

Review Article

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Oral flora: protection or destruction of dental tissue

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Abstract

Background: Oral cavity contains heterogenous environment which provides different niches in different environment present in a symbiotic relation. Normal oral flora when getting favorable environment gets attached to the tooth surface. Alteration in this mutualistic association transforms into diseased condition. The oral cavity begins to harbor microflora immediately after birth. Oral cavity harbors about 20 phyla and more than 700 species. The objective of this study is to determine the origin of the microorganisms responsible for dental diseases.

Methodology: PUBMED database was searched for the English articles published with the combinations of following search terms: normal oral bacteria, oral bacteria, oral microbiome, dental caries, tooth caries, endodontic infection, and recurrent pulpal infection. Abstracts and also full text was revised to identify the suitable papers that describe the microbiological association of dental diseases which were used.

Results: Nosocomial infection has found to be associated with persistent endodontic infection. Thus, proper sterilization and change of instruments and gloves after each procedure for every root canal instrumentation are mandatory to provide clean sterile preparation of the canal. Also, persistent/secondary intraradicular infection associated with Actinomyces species and P. propionicum is treated with surgical procedure only. Therefore bacteriological analysis of the canal helps to determine the efficacy of the endodontic treatment in primary infection, chances of secondary or persistent endodontic infection, and requirement of surgical treatment.

Conclusion: Dental diseases are mainly associated with the virulence of different microorganisms present in the oral cavity. After the initiation of disease, exogenous bacteria are attracted to the site. Thus maintenance of proper oral hygiene prevents the transformation of normal flora to a diseased state. If the disease is diagnosed early and treated, it prevents the life-threatening condition.

Keywords

Dental Caries, Endodontic Infection, Normal Oral Flora, Oral Microbiome, Recurrent Infection

Introduction

The human body is colonized with different microbes present in the mucosal surface of the oral cavity along with gastrointestinal tract, urogenital tract, and the surface of the skin. Those microbes show permanent colonization in a symbiotic relationship producing beneficial results. Alteration in the symbiotic relation of oral microbes leads to transformation of opportunistic pathogens and

causes diseases. The oral cavity being unique, contain diverse microflora distributed in various niches and harbors more than 700 species of microorganisms¹. The oral cavity contains 20 phyla with the majority of sequences belonged to one of the seven phyla: Actinobacteria, Bacteroides, Firmicutes, Fusobacteria, Proteobacteria, Spirochetes, and candidate division TM7, depending on age/dentition stage.² The oral cavity

begins to harbour microflora immediately after birth through continuous contacts with microbes outside the sterile intra-uterine and continues through the remainder of life. Multiple factors like delivery mode, feeding habit, eruption and shedding of tooth promote differentiation of bacterial communities^{2,3}. The oral cavity contains different surfaces like teeth, gingival sulcus, attached gingiva, tongue, cheek, lip, hard and soft palate which provides several distinct habitats for microbial colonization. These habitats in oral cavity provide a suitable environment for significantly different microbial communities and therefore bacteria predominant in one specific site differ from other site^{2,4}. Destruction of protective layer primarily initiates the formation of dental caries.

Dental Caries

Dental caries is one of the world's most prevalent diseases. It is a complex interaction between the commensal microbiota, host susceptibility and environmental factors, such as diet, time and acid produced by bacteria that degrade tooth structure, leading to demineralization and cavitation. This complex biofilm mainly contains acidogenic and acidophilic bacteria which is responsible for acid production that decreases the pH and provides the acidic environment. Acidic environment favors the tooth enamel barrier breakdown leading to carious lesion formation extending into underlying hard tissue^{5,6}. Dental caries is due to endogenous bacteria that shift from normal mutualistic state to diseased state⁷. As caries progresses, change in the composition of microbiota in the oral cavity is observed.

