

LIFE ADAPTIVE SKILLS OF KGBV GIRLS IN ANDHRA PRADESH AND TELANGANA

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ABSTRACT

Across India, particularly in rural societies, girls are not always educated and many have minimal understanding of their own rights. The national average shows that there are twice as many uneducated women as there are men across India. India has some of the worst gender disparity issues in the world. To decrease this disparity government of India started scheme called Kasturba Gandhi BalikaVidyalaya (KGBV). The present study was taken up to study the life adaptive skills of KGBV girls.

KEYWORDS: Self-Awareness, Social and Emotional Adjustment

INTRODUCTION

Developing life skill helps the adolescents to translate knowledge, attitude and their health behavior such as acquiring the ability to reduce specific risk behavior and adopt healthy behavior that improve their lives in general. Life skills have produced the following effects: lessened violent behavior; increased pro-social behavior and decreased negative, self-destructive behavior; increased the ability to plan ahead and choose effective solutions to problems; improved self-image, self-awareness, social and emotional adjustment; increased acquisition of knowledge; improved classroom behavior; gains in self-control and sociability; better handling of interpersonal problems and coping with anxiety; and improved constructive conflict resolution with peers, impulse control and popularity. Life Skills are abilities for adaptive and positive behaviour that enables individuals to deal effectively with the demands and challenges of everyday life - (WHO).

Across India, particularly in rural societies, girls are not always educated and many have minimal understanding of their own rights. The national average shows that there are twice as many uneducated women as there are men across India. India has some of the worst gender disparity issues in the world. To decrease this disparity government of India started scheme called Kasturba Gandhi BalikaVidyalaya (KGBV). The present study was taken up to study the life adaptive skills of KGBV girls

OBJECTIVE

To study the life adaptive skills of selected of girls covered under KGBV residential schools

METHODOLOGY

Sample: 2700 KGBV girls from three regions (900 KGBV girls from each) of Andhra, Rayalaseema, Telangana were selected.

Tools: The life skill checklist which was used in this study was taken from the Educate Girls 500 schools project in the Pali district January 2010. The checklist consists of 17 questions with three choices; the scores indicate whether the child is less adaptive, adaptive and more adaptive.

RESULTS AND DISCUSSIONS

Table 1: Frequency Distribution of KGBV Students in Life Adaptive Skills in Andhra Region

S.No	DIMENSION	MANAGEMENT											
		RVM n=180			SOCIAL WELFARE n=150			TRIBAL WELFARE n=180			RESIDENTIAL SOCIETY n=120		
		Low	Avg	High	Low	Avg	High	Low	Avg	High	Low	Avg	High
1.	Critical thinking	10(5%)	24(13%)	146(81%)	21(14%)	30(20%)	99(66%)	6(3%)	34(18%)	140(77%)	7(5%)	23(19%)	90(75%)
2.	Decision making	9(5%)	33(18%)	138(76%)	13(8%)	26(17%)	111(74%)	8(4%)	45(25%)	127(70%)	6(5%)	13(7%)	101(84%)
3.	Self awareness	-	42(23%)	138(76%)	8(5%)	42(23%)	100(66%)	9(5%)	32(17%)	139(77%)	11(6%)	23(19%)	86(71%)
4.	Interpersonal relation	7(3%)	26(14%)	147(81%)	7(4%)	41(22%)	132(88%)	11(6%)	35(19%)	145(80%)	6(3%)	21(11%)	93(77%)
5.	Coping with emotions	8(4%)	45(25%)	127(70%)	15(8%)	25(13%)	140(77%)	9(5%)	45(25%)	144(80%)	12(6%)	19(10%)	89(74%)
6.	Empathy	2(1%)	54(30%)	124(68%)	9(5%)	33(18%)	138(92%)	7(3%)	36(20%)	137(76%)	9(5%)	14(7%)	97(80%)
7.	Problem solving	11(6%)	61(33%)	108(60%)	10(5%)	20(11%)	150(83%)	8(4%)	28(15%)	144(80%)	9(5%)	16(8%)	95(79%)
8.	Total adaptivity	6(3%)	53(30%)	121(67%)	7(3%)	35(20%)	110(74%)	10(5%)	31(17%)	139(77%)	10(5%)	17(9%)	93(77%)

The above table gives information on adaptive skills of KGBV girls. On average more than half (75%) of girls scored high on critical thinking, thirteen percent of them scored average and only 5 percent were low scorers. It was interesting to note that again 75 percent of girls scored high in decision making skills, 20 percent scored low. It can said from the above table that on an average eighty percent of girls scored high on problem solving skills. It is evident from the above table that 75 percent of KGBV girls scored high on thinking skills. In social skills like self-awareness, inter personal relation, empathy 80 percent of KGBV girls secured high scores. It is interesting to note that 77 percent of KGBV girls showed high adaptively and 17% scored average adaptability, five percent showed low adaptability.

