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Virechana Dravya's in Brihatrayi: A Review Article

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ABSTRACT

In *Ayurveda* it has been indicated that when there is accumulation of morbid bio-humours in the body they should be expelled out time to time. *Virechana* (therapeutic purgation) therapy is one in which *pitta doshas* and pitta with involvement of *kapha doshas* expels out of the body through anal route. In classical texts of *Ayurveda* various purgative drugs are mentioned in scattered form. In view of this fact an attempt has been made to compile *virechana* drugs from various classical texts of *Brihatrayi* for its rational use and proper utility. It has been observed that 80 *virechana* drugs are mentioned in *Brihatrayi* in which most of the drugs possess *katu-tikta* taste, *laghu-ruksha* and *tikshana* qualities, *ushna virya* and *katu vipaka*. From this review, it provides enormous information about the purgative drugs with its pharmacological properties. Most of the drugs are time tested and rationally used by our ancient scholars, now a day most common drugs used are *triphala*, *argavadha*, *danti*, *draksha*, *kampillaka*, *tilvaka*, *trvritta*, *eranda*, *kutki*, *satyanashi*. These drugs are indicated in so many disorders but mainly in abdominal disorders, worm infestation and respiratory disorders etc.

KEYWORDS

Virechana drugs, Brihatrayi, Pharmacological properties



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INTRODUCTION

AIMS AND OBJECTIVES

Principles of Ayurveda indicate that once morbid bio humours expelled out, they never gets accumulated in the body¹. *Panchakarma* therapy emphasizes on expulsion of aggravated bio humours from the body. In *panchakarma* therapy, *virechana* (therapeutic purgation) is the second therapy in sequence and most widely used purification therapy especially for *pitta* disorders². *Virechana* is one of the easiest and widely used therapy for expulsion of morbid *doshas* from the body. *Virechana dravyas* are indicated in various disorders like; *kushta*, *jvara*, *prameha*, *visuchika*, *krimikoshta*, *visarpa*, *kamala*, *svasa*, *kasa* etc³. Since from the time period of Acharya Charak till now so many purgative drugs are coming into existence and these are described as per their properties, parts used and physiological basis. Charak has classified (them) as *mridu* (mild), *sukha* (easy) and *tikshna* *virechana* (strong purgative). *Sharangdhar* has classified the *virechana dravya* into four types on physiological basis as *anulomana*, *sansrana*, *bhedana* and *rechana*. The best purgative drugs for these 4 categories are Haritaki, Aragvadha, Katuki and Trivritta respectively⁴. Also many *acharya*'s have mentioned *virechana dravya* with their

parts used. On reviewing of classical text of *Brihatrayi* (*Charak Samhita*, *Sushruta Samhita* and *Sangraha grantha*), it is found that total 80 drugs are used for purgation as single drug or in compound form.

Charak Samhita:

Various *virechana* drugs are mentioned in scattered manner in different context of *Charak Samhita*. Among them 11 *moolini dravya* (roots are used for *virechana*), 10 *phalini dravya* (fruits are useful parts), 2 *ksheerini dravya* (latex is used) and 3 barks drugs are mentioned in 1st chapter of *sutrasthan*⁵. Fifteen purgative drugs in 2nd chapter⁶ and 20 drugs (10 drugs each in *bhedaniya* and *virechanopaga mahakashaya*) in 4th chapter of *sutrasthan*⁷. Many drugs of choice for purgation as per action like *yava* for formation of bulk stool, *Trivritta* as *sukha* (easy) *virechana*, *Aragvadha* as *mridu* (mild) *virechana* and *snuhi* as *tikshna* (strong) purgation are mentioned in 25th chapter. 28 drugs are described in 8th chapter of *vimana sthana*⁸. Six chapters (from 7-12) exclusively deals with the detail description of 9 *virechana dravya* in *Kalpa sthana*⁹. Total 245 formulations prepared from these 9 drugs are also narrated for purgation.

Sushruta Samhita:

Twenty eight drugs are considered as purgative drugs in 39th chapter of *sutrasthan*¹⁰. Various drugs are mentioned



as best as per their parts used .i.e.-root of *Trivritta*, bark of *Tilvaka*, fruit of *Haritaki*, oil of *Eranda*, juice of *Karavellaka* and latex of *Snuhi* in 44th chapter of *sutrasthan*¹¹. Many oils are also described for *virechana* purpose in *chikitsa sthana*¹².

Vagbhata:

Most of the *virechana dravyas* mentioned in *Ashtanga sangraha* are same as *Charak Samhita*. But there is difference in *mahakashaya* description *Charak* has mentioned both *bhedaniya* and *virechanopaga mahakasaya* while *Ashtanga sangraha* has mentioned only the earlier one¹³. *Virechana kalpa dravyas* mentioned in *kalpa sthana* is similar with *Charak Samhita*¹⁴. In *Ashtanga Hridaya* 13 drugs are narrated in *Shodhanadigana* of *sutrasthana* of written by *Laghu vagbhata* where milk and urine are also considered for purgation¹⁵. Purgative drugs mentioned in *kalpasthana* of *Ashtanga Hridaya* are same as *Ashtanga Sangraha*¹⁶.

MATERIALS AND METHODS:

Review of all available *Brihatrayi* (*Charak Samhita*, *Sushruta Samhita*, *Ashatanga Sangraha*, *Ashatanga Hridaya*) texts have been carried out. Simultaneously views of commentators like *Chakrapanidatta*, *Dalhana*, *Arundatta*, *Indu* etc were also referred to clarify the controversy. Various texts books on *panchakarma*, books of *dravyaguna* and *Bhavparaksh*

Nighantu, used in *Ayurveda* were also referred for botanical and pharmacological studies.

Collection and preservation of drugs:

Though many drugs are used for purgation but specific method of collection and preservation methods are mentioned for very few drugs only in classical texts of *Ayurveda*. These are as under:

*Trivritta*¹⁷ – One should collect smooth, deep rooted and straight root of *Trivritta* in *shukla paksha* having fast and wearing white cloth. Then remove the outer covering of root and stored it in clean container.

*Tilvaka*¹⁸-Collect root bark of *Tilvaka* and divide it into three parts, then prepare decoction of two parts and triturates these two parts with remaining third parts. Lastly, triturate this dry powder with *dashmoola* decoction and collect it.

*Saptala & Shankhini*¹⁹- Fruits of *Shankhini* should be taken which is neither too dry and nor too wet, remove its outer covering. For *Saptala*, root should be taken and stored in clean container.

