4]</sup>. Species belonging to this genus are extensively investigated for bioactive compounds as they are widely used in folk medicine such as antiseptic, antiasthmatic, fertility–regulating agents, antitumor and antiulcer<sup>[5,6]</sup>. Some *Maytenus* species are marketed in the form of capsules, powders, dried leaves, fresh leaves, aqueous or aqueous–alcoholic preparations<sup>[5]</sup>. Herbal drugs play major role in treatment of many diseases especially in undeveloped countries<sup>[7]</sup>. Standardization of plant materials used in traditional medicine is very important in today's health care system. Pharmacopoeial herbal profiles need to be updated to include the fingerprinting of herbal drugs generated by advanced technology. These modern methods describing the identification and quantification of active constituents in the plant material may be useful for complete standardization of herbals and its formulations<sup>[8]</sup>. High performance thin layer chromatography (HPTLC) can provide chromatographic fingerprints of herbal drugs that can be visualized, stored as electronic images and used as referene for quality control of herbs. Due to its low cost, high sample throughput and low sample cleanup, HPTLC may become one of standard quality testing techniques. HPTLC has the advantage of simultaneous analysis of large numbers of samples, thus reducing time and cost per analysis<sup>[9–13]</sup>. The aim of this study is to evaluate and compare the anti-inflammatory activity and to develop HPTLC fingerprint profile of alcoholic and dichloromethane extract of aerial parts of *M. obscura*.

## 2. Materials and methods

### 2.1. Plant material

*M. obscura* was collected from Abha, kingdom of Saudi Arabia. The plant was collected and identified by Dr. Mohammad Atiqur Rahman (taxonomist of Medicinal, Aromatic and Poisonous Plants Research Center, College of Pharmacy, King Saud University, Saudi Arabia). Voucher specimens (14295, 13420 and 14309 respectively) were deposited in the herbarium of the College of Pharmacy, King Saud University, Saudi Arabia. Aerial parts were shade dried and coarsely powdered.

### 2.2. Preparation and extraction of plant material

About 1.3 kg of *M. obscura* was exhaustively extracted at room temperature with 90% ethanol (3×3 L). The ethanol extract was then concentrated under vacuum to yield 182.5 g black waxy residue. A total of 120 g was defatted with petroleum ether (4×200 mL). The remaining alcoholic extract was fractionated with CH<sub>2</sub>Cl<sub>2</sub> (5×200 mL) to yield 13.2 g CH<sub>2</sub>Cl<sub>2</sub>

soluble fraction (SF) and 99.1 g aqueous ethanol soluble fraction (AESF).

### 2.3. Phytochemical screening

Preliminary phytochemical screening was done following the method of Kokate and Gokhale<sup>[14]</sup>, and Khandelwal<sup>[15]</sup>.

### 2.4. HPTLC profile

#### 2.4.1. Chromatographic method

HPTLC studies were carried out following the method of Harborne and Wagner *et al*<sup>[16,17]</sup>. The protocol for preparing sample solutions was optimized for high quality fingerprinting. The fingerprinting of dichloromethane and alcoholic extracts of *M. obscura* were executed by spotting 5, 10, 15, 20 µL of suitably diluted sample solution of the SF and AESF on a HPTLC plate. Chromatography was performed on 20 cm×10 cm glass HPTLC plates precoated with 200 µm layers of silica gel 60F254 (E. Merck, Darmstadt, Germany). Samples (5 µL, 10 µL, 15 µL, 20 µL) of each extract were applied as bands 6 mm wide and 8 mm apart by means of Camag (Muttenez, Switzerland) Linomat IV sample applicator equipped with a 25 µL syringe which was programmed through WIN CATS software. The developed plate was dried at 100 °C in hot air oven for 3 min. The plate was kept in photo–documentation chamber (CAMAG Reprostar 3) and captured the images under UV light at 254 and 366 nm, respectively. The *R<sub>f</sub>* values and finger print data were recorded by WIN CATS software.

