

REVIEW PAPER

Content analysis of Published Articles in Sport Mont in the Period from 2003 - 2020 in the Field of Combat Sports

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Abstract

When it comes to sports science, it is inevitable to mention the Sport Mont Journal, which has an 18 years long respectable tradition, and which is progressing every year. Sport Mont was founded in 2003 as the official journal of the Montenegrin Sports Academy (MSA), by all merit to the great vision of a full professor at the Faculty for Sport and Physical Education, Dusko Bjelica. The Sport Mont, which is published in three editions annually (February, June, and October), records over 1.400 papers from almost all fields of sports science and sports medicine, signed by renowned scientists from all around the world. During a period of 18 years in Sport Mont is published 120 scientific papers on the topic of combat sports. It can be said that the biggest number of published articles about the mentioned topic was published in 2005 (17), and the activity of scientists from the field of combat sports was quite low in the last couple of years of existence Sport Mont. In 2020 is published 5 scientific papers in a topic of combat sports and it is the bigger number in comparison to the last couple of years, so it seems that authors from the field of combat sports are again active as in the period when Sport Mont established and there is hope that they will give a contribution to developing Sport Mont journal in the next period. This research can be useful for further theoretical research, as well as for theoreticians.

Keywords: *Combat Sports, Montenegrin Sports Academy, Sport Mont, Sport Science*

Uvod

Kada se govori o nauci u polju sporta i fizičke kulture neizostavno je pomenuti Sport Mont časopis (Slika 1), koji gaji tradiciju dugu već 18 godina i koji iz godine u godinu napreduje. Sport Mont je osnovan 2003. godine kao zvanični časopis Crnogorske sportske akademije (CSA), a sve zahvaljujući viziji redovnog profesora Fakulteta za sport i fizičko vaspitanje Univerziteta Crne Gore, prof. dr Duška Bjelice. Sport Mont izlazi u tri izdanja godišnje (februar, jun i oktobar) i bilježi preko 1400 naučnih radova iz gotovo svih oblasti sportske nauke i sportske medicine, koje potpisuju renomirani naučnici kako iz Crne Gore, tako i zemalja regiona, Evrope i svijeta. Tokom 18 godina duge tradicije časopis bilježi mnoge reforme, a najznačajnija se bilježi u 2016. godini kada postaje dostupno uputstvo za autore, bilježi se redizajn časopisa i donosi se odluka da se objavljuje

u tri broja na godišnjem nivou. Naredne godine već postaje dostupna mogućnost preuzimanja naučnih radova u pdf formatu i svaki naučni rad dobija DOI broj (Digital Object Identifier), dok se u 2018. godini donosi odluka da svako izdanje broji 20 naučnih radova, koji su, pored arhive, dostupni i na početnoj stranici sajta časopisa. Na kraju svakog rada, postoji forum za diskusiju, u okviru kojeg svi zainteresovani čitaoci mogu ostaviti svoj komentar, što svakako utiče na pospješivanje kvaliteta samog časopisa. Bitno je navesti da Sport Mont indeksiran u 23 međunarodne baze podataka od kojih je najznačajnija Scopus. Takođe, bitno je napomenuti da prema posljednjem rangiranju, na osnovu Impact factora, Sport Mont spada u Q2 kategoriju u Scopus bazi podataka, što ga čini priznatim međunarodnim časopisom, kao i časopisom koji ubrzano napreduje ka ulasku u najprestižniju naučnu bazu podataka Web of Science (WoS).

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SLIKA 1. ČASOPIS Sport Mont Vol. I No. 1 (2003)

