



## Drug Delivery using genetically modified Mesenchymal Stem Cells: A promising targeted-delivery method

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### Abstract

**Plan:** The review covers the unique role of Mesenchymal stem cells to improve, the poor solubility, premature metabolic inactivation, excretion and bioavailability of different classes of drugs which are insoluble or sparingly soluble in water.

**Preface:** Mesenchymal stem cells (MSCs) exhibit unique characteristics including their ability to differentiate and migrate to sites of tissue injury/inflammation, genetic modifiability, and expression of protein. Many of the most promising drug targets are intracellular and can only be accessed by drugs capable of traversing the cell membrane. Gene and drug delivery using genetically modified cells offers several unique advantages including ease of modifying, inducible or continuous drug production inside the body, more control on drug target and safety.

**Outcome:** In this review article, we examine the promising of using MSCs as a drug delivery vehicle for gene therapy, and summarize various challenges and concerns regarding these therapies.

**Key words:** Mesenchymal stem cell, Drug delivery, Gene delivery

### Introduction

The rapid advances in biomedical research have led to a better understanding of the molecular basis of many diseases. However, many of the most promising targets are intracellular and can only be accessed by drugs capable of traversing the cell membrane. Many of these targets are also either present ubiquitously in many cell types or are present in non-diseased cell types such that therapeutic intervention against these targets could affect non-diseased cells and inflict severe adverse side effects. The bioavailability of many drugs is also often compromised by their poor solubility in aqueous solution, premature metabolic inactivation and excretion. Many of these problems could potentially be resolved by loading the drugs into drug delivery vehicles. Gene therapy is a relatively recent, and still highly experimental, approach to treating human disease.



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While traditional drug therapies involve the administration of chemicals that have been manufactured outside the body, gene therapy takes a very different approach: directing a patient's own cells to produce and deliver a therapeutic agent.

Gene therapy uses genetic engineering to alter or supplement the function of an abnormal gene by providing a copy of a normal gene, to directly repair such a gene, or to provide a gene that adds new functions or regulates the activity of other genes. Gene therapy researchers have employed two major strategies for delivering therapeutic transgenes into human recipients. The first is to "directly" infuse the gene into a person. Viruses that have been altered to prevent them from causing disease are often used as the vehicle for delivering the gene into certain human cell types, in much the same way as ordinary viruses infect cells. This delivery method is fairly imprecise and limited to the specific types of human cells that the viral vehicle can infect. Nonviral vehicles for directly delivering genes into cells are also being explored, including the use of plain DNA and DNA wrapped in a coat of fatty molecules known as liposomes. The second strategy involves the use of living cells to deliver therapeutic transgenes into the body. In this method, the delivery cells—often a type of stem cell, a lymphocyte, or a fibroblast—are removed from the body, and the therapeutic transgene is introduced into them via the same vehicles used in the previously described direct-gene-transfer method. While still in the laboratory, the genetically modified cells are tested and then allowed to grow and multiply and, finally, are infused back into the patient.

Gene therapy using genetically modified cells offers several unique advantages over direct gene transfer into the body and over cell therapy. First, the addition of the therapeutic transgene to the delivery cells takes place outside the patient, which allows researchers an important measure of control because they can select and work only with those cells that both contain the transgene and produce the therapeutic agent in sufficient quantity. Second, investigators can genetically engineer, or "program," the cells' level and rate of production of the therapeutic agent.

Cells can be programmed to steadily churn out a given amount of the therapeutic product. In some cases, it is desirable to program the cells to make large amounts of the therapeutic agent so that the chances that sufficient quantities are secreted and reach the diseased tissue in the patient are high. In other cases, it may be desirable to program the cells to produce the therapeutic agent in a regulated fashion. In this case, the therapeutic transgene would be active only in response to certain signals, such as drugs administered to the patient to turn the therapeutic transgene on and off.

## **1. Drug delivery vehicles**

### *1.1. Synthetic drug delivery vehicles*

Most of the drug delivery vehicles presently in use for clinical or cosmetic applications are chemically synthesized using lipids or lipid-like molecules. Among the synthetic lipid or lipid-like vesicles, the liposome is currently the pharmaceutical vehicle of choice. It has been used for the delivery of anti-cancer drugs<sup>(1,2,3,4,5,6,7,8,9,10,11)</sup>, anti-fungal drugs<sup>(12)</sup>, analgesics<sup>(13)</sup> etc. Liposomes have many positive attributes that are pivotal in their function as drug delivery vehicles (reviewed in<sup>(14)</sup>). A major attribute is the ease with which their phospholipid membranes breached the plasma membrane to deliver their drug cargo.