#### 2.4.2. Solvent system development

A number of solvent systems were tried, but the best resolution was obtained in the solvent toluene: ethyacetate: glacial acetic acid (5:3:0.2).

#### 2.4.3. Detection of spots

The developed plate was dried at 100 °C in hot air oven for 3 min to evaporate solvents from the plate. The plate was kept in photo–documentation chamber (CAMAG Reprostar 3) and images captured under UV light at 254 and 366 nm, respectively. The *R<sub>f</sub>* values and finger print data were recorded by WIN CATS software.

### 2.5. Anti–inflammatory activity

Inflammation was induced in the plantar side of the left hind paws of male wistar rats (weighing 100–150 g) by injecting 0.1 mL of 10% aqueous formalin as described by Fu *et al*<sup>[18]</sup>. The increase in the paw edema was recorded prior to and 60 min after formalin injection (or 2 h after treatment with extracts) using hydro–plethysmograph (Model 7150, Ugo, Basile, Haly). Instead of the treatment (extracts) (in the

treated group), the control group was administered (*i.p.*) 0.1 mL of 10% aqueous formalin and the standard group was given (*i.p.*) injection of Indomethacin (30 mg/kg)[19]. Treated group: the anti-inflammatory activity of the SF and AESF (100 and 200 mg/kg) were tested by injecting the treatment (SF and AESF) solubilized in suitable vehicle as described above 60 min (*i.p.*) before formalin injection. Then the procedure was continued as outlined above. Effect of the SF and AESF on the formalin-induced paw volume was recorded (2 h after extract treatment or 1 h after formalin injection) as percentage inhibition relative to the control untreated group and were compared to the standard group. Change in volume of edema was quantified using the following formula:

$$\text{Change in volume of edema} = (L_2 - R_2) - (L_1 - R_1)$$

Where  $L_1$  is left paw volume before injection of formalin;  $R_1$  is right paw volume before injecting left paw with formalin;  $L_2$  is left paw volume 1 h after injecting formalin and 2 h after treatment;  $R_2$  is right paw volume 1 h after formalin injection in the left paw and 2 h after treatment.

## 2.6. Statistical analysis

Results were analyzed using one way ANOVA and Dunnett test as *post hoc* test (for more than 2 groups) or Kruskal's wallis ANOVA with Dunn's test as *post hoc* test (unless otherwise stated) and presented as mean  $\pm$  SEM. Only results with  $P \leq 0.05$  were regarded as significant[20].

## 3. Results

### 3.1. Phytochemical screening of AESF and SF

A preliminary phytochemical screening of AESF and SF showed that both extracts contain protein, lipid, carbohydrate, reducing sugar, phenol, tannin, flavonoid, saponin, triterpenoid, alkaloid and quinone (Table 1).

**Table 1**

Phytochemical contents of AESF and SF.

Chemical constituents	AESF	SF
Protein	+	+
Lipid	+	++
Carbohydrate	+	+
Phenol	++	++
Flavonoid	+++	+++
Saponin	++	++
Triterpenoid	+++	+++
Alkaloid	++	++
Anthraquinone	++	+

### 3.2 HPTLC fingerprinting of AESF and SF

Tables 2 and 3 show HPTLC fingerprinting of AESF and SF, respectively, which revealed several peaks.

**Table 2**

HPTLC profile of the AESF.

Volume of AESF applied	Peak	$R_f$	Height area
5 $\mu$ L	1	0.30	337.3
	2	0.35	810.1
	3	0.51	1638.9
	4	0.63	247.8
	5	0.73	772.6
	6	0.77	2139.4
	1	0.29	599.3
10 $\mu$ L	2	0.35	1367.2
	3	0.41	452.0
	4	0.50	1889.4
	5	0.62	503.1
	6	0.70	961.4
	7	0.76	1524.7
	1	0.29	837.4
15 $\mu$ L	2	0.34	1868.5
	3	0.41	600.0
	4	0.50	2505.9
	5	0.62	638.1
	6	0.70	1084.5
	7	0.74	1548.8
	8	0.80	877.2
	1	0.28	997.2
20 $\mu$ L	2	0.33	2358.8
	3	0.40	689.0
	4	0.49	3439.8
	5	0.61	1103.6
	6	0.69	933.0
	7	0.74	2222.8
	8	0.80	1062.5

