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Impact Factor: 1.90 Immunomodulatory and anticancer activity of *Bombax ceiba* Linn leaf extract

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ABSTRACT

Objective: To evaluate the immunomodulatory and anticancer activity of the methanolic extract of *Bombax ceiba* leaves *in vitro* and *in vivo*.

Methods: The antioxidant property of methanolic extract of *Bombax ceiba* leaves was determined by measuring hydrogen peroxide scavenging and DPPH scavenging activity. The effect on cellular immunity *in vivo* was determined by measuring neutrophil adhesion, carbon clearance, sheep red blood cell induced DTH response and cyclophosphamide-induced myelosuppression. *In vitro* anticancer activity was evaluated on human leukaemia cell line (HL-60) by MTT assay, caspase-3 activity, and cell cycle study.

Results: The methanolic extract of *Bombax ceiba* leaves showed antioxidant activity and significantly increased neutrophil adhesion, carbon clearance from blood, DTH response and cyclophosphamideinduced myelosuppression. The MTT assay showed a significant increase in the death of HL-60 cell line. A rise in caspase-3 activity and sub- G_1 population in the presence of methanolic extract of *Bombax ceiba* leaves was observed.

Conclusions: The methanolic extract of leaves of *Bombax ceiba* L possesses anticancer activity, immunomodulatory activity, and antioxidant properties, proving its therapeutic usefulness in the treatment of immuno-compromised diseases and cancers.

KEYWORDS: Anticancer; Antioxidative; *Bombax ceiba*; Immunomodulatory

1. Introduction

The alternative system of medicine, which includes herbal extracts and formulations containing bioactive constituents, would be more valuable than combined therapy with less side effects and better patients' acquiescence. Herbal medicines have been used for a long time because of their good absorption, less toxicity, and easily availability. A large number of herbs have been used for the enhancement of the immune system and also as anticancer drugs in the form of Ayurvedic formulation either alone or in combination. Still, plants represent a large unexploited source of structurally novel compounds that might serve as a lead for the development of an innovative drug.

Bombax ceiba (*B. ceiba*) Linn belongs to the family Bombacaceae and is a vital medicinal plant cultivated throughout tropical and subtropical Asia. The plant is well known among the tribal people for the treatment of various diseases related to humans as well as animals. According to Ayurveda, it possesses anti-dysenteric, astringent, diuretic, stimulant, haemostatic, anti-diarrheal, cardiotonic, demulcent, and antipyretic effects[1].

Traditionally, different parts of *B. ceiba* Linn are being used for the treatment of various disorders. The roots of the plant are used for the treatment of wounds, diarrhea and dysentery while the gum is useful in burning sensation, pulmonary tuberculosis, enteritis and influenza. The flowers are good for skin problems and bark is demulcent and emetic. The fruits are useful in chronic inflammation and ulceration of kidney and bladder while the seeds are good in treating gonorrhoea. The literature reports reveal its antioxidative, anti-inflammatory, antihyperglycemic, antihyperlipidemic, immunomodulatory, and hepatoprotective activity[2–5]. Different

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classes of compounds present in *B. ceiba* leaves are alkaloids, flavanoids, carbohydrates, quinones, cardiac glycoside, saponins, phenols, tannins and terpenoids[3,6]. The polysaccharide fraction of *B. ceiba* flowers is reported to have immunomodulatory activity[7].

Among the devastating and pandemic diseases, cancer is a major disease. Cancer is an uncontrolled proliferation of a normal cell that produces genetic instabilities and alterations within cells and tissues and transforms a normal cell into a malignant cell. As cancer weakens the immune system of the patient, the immunity is also an important concern for patients with cancer[8,9]. Except for cancer, environmental pollutants and dietary habits also cause changes in the immune system. Although *B. ceiba* plant is of great biomedical importance, it is still lack of report regarding its anticancer activity. Therefore, the aim of our study was to determine the immunomodulatory activity (*in vivo*) and anticancer activity (*in vitro*) of the methanolic extract of *B. ceiba* leaves.

2. Materials and methods

2.1. Reagents and chemicals

HL-60 cell line (70%–80% confluent) was procured from National Centre for Cell Sciences, Pune. All chemicals used in this study were of highest grade purity available. 1,1-Diphenyl-2-picrylhydrazyl (DPPH), 3-(4,5-dimethyl-2-yl)-2,5-diphenyl tetrazolium bromide (MTT), and DEVD-AFC substrate were purchased from Sigma-Aldrich (St. Louis, MO). Fetal bovine serum (FBS), triton- \times 100, RPMI-1640 media, and antibiotic-antimycotic solution were purchased from Himedia Laboratories Ltd. (Mumbai, India). Methanol, sodium hydroxide, sulfuric acid, ascorbic acid, Tween 20 and hydrogen peroxide were purchased from Fine Chemicals.

