



Research Article

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Solubility Enhancement of Aripiprazole by Solid-Self Emulsifying Drug Delivery Systems

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ABSTRACT

Self-emulsifying drug delivery systems are a promising approach for the formulation of drug compounds with poor aqueous solubility. The main objective of this work was to formulate liquid and solid-self emulsifying drug delivery systems for poorly soluble aripiprazole. Aripiprazole is an atypical anti-psychotic drug used in the management of schizophrenia. The maximum solubility of aripiprazole was found in oleic acid (oil), Tween 80 (surfactant) and Transcutol P (co-surfactant). The L-SMEDDS were formulated in different ratios of oil: s-mix (surfactant: co-surfactant) from 1:9 to 9:1. For the formulation of stable SMEDDS, micro-emulsion region was identified by constructing pseudo-ternary phase diagram by phase titration method. The optimized F4 formulation was at the ratio of 4 (oil): 6 (s-mix). *In-vitro* drug release of F4 was significantly higher (99.89%) when compared to the pure drug (43.63%) in 1 hour. The F4 formulation had a droplet size of 115.9 nm and zeta potential of -24.9 mV. The pre-compression and post-compression parameters of the optimized S-SMEDDS formulation (SS1) containing Neusilin US2 as solid adsorbent were within the limits as per the official requirements of the Pharmacopoeia. SS1 formulation showed a better drug release (97% in 20 minutes) when compared to the marketed drug (59.75%) and pure drug (19.77%). In conclusion, this study illustrated that adsorption to solid carrier technique could be a useful method to prepare the solid SMEDDS tablets from liquid SMEDDS, which can enhance the solubility and improve the *in-vitro* drug release of aripiprazole.

Keywords: Self-emulsifying drug delivery systems, aripiprazole, poorly soluble, pseudo-ternary phase diagram.

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INTRODUCTION

Oral route is considered as the most effective route of drug delivery not only by the patients but also by the manufacturers for the treatment of most of the

pathological conditions. In spite of colossal steps made in novel non-oral drug delivery system till date, larger part of the drug formulations available are the oral ones. [1] Self-micro emulsifying drug delivery systems

(SMEDDS) are characterized as isotropic blends of regular or manufactured oils, solid or liquid surfactants and on the other hand, one or more hydrophilic solvents and co-solvents/surfactants that have the ability of forming fine oil-in-water (o/w) micro emulsions upon gentle agitation followed by agitation in an aqueous medium, such as GI fluid. SMEDDS spread promptly in the GI tract and the digestive motility of stomach and intestines provides the agitation required for the formation of self-emulsion. [2] Generally, SMEDDS are prepared as solid dosage forms and are administered in soft gelatine capsules. But, these capsules incur high production costs and have lower stability, portability and drug loading capacity. [3-4] Hence, development of solid SMEDDS reduces the productions costs and provides high stability, reproducibility and better patient compliance. [4]

Most of the drugs are poorly water-soluble and the formulators face several technical challenges during the formulation of these compounds. The poorly soluble drugs are typically Biopharmaceutical Classification System (BCS) class II or class IV compounds.

Over the past few decades, self-emulsifying drug delivery systems (SMEDDS) have emerged and the demand has increased further after the invention of lipid-based oral pharmaceutical products. [5] With this background in mind the present research work focuses on the development of solid self-emulsifying drug delivery systems of a poorly water-soluble drug, aripiprazole, an oral atypical anti-psychotic agent used in the management of schizophrenia. It is a BCS class IV drug i.e. poorly soluble and poorly permeable.