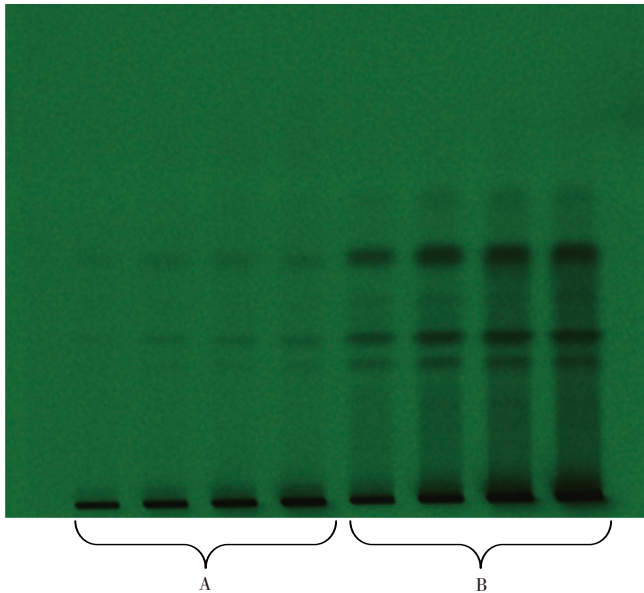
**Table 3**

HPTLC profile of the SF.

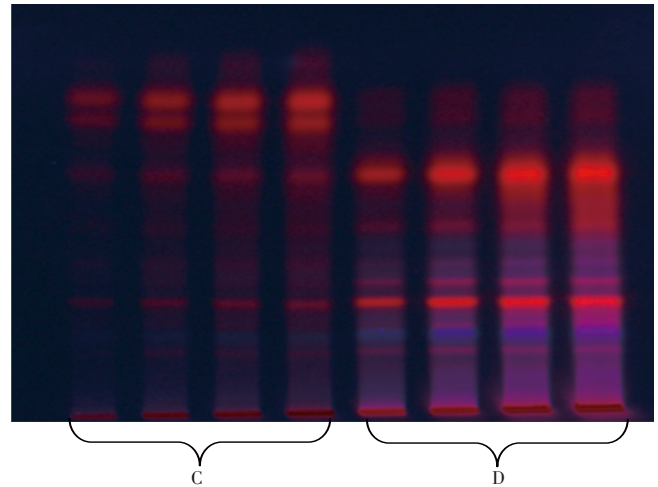
Volume of SF applied	Peak	$R_f$	Height area
5 $\mu$ L	1	0.16	195.5
	2	0.19	262.6
	3	0.23	149.0
	4	0.29	2549.7
	5	0.34	6260.4
	6	0.41	1743.5
	7	0.50	10379.4
	8	0.61	1863.2
	9	0.69	596.7
	10	0.76	1342.3
10 $\mu$ L	1	0.12	109.1
	2	0.16	424.0
	3	0.20	1312.0
	4	0.28	4143.7
	5	0.23	299.3
	6	0.33	9381.1
	7	0.41	3205.5
	8	0.50	16303.8
	9	0.61	3360.9
	10	0.69	823.9
15 $\mu$ L	11	0.75	796.6
	1	0.16	379.9
	2	0.20	1574.0
	3	0.28	5098.2
	4	0.33	10890.1
	5	0.40	4536.3
	6	0.49	20910.9
	7	0.60	4063.2
20 $\mu$ L	8	0.69	848.7
	9	0.74	958.3
	1	0.20	1950.2
	2	0.28	6013.3
	3	0.33	11055.3
	4	0.40	9566.2
	5	0.49	17840.5
	6	0.60	4102.5
7	0.69	769.3	
8	0.75	1373.3	

HPTLC profile of AESF and SF under UV 366 and 254 nm is recorded in the Figures 1 and 2, respectively.