*Chaturangula*²⁰-Fruit with good quality and heavy in weight should be collected and kept in sand for seven days. Remove it from sand then clean and dry it in sunlight after that use its fruit pulp for purgation.

*Snuhi*²¹- Latex of *Snuhi* should be collected by giving incision with sharp instruments in



the stem of *snuhi* which should be 2-3 years old. And in the end of *Shishira ritu*.

*Danti & Dravanti*²²-The root collected should be *sthira (sara yukta)*, thick bark like *hastidanti* (dark brown) and it should be blackish and reddish copper in colour, apply paste of *pippali* and honey and bind it with *kusha* leaves and dry it on fire when it softens completely then dry it in sun by this method it loosens its *vikasi* property and then use it.

*Haritaki*²³ - Seedless fruit of *haritaki* devoid of contamination has to be taken.

RESULTS AND DISCUSSION

On review, it was found that total 80 numbers of drugs are mentioned as purgative in *Brihatrayi*. Near about 32 drugs are clarified by famous commentators of that era to remove the controversies. The detailed description, botanical information and pharmacological properties are narrated in table 1, 2, 3 respectively.

Table-1: Total drugs described in *brihatrayi Samhita*.

Table-2: Botanical description with commentary and synonyms.

Table-3: Pharmacological properties.

Review Results:

Total 80 drugs have been mentioned in ayurvedic classics that mainly possess *katu-tikta* taste, *laghu-ruksha* and *tikshana*

qualities, *ushna virya* and *katu vipaka*. These drugs are mainly indicated in abdominal disorders, worm infestation and respiratory disorders etc.

DISCUSSION

Virechana therapy is one which expels *pitta dosha* from body and also if *pitta* is in association with *kapha doshas*²⁹. It is best measure for *pitta* expulsion. In *Sushruta Samhita*, it is mentioned that for rejuvenation purpose, initially purification should be done which shows essentiality of purification³⁰. In *Charak Samhita* as it is based on medicine, details of drugs are more elaborately given in comparison to *Sushruta Samhita*. But in *Ashtanga sangraha* good numbers of drugs are available like *Charak*. Almost all *Virechana* drugs possess qualities like, *ushana* (hot), *tikshana* (strong), *sukshama* (subtle), *vyavayi*, *vikasi* qualities and mainly they have predominance of *prithvi* and *jalamahabhuta*. Due to these properties they expels out morbid *doshas* from anal route³¹. Selection of drugs in *virechana* therapy is most important aspect in every condition, as improper drug selection may lead to vitiation of bio humours and further complications. Selection of drugs for purgation with its suitable dosage depends upon *koshta* (bowel habit), *vaya* (age), and *bala* (strength) of patient³². Hence,



physician must have thorough knowledge about the *virechana* drugs prior to its use.

From the above information it is observed that:

Table-1: Drugs described in *brihatrayi Samhita*^{5,6,7,8,9,10,11,12,13,14,15,16}.

S.No.	Drugs	Charak	sushruta	Ashtanga sangrah	Ashtang hridaya
1.	<i>Abhaya</i>	√	√	√	√
2.	<i>Adhoguda</i>	√			
3.	<i>Agnimukhi</i>	√		√	
4.	<i>Ajgandha</i>	√		√	
5.	<i>Ajashringi</i>	√		√	
6.	<i>Amalaki</i>	√	√	√	√
7.	<i>Amlavetas</i>	√		√	
8.	<i>Antahkotharpushpi</i>	√			
9.	<i>Argavdha</i>	√	√	√	
10.	<i>Arka</i>	√	√	√	√
11.	<i>Ashwagandha</i>	√			
12.	<i>Badara</i>	√			
13.	<i>Bhallatak</i>	√		√	
14.	<i>Bibhitak</i>	√	√	√	
15.	<i>Brihati</i>	√		√	
16.	<i>Chagalantri</i>	√	√	√	
17.	<i>Chitrak</i>	√	√	√	
18.	<i>Dadima</i>	√			
19.	<i>Danti</i>	√	√	√	√
20.	<i>Draksha</i>	√			
21.	<i>Dravanti</i>	√	√	√	
22.	<i>Gambhari</i>	√		√	
23.	<i>Gavakshi</i>	√	√	√	
24.	<i>Gokshura</i>	√		√	
25.	<i>Hastidanti</i>	√			
26.	<i>Hemdugdha</i>				√
27.	<i>Hingu</i>	√		√	
28.	<i>Jyotishmati</i>		√	√	
29.	<i>Kampillaka</i>	√	√	√	
30.	<i>Kantakari</i>	√		√	
31.	<i>Karkandhu</i>	√		√	
32.	<i>Karvellaka</i>		√		
33.	<i>Kasha</i>		√		
34.	<i>Kharjura</i>	√			
35.	<i>Kinhi</i>		√	√	
36.	<i>Klitaka anupa</i>	√		√	
37.	<i>Klitaka sthalaja</i>	√		√	
38.	<i>Koshamra</i>		√		
39.	<i>Krishnagandha</i>	√			
40.	<i>Ksheerini</i>	√			
41.	<i>Kulattha</i>	√			
42.	<i>Kusha</i>		√		
43.	<i>Kuvala</i>	√		√	
44.	<i>Masoora vidala</i>	√			
45.	<i>Nichula</i>	√			
46.	<i>Nilini</i>	√	√	√	√
47.	<i>Palanksha</i>			√	
48.	<i>Palasha</i>		√		



49.	<i>Parushaka</i>	√		√	
50.	<i>Patala</i>		√	√	
51.	<i>Pilu</i>	√		√	
52.	<i>Prakirya</i>	√		√	
53.	<i>Prishnaparni</i>	√		√	
54.	<i>Priyala</i>	√		√	
55.	<i>Puga</i>		√	√	
56.	<i>Punarnava rakta</i>	√		√	
57.	<i>Punarnava shveta</i>	√		√	
58.	<i>Putika</i>		√	√	
59.	<i>Ramayak</i>		√	√	
60.	<i>Sala</i>			√	
61.	<i>Saptachhada</i>		√	√	
62.	<i>Saptala</i>	√	√	√	
63.	<i>Satyanashi</i>	√	√	√	
64.	<i>Shalaparni</i>	√		√	
65.	<i>Shakuladani</i>	√		√	
66.	<i>Shankhini</i>	√	√	√	√
67.	<i>Shobhanjana</i>	√			
68.	<i>Snuhi</i>	√	√	√	√
69.	<i>Svarnaaksheeri</i>	√	√	√	
70.	<i>Tila</i>	√			
71.	<i>Tilvaka</i>	√	√	√	√
72.	<i>Trivrit shveta</i>	√	√	√	√
73.	<i>Trivrit shyama</i>	√	√	√	√
74.	<i>Udkirya</i>	√		√	
75.	<i>Urubuka</i>	√	√	√	
76.	<i>Vacha</i>	√			
77.	<i>Vastuka</i>	√			
78.	<i>Vidanga</i>	√		√	
79.	<i>Vishanika</i>	√	√	√	
80.	<i>Yava</i>	√			