S obzirom na to da je tema ove analize sadržaja usmjerenja isključivo na naučne radove koji u svojim okvirima govore o bori- lačkim sportovima, napraviće se kratak osvrt na pomenutu oblast. Naime, popularnost bori lačkih sportova na našim prostorima je u ekspanziji i uprkos velikoj sličnosti postoje jasne smjernice i pravila u svim sportovima koji spadaju u polju borenja, što pravi jasnu distinkciju između njih. Dakle, razlike se pretežno ogledaju u tehnici i taktici borenja, opremi koju borci koriste, vrsti udaraca, fizičkoj konstituciji boraca, kao i životnim filozofijama i vrijed- nostima koje predstavljaju polaznici određenih bori lačkih spor- tova i vještina (Ilic & Visnjic, 2012). Prema zapisima dr Novaka Jovanovića u Crnoj Gori se do 1914. godine sportske aktivnosti mogu grupisati u: "atletske (trčanja, bacanje kamena s ramena, skok u dalj smjesta i zatrke i nešto ređe skok u vis); rvanje u „ko- štac“ i „u pojas“ razne igre klisa, plovke, boćanje, potezanje kono- pa, dizanje tereta, penjanje na jarbol i drugo; konjičke trke, kao i gađanje oružjem na razne načine koje se posebno cijenilo u tom vremenu." (Radovic, 2005). Kao što može da se primijeti još u tom vremenu se bilježi aktivnost u bori lačkim sportovima, što i ne ču- di kada se akcentat stavi na tadašnju situaciju u Crnoj Gori, kada je bila prisutna borba protiv okupatora i kada su vještine borenja bile esencijalne kako u ratovanju, tako i u borbi za egzistenciju (Radovic, 2005). Danas, u Crnoj Gori su najzastupljeniji boks, kik boks, karate, džudo i rvanje i takmičari iz pomenutih sportova bilježe zavidne rezultate i kako tvrdi Selhanovic (2010) za njih se može reći da su najbolji ambasadori Crne Gore u zemljama širom svijeta. Isti autor navodi da što je zemlja manja, to su značajnija sportska postignuća, a u okviru bori lačkih sportova se mora na- vesti uspjeh boksera Ivana Strugara i Gorana Radonjića koji su se našli na naslovnim stranama sportskog dodatka Washington Post i godišnjaku Svjetske asocijacije kimboksa organizacija (WAKO) (citirano u Maros & Mujak, 2015).

Kako bi saželi detaljnije sve teme koje se tiču bori lačkih spor- tova i učinili ih dostupnim široj javnosti za pregled i analizu, cilj ovog rada je upravo da se napravi selekcija svih naučnih radova koji su objavljeni u već pomenutom, prestižnom, časopisu Sport Mont za period od 18 godina, odnosno od njegovog nastanka 2003. godine, pa do junskog izdanja u 2020. godini. Nakon iz- vršene analize rezultata i evaluacije diskusije dobiće se precizne

informacije o naučno-istraživačkoj aktivnosti naučnika u polju bori lačkih sportova za pomenuti period.

Metod

Za ovo istraživanje korišćena je metoda analize sadržaja. Me- toda analize sadržaja se koristi za objektivnu sistemsku i kvan- titativnu analizu očiglednog sadržaja saopštenja (filmova, knjiga, štampe, kao i elektronskih sadržaja). Jedinica koja je analizirana u ovom radu su svi naučni radovi koji u svom okviru obuhvataju bori lačke sportove, za period od 2003. do 2020. godine, odnosno zaključno sa junskim izdanjem Sport Mont časopisa. Pretragom i detaljnim analiziranjem svih naučnih radova iz arhive časopisa, po godinama objavljivanja, izdvojeno je 120 naslova, a klasifiko- vani su po godinama kada su objavljeni.

Rezultati

Nakon detaljne analize i pregleda naučnih radova objavljenih u Sport Mont-u, može se istaći da ih je objavljeno čak 120, a koji su se direktno ticali ili imali dodirnih tačaka sa bori lačkim spor- tovim (Tabela 1).

U godini kada je osnovan časopis nije zabilježen nijedan na- učni rad na temu bori lačkih sportova, dok već u 2004. godini biva objavljeno čak 10 naučnih radova na pomenutu temu. To su slje- deći radovi: "Sport u XXI vijeku" (Bjelica, 2004), "Fizička pripre- ma džudista" (Bratic & Nurkic, 2004), "Kako poboljšati pravila u džudou" (Drid & Obadov, 2004), "Crnogorski sportski laureati" (Gavrilovic, 2004), "Karate-sport kao terapija u 21 vijeku karate sport u Školi u 21 vijeku karate projekt za invalide u 21 vijeku" (Klac & Vujosevic, 2004), "Ju jutsu - sport budućnosti" (Kopas, 2004), "Karakteristike i specifičnosti trenazera u džudou" (Oba- dov & Drid, 2004), "Mogućnosti usavršavanja kretnih navika u etapi predtakmičarske pripreme rvača" (Radovic, 2004), "Nauka i karate sport" (Radovic, 2004), "Boksterski kamp u Somboru" (M. Savic, S. Savic, & Radovic, 2004).