The L-SMEDDS are converted to S-SMEDDS using different solidification techniques. One of the common and simplest techniques is capsule filling. The liquid or semisolid formulations can be encapsulated for oral route. Capsule filling is advantageous due to its simplicity of manufacturing, high drug loading potential and suitability for low-dose highly potent drugs. [6-7] In spray drying technique, dry particles are formed in a volatile phase under controlled temperature and airflow conditions. [8] In melt granulation technique, a binder is added to form powder agglomeration that melts or softens at low temperatures. Melt granulation is advantageous over conventional wet granulation as the addition of liquid and subsequent drying phase are omitted. [8-9] L-SMEDDS can also be converted into free-flowing powders by adsorption to solid carriers. It is a simple process and involves the addition of L-SMEDDS onto the solid carriers by mixing in a blender. This free-flowing powder can either be filled into capsules or can be mixed with suitable excipients and compressed into tablets. A significant advantage of adsorption technique is content uniformity. High levels of L-SMEDDS (up to 70% w/w) can be adsorbed onto suitable carriers. [7] Melt extrusion technique involves the conversion of a raw material into a proper shape and density under

controlled temperature, product flow and pressure conditions. This technique provides high drug loading capacity and content uniformity. [10]

A phase diagram is constructed to capture the relationship between the phase behaviour of a mixture and its composition. A ternary phase diagram shows the phase behaviour of a simple micro-emulsion system comprising oil, surfactant and co-surfactant. Each of the three corners of the phase diagram represents 100% of that particular component. [11] Pseudo-ternary phase diagrams were constructed using predetermined amounts of oil, surfactant and co-surfactant. The mixtures of surfactant: co-surfactant was formulated in different ratios (4:1, 3:1, 2:1, 1:1). The ratio of oil: Smix (Surfactant: co-surfactant) was also varied from 9:1 to 1:9. Water was added drop by drop to a pre-determined amount of oily mixture under constant magnetic stirring. These mixtures were equilibrated overnight and micro-emulsions were identified through visual observation and polarized light microscopy and were differentiated from liquid crystalline systems and coarse emulsions. Cut and weight system was used to measure the contribution of each system to the total area of the phase diagram. [11-12] Each corner represents 100% of one component. (A, B or C) weight of each system and total weight of the phase diagram were determined and the percentage occupied by each region was calculated. The side-lines joining these corners represent a two-compartment mixture of AB, AC and BC. A point inside the triangle corresponds to a three-component system comprising A, B and C. [13-14]

MATERIALS AND METHODS

Materials

Aripiprazole was a gift sample from Suven life sciences. Oleic acid (Cis-9-Octadecenoic acid, (Z)-Octadec-9-enoic acid) was bought from MolyChem. Tween 20 (Polysorbate 20 monooleate), Tween 80 (Polysorbate 80 sorbitan monooleate) were bought from Sisco research laboratories Pvt. Ltd. Transcutol P (Diethylene glycol monoethyl ether) was bought from Alfa Aesar - A Johnson Matthey Company. Neucilin US2 (Amorphous Magnesium Aluminometasilicate) and Fujicalin (Dibasic calcium phosphate anhydrous) was obtained as a gift sample from Gangwal Chemicals Pvt. Ltd.

Method of preparation

The L-SMEDDS were prepared by phase titration method. The drug was added to the co-surfactant and then at 60°C oil was added drop by drop with continuous stirring. As the drug gets solubilised the formulation was brought back to room temperature and the surfactant was added slowly drop wise with gradual stirring. This mixture is known as the self-micro emulsifying drug delivery system. Water is then added drop wise with continuous stirring to the total content for diluting the sample. [15]

Selection of oils, surfactants and co-surfactants

Solubility of aripiprazole in various oils, surfactants and co-surfactants was determined by shake flask method. In this study, an excess amount of aripiprazole (approximately 100 mg) was added to 2 ml of each vehicle in screw-capped glass vials. The mixture was mixed using orbital shaker to get uniform slurry; vials were fixed in to shaker and stirred for 72 hours. The samples were centrifuged at 4500 rpm for 10 min to separate the supernatant. Aliquots of supernatant were taken, filtered through syringe filter, filtrate was suitably diluted with water and drug content was quantified by measuring absorbance at 218 nm using UV spectroscopy.^[16]

Drug-excipients compatibility studies

An FTIR spectrophotometer was used to obtain the infrared spectra of drug in the isotropic mixtures of excipients. Analysis of pure drug, Tween 80, Transcutol P, Tween 20, oleic acid, physical admixtures of the drug with the excipients were carried out using FTIR with KBr disc. All the samples were dried under vacuum prior to obtaining any spectra in order to remove the influence of residual moisture. This study was performed to ensure the compatibility between the excipients and drug.