Table 2 Botanical description with commentary and synonyms ^{5-16,24,25,26,27,28}

S.No.	Drugs	Latin Name & Family	Commentry	Synonyms	Habitat
1.	Abhaya	<i>Terminalia chebula</i> Retz. Combretaceae		<i>Kayastha, Pathya, Shiva, Chetaki, Vijaya</i>	Tree
2.	Adhoguda	<i>Euphorbia aculais</i> Roxb. Euphorbiaceae	<i>Praddhadark</i> (Ca.) *	<i>Vanmooli</i>	Shrub
3.	Agnimukhi	<i>Gloriosa superba</i> Linn. Liliaceae	<i>Langali</i> (Ca.) *	<i>Halini, Agnishikha, Shakrapushpi, langali</i>	Climber
4.	Ajgandha	<i>Gyanandropis Gynandra</i> Lin. Briquet. Capparidaceae	<i>Phokandi</i> (Ca.) *	<i>Tilparni, Putigandha, Barbaraka</i>	Shrub
5.	Ajashringi	<i>Gymnema sylvestre</i> Ascelpiadaceae		<i>Gudmar, meshshringi</i>	Herb
6.	Amalaki	<i>Embellica officinalis</i> , Gaertn. Euphorbiaceae		<i>Amrita, Vayastha, Vrishya, Tishyaphal</i>	Tree
7.	Amlavetas	<i>Garcinia pedunculate</i> Roxb. Guttiferae		<i>Amla, Vidula, Shatvedhi</i>	Tree
8.	Antahkoth arpus-hpi	-	<i>Nila bhudhana</i> – (Ca.) *	-	-
9.	Argavdha	<i>Casia fistula</i> Linn. Fabaceae	<i>Kirmalaka</i> -(Dh.) * <i>Karnikara</i> (A) *	<i>Kritamalak, Chaturang uala, Suvarnak, Shamp aka</i>	Tree



10.	<i>Arka</i>	<i>Calotropis gigantea</i> Linn. Asclepiadeceae		<i>Alaraka, Mandar Toolaphala, sadapushpa</i>	Shrub
11.	<i>Ashwagandha</i>	<i>Withania somnifera</i> Dunal. Solanaceae		<i>Turagi, Pivari, Vajikari, Vajigandha</i>	Shrub
12.	<i>Badara</i>	<i>Ziziphus mauritiana</i> Lamk. Rhamnaceae		<i>Ajapriya, Kola, Badari</i>	Tree
13.	<i>Bhallatak</i>	<i>Semicarpus anacardiu</i> Linn. Anacardaceae		<i>Arushakara, Agnimukhi, Shophkrita</i>	Tree
14.	<i>Bibhitak</i>	<i>Terminalia bellerica</i> Roxb. Combretaceae		<i>Akshiphala, KarshPha, Kalidrum</i>	Tree
15.	<i>Brihati</i>	<i>Solanum indicum</i> Linn. Solanaceae		<i>Mahati, Vartaki Dushpradharshini</i>	Herb
16.	<i>Chagalantari</i>	<i>Argyrea speciose</i> Sweet. Convolvulaceae	<i>Vridhdadarak (Ca.)*</i>	<i>Chagantri, Avegi Vrishyagandha,</i>	Creepers
17.	<i>Chitrak</i>	<i>Plumbago zeylanica</i> Linn. Plumbaginaceae		<i>Anala nama, Pathi, vyala, ushna</i>	Herb
18.	<i>Dadima</i>	<i>Punica granatum</i> Linn. Punicaeae		<i>Raktabeeja, Phalamala, Shukavallabha</i>	Shrub/ small tree
19.	<i>Danti</i>	<i>Baliospermum montanum</i> MueArg., Euphorbiaceae	<i>Pratyakshreni (Ca.)* Chitra (Ca.)* Dantini (Dh.)* Nikumbh(A) *</i>	<i>Erandaphala, Udumbarparni, Shighra, Nikumbh</i>	Shrub
20.	<i>Draksha</i>	<i>Vitis vinifera</i> Linn. Vitaceae		<i>Mridvika, Gostani</i>	Climber
21.	<i>Dravanti</i>	<i>Croton tiglium</i> Linn. Euphorbiaceae	<i>Leaf torn like teeth (Ca.) Danti type Dh.*</i>	<i>Jayapala, Dantibeeja Tintidiphala</i>	Tree
22.	<i>Gambhari</i>	<i>Gmelina arborea</i> Linn. Verbenaceae		<i>Kashmari, Pitarohini, Madhuparni</i>	Tree
23.	<i>Gavakshi</i>	<i>Citrullus colocynthis</i> Schrod. Cucurbitaceae	<i>Shvetapushpa indravaruni (Dh.)* Indravaruni (I)* Vishala(A) *</i>	<i>Indravaruni, Chitra, Gavadini</i>	Climber
24.	<i>Gokshura</i>	<i>Tribulus terrestris</i> Zygophyllaceae		<i>Ikshugandhika, Svdanshtra, Palanksha</i>	Prostrate
25.	<i>Hastidanti</i>	<i>Croton oblongifolius</i> Roxb. Euphorbiaceae	<i>Brihatphala, goduba, Nagdanti .Ca.*</i>	<i>Nagadanti</i>	Tree
26.	<i>Hemdugdha</i>	<i>Euphorbia Thomsoniana</i> Euphorbiaceae	<i>Kanaka Ksheeri(A)) *</i>		
27.	<i>Hingu</i>	<i>Ferula narthex</i> Bioss Umbelliferae		<i>Jatuka, Bahalika, Sahasravedhi, Vedhmukhya, Ramatha</i>	Shrub
28.	<i>Jyotishmati</i>	<i>Celastrus panniculatus</i> Wild. Celastraceae	<i>Kakmardnika (Dh.)*</i>	<i>Tejasvini, Katabhi, Pita taila</i>	Climbing Shrub
29.	<i>Kampillaka</i>	<i>Mallotus philipinensis</i> Muell-Arg Euphorbiaceae	<i>Gudarochanika (Ca.)* Rochanika (Dh.)* Ranjanaka(A) *</i>	<i>Raktanga, Rechana, karkasha, Ranjanaka</i>	Tree
30.	<i>Kantakari</i>	<i>Solanum xanthocarpus</i> Bu Burm.f. Solanaceae		<i>Kshudra, Vyaghri Nidh agdhika, Dusparsha</i>	Prickly Herb