The corresponding HPTLC chromatograms are presented in Figures 3A–3H.

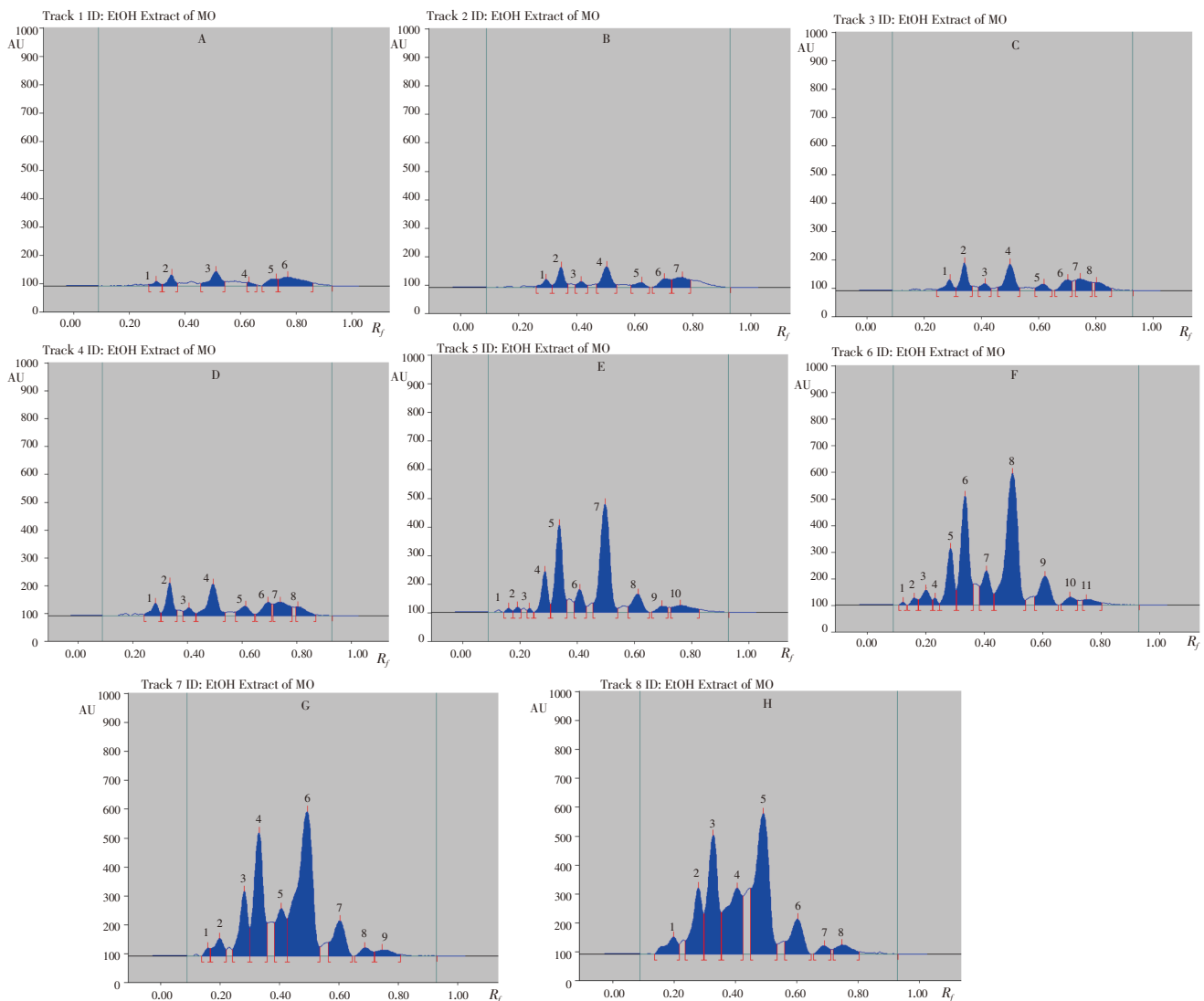


**Figure 1.** HPTLC picture of the AESF and SF of sample application at UV 254 nm. A: AESF at 5, 10, 15 and 20 µL; B: SF at 5, 10, 15 and 20 µL.