They also have a highly versatile capacity to incorporate both hydrophilic and hydrophobic drugs by simply synthesizing liposomes either as unilamellar vesicles with one lipid bilayer and a large aqueous core to encapsulate water-soluble drugs, or multilamellar vesicles with several concentric lipid bilayers to more efficiently entrap lipophilic drugs. An unexpected prerequisite of such drug encapsulation or entrapment is a protective barrier against premature transformation and elimination. Liposomal membranes are also highly amenable to modifications to display ligands or antibody fragments that bind to specific cell types and enhance cell type-specific drug delivery. They can be coated with inert polymers such as PEG to reduce liposome recognition by opsonins and clearance of the liposomes.

## *1.2. Natural drug delivery vehicles*

Despite the remarkable advances and successes in their design and efficacy of synthetic drug vehicles, there is an increasing recognition that nature has particulates with some of the highly desired attributes of drug delivery vehicles. Some of the natural particulate candidates for drug delivery include genetically modified bacteria, viruses, red blood cells, macrophages, lymphocytes and stem cells with vectors.

### *1.2.1. Gene delivery using Viral vectors*

The vector of retrovirus, lentivirus, adenovirus, and adeno-associated virus has been widely used for gene transfer. Viral method is proved to be a very effective approach, which allows the achievement of high transfection efficiency. In a series of studies, fiber-mutant adenovirus vectors were developed and used for cancer gene therapy and induced significant anti-tumor activity when cytokines and/or chemokines were employed as therapeutic genes<sup>(14,15)</sup>. A variety of studies have been reported to use different viral vector systems to transduce MSCs<sup>(16,17)</sup>. However, many clinical trials in which viral vectors were used have been terminated since the application of these vectors had induced unexpected adverse effects such as toxicities, immunogenicity and oncogenicity<sup>(18,19)</sup>.

### *1.2.2. Gene delivery using Non-viral vectors*

An increasing number of non-viral vectors are being developed for the purpose of gene delivery nowadays. These vectors have several advantages such as ease of synthesis, cell/tissue targeting, low immune response, and unrestricted plasmid size<sup>(20,21)</sup>. Till now, a variety of non-viral delivery carriers, including calcium phosphate and the nanoparticles<sup>(22)</sup>, have been under development<sup>(23)</sup>. More recently, a novel transfection vector, spermine-pullulan, was synthesized by cationization pullulan with the chemical introduction of spermine<sup>(24)</sup>. It was proved that the transfection efficiency of spermine-pullulan was equal to that of Cyd and was higher than that of Tat-cyd and lipofectamine2000, indicating spermine-pullulan could be used as an effective non-viral gene transfection vector<sup>(25)</sup>.

Although the non-viral vectors hold promise in delivering therapeutic genes to MSCs, most current studies on these vectors are still limited to the in vitro evaluation of their transfection efficiency. As viral vectors can integrate into the host genome, they could result in a stable and long-term gene expression in vivo<sup>(26)</sup>.

However, the gene expression by the non-viral system is transient, so that this system is not suitable to carry out the studies involving the cells for the treatment of diseases for which gene expression is required over long periods of time, as the non-viral vectors have a shorter expression time for the transgenes and a relatively lower transfection efficiency. It was reported that non-viral gene carrier also can prepare cells stably expressed through an antibiotic selection<sup>(27)</sup>. However, this procedure showed not practical, as it takes a long time to perform and to optimize the conditions. Therefore, to tackle this issue, the controlled release of anticancer agents inside the cells or in the tissue will be promising. Hence, targeting drug delivery system (TDDS) could be practically used to modify and regulate the level and time period of gene expression<sup>(28)</sup>. In this case, MSCs could be used for the targeted delivery of tumor therapeutic genes transfected by non-viral vectors for their engraftment efficiency to tumor sites.

