

Determination and evaluation of mercury concentration in fish in the São Francisco River Watershed, Brazil

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ABSTRACT

The objective of this work was to evaluate the bioaccumulation of mercury in 13 species of fish with different eating habits, captured in the Três Marias Reservoir, São Francisco Basin, from March 2012 to April 2013. The results obtained showed that the species with carnivorous eating habit presented the highest average concentrations of mercury in muscle, especially Serrasalmus brandtii (pirambeba) and Pygocentrus piraya (piranha), with concentrations of $0.4147 \pm 0.2744 \ \mu g \ g^{-1}$ and $0.17774 \pm 0.2980 \ \mu g \ g^{-1}$, respectively. Considering the average concentrations, all the species studied showed levels of mercury below the maximum limit of $0.5 \ \mu g \ g^{-1}$ in non-predatory fish and $1.0 \ \mu g \ g^{-1}$ in predatory fish, established by the Agência Nacional de Vigilância Sanitária. Taking each species into account, the minimum and maximum values of mercury in the muscular and hepatic tissues showed a wide dispersion. In 4% of the specimens of pirambeba and 7% of piranha, the contents of mercury in muscle exceeded the limit established by ANVISA for predatory fish, and therefore, were unfit for human consumption. The other species did not present muscle samples with Hg content above that established by law. Due to its carnivorous eating habit and its wide distribution in the São Francisco Basin, Serrasalmus brandtii can be considered a biomonitor, capable of bioaccumulating mercury, thus indicating the level of contamination in the aquatic environment in which it lives.

Keywords: fish, mercury, São Francisco River.



Concentração de mercúrio total em peixes do reservatório de Três Marias, Bacia do rio São Francisco

RESUMO

Diante da toxicidade do mercúrio para o ser humano e para o meio ambiente, o objetivo deste trabalho foi avaliar a sua bioacumulação em 13 espécies de peixes com diferentes hábitos alimentares, capturados no reservatório de Três Marias, bacia do rio São Francisco, no período de marco de 2012 a abril de 2013. Os resultados obtidos revelam que as espécies com hábito alimentar carnívoro apresentaram as maiores concentrações médias de mercúrio em músculo, com destaque para Serrasalmus brandtii (pirambeba) e Pygocentrus piraya (piranha), com concentrações de 0,4147 \pm 0,2744 µg g⁻¹ e 0,1774 \pm 0,2980 µg g⁻¹, respectivamente. Considerando as concentrações médias, todas as espécies estudadas apresentaram teores de mercúrio abaixo dos limites máximos de 0,5 µg g⁻¹ em peixes não predadores e de 1,0 µg g⁻¹ em peixes predadores, estabelecidos pela Agência Nacional de Vigilância Sanitária. Levando em conta cada espécie, os valores mínimos e máximos de mercúrio nos tecidos muscular e hepático demonstraram uma ampla dispersão. Em 4% dos espécimes de pirambeba e 7% de piranha, os teores de mercúrio em músculo ultrapassaram o limite estabelecido pela ANVISA para peixes predadores, e, portanto, sendo impróprios para o consumo humano. As demais espécies não apresentaram amostras de músculo com teor de Hg acima do estabelecido em lei. Devido ao seu hábito alimentar carnívoro e sua ampla distribuição na bacia do rio São Francisco, Serrasalmus brandtii pode ser considerada como biomonitor, capaz de bioacumular mercúrio, indicando, assim, o nível de contaminação desse metal no ambiente aquático em que vive.

Palavras-chave: mercúrio, peixe, rio São Francisco.

1. INTRODUCTION

Fish is an important part of a healthy human diet. Undefined fish of high quality proteins and other nutrients essential to the diet, are low in saturated fat and acidified omega-3 fatty acids. A well-balanced diet that includes a variety of fish can contribute to heart health and the proper growth and development of children. Therefore, women and children in particular should include fish in their diets due to the many nutritional benefits.

Mercury (Hg) toxicity to humans and the environment has been the subject of several studies (Miranda *et al.*, 2007; WHO, 1990; Lee *et al.*, 2010; Silva and Estanislau, 2015; Barragán *et al.*, 2020; Assis *et al.* 2019). The best-known and cited case of mercury poisoning occurred more than six decades ago in the Japanese city of Minamata, where several people died and suffered from neurological symptoms associated with the consumption of fish and seafood contaminated with methylmercury (MeHg).