Construction of pseudo-ternary phase diagram

The relation between composition of a mixture and its phase behaviour can be known with construction of phase diagram. Pseudo ternary phase diagrams were developed by water titration method against oil, surfactant and co-surfactant. The weight ratio of surfactant and co-surfactant was differed as 1:1, 1:2, 1:3, 1:4, and 2:1, 3:1, 4:1 respectively. Oil and surfactant/co-surfactant mixture mixed thoroughly in various weight ratios (i.e. 1:9, 2:8, 3:7, 4:6, 5:5, 6:4, 7:3, 8:2, 9:1) respectively. Water was added slowly drop by drop using 100µl micropipette under vigorous stirring at 37°C until the mixture was obtained clear through which the concentrations of the components were recorded. The concentrations of the components were recorded in order to complete the pseudo ternary phase diagrams, and then the contents of oil, surfactants, co-surfactant and water at appropriate weight ratios' were selected based on these results. In order to prepare SMEDDS, selection of micro emulsion region from phase diagram was based on the fact that solution remains clear even after infinite dilution.^[1]

Formulation of emulsions

From the pseudo-ternary phase diagrams the different ratios of oil: Smix were selected and drug was incorporated by solubilising in oil phase. The formulation of emulsions is given in Table 1.^[15]

Evaluation parameters of aripiprazole loaded L-SMEDDS

Thermodynamic stability studies

The objective of thermodynamic stability is to evaluate the phase separation and effect of temperature variation on SMEDDS formulations. SMEDDS were diluted to 100 fold with distilled water and centrifuged at 10,000 rpm for 20 minutes and formulations were

observed visually for phase separation. To evaluate the effect of temperature, the liquid SMEDDS formulations were subjected to 4°C for 2 days followed by 45°C for 2 days.^[16-17] At the end of the cycle, the formulations were diluted and centrifuged as described above and evaluated for phase separation.^[17]

Visual observation and phase separation

200 ml of distilled water or 0.1N HCl was taken in a beaker and each aripiprazole loaded SMEDDS formulation was dropped into water and at 37°C, and the diluted preparation was vortexed for 1.0 min. This preparation was stored for 24 hours and then phase separation and precipitation was observed visually. Mixtures exhibiting a negligible phase separation during the 2 hour period were used for subsequent studies. It gives the information about stability and viability of the formed micro emulsion.^[18]

Robustness to dilution

It was studied by diluting the liquid SMEDDS to 50, 100, and 1000 fold with water and 0.1N HCl solution. It was observed for any phase separation and drug precipitation.^[19]

Self-emulsification time

The time for a pre-concentrate to form a homogeneous mixture upon dilution was monitored by visually observing the disappearance of SMEDDS and the final appearance of the micro emulsion in triplicate. A visual test to assess the self-emulsification properties of SMEDDS formulation was performed by visual assessment as previously reported.^[6] It was determined by USP type I apparatus by taking 2.1 ml of each formulation added drop wise to 500 ml of purified water at 37°C. Gentle agitation was provided by standard stainless-steel dissolution paddle rotating at 50 rpm. Emulsification time was assessed visually.^[20]

Dispersibility test

The efficiency of self-emulsification of oral SMEDDS was assessed using USP XXII dissolution apparatus. One millilitre of each formulation was added to 900 mL of water at 37 ± 0.5°C. The *in vitro* performance of the formulations was visually assessed using the following grading system.^[21] The grades of emulsion dispersion are given in Table 2.^[21]

Determination of drug content

Aripiprazole from SMEDDS formulation was extracted in methanol using sonication technique. The solutions were filtered, using Whatman filter (25µg) paper. The methanolic extract was analysed for the aripiprazole content spectrophotometrically at 218 nm using standard curve.^[6]

In-vitro drug dissolution

In-vitro drug release study of SMEDDS was performed using USP dissolution apparatus type II. 900 ml of 0.1N HCl was placed in the dissolution vessel and the SMEDDS formulation was sealed in a dialysis membrane and placed in the dissolution medium and was stirred at 50 rpm at 37°C. 5 mL of samples were withdrawn at pre-determined time intervals of 5, 10, 15, 30, 45 and 60 mins and the drug concentration was

determined using UV-spectrophotometer. The withdrawn volume of samples was replaced by fresh dissolution medium every time. [11]