## **2. Characterization and utility of Mesenchymal stem cells**

MSCs are non-hematopoietic cells, initially described by Friedenstein<sup>(29)</sup>. These cells are characterized by their plastic adherence in culture, differentiation potential and cell surface marker expression. Based on recent guidelines, MSCs must express CD105, CD73, and CD90, and lack the expression of CD45, CD34, CD14, or CD11b, Cd79a or CD19, and HLA class II surface markers<sup>(30)</sup>. These represent only the minimal requirements for their identification, as MSCs may often express different markers or specific combinations based on their microenvironment. MSCs must also differentiate to osteoblasts, adipocytes, and chondroblasts.

Upon commitment to one of these lineages, the morphology of the cells and expression of markers will change to match those of each respective lineage. For example, in the case of osteogenic differentiation, the expression of marker CD106 decreases, and mRNA levels of osteogenic genes, including alkaline phosphatase, bone sialoprotein, osteocalcin, and transcription factors RUNX2 and Osterix increase<sup>(31)</sup>. Analogous lineage-specific marker changes occur for differentiation into adipocytes and chondroblasts.

MSCs can be obtained from bone marrow and other tissues, such as peripheral blood, umbilical cord blood, adipose tissue, and placenta<sup>(32,33)</sup>. Several other sources of MSCs have been reported including liver<sup>(34)</sup>, periodontal ligament<sup>(35)</sup>, hair follicles<sup>(36)</sup>, amniotic fluid<sup>(37)</sup>, and placenta<sup>(38)</sup>. MSCs reside in the bone marrow in small numbers (0.001–0.01% of nucleated cells<sup>(39)</sup>), but can be easily expanded in vitro (ex vivo) to yield a sufficient number of cells for clinical issue. Human MSCs exhibit unique characteristics including their ability to differentiate, migrate to sites of tissue injury/inflammation, genetic modifiability, and expression of protein<sup>(40,41,42)</sup>. MSCs possess strong immunosuppressive properties that can be exploited for successful autologous as well as heterologous therapies<sup>(43,43)</sup>.

## **3. Genetically modified MSC for therapy**

Genetically engineered MSCs have been used for improvement in hematopoietic engraftment following myeloablative transplantation regimens<sup>(44)</sup>, and the targeted delivery of antitumor factors by secretion of growth factors and cytokines<sup>(45,46)</sup>. These studies have led to several clinical trials using MSCs for the treatment of inherited disorders, producing promising results in OI<sup>(47)</sup>, metachromatic leukodystrophy, and Hurler's syndrome<sup>(48)</sup>.

Pilot clinical trials to investigate the safety and feasibility of intrathecal treatment with MSCs in conditions of MS and ALS (amyotrophic lateral sclerosis) in patients are underway <sup>(49)</sup>.

Studies have investigated the role of genetically modified MSCs as cellular therapy for diabetes. The introduction of the pancreatic duodenal homeobox-1 (PDX-1) gene into MSCs resulted in their differentiation into functional insulin-producing cells which produced euglycaemia in streptozotocin-induced diabetic mice <sup>(50)</sup>. Meyerrose et al <sup>(51)</sup> examined the utility of human MSCs for treatment of an inherited disorder of enzyme deficiency -mucopolysaccharidosis type VII (MPSVII). MPSVII results from the genetic deficiency of the enzyme  $\beta$ -glucuronidase (GUSB). Transduced human MSCs expressing GUSB retained their normal trafficking ability in vivo and mediated relatively high and consistent levels of the protein for an extended time, in an authentic xenotransplantation model of human disease.

### *3.1. MSC based cell therapy in brain diseases*

Cell replacement and gene transfer to the diseased or injured brain have provided the basis for the development of potentially powerful new therapeutic strategies for a broad spectrum of human neurological diseases including stroke, neurodegenerative diseases such as Parkinson disease, Huntington disease, and Alzheimer disease, and also brain tumors. Recent studies have shown that stem cells can migrate to injured sites and generate new neurons, which has raised hopes for the development of stem cell-based therapy for patients suffering from brain damage <sup>(24)</sup> and <sup>(25)</sup> Stem cell-based cell therapy of brain diseases aims to replace dead or damaged neurons, and provide environmental enrichment to support host neurons by producing neurotrophic factors, thereby beneficial for functional recovery. Besides that, stem cell-based therapy could be improved through the gene transfer technology, that is to say, stem cells could be promising vehicles for therapeutic gene delivery.

