



EFFECTS OF TELEVISED VIOLENCE ON AGGRESSION IN CHILDREN

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Abstract

In this paper, an attempt has been made to focus on the Effects of Televised Violence on aggression in children. No doubt, television is playing an active role in developing values, increasing the knowledge of the children and providing various types of information to them, which could be understood, even by the children, However, some scenes are shown on the television screen, which put negative effects on the children, i.e. murder, robbery, forcible rape, aggravated assault, burglary, larceny and motor vehicle theft. Murder, forcible rape, aggravated assault and, robbery is classified as violent crime (against people), where as larceny, burglary and motor vehicle thefts (against property) are classified as non-violent crime. Some scenes are shown on the television screen, which are not true in real life situations, but child believes as true to those and try to put his own, doing the stunts and in resulting, he gets series injuries. Due to the lack of maturity, children have not wisdom to discriminate between what is wrong and what is right. Due to this, children get aggression and aggression motivate to them to run on the wrong track which is totally against the society. In this way, we can say that the effects of televised violence are directly on aggression in children because they have capacity to copying each and everything, not understanding. Studies conducted on these effects; show that there is positive relationship between televised violence and aggression in children. In the daily life, we often, about such types of activities and crimes, read in the newspapers, listen in the radio and watch on the TV screen.



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Introduction:

It is the age of science and technology. Everyone is so much busy and people have no time for freshness of their minds. People are using various types of Medias for entertainment, like radio and television mostly. Watching television nowadays is common habit for the children and

young people. Especially children like watching television and spend over time in sitting in front of it. There are both pros and cons to do this indoor activity. Television helps the everyone to increase the knowledge and disseminates the information's time-to-time. Various types of programs are shown on T.V. screen and these programs broader their horizons. Children like too much to see recreational programs that consist of films, cartoons, which juveniles do like, and want to watch them every day. Turning on the other side of the arguments, staring at TV set for several hours can lead negative effects. Many teenagers who spend much time for watching TV might be a bit sense of isolation, because this is interaction and there is no interactive relationship with their friends or others. It affects their health. Children like to watch the TV programs, but there is fear of the negative impacts on the children.

Advantages of watching TV Programs for children:

- 1 It helps the children to get the information of new fashion.
- 2 It helps the children to get health care directions.
- 3 It helps the children to know about sports
- 4 It helps the children to know about the different cultures.
- 5 it helps the children to know about the important days of the country and world
- 6 it helps the children to listen latest news of the world.
- 7 It helps the children to adopt the good values.
- 8 It helps the children in entertainment.
- 9 It helps the children to know different inventions and discoveries.
- 10 It helps the children to entertainment.
- 11 It helps the children to know about the environment ,trades, business, politics and calamities.

Disadvantages of Watching Television for children:

- 1 It distracts the children from true motive of life, when they watch TV too much.
- 2 Children eyes get tired due to over-watching.
- 3 Children often get negatively inspired to intake harmful substances, when their favourite heroes show consuming alcohol or smoking cigarette.
- 4 Children mind gets cluttered with too much sound of television.
- 5 Many television shows are considered indecent for children.
- 6 Children feel uneasy when they see TV for long time.
- 7 Many children who spend much time for watching TV might feel a bit sense of isolation.

8 Artificial scene are shown on TV Screen and children believe true and try to put them in their real life situations and in resulting get series injuries.

Aggression:

Aggression is a word, that we all use every day to indicate the behavior of others and ourselves. It is common term, but in real sense, it is very difficult to define. our politicians, judges, great educationists and social psychologists have spent a lot of time trying to determine what should and what should not considered aggression.

Aggression is overt, often harmful, social interaction with interaction with the intention of inflicting damage or other unpleasantness upon another individual. It may occur either in relation or without provocation. In humans, frustration due to blocked goals can cause aggression. It has observed that *submissiveness* may be viewed as opposite of *aggressiveness*.

According to Social sciences and Behaviour sciences-

Aggression- is response by an individual that delivers something unpleasant to another person. On the other hand, some believe that in the aggression, individual must intend to harm other.

According to social psychologists-

Aggression as behavior that is intended to harm another individual ,who does not wish to be harmed. *In psychology, as well as other social and behavior sciences*, aggression-refers to behavior between members of the same species that is intended to cause pain or harm. Predatory behavior between members of one species towards another species is also described as aggression.