Mercury presents several chemical species, especially elemental mercury (Hg⁰), found mainly in the form of gas, ionic mercury, in the oxidized forms of mercurous (Hg₂²⁺) and mercurial (Hg²⁺) ions and methylated forms, methylmercury (CH₃Hg⁺) and dimethylmercury ((CH₃)²Hg) ions (Miranda *et al.*, 2007; Hina *et al.*, 2021; Silva Oliveira *et al.*, 2021). Formed by methylation of inorganic Hg, methylmercury is considered the most toxic form, with neurotoxic action and teratogenic agents (WHO, 1990).

One of the most worrying types of pollution of aquatic and terrestrial systems is the result of the dumping of potentially toxic metals, which due to their increasing use in industries and other activities, led to the change in the natural geochemical cycle and, consequently, the greater dispersion in the environment. Among metals, mercury is considered to have the most toxic potential and the only one which has been proven to undergo biomagnification along the trophic chain, also suffering efficient organification to its most toxic form (methylmercury) in the aquatic environment (Barrocas and Wasserman, 1995). Due to its ability to remain for long periods in the tissues of organisms, the consumption of contaminated fish is the main route of human exposure to methylmercury (Bahia, 1997), since it can be found in high concentrations mainly in species of fish with carnivorous eating habits (Boening, 2000; Trasande *et al.*, 2005).

In fish, the accumulation of metals occurs through absorption to the surface of the integument, breathing and eating habits. Size, eating habits, weight, age and length are some of the factors which are related to accumulation capacity. Bioaccumulation (bioconcentration) occurs by the direct accumulation of the chemical agent from water. The phenomenon of biomagnification is accumulation through feeding, with transfer of the contaminant from one trophic level to another (Sterling, 1994; Barron, 2003). Fish can be subject to both processes and be used as biomonitors for metals, indicating the level of contamination and bioavailability of these in the region in which they live, even with some relative mobility (Förstner and Wittmann, 1983; Clarkson, 1998).

The highest concentrations of mercury are generally found in fish of higher trophic level (Mason *et al.* 1995; Neumann and Ward, 1999; Dietz *et al.*, 2000; Gilmour and Riedel, 2000; Bastos *et al.*, 2006; Dorea *et al.*, 2006) through biomagnification; almost 100% of the mercury which bioaccumulates in the tissue of predatory fish corresponds to methylmercury (USEPA, 2001). Consumption of these contaminated fish can result in the ingestion of high levels of this substance. Based on risk assessments and based on available data and research, several countries and International Organizations have established reference levels for daily or weekly mercury intake considered safe (or without appreciable risk to health), where reference intake levels for methylmercury exposure range from 0.7 to 2 μ g of MeHg per kilogram of body weight (μ g kg⁻¹) per week (WHO, 2008).

In Brazil, the National Health Surveillance Agency (ANVISA) (ANVISA, 2013), considering the risks of the consumption of mercury-contaminated fish and aiming to protect public health, has set a maximum limit of $0.5 \ \mu g \ g^{-1}$ Hg in non-predatory fish and $1.0 \ \mu g \ g^{-1}$ in predatory fish. In the Amazon, several studies have used mercury concentrations in hair as a biomarker to evaluate human exposure to this contaminant, mainly due to the diet composed of high fish intake (Pinheiro *et al.*, 2006; Lima *et al.*, 2015; Costa Júnior *et al.*, 2015; 2018; Silva *et al.*, 2020; Zampieri *et al.*, 2020).

Reports from Sweden and Canada suggest that methylmercury concentrations in fish may increase after the construction of artificial water reservoirs (WHO, 1990). According to Hecky *et al.* (1991), the formation of new large hydroelectric reservoirs in northern Canada was accompanied by increased concentrations of methylmercury in fish, previously associated only with industrial pollution. Terrestrial vegetation and organic soils of flooded areas provide an anoxic environment favorable to increased methylation of mercury, a predominantly microbial process that occurs in lakes (Gilmour and Henry, 1991).

In Lake Chapala, Mexico, the highest concentrations of mercury in fish samples were found in carp (mean of 0.87 μ g g⁻¹), where a study with 92 women from three communities along the lake, with ages ranging from 18 to 45 years, found that 27.2% of them had concentrations of mercury in their hair greater than 1 μ g g⁻¹ (Trasande *et al.*, 2010).