Mesenchymal stem cells (MSCs) and gene-engineered MSCs have shown therapeutic benefits in treating brain diseases such as stroke, neurodegenerative diseases and brainstem glioma. Proposed approaches include delivery via intracerebral or intravenous injection, or even infusion via an intranasal route <sup>(37)</sup>. Upon transplantation into the brain, MSCs promote endogenous neuronal growth, decrease apoptosis, reduce levels of free radicals, encourage synaptic connection from damaged neurons and regulate inflammation, primarily through paracrine actions <sup>(36)</sup>. Some chemokines and factors seem to play important roles in homing and therapeutic outcomes of MSCs. Especially, MSCs may encourage repair and new growth of neurons through providing neurotrophic factors, which seems to be a significant aspect among the mechanisms of MSCs for the treatment of brain diseases.

### *3.2. MSCs for the treatment of ischemic stroke*

Acute ischemic stroke causes a disturbance of neuronal circuitry and disruption of the blood–brain barrier that can lead to functional disabilities, which is the most important vascular central nervous system (CNS) disorder that remains a leading cause of death and disability <sup>(38)</sup>.

Bone marrow-derived MSCs have great potential as therapeutic agents in stroke management, since they are easily obtained from bone marrow and can be expanded rapidly ex vivo for autologous transplantation<sup>(39)</sup>.

Table 1: MSCs for the treatment of brain diseases

<i>Cells</i>	<i>Animal model</i>	<i>Application</i>	<i>Outcomes</i>
Fibroblast growth factor-2 (FGF-2) gene-transferred MSCs	Aβ-induced mice	Intracerebral transplantation, 1 × 10 <sup>6</sup> cells	Functional recovery <sup>(43)</sup>
Bone marrow MSCs overexpressed BDNF or NGF	YAC 128 transgenic mice	Stereotaxic injection bilaterally into the striatum, 3 × 10 <sup>5</sup> cells	Reduced clasping, provided behavioral sparing and neuronal sparing <sup>(51)</sup>
Tyrosine hydroxylase (TH)-gene-engineered Bone marrow MSCs	6-OHDA induced rats	Left striatum injection, 1 × 10 <sup>6</sup> cells	Significant functional recovery <sup>(56)</sup>
GDNF-transduced MSCs	6-OHDA induced rats	Intrastratial transplantation, 1 × 10 <sup>5</sup> cells	Induced a pronounced local trophic effect in the striatum <sup>(60)</sup>
Tumor necrosis factor-related apoptosis-inducing ligand (TRAIL) genetically engineered MSCs	F98 tumor-bearing rats	Stereotaxic injection into the brain, 1.6 × 10 <sup>5</sup> cells	Short- and long-term therapeutic efficacy <sup>(64)</sup>
MSCs engineered to express cytosine deaminase	C6 glioma-bearing rats	Stereotaxic injection into the striatum, 3 × 10 <sup>5</sup> cells	Reduced tumor mass in early stage brain tumors <sup>(66)</sup>
MSCs transduced with HSVtk	9L glioma-bearing rats	Intracerebral co-inoculation of MSCs/tk and ganciclovir, 5 × 10 <sup>4</sup> cells	Reduced tumor growth, prolonged survival time <sup>(67)</sup>

Increasing evidences suggest that MSCs can be used to treat stroke with satisfactory results, as MSCs can migrate to the ischemic areas, secrete some trophic factors and even differentiate into neurons and glia cells, which seems to be beneficial for the treatment of ischemia stroke.

After middle cerebral artery occlusion (MCAO), MSCs that are administered by different routes and applied for different time of treatment all show promising therapeutic effects. The three major routes of MSC administration are intrastratial, intracarotid, and intravenous injection. MSC therapy begins 1, 4, 7 days and even 1 month after MCAO<sup>36</sup>.

Transplanting MSCs after MCAO has been found significantly improving neurological functional recovery, as well as promoting endogenous neurogenesis and reducing apoptosis while no significant change of infarct volume was found, and some cells express protein marker phenotypic neural cells, which indicates that a few stem cells differentiate into neural cell lineage<sup>15,24,41,42</sup>. However, gene modification is always a promising way to enhance therapeutic benefits.