Violence- Means crime, rape, injury, outrage and vehemence as per dictionary

According to social psychologists, the term *violence* refer to aggression that has extreme physical harm, such as injury or death, as its goal. In this way, we can say that violence is a suspect of aggression.

Aggression vs. violence-

Aggression is considered the initiation of violence, but retaliatory violence and defensive violence is not considered aggression, because it is a responsive action.

Types of Aggression-

Aggression takes a variety of forms among human beings and it can be physical, mental or verbal

Psychologists distinguish between two different types of aggression

Impulsive Aggression- It is also known as affective aggression and emotional aggression, is characterized by strong emotions, usually anger. The form of aggression is not planned and often takes place in the heat of the moment.

It also refers to aggression that occurs with only a small amount of forethought or intent and that is determined primarily by impulsive emotions. Example-when another car cuts you off in traffic, you begin yelling, and berating the other driver, you are experiencing impulsive or emotional aggression.

Instrumental Aggression-

Instrumental aggression is also known as predatory aggression, is marked by behaviors that are intended to achieve a larger goal. Instrumental aggression is often carefully planned and usually exists as a means to an end. Hurting another person in a robbery or car- jacking is an example of this type of aggression. The aggressor's goal is to obtain money or a vehicle, and harming another individual is the means to achieve that aim.

It is also known as cognitive aggression. It is planned and intentional. it is more cognitive than effective. Instrumental aggression is aimed at hurting someone to gain something, For example - attention, monetary reward, or political power, Another example are-a terrorist who kills civilians to gain political exposure, A bully who hits a child and steals her toys .

Physical aggression- is aggression that involves harming other in physically. For Example- kicking, stabbing or shooting and hitting etc.

Non-physical aggression- is aggression that does not involve physical harm. It includes verbal aggression, and relational or social aggression, which is defined as intentionally harming another person, social relationship. For example silent treatment, gossiping, dismissing the opinions of others, turning people to others, bullying leave others out of group. Criticizing, other people behind their backs, and stealing a boyfriend or girl friend.

Major Effects of Televised violence on aggression in children:

Following are the major effects of televised violence on aggression in children as has and has been observed: effects always increase the aggression and aggression is based on the emotions and emotions bring the actions

1 **Stealing**- children watch the movies in which various scenes are shown, such type that heroes try to steal the heroines and at last they get success. Children also want to run on the same track and want success, without knowing its results

2 **Aggravated theft**-Children watch the movies on the TV and various scenes of thefts are shown and in which thieves collect heavy amount and take enjoy. Children do not know about the results. Children start thefting and spoil their lives when they are caught red handed.

3 **Fighting**-Fighting among two heroes is shown on the TV screen and children like fighting. In this way, children start fighting on the normal matters. Sometimes fighting habit brings the harmful results to the fighter.

4 **Murder**- children see the murder on the TV screen and take the enjoy, if they feel that murder was not justified and then they get the feelings of revenge when in actual life they find such type of situations then they commit murder in the form of revenge and they have to pay in the later .

5 **Abusing**- children do not know about abusing, but when they listen about abusing in the movies, then they start abusing to each others as copying their favorite heroes

6 **Telling a lie**-Children see the picture and listen that a hero is telling a lie to others to save his life then they consider that it is the best method to save themselves and children start telling a lie.

7 **Shooting**- Shooting is fond of a child. When the children watch the shooting scenes of heroes and heroines on the TV screen, may be for their safety purpose then children make try themselves in the real lives, but due to armed act. They have to pay in later.

8 **Hitting and kicking**- Means, accidentally strike (part of one's body) against something, often causing injury. Children watch some types scenes on TV screen and start kicking and hitting someone without knowing anything, only may be knowingly or may be unknowingly. This type of activity takes place when the children are in aggression.

9 **Cheating**-children in the movies, see that a hero is cheating to the heroine or others then children learn about cheating and start cheating to each others. When the child is under control of the emotions then aggression is high and for personal benefits starts cheating.

10-**Day dreaming**-children watch the various programs on the TV screen and start to take such types of dream whether it may be beyond their capacity and in this Way they waste the time. When their dreams not come true then feel aggression.

11 **Insulting**-insulting is not a good habit and the TV violence programs, which are on TV screen, develop it. In the movies, heroes do insult of others heroes and make fun of them.

Children watch the action and reaction of the heroes and make the picture of those scenes in their mind. Insult always increases aggression in children.