Streptococcus mutans acidifies the biofilm that results in attraction of acidogenic-aciduric bacterial species along with *Actinomyces* and *Lactobacilli* that are recognized to be involved in cariogenic processes including early childhood caries, white spot lesions, cavitated lesions, or carious dentin⁸. *S. mutans*'s virulence factor is able to convert dietary sucrose into a diverse range of soluble and particularly insoluble extracellular polysaccharides through exoenzymes such as glucosyltransferases

and fructosyltransferase. These extracellular polysaccharides are the prime building blocks of cariogenic biofilms that promote colonization of *S. mutans* and recruitment of additional microorganisms into dental plaque. It is found that the combination of *S. mutans* with *C. albicans* enhance acid production, due to the high acidogenic property of the fungus⁹.

Compared to enamel, dentine carious lesion provides a completely different scenario for residing microbes. *Bifidobacterium* and *S. mutans* may be involved in initiation and progression of dental caries. Deep into the dentin, *S. mutans* might lose its dominant role being outcompeted by obligate anaerobes like *Propionibacteria* which enables to degrade proteins from exposed dentinal collagen network. *Propionibacterium acidifaciens* is reported to be saccharolytic, producing large amounts of acetic and propionic acids and are increasingly reported to be present in deep dentin and root caries⁶. Presence of *Lactobacilli* in the sample causes a decrease in a number of *Prevotella* spp. and no *Pseudoramibacter* and vice versa. According to Chhour et al. (2005), *Lactobacillaceae* and *Prevotellaceae* make the majority of all identified sequences. Depending on the metabolic by-products, dominant species could be grouped into *Prevotella*-dominated or *Lactobacillus*-dominated samples. The dominant species in the carious lesions depends on the metabolic by-products of the initial colonizers⁵.

Carious tooth contains various pH within it due to which microbial communities in low pH zone differ from that of high pH zone. Most superficial zone was found to be significantly more acidic than the deepest areas of the sampled lesion. As the pH increases, *Firmicutes* decreases but other phyla such as: *Bacteroidetes*, *Fusobacteria* and *Proteobacteria* becomes dominant (increases). Kianoush (2014) found that *L. fermentum*, *L. rhamnosus*, and *L. crispatus* were predominant in acidic pH and *Sphingomonas* sp, *S. oralis*, *Lachnospiraceae* sp., *Atopobium rimae* and *Bifidobacterium dentium* in basic pH. The microbiota which appeared to be

unaffected by pH includes *Leptotrichia* spp., *Prevotella* spp., *Streptococcus salivarius* and candidate division TM7¹⁰. *Alloprevotella tanerrae*, *Leptothrix* sp., *Sphingomonas* sp. and *Streptococcus anginosus* were predominant in neutral pH. Types and numbers of microorganisms in the dentinal carious lesion is greatly influenced by the environment. The dominant phyla found in the dentinal carious lesions are Firmicutes, Actinobacteria, and Bacteroidetes. Most predominant genera in the oral cavity are *Lactobacillus*, *Atopobium*, *Prevotella*, *Olsenella*, *Actinomyces*, *Streptococcus*, *Propionibacterium*, *Bifidobacterium*, *Dialister*, *Sphingomonas*, *Fusobacterium*, *Parascardovia*, *Selenomonas*, *Scardovia*, *Chryseobacterium*, *Terrimonas*, *Burkholderia* and *Sporobacter*^{10,11}.

Bacterial species present in dentinal caries varies to the location as coronal and radicular. The most abundant species present in root caries are *Lactobacillus gasseri*, *Prevotella denticola*, *Alloprevotella tanneriae*, *S. mutans* and *Streptococcus* sp.HOT 070¹⁰. Ma (2015) found *Actinomyces* spp., *S. mutans*, *S. sobrinus*, *Lactobacilli*, *V. parvula*, *R. dentocariosa*, *P. micra*, *P. acnes* and *N. mucosa* are predominant in initial carious root lesions¹². Zaremba (2006) found *Peptostreptococcus* spp., *Staphylococcus* spp, *Streptococcus* spp, *Actinomyces* spp, *Nisseria* spp, *Veillonella* spp, and *Candida* spp are present in root surface caries. *Candida* spp. were also isolated from root caries lesions of adult subjects¹³. The *Streptococcus* and *Veillonella* genera produce lactate, and have been associated with Early Childhood Caries¹⁴. *S. mutans*, *S. sobrinus*, *Bifidobacteriaceae*, *Scardovia wiggsiae*, *Porphyromonas catoniae*, *Actinomyces*, *R.mucilaginosa*, *Prevotella* species and *Slackia exigua*^{8,12,15}, and the combinations of *S. mutans* with *S. sobrinus*, *S. mutans* with *Bifidobacteriaceae* and *S. mutans* with *Scardovia wiggsiae* were also found to be associated with Severe Early Childhood Caries^{12, 15}. If dental caries left untreated, bacteria from carious lesions progress deep into dental pulp

that leads to Pulpal infection which may further progress to space infection.