Rats with ischemic stroke due to MCAO that received fibroblast growth factor-2 (FGF-2)-modified MSCs or BDNF-modified MSCs had a significantly reduced infarction volume 14 days after MCAO<sup>43,44</sup>.

Other combination methods have also been studied and showed great therapeutic benefits, which demonstrates that MSCs have great potential in stroke treatment. Transplanting a composite graft of fresh bone marrow (BM) along with brain-derived neurotrophic factor (BDNF) into the ischemic boundary zone (IBZ) of rat brain can facilitate BM cells to survive and differentiate, and improves functional recovery after middle cerebral artery occlusion (MCAO) <sup>45</sup>.

Transplantation of neural progenitor cells (NS-MSCs) in combination with a collagen sponge and bFGF releasing microspheres has been found to significantly improve histological and functional recovery in the rat stroke model <sup>46</sup>. Transplanting MSCs increased expression of brain-derived neurotrophic factor (BDNF) <sup>25</sup>, nerve growth factor (NGF) <sup>24</sup> and <sup>25</sup>, vascular endothelial growth factor (VEGF) <sup>52</sup>, basic fibroblast growth factor (bFGF) <sup>15</sup> and so on. These trophic factors function in the processes of induction of angiogenesis, neurogenesis and neuroprotection, and it seems that these factors/cytokines secreted by MSCs play most important role in functional recovery after MCAO.

### *3.3. MSCs for the treatment of neurodegenerative disease*

Neurodegenerative diseases are characterized by the loss of neurons in the brain or spinal cord. In the brain, Alzheimer's disease (AD) and Huntington's disease (HD) result in widespread loss of neurons, whereas Parkinson's disease (PD) involves the specific and localized loss of dopaminergic (DA) neurons in the substantia nigra <sup>35</sup>. The lack of effective therapies for these neurological diseases provokes researchers to find other appropriate ways. MSCs present a promising tool for the treatment of neurodegenerative diseases, as MSCs transplantation has been demonstrated to promote functional recovery in many disease models.

#### *3.3.1. Alzheimer's disease*

AD is an age-related progressive neurodegenerative disorder characterized by progressive memory deficits, cognitive impairment, and personality changes associated with the degeneration of multiple neuronal types and pathologically by the presence of neuritic plaques and neurofibrillary tangles <sup>(53)</sup>. Amyloid  $\beta$ -peptide (A $\beta$ ) has been suggested to play an etiological, pivotal and likely causal role in the pathogenesis of AD <sup>(54)</sup>. In vitro incubation of primary cultured hippocampal neurons with A $\beta$ , induced apoptosis was ameliorated by MSCs co-culture <sup>55</sup>. In the acute A $\beta$ -induced AD model, MSCs intracerebral transplanted promoted microglial activation, and substantially reduced the A $\beta$  deposits, which suggested that BM-MSCs may be a useful therapeutic agent against AD <sup>56</sup>.

Interestingly, in amyloid precursor protein (APP) and presenilin one (PS1) double-transgenic mice, a model of age-dependent AD, MSC treatment promoted microglial activation, rescued cognitive impairment, and reduced A $\beta$  and tau pathology in the brain <sup>(57)</sup>. Huntington's disease (HD) is a fatal inherited neurodegenerative disorder, characterized by a polyglutamine expansion that leads to the production of a mutant huntingtin protein (mHtt), for which no treatment is yet available <sup>(58)</sup>. Mesenchymal stem cell transplantation may help stabilize the striatal environment by producing anti-inflammatory cytokines and neurotrophic factors. BDNF therapy is a leading candidate for use in HD since striatal neurons depend on BDNF levels for function and survival <sup>61</sup>.

Therefore, researchers evaluated MSCs engineered to overexpress BDNF or nerve growth factor (NGF) had significant ameliorative effects on disease progression in a mouse model of HD<sup>(62)</sup>. Collectively, the use of MSCs to deliver factors, confers benefits over other methods because transplanted MSCs have the potential to provide sustainable delivery of trophic factors directly to cells that are at risk of degenerating<sup>(13)</sup> and<sup>(62)</sup>.