In Canada, an environmental monitoring program was established to evaluate the physical and chemical aspects and changes associated with the development of the La Grande hydroelectric complex and verified that in the reservoirs studied after filling, the average mercury levels in all fish species increased by factors from two to eight compared to natural lakes. The maximum levels were reached in the period from 4 to 11 years after filling in non-piscivore species (0.33 to 0.72 μ g g⁻¹) and from 9 to 14 years in piscivore species (1.65 to 4.66 μ g g⁻¹), depending on the environment. The return to levels equivalent to those of natural lakes was generally completed after 10 to 20 years of filling in non-piscivore species, and after 20 to 30 years in piscivore species (Schetagne and Therrien, 2013).

Given the toxicity of mercury to humans and the environment, this work evaluated bioaccumulation in 13 fish species with different eating habits (6 carnivores, 4 omnivores, 2 detritivorous and 1 herbivore), captured in the Três Marias Reservoir, Minas Gerais, Brazil, from March 2012 to April 2013. Total mercury concentrations were analyzed in tissue samples (liver and muscle), and the results were compared with biometric data (weight and length) to verify possible correlations. Total mercury concentrations in fish muscle were compared to the maximum tolerance limits of inorganic contaminants in food, established by ANVISA. These data will be of great importance, as they serve as base values for a future study of the possible impacts caused by the arrival of the mud from the rupture of the Brumadinho Dam.

2. MATERIAL AND METHODS

2.1. Study area

The Três Marias Reservoir is approximately 2700 meters long and has a maximum depth of 75 meters. When it reaches the maximum quota, the flooded area is 1,050 km² and volume of 21 billion m³ (Britski *et al.*, 1988). The reservoir (Figure 1) is located in the upper São Francisco River region, Minas Gerais, Brazil, and its flooded area is positioned between the 18th and 19th South parallels and the 44° and 46° West meridians. Its main tributaries are the rivers São Francisco, Paraopeba, São Vicente, Sucuriú, Indaiá, Extrema, Borrachudo and Boi, reaching the municipalities of Abaeté, Biquinhas, Felixlândia, Morada Nova de Minas, Paineiras, Pompéu, São Gonçalo do Abaeté and Três Marias.



Figure 1. Map of the Três Marias Reservoir and its main tributary rivers.

2.2. Sampling

Fish were caught in the Três Marias Reservoir near the mouth of the Borrachudo, Indaiá and Paraopeba Rivers, using a set of gillnets with meshes of 3, 4, 5, 6, 7, 8, 10, 12, 14 and 16 cm (between opposite nodes). The nets were placed in the afternoon and removed in the morning of the next day, remaining in the water for approximately 14 hours. The specimens were identified using the identification keys contained in Britski *et al.* and in the Fishbase database (FISHBASE, 2019). After measurement of length and mass, samples of liver and muscle tissue (skinless and without flaking) were collected near the dorsal fin. The samples were then stored in polyethylene bottles and stored in a freezer until they were analyzed in the chemistry laboratory of the São Francisco Valley development company and Parnaíba (Codevasf), located in the municipality of Três Marias.



2.3. Analytical procedures

The analysis method used to determine the total mercury concentration in the fish muscle and liver samples was based on thermal decomposition, amalgamation and detection by atomic absorption spectrometry, reaching a detection limit of 0.005 ng of mercury. The DMA-80 equipment (Direct Mercury Analyser, Milestone) was used, with direct mercury analysis without the need for digestion or pretreatment of the sample, according to the USEPA 7473 method, recommended by the United States Environmental Protection Agency (USEPA, 2007).

2.4. Data processing

The statistical analysis of the data was performed by linear regression and the determination of the degree of correlation between the variables through Pearson's correlation coefficient, applying the Program BioEstat 5.0 for Windows. The charts with the average, minimum and maximum concentrations were elaborated with the Microsoft Office Excel 2010 software.

3. RESULTS AND DISCUSSION

Total mercury levels were analyzed in 311 specimens belonging to a group of 13 fish species caught in the Três Marias Reservoir (Figure 2), with different eating habits (6 carnivores, 4 omnivores, 2 detriivores and 1 herbivore). The concentrations were compared with biometric data and with the maximum Hg limits in fish for human consumption, stipulated by the National Health Surveillance Agency (ANVISA, 2013).

