

Psychological Well-Being in Government and Private

NGO's Abled Person

Ajay Chauhan¹

ABSTRACT:

Main objective of the present study is to examine psychological well-being among Government and Private NGO's abled person. A sample of 80 male and female Government and Private NGO's abled person was drawn randomly selected Bhavnagar district area's NGO's. The psychological well-being scale: scale development and its correlates. Developed by Bhogle and Prakash was used for data collection. This scale in which five factors major meant. Data was collected by face to face interview method. Mean, SD and 't' test were calculated for the analysis of data. Results indicate that there is no significant difference among Government and Private NGO's abled person in psychological well-being.

Keywords: *Well-Being , Government and Private NGO, Abled Person*

Psychological Well-being refers to how people evaluate their lives. There evaluations may be in the form of cognition or in the form of affect. The concept of well being originated from positive psychology. The shift from negative to positive psychology is a welcome change in the discipline. The focus of positive psychology is to study the improvement in the lives of individuals.

Today in 21st century occupational field become very extensive because of promptly developed many industry and machinery and also progress many occupational field. There is specially teacher, student, doctor, engineer, etc.

"A psychological well-being as the general experience by individual that there will be positive outcome or circumstance" - Adams , bezner &Steinhardt(1997)

When the reasons for unhappiness are identified, how do? We mitigate them to reach well being?
What are the identified challenges to well being?

¹Clinical Psychology, Sardar Patel University, Vallabh Vidyanagar

Psychological Well-Being in Government and Private NGO's Abled Person

Among the many following are the few challenges:

1. Lifestyle related problem
2. Technological generated problems
3. Motivation and development
4. Evolutionary
5. Competition, promoting individualism and egoism.

OBJECTIVES

1. To study of the psychological well being in male and female government NGO's abled persons.
2. To study of the psychological well being in male and female private NGO's abled persons.

HYPOTHESIS:

1. There is no significant different between male and female from government ngo's abled person.
2. There is no significant different between male and female from private ngo's abled person.

VARIABLE:

In Present research following variable are show in this table:

Name of variable	Nature of variable	Number of variable
Two*groups	IV	03
Psychological well being	DV	04
Gender	IV	02

IV=Independent variable, DV=Dependent variable, *=male and female

SAMPLING:

Group	Male	Female	Total
Government	20	20	40
Private	20	20	40
Total	40	40	80

TOOLS:

In the present studies for finding of psychological well being level on the government and private NGO's abled persons the main objectives of this research. Percentage score presents study is for finding out the psychological well being scale (PWB) test used developed by Bhogle and Prakash (1995).

Psychological Well-Being in Government and Private NGO's Abled Person

RESULTS AND DISCUSSION:

Table no:1 male and female abled persons from government NGO's.

Groups	N	Mean	SD	SEM	t	Level
Male	20	51.65	9.40	1.27	2.00	0.01ns
female	20	54.13	6.72			

There is no significant different from government NGO's male and female abled persons. Female are more effective of psychological well being.

Table no: 2 male and female abled persons from private NGO's.

Groups	N	Mean	SD	SEM	t	Level
Male	20	94.86	16.74	1.21	2.00	0.01ns
female	20	101.23	14.42			

There is no significant different from private NGO's male and female abled persons. Female are more effective of psychological well being.

INTERPRETATION OF TABLE AND TESTING OF HYPOTHESIS:

1. There is no significant different between male and female abled persons from government ngo's.
2. There is no significant different between male and female abled person from private ngo's.

REFERENCES:

1. Campbell, A.,(1980),The sense of well being in America, network, mc: grew hill.
2. Warl P.B.(1978), a study of psychological well being , British journal of psychology , vol 69.
3. Rathva M.C., a study of well being , the international journal of Indian psychology , vol 01 ,issue 2,p.no.45 to 50.