### *3.3.2. Parkinson's disease*

PD is caused by the progressive loss of the dopaminergic neurons in the substantia nigra and is a severe decrease in the dopamine content of the striatum<sup>(63)</sup>. The goal of cellular therapy to treat Parkinson's disease (PD) is the replacement of lost neurons in the substantia nigra with healthy dopaminergic neurons or the protection of these neurons from further loss. Lusine et al. demonstrated that intranasal (IN) delivery of mesenchymal stem cells (MSCs) to the brains of unilaterally 6-hydroxydopamine (6-OHDA)-lesioned rats led to therapeutic effects on dopaminergic activity, reflected by increases in TH and dopamine levels in the damaged areas of the host tissue, and the neuroprotective features of MSC may prevail over their capacity to replace degenerated neural cells<sup>(64)</sup>. Furthermore, gene-modified MSCs, MSCs-TH and MSCs-GDNF, also resulted in biologically significant functional recovery. The GDNF-transduced MSCs were capable of inducing a pronounced local trophic effect in the denervated striatum as they induced sprouting from the remaining dopaminergic terminals towards the neurotrophic milieu created, while the TH-modified MSCs significantly protected TH-positive cells from neurotoxicity and increases the DA content in the striatum of the rat brain<sup>(65,66,67)</sup>. All these indicate MSCs as a potential candidate for treatment of diseases of central nervous system.

### *3.4. Genetically modified MSC for cancer*

Detailed investigations of MSC migration and the role of factors influencing this tropism have paved the potential for MSC-targeted therapies. Studies have shown that by genetic manipulation of MSCs, either to over express target receptors or by introduction of exogenous genes for expression/secretion of a desired therapeutic factor, the migration efficiency to specific tumor cells can be improved. This specific and directed approach is a very promising step in the field of gene therapy which allows targeted treatment of cancers.

#### *3.4.1. Interferon (IFN) – $\alpha$ and $\beta$*

IFN- $\beta$  has a wide range of biological activities including potent antiproliferative<sup>(81,82)</sup> and proapoptotic<sup>(83)</sup> effects. However, its in vivo therapeutic efficacy has been limited due to toxicity associated with systemic administration. Human MSCs, engineered to express interferon  $\beta$  (IFN- $\beta$ ), have been used for targeted delivery of this potent antiproliferative and proapoptotic agent to metastatic breast and melanoma models<sup>(84, 85)</sup> gliomas<sup>(86)</sup> and lung metastasis<sup>(87)</sup>.



Ren et al <sup>(88)</sup> evaluated the potential of genetically modified MSCs expressing IFN- $\beta$  in reducing tumor growth in a model of prostate cancer lung metastasis. Targeted homing of MSCs producing IFN- $\beta$  was seen at tumor sites in the lungs with established TRAMP-C2 pulmonary metastases, and this resulted in suppression of tumor growth. Cell therapy with MSC-IFN- $\beta$  cells could be used to increase IFN- $\beta$  expression in tumors and surrounding tissues and to control the growth of malignant cells. Studies have also shown the antiproliferative, antitumor, and immunomodulatory effects <sup>(89,90)</sup> of IFN- $\alpha$ , a multifunctional regulatory cytokine. IFN- $\alpha$  is one of the most frequently used adjuvant therapies to eradicate micrometastatic deposits in patients with a high risk of systemic recurrence <sup>(91,92)</sup>.

In a similar study, Ren et al <sup>(93)</sup> evaluated the potential of mouse MSCs transduced with adeno-associated virus expressing murine IFN- $\alpha$  in a mouse B16F10 melanoma lung metastasis. A significant reduction in lung tumor colonies was observed in the MSC IFN- $\alpha$  treated mice, which resulted in an increase in life span compared to control animals.

#### *3.4.2. CX3CL1 (Fractalkine)*

A similar approach was used by Xin et al. to reduce the metastatic load caused by the intravenous delivery of melanoma and colon cancer cell lines. In this study, mouse MSCs were transduced with CX3CL1 (fractalkine), an immunostimulatory chemokine, ex vivo using an adenoviral vector with the Arg-Gly-Asp-4C peptide in the fiber knob. CX3CL1 fractalkine is a member of the CX3CL family, and the soluble form of CX3CL1 induces the migration of cells expressing its receptor, CX3CR1, in a manner similar to that of other soluble chemokines <sup>(97)</sup>. Systemic administration of CX3CL1-expressing MSCs, to mice bearing lung metastases of C26 and B16F10 cells, strongly inhibited the development of lung metastases and prolonged the survival of tumor-bearing mice <sup>(98)</sup>.

