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**THE SPECIFICITY OF "CIRCUS GYMNASTICS ON THE CANVASES" IN
TEACHING AND THE CREATIVE PROCESS OF THE KYIV CITY
ACADEMY VARIETY AND CIRCUS ARTS**

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The article analyzes the peculiarities and specificity of the educational and scenic method in the genre of circus gymnastics on canvases. It specifies its characteristics, structural parts, techniques and principles for performing certain exercises, combinations, trick parts, scenic representation, as well as safety techniques.

Keywords: circus art, gymnastics, circus genres, educational process, teaching methods.

Formulation of the problem

Features and characteristics of the structure of teaching and creative process in circus gymnastics on canvases.

The purpose of the article

The purpose of the study is to analyze and determine the stages of the stage method in circus gymnastics on canvases.

The purpose of the study determines the following tasks:

- to give an analysis of scientific research on this topic;
- to determine the features of the scenic method of circus gymnastics on canvases;
- specify the specifics of performing the formal technical part of circus gymnastics on canvases.

Analysis of research

The analysis of scientific research on this problem is practically absent. There are some works on circus art and choreography, but unfortunately none of the Ukrainian and foreign art critics studied the problem of choreography in directing circus representation, in general, as well as neoclassical techniques in particular [2].

Scientific researches on the problems of circus art, its features, genres, history are represented by Capitoline Dementieva, Vladislav Kornienko, Marina Malykhina, Alexander Babinsky, Maxim Golovchenko [2], Eugenie Pakhalovich, Artem Galai, Alexandra Soboleva.

Statement of the main material

In the preparation of the program for the scenic method of circus gymnastics, the principle of comprehensive study by students of special subjects is taken into account on the canvases, which provides for mastering them alongside the discipline. Specialization in the genres of a number of other special disciplines: circus gymnastics, pantomime, movement plastic, dance, acrobatics, actor skill and the like.

Special requirements are imposed on creative youth and schools, educates the masters of the arts of tomorrow. The program equips students with modern knowledge and a complex of means of scenic expressiveness, leading to mastering the heights of the future profession.

The program is concluded taking into account the achievements of the modern circus, will help students to master their future profession in perfection, to understand the secrets of mastery.

The present work program also takes into account the changes that have occurred in the teaching of the subject of Specialization in the genres in the relevant higher education institutions, the specifics of professional training of students in the artistic direction.

The main work of the teacher with the students is conducted directly in the classroom.

The main form of conducting classes is practical (individual lessons) classes with the teacher, but for creative reflection on ideas and positions, practical skills and skills of the course. Specialization in genres students must prepare themselves for classes on their own.

Air gymnastics on canvases is a genre that requires such qualities as strength and flexibility. Very beautiful looks gymnast or gymnast, who has high growth, long legs, high lift.

air gymnastics on canvases) are:

- by means of special physical exercises to be achieved in the training of future specialists in the genre Air gymnastics on the canvases of the appropriate level of physical development (appropriate strength, speed, agility, flexibility), as well as the development of the vestibular apparatus;

- learning the appropriate air-gymnastic exercises, fixing and improving certain moving skills to achieve high technical training in the genre Air gymnastics on canvases;

- Simultaneously with the study of technique in tricks and the development of mobile skills, to train the air gymnast high moral and volitional qualities: the ability to suppress a sense of fear, high psychological preparation, focus on competitions in the circus arena, the stage;

- to form and develop by means of acting skills the actor's temperament, expressiveness, efficiency and creative imagination of an air gymnast in the genre Air gymnastics on canvases on the circus arena and on stage;

- to form and develop by means of plastic mobile training of an air gymnast the skills of free possession of his body, instill in him a sense of rhythm, musical memory and musical ear;

- develop skills of orientation in space in aerial gymnastics;
- To move away from the narrowly directed training of aerial gymnastics (pure performer) and to form high research and forecasting skills in order to master and solve creative problems (preparation of spectacular circus numbers, programs);
- prepare the actress for active public life in the Ukrainian state [2].

The basic concepts of the course of circus gymnastics on the canvas, which you need to know:

- jointed cloth and rope (in the hinges, there must necessarily be a thimble);
- Arabian, check, machine, loop, which is attached to the canvas (working);
- without a loop on a stretched canvas – "twine", "swallow", deflection in the back- hand in the loop – bookmarks, blanche, "twine", deflections;
- a leg in a loop – "flag", deflections, a double fold;
- on a stretched canvas – hang, wrapped in a cloth, hang (the cloth passes through the back), holding the hand, "eight", "mill";
- twist – in the hand, leg, hugging the canvas with his hands [3].

Basic skills.

1. It is easy to climb the canvas.
2. Control the performance of exercises and movements with a rational expenditure of muscle energy.
3. To master the technique of developing the physical qualities of a gymnast in the genre "Aerial gymnastics on canvas". Properly conduct a warm-up with the inclusion of simple exercises.
4. Correctly apply safety devices (work in a loop or a lodge).
5. Correctly perform exercises in a loop, on a stretched or loose canvas of steepness.

6. Properly analyze your own technique of performing exercises, find and correct mistakes of a technical nature.

7. Manage your emotions and show high moral and volitional qualities. [4].

Theme 1. Testing the ability to climb on the canvas.