Droplet size measurement

The droplet size and poly dispersity index (PDI) of SMEDDS, 100 times diluted with double distilled water were determined using a Malvern Zeta Sizer. The PDI indicates the width of a particle distribution, prior to the measurement; the samples were diluted with double distilled filtered water to a suitable scattering intensity. [11, 16]

Zeta Potential (ZP)

The ZP is a measure of the electric charge at the surface of the particles indicating the physical stability of colloidal systems. ZP was measured using a Zeta Sizer. Each sample was suitably diluted with double distilled filtered water and placed in a disposable zeta cell. The ZP values were assessed by determining the particle electrophoretic mobility. The electrophoretic mobility was converted to the ZP via the Helmholtz-Smoluchowski equation. All measurements were performed in triplicate. [22]

Transmission electron microscopy (TEM)

SMEDDS were diluted with distilled water and mixed by gentle shaking. Copper grids were allowed to stand for 60 seconds and one drop of the sample after dilution was deposited. Filter paper is used to remove excess fluid and then the grid was stained in 1% phosphotungstic acid solution for 30 seconds. By following the above method which is transmission electron microscopy (TEM) the morphology of SMEDDS was provided by giving information on the porosity and microstructure. [11]

Conversion of L-SMEDDS to S-SMEDDS

The optimized liquid SMEDDS formulations (F4, F20) based on evaluation parameters and dissolution study were converted into free-flowing powder by adsorption onto solid carriers. The solid carrier used for adsorption comprised of materials that provided a high surface area with good disintegration characteristics. Prosolv SMCC 50 (Silicified microcrystalline cellulose), Neusilin US2 (Amorphous Magnesium aluminometasilicate) and Fujicalin (Dibasic calcium phosphate anhydrous) were used as solid carriers. They can absorb the liquid SMEDDS at elevated levels up to 70% (w/w). The conversion process involved addition of liquid formulation onto carriers under continuous mixing. The powders were dried and compressed into tablets using a rotary tablet punching machine (Rimek1 rotary, Ahmedabad) with 11.9 mm round flat punch. [23]

Holding capacity of adsorbents

The appropriate amounts of carrier and coating material used for each formulation depend on the liquid load (L_f) factor of the formulation. The L-SMEDDS formulations were taken and a calculated amount of carrier was added by continuous mixing in the mortar. Then, coating material was added and mixed until mortar contents start to look dry. The L_f factor is calculated based on the amount of adsorbent

adsorbed by the formulations. In the last stage of the preparation MCC was added and mixed. [23]

$$L_f = W/Q$$

Where, W = L-SMEDDS formulation and Q = Carrier material.

Formulation of S-SMEDDS

Based on the L_f factor, the amount of excipients was determined and the liquid-SMEDDS were converted to Solid-SMEDDS. The formulation of S-SMEDDS is given in the Table 3. [14]

Evaluation parameters of aripiprazole loaded S-SMEDDS

Angle of repose

The angle of repose was determined by the funnel method suggested by Newman. [23] Angle of repose is determined by the following formula.

$$\tan \theta = h/r$$

$$\text{Therefore } \theta = \tan^{-1} h/r$$

Where: θ = Angle of repose, h = Height of cone, and r = radius of the cone base

Bulk density

Bulk density, ρ_b , is defined as the mass of the powder divided by the bulk volume. [23]

$$\rho_b = \text{Weight in gms} / V_b \text{ (bulk volume)}$$

Tapped density

Tapped density, ρ_t , is defined as the mass of the powder divided by the tapped volume. [23]

$$\rho_t = \text{Weight in grams} / V_t \text{ (tapped volume)}$$

Compressibility index

Carr's index was calculated from the following equation using the values of bulk density (ρ_b) and tapped density (ρ_t) obtained in the earlier experiments. [23]

$$C = (\rho_t - \rho_b / \rho_t) \times 100$$

Hausner's ratio

Hausner's ratio is an indirect index of ease of powder flow. It is calculated by the following formula

$$\text{Hausner's ratio} = \rho_t / \rho_b$$

Where ρ_t is tapped density and ρ_b is bulk density. Lower Hausner's ratio (<1.25) indicated better flow properties than higher ones. [23]

