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# THE PSYCHOLOGY OF THE RUSSIAN GENOCIDE: TOTAL DESTRUCTION OF THE DEFENSELESS

**Sergii Boltivets**

State Institute of Family and Youth Policy of Ukraine, Ukraine  
E-mail: [boltivetssergij@i.ua](mailto:boltivetssergij@i.ua)

## **Military Extermination of Children**

The military destruction of children and youth in Ukraine is foreseen both by the declared goals of Russia's war against the Ukrainian state and the Ukrainian people, in which the entire collective "West" is personified, and by the practice of its conduct. The named goals of denazification and demilitarization denote the Russian understanding of the destruction of any non-Russian people whose marker is the Russian language (denazification) by military suppression of its resistance (demilitarization). The Russian idea that Russia ends where the Russian language ends means, in practice, that the borders of Russia do not end anywhere, since the Russian invaders are nomads in all the spaces of Eurasia available to them, where they are occasionally lucky not to receive decisive military resistance.

The attitude towards the people of any other, except Russian, nations that the Russians have set themselves the goal of destroying, necessarily and primarily includes the most vulnerable strata, which are considered simultaneously as a burden in the course of the war, and as unwanted witnesses of war crimes, and as unnecessary, which cannot be used in any other way, except for the satisfaction of sexual urges, sadistic compensation of one's own personal inferiority and the possibility of robbery. These strata primarily include children, women, and people with disabilities. The instruction that in order to win over Ukraine, the Russians are obliged to destroy Ukrainian children, does not have a single author, since it is practically embodied by the Russian invaders without exceptions, which, if such can happen, require their own separate study as an action contrary to the general rule. In this way, the Russians implement the practical idea that is close and understandable to everyone of "complete cleansing of the Ukrainian population" as the only chance for the continued existence of Russians and Russia.

## **Nomadic Psychology of the Russian Invaders**

Russians, as the heirs of nomads, whose purpose is systematic nomadic robberies, murders and robberies, during the last millennium of known history, have quite clearly revealed their bloody nature, which surpasses all wars and military conflicts of other nations of the planet known for their cruelty. This purpose of the Russians in the 19th and 20th centuries was embodied in the idea of Pan-Mongolism: Europe will be destroyed by a new, Orthodox horde, which is the scourge of God for the sins of the West, which consists of two values imposed by it - Christianity and human rights. Russia's special path is Eurasian, designed to destroy the West and create its own empire from Vladivostok to Lisbon.

Nomadic psychology as a basic psychological concept entered scientific circulation thanks to the works of Salzman (1983), Brinkmann Svend (2020), and Scholz and Schlee (2015) covered nomadic behavior and stories in general. Russia's chronic urge to military nomadism is reflected by persistent attention to nomadology (Widder, 2018).

The data of many polls of Russian citizens show that they approve of the war for the destruction of all Ukrainians and the conquest of all their territory. Based on this, people with disabilities are included in this general intention of the Russians to destroy all people, but as the consequences of Russian crimes in the cities of Gostomel, Bucha, Irpin, Borodyanka, Mariupol, Bakhmut, Maryinka, Rubizhne, Popasna, Volnovakha, Liman, In Izyum, Vugledar, Soledar, Kupyansk and the villages close to them, the Russians, with no less systematicity and brutality, also shot all the animals they saw - dogs, cats, cows, goats, horses. Moreover, the dogs were nailed by their paws to a wooden ladder and the intestines were taken out of this still-living animal and pieces of live meat were cut out and eaten.

The head of the Luhansk regional military administration, Sergii Gaidai, told the story of one man out of 80 people shot, who managed to escape from the Russian invaders<sup>1</sup>. Thus, people were evacuated by a convoy of civilian vehicles from the city of Kreminna, Luhansk region, where Russian troops had already entered. The Russian military began to shoot them. People got out of the cars with raised hands, waving white towels, rags, T-shirts, showing that they were civilians, but the Russians shot everyone. Only one man was wounded in the leg and fell into a ditch. After waiting for the execution to end, he crawled out of this place, hid from everyone in the woods and escaped. He left for Poland and is currently in the hospital undergoing surgery. A crippled man told about this shooting, which did not make any distinction between adults and children, healthy and disabled - the Russians shot everyone.

