

Ayurveda M.C.Q.'s

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With this edition of HEAL TALK we are launching a new segment called 'Ayurveda MCQ'S. With the increasing competition in the field of Ayurveda many students appear for competitive examinations held for MD(ayu) entrance, U P S C, R A V, E S I C etc. We hope that this column will be helpful for all of them. We are beginning with a serial of questions from CHARAKA SAMHITA. This issue includes 25 questions from 1- 10 chapters of Sutrasthana.

- Mula of dharma, artha, kama and moksha is
(a) Hitayu (b) Sukhayu
(c) Arogya (d) None of these
- Hetu, linga, aushadha, jnana is called
(a) Trimada (b) Trisutra
(c) Tridanda (d) Trivarga
- Which of the following is not student of Punarvasu Atreya
(a) Jatukarna (b) Parashara
(c) Ksharpani (d) Kashyapa
- Number of jnana devtas according to charaka is
(a) 2 (b) 4
(c) 6 (d) 8
- Union of sharira, indriya, sattva and atma is called
(a) Ayu (b) Apta
(c) Swastha (d) None of these
- Ekatvakaram is
(a) Vishesha (b) Guna
(c) Samanya (d) Samvaya
- "Tridanda" are
(a) Mana, buddhi, Ahamkara
(b) Sattva, Raja, Tama
(c) Sattva, Atma, Sharira
(d) Dravya, guna, karma
- Types of "Karana dravyas" are
(a) 3 (b) 6
(c) 9 (d) 12
- How many 'Guruvadi Guna' are described
(a) 5 (b) 10
(c) 15 (d) 20
- Which one of the following is not among 'Paradi Guna'.
(a) Para (b) Yukti
(c) Vibhaga (d) Vishada
- Aprithakbhava is
(a) Dravya (b) Guna
(c) Samvaya (d) Vishesha
- Which one of the following is not a 'Parthiva aushadhi dravya'
(a) Swarna (b) Sikata
(c) Mainshila (d) Rochana
- Types of 'Audbhida dravyas' are
(a) 2 (b) 4
(c) 6 (d) 8
- Number of mulini dravyas is
(a) 6 (b) 16
(c) 26 (d) 36
- 'Prakirya' is synonym of
(a) Lata karanja (b) Vriksha karanja
(c) Amlavetasa (d) Nimba
- Number of ashraya of virechana dravya is
(a) 2 (b) 4
(c) 6 (d) 8
- Number of vamaka yoga of madan phala is
(a) 130 (b) 133
(c) 120 (d) 123
- How many virechana yoga prepared from amaltasa
(a) 12 (b) 14
(c) 16 (d) 18
- Which one of the following is not included in kashaya yoni
(a) Madhura (b) Amla
(c) Lavana (d) Kashaya
- Number of kashaya kalpanas is
(a) 3 (b) 5
(c) 7 (d) 9
- Which one of the following is most potent kashaya kalpana
(a) Swarasa (b) Kalka
(c) Shita (d) Fanta
- 'Mahaushadha' is synonym of
(a) Giloi (b) Madhuyasti
(c) Shunthi (d) Amaltasa
- 'Amogha' is synonym of
(a) Aindri (b) Bramhi
(c) Patala (d) Haritaki
- Ahara matra depends upon
(a) Vyadhi bala (b) Vaya
(c) Agnibala (d) None of the above
- Matra of guru dravyas indicated is
(a) Ardha sauhitya (b) Tribhaga sauhitya
(c) Purna sauhitya (d) Not indicated

KEY TO THE ANSWERS-

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|------|------|------|------|------|
| 1-c | 2-b | 3-d | 4-d | 5-a |
| 6-c | 7-c | 8-c | 9-d | 10-d |
| 11-c | 12-d | 13-b | 14-b | 15-a |
| 16-c | 17-b | 18-a | 19-c | 20-b |
| 21-a | 22-c | 23-c | 24-c | 25-b |