**Figure 2.** HPTLC picture of the AESF and SF of sample application at 366 nm. C: AESF at 5, 10, 15 and 20 µL; D: SF at 5, 10, 15 and 20 µL.

The AESF revealed 6, 7, 8 and 8 spots with  $R_f$  values in the range of 0.28 to 0.80 for 5, 10, 15 and 20 µL application volume, respectively (Table 2 and Figures 3A–3D). However,



**Figure 3.** HPTLC chromatogram of AESF and SF showing different peaks of phytoconstituents. A: AESF (5 µL); B: AESF (10 µL); C: AESF (15 µL); D: AESF (20 µL); E: SF (5 µL); F: SF (10 µL); G: SF (15 µL); H: SF (20 µL). MO: *M. obscura*.

SF revealed 10, 11, 9 and 8 spots with  $R_f$  values in the range of 0.12 to 0.76 for 5, 10, 15 and 20  $\mu$ L application volume, respectively (Table 3 and Figures 3E–3H). The purity of the sample was confirmed by comparing the absorption spectra at start, middle and end position of the band.

### 3.3. Anti-inflammatory activity of AESF and SF

Injection of formalin into a rat's hind paw resulted in swelling as early as 10 min after injection. This swelling reached a plateau by 30 min and was maintained for up to 240 min[21]. Treatment of rats (*i.p.*) with AESF and SF of *M. obscura* in doses of 100 and 200 mg/kg inhibited formalin-induced inflammation by 50% and 45.5%, 55.9% and 51.4%, respectively (Table 4).

**Table 4**

Effect of AESF and SF on formalin-induced inflammation in rats.

Treatment	Dose (mg/kg)	Paw edema volume (mL)	Inhibition (%)
Control	0.1 mL (formalin)	0.68±0.06	0.0
AESF	100	0.34±0.04*	50.0
	200	0.30±0.01**	55.9
SF	100	0.37±0.02*	45.5
	200	0.33±0.01**	51.4
Indomethacin	30	0.10±0.02**	85.2

## 4. Discussion

The dose-dependent anti-inflammatory activity of both extracts may explain at least partly the rationale beyond using the *Maytenus* species in treatment of inflammatory diseases[1]. Phytochemical screening of both extracts revealed the presence of flavonoids which are known to possess anti-inflammatory and antioxidant activities[22]. Flavonoid content of both extracts are almost equal and hence both extracts have close percentage of inhibition on inflammation. However, it is evident that they are different in polarity and UV absorption. Therefore, the presence of these compounds might be the ultimate cause for their bioactivity. HPTLC analysis of AESF and SF extracts revealed different peaks which are distinct for each extract and are concentration-dependent. Therefore, any additive or co-mixed material will definitely affect the HPTLC picture showing new unrelated peaks pointing to the presence of either adulteration or deterioration. HPTLC fingerprinting is proved to be a liner, precise, accurate method for herbal identification and can be used further in authentication and standardization of the medicinally important plant. Such finger printing is useful in quality control of herbal products and checking for the adulterant. Therefore, it can be useful for the evaluation of different marketed pharmaceutical preparations and plant systematic studies[13].

Hence, HPTLC provides great utility for the quality control of these products. It may be utilized to estimate the extent

of activity according to the percentage content of these UV active compounds to the present extract's content. This might form a target for more comprehensive studies. The presence of any adulterant will be easily traced having these profiles developed and stored in a library. Literature review revealed that there is no previous work that has been done on these two extracts. AESF and SF of *M. obscura* produced dose-dependent significant anti-inflammatory activity in rats. This activity may be partially explained in view of the high content of flavonoids in both extracts. HPTLC profiles of both extracts revealed the presence of eight to nine major spots absorbing in different UV wavelengths, pointing to the difference in these compounds.