Weight variation

Twenty tablets were randomly selected and average weight was determined. Then individual tablets were weighed and percent deviation from the average was calculated. [24]

Hardness

The strength of tablet is expressed as tensile strength (Kg/m^3). The tablet crushing load which is the force required to break a tablet into pieces by compression. It was measured using a tablet hardness tester (Monsanto hardness tester). Three tablets from each formulation batch were tested randomly and the average reading was recorded. [24]

Thickness

Control of physical dimensions of the tablets such as size and thickness is essential for consumer acceptance and tablet-tablet uniformity. The diameter size and punch size of tablets depends on the die and punches

selected for manufacturing the tablets. The thickness of tablet is measured by screw gauge. The thickness of the tablet is related to the tablet hardness. Tablet thickness should be controlled within a ± 5 % variation of a standard value. In addition, thickness must be controlled to facilitate packaging. The thickness in millimetres (mm) was measured individually for 10 pre weighed tablets by using screw gauge. The average thickness and standard deviation were reported. [21]

Disintegration time

Disintegration time of tablets was determined in a tablet disintegration test apparatus, using 0.01N HCl 1000 mL at $37 \pm 2^\circ\text{C}$ as disintegration medium. [21]

Friability

Friability of the tablets was determined using Roche Friabilator (Electrolab, India). This device consists of a plastic chamber that is set to revolve around 100 rpm for 4 minutes dropping the tablets at a distance of 6 inches with each revolution. Pre-weighed sample of 20 tablets was placed in the friabilator and were subjected to 100 revolutions. Tablets were dusted using a soft muslin cloth and reweighed. The friability (F%) is given by the formula

$$F\% = (1 - W_o/W) \times 100$$

Where, W_o is weight of the tablets before the test and W is the weight of the tablets after the test. [21]

Drug Content

20 tablets were randomly selected and average weight was calculated. Tablets were powdered in a glass mortar. Powder equivalent to 75 mg was weighed and dissolved in 10 mL of methanol and the volume was made to 100 mL with distilled water in a 100 mL volumetric flask. Dispersions were filtered and 1 mL aliquot of the above solutions were taken and diluted to 10 mL with 0.01N HCl respectively.

The concentration of the resultant solution was $10\mu\text{g/ml}$, the absorbances of these solutions were determined at a wavelength of 218 nm against the blank. The percentage assay was calculated from the standard curve. [25]

In vitro dissolution studies

In vitro drug release study of S-SMEDDS was performed using USP dissolution apparatus type II. 900 ml of 0.1N HCl was placed in the dissolution vessel along with S-SMEDDS formulation and was stirred at 50 rpm at 37°C . 5 ml of samples were withdrawn at pre-determined time intervals of 5, 10, 15, 30, 45 and 60 mins and the drug concentration was determined using UV-spectrophotometer at 218 nm. The withdrawn volume of samples was replaced by fresh dissolution medium at every time interval. [21]

XRD Studies

XRD is performed for the optimized S-SMEDDS formulation. The crystallinity of the prepared optimized mixture was studied by XRD. The change in amount of crystallinity was studied. XRD analysis was performed using D-5000 Siemens X-ray diffractometer using Copper $K\alpha$ ($\lambda = 1.5406 \text{ \AA}$) radiation. The data were recorded over a scanning 2θ range of 5° to 50° at a

step time of 0.045 steps/0.5 sec. The pure drug is analysed by XRD in same manner and the peak intensity and presence of new peaks were noted. The diffractograms of the optimized S-SMEDDS mixture were superimposed with that of pure drug. [26]