Table 2: Life Adaptive Skills of KGBV Students in Rayalaseema Region

S.No	DIMENSION	MANAGEMENT											
		RVM n=240			SOCIAL WELFARE n=180			TRIBAL WELFARE n=150			RESIDENTIAL SOCIETY n=150		
		Low	Avg	High	Low	Avg	High	Low	Avg	High	Low	Avg	High
1.	Critical thinking	12(3%)	30(13%)	198(84%)	8(4%)	32(17%)	140(77%)	15(8%)	41(30%)	94(61%)	10(4%)	39(28%)	101(67%)
2.	Decision making	12(3%)	52(23%)	176(73%)	9(5%)	41(22%)	130(72%)	13(6%)	44(32%)	93(60%)	13(6%)	34(24%)	103(69%)
3.	Self awareness	8(2%)	56(24%)	176(73%)	11(6%)	33(18%)	136(75%)	14(7%)	32(23%)	103(69%)	14(7%)	33(23%)	103(69%)
4.	Interpersonal relation	9(2%)	37(17%)	194(82%)	10(5%)	25(13%)	145(80%)	16(9%)	33(24%)	109(74%)	16(9%)	40(29%)	94(61%)
5.	Coping with emotions	9(3%)	30(13%)	201(85%)	9(5%)	16(8%)	155(86%)	17(10%)	37(26%)	96(63%)	10(4%)	34(24%)	106(71%)
6.	Empathy	13(4%)	37(17%)	190(80%)	9(5%)	20(11%)	151(83%)	15(8%)	30(20%)	105(70%)	13(6%)	25(16%)	112(76%)
7.	Problem solving	12(3%)	32(15%)	196(83%)	6(3%)	27(15%)	147(81%)	12(6%)	31(21%)	107(72%)	14(7%)	41(30%)	95(63%)
8.	Total adaptivity	13(4%)	40(19%)	187(79%)	8(4%)	30(16%)	150(83%)	11(5%)	35(25%)	104(70%)	15(8%)	33(23%)	102(68%)

From the above table it is evident that in Rayalaseemaregion seventy per cent of KGBV girls showed high thinking skills like critical thinking, decision making and problem solving skills. Twenty per cent of girls showed average thinking skills and only 10% showed low thinking skill, scoring very less on critical thinking, problem solving and decision making skills. It can be said from the results that majority (75%) KGBV girls showed high social skills like interpersonal relation and coping with emotions, 16% scored average and nine per cent were low scorers. In emotional skill, also 75 percent of them showed high emotional skills of self awareness and empathy. In total adaptability on average 75 percent of KGBV girls showed high adaptability, 20% had average adaptability and five per cent scored low on adaptability .

Table 3: Life Adaptive Skills of KGBV Students in Telangana Region

S.No	DIMENSION	MANAGEMENT											
		RVM n=450			SOCIAL WELFARE n=300			TRIBAL WELFARE n=300			RESIDENTIAL SOCIETY n=300		
		Low	Avg	High	Low	Avg	High	Low	Avg	High	Low	Avg	High
1.	Critical thinking	43(9%)	72(16%)	335(78%)	41(13%)	72(24%)	187(62%)	23(7%)	78(26%)	199(66%)	38(12%)	83(27%)	179(59%)
2.	Decision making	22(5%)	67(14%)	361(80%)	39(13%)	61(20%)	200(66%)	45(15%)	85(28%)	170(56%)	42(14%)	79(26%)	179(59%)
3.	Self awareness	19(4%)	71(15%)	360(80%)	29(9%)	59(19%)	212(70%)	34(11%)	65(21%)	201(67%)	29(9%)	54(18%)	217(72%)
4.	Interpersonal relation	26(6%)	52(11%)	372(82%)	46(15%)	74(24%)	180(60%)	56(18%)	59(19%)	185(61%)	17(5%)	60(20%)	223(74%)
5.	Coping with emotions	17(3%)	61(13%)	372(82%)	52(17%)	60(20%)	188(62%)	43(14%)	72(24%)	185(61%)	25(8%)	75(25%)	200(66%)
6.	Empathy	20(4%)	56(12%)	374(83%)	29(9%)	65(21%)	206(68%)	36(12%)	49(16%)	215(71%)	30(10%)	63(21%)	207(69%)
7.	Problem solving	18(4%)	49(10%)	383(85%)	34(11%)	52(17%)	214(71%)	39(13%)	65(21%)	196(65%)	42(14%)	51(17%)	207(69%)
8.	Total adaptivity	21(5%)	55(12%)	374(83%)	38(12%)	63(21%)	201(67%)	39(13%)	67(22%)	194(64%)	32(10%)	66(22%)	202(67%)

The above table gives information about life adaptive skills of KGBV girls in Telangana. It can be clearly stated from the above table that , on an average 68% of girls scored high in critical thinking, 22% scored average, 10% of them showed low levels of critical thin king, In decision making skills, majority (75%) KGBV girls scored high and 20% girls were average. In problem solving skills 72% of KGBV girls scored high, indicating that many KGBV girls have high thinking skills. Majority of KGBV girls exhibited high social skills like interpersonal relationship, self awareness and empathy. On emotional skills like coping with emotions they scored high. It is also evident from the above table that in total adaptive skills majority (68%) of Telangana KGBV girls showed high adaptability, 20% scored average adaptability and 10% low adaptively

CONCLUSIONS

It was very encouraging to note from the study that most of girls (70%) scored high on life skill evaluation checklist on dimensions like critical thinking, decision making, self awareness, interpersonal relations, social skills like empathy, coping with emotions etc. They also scored high on problem solving skills and 20 percent of them had average scores and very less percentage (10%) was low scorers. The results of the study reveal that most of KGBV girls were having high adaptively.

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