Consequently, generations change, and people grow up, who are unable to imagine the limits of the cruelty of the Russians, who are in a state of constant mimicry and thus traditionally hide from any responsibility for the crimes committed. Avoidance of historical responsibility is carried out by constantly replacing one's self-name – neosignification: Russians, Russians, Soviet, Great Russians, Muscovites, etc. In general, in our opinion, for the sake of scientific accuracy, it is worth taking into account all previous self-names of modern Russians in the implementation of their historical missions to destroy any other nations that did not merge into an aggressive grouping in the form of a horde, ulus, kingdom, empire, union or modern federation.

The mission of destroying all others as a vital credo of Russians during the previous and current centuries cannot diminish the role of the genetic factor, the purpose of which is to obtain sustenance by the most archaic way of hunting other peoples with the aim of killing them to satisfy their own material needs, which is embodied in the official purpose of Russians and Russia in “collecting” and “increasing land”, and with it the property and other values of the annexed countries or their parts.

The actual border between the places of residence of Muscovites is the northeastern borders of the ethnic settlement of Ukrainians, not the Ural Mountains, artificially brought into geographical use on the verge of transforming the Moscow Ulus into an independent state entity - a kingdom following the example of European countries with a voracious desire for imperial greatness.

Acts of the Muscovite state testify to the genetic tendency of Muscovites of that time, inherited by current Russians, to murder, theft and bragging about their meanness. This is the fulfillment of the decree of the Moscow tsar regarding the total murders of “Lithuanian people”, the burning to the ground the cities of Slutsk, Kletsk, Slonim, Misha, Novymysha, Stolovychi, Myra, many villages and other settlements of the State of Lithuania: Muscovites: “...According to your state decree...they fought and burned, and people were killed...”<sup>2</sup>

1 Sergii Gaidai, head of the Luhansk Regional Military Administration (interview):  
<https://www.youtube.com/watch?v=367UKZruKaI>

2 Acts of the Moscow state. T. 2. St. Petersburg, 1894. Unsubscribe from the boyar and the governor of the prince. Alexei Trubetskoy about several victories over the Lithuanian people, and about the capture and burning of several Lithuanian cities, and the sovereign's letter of praise to the boyars of 1655 No. 717. pp. 437 – 439. (Акты московского государства. Т. 2. СПб., 1894. Отписка боярина и воеводы кн. Алексея Трубецкого о нескольких победах над литовскими людьми, и о взятии и сожжении нескольких литовских городов, и государева грамота с похвалою боярам 1655 г. № 717-й. С. 437 – 439).

Today, few people in Europe remember the more than three-hundred-year-old Baturyn tragedy of Ukraine, when on November 2, 1708, Moscow troops captured and destroyed the Ukrainian capital of Hetman Mazepa - the city of Baturyn. All residents of the city, regardless of age and gender, were slaughtered - children's burnt bones were sticking out of the remains of the destroyed buildings of Baturin, which we observed during the reconstruction of the burned city in 2006 - 2010. 15 thousand Baturin residents - adults and children - died. The city itself was looted, including the Orthodox churches, and then burned, and the churches were destroyed.

The European newspapers of the time called the Moscow crimes in Baturin: "Terrible massacre", "All Ukraine is covered in blood", "Women and children on the points of sabers". The leading French newspapers "Gazette de France", "Paris Gazette", "Lettres Historique", "Mercure Historique", "Clef du Cabinet" were published with these names. Newspapers testified that the Muscovite tsar was terrible and bloodthirsty in Ukraine, and all the inhabitants of Baturin, regardless of age and gender, were slaughtered, as dictated by the inhuman customs of the Muscovites.

### **Defenseless Are Those Who Do Not Fully Understand the War Situation**

Juveniles are people with a limited understanding of the war situation, although an incomplete understanding of it is characteristic of any adult, since each of them is unique, and typical, habitual settings may turn out to be inconsistent with previous life experience.

Psyche is a sensitive guardian of the physical existence of every living being both on our planet and, we believe, in all places in the cosmos where sufficient conditions for the development of life arise. War, as a process of causing death to all living beings, causes the emergence of specific reactions in people, animals, birds, insects, and other carriers of life for a threat to their own existence. This applies primarily to healthy states of the human psyche and has its own characteristics in childhood.