2.2. Extract preparation

The leaves of *B. ceiba* L. were collected from the medicinal garden of Birla Institute of Technology, Mesra, Ranchi, Jharkhand during July-August 2017. The leaves of the plant were authenticated (Voucher number: PH/ BIT/367/2013) and shade dried for 40 d. The dried leaves were coarsely powdered and 250 g of dry powder of leaves was extracted with (500 mL) methanol (methanol:leave powder 10:1) under reflux for 10 d. The extract was collected and filtered, and the filtrate was then concentrated by evaporating the solvent with a rotary evaporator under reduced pressure.

2.3. Preliminary phytochemical screening of methanolic extract of B. ceiba leaves (BCM)

The preliminary detection of phytochemical constituents in BCM

was carried out using standard phytochemical screening tests. The qualitative tests for the identification of various plant constituents such as alkaloids (Mayer test), carbohydrates (Molisch test), glycosides (Keller kellian test), flavonoids (Shinoda test), phenols (Ferric chloride test), saponins (Foam test), sterols (Liebermann-Burchard test), tannins (Braymer test) and terpenoids (Salkowki test) were carried out with BCM[10–12].

2.4. Determination of antioxidative property

The antioxidant activity of the plant extract at 20, 40, 60, 80,100 µg/ mL and ascorbic acid (as a reference) was determined by hydrogen peroxide scavenging activity and DPPH scavenging activity[13,14].

2.4.1. Hydrogen peroxide scavenging activity

BCM and ascorbic acid at 20, 40, 60, 80,100 µg/mL were added to hydrogen peroxide solution (0.6 mL, 40 mM) which was prepared in phosphate buffer (pH 7.4). After 10 min, the absorbance was measured at 230 nm against the blank solution containing phosphate buffer. The H_2O_2 scavenging activity of BCM and ascorbic acid was estimated by the following formula[13].

% Scavenging activity = $(Ac - As)/Ac \times 100$

where Ac is the absorbance of the control and As is the absorbance of the sample.

2.4.2. DPPH radical scavenging assay

The sample solutions containing 1 mL of BCM at 20, 40, 60, 80, 100 μ g/mL and 1 mL of DPPH solution (0.1 mL, in methanol) were prepared. Ascorbic acid solutions at different concentrations (same as extract) were used as the reference and the solution of 1 mL methanol and 1 mL DPPH was taken as control. The % inhibition was estimated by the following formula[14].

%Inhibition = $(Ac - As)/As \times 100$

where Ac is the absorbance of the control and As is the absorbance of the sample.

2.5. Immunomodulatory activity of BCM

The immunomodulatory activity of BCM was determined *in vivo*. Healthy Swiss albino mice weighing 25-30 g were procured and housed in the clean at (23 ± 1) °C and relative humidity of 45% to 55% under 12 h light:12 h dark cycle. The mice were fed with standard pellet diet and were allowed to acclimate to the laboratory conditions before the experiments. The drug solutions were prepared in distilled water and vehicle (Tween 80) for oral administration. The immunomodulatory activity was evaluated at the cellular level. Cellular immunity was determined by neutrophil adhesion test, carbon clearance assay, delayed-type hypersensitivity (DTH) reaction and cyclophosphamide-induced myelosuppression test.

2.5.1. Neutrophil adhesion test

For neutrophil adhesion test and carbon clearance assay, all mice were divided into 3 groups with 6 mice in each group. Mice in Group I received only the vehicle and served as the control, Group II and Group III were administered with BCM at 250 mg/kg and 500 mg/kg, respectively. The mice were treated with vehicle and BCM extract for 14 d in neutrophil adhesion test. After the treatment, blood samples of all mice were collected from the retro-orbital vein into heparinized vials and tested for estimation of total leukocyte count (TLC) and differential leukocyte count (DLC). Subsequently, the blood samples were incubated with nylon fibers (80 mg/mL) at 37 $^{\circ}$ C for 15 min. After incubation, the samples were examined again for estimation of TLC and DLC and the neutrophil index was determined. The percentage of neutrophil adhesion was calculated using the following equation[15].