Endodontic infection

Infection of the dental Pulpal tissues is caused by the necrosis of dental pulp or dental root canal. It is the leading cause of oro-facial pain, localized and spreading dental infections and loss of teeth¹⁶. Along with dental caries, the infection gets entry to dental pulp via dentinal tubules, direct pulp exposure, periodontal disease and anachoresis. Whenever the distance between pulp and remaining healthy dentine is less than 0.2mm, bacteria gain access to the pulp through dentinal tubules in a centripetal direction. Microorganism might infect healthy tooth to infected tooth via lateral canal or apical foramen or may get an entry from periodontal membrane through the accessory canal or apical foramen.

Although more than 700 types of microbial species have been detected from the infected root canal, only 40 % have been identified. The number of bacteria per canal per tooth varies from sample to sample. The number of different bacterial species per tooth ranged from 20 to 33 (mean=24.9±4.1). The number of different bacterial species detected per root canal ranged from 5 to 33 (mean=20.0±7.9)¹⁷. Differences in endodontic bacteria are most likely to be a result of the differences in the composition of the oral microbiota. Studies have shown that number of bacterial species and cells in the root canal is dependent on the size of the periapical lesion. Larger the size of the lesions more bacterial species and longer the time period of the infection the more complex association of bacteria are present¹⁸.

The etiology of endodontic infections is heterogeneous and is likely to be polymicrobial¹⁶. Bacterial profiles of endodontic microbiota vary from individual to individual i.e., each individual harbors a unique endodontic microbiota in terms of species, richness, and abundance. (See table 1) Anaerobic microorganisms were found in 95% of the samples, black-pigmented bacilli in 37.5%,

aerobic microorganisms in 92.5%, streptococci in 95%, and *Streptococcus mutans* in 45%¹⁹ while in another experiment it has isolated 83% facultative species, 100% anaerobic species, 75% aerobic species and 96% Black-pigmented bacilli¹⁷. Endodontic bacteria fall into 8 of the 13 phyla that have oral representatives, namely Firmicutes, Bacteroidetes, Spirochetes, Fusobacteria, Actinobacteria, Proteobacteria, Synergistes, and TM7. Al-Samahi (2014) isolated only 4 out of seven common phyla: Firmicutes, Bacteroidetes, Actinobacteria, Proteobacteria²⁰ whereas Santos (2011) have found that Firmicutes, Bacteroidetes, Fusobacteria, Actinobacteria and Proteobacteria, collectively constituted more than 90% of the

microbiome²¹. The most frequent bacterial species found in one study were *Fusobacterium nucleatum* sp.nucleatum, *Fusobacterium periodonticum*, *Prevotella melaninogenica*, *Prevotella nigrescens*, *Prevotella intermedia*, *Enterococcus faecalis*, *Gemella morbillorum* and *Parvimonas micra*¹⁷ whereas *Campylobacter gracilis*, *Eubacterium tardum*, *Peptostreptococcus anaerobius*, *Peptostreptococcus micros* and members of the Lachnospiraceae were detected in another study.¹⁹ Fusobacteria were predominant in acute than in chronic cases whereas *Eubacterium* and *Mogibacterium* were the most prevalent in chronic cases. Bacteroidetes and Actinobacteria were present in acute and chronic cases^{21,22}.