U narednoj godini bilježi se porast naučne aktivnosti na te- mu bori lačkih sportova, što čini ukupno 17 objavljenih naučnih radova, a to su sljedeći: "Sound karate as a school sport in Ger- many" (Bruning, 2005), "Plaketa Crnogorskoj sportskoj akade- miji" (Ivezic, 2005), "Rehidracija u sportu" (Jankovic, 2005), "Re-

Tabela 1. Klasifikacija objavljenih naučnih radova u Sport Mont-u iz oblasti borilačkih sportova prema godini izdavanja

Godina izdavanja	Broj objavljenih naučnih radova	% od ukupnog broja objavljenih naučnih radova
2003.	/	/
2004.	10	8,3%
2005.	17	14,2%
2006.	13	10,8%
2007.	11	9,2%
2008.	11	9,2%
2009.	4	3,3%
2010.	7	5,8%
2011.	14	11,7%
2012.	8	6,6%
2013.	9	7,5%
2014.	/	/
2015.	2	1,7%
2016.	1	0,8%
2017.	2	1,7%
2018.	4	3,3%
2019.	2	1,7%
2020.	5	4,2%
Total	120	100%

dukcija tjelesne mase evaporacijom i njene posledice na brzinu izvođenja u karate sportu" (Jankovic, 2005), "Kompatibilnost nekih motoričkih zadataka sa osnovnim rvačkim algoritmima" (Kasum & Obradovic, 2005), "Prüfungsprogramm für behinderte anmerkungen zur karate-prüfungsordnung für behinderte" (Klac, 2005), "Bibliografija radova dr Duška Bjelice u časopisu „Ring" (Zemun, Beograd): 1987-1990. god." (Krivokapic, 2005), "Bibliografija radova dr Duška Bjelice u jugoslovenskom sportskom listu "Sport": 1980-1983" (Krivokapic, 2005), "Moralni aspekt dopinga" (Krsmanovic, 2005), "Analiza indukovanih efekata pod uticajem trenaznih operatora usmjerenih na izazivanje promjena bazičnih motoričkih sposobnosti kod visoko treniranih sportista" (Ljeskovic, 2005), "Ispitivanje strukture parametara situaciono motoričkih sposobnosti vrhunskih judo takmičara" (Ljeskovic, 2005), "Opservacija rvačkog sporta sa zdravstveno-vaspitnog aspekta" (Obradovic & Kasum, 2005), "Sport u Crnoj Gori do 1914. godine" (Radovic, 2005), "»momačke viteške igre«" (Radovic, 2005), "Neki aspekti bokserkog treninga" (M. Savic, S. Savic, 2005), "Predlog: kodeksa srpsko-crnogorskog bokserkog sporta" (Savic, S., & Savic, M., 2005), "Instrument za praćenje i procenu kvaliteta sportskog treninga" (Stamatovic & Sekeljic, 2005).

U 2006. godini se bilježi blagi pad u odnosu na prethodnu, ali je svakako objavljen veliki broj radova (13). To su sljedeći naučni radovi: "Prophylaxical effect at the intensive training process af combat sports" (Cirkovic & Kasum, 2006), "Diagnostic karate tests" (Doder, 2006), "Analysis of relations between judo techniques and specific motor abilities" (Drid, 2006), "Reliability of certain tests of specific motor abilities in judo" (Drid, 2006), "Razlike u performancama situacijske efikasnosti između juniora i juniorki sa Svjetskog prvenstva u džudou - Tunis, 2000. godine" (Kajmovic & Kapo, 2006), "Komparacija tehničko - taktičkih karate elemenata između učesnika međunarodnog karate turnira "Sarajevo open" 2004" (Kapo & Kajmovic, 2006), "Dilemas and ideas connected with free-styling wrestling in Serbia and Montenegro" (Kasum,

2006), "Newly constructed tests for repetitive strength evaluation in judo" (Kopas, 2006), "Uloga tai či čuana u očuvanju zdravlja, sprečavanja i lečenja bolesti" (Mikalacki & Cokorilo, 2006), "Motivational determinants of managers in karate" (Nesic, 2006), "Effects of the specific motor exercises on the basic motor status of judokas" (Obadov, 2006), "Structural analysis of conditional preparation in judo" (Obadov, 2006), "Methods of organizing in endurance and prognosis of results in wrestling of Greek-Rome style" (Radovic, 2006).