Neutrophil adhesion $\% = (NIu - NIt)/NIu \times 100$

where NIu is the neutrophil index of the untreated blood sample and NIt is neutrophil index of the treated blood sample.

2.5.2. Carbon clearance test

For carbon clearance assay, the mice were treated with vehicle and BCM extract for 10 d. After treatment, all mice received an intravenous injection of colloidal carbon (30 mg in 0.3 mL Indian ink) *via* the tail vein. Following the ink injection, the blood samples were collected by retro-orbital plexus at the time gap of 0 and 15 min. Then the collected samples (0.1 mL) were mixed with sodium carbonate solution (4 mL). The absorbance was measured at 660 nm and phagocytic index K was calculated by applying the following formula[16].

 $K = (\log_e OD_1 - \log_e OD_2)/15$

where OD_1 is the optical density at 0 min and OD_2 is the optical density at 15 min.

2.5.3. Sheep red blood cell (SRBC) induced DTH reaction (DTH response)

For DTH response and myelosuppression assays, all mice were divided into four groups with 6 animals in each group. Mice in Group I were administered with only vehicle and served as control; Group II received cyclophosphamide (50 mg/kg, *i.p.*)[17]; Group III and IV were administered with low dose (250 mg/kg, oral) and high dose (500 mg/kg, oral) of BCM, respectively.

In DTH reaction, the mice were pretreated with vehicle and BCM for 14 d before the challenge. On the 15th day, after measurement of the footpad volume, all mice were challenged with SRBC $(0.025 \times 10^9 \text{ cells})$ in the right paw and 0.025 mL of saline was administered in the left paw. After 24 h, the paw volume was measured again and the change was recorded. The rise in the paw volume was interpreted as an indication of cell-mediated immunity[18,19].

2.5.4. Cyclophosphamide-induced myelosuppression

For myelosuppression assay, the control group and cyclophosphamide group received Tween-80 (0.2%) solution as a vehicle, whereas animals in the treatment groups III and IV received BCM (250 mg/ kg and 500 mg/kg, oral, respectively) in Tween-80, daily for 14 d. On days 15, 16, and 17, all the animals except the control group were injected with cyclophosphamide (50 mg/kg, *i.p.*) 1 h after the BCM administration. On day 18, the blood samples from all mice were collected and analysed for haematological parameters such as total erythrocyte count, total leucocyte count and haemoglobin content[20].

2.6. Anticancer activity of BCM

The anticancer activity of BCM extract was determined *in vitro* using HL-60 cell line. Cell density was adjusted to 1.5×10^6 cells/mL and cells were treated with BCM at 1, 10, 25, 50 and 100 µg/mL for different time periods.

2.6.1. Effect of BCM on cell viability

The effect of BCM on cell viability was assessed by MTT assay. The cells $(1.5 \times 10^4 \text{ cells/well})$ were plated in a 96 well plate. Different concentrations of BCM were added and cells were incubated for 24 h at 37 °C with 5% CO₂. MTT dye (10 µL, 50 mg/ mL) was added to each well 4 h before the completion of incubation time. The well plate was centrifuged, the supernatant was discarded and the resultant formazan crystals were dissolved by adding 100 µL DMSO in each well. The absorbance was read at 570 nm in a microtiter plate[21,22]. According to the results of viability assay, BCM at 10, 25, and 50 µg/mL were selected for further experiments.

2.6.2. Effect of BCM on caspase-3 activity

To determine the caspase-3 activity, the cells $(3 \times 10^{6} \text{ cells/well})$ were treated with different concentrations of BCM (10, 25, and 50 µg/mL) for 1.5, 3, and 6 h. After the completion of incubation time, the cells were resuspended in 50 µL lysis buffer for 10 min on ice. The cells were further centrifuged and the supernatant was collected. Reaction buffer (50 µL) and DEVD-AFC substrate (50 µm final concentration) were added to the supernatant and incubated for 2 h at 37 °C. The resultant fluorescence was measured at 400 nm and 505 mm[23,24].

2.6.3. Effect of BCM on cell cycle study

The cell cycle study to measure sub-G₁ population was carried out using flow cytometry. Cells $(1.5 \times 10^6 \text{ cells/mL})$ were incubated with BCM (10, 25, and 50 µg/mL) for 18 h. The cells were collected, resuspended in 250 µL PBS and fixed with 500 µL ice-cold ethanol. The cell cycle study was performed after propidium iodide (PI)

staining and the histogram was observed using FL-2 filter[23,24].

