

## Rio de Janeiro welcomed and cared of the Brazilian Nursing

Sonia Acioli de Oliveira<sup>I</sup>, Sonia Maria Alves<sup>II</sup>

<sup>I</sup> University of the State of Rio de Janeiro, Nursing Faculty. Coordinator of the Themes Subcommittee of the 65 ° Brazilian Congress of Nursing. Rio de Janeiro-RJ, Brasil.

<sup>II</sup> President of ABEn Rio de Janeiro Section, term 2010-2013. Coordinator of the Executive Committee of the 65 ° Brazilian Congress of Nursing. Rio de Janeiro-RJ, Brasil.

Remember the 65th Brazilian Congress of Nursing (65th CBEEn) in the city of Rio de Janeiro means the opportunity to remember that the Brazilian Nursing had, between 2013 October 07 and 10, to reflect **on nursing and life care**.

The main event was sponsored by the National ABEn and conducted by ABEn RJ Section and brought the object of nursing practice, **care**, seeing it as a key, current, interdisciplinary theme, which contains several areas of political, economic and social interest.

Anchored by the history of previous congresses, and considering the experience accumulated by segments and areas of nursing, it was constructed the theme of the 65th CBEEn, which occurred from workshops that brought together representatives of health services, educational institutions and organ class. The central theme of the event was defined in the workshops from the environmental, social, political and individual perspectives. It was stressed the need to think the life care as action, science and art, and the recognition of real and symbolic networks present in the lives of the individuals who care, and of those who receive care.

**Care** was addressed in its transdisciplinary, intergenerational and interdependent dimensions to contemplate the various professionals and the various areas of political, economic and social interest. It was reaffirmed the understanding that care transcends technique, especially because it includes, among other dimensions, the family, the psycho-emotional needs, community, interpersonal and interprofessional relationship, affection, listening, and the political / institutional philosophy. In this sense, emerges the reassertion of responsibility and commitment to life, requiring the completion of several healthcare practices. One speaks therefore care action as science, and (esth)ethical care as respect, esteem, concern and recognition of objectified life in humans, in the environment.

The idea of life which is born in the understanding of the biology / genetics is understood as an aggregate of cells that operate each system of the body with different textures and different functions becoming able to act and react. At the macro level, the subject of care is a cell in the universe which is expressed as, biochemical and / or in the political, social, historical, economic, biological systems. Therefore, care for life emerges from the ecology of the body and of knowledge that is the cornerstone of creating a consciousness focused on the preservation of life on our planet.

The life care requires care practices that, shared with society, build an united world with respect to all species on the planet with the environment itself, considering the diversity of knowledge and practices. Thus, this issue, allowed to discuss **the potential of nursing care practices** and their ecological responsibility while, at the same time, invited all segments of the profession to reflect the development of strategies committed to building policies for an ethically sustainable society. The central theme was developed in four main areas: **Nursing care in building a sustainable society; Interfaces with professional nursing and popular practices of health care; Cultural diversity and the work of Nursing and Nursing Education and social policies.**

The overall goal of 65th CBEEn was providing reflections on nursing care as part of life care considering the training, care management practices and diversity of health care as a contribution to building a sustainable society. For this we sought to: Reflect on practical training and management of nursing care from the social, political and environmental aspects involving life care; Contribute to the training and production of knowledge in nursing and health; Discuss the theoretical and practical nursing interfaces with the diversity of practices in health care in contemporary society; Provide forums for discussion on the contributions of graduate nursing research and the strengthening of nursing as a producing professional knowledge category; Propose interventions and /

or participation in public health policies that express the role of nursing in the care of life aimed at building a sustainable society; Stimulate the design of alliances with the various segments of the health sector to develop forms of shared care between nursing, health professionals and users and Build a political unity in defense of the Brazilian Public Health System.

Through intense scientific program implemented in the form of conferences, panels, roundtables, conversation and experiences wheels in the Paulo Freire Tent, courses, workshops, symposia, thematic and institutional meetings, exhibition and fair of technology books, literary café, it was built up the 65th with 4,354 participants. Thus, the Brazilian Nursing joined around the **care of life** and all theoretical issues, policies and practices that are part of our everyday professional practice.

Finally, we appreciate the participation of all the people in building another CBE, and in strengthening it as a space for Nursing dialogue, fighting and formation!