U 2007. godini je objavljeno 11 naučnih radova, a to su sljedeći: "Connection of explosive power with top-class results in karate" (Doder & Babiak, 2007), "The differences between morphological and motor indicators between groups of professional wrestlers and boxers" (Drapsin & Drid, 2007), "The differences in functional and motor indicators between the professional groups of karate and judo female competitors" (Drid & Vujkov, 2007), "Starosna struktura vrhunskih rvačica" (Kasum & Radovic, 2007), "Influence of motoric abilities on effectively of specific motoric tests in wrestling" (Mikic, & Ahmeti, 2007), "Training and advance tai otoshi technique" (Obadov, 2007), "Reliability of certain tests for evaluation of judo techniques" (Obadov & Kopas, 2007), "Bridge as a dominate technical structure in the wrestling of Greek and Roman and free style" (Radovic & Kasum, 2007), "Morphofunctional status of elite serbian taekwon-do athletes" (Rajkovic & Obradovic, 2007), "Differences between motor abilities of criminal-police academy students and categorized sportsmen-karatists" (Vuckovic & Koropanovski, 2007), "Plyometry training in karate- specifics" (Vujkov, 2007).

U 2008. godini je objavljen identičan broj naučnih radova, na pomenutu temu, kao u prethodnoj (11). To su sljedeći radovi: "Sportski objekti - indeks iskoristivosti "arena" u različitim sportovima" (Bonacin, 2008), "The application of a rope for condition preparation of boxers" (Kahrovic, Muric, & Radenkovic, 2008), "Contemporary tendencies in sport wrestling" (Kasum &

Radovic, 2008), "Structure of boxers' morphological characteristics" (Muric & Kahrovic, 2008), "Coaches' work experience as an indicator of management attitudes in karate" (Nesic & Lolic, 2008), "Weight regulation and rules of alimentation for high-level wrestlers" (Radovic, 2008), "Improvement and result tracking of the special resistance of the wrestlers as an altitude response" (Radovic & Kasum, 2008), "New Olympic Games and their meanings for sport in Montenegro" (Rasovic, 2008), "Contemporary aspects of the ancient games at Nemea" (Siljak, Mijatovic, & Cilerdzic, 2008), "Training camp as a method of enhance specific motor ability judokas" (Trivic & Drid, 2008), "Effects of specific training models on quadriceps and hamstring" (Vujkov, Trivic, & Drid, 2008).

U 2009. godini se bilježi značajan pad objavljenih naučnih radova na temu borilačkih sportova. Objavljena su svega 4 rada i to su: "Parcijalne kvantitativne promjene antropoloških karakteristika studentica pod uticajem fitness programa thai-bo" (Djug, Mikic, & Mehinovic, 2009), "Direct kicks in boxing" (Kahrovic, Muric, & Radenkovic, 2009), "Some characteristics wrestling development in the slaveholding system in Egypt and Greece" (Radovic & Kasum, 2009), "Začeci organizovanog sporta u Crnoj Gori" (Rasovic, 2009).

U 2010. godini je objavljeno 7 naučnih radova. To su sljedeći: "History of savate (French boxing) in Serbia from XIX century till the end of the First World War" (Gavrilovic, Kasum, & Radovic, 2010), "Antičke olimpijske igre i moderni olimpizam" (Goranovic & Bjelica, 2010), "Transformed motoric characteristics after received programmed training process on superior karate athletes" (Kostovski, 2010), "Relations between shon mae geri test for evaluating specific karate coordination and some of the basic motoric abilities" (Kostovski & Mehinovic, 2010), "Uticaj određenih bazično motorickih sposobnosti za ocenu specifične karate koordinacije" (Kostovski, Preljevic, & Shala, 2010), "Youth sport and parents" (Nesic, 2010), "Montenegro and olympism" (Rasovic, 2010).

Tokom 2011. godine se još jednom bilježi veliki broj naučnih radova na temu borilačkih sportova (14). To su sljedeći radovi: "Žene i sport u Crnoj Gori" (Cooky, Begovic, Sabo, Oglesby, & Snyder, 2011), "Klasifikovanje studenata na osnovu kriterija motorickih sposobnosti i tehničke izvedbe elemenata" (Goletic, Redzic, Huremovic, & Mehinovic, 2011), "Razlike u morfološkim karakteristikama između boksera i nesportista" (Kahrovic, Muric, & Radenkovic, 2011), "Kinematička analiza aperkata boksera reprezentativnog nivoa" (Kahrovic, Radenkovic, & Mujanovic, 2011), "The influence of certain tests for evaluating the anthropometric, motor and specific motor dimensions on the elements of the attack in sport karate fighting" (Kostovski, Masic, & Djukanovic, 2011), "Efekti modela kate (heian shodan) na transformacione procese motorickih sposobnosti karatista" (Mujanovic, Kahrovic, & Muric, 2011), "Struktura kognitivnih sposobnosti perspektivnih boksera" (Muric, Kahrovic, Milic, & Mujanovic, 2011), "Razlike u motorickim sposobnostima boksera i nesportista" (Muric, Kahrovic, & Radenkovic, 2011), "Elementary techniques of basic hand strokes in modern karate" (Radovanovic & Popovic, 2011), "Basic biomechanical characteristics of the second phase (tsukuri) of judo throwing technique osoto gari" (Rexhepi & Hraski, 2011), "Razlike u antropometričkim karakteristikama i motorickim sposobnostima između dječaka hrvača, dječaka fudbalera i dječaka ne sportaša" (Sahit, Lulzim, Sylejman, & Shkelzen, 2011), "Material funds allocation for sports in Kosovo" (Tahiraj, Shatri, & Fazlija, 2011), "Level of anthropometric characteristics and motor abilities of sedentary and children who are in training in various sports orientation" (Tatar & Cupic, 2011), "Individual about collective risks in sport and possibilities their cover" (Vojinovic, 2011).