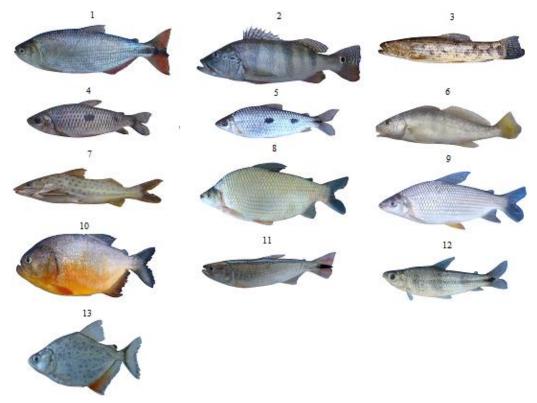


Figure 2. Fish species caught in the Três Marias Reservoir: 1- Brycon orthotaenia Günther, 1864; 2 - Cichla piquiti Kullander & Ferreira, 2006; 3 - Hoplias intermedius (Günther, 1864); 4 - Leporinus piau Fowler, 1941; 5 - Leporinus reinhardti Lütken, 1875; 6 - Pachyurus francisci (Cuvier, 1830); 7 - Pimelodus maculatus Lacepède, 1803; 8 - Prochilodus argenteus Spix & Agassiz, 1829; 9 - Prochilodus costatus Valenciennes, 1850; 10 - Pygocentrus piraya (Cuvier, 1819); 11 - Salminus hilarii Valenciennes, 1850; 12 -Schizodon knerii (Steindachner, 1875); and 13 - Serrasalmus brandtii Lütken, 1875.

To certify the analytical method, mercury determinations were made in reference material composed of fish protein (DORM-3), with known Hg content ($0.382 \pm 0.060 \ \mu g \ g^{-1}$) and prepared by the National Research Council Canada (NRC), where the recovery of mercury contents ranged from 92.3 to 107.1%.

For species with the number of specimens greater than 12, the correlation matrix was calculated, showing Pearson's correlation coefficients, which measures the degree of linear relationship between each pair of the following parameters: mercury concentration in muscle (Hg-M) and liver (Hg-F), total length (CP) and body weight (CP). Simple linear regression was also applied to examine the linear relationship between mercury concentrations in the muscle and liver of each species, obtaining the line which best represents the data.

The results obtained (Table 1) reveal that species with carnivorous eating habits presented the highest mean concentrations of mercury in muscle, which ranged from 0.0932 μ g g⁻¹ (Trairão) to 0.4147 μ g g⁻¹ (Pirambeba). In the other species, the means ranged from 0.0269 μ g g⁻¹ (Curimatã pioa) to 0.0703 μ g g⁻¹ (Piau gordura). In liver tissue, the highest mean concentrations of mercury were found in Corvina (0.1916 μ g g⁻¹), Pirambeba (0.1872 μ g g⁻¹) and Pacu curimatã (0.1735 μ g g⁻¹). The maximum levels of mercury in muscle and liver were found in the carnivorous species Pirambeba (1.6303 μ g g⁻¹ and 2.4335 μ g g⁻¹, respectively) and Piranha (1.2073 μ g g⁻¹ and 1.5444 μ g g⁻¹, respectively).

Moura *et al.* (2018) studied Hg concentrations in the biota of the estuarine region of the Jaguaribe River in Ceará, and concluded that the highest concentrations in fish were found in carnivorous species, but no significant differences were found among the average concentrations between carnivorous and omnivorous fish.

This finding is consistent with earlier observations on the biota of the Amazon Basin (Dórea and Barbosa, 2007; da Silva *et al.*, 2009). According to Dórea and Barbosa (2007) a wide variation in fish mercury bioaccumulation is expected in the complex and biologically dense environment of the Amazon rainforest.

In all species studied (Figure 3), the average concentrations were below the maximum limit of 0.5 μ g g⁻¹ of Hg in non-predatory fish and 1.0 μ g g⁻¹ in predatory fish established by the National Agency of Health Surveillance - ANVISA (2013). Considering each species, the minimum and maximum values of mercury in the muscle and liver tissues showed wide dispersion.