2.7. Statistical analysis

GraphPad Prism 7.03 was used. The measurement data were expressed as mean \pm standard error of the mean (SEM) and analyzed using one-way analysis of variance (ANOVA). The significance level was set as α =0.05.

2.8. Ethical statement

The experiments were designed and conducted according to the guidelines of the committee for the purpose of the control and supervision of experiments on animals (CPSCEA) and the Institutional Animal Ethics Committee (Approval no. 1972/PR/ BIT/15/17/IAEC).

3. Results

3.1. Phytochemical screening of BCM

The preliminary phytochemical screening of BCM showed the presence of carbohydrates, alkaloids, glycosides, flavonoids,

phenols, and tannins. Sterols were absent in the extract.

3.2. Antioxidative property of BCM

BCM at all concentrations showed the antioxidant property in a concentration-dependent manner as depicted by hydrogen peroxide assay (Figure 1A) and DPPH assay (Figure 1B). According to DPPH results, the half maximal inhibitory concentration (IC_{50}) value of ascorbic acid was 74.56 µg/mL and that of BCM was 84.60 µg/mL.

3.3. Immunomodulatory activity of BCM

3.3.1. Effect of BCM on neutrophil adhesion

In the neutrophil adhesion test, the neutrophils adhered to the fibres during the incubation of blood with nylon fibres. Due to the adhesion of neutrophils, a decrease in the neutrophil count was observed. There was a significant increase (P<0.05) in the neutrophil adhesion after treatment of BCM at two doses as compared to the control (Table 1).

3.3.2. Effect of BCM on carbon clearance

The results of the carbon clearance test demonstrated that BCM significantly increased the phagocytic index. The clearance of colloidal

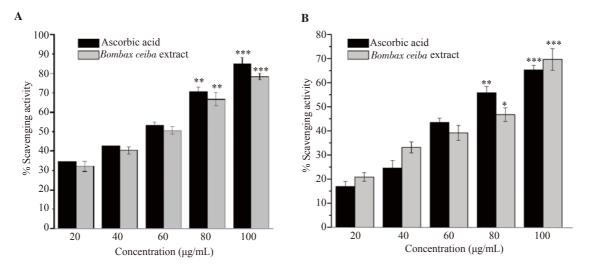


Figure 1. Effect of methanolic extract of *Bombax ceiba* leaves on hydrogen peroxide scavenging activity (A) and DPPH scavenging activity (B). All the values are expressed as mean \pm SEM, *n*=3. **P*<0.05, ***P*<0.01, ****P*<0.001 when compared to the control.

Table 1. Effect of methanolic extract of Bombax ceiba lea	eaves on neutrophil adhesion.
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Groups	TLC (10	³ /mm ³)	Neutrop	ohil (%)	Neutropl	hil index	Neutrophil adhesion (%)
	UB	NFTB	UB	NFTB	UB	NFTB	
Ι	6.90 ± 0.17	6.20 ± 0.11	50.30 ± 0.88	45.00 ± 1.70	347.10 ± 0.14	279.00 ± 0.18	19.50 ± 0.32
II	7.20 ± 0.20	6.70 ± 0.17	54.30 ± 2.50	43.60 ± 2.70	390.90 ± 0.50	292.10 ± 0.45	$25.30 \pm 0.95^{*}$
III	7.60 ± 0.17	6.50 ± 0.25	47.30 ± 1.70	39.30 ± 2.00	331.10 ± 0.28	255.40 ± 0.50	$22.80 \pm 0.70^{*}$

All values are expressed as mean \pm SEM, *n*=6. Group I, control; Group II, methanolic extract of *Bombax ceiba* leaves 250 mg/kg; Group III, methanolic extract of *Bombax ceiba* leaves 500 mg/kg. **P*<0.05 when compared to the control. UB refers to untreated blood sample and NFTB refers to nylon fibre treated blood sample. Neutrophil index= total leukocyte count×Neutrophil %. TLC: total leukocyte count.

carbon from the blood was increased after the administration of BCM. The clearance was more significant with the higher dose of the BCM (P<0.05).

3.3.3. Effect of BCM on DTH reaction

The effect of BCM on cell-mediated immune response was determined by DTH reaction, *i.e.*, by the footpad reaction to SRBC inoculation. The results revealed that BCM produced dose-dependent increases in DTH reaction [(1.46 ± 0.10) mm for 250 mg/kg and (1.49 ± 0.09) mm for 500 mg/kg] compared with Group I [(0.82 ± 0.07) mm] (*P*<0.05) and Group II [(1.07 ± 0.05) mm].