31.	<i>Karkandhu</i>	<i>Ziziphus nummularia</i> W.&H. Rhamnaceae	-	-
32.	<i>Karvellaka</i>	<i>Momordia charantia</i> Linn. Cucurbitaceae	<i>Kathillakam,</i> <i>Sushavi</i>	Climber
33.	<i>Kasha</i>	<i>Saccharum spontaneum</i> Linn. Poaceae	<i>Ikshugandha,</i> <i>Potagala</i>	Perenial Grass
34.	<i>Kharjura</i>	<i>Phoenix sylvestris</i> Roxb. Areaceae	<i>Sakndaphala,</i> <i>Bhumikharjurika</i>	Tree
35.	<i>Kinhi</i>	<i>Achyranthus aspera</i> Linn. Amaranthaceae	<i>Katabhi (Ca.)*</i> <i>Kapippipali,pratayakp</i> <i>ushpi, Mayuraka</i>	Herb
36.	<i>Klitaka</i> <i>anupa</i>	<i>Glycyrrhiza glabra</i> Lin. Fabaceae	<i>Yashtimadhu</i> <i>(Ca.)*</i> <i>Madhuka, Madhulika,</i> <i>Yashti</i>	Herb/Under Shrub
37.	<i>Klitaka</i> <i>sthalaja</i>	<i>Glycyrrhiza glabra</i> Lin. Fabaceae	Same	Same
38.	<i>Koshamra</i>	<i>Schleichera oleosa (lour)</i> Sapindaceae	<i>Kshudraamra,</i> <i>Lakshavriksha</i>	Tree
39.	<i>Krishnaga</i> <i>ndha</i>			
40.	<i>Ksheerini</i>	<i>Euphorbia Thymifolia</i> Linn. Euphorbiaceae	<i>Dugdihika</i> (<i>Ca.)*</i> <i>Dugdihika,Svaduparni,</i> <i>viksheerini</i>	Herb
41.	<i>Kulattha</i>	<i>Dolichos biflorus</i> Linn. Fabaceae	<i>Kulatthika</i>	Herb
42.	<i>Kusha</i>	<i>Desmostachya bipinnata</i> Stap f.Poaceae		Perenial Grass
43.	<i>Kuvala</i>	<i>Ziziphus jujube</i>		
44.	<i>Masoora</i> <i>vidala</i>	****	<i>Shyاملata (Ca.)*</i>	
45.	<i>Nichula</i>	<i>Barringtonia accutangula</i> Gaertn Barringtoniaceae	<i>Hijjala(Ca.)*</i> <i>Vidula, Samudraphala</i>	Tree
46.	<i>Nilini</i>	<i>Indigofera tinctorial</i> linn. Fabaceae	<i>Nilbudhana,</i> <i>shiphhalika</i> <i>(Dh.)*</i> <i>Tuni, Ranjini, Tucha,</i> <i>Nilapushpa</i>	Tree
47.	<i>Palanksha</i>	<i>Commiphora mukul</i> (Hook, ex.Stocks), Burseraceae	<i>Kaushika, Devdhoopa,</i> <i>Pura</i>	Shrub
48.	<i>Palasha</i>	<i>Butea monosprema</i> (Lam) Leguminosae	<i>Kinshuka,Ksharshrest</i> <i>ha,Rakatpushapa</i>	Tree
49.	<i>Parushaka</i>	<i>Grewia asiatica</i> Linn. Tiliaceae	<i>Alparthi, paraparm</i>	Tree
50.	<i>Patala</i>	<i>Sterospermum suveolens</i> DC Bignonaceae	<i>Krishnavrinta, Kashth</i> <i>aphala, Ghantapatala</i>	Tree
51.	<i>Pilu</i>	<i>Salvodrea persica</i> Linn. Salvodaraceae	<i>Gudaphala, Sramsai</i>	Tree
52.	<i>Prakirya</i>	<i>Ceasalpinia bonducella</i> (L) Roxb. Fabaceae	Type of <i>karanja(Ca.)*</i> <i>Kantaki karanja,Puti</i> <i>karanja, Kubraksha</i>	Shrub
53.	<i>Prishnapar</i> <i>ni</i>	<i>Uraria picta</i> Desv. Fabaceae	<i>Kroshtuinna, Sihnya</i> <i>pucchi, Atiguha</i>	Herb
54.	<i>Priyala</i>	<i>Buchanania latifolia</i> Roxb. Anacardaceae	<i>Kharaskandh,Bahulva</i> <i>lkal,Tapseshtha,Sannk</i> <i>adru</i>	Tree
55.	<i>Puga</i>	<i>Areca catechu</i> Linn. Areaceae	<i>Kramuka, Guvvak</i>	Tree
56.	<i>Punarnava</i> <i>rakta</i>	<i>Boerhavia diffusa</i> Linn. Nyctangiaceae	<i>Kshudra Varshabhu,</i> <i>Shilatika</i>	Herb
57.	<i>Punarnava</i> <i>shveta</i>	<i>Trianthema portula -castrum</i> Linn. Nyctangiaceae	<i>Shothaghani,</i> <i>Dirghpatrika</i>	Same