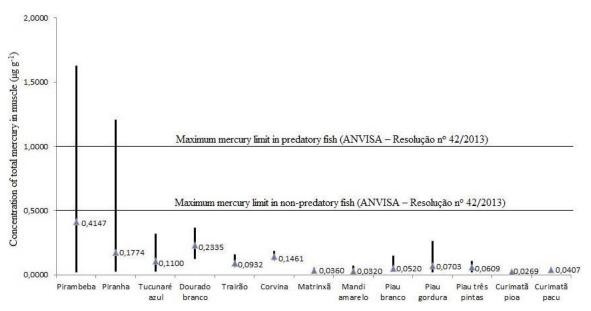


Figure 3. Average concentrations (minimum and maximum) of mercury in muscle of the fish species studied, compared to the limit established by law in Brazil.



Species / Popular name	Eating habits / Specimens (n) —	Total mercury conce	ntration ($\mu g g^{-1}$)	Biometric data	
		Muscle	Liver	Total length (cm)	Body weight (g
Serrasalmus brandtii	Carnivore	0.4147 ± 0.2744	0.1872 ± 0.2363	19.2 ± 4.7	197.2 ± 152.1
Pirambeba	178	(0.0206 - 1.6303)	(0.0079 - 2.4335)	(10.6 - 30.0)	(24.0 - 716.0)
Pygocentrus piraya	Carnivore	0.1774 ± 0.2980	0.1528 ± 0.3879	32.8 ± 6.4	$1.299.1 \pm 801.1$
Piranha	15	(0.0262 - 1.2073)	(0.0113 - 1.5444)	(17.0 - 45.5)	(136.0 - 3.508.0
Cichla piquiti	Carnivore	0.1100 ± 0.0707	0.1547 ± 0.1254	27.1 ± 8.0	397.0 ± 276.5
Tucunaré azul	37	(0.0230 - 0.3202)	(0.0368 - 0.5033)	(11.5 - 41.5)	(19.4 - 1.171.6)
Salminus hilarii	Carnivore	0.2335 ± 0.0859	0.1217 ± 0.0451	30.6 ± 2.4	294.1 ± 72.7
Dourado branco	7	(0.1219 - 0.3680)	(0.0783 - 0.1876)	(25.5 - 32.5)	(170.0 - 376.0)
Holias intermedius	Carnivore	0.0932 ± 0.0388	0.0565 ± 0.0175	36.3 ± 7.7	578.6 ± 286.6
Trairão	5	(0.0623 - 0.1607)	(0.0293 - 0.0718)	(23.0 - 41.0)	(130.0 - 889.0)
Pachyurus francisci	Carnivore	0.1461 ± 0.0382	0.1916 ± 0.0576	29.9 ± 3.8	247.9 ± 48.5
Corvina	3	(0.1112 - 0.1869)	(0.1338 - 0.2490)	(26.0 - 33.5)	(197.5 - 294.3)
Brycon orthotaenia	Omnivorous	0.0360 ± 0.0125	0.0284 ± 0.0157	28.5 ± 6.2	330.0 ± 245.3
Matrinxã	7	(0.0214 - 0.0540)	(0.0097 - 0.0546)	(22.2 - 38.1)	(134.0 - 690.0)
Pimelodus maculatus	Omnivorous	0.0320 ± 0.0143	0.0809 ± 0.0603	23.1 ± 2.3	142.9 ± 45.7
Mandi amarelo	15	(0.0216 - 0.0741)	(0.0387 - 0.2348)	(18.9 - 28.3)	(68.0 - 241.0)
Leporinus piau	Omnivorous	0.0703 ± 0.0623	0.0740 ± 0.0684	24.5 ± 3.1	314.2 ± 142.6
Piau gordura	16	(0.0184 - 0.2611)	(0.0161 - 0.2521)	(18.0 - 31.0)	(104.0 - 660.0)
Leporinus reinhardti	Omnivorous	0.0609 ± 0.0396	0.0539 ± 0.0319	22.9 ± 2.0	198.5 ± 58.0
Piau três pintas	8	(0.0188 - 0.1062)	(0.0190 - 0.1177)	(20.4 - 26.0)	(116.0 - 289.0)
Prochilodus costatus	Detritivore	0.0269 ± 0.0114	0.0595 ± 0.0312	20.2 ± 2.3	112.3 ± 30.8
Curimatã pioa	3	(0.0189 - 0.0399)	(0.0408 - 0.0955)	(18.2 - 22.7)	(88.0 - 147.0)
Prochilodus argenteus	Detritivore	0.0407 ± 0.0127	0.1735 ± 0.1034	27.5 ± 2.2	330.5 ± 95.7
Curimatã pacu	4	(0.0288 - 0.0581)	(0.1053 - 0.3275)	(24.4 - 29.5)	(199.0 - 415.0)
Schizodon knerii	Herbivore	0.0520 ± 0.0391	0.0651 ± 0.0512	31.0 ± 8.1	590.2 ± 465.1
Piau branco	13	(0.0227 - 0.1501)	(0.0263 - 0.2099)	(20.0 - 42.0)	(120.0 - 1.392.0