3.3.4. Effect of BCM on cyclophosphamide-induced myelosuppression

The results of cyclophosphamide-induced myelosuppression assay indicated that treatment of cyclophosphamide at 50 mg/kg alone reduced the haemoglobin content and WBCs count significantly. Whereas the treatment of BCM (250 and 500 mg/kg) showed the restoration of haemoglobin content, RBCs and WBCs effectively (Table 2).

3.4. Anti-cancer property of BCM

3.4.1. Effect of BCM on cell viability

BCM at all concentrations decreased the cell viability of HL-60 cells in a concentration-dependent manner. Compared with the control group, the decrease in cell viability was not significant in the groups with BCM at 1 µg/mL [(98.90 ± 0.43)%] and 10 µg/mL [(96.02 ± 1.08)%] (*P*>0.05); while, BCM produced significant cell death at 25 µg/mL [(75.14 ± 0.44)%] (*P*<0.01), 50 µg/mL [(68.91 ± 0.21)%] (*P*<0.001), 100 µg/mL [(69.89 ± 0.09)%] (*P*<0.001).

3.4.2. Effect of BCM on caspase-3 activity

As shown in Table 3, all treatment groups with BCM exhibited an increase in caspase-3 activity both in time- and concentrationdependent manner except for BCM at $10 \mu g/mL$. The highest activity was observed at 6 h with 50 $\mu g/mL$ of BCM.

3.4.3. Apoptotic DNA analysis

The cell population with hypodiploid DNA was determined by flow cytometry. It showed that the fraction of hypodiploid cell population in sub-G₁ phase was gradually increased from 4.8% (10 µg/mL BCM) to 28.6% (50 µg/mL BCM). The apoptotic cells in the normal population remained 3.4% over this duration (Figure 2).

 Table 2. Effect of methanolic extract of Bombax ceiba leaves on haematological parameters.

Groups	RBC ($\times 10^{6}$ /mm ³)	WBC ($\times 10^3$ mm ³)	Hb (g/dL)
Ι	8.96 ± 0.05	5.28 ± 0.38	13.52 ± 0.40
П	8.84 ± 0.26	$1.58\pm0.25^{\rm a}$	$12.20 \pm 0.68^{\circ}$
III	9.27 ± 0.42	$3.48\pm 0.38^{a,**}$	12.35 ± 0.22
IV	9.34 ± 0.31	$4.28\pm 0.19^{a,**}$	12.62 ± 0.28

All values expressed as mean \pm SEM, *n*=6. Group I, control; Group [], cyclophosphamide (CP); Group III, methanolic extract of *Bombax ceiba* leaves 250 mg/kg + CP; Group IV, methanolic extract of *Bombax ceiba* leaves 500 mg/kg + CP. ^aP<0.001, ^cP<0.05 statistical significance when compared to the control, ^{**}P<0.01 when compared to Group []. RBC: red blood cell; WBC: white blood cell; Hb: haemoglobin.

 Table 3. Effect of methanolic extract of Bombax ceiba leaves on caspase-3 activity

aou (10).					
Groups	Fluorescence intensity				
	1.5 h	3 h	6 h		
Control	5.62 ± 1.08	5.26 ± 0.09	5.68 ± 0.22		
10 μg/mL	6.23 ± 0.11	5.98 ± 0.18	6.02 ± 0.12		
25 μg/mL	$26.33 \pm 0.22^{***}$	$31.23 \pm 0.22^{***}$	$32.13 \pm 0.11^{***}$		
50 µg/mL	$30.37 \pm 0.12^{***}$	$33.23 \pm 0.12^{\ast\ast\ast}$	$35.14 \pm 0.18^{***}$		

HL-60 cells were incubated with methanolic extract of *Bombax ceiba* leaves (10, 25, 50 μ g/mL) for 1.5, 3, and 6 h. OPT fluorescence was measured at Ex 400 nm and Em 505 nm. All values are expressed as mean \pm SEM, *n*=3, ****P*<0.001 when compared to the control.