58.	Putika	<i>Holoptela integrifolia</i> PlanCa. Ulmaceae	Kantkaikaranja (Ca.)* Chirbilva(Dh)*		Herb
59.	Ramayak	<i>Melia azedarach</i> Linn. Meliaceae	Patola moola (Ca.)*&(Dh.)*	Arishta, Pichmarda, Sarvatobhadra Hinguniryasa	Tree
60.	Sala	<i>Shorea robustus</i> Gaertn.f.Diptocarpaceae		Marichapatraka,Rala niryasa, Ashvakarna, Agnivallabha	Tree
61.	Saptachha da	<i>Alstonia scholaris</i> R.Br. Apocynaceae	Saptaparna (Dh.)*	Vishala,Vishamachha da,Vishaaltvak	Tree
62.	Saptala	<i>Euphorbia dracunculoides</i> Linn.Euphorbiaceae	Charmakasha (Ca.)*	Vidula, Charmksha, Nigadita	Herb
63.	Satyanashi	<i>Argemone maxicana</i> Linn. Papaveraceae		Katuparni, Bhadabhada	Herb
64.	Shalparni	<i>Desmodium gangeticum</i> De.Fabaceae		Aanshumati, Guha, Triparni	Herb
65.	Shakulada ni	<i>Picrorhiza kurroa</i> Ex. Berth Scrophularaceae	Katurohini (Ca.)*	Katuki, Chakaranga, Matsyashakla	Herb
66.	Shankhini	<i>Cansora decussate</i>	Shvetabudhana(Ca.)* Yavatikata type(Dh.)*		
67.	Shobhanja na	<i>Moringa olifera</i> Gaertn. Moringaceae		Akshiva, Mochaka, Tikshangandha	Tree
68.	Snuhi	<i>Euphorbia nerifolia</i> Linn. Euphorbiaceae	Sehunda(Dh.)* Guda(A) *	Guda, Sudha, Sehunda, Vajri	Shrub
69.	Svarnaaks heeri	<i>Argemone maxicana</i> Linn. Papaveraceae	Angushtaprabhav a (Ca.)*	Katuparni, Bhadabhada	Herb
70.	Tila	<i>Seasum indicum</i> DC. Pedaliaceae		-	Herb
71.	Tilvaka	<i>Symplocos recemosa</i> Roxb. Symplocaee	Lodhra (Ca.)*Svalpa rodhra(Dh.)* Kumbha(A) *	Akshibhaishajya,Tirita , Sthula, Rodhra	Tree
72.	Trivrit shveta	<i>Ipomea turpethum</i> (L.) R.BR. Convolvulaceae		Ardhachandra Triputa, tribhindi, Palindi	Stout Twiner
73.	Trivrit shyama	<i>Operculina terpehthum</i> (L.) Convolvulaceae	Shayam moola trivrit(Ca.)*	Ardhachandra,Triputa , tribhindi,Palindi	Stout Twiner
74.	Udkirya	<i>Pongamia glabra</i> Vent. Fabaceae	Type of karanja(Ca.)*	Naktamala, Ghritpurna, Putika	Tree
75.	Urubuka	<i>Ricinus communis</i> Linn. Euphorbiaceae		Gandharvhasta,Vyagh rapcha, panchangula	Shrub
76.	Vacha	<i>Acorus calmus</i> Linn. Areaceae		Ugragandha, Golomi, Shatparvika	Herb
77.	Vastuka	<i>Chenopodium album</i> Chenopodiaceae		Svetachilli	Herb
78.	Vidanga	<i>Embelia ribes</i> Burm.f Myrsinaceae		Krimighana,Chitratan dula, Amogha, Vella	Shrub
79.	Vishanika	<i>Pistacia inegerrima</i> Stew ex Brandis Anacardaceae	Avartani(Ca.)*	Karkatashringi,Kulira vishanika.Ajashringi, Vakra	Tree
80.	Yava	<i>Hordeum vulgare</i> Linn. Poaceae		--	Herb



*Ca-Chakrapani, Dh-Dalhana, I-indu. A-Arundatta

Table 3 Pharmacological properties^{24,25,26,27,28}.

S.No.	Drugs	Rasa	Guna	Virya	Vipaka	Karma	Parts used & Dose	Indications
1.	Abhaya	<i>KMain</i>	<i>L,R</i>	<i>U</i>	<i>M</i>	<i>VPK↓Anulomana</i>	<i>Fruit Rind-3-6g</i>	<i>Shotha, prameha, Krimi, Kasa Svasa</i>
2.	<i>Adhoguda</i>	<i>K</i>	<i>L,T,S</i>	<i>U</i>	<i>K</i>	<i>KV↓Rechana</i>	<i>Latex 125-250mg Stem juice-5-10ml</i>	<i>Vatavyadhi, Gulma Udara, Shoola, Shotha</i>
3.	<i>Agnimukhi</i>	<i>K,Ti</i>	<i>L,R,T</i>	<i>U</i>	<i>K</i>	<i>KV↓Garbhpatka</i>	<i>Tuberous Root Powder-250-500mg</i>	<i>Arsha, krimi Kushtha, Vrana Shotha</i>
4.	<i>Ajgandha</i>	<i>K</i>	<i>L,R,T</i>	<i>U</i>	<i>K</i>	<i>KV↓</i>	<i>Beeja Churna 3g, Root 1-3g</i>	<i>Krimi, Shoola</i>
5.	<i>Ajashringi</i>	<i>Ks,Ti</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>KV↓</i>	<i>powder 3-6g Root decoction 50-100ml</i>	<i>Kushta, Meha, Krimi, Sansrana Deepana</i>
6.	<i>Amalaki</i>	<i>Amla Main</i>	<i>G,R</i>	<i>S</i>	<i>M</i>	<i>VPK↓</i>	<i>Svarasa-10-20ml, Fruit powder 3-6g</i>	<i>Raktapitta, Prameha, Rasayan</i>
7.	<i>Amlavetas</i>	<i>A</i>	<i>L,R</i>	<i>U</i>	<i>A</i>	<i>V↓, Hridya</i>	<i>Fruit juice 10-20ml</i>	<i>Agnimandya, Ashmari, Gulma, Udavarta</i>
8.	<i>Antahkothar pushpi</i>							
9.	<i>Argavdha</i>	<i>M</i>	<i>G,Si, Mr</i>	<i>S</i>	<i>M</i>	<i>KP↓, Samsrana</i>	<i>Flower paste-5-10g Fruit pulp-5-10g</i>	<i>Kushta, Prameha, Amavata, Udara, Jvara, Kamala</i>
10.	<i>Arka</i>	<i>K,Ti</i>	<i>L,R,T</i>	<i>U</i>	<i>K</i>	<i>V↓, Rechan Deepana</i>	<i>Root bark powder-0.5g</i>	<i>Kushta, Arsha, Krimi, Gulama</i>
11.	<i>Ashwagandha</i>	<i>K,Ti</i>	<i>S,L</i>	<i>U</i>	<i>K</i>	<i>VK↓, Balya, Shukrala Rasyana</i>	<i>Root Powder-3-6g</i>	<i>Karshya, Vrishya, Bandhyatava</i>
12.	<i>Badara</i>	<i>M,A</i>	<i>G,S</i>	<i>S</i>	<i>M/A</i>	<i>VP↓, Hridya</i>	<i>Bark decoction 50-100ml</i>	<i>Hikka, Udara Sthoulya, Pradara</i>
13.	<i>Bhallatak</i>	<i>K,Ti,Ks</i>	<i>L,T,S</i>	<i>U</i>	<i>M</i>	<i>KV↓, Medhya, Vrishya, Deepana, Bhedana</i>	<i>Fruit seed Kernel-3-6g Oil -10-20 Drops</i>	<i>Kapha vikara Arsha, krimi, Kushtha, Vatavyadhi</i>
14.	<i>Bibhitak</i>	<i>Ks,Ti</i>	<i>L,R</i>	<i>U</i>	<i>M</i>	<i>KP↓, Keshya, Bhedana</i>	<i>Fruit rind, Seed powder 3-6g</i>	<i>Svasa, kasa, Atisara, Jvara</i>
15.	<i>Brihati</i>	<i>K,Ti</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>KV↓, Shukra rechak</i>	<i>Whole plant</i>	<i>Kasa, Svasa, Mutrakrichha</i>
16.	<i>Chagalantri</i>	<i>Ks,K,Ti</i>	<i>L,Si</i>	<i>U</i>	<i>M</i>	<i>KV↓, Rasayana, Vrishya</i>	<i>Root powder 3-6g</i>	<i>Amavata, Arsha, prameha</i>
17.	<i>Chitrak</i>	<i>K</i>	<i>L,R,T</i>	<i>U</i>	<i>K</i>	<i>VK↓, Deepana, Pachana</i>	<i>Root Bark Powder 3-6g</i>	<i>Arsaha, Grahini, Krimi, Shoola</i>
18.	<i>Dadima</i>	<i>Ks,M,A</i>	<i>L,S</i>	<i>U</i>	<i>M/A</i>	<i>VPK↓, Hridya, Shukrala</i>	<i>Fruit juice-20-50ml Bark Powder- 3-5g</i>	<i>Raktapitta, Jvara, Daha, Trishna</i>
19.	<i>Danti</i>	<i>K</i>	<i>G,T</i>	<i>U</i>	<i>K</i>	<i>KV↓, Rechana</i>	<i>Root-1-3g Seed powder 150-250mg Seed oil-2-5 drops</i>	<i>Gulma, udara Roga</i>