### Conflict of interest statement

We declare that we have no conflict of interest.

### Acknowledgements

The authors are grateful to the research center in College of Pharmacy and the deanship of Scientific Research of the King Saud University (Riyadh, Saudi Arabia) for supporting this project (Grant No. RGP-VPP-150).

### Comments

#### Background

Many countries (including developed ones) suffer a big problem in standardizing and quality control of the herbal plants. This is due to many factors among which are the complex form of these products and the inability of the traditional methods to precisely estimate the quality of the herbs. Regulatory authorities used to follow tedious procedures that may give indication about the quality of the herb but not complete map of the chemical content (which is vital for the biological activity of these plants).

#### Research frontiers

The research represents an advancement in the quality control of the herbal medicine. It provides new tool for fingerprinting using precise chemical contents mapping which might be utilized in correct identification of not only identity of the plant but even the purity of the plant product and the absence of contaminants. The authors utilized one of the advanced technologies *i.e.* HPTLC for that purposes which affords fast, reliable and precise tool for this purpose.

#### Related reports

No similar reports were found in the literature regarding this plant specifically, since it is being evaluated using this tool for the first time as per literature review available

in our resources.

### Innovations and breakthroughs

The previous pharmacopeial methods for testing quality control concentrate on organoleptics, ash, and vague chemical screening which could not give precise chemical contents. Chemical content is the driving force for the medicinal value of the plant. This is why using such new techniques assure not only identity, purity of the plant but even the activity against the claimed diseases.

### Applications

It can help to sensitize other groups of researches and adapt similar methodology in quality studies of other plants. It can be utilized even for microbial fermentation products and the presence of the analyte of interest. It may play a good role in food, food supplement screening and quality control.

### Peer review

The research represents advanced methodological qualitative analysis of complex matrix such as herbal medicine where only very limited information can be acquitted using traditional techniques. The manuscript is well written. It has been organized according to well documented researches. The materials and methods are written precisely and well referenced. The results are compatible with what the methods may generate. The results were discussed scientifically according to the results obtained.