12 **Threaten**- Enmity starts from the word threaten, often the threaten words are used in the movies and children learn the dialogues of threaten and commonly they use in their real lives and these dialogues increase aggression in the children and result is enmity which spoil the lives of children direct and indirect.

13 **Habit of loneliness**-children sit in the front of TV for many hours alone and watch the TV programs. Loneliness creates various thoughts in their mind and they do not like sitting in family. In this result their mind are haunted. Loneliness habit is developed among them and they do not like to talk with their family members. Various studies show that loneliness creates various problems for the children and members for society. This type of habit increases the aggression in children.

14 **Robbery**- Robberies is very common term in the present era. Every day in the daily news in the newspapers and on TV Screen, robbery related news is found to read, see and listen. It is also found that children are also involved in some cases of robbery. It is the effect of televised violence. Actually, children watch these cases on TV screen and consider to those real, in reality, some of them are not real in the real life situations. These types of scenes increase the aggression in the children

15 **Forcible Rape**- It has and has been observed and listened that forcible- rape rate is increasing day by day, even our states and centre Govt.'s are takining hard steps to stop it, but this type of activities are not controlling completely. Mostly children are found involve in this activity. It has observed that it is effect of televised violence. These types of scenes of the movies on the screen of TV are shown , children watch and are motivated to do such type of negative activity. It is the result of emotions which increase the aggression in the children.

16 **Jealous**-it is factor, which increases the aggression in the children. it comes in the mind and heart of children, when they watch and listen on TV screen and emotions are increased, which motivate to the children to do something negative to others.

17 **Aggravated assault**-Is an attempt to cause serious bodily injury to another or to cause serious bodily injury purposely, knowingly or recklessly, with an extreme indifference to the value of human life. Children watch the on the TV various causes related to aggravated assault and

children adopt themselves in their lives. Due to this type of scenes, motivate to the children to do these activities according to situations.

18 **Burglary**- Means, illegal entry of a building with intent to commit a crime, especially theft. This type of activity is the work of highly intellectual personality. The TV violence scenes motivate to the children to do such type of activity. Children are considered as true men of clear heart. They are expert of imitation because they having a capacity of catching. Due to lack of maturity, they adopt anything without thinking over the thing, for which they have to pay in later.

19 **Smoking and Drinking**: On the TV screens, the actors and even actress advertise the products related to smoking and drinking ,then our children try to adopt the style of their favourite heroes and heroines and start smoking and drinking.

20 **Mature before maturity period**: Growth and development have fixed age and time. If growth and development come before age and time then it mean would be harmful to the children. Nobody is caring of it. TV violence is increasing day by day and on aggression in the children. It has noticed that violence movies ,films and cartoons are shown on TV screen which make mature to children before maturity period and age which is beyond nature ,even we can say that some our children has and has been spoiling their lives due to TV violence.

Conclusion:

No doubt, TV plays an active role in developing values among children. It provides the important information and news along with pictures. It also provides the information of discoveries and inventions of our country and other countries. TV is very important media of entertainment. Serials, Movies and cartoons are shown time to time. TV also focuses on the national and international politics, business, trade, agriculture, cultures, transports calamities, education, sports etc. It means that TV disseminates all types of information. On the other hand, TV violence increases the aggression in the children. Various activities related to violence are shown artificial on the TV screen and children consider to those real life situation. Due to lack of maturity, they start to do the violence activities in their real life situations. It has and has been observed that children always blow in the flow of emotions and commit violence based on TV violence. Children always imitate of their favourite actors and actress. It is primary duty of our actors and actress to stop to show of the violence activities on TV screen in the form of movies, advertisements and cartoons. Sensor board should check the movies, films, advertisement and

cartoons from various angles. State and centre both Governments should join the hands to stop the TV violence and if any channel show TV violence then its license to be cancelled along with penalty as per rule and regulation. Parents also should play an active and responsible role to develop a sense of discriminate between right and wrong, real and artificial scenes, among their children. Parents also help their children to take the right decision, even along with wisdom, not blindly. Parents should watch on the activities of their children. They should clear the doubts of their children, if any they have. Sacraments (sanskars) should develop among their children, so that they could run on the right track and shine the name and fame of their parent's teachers and society. Education institutions should also play the active role in developing values and a sense of right and wrong among their students. Joint efforts could stop the effects of TV violence on aggression in children.

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