20.	<i>Draksha</i>	<i>M</i>	<i>G,S</i>	<i>S</i>	<i>M</i>	<i>VP↓VrishyaB rihana,</i>	<i>Fruit juice 20-40ml</i>	<i>Jvara, Raktapitta, Daha</i>
21.	<i>Dravanti</i>	<i>K</i>	<i>G,R, T</i>	<i>U</i>	<i>K</i>	<i>KP↓,Rechana</i>	<i>BeejaChurna- 25-30mg Oil-1/2-1 Drops</i>	<i>Udara Roga, Krimihara, Sarpadashta</i>
22.	<i>Gambhari</i>	<i>Ti,Ks</i>	<i>G</i>	<i>U</i>	<i>K</i>	<i>VP↓,Shotha↓, Bhedana</i>	<i>Root bark Decoction-50- 100ml</i>	<i>Shotha, Trishana, Daha, Jvara</i>
23.	<i>Gavakshi</i>	<i>T</i>	<i>L,R,T</i>	<i>U</i>	<i>K</i>	<i>KP↓</i>	<i>PhalaChurna- 1/8-1/4g Moola-1-3 g</i>	<i>Kamala,Pliha, Udara ,Kushta Gulma,Granthi</i>
24.	<i>Gokshura</i>	<i>M</i>	<i>G,S</i>	<i>S</i>	<i>M</i>	<i>VP↓, Mutrala, Rasyana</i>	<i>WholePlant Decoction- 50-100ml</i>	<i>Mutrkrichha, Ashmari,Prameha Hridroga</i>
25.	<i>Hastidanti</i>	<i>K</i>	<i>G,T</i>	<i>U</i>	<i>K</i>	<i>KP↓, Shothahara Vishaghana</i>	<i>Seed</i>	<i>Udara, Gulma</i>
26.	<i>Hemdugdha</i>	-	-	-	-	-	-	-
27.	<i>Hingu</i>	<i>K</i>	<i>L,S,T</i>	<i>U</i>	<i>K</i>	<i>KV↓,bhedaniy a,Anulomana</i>	<i>Resin 125-500mg</i>	<i>Krimi, shoola, Gulma, udara roga</i>
28.	<i>Jyotishmati</i>	<i>K,Ti</i>	<i>L,T</i>	<i>U</i>	<i>K</i>	<i>KV↓,Deepan, Rasyana</i>	<i>Powder-1- 2gOil-5-15 Drops</i>	<i>Kushtha,Vatavyadhi, Udara, Gulma</i>
29.	<i>Kampillaka</i>	<i>K</i>	<i>L,R,T</i>	<i>U</i>	<i>K</i>	<i>KV↓Krimi- Ghana, Rechaka</i>	<i>Fruit Hairs- 0.5-1g</i>	<i>Krimi, Adhamana, Gulma, Udara</i>
30.	<i>Kantakari</i>	<i>K,Ti</i>	<i>L,R,T</i>	<i>U</i>	<i>K</i>	<i>KV↓Deepana, Mutrala, Shukrarchak</i>	<i>Whole plant</i>	<i>Kasa, Svasa, Mutrakricha</i>
31.	<i>Karkandhu</i>	<i>M,A</i>	<i>G,S</i>	<i>S</i>	<i>M/A</i>	<i>VP↓,Hridya</i>	<i>Barkdecoction 50-100ml</i>	<i>Hikka,UdaraSthouly a, Pradara</i>
32.	<i>Karvellaka</i>	<i>Ti,K</i>	<i>L,R</i>	<i>S</i>	<i>K</i>	<i>KP↓,bhedaniy a,Deepana</i>	<i>Whole plant Phalatvak Fruitjuice-10- 20ml</i>	<i>Pandu, Krimi, Prameha</i>
33.	<i>Kasha</i>	<i>M,Ks</i>	<i>L,S</i>	<i>S</i>	<i>M</i>	<i>VP↓, Mutrala</i>	<i>RootDecoctio n50-100ml</i>	<i>Mutrakrichha, Ratapitta,Ashmari</i>
34.	<i>Kharjura</i>	<i>M</i>	<i>G,S</i>	<i>S</i>	<i>M</i>	<i>VP↓,Balya, Hridya</i>	<i>Fruit,Leaves Fruit-10-20g</i>	<i>Raktapitta,Chardiks haya</i>
35.	<i>Kinhi</i>	<i>Ti,k</i>	<i>L,R,T</i>	<i>U</i>	<i>K</i>	<i>KV↓</i>	<i>Whole plant Kshara0.5-2g</i>	<i>Chhardi,Adhamana, Mutrakrichha</i>
36.	<i>Klitaka anupa</i>	<i>M</i>	<i>G,S</i>	<i>S</i>	<i>M</i>	<i>VPK↓, Kanthaya, Rasyana</i>	<i>RootPowder – 3-5g</i>	<i>Vrana, Shotha, Daha Raktapitta</i>
37.	<i>Klitaka sthalaja</i>	<i>M</i>	<i>G,S</i>	<i>S</i>	<i>M</i>	<i>VPK↓, Kanthaya, Rasyana</i>	<i>RootPowder – 3-5g</i>	<i>Vrana, Shotha, Daha Raktapitta</i>
38.	<i>Koshamra</i>	<i>A,k,Ti</i>	<i>G</i>	<i>S</i>	<i>A</i>	<i>KP↓</i>	<i>Oil-5-10ml</i>	<i>Kandu,Vrana,keshya</i>
39.	<i>Krishnagand ha</i>							
40.	<i>Ksheerini</i>	<i>K,Ti</i>	<i>G,R, T</i>	<i>U</i>	<i>K</i>	<i>KV↓</i>	<i>Whole plant Paste10-20g</i>	<i>Udara roga, Krimi, vibandha</i>



