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Antibiotic resistance and prevalence of class 1 and 2 integrons in *Escherichia coli* isolated from hospital wastewater

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ABSTRACT

BACKGROUND

Hospital wastewaters may contain antibiotic resistant bacteria such as *Escherichia coli*. These *E. coli* harbor integron genes that are responsible for antibiotic resistance. The purpose of the current study was to evaluate the frequency of class 1 and 2 integrons in environmental antibiotic resistant *E. coli* strains isolated from the hospital wastewaters in Tehran, Iran.

METHODS

As a descriptive cross-sectional study, this research was performed from April to September 2015 on hospital wastewaters in Tehran. Bacterial isolation and identification was performed by standard biochemical and bacteriological procedures. Susceptibility testing was done by employing the disk diffusion method using different antibiotics. Total DNAs were extracted to evaluate the presence of class 1 and 2 integrons by using the polymerase chain reaction (PCR) method with specific primers.

RESULTS

Fifty *E. coli* strains were isolated and identified from the wastewaters of 25 hospitals in Tehran. The phenotype results showed that 46 isolates (92%) were resistant to at least one antibiotic and 27 isolates (54%) were multidrug resistant. PCR showed that 35 (70%) and 20 (40%) of the isolates had class 1 and 2 integrons respectively and 14 isolates (28%) had both class 1 and class 2 integrons.

CONCLUSION

This study has shown a considerable presence of class 1 and class 2 integrons in *E. coli* strains isolated from hospital wastewaters in Tehran. Proper antibiotics prescription and appropriate hospital wastewater treatment can prevent resistance genes in *E. coli* from circulating in the environment.

Keywords: *Escherichia coli*, integron, antibiotic-resistant, hospital wastewaters

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INTRODUCTION

Water that has been produced for specific consumptions and the quality of which has deteriorated after use, is called wastewater. In hospitals, clean water is used in various sections to safeguard patients' health. As a result, water quality diminishes and is therefore converted to wastewaters.⁽¹⁾ The widespread use of antibiotics has led to an increase in the global dispersion of bacteria that are resistant to antibiotics. Furthermore, due to an increase in the use of antibiotics in hospitals, hospital wastewaters now contain large numbers of bacteria that are resistant to antibiotics, including E.coli.⁽²⁾ Drug-resistant strains of E.coli can lead to problems in the management and control of intra- and extra-intestinal infections caused by these bacteria. E.coli is a commensal bacterium and is part of the normal flora of the human gut. The Gram-negative bacterium E. coli is nonpathogenic but can cause diseases and diarrhea when virulence factors like adhesins and endotoxin are available.⁽³⁻⁵⁾ Intestinal infection pathotypes of E. coli comprise enteroaggregative E.coli (EAEC), enterotoxigenic E.coli (ETEC), enteropathogenic E.coli (EPEC), enteroinvasive E.coli (EIEC), enterohemorrhagic E.coli (EHEC), cell-detaching E.coli (CDEC), and diffusely adherent E.coli (DAEC). Extraintestinal pathogenic E.coli (ExPEC) can cause serious and dangerous diseases such as urinary tract infection, meningitis and septicemia.(6-8)

The development of drug resistance can occur by the horizontal transfer of antimicrobial resistance genes through mobile genetic elements.⁽⁹⁾ Integrons are one of the mobile genetic elements that play a significant role in the acquisition and dissemination of antimicrobial resistance genes.⁽¹⁰⁾ They have been also associated with other mobile genetic elements such as transposons and plasmids. The role of integrons and gene cassettes in the development of drug resistance in Gram-negative bacteria has been proven.⁽¹¹⁾ All integrons consist of three sections, including the gene for the integron integrase (intI),integron-associated recombination site (attI) and integron-carried promoter (Pc). Integrons have been associated with other mobile genetic elements and resistance genes which cause their spread among bacteria in the environment that are exposed to antibiotics. Five classes of integrons have been established that are known based on integrase enzyme coding sequence. Class 1, 2 and 3 integrons are more frequent in multiple drug resistance.⁽¹²⁾ The class 1 integron has two conserved segments (52 -CS and 32 -CS). The 32 -CS region has the qacE"l gene (which causes resistance to quaternary ammonium compounds) and also has the sull gene which causes resistance to sulfonamides. Class 2 integrons are related to transposon Tn7 and carry six resistance gene cassettes.⁽¹³⁾ Gene cassettes that encode antibiotic resistance genes have 59base elements, the specific sites for recombination. Gene cassettes related to class 1, 2 and 3 integrons are associated with resistance to aminoglycosides, chloramphenicol, β-lactamase, trimethoprim and other antibiotics.(14,15)