Table 1: Bacteria isolated from primary endodontic infection

Strict anaerobic bacteria gram-negative rods	
Porphyromonas	<i>P. gingivalis</i> , <i>P. endodontalis</i> ,
Prevotella	<i>P.denticola</i> , <i>P.intermedia</i> , <i>P. nigrescens</i> , <i>P. tanneriae</i> , <i>melaninogenica</i> , <i>P. buccae</i> , <i>P. buccalis</i> , <i>P. oralis</i> , <i>P. loeschei</i>
Fusobacterium	<i>F. nucleatum</i> , <i>F. periodonticum</i>
Treponema	<i>T. denticola</i> , <i>T. vincentii</i> , <i>T. socranski</i> , <i>T. parvum</i> , <i>T. maltophi</i> <i>T.lecithinolyticum</i>
Tannerella	<i>T. forsythia</i>
Obligately anaerobic gram negative coccobacilli	
Dialister	<i>D. invisus</i> , <i>D. pneumosintes</i>
Strict anaerobic Gram-positive rods	
Propionibacterium	<i>P. acnes</i> , <i>P. propionicum</i> ,
Pseudoramibacter	<i>Pseudoramibacter alactolyticus</i>
Olsenella	<i>O. uli</i>
Filifactor	<i>Filifactor alocis</i>
Eubacterium	<i>E. alactolyticum</i> , <i>E.lentum</i> , <i>E. timidum</i> , <i>E. brachy</i> , <i>E. nodatum</i>
Strict anaerobic Gram-positive cocci	
Peptostreptococcus	<i>P. anaerobius</i> , <i>P. micros</i> (now named as <i>Parvimonas micra</i>)
Gram negative cocci	
Capnocytophaga	<i>C.gingivalis</i> , <i>C. ochracea</i> , <i>C. sputigena</i>
Campylobacter	<i>C. rectus</i> , <i>C. curvus</i> , <i>C.gracilis</i>
Veillonella	<i>V. parvula</i>
Facultative anaerobic bacteria Gram-positive cocci	
Enterococcus	<i>E faecalis</i> , <i>E. faecium</i> , <i>E. hirae</i>
Streptococcus	<i>S.anginosus</i> , <i>S. sanguis</i> , <i>S. mitis</i> , <i>S. oralis</i> , <i>S.gordonii</i>
Staphylococcus	<i>S. haemolyticus</i> ,
Facultative anaerobic gram positive rods	
Actinomyces	<i>A. israelii</i> , <i>A. odontolyticus</i> ,
Lactobacilli	<i>L. gasseri</i> ,

Uncultivated phylotypes to genera

Synergistes

Dialister

Prevotella

Solobacterium

Eubacterium

Megasphaera

Lachnospiraceae

Teeth with intact crowns but with necrotic pulps in root canal harbors strict anaerobes, usually belonging to genera *Fusobacterium*, *Porphyromonas*, *Prevotella*, *Eubacterium*, and *Peptostreptococcus*. When the direct communication is present with oral cavity, root canal harbors facultative anaerobic and aerobic bacteria. Root canals which remain open during the treatment harbors enteric bacteria more frequently and are more resistant to endodontic treatment²³. Most studies revealed the higher occurrence of gram-positive bacteria (e.g., *Streptococci*, *Lactobacilli*, *Enterococcus faecalis*, *O. uli*, *M. micros*, *P. alactolyticus*, and *Propionibacterium* species) in both post-instrumentation and post-medication samples. As the infection progresses from coronal to apical part of the root canal which remains for a longer period of time leads to the condition in which facultative gram-positive bacteria is changed to gram-negative bacteria, due to change in nutritional supply and oxygen tension²⁴. The coronal parts of the exposed root canal have exogenous nutrients (carbohydrates) and the body of the root canal has endogenous nutrients (proteins, glycoproteins). This variation influences the microbial ecology which leads to slow growing obligate anaerobes in apical site²⁵. Proteins and glycoproteins also help to rise in the pH of the root canal and alteration in redox potential²⁶. Metabolism of one species also provides the nutritional supply for the other synergistic bacteria. This shows the mutualistic relation among the bacteria present in the root canal^{25,27}. Numerous studies have found the positive and negative association between the bacterial species in the canal. A positive association was found between *Fusobacterium nucleatum* and *P. micros*, *P.*

endodontalis, *C.rectus* and *Selenomonas sputigena*, *P.intermedia* and *P. micros*, *P.anaerobius* and *Eubacterium* species. *Eubacteria* was associated with *Peptostreptococcus* while *P. endodontalis* was associated with *Fusobacterium nucleatum*, *Eubacterium Alactolyticum* and *C. rectus* and negative correlation between *P. endodontalis* and *P. intermedia*. *Propionibacterim propionicum*, *Capnocytophaga ochracea* and *veillonella parvula* and other species were found to be negatively associated with other bacteria²⁸.