U 2012. godini je objavljeno sljedećih 8 naučnih radova:

"Predictive value of some anthropometric characteristics on the specific motor test mae geri in Macedonian members of the karate team" (Asani, Zivkovic, & Telai, 2012), "Correlation of the morphological characteristics and sports achievements in karate" (Bjelica & Petkovic, 2012), "Influence of the morphological characteristics and motor abilities on performing situational movement structures in judo" (Ilic, Mikic, Zeljkovic, & Huremovic, 2012), "Specifics of motivation in combat sports" (Ilic & Visnjic, 2012), "Managerial factors of motivation in karate sport" (Nesic & Fratric, 2012), "Insurance of athletes in Serbia" (S. Ostojic, & N. Ostojic, 2012), "Thermovision application in kendo training" (Roglic, Fratric, Nesic, Bjelica, & Madic, 2012), "Level of motor abilities of children untrained and children that were in the training process a variety of sportsorientation (karate and volleyball)" (Tatar & Karadzic, 2012).

U toku 2013. godine objavljeno je 9 naučnih radova na pomenutu temu. To su sljedeći radovi: "Multivariate and univariate intergroup differences in the anthropometric understudied area between respondents juniors and seniors members of the Macedonian national karate team" (Asani, 2013), "Multivariate and univariate intergroup differences in the investigated specific motor space between respondents juniors and seniors members of the Macedonian national karate team" (Asani & Zivkovic, 2013), "Comparative analysis of postural state non-athletes and judo athletes of young adolescents" (Dacevic & Jovovic, 2013), "Discriminative analysis of morphologic and motoric parameter to judo and karate sportiest boys" (Ibri & Shala, 2013), "Canonical correlation of morphologic characteristic and motoric abilities of young judo athletes" (Ibri & Shala, 2013). "Effects of partial quantitative changes in dynamic power and static force of athletes aged 15-16" (Mikic, S. Kurtovic, N. Kurtovic, & Dedic, 2013), "Analysis of the 2012 European fencing championship for men and women, held in Legnano, Italy" (Petkov & Panayotov, 2013), "Predictive value of motor abilities in relation to karate technique" (Scepanovic, 2013), "The influence of motor abilities on kicking karate technique" (Scepanovic & Vlahovic 2013).

U 2014. godini nema objavljenih naučnih radova na temu borilačkih sportova, dok u 2015. godini bivaju objavljena svega 2 rada: "Athletes' knowledge of reduced sports nutrition" (Bojanic, Vasiljevic, Petkovic, & Muratovic, 2015), "Success of our athletes as a way of promoting Montenegro" (Maros & Mujak, 2015).

U toku 2016. godine objavljen je jedan rad, i to "Ultra short-term heart rate recovery after maximal exercise in two different body positions in elite male judokas compared to students of the sport faculty" (Vujkov, Casals, Krneta, & Drid, 2016), dok u narednoj, 2017. godini bivaju objavljena 2 rada: "Effect of an 8-week judo course on muscular endurance, trunk flexibility, and explosive strength of male university students" (Mohammed & Choi, 2017), "Competition efficiency analysis of Croatian junior wrestlers in European Championship" (Slacanac, Baic, & Starcevic, 2017).