41.	<i>Kulattha</i>	<i>Ks,Ti</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>VK↓, Medohara, Shukrahara</i>	<i>Seedpowder-3-6g</i>	<i>Ashmari, Medoroga, Svasa, Kasa</i>
42.	<i>Kusha</i>	<i>M,Ks</i>	<i>L,S</i>	<i>S</i>	<i>M</i>	<i>VPK↓, Stanyajanana</i>	<i>Root Decoction-50-100ml</i>	<i>Mutrakriccha, Stanyajanana</i>
43.	<i>Kuvala</i>	<i>M,A</i>	<i>G,S</i>	<i>S</i>	<i>M/A</i>	<i>VP↓, Hridya</i>	<i>Barkdecoction 50-100ml</i>	<i>Hikka, Udara, Sthoulya, Pradara</i>
44.	<i>Masoora vidala</i>							
45.	<i>Nichula</i>	<i>Ti,K</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>V↓, Vishaghana</i>	<i>Fruitpowder-0.5-1g Fresh juice 10-20ml</i>	<i>Vata roga, Visha roga</i>
46.	<i>Nilini</i>	<i>T</i>	<i>L,T</i>	<i>U</i>	<i>K</i>	<i>KV↓</i>	<i>Root-60mg Rootextract-125-250mg</i>	<i>Amavata, Mada, Vatarakta, Pliha roga</i>
47.	<i>Palanksha</i>	<i>Ti,K</i>	<i>L,R,S u,Vi, Sr</i>	<i>U</i>	<i>K</i>	<i>VPK↓, Rasyana, Vrisya</i>	<i>Oleo-resin Gum 2-4g</i>	<i>Sthoulya Amavata Vata vyadhi, Prameha, Shotha</i>
48.	<i>Palasha</i>	<i>K,Ti</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>KP↓, Deepana</i>	<i>Churna -3-6g</i>	<i>Kushta, Gulma, Udara</i>
49.	<i>Parushaka</i>	<i>M</i>	<i>L,S</i>	<i>S</i>	<i>M</i>	<i>KP↓, Brihana</i>	<i>Fruit juice 10-20ml</i>	<i>Raktapitta, Daha, Kshaya</i>
50.	<i>Patala</i>	<i>Ti,Ks</i>	<i>L,R</i>	<i>Anushna</i>	<i>K</i>	<i>VK↓, Shothghana</i>	<i>Kshara-1-1.5g</i>	<i>Aruchi, Shotha, Hikka, Raktapitta</i>
51.	<i>Pilu</i>	<i>Ti,M</i>	<i>L,S</i>	<i>U</i>	<i>K</i>	<i>KV↓, Rechaka</i>	<i>Seedpowder-1-3g</i>	<i>Arsha, Gulma, Udara Roga</i>
52.	<i>Prakirya</i>	<i>Ti,Ks</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>VPK↓, Vrana, Ropana</i>	<i>Root bark-1-3g Fresh Juice 10-20ml</i>	<i>Shotha, Pliha Roga, prameha</i>
53.	<i>Prishnaparni</i>	<i>M,Ti</i>	<i>L,S</i>	<i>U</i>	<i>M</i>	<i>VPK↓, Vrishya, Deepaniya</i>	<i>RootDecoction 50-100ml</i>	<i>Jvara, Svasa, Trishana, Chhardi</i>
54.	<i>Priyala</i>	<i>M</i>	<i>G,S,S r</i>	<i>S</i>	<i>M</i>	<i>VP↓, Hridya Vrishya</i>	<i>Barkdecoction 50-100ml SeedKernel-10-20g</i>	<i>Vataroga, Udara roga, Daha</i>
55.	<i>Puga</i>	<i>M,Ks</i>	<i>G,R, Vi</i>	<i>S</i>	<i>K</i>	<i>KP↓, Vikasi</i>	<i>FruitPowder-1-3g</i>	<i>Pravahika, atisara Prameha, Krimi</i>
56.	<i>Punarnava rakta</i>	<i>Ti,Ks</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>VK↓, ShothGhana</i>	<i>RootPowder-3-6g</i>	<i>Pandu, Udara, Svasa, Hridroga</i>
57.	<i>Punarnava shveta</i>	<i>Ti,Ks</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>VK↓, ShothGhana</i>	<i>RootPowder-3-6g</i>	<i>Pandu, Udara, Svasa, Hridroga</i>
58.	<i>Putika</i>	<i>Ti,Ks</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>VK↓</i>	<i>Whole plant</i>	<i>Krimi, Kushtha, Prameha</i>
59.	<i>Ramayak</i>	<i>Ti,Ks</i>	<i>L,R</i>	<i>U</i>	<i>K</i>	<i>KP↓, Deepana, Krimighana</i>	<i>Whole plant</i>	<i>Jvara, Krimi, Visha, gulma</i>
60.	<i>Sala</i>	<i>Ks, M</i>	<i>L,R</i>	<i>S</i>	<i>K</i>	<i>VPK↓, Vrana, ropana, Vishaghana</i>	<i>Bark, Sap wood. Resin Decoction-50-100ml</i>	<i>Kanda bhagna Kushtha, Vrana, Atisara, Raktapitta</i>
61.	<i>Saptachhada</i>	<i>Ti,Ks</i>	<i>L,S</i>	<i>U</i>	<i>K</i>	<i>VPK↓, Deepana, Hridya</i>	<i>Stem bark powder 3-6g</i>	<i>Krimi, kushtha, Vrana, Gulma</i>
62.	<i>Saptala</i>	<i>Ti</i>	<i>L</i>	<i>S</i>	<i>K</i>	<i>V↑</i>	<i>Ksheer-125-250mg</i>	<i>Shotha, anaha Udavarta</i>