Due to the nutritional demand and oxygen tension, bacteria present in coronal segment differ from that present in apical segment of the same infected tooth. Genus *Lactobacillus* in the apical samples and genus *Actinomyces* in the coronal samples are most abundantly present. *Anaerovorax* was significantly more abundant in the coronal samples than in the apical samples. Rocas et al. 2010 found *Streptococci* more often in the coronal part and *Prevotella baroniae*, *Tannerella forsythia*, and *Fusobacterium nucleatum* more often in the apical segment of the root²⁹. Endodontic microorganisms also differ according to the clinical presentation of the lesion. See table 2 In symptomatic teeth, most common phyla present are Actinobacteria and Proteobacteria and most common species were *Propionibacterium acidifaciens*, *Propionibacterium propionicum*, *Streptococcus sanguinis*, *Propionibacterium acnes*, *Neisseria macacae*. In asymptomatic teeth, dominant phyla are Bacteroides, Firmicutes, Fusobacteria, Spirochetes, and Synergistetes and common species were *Pyramidobacter piscoleus*, *Rothia dentocariosa*, *Tannerella forsythia*, *Phocaeicola abscessus*, *Leptotrichia trevisanii* Wee Tees³⁰.

Table 2: Bacterial species in endodontic infection presenting with different clinical symptoms.

Preoperative pain	<i>Fusobacterium nucleatum, gram-negative bacilli, Streptococcus sp.</i>
Postoperative pain	<i>gram positive cocci, Streptococcus sp., facultative anaerobes</i>
Periapical abscesses	<i>P.gingivalis, P. intermedia, P.nigrescens</i>
Presence of pain	<i>A. viscosus, S. sanguis</i>
Pain on palpation	<i>Staphylococcus haemolyticus, Veillonella spp.</i>
Pain to percussion	<i>Actinomyces spp., A. naeslundii, A. viscosus.</i>
Periapical swelling	<i>S. mitis, Bacteroides spp., Veillonella spp.</i>
Presence of sinus tract	<i>Neisseria spp., Staphylococcus haemolyticus.</i>
Wet canal	<i>P. acnes, Bacteroides spp.</i>
Periapical bone resorption	<i>T. denticola</i>
Symptomatic cases only	<i>P. intermedia</i>
Asymptomatic chronic apical periodontitis and secondary endodontic infection in failing cases	<i>E. faecalis</i>

Recurrent Infection

Most endodontic treatment failures occur due to incomplete eradication of infection from the root canal and unsatisfactory standard control of infection. Anatomical diversity and improper technique result in incomplete eradication of infection from root canal during treatment. Areas in the root canal like isthmus ramifications, deltas, canal irregularities, lateral canal and dentinal tubules which are clinically difficult for instrumentation and disinfection provides residual organic and inorganic matter in the canal.

These residual organic and inorganic matters provide a suitable substrate for residual bacteria in those areas (known as persistent intraradicular infection). When complete eradication of these residuals substrate is performed, still the failure of endodontic treatment is found. This is due to the incomplete coronal and apical seal from where fluid infiltrate in the canal providing the suitable substrate for bacterial growth (known as secondary intraradicular infection). Failure in chemomechanical preparation, failure to maintain proper sterilization, incomplete coronal and apical seal, limit and quality of root filling materials favor the survival of microorganisms after the treatment

or re-infection of the canal leading to endodontic treatment failure³¹.

Mechanical and chemical injuries are often associated with an iatrogenic factor for recurrent infection. The most common cause of inter-appointment flare-ups is due to the extrusion of microorganisms and their products to the periapical region during the instrumentation and irrigation of the root canal.