U 2018. godini su objavljena 4 rada: "Perceptual and motor performances between fencers and non-fencers" (Akpınar & Beyaz, 2018), "A content analysis of published articles in Montenegrin Journal of Sports Science and Medicine from 2012 to 2018" (Maros, 2018), "Effect of ballistic warm-up on isokinetic strength, balance, agility, flexibility and speed in elite freestyle wrestlers" (Polat, Cetin, Yarim, Bulgay, & Cicioglu, 2018), "Special features of consumption of water and drinks by Kazakhstan athletes" (Yerzhanova, Sabyrbek, Kalmatayeva, & Milasius, 2018).

U toku 2019. godine objavljena su sljedeća 2 rada: "Crossfit training impact on the level of special physical fitness of young athletes practicing judo" (Osipov, Nagovitsyn, Zekrin, Vladimirovna, Zubkov, & Zhavner, 2019), "Evaluation of knowledge and competence of Kazakhstani athletes about nutrition" (Yerzhanova,

va, Sabyrbek, Dilmakhanbetov, Madiyeva, & Milasius, 2019).

U toku 2020. godine, odnosno do posljednjeg broja koji je izašao u junu, objavljeno je sljedećih 5 naučnih radova u okviru borilačkih sportova: “Functional state of military personnel engaged in unarmed combat” (Klymovych, Oderov, Romanchuk, Pankevich, Pylypchak, Roliuk, Lesko, Olena, Dobrovolskyi, & Vorontsov, 2020), “Differences in the isokinetic strength of thigh muscles between track and field and karate athletes” (Mekic, Kapo, Alic, Bajramovic, Likic, Besirevic, & Covic, 2020), “Objective and subjective assessments of the psychological gender of female athletes practicing martial arts” (Osipov, Kovalev, Sadyrin, Nagovitsyn, Rubtsova, Druzhinina, Zhavner, & Vapaeva, 2020), “The difference between male and female sport participation in Turkey: “Determination always finds a way” (Yenilmez & Celik, 2020), “Multi-functional technical devices for improvement and control of athletes’ preparedness in martial arts” (Zadorozhna, Briskin, Pityn, Smyrnovskyy, Semeryak, Khomiak, & Hlukhov, 2020).

Diskusija

U ovom radu su klasifikovani naučni radovi koji su objavljeni u Sport Mont-u, a tiču se borilačkih sportova i klasifikovani

su prema godinama izdavanja, odnosno od nastanka časopisa u 2003. godini, a zaključno sa junskim izdanjem u 2020. godini (Slika 2). Analizirajući rezultate iz tabele 1 može se zaključiti da u prvoj godini nije bila velika zainteresovanost naučnika iz polja borilačkih sportova, ali već naredne godine prepoznaju potencijal Sport Mont-a i ova tema postaje jedna od dominantnijih u narednih par godina. Naime, za period od 2004. do 2008. godine bilježi se velika aktivnost naučnika iz pomenute oblasti, sa tim što je 2005. godina obilježena kao godina u kojoj je objavljeno najviše naučnih radova na temu borilačkih sportova u toku 18 godina duge tradicije postojanja Sport Mont-a (17). Zavidan broj naučnih radova se bilježi sve do 2014. godine, kada po prvi put nakon 2003. godine, nema objavljenih naslova koji imaju dodirnih tačaka sa borilačkim sportovima. U narednom periodu, odnosno od 2015. do 2019. godine bilježi se aktivnost naučnika u pomenutom polju, ali je u pitanju mnogo manji broj radova nego u proteklom godinama. Ipak, u 2020. godini se bilježi 5 naučnih radova na temu borilačkih sportova, što je veći broj nego u proteklih 5 godina, a to daje nadu da će se naučnici iz oblasti borilačkih sportova uključiti u unapređivanju Sport Mont-a, kao što je to bio slučaj u prvih nekoliko godina od njegovog osnivanja.



SLIKA 2. Časopis Sport Mont Vol. 18 No. 2 (2020)

U okviru 18 godina dugog perioda, bilježe se radovi koji se vežu kako za istorijski razvoj pojedinih borilačkih sportova, pregleđa značajnih rezultata sportista i naučnika koji su djelovali u okviru pomenute teme, tako i određene specifičnosti sportskog treninga, principa ishrane i analize u okviru određenih sposobnosti i karakteristika antropološkog statusa sportista.

Sve što je do sada navedeno ide u prilog konstataciji da je Sport Mont časopis koji, tokom svoje duge tradicije, njeguje mnoge oblasti sporta i fizičke kulture i da iz godine u godinu bilježi rast, što mu osigurava put uspjeha i prepoznatljivosti u najprestižnijim svjetskim naučnim bibliografsko-citatnim bazama.

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Conflict of Interest

The authors declare that there are no conflicts of interest.

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