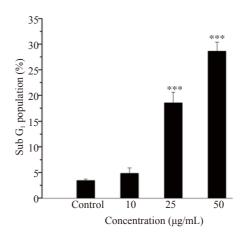


Figure 2. Effect of methanolic extract of *Bombax ceiba* leaves (BMC) on the cell cycle. HL-60 cells were treated with BMC (10, 25 & 50 μ g/mL) for 18 h. Results are expressed as mean \pm SEM, *n*=3. ****P*<0.001 when compared to the control.

4. Discussion

In this study, the immunomodulatory and anti-cancer properties of BCM have been explored. The phytochemical screening showed the presence of alkaloids, flavonoids, carbohydrates, phenols *etc.* in BMC. Literature reports reveal that polyphenols and flavones are effective scavengers of free radicals and also help in the modulation of immune functions. The tannins, alkaloids and flavonoids of the plants may show beneficial effects in cancer by exerting antioxidant and immunomodulatory effects^[25]. Neutrophils are related to the cell-mediated immunity and help in the clearance of foreign particles by recognition and movement toward the particle, phagocytosis, and abolishing the foreign particle. The neutrophil adhesion to nylon fibre produces a decrease in neutrophil counts. BCM at both doses showed a significant increase in the neutrophil adhesion. The effect of BCM on the reticuloendothelial system was analysed by the carbon clearance test. The phagocytic cells of the reticuloendothelial system play an important role in the removal of foreign particles from the blood[26]. When colloidal carbon particles (ink) were injected directly into the blood, the macrophages cleared the particles from the systemic circulation. BCM showed a significant increase in the phagocytic index. Thus, it can enhance the activity of the reticuloendothelial system.

The activation of the T cells releases several lymphokines that activate and accumulate the macrophages, induce vasodilation and produce inflammation. It also enhances the phagocytosis and concentration of lytic enzymes to evade the foreign particles. These activities result in increased footpad thickness^[19]. In this study, BCM produced a significant dose-related increase in DTH response. It also restored cyclophosphamide-induced myelosuppression, *i.e.* depletion of T or B lymphocytes, deficiency of macrophages and a significant increase in WBC count. These results suggest that BMC could be effective in modulating the immune response and it may be used as a supportive treatment under immune-compromised conditions. The immunomodulatory property of BCM may be due to the presence of polyphenols and alkaloids.

Immunomodulatory drugs can be used to decrease myelosuppression and enhance immune response for cancer treatment. Regarding the anticancer activity, BCM induced a loss in the viability of HL-60 cells effectively in a concentration-dependent manner. The increase in cancer cell death indicates the anticancer property of BCM. The elevated levels of caspase-3 in the presence of BCM demonstrate the activation of the caspase-dependent pathway. Caspases are the proteins that cleave the main cellular components of the cells such as repair enzymes that are required for normal cellular functions. These caspases are characteristically activated during apoptosis and stimulate various lytic enzymes such as DNases that cleave the DNA in the nucleus[23]. The increase in caspase-3 activity was observed in both time- and concentration-dependent manner. The highest activity was observed at 6 h with 50 µg/mL of the BCM. These results indicate that BCM may be cause caspase-dependent apoptotic cell death in HL-60 cells.

Apoptosis, the programmed cell death, generally occurs during the growth and aging processes to maintain the cell population in different tissues. During diseased conditions and in the presence of toxic agents, there are alterations in the normal apoptotic mechanisms. As the cell receives the signals to undergo apoptosis, a number of distinctive changes occur such as activation of caspases, pro- and anti-apoptotic proteins, *etc*[24]. Apoptosis plays a vital role in the mechanism of anticancer drugs. The more effective anticancer agents can be developed by targeting the apoptotic pathways mainly in the tumors[27]. The apoptotic cell death in HL-60 cell lines has been confirmed by cell cycle studies, the results imply that the fraction of hypodiploid cell population in sub-G₁ phase gradually increases from 4.8% (10 µg/mL) to 28.6% (50 µg/mL) as a consequence of the treatment with BCM. This confirms the activation of the apoptotic pathway by BCM.

Thus, it can be concluded that BCM possesses antioxidant, immunomodulatory as well as anti-cancer properties. Natural products are still significant sources of new drugs for the treatment of various diseases, such as cancer. A thorough investigation of *B. ceiba* L. is warranted regarding the mechanism as well as the active constituent(s), which will provide a better understanding of its activity against cancerous cells.

Conflict of interest statement

We declare that there is no conflict of interest.

Authors' contributions

NS conceived, designed and analysed *in vitro* experiments and edited the whole manuscript. SK carried out the experiments and wrote the manuscript. PMM designed and analysed *in vivo* experiments.

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