### References

- [1] Rojo de Almeida MT, Rios-Luci C, Pardón JM, Palermo JA. Antiproliferative terpenoids and alkaloids from the roots of *Maytenus vitis-idaea* and *Maytenus spinosa*. *Phytochemistry* 2010; **71**(14–15): 1741–1748.
- [2] Gutierrez F, Estévez-Braun A, Ravelo AG, Astudillo L, Zárate R. Terpenoids from the medicinal plant *Maytenus ilicifolia*. *J Nat Prod* 2007; **70**(6): 1049–1052.
- [3] Momtaz S, Hussein AA, Ostad SN, Abdollahi M, Lall N. Growth inhibition and induction of apoptosis in human cancerous Hela cells by *Maytenus procumbens*. *Food Chem Toxicol* 2013; **51**: 38–45.
- [4] Crestani S, Rattmann YD, Cipriani TR, de Souza LM, Lacomini M, Kassuya CA, et al. A potent and nitric oxide-dependent hypotensive effect induced in rats by semi-purified fractions from *Maytenus ilicifolia*. *Vascul Pharmacol* 2009; **51**(1): 57–63.
- [5] Costa PM, Ferreira PM, Bolzani VS, Furlan M, de Freitas Formenton Macedo Dos Santos VA, Corsino J, et al. Antiproliferative activity of pristimerin isolated from *Maytenus ilicifolia* (Celastraceae) in human HL-60 cells. *Toxicol In Vitro* 2008; **22**(4): 854–863.
- [6] Bramhachari PV, Ravichand J, Reddy YH, Kotresha D, Viswanatha Chaitanya K, Bobbarala V. Evaluation of hydroxyl radical scavenging activity and HPTLC fingerprint profiling of *Aegle marmelos* (L.) Correa extracts. *J Pharm Res* 2011; **4**(1): 252.
- [7] Kaushik S, Sharma P, Jain A, Sikarwar MS. Preliminary phytochemical screening and HPTLC fingerprinting of *Nicotiana tabacum* leaf. *J Pharm Res* 2010; **3**(5): 144.
- [8] Kaul N, Agrawal H, Patil B, Kakad A, Dhaneshwar SR. Application of stability-indicating HPTLC method for quantitative determination of metadoxine in pharmaceutical dosage form. *Farmaco* 2005; **60**(4): 351–360.
- [9] Faiyazuddin Md, Baboota S, Ali J, Ahuja A, Ahmad S, Akhtar J. Validated HPTLC method for simultaneous quantitation of bioactive citral isomers in lemongrass oil encapsulated solid lipid nanoparticle formulation. *Int J Essen Oil Ther* 2009; **3**: 142–146.
- [10] Faiyazuddin M, Ali J, Ahmad S, Ahmad N, Akhtar J, Baboota S. Chromatographic analysis of trans and cis-citral in lemongrass oil and in a topical phytonanocosmeceutical formulation, and validation of the method. *J Planar Chromat* 2010; **23**(3): 233–236.
- [11] Faiyazuddin Md, Ahmad S, Iqbal Z, Talegaonkar S, Ahmad FJ, Bhatnagar A, et al. Stability indicating HPTLC method for determination of terbutaline sulfate in bulk and from submicronized dry powder inhalers. *Anal Sci* 2010; **26**(4): 467–472.
- [12] Faiyazuddin M, Rauf A, Ahmad N, Ahmad S, Iqbal Z, Talegaonkar S, et al. A validated HPTLC method for determination of terbutaline sulfate in biological samples: application to pharmacokinetic study. *Saudi Pharm J* 2011; **19**(3): 185–191.
- [13] Yamunadevi M, Wesely EG, Johnson M. Chromatographic fingerprint analysis of steroids in *Aerva lanata* L. by HPTLC technique. *Asian Pac J Trop Biomed* 2011; **1**(6): 428–433.
- [14] Kokate CK, Gokhale SB. *Practical pharmacognosy*. Pune: Nirali Prakashan; 2008, p. 42–44.
- [15] Khandelwal KR. *Practical pharmacognosy*. Pune: Pragati Books Pvt. Ltd.; 2008, p. 149–160.
- [16] Harborne JB. *Phytochemical methods*. 3rd ed. London: Chapman and Hall; 1998, p. 44–46.
- [17] Wagner H, Baldt S, Zgainski EM. *Plant drug analysis*. Berlin: Springer; 1996, p. 85.
- [18] Fu KY, Light AR, Maixner W. Long-lasting inflammation and long-term hyperalgesia after subcutaneous formaline injection into the rat hind paw. *J Pain* 2001; **2**(1): 2–11.
- [19] Tavares TG, Spindola H, Longato G, Pintado ME, Caralho JE, Malcata FX. Antinociceptive and anti-inflammatory effects of novel dietary protein hydrolysate produced from whey by proteases of *Cynara cardunculus*. *Int Dairy J* 2013; **32**(2): 156–162.
- [20] Daniel WW. *Biostatistics: a foundation for analysis in health sciences*. 9th ed. New York: Wiley; 2009.
- [21] Cannon KE, Leurs R, Hough LB. Activation of peripheral and spinal histamine H3 receptors inhibits formalin-induced inflammation and nociception, respectively. *Pharmacol Biochem Behav* 2007; **88**(1): 122–129.
- [22] Mendoza-Wilson AM, Glossman-Mitnik D. Theoretical study of the molecular properties and chemical reactivity of (+)-catechin and (–)-epicatechin related to their antioxidant ability. *J Mol Struct* 2006; **761**(1–3): 97–106.