#### *3.4.3. Interleukin -2 (IL-2)*

In a study by Nakamura et al <sup>(94)</sup>, MSCs were genetically modified using an adenoviral vector encoding human IL-2, an immunomodulatory cytokine. To assess the therapeutic efficacy and survival benefit for 9L glioma bearing rats, hMSC IL-2 cells were either coinjected with tumor cells or intratumorally injected 3 days after tumor injection. The results conferred tumor inhibition in both cases when compared to their respective controls. The delay in intracranial tumor growth after MSC injection was confirmed by MRI monitoring in vivo, and the results correlated with the prolonged survival of glioma-bearing rats.

#### *3.4.4. NK4*

NK4 is an antagonist of hepatocyte growth factor <sup>101</sup>. HGF is a strong inducer of tumor growth, angiogenesis and lymph angiogenesis <sup>(102,103)</sup>. The effect of MSCs expressing adenovirus NK4 on mice with C-26 lung metastases was studied by Kanehira et al <sup>104</sup>. Migrated NK4-expressing MSCs were observed at the sites of lung metastatic tumor and not in normal tissue.

Systemically administered MSCs expressing NK4 efficiently inhibited C-26 tumor progression/metastases in the lung and prolonged survival without inducing severe adverse effects. The anti-metastatic effect of NK4-MSCs in vivo was due to the inhibition of angiogenesis and lymph angiogenesis within the tumor tissues.

#### 3.4.5. Interleukin-12 (IL-12)

MSCs have also been transduced to express interleukin-12 (IL-12), with the rationale of improving the anti-cancer immune surveillance by activating cytotoxic lymphocytes, natural killer cells, and producing IFN- $\gamma$  <sup>(95)</sup>. Chen et al. <sup>(96)</sup> transduced MSCs with adenovirus engineered to secrete interleukin-12 (AdIL-12-MSC). In this model, the AdIL-12-MSCs were used prophylactically and prevented the development of subcutaneous melanomas (B16), hepatomas (HCC), and lung cancers (LLC Lewis). In the B16 melanoma model, none of the 12 mice in the AdIL-12-MSC group developed tumors, whereas only one out of 12 in the HCC hepatoma model and 2 out of 12 in the LLC lung cancer model receiving AdIL-12-MSC developed tumors.

This approach of using AdIL-12-MSC has been shown to have protective anticarcinogenesis on the preneoplastic lesions studied

#### 3.5. Prodrug therapy – cytosine deaminase

Prodrug gene therapy involves delivery of genes encoding enzymes that convert nontoxic prodrugs into toxic antimetabolites. Three suicide genes that are being evaluated in clinical trials are the Cytosine Deaminase (CD), HSV-1 Thymidine kinase and carboxyesterase genes, which confer sensitivity to 5-fluorocytosine 5-FC, ganciclovir (GCV) and camptothecin-11 (CPT-11), respectively <sup>118</sup>.

In a pilot study, Kucerova et al <sup>119</sup> showed that AT-MSCs expressing the fusion yeast CD::UPRT gene (CDy-AT-MSC) in combination with the prodrug 5-FC augment potent cytotoxic effects over HT-29 tumor cells in vitro. Engineered CD-AT-MSCs combined with 5-FC were significantly effective in suppression of subcutaneous human colon cancer xenograft growth in vivo. Kucerova et al <sup>(120)</sup> also investigated the therapeutic efficacy of MSCs expressing yeast CD on melanoma. Bystander cytotoxicity was mediated towards MDA-MB-361 breast cancer cells, A375 melanoma cells and HT29 colon cancer cells by CDy-AT-MSC in the presence of prodrug 5-FC in vitro. CD-AT-MSC in combination with 5-FC efficiently inhibited the growth of various human tumor cell lines in coculture experiments. Systemic administration or coinjection of CDy-AT-MSC exerted antitumor effects in the presence of 5-FC in subcutaneous A375 melanoma xenografts. The results confirm the potential clinical utility of these cells and the CD gene as a cell-directed approach for enzyme-mediated prodrug conversion in the field of molecular cancer chemotherapy.

