

Prescribing Of The Untold Suffering Of Children

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Abstract: Symptom is the language of the patient, and a Homeopath is desperate that the patient utters few words about his suffering. But that goes half true; Science has gifted us at depth, where prescription can be done on mere skilled & smart Observation, which is a challenge..!! It's based on Non verbal Communication, especially in newborn infants & children below 6 to 8 months, where observation is the only handy tool for the doctor.

Key Words: importance of repertory in day to day practice of pediatrics cases.

Introduction:-

Very frequently Homoeopaths are ridiculed as “symptom mongers”, and up to some extent it goes true also, as one need to accept the fact that symptoms form the basis of our prescription.

Symptom is the language of the patient, and a Homeopath is desperate that the patient utters few words about his suffering. But that goes half true; Science has gifted us at depth, where prescription can be done on mere skilled & smart Observation, which is a challenge..!! It's based on Non verbal Communication, especially in newborn infants & children below 6 to 8 months, where observation is the only handy tool for the doctor.

The only sound that a newborn makes is that of a Cry, and it explains everything. Good observation & correct interpretation will explain whether the cry is for some Demand, Displeasure, Dissatisfaction, Discomfort, and Disgust or of Pain.

Cry:-It forms one of the most important source of prescribing in a new born. First Cry of the newborn saves the Gynecologist from crying. It's a cry for air. It may be also due to sudden change of atmosphere, or sensitive to sudden change of environment.

- **Sensitive to draft of air-** Bell. Hepar sulph, Acon

Hunger: Most commonly a newborn cries of hunger. It may be due to one of the underlying cause.

- **Retracted nipple or underdeveloped breasts:--** Sil, Puls (to mother)
- **Dislikes taste of milk:-** Puls.
- **Milk has salty taste, remains long in mouth:-** Calc. Carb, Calc. Phos
- **Cannot nurse, cries:-** Bor., Ant.Tart
- **Dis satisfied, of not getting enough :-** Cina, Tub.

Difficult breathing:- Very common practice amongst women, is feeding the baby at night in sleeping posture only. It is one of the causes of death as at times the child smothers with the pressure of breast, while the mother is asleep.

- **Blocked nose:** it's either because of direct fan air, or A.C. on that nose gets stuff.
- **Snuffles of infants-** Amm.Carb, Nux.Vom, Sambucus

Colic-Other most common crying is of colic.

- **Colic from indigestion: Mother's milk** < Calc.Carb, Calc.Phos, Sil.
- **Indigestion from artificial food, & bottle food Alum**, Calc.Carb, Nat. Mur
- **Flatulent colic with drawing up of legs-** Mag. Phos.

Constipation: Baby cries from not able to pass stool

- **Bottle fed infants- crumbling, chalky, pasty stool, from atony of rectum-** Alum
- **From redness, & soreness of anus-** Sulph.

Dentitional troubles:

- **Difficult dentition with diarrhea, fever, and irritability-** Cham.
- **Child rubs the gums together-** Phytolacca

Constitution & Temperament

- **Child cross, uncivil, irritable-** Cina, Cham
- **Fat, Fair flabby, desire to be magnetized, sour smelling-** Calc.Carb
- **Lean thin pot bellied with flatulent** – Calc Phos
- **Sore hot mouth, apthous ulcers, dirty look-** Borax
- **Discontented-** Calc. Phos, Cham. Cina, Tub.
- **Quieted, child cannot be-** Cham, Cina
- **Quiet only when carried-** Cham
- **Desire to be carried-** Bry, Cham, Puls
- **Carresed & carried desire to be-** Acon. Kreos. Puls
- **Desires clinging-** Puls
- **Child bores finger in the ear-** Bell. Hep. Sulph etc

Common Causes: Usually mothers wrap up the child, or overdress him, as if they are never going to uncover him, giving the baby hot % suffocated feeling, At times babies lack clothing also. Babies are very often with diapers on, with infrequent changing. At times getting wet gives discomfort to the baby.

- **Diaper Rash** –Sul.Acid, Sulph, Nit.Acid

Mothers do not know proper technique of handling the child which gives a feeling or a fear of falling.

- **Fear of falling, down ward motion-** Borax
- **We generally notice baby crying if lifted by some stranger-** Fear, stranger of- Arnica, Bar. Carb
- **Fears sudden noise-** Bell, Phos

- **Fear of being rejected-** Puls, Nat. Mur, Sil,
- **Of darkness** – Acon, opium etc
- **Averse to bath, dirty filthy look, redness of anus-** Sulph

Conclusion:- Apart from the most common ailing complains several conditions can be illustrated on the basis of Observation. Homoeopathic Materia Medica has a vast applicability where prescription can be done on this approach, but it becomes a boon especially in New borns and infants, where even an experienced clinician can go wrong, but good observation and interpretation forms the key to the prescription,.