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Alpinia oxyphylla alleviates diabetic nephropathy through the NLRP3 inflammasome pathway in rats

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Objective: Previous studies have confirmed that the tropical traditional Chinese herb-*Alpinia* (A.) oxyphylla are effective on diabetic nephropathy. The purpose of this experiment was to investigate whether A. oxyphylla could prevent and treat diabetic nephropathy by regulating NLRP3 inflammasome pathway.

Methods: Male SD rats and *NLRP3* gene silencing rats were assinged into blank group, model group, *A. oxyphylla* group, valsartan group and *NLRP3* gene silencing group, with 8 rats in each group. The model was established by intraabdominal injection of streptomycin after feeding with high sugar and high fat diet for 6 weeks. Based on successful modeling, administration protocal for a period of 8 weeks were performed. *A. oxyphylla* group was given *A. oxyphylla* decoction (2.6g/kg/d), while the model group and *NLRP3* gene silencing group were given saline as the same dosage of *A. oxyphylla* decoction. The valsartan (10 mg/kg/d) was given to the valsartan group. After 8 weeks of treatments, blood glucose, 24 h urinary protein, creatinine, urea nitrogen levels were detected, and the pathological sections of the kidney were examined. The expression of NLRP3 protein was detected by Western-Blot and PCR. NLRP3 protein, caspase-1, IL-18 and IL-1 β in renal tubules were detected in each group by immunofluorescence and immunohistochemistry.

Results: Compared with the model group, *A. oxyphylla* significantly reduced blood glucose, 24 h urinary protein, creatinine, urea nitrogen levels (P all < 0.05) but the pathological injury in kidney was less. The expression of NLRP3 protein was negative in NLRP3-/-group while positive in the model group, *A. oxyphylla* group and valsartan group. Expression of NLRP3 protein, NLRP3, caspase-1, IL-18 and IL-1 β were also significantly lower in *A. oxyphylla* trated group compared with the model group (P all < 0.05).

Conclusions: A. oxyphylla could inhibit the expression of NLRP3 protein, reduce IL-18 and IL-1 β and other inflammatory factors and alleviate the damage of kidney caused by inflammatory reaction. This is one of the mechanisms whereby A. oxyphylla prevents and treats diabetic nephropathy

Keywords: Alpinia oxyphylla; Diabetic nephropathy; Inflammation; NLRP3

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