Some limited previous studies have reported antibiotic resistance of E. coli strains isolated from sewage or wastewaters. Reinthaler et al.(16) reported that 12% of E. coli strains isolated from sewage and sludge were resistant to trimethoprim/sulfamethoxazole and 57% to tetracycline. Elmanama et al.⁽¹⁷⁾ reported that 31.9% of E.coli strains isolated from hospital wastewater were resistant to tetracycline, 10.6% to amikacin, 25.8% to co-trimoxazole and 12.8% to chloramphenicol. Low resistance rates to trimethoprim/sulfamethoxazole (12.24%) and chloramphenicol (32.65%) are reported in E. coli strains isolated from hospital wastewater in Hamadan, Iran by Hadi et al.,(18) while Gündogdu et al.⁽¹⁹⁾ reported high rates of resistant isolates against imipenem (84%) and tetracycline (94%).

To the best of our knowledge, little is known about the integrons and their associated gene cassettes in *E.coli* strains isolated from hospital wastewaters specifically and in Tehran city generally. The aim of this study was to appraise antibiotic resistance and the presence of class 1 and 2 integrons in *E.coli* strains isolated from hospital wastewaters.

METHODS

Study design

A descriptive cross-sectional study was performed from April to September 2015 on the hospital wastewaters in various parts of Tehran city, Iran.

Bacterial isolates

The hospital wastewater samples were collected from 25 hospitals located in various parts of Tehran city, Iran. *E.coli* isolates were identified and isolated by standard microbiological methods.⁽²⁰⁾ Wastewater samples were cultured on Chrom agar (Merck, Germany) and plates were incubated at 37° C for 18 hours, then suspected purple colonies were subcultured to EMB agar (Merck, Germany) and incubated at 37° C for 18 hours to confirm the presence of *E. coli* isolates, and finally the isolates were kept as *E. coli* at -20°C for more investigations.

Antimicrobial susceptibility testing

Antimicrobial susceptibility testing of total *E. coli* isolates was done by the disc diffusion method according to the Clinical Laboratory

Standard Institute (CLSI) instructions.⁽²¹⁾ Antibiotic discs that were used in this study included tetracycline (TE, $30\mu g$), co-trimoxazole (SXT, $1.25/23.75 \mu g$), chloramphenicol (C, $30 \mu g$), amikacin (AN, $30 \mu g$), nitrofurantoin (FM, $300 \mu g$), imipenem (IPM, $10 \mu g$) and streptomycin (S, $10 \mu g$). Bacterial suspensions of isolates were prepared based on McFarland standard No. 0.5 and were cultured on Mueller-Hinton agar (Merk, Germany). Afterwards the plates were kept at 37° C overnight, the inhibition zone diameter was measured and the results were reported based on the CLSI table as sensitive, intermediate and resistant.

Polymerase chain reaction (PCR)

Total DNA samples were extracted by the boiling method. Class 1 and class 2 integrons were detected by using the PCR method with specific primers. Primer sequence, sizes of PCR products and PCR programs are shown in Table 1. The PCR was performed in a total volume of 20 μ l, comprising 10 μ l master mix (Taq DNA polymerase, dNTP and MgCl₂; Ampliqon, Finland), 1 μ l template DNA, 1 μ l of each primer and 7 μ l sterile deionized water. The amplified products were then examined by electrophoresis on 1.5% agarose gel (Merck, Germany) in TBE (Tris base-Boric acid-EDTA) 1X buffer and gels were stained with Simplysafe stain (EURx, Finland) then visualized under ultraviolet light.