Changes in endodontic microbiota and/or in environmental conditions and an increase of the oxidation-reduction potential due to microorganisms also induce flare-ups³². The complete aseptic condition must be maintained during the procedure to prevent secondary infection. The study found the presence of *P. acnes* and coagulase-negative Staphylococci, including *S. epidermidis*, in endodontic failure cases which has been found in the gloves used during endodontic procedure³³.

The primary endodontic infection is polymicrobial. It consists mainly of gram-negative bacteria with a small proportion of gram-positive bacteria (see Table 3) that are resistant to root canal treatment and his the ability to adapt the harsh environmental

condition in endodontically treated canals³⁴. Poorly treated root canal contains the organic and inorganic residuals and the microflora which on suitable environment become more viable. These incompletely treated root canals harbor the similar microflora as in primary infection that may contain up to 30 species. But in the properly treated root canal, it shows monomicrobial infection usually contain restricted 1-5 species³⁵.

The strains isolated from recurrent infection consisted of facultative anaerobic and obligate anaerobic bacterial species. *Helicobacter pylori* were also detected in persistent endodontic infection as the most prevalent species³⁶. Gram-positive

Facultative anaerobes, especially *Enterococcus* spp, are the most frequently isolated species but in some research number of this species was very few or even not detected. Species belonging to genera *Actinomyces*, *Propionibacterium propionicum*, and *Enterococcus faecalis* are the most frequently isolated microbes in the reinfection of previously treated root canal³⁵.

A monoinfection of *E. faecalis* was found after intracanal dressing with calcium hydroxide, and a monoinfection of *A. viscosus* was found after intracanal dressing with Ledermix³⁷. One of the studies has detected *Actinomyces radidentis* associated with failure of root canal treatment³⁸.

Table 3: Bacteria present in recurrent endodontic infection

Gram positive bacteria
Enterococcus faecalis
Actinomyces spp
Propionibacterium propionicum
Streptococcus spp (<i>S. mitis</i> , <i>S. anginosus</i> , <i>S. oralis.</i> , <i>S. gordonii</i>)
Staphylococcus spp
Lactobacillus (<i>L. paracasei</i> , <i>L. acidophilus</i>)
Olsenella uli
Parvimonas micra
Pseudoramibacter alactolyticus
Bifidobacterium spp
Eubacterium spp
Gram-negative anaerobic bacteria
Fusobacterium nucleatum
Prevotella spp
Campylobacter rectus
Dialister spp (<i>D.pneumosintes</i> , <i>D. invisus</i>)
Tanerella forsythia

The phyla found in highest levels were Firmicutes, Proteobacteria, and Bacteroidetes. The bacteria found in these cases are predominantly Gram-positive coccus, rods, and filaments. The most commonly isolated gram-positive cocci include the *Streptococcus* spp, *E. faecalis*, and *Peptostreptococcus* spp. The most frequently detected facultative anaerobic cocci are *Enterococcus faecalis*, *Streptococcus* spp., *Staphylococcus* spp. Facultative anaerobic rods are *Lactobacillus* spp., *Actinomyces* spp., *Enterobacter* spp., *Pseudomonas* spp. , *Actinobacter baumannii* ^{35, 39, 40} In one of the study, from 32 dental samples only 4 *Enterococcus faecalis* were isolated along with viridans streptococci together with *E. faecalis*

strain and gram-negative rods and *Neisseria* sp. as well⁴¹. Twenty-eight phylotypes were detected in more than one sample, revealing a high inter-sample variability. *Parvimonas micra*, *Solobacterium moore*, *Dialister invisus*, *Enterococcus faecalis*, *Filifactor alocis*, and *Fusobacterium nucleatum* were the prevalent species⁴⁰.

Variation in clinical symptoms varies with the microorganism such as *Moraxella osloensis* in mild sensation of pain, *A. rimae*, *A. prevotii*, *P. alactolyticus*, *D. invisus*, and *F.nucleatum* in chronic apical abscess³⁷. Microorganisms present in secondary infection is different from that in primary infection with same clinical presentation (Table 4).

Table 4: Bacterial species significantly associated with signs and symptoms in primary infection and recurrent endodontic infection.