DSC Studies

The physical nature of the optimized S-SMEDDS was studied by DSC, where the conversion of crystalline drug into amorphous form was studied. DSC analysis was performed using Q-1000 TA Instruments Perkin-Elmer pyris differential scanning calorimeter (DSC). The instrument was calibrated with indium standard. 3-5 mg samples were weighed and placed in a closed, hermetic sample pans with pin hole. Thermograms were obtained by heating the sample at a constant rate of 10°C/min . A dry purge of nitrogen gas (50 ml/min) was used for all runs. Samples were heated from 0°C to 210.0°C . The melting point, heat of fusion, disappearance of the crystalline sharp peak of the drug and appearance of any new peak and peak shape were noted. The thermogram of the optimized S-SMEDDS formulation was superimposed with that of pure drug. [26]

Comparison with marketed drug and pure drug

The drug dissolution rate of the optimized S-SMEDDS was compared with the marketed drug and pure drug. It was performed using USP dissolution apparatus type II. 900 mL of 0.1N HCl was placed in the dissolution vessel and the formulations were placed in the dissolution medium and were stirred at 50 rpm at 37°C . 5 mL of samples were withdrawn at pre-determined time intervals of 5, 10, 15, 30, 45 and 60 mins and the drug concentration was determined using UV-spectrophotometer at 218 nm. The withdrawn volume of samples was replaced by fresh dissolution medium every time interval. [21]

Accelerated stability studies

The optimized formulation was subjected to stability studies at $40^\circ\text{C} \pm 2^\circ\text{C}/75\% \pm 2\% \text{ RH}$ for a period of one month. Each tablet was individually wrapped in aluminium foil and packed in amber coloured bottle and put at above specified condition in a heating humidity chamber for one month. The tablets were analysed for the hardness, disintegration time, drug content, and *in vitro* drug release every week for a period of one month. [27]

RESULTS AND DISCUSSION

Selection of oils, surfactants and co-surfactants

From the results of solubility studies, aripiprazole drug was more soluble in oleic acid (oil), Tween 80 (surfactant), Transcutol P (Co-surfactant) and shown in Table 4. [16] Hence oleic acid is selected as the oil phase, Tween 80 as surfactant, Tween 20 was also chosen for the study as it is a permeation enhancer and Transcutol P as co-surfactant for further studies due to their emulsification ability for optimum SMEDDS with improved drug loading capabilities.

Table 1: Formulation of L-SMEDDS

Formula code	Sm ix Rat io	Oil:S mix	Drug (mg)	Oil	Surfactant		Co surf act ant
			Aripip razole	Ole ic acid	Twe en 80	Twe en 20	Trans cutol
F1	1:1	4:6	100	4	3	-	3
F2	2:1	4:6	100	4	4	-	2
F3	3:1	4:6	100	4	4.5	-	1.5
F4	4:1	4:6	100	4	4.8	-	1.2
F5	1:1	4:6	100	4	-	3	3
F6	1:2	4:6	100	4	-	2	4
F7	1:3	4:6	100	4	-	1.5	3.5
F8	1:4	4:6	100	4	-	0.8	3.2
F9	1:1	5:5	100	5	2.5	-	2.5
F10	4:1	5:5	100	5	4	-	1
F11	1:1	5:5	100	5	-	2.5	2.5
F12	2:1	3:7	100	3	4.7	-	2.3
F13	3:1	3:7	100	3	5.3	-	1.8
F14	4:1	3:7	100	3	5.6	-	1.4
F15	1:2	3:7	100	3	-	2.3	4.7
F16	1:4	3:7	100	3	-	1.4	5.6
F17	3:1	2:8	100	2	6	-	2
F18	1:2	2:8	100	2	-	2.7	5.3
F19	4:1	6:4	100	6	3.2	-	0.8
F20	1:1	6:4	100	6	-	2	2
F21	1:3	6:4	100	6	-	1	3
F22	1:4	6:4	100	6	-	0.8	3.2

Table 2: Grades of emulsion dispersion

Grades	Appearance
A	Rapid forming emulsion, which is clear and transparent in appearance.
B	Rapid forming, slight less clear emulsion which has a bluish white appearance.
C	Bright white emulsion or grayish white emulsion with slight oily appearance that is slow to emulsify.
D	Exhibit poor or minimal emulsification with large oil droplets present on the surface.