Gene class	Primer sequence	Size (bp)	PCR programs	Reference
Class 1 integron (Int1)	F:5'-GGGTCAAGGATCTGGATTTCG- 3' R:5'-ACATGGGTGTAAATCATCGTC- 3'	484	Initial denaturation at 95° C for 5 min., 30 cycles of denaturation at 94° C for 50 s, primer annealing at 52° C for 50 s, and primer extension at 72° C for 1 min. Final extension at 72° C for 5 min.	Roe et al. ⁽²²⁾
Class 2 integron (Int2)	F:5'-GCAAATGAAGTGCAACGC-3' R:5'-ACACGCTTGCTAACGATG-3'	466	Initial denaturation at 95° C for 4 min., 30 cycles of denaturation at 94° C for 50 s, primer annealing at 52° C for 50 s, and primer extension at 72° C for 1 min. Final extension at 72° C for 5 min.	Sunde ⁽²³⁾

Table 1. Primer sequence and size, and PCR programs

Antibiotic	Total susceptibility of isolates (n=50)			R Integron	R Integron	R Integron	R Integron
Agent	R n (%)	I n (%)	S n (%)	negative (n=9) n (%)	positive (n=41) n (%)	class 1 (n=35) n (%)	class 2 (n=20) n (%)
Chloramphenicol	13 (26)	3 (6)	34 (68)	2 (22.2)	11 (26.8)	8 (22.9)	7 (35)
Tetracycline	22 (44)	5 (10)	23 (46)	1 (11.1)	21 (51.2)	18 (51.4)	9 (45)
Streptomycin	29 (58)	8 (16)	13 (26)	3 (33.3)	26 (63.4)	23 (65.7)	14 (70)
Amikacin	1 (2)	1 (2)	48 (96)	1 (11.1)	-	-	-
Co-trimoxazole	24 (48)	4 (8)	22 (44)	5 (55.5)	19 (46.3)	17 (48.6)	11 (55)
Nitrofurantoin	7 (14)	5 (10)	38 (76)	1 (11.1)	6 (14.6)	6 (17.1)	2 (10)
Imipenem	24 (48)	14 (28)	12 (24)	4 (44.4)	20 (47.8)	20 (57.1)	8 (40)

Table 2. Distribution of antibiotic susceptibility and resistance

R: Resistant, I: Intermediate, S: Sensitive

RESULTS

Fifty strains of *E.coli* were isolated from the different 25 hospital wastewater samples collected from Tehran city. The results obtained from antibiotic susceptibility of isolates showed that 46 isolates (92%) were resistant to at least one antibiotic and 27 isolates (54%) of the 46 isolates were multidrug resistant. Also the highest percentages of antibiotic resistance in isolates were related to streptomycin (58%), imipenem (48%) and co-trimoxazole (48%) while the lowest percentages were associated with nitrofurantoin (14%) and amikacin (2%) (Table 2). The results obtained from PCR showed that 35 (70%) isolates had class 1 integrons and 20 isolates (40%) had class 2 integrons. In addition, 65.7%, 57.1% and 17.1% of isolates harboring class 1 integrons were resistant to streptomycin, imipenem and nitrofurantoin, respectively. Also 70%, 55% and 10% of isolates harboring class 2 integrons were resistant to streptomycin, cotrimoxazole and amikacin.



Figure 1. PCR detection of class 1 and 2 integrons. PCR products of class 1 integron (lane 2 and 3, integron positive, and lane 1, integron negative); lane 4: molecular marker (100 bp); PCR products of class 2 integron (lane 6 and 7, integron positive, and lane 5, integron negative)