Signs and symptoms	Bacterial species (primary infection)	Bacterial species (recurrent infection)
Pain	<i>Actinomyces viscosus</i> <i>Streptococcus sanguis</i>	<i>Porphyromonas</i> spp <i>Prevotella</i> spp <i>Peptostreptococcus magna</i> <i>Peptostreptococcus micros</i>
Tender to percussion	<i>Actinomyces</i> spp <i>Actinomyces naeslundii</i> <i>Actinomyces viscosus</i>	<i>Peptostreptococcus</i> spp <i>Eubacterium</i> spp <i>Porphyromonas gingivalis</i> <i>Prevotella</i> spp
Abscess	<i>Actinomyces</i> spp <i>Actinomyces naeslundii</i> <i>Bacteroides</i> spp <i>Corynebacterium</i> spp <i>Propionibacterium acnes</i>	<i>Treponema denticola</i> <i>Tannerella forsythiasis</i> <i>Dialister peumosintes</i>

Interappointment flare-up is more in necrotic tissue than vital pulp. Treated canal, when left open will

have easy access to the microorganisms from the oral cavity. Presence of planctomycete and

nitrospira in Koreans³⁰ and *Moraxella osloensis* only in German population can be linked with open treated canal where these microbes get an entry from their food³³. *Enterococcus faecalis* is the most commonly isolated bacteria around 70% of the failed endodontically treated canal. *E. faecalis* may be present in the canal as a primary infection and/or on suitable condition may invade the canal during the treatment procedure iatrogenically or via food taken by the patient during the process of treatment⁴⁰. *E. faecalis* is exogenous in origin commonly found in the milk products or in certain fermented food products such as sausages and olives^{39,41}. However, the experiment has found a different strain of *E. faecalis* in the root canal and in milk products⁴².

Most commonly isolated yeast is of *Candida* species. *Candida albicans* is the most frequently detected yeasts in persistent endodontic infection. *C. albicans*, *C. glabrata*, *C. guilliermondii*, *C. inconspicua* and *Geotrichum candidum* are other *Candida* species detected from root canals⁴³. It is rare inhabitants which progress in the canal when the canal is exposed to the oral cavity. The candidal organisms may be lodged in the dentinal tubules and overgrow in the favorable condition or may have entered the canal during primary treatment or post-treatment due to inadequate coronal seal⁴⁴. *C. albicans* and *E. faecalis* survive as mono-infection, in the nutritionally deprived environment and also can withstand the antimicrobial action of calcium hydroxide⁴³.

Actinomyces species comprised 15% of the microflora and the dominant species were *A. israelii*, *A. meyerii* and *A. radientis*. *Propionibacterium propionicum*, its pathogenic potential may be similar to that exhibited by *Actinomyces*⁴⁵. It may be due to its virulence that progresses it for extraradicular infection. Periapical actinomycosis and presence of *Propionibacterium propionicum* cannot be treated by conventional root canal treatment and require periapical surgery. *T. denticola*, *T. socranskii* subspecies *socranskii*, *T.*

maltophilum, *T. lecithinolyticum* was detected spirochetes⁴⁶.

Conclusion

Dental diseases are mainly associated with the virulence of different microorganisms present in the oral cavity. After the initiation of disease, exogenous bacteria are attracted to the site. Thus maintenance of proper oral hygiene prevents the transformation of normal flora to a diseased state. If the disease is diagnosed early and treated, it prevents from the life-threatening condition. These variations of prevalent species may be due to sensitivity and specificity of identification method, sampling technique, geographic location, and personal habits.

Nosocomial infection has found to be associated with persistent endodontic infection. Thus, proper sterilization and change of instruments and gloves after each procedure for every root canal instrumentation are mandatory to provide clean sterile preparation of the canal. Persistent/secondary intraradicular infection associated with *Actinomyces* species and *P. propionicum*, is treated with surgical procedure only. Thus bacteriological analysis of the canal helps to determine the efficacy of the endodontic treatment in primary infection, chances of secondary or persistent endodontic infection, and requirement of surgical treatment. Thus the knowledge of the microbiology of the disease provides the proper treatment plan.

Conflicts of interest

None.

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