To make a winding by a foot and, being pulled up, to climb on a cloth.

Theme 2. Bending in the back.

The right leg should be covered with a cloth, the left should be raised and bent, bent in the back.

Theme 3. "Twine".

The right foot can be covered with a canvas, the left one can be put on canvas.

Theme 4. "Swallow".

With your left foot, curl the fabric and dodge so that the fabric passes through your back. Right leg raise up, crouching to make a "swallow".

Theme 5. Vis on the canvas, wrapped around the back.

It is convenient to do this trick after the "swallow", the canvas passes through the back, on the right side of the canvas is clamped with the mouse of the right hand, and with the left hand brush clamp the canvas. Hanging on the back.

Theme 6. Wis head down, wrapped in linen.

Raise both legs up, holding hands. With your right foot you can cover the canvas, take the left back, throw the canvas across your back, bend over.

Theme 7. Hand in a loop.

Put in the loop the right hand, left to hold on to the canvas, to hang, press the legs to press up, fix it.

Theme 8. Hand in the loop "twine".

Raise both legs up, passing the right leg between the arms, open the "twine".

Theme 9. Hand in a loop, a bend in the back.

Bend over, touch with the feet of the head.

Theme 10. Twist, one hand in the loop, the second hold on to the canvas.

Right hand in the loop, left to hold on to the canvas, sag, fixing, spinning

Theme 11. Twist in one hand (in a loop).

Holding on with both hands (right in the loop, left behind the canvas), lower the left and press it against the body. Strong twist, in which the trunk must be parallel to the floor.

Theme 12. Hand in a loop, front blanche.

The right hand in the loop, left to grasp the canvas, rise on equal hands, the body should be parallel to the floor, make a front blanche.

Theme 13. Hand in a loop, back-blanche.

Right hand in the loop, left to grasp the canvas, to descend on equal hands, torso parallel to the floor (back to the top), make a back blanche.

Theme 14. Hand in the loop, front bookmark.

The right hand in the loop, pulling to lie on the bent arm, pressing it to the stomach, the body curved, make a bookmark.

Theme 15. Hand in the loop, back tab.

The right hand in the loop, left to grasp the canvas. Raise your legs up, lie on your right hand, pressing it to your back, make a bookmark.

Theme 16. The foot in the loop, high.

Hanging, the leg in a loop, take the canvas aside.

Theme 17. The leg in the loop, the deflection in the back.

Hanging, a leg in a loop, a cloth clasp your arms, bend over in the back. You can make a twist, weak.

Theme 18. The foot in the loop, the "flag".

Hang, put your left foot on the canvas, lift the trunk.

Theme 19. Double fold, leg in a loop.

The right leg in the loop, bent in the back, grasping the left leg, making a double crease, straightening the leg, so that there was a "twine".

Theme 20. The leg in the loop, weak twist.

Right foot in the loop, left to the side, to hang, holding the cloth with your hands, spin.

Theme 21. The leg in a loop, twist in a double fold.

Make a double crease, the leg in a loop, spin so that it rotates parallel to the floor.

Theme 22. The leg in a loop, twist around its axis.

Hang, the right foot in the loop, foothold, legs together. The left leg and left arm should be taken to the side, with the right hand to push off from the canvas. Left foot and left hand swirling.

Theme 23. The leg in a loop, twisting curl.

The right leg in the loop, the left one to put through the back on the canvas, wrap your arms around the canvas. Strong twist. It is possible in a trick with this trick to move to another – to make a double crease and, straightened, spin around its axis.

Theme 24. "Eight".

To wind the left and right legs "eight", to fall. Having bent, to take hands for a cloth, to make twist.

Theme 25. The hand in the loop, twist in the tab.

Hand in the loop, make the back bookmarks with one hand holding on to the canvas. Turning away, being in an equal position, the twist continues, then release one hand. Strong twist in one hand.

Theme 26. Twist, holding hands without a loop.

Clasp the canvas with both hands, to wrap oneself with your foot. Hang your hands. Let go of your leg. Strong twist parallel to the floor.

Theme 27. "Mill".

Wrap the cloth around the torso. Keep the trunk parallel to the floor. Rotate roundly to the floor.

Theme 28. The technique of mastering the exercises on the canvas.

Wrap the cloth around the torso. Circular turn down to the floor.

Theme 29. Twist around its axis.

Technique of complex exercises on canvas. To hang, to gain a foothold. Hands pounce, spin around its axis.

Theme 30. Composition of exercises on canvas.

"Eight" – to roll up the left and right feet, to descend, to take hands by the cloth, to make a twist. With a strong twist, take your hands to the sides or press against the body.

Theme 31. Double twist.

Hang on, holding hands. Spin around. With a strong steepness spinning around its axis.

Theme 32. Working out the number with all the exercises studied and elements. Work on tricks, composition, skill, technique of execution. Work on setting the number.

Conclusions.

Thus, modern techniques and scenic developments of formal technical techniques in the genre of circus gymnastics on canvases are intertwined in the Kiev Academy of Variety and Circus Arts, are the latest technologies and are of high quality in the teaching of special disciplines of Russian education and art in the field of circus art.

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