Table 1. Species, popular name, feeding habit, collected specimens (n), average concentrations of total mercury in muscle and liver, and biometric data (total length and body weight) of fish caught in the Três Marias Reservoir.

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There was a strong highly significant positive correlation (Table 2) between the concentrations of mercury in the muscle and in the liver of the Piranha (r = 0.9770 and P <0.0001), of the Mandi amarelo (r = 0.8834 and P <0.0001), Pirambeba (r = 0.7177 and P <0.0001) and Tucunaré azul (r = 0.6888 and P <0.0001); between muscle concentrations and the total length of the Tucunaré azul (r = 0.7279 and P <0.0001); between muscle concentrations and body weight of Piranha (r = 0.7154 and P <0.0027), Piau branco (r = 0.7883 and P <0.0014) and Tucunaré azul (r = 0, 6500 and P <0.0001); between liver concentrations and body weight of Piranha (r = 0.7487 and P <0.0013); and between the total length and the body weight of all species.

Table 2. Species, popular name, eating habits, collected specimens (n), mean concentrations of total mercury in muscle and liver, and biometric data (total length and body weight) of fish caught in the Três Marias Reservoir.

Popular name / Eating habits	r (Person)/(P)							
	Hg-M e HgF	Hg-M e CT	Hg-M e PC	Hg-F e CT	Hg-F e PC	CT e PC		
Pirambeba	0.717	0.3374	0.2893	0.1557	0.1554	0.9432		
Carnivore	< 0.0001	< 0.0001	0.0001	0.0385	0.0389	< 0.0001		
Piranha	0.977	0.5095	0.7154	0.5379	0.7487	0.9254		
Carnivore	< 0.0001	0.0523	0.0027	0.0386	0.0013	< 0.0001		
Tucunará azul	0.6885	0.7279	0.6500	0.5563	0.5491	0.9444		
Carnivore	< 0.0001	< 0.0001	< 0.0001	0.0003	0.0004	< 0.0001		
Mundi amarelo	0.8834	0.5034	0.4491	0.5830	0.5093	0.9292		
Omnivorous	< 0.0001	0.0557	0.0930	0.0225	0.0524	< 0.0001		
Piau gordura	0.3703	-0.2745	-0.2971	-0.2241	-0.3836	0.9233		
Omnivorous	0.1579	0.3035	0.2638	0.4040	0.1423	< 0.0001		
Piau branco	0.3448	0.6955	0.7883	0.3566	0.4749	0.9531		
Herbivore	0.2485	0.0083	0.0014	0.2316	0.1009	< 0.0001		

Teodoro (2007) studied mercury concentration levels in fish belonging to different trophic levels of the Pantanal Sul Mato Grosso, and found that the piscivores presented mercury concentrations in muscle tissue higher than omnivores, detritivores and herbivores, and no significant correlation was observed between these concentrations and biometric data. Azevedo (2016) observed significant correlations between biometric variables and mercury concentrations in pimelodus fur muscle (r = 0.38, P<0.05) captured in the Paraíba do Sul River.

Cardoso *et al.* (2009) determined the mercury (Hg) contents in organs of the carnivorous species *Trichiurus lepturus* (swordfish) commercialized in the Itaipu Beach region, Niterói - RJ, and identified a highly significant correlation between hg contents in musculature with total length (r=0.85 and P<0.0001) and total weight (r=0.88 and P<0.0001).

Seven specimens of Pirambeba (4%) and one of Piranha (7%) exceeded the maximum limit of $1.0 \ \mu g \ g^{-1}$ Hg in predatory fish, established by ANVISA, and, therefore, were considered unfit for human consumption. The other species did not present muscle samples with Hg content above the one established by law. In 94% of the specimens collected from Pirambeba (167), muscle tissue accumulated from 1.02 to 8.09 times more mercury than liver tissue. The same occurred with 87% of the specimens collected from the Piranha (Mason *et al.*, 1995), where muscle tissue accumulated from 1.30 to 3.44 times more mercury than liver tissue.