In adults and children without an established disability due to a chronic mental illness, as well as for persons with the specified disability, clinical examinations testify to an increase in the number of cases of mental trauma and their consequences, which include the appearance of stress disorders, anxiety and especially panic states and phobias, addictions, depression, as well as psychotic and paranoid symptoms. Cardiovascular pathology, manifested in arterial hypertension, delusions or obsessions, the occurrence of which is caused by traumatic experiences of life-threatening events, sleep disorders, occupies the main place among the concomitant psychiatric and psychosomatic disorders.

The war situation affects the strengthening, expansion and deepening of relationships between stress and personality disorders, and the increase in the number of patients with complex post-traumatic stress disorder (PTSD) and post-traumatic stress disorders. Among the civilian population, military and medical workers, the number of typical war injuries is increasing - craniocerebral injuries, injuries to various parts of the body and the occurrence of associated phantom pains, states of emotional instability and exhaustion. Mental traumatization covers a wide range of people, among whom children and adolescents are most prone to the manifestation of adverse consequences for mental health in the future.

Limitations of understanding and physical capabilities are inherent in the most vulnerable categories of the population, which include both minors and persons with limited capabilities due to disability. Military actions lead to the transition from one category to another, that is, the invalidation of both adults and children without distinction of age.

### **Psychological Problems that Need To Be Solved in the 21st Century**

An urgent need to counter the Russian genocide is scientific research and expert work to determine the amount of moral (psychological) damage caused to citizens of Ukraine and other states, stateless persons who suffered as a result of or in connection with the military aggression of the Russian Federation against Ukraine. This is necessary regardless of the period of men-

tal suffering that the individual suffered in connection with the destruction or damage to his property; degrading the honor and dignity of an individual, as well as the business reputation of an individual or legal entity; other consequences related to harm to health, life of a person, loss of relatives and friends, their deportation, torture, mutilation, and other harm caused. It is worth agreeing with the opinion of Lamanauskas (2023): “When applying a systemic approach, new problems that have not been understood until now come to the fore, and new directions of scientific research are initiated. In the process of education, there is a huge variety of factors that determine education”. Global education is now impossible without a system of familiarization and understanding of the Russian genocide of the peoples of the world during the current and previous centuries. However, in this context, it remains important that “education for peace, as a continual process, leading to peace culture growth and support, should occupy a suitable position in children and youth education in the nearest decades” (Lamanauskas, 2015, p. 5).

Full determination of actual and delayed consequences of moral (psychological) damage caused to individuals and legal entities in Ukraine and abroad will allow creating an international register of moral (mental) damage caused to individuals and legal entities regardless of their location.

Important are:

- implementation of fundamental and applied scientific research aimed at developing methods of psychological examination of moral (psychic) damage caused to a person, regardless of the statute of limitations, age of the person, country of residence and other circumstances;
- creation of an equipment base for psychological and psychophysiological measurements of the condition of the affected persons, providing them with the necessary specialized psychological assistance;
- development and substantiation of proposals for improving the international legal framework in the field of determining and compensating damages caused as a result of the Russian Federation’s military aggression against Ukraine;
- organization and provision of the necessary types of pre-trial, court and post-trial support of the injured persons, which includes the provision of legal and psychological assistance to the injured persons, which includes the advocacy of relevant lawsuits, their presentation in court, nationwide monitoring of the execution of court decisions;
- involvement of the best specialists from all countries of the world in carrying out research and expert work, their encouragement and professional improvement;
- international educational activity aimed at identifying and fully determining the extent of moral (psychological) damage caused to persons who suffered as a result of the military aggression of the Russian Federation against Ukraine, in any country of the world, including newborn generations.

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**Sergii Boltivets**

Doctor of Psychological Sciences, Professor, Head of the Department of Youth Policy Development, State Institute of Family and Youth Policy of Ukraine, Ukraine.  
E-mail: [boltivetssergij@i.ua](mailto:boltivetssergij@i.ua)  
ORCID: <https://orcid.org/0000-0003-4432-5272>

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