#### 3.6. TRAIL – Tumor necrosis factor related apoptosis inducing ligand

TRAIL is a member of the tumor necrosis factor- $\alpha$  family, and induces apoptosis in various tumor cell types <sup>(105,106)</sup>, while sparing most normal cells. TRAIL triggers apoptosis through interaction with death receptors and by initiating caspase-mediated cell death.

Mohr et al <sup>(107)</sup> reported the ability of an adenoviral vector expressing TRAIL to transduce MSCs and the subsequent therapeutic efficacy of these MSCs in a lung cancer model. MSCs transduced with adenovirus expressing TRAIL induced higher levels of apoptosis in A549 cells. Furthermore, TRAIL MSCs can induce apoptosis in A549 lung epithelial cancer cells even in the presence of serum, white blood cells and erythrocytes which supports the potential of these cells to become an exciting new delivery vector for targeted treatment.

#### **4. Biosafety of genetically engineered human MSC**

Several studies have verified that MSC can be efficiently and durably transduced without intensive labor and that this transgene expression is maintained throughout lineage differentiation and without compromising the proliferation rate or quality of progeny <sup>(48, 49, 50, 51)</sup>.

However, a fear for MSC-based tissue therapy is that ectopic bone formation, or even tumor formation, could occur if the cells are not induced into the correct tissue at sites of damage.

This fear is fostered by the fact that human and murine embryonic cells can form teratoma *in vivo* but should not apply to primary human cells that are subject to proper contact inhibition-mediated cessation of cell division. Tumors and ectopic unwanted tissues are not formed from human bone marrow-derived MSC in immune-deficient mice when conducting careful biosafety studies for retroviral and lentiviral vector trials. Human hematopoietic stem cells and human mesenchymal stem cells carrying two different Moloney-based vectors were co-transplanted together into immune-deficient mice. In a study by Gin <sup>(121)</sup> A total of 481 mice were monitored for adverse events for 7–18 months post-transplantation.

Following the co-transplantation of the engineered HSC/MSc inoculums, mice were assessed twice a day for signs of ill health, as defined by any of the following indicators: weight loss, hunching, lethargy, rapid breathing, skin discoloration or irregularities, bloating, hemi-paresis, visibly enlarged lymph nodes, or visible solid tumors under the skin.

In addition, 149 mice were transplanted with human hematopoietic progenitor cells transduced with HIV-1-based lentiviral vectors and were followed for 2–6 months. No adverse events caused by the vectors could be observed, and none of the mice had detectable HIV p24 antigen in their serum.

In summary, MSC-based cellular therapy, when combined with genetic engineering, can provide a safe and effective means by which to systemically produce factors that are needed by other cells in the organs of a recipient that has enzymatic or other defects. Numerous MSC-based therapies conducted by Osiris, Athersys, and other companies have demonstrated the safety of systemic infusion in Phase I-III trials <sup>(5)</sup>.

Biosafety data from researchers have further shown that genetic engineering of MSC can provide a safe and effective cell-based therapy for different disorders where a single protein or enzyme is lacking. Genetically engineered MSC should be considered a cell-based therapy for some disorders, especially orphan diseases, when the risk to benefit ratio has been carefully considered.

## 5. Summary:

It is now clear that the differentiative capacity of MSC is far broader than anyone would have foreseen at the time Friedenstein originally described his bone marrow-derived CFU-F. In addition to this tremendous differentiative potential, the relative ease with which MSC can be isolated, propagated in culture, and modified with a variety of viral and non-viral-based vectors, and their intrinsic ability to seek out sites of injury/inflammation within the body argues that MSC may be ideally suited as cellular therapeutics and gene delivery vehicles for numerous diseases affecting each of the major organ systems of the body.

The ability of MSCs to interact with different tissue environments, along with the immune tolerance elicited, and their migratory abilities, present MSCs as an attractive platform for cellular and gene therapy in humans. More studies elucidating the basic biology, trafficking after transplantation, and characterization using in vivo disease models are needed to develop MSC-based therapy for application in the fields of stem cell tissue engineering, gene therapy, and cancer biology.

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