The F (regression) values were significant (Figure 4) for the species: Piranha (P< 0.0001 and $R^2 = 0.9546$), Yellow mandi (P< 0.0001 and $R^2 = 0.7804$), Pirambeba (P< 0.0001 and $R^2 = 0.5065$) and Blue peacock bass (P< 0.0001 and $R^2 = 0.4740$), where the total Hg concentration in muscle increases as it does in the liver. The comparative analysis of regression coefficients showed non-significant F (regression) values for the species Piau gordura (P = 0.1552) and Piau branco (P = 0.2476).



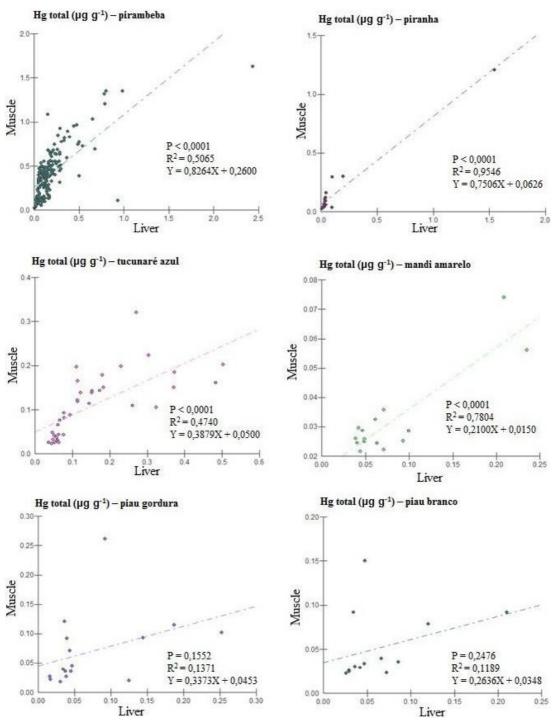


Figure 4. Probability (P) and coefficient of determination (R^2) of simple linear regressions for total mercury concentration ($\mu g g^{-1}$) in muscle in relation to fish.

The consumption of fish contaminated with mercury can result in the ingestion of high levels of methylmercury, since, due to biomagnification, this corresponds to approximately 100% of all mercury which is bioaccumulated in the tissues of predators (USEPA, 2001). As preventive measures, the World Health Organization suggests that in populations which consume large amounts of fish (e.g., 100 g per day), capillary levels of methylmercury in women of childbearing age should be monitored. If the results of these monitoring activities indicate excessive exposure to MeHg, appropriate measures should be taken to reduce the possibility of prolonged exposure during pregnancy and keep it below the internationally permitted consumption number, including reduced fish consumption (WHO, 1990).

Some studies suggest several intervention measures with the participation of communities affected by the presence of mercury, including maintaining fish consumption while giving preference to non-carnivores, thus reducing mercury levels in the population (Mergler, 2002; Mertens *et al.*, 2005).

4. CONCLUSION

Of all the species analyzed, *Serrasalmus brandtii* (pirambeba) (n = 178) and *Pygocentrus piraya* (piranha) (n = 15) presented the highest concentrations of total mercury in muscle tissue. Evaluating the risks of the consumption of fish contaminated with mercury, it was found that 4% of the Pirambeba and 7% of Piranha specimens exceeded the limit of 1.0 μ g g⁻¹ hg in predatory fish, established by the National Health Surveillance Agency, thus being unsuitable for human consumption. Due to its carnivorous eating habits and its wide distribution in the São Francisco River Basin, Serrasalmus brandtii can be considered as a biomonitor, capable of bioaccumulating mercury, thus indicating the level of contamination of this metal in the aquatic environment in which it lives. The other species did not present muscle samples with Hg content above that established by law.

The increase in mercury levels in the waters of the Paraopeba River may cause bioaccumulation of this metal in fish of the entire trophic chain, and thus pose a risk to the population in the medium and long term. Thus, it is suggested that new studies of the temporal variation of these levels be conducted, comparing them with the levels presented in this study prior to the rupture of the Brumadinho Dam.

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