63.	<i>Satyanashi</i>	Ti	L,R	S	K	KP↓,Rechana, Bhedana	Leafpowder- 1-3gLatex-5- 10drops	Krimi,Kushtha,Anah a,Kandu
64.	<i>Shalparni</i>	M,Ti	G,S	U	M	VPK↓,Balya, Vrishya	WholePlant RootDecoctio n50-100ml	Shotha, svasa, Kasa,
65.	<i>Shakuladani</i>	Ti	L,R	S	K	KP↓,Bhedana, Deepana	Root,Rhizome -3-5g	Jvara, Pitta virechaka,Prameha, Svasa,Kasa
66.	<i>Shankhini</i>							
67.	<i>Shobhanjana</i>	K,Ti	L,R,T i	U	K	KV↓,Shukrala ,Grahi, deepana	Whole plant	Krimi,Galaganda, Shotha, Gulma
68.	<i>Snuhi</i>	K	L,T,S	U	K	KV↓,Deepana, Rechana	Latex125- 250mgStem juice5-10ml	Vatavyadhi,Gulm Shoola, Shotha
69.	<i>Svarnaksheri</i>	Ti,k	L,R	S	K	KP↓,bhedaniy a,,Rechana	Powder-1- 3gLatex-5- 10drops	Krimi, Kandu, Anaha, Kushtha
70.	<i>Tila</i>	M,Ks	G,S	U	M	V↓,Keshya Tvachaya	Seedoil,Seed powder-5g	Vata roga, Grahini roga,yoni roga
71.	<i>Tilvaka</i>	Ks,Ti	L,R	S	K	KP↓ Chakshuya	Stem bark powder1-5g	Pradra,RaktapittaAti sara
72.	<i>Trivrit shveta</i>	Ti,K	L,R,T	U	K	KP↓, Rechana	Root bark 1-3gm	Vatarakta, sta- nyashodhana
73.	<i>Trivrit shyama</i>	Ti,K	L,R,T ,	U	K	KP↓ rechana	Root bark 1-3gm	Esp. in sukumar vridha, mridu dosh
74.	<i>Udkirya</i>	Ti,Ks	L,R	U	K	VPK↓, Vrana Ropana	Root bark- 1-3gFresh Juice-20ml	Shotha, Pliha Roga, prameha
75.	<i>Urubuka</i>	M,K,Ks	S,T, Suks hma,	U	M	KV↓,Rechana, Root-Vrishya	RootPowder- 3-5gmSeed- 1-5no,Oil-5ml	Vatavyadhi PlihaRogaGulma, Katishoola
76.	<i>Vacha</i>	K,Ti	L,T	U	K	KV↓ Lekhaniya, Medhya	Rhizome powder-125- 500mg	Unmada,apasmara,J vara
77.	<i>Vastuka</i>	M	L	U	K	VPK↓	SeedPowder- 1/2-1g, Oil 5-2 drops	Pliha roga, Arsha, Krimi
78.	<i>Vidanga</i>	K,Ti	L,R,T	U	K	KV↓,Vishagh ana,Krimighn a	Fruitpowder3- 5groot paste- 10g	Krimi, Udara, adhaman
79.	<i>Vishanika</i>	K, Ti	L,R	U	K	KV↓	Gall-1-3g	Jvara, Svasa, kasa,Hikka
80.	<i>Yava</i>	M, Ks	G,R	S	K	KP↓,Lekhan	-	Vrana,Peenasa

M-madhuraa, A-amla, k-katu, Ti-tikta, Ks-kashaya G-guru, L-laghu, R-ruksha, S-snigdha, Su-sukshma, Sr-sara, Vi-vishada, Ti-tikshana, U-ushna, S-sheeta, V-vata, P-Pitta, K-kapha, ↑- increasing, ↓-decreasing.

Out of 80 *virechana* drugs mentioned in *Brihatrayi*, *Charak* have mentioned 61 drugs, *Sushruta* 35 drugs, *Vridhha*

vagbhatta 56 drugs and *Laghu Vagbhatta* 11 drugs.

Among them 10 drugs are common in *Brihatrayi* they are; *abhaya*, *amalaki*, *arka*



danti, nilini, shankhini, snuhi, tilvaka, shyama and aruna trivritta.

Botanically 30 plants are tree, 05 climbers, 12 shrubs and 22 are herbs, 01 creeper, 01 prostrate, 02 perennial grass, 02 stout twiner. Taste wise 20 drugs have *katu-tikta* rasa, 14 have *kashaya-tikta*, 10 have *katu*, 9 have *Madhura*, 8 have *Kashaya-madhura*, 5 have *amla* rasa, 3 have *madhura-tikta* rasa 2 *amla* and one have *amla-kasaya-tikta* rasa.

56 drugs are having *ushna veerya* and 24 are *sheeta veeryadravya*. Only 1 drug (*Patala*) is of *anushna veerya*.

22 drugs possess *laghu, ruksha*, 13 drugs have *laghu, ruksha* and *tikshana* properties while 12 drugs have *laghu*, 4 drugs have *laghu* and *tikshana* properties & *snigdha* properties, 8 have *guru* & *ruksha*, 5 have *laghu* & *snigdha* and 3 have *laghu, snigdha* and *tikshana* properties.

50 drugs have *katu vipaka* and 19 drugs are *Madhura vipaka dravya* while 4 have both *Madhura* and *amla vipaka* and 2 only *amla vipaka*.

It is also seen that 29 drugs pacify *vata-kapha*, 17 pacify *kapha-pitta*, 14 pacify *Tridosha*, 10 pacify *vata-pitta* and 4 pacify *vata*. One drug (*Saptala*) aggravates *vata dosha*.

Among them details of five drugs are not given, *Antahkotharpushpi, hemdugdha, Krishnagandha, Maosora vidala, Shankhini*

CONCLUSION

This review provides enormous information about the purgative drugs with its pharmacological properties. Most of the drugs are time tested and rationally used by our ancient scholars, now a day's most common drugs used are *retriphala, argavadha, danti, draksha, kampillaka, tilvaka, trvritta, eranda, kutki, satyanashi*. Hence, appropriate classical purgative drug can be selected and will be used therapeutically as per the condition of the patient, severity of the disease and as per the need for obtaining better efficacy without or minimum side effect or complication.

Clinical Significance:

From the above findings it has been found that *virechana dravyas* are indicated in various disorders like; *kushta, jvara, prameha, visuchika, krimikoshta, visarpa, kamala, svasa, kasa* etc.



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