DISCUSSION

Among Gram-negative bacteria, E. coli is known to be a leading cause of nosocomial infections globally. Control of E.coli illnesses has become especially challenging due to emergence of multidrug resistant strains.⁽²⁴⁾ Previous research has suggested that antibiotic resistant bacteria enter the water environment from the various ecosystems like humans or animals \rightarrow soil \rightarrow water ⁽²⁵⁾ and that unsafe water has contributed to 3.2% deaths worldwide.⁽²⁶⁾ The fecal bacteria in the water environment might transfer antibiotic resistance to autochthonous bacteria through lateral transfer of movable genetic elements.⁽²⁷⁾ Furthermore, indirect evidences of the transmission of antibiotic resistance genes in aquatic habitats are also extant.⁽²⁸⁾ In the current study we have explored the antimicrobial profile of E.coli isolates of hospital wastewaters. The results of the antibiotic susceptibility testing showed that 26% of the isolates were resistant to chloramphenicol, 44% to tetracycline, 58% to streptomycin, 2% to amikacin, 48% to co-trimoxazole, 14% to nitrofurantoin and 48% to imipenem. Reinthaler et al.⁽¹⁶⁾ noted that 12% of their isolates were resistant to trimethoprim/ sulfamethoxazole and 57% to tetracycline, therefore in comparison with our study, the resistance to tetracycline in their study was the highest. Another research study was done by Elmanama et al.(17) who reported that 31.9% of E.coli isolates were resistant to tetracycline, 10.6% to amikacin, 25.8% to cotrimoxazole and 12.8% to chloramphenicol. They also noted that 0% of isolates were resistant to imipenem, whereas in our study 48% of isolates were resistant to imipenem. Hadi et al.⁽¹⁸⁾ observed that the resistance rates to trimethoprim/ sulfamethoxazole and chloramphenicol were 12.24% and 32.65%, respectively, which was considerably low in comparison with our study. However, Gündogdu et al.⁽¹⁹⁾ observed that 84% and 94% of isolates were resistant to imipenem and tetracycline, which was markedly high in comparison with our current study.

In the present study it was observed that 70% of isolates had class 1 integrons and 40% of isolates had class 2 integrons. Fourteen isolates (28%) jointly had class 1 and class 2 integrons, and 41 (84%) isolates were integronpositive. The prevalences of isolates with class integrons that were resistant to 1 chloramphenicol, tetracycline, co-trimoxazole, imipenem, streptomycin and nitrofurantoin among 35 E. coli isolates were 22.9%, 51.4%, 48.6%, 57.1%, 65.7%, and 17.1%, respectively. Also the prevalences of antibiotic-resistant isolates with class 2 integrons to chloramphenicol, tetracycline, co-trimoxazole, imipenem, streptomycin and nitrofurantoin among 20 E. coli isolates were 35%, 45%, 55%, 40%, 70%, and 10%, respectively. Mokracka et al.⁽²⁹⁾ reported that E. coli isolated from one wastewater treatment plant in Poland were resistant to trimethoprim/sulfamethoxazole, amikacin, imipenem, chloramphenicol and tetracycline with percentages of 70.6%, 41.3%, 3.7%, 52.3%, and 73.4%, respectively. As compared to our results, the authors reported a relatively high occurrence of antimicrobial resistance to all antibiotics except imipenem that exhibited the lowest resistance percentage. The authors also noted that 10.8% of isolates had class 1 integrons and only 2% of isolates had class 2 integrons, whereas 2% of isolates harbored both class 1 and 2 integrons. Their integron results were also very low as compared with our current results. Likewise, Kotlarska et al.⁽³⁰⁾ reported that 20% of E. coli strains isolated from wastewater were resistant to trimethoprim/sulfamethoxazole. Among those, 32.6% of isolates had class 1 integrons and just 3.5% of isolates had class 2 integrons, whereas 0.38% of isolates had jointly class 1 and 2 integrons. Diwan et al.⁽³¹⁾ reported the antibiotic resistance in E. coli isolates from hospital wastewater in India, showing the highest resistance to amikacin. It was also observed that antimicrobial resistance rates were significantly higher in hospital sewage isolates than in hospital clinical isolates in Taiwan.(32)

Integrons contain mobile gene cassettes that encode resistance to antibiotics. We did not investigate the gene cassettes within the integrons studied, which is a limitation of the current study. The use of molecular typing of the isolates may be able to elucidate genetic relationships between the strains under study.

CONCLUSION

This study demonstrated a high number of class 1 and class 2 integrons among *E.coli* strains isolated from hospital wastewaters in Tehran city. Therefore, the use of appropriate strategies for the elimination and decrease of antibiotic resistance is necessary.

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CONFLICT OF INTEREST

The authors declare that they have no conflicts of interests

CONTRIBUTORS

RR designed the study and analyzed the data. MZ performed laboratory work. NS contributed to data analysis and AAK revised the manuscript. All authors have read and approved the final manuscript.

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