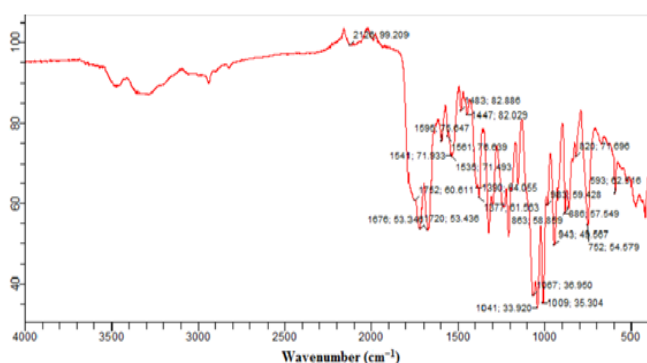


Fig. 1: FTIR of aripiprazole

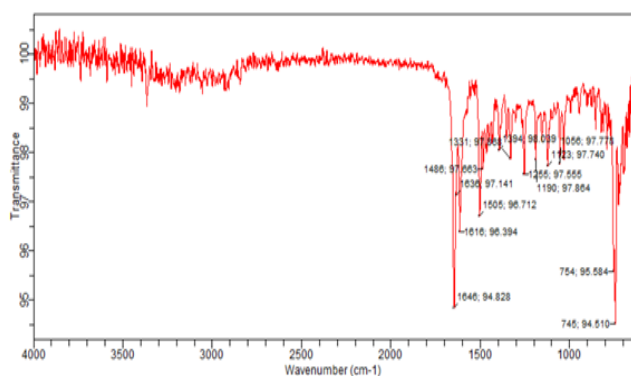


Fig. 2: FTIR of L-SMEDDS formulation (F4) with pure drug and excipients (Oleic acid, Tween 80, Transcutol P)

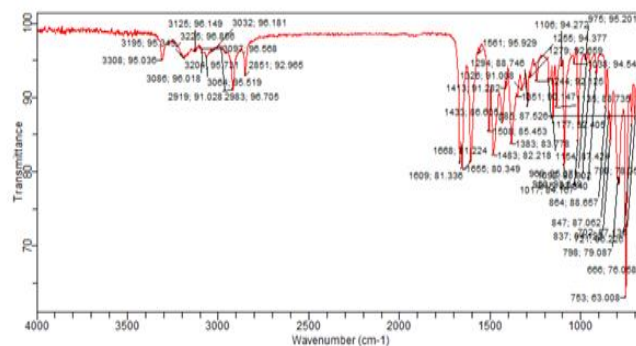


Fig. 3: FTIR of S-SMEDDS formulation (SS1) with pure drug and excipients (Neusilin US2, Aerosil, Microcrystalline cellulose)

Drug excipients compatibility studies

IR study was done to verify if there was any interaction between the pure drug and various excipients used in formulations. The spectrum of aripiprazole (Figure 1) [15] and physical mixture of aripiprazole and excipients (Tween 80, Oleic acid and Transcutol P) (Figure 2) [15] were recorded by the liquid membrane method using IR spectrophotometer in the range of 400-4000 cm⁻¹ and compared. The S-SMEDDS samples containing the liquid SMEDDS and excipients (Neusilin US 2, Fujicalin, MCC) (Figure 3) [15] were recorded by KBr pellet method using IR spectrophotometer in the range of 400-4000 cm⁻¹ and compared.

From the IR graphs the peaks representing the pure drug were similar and suggesting that there is no interaction, it was found that the functional peaks were retained after the formation of micro-emulsion using various excipients. It infers that the pure drug was not altered functionally. Hence there is no interaction between drug and excipients. This implies that the drug was stable and also compatible with other excipients throughout the process.

Construction of pseudo-ternary phase diagram

To determine optimum concentration of oil, surfactant and co-surfactant, pseudo ternary phase diagrams were constructed using CHEMIX software. SMEDDS form micro emulsion when titrated with water under agitation condition. This process is facilitated by presence of surfactant and it forms a layer around oil globule in such a way that polar head lies towards aqueous and non-polar tail pull out oil and thereby reduces surface tension between oil phase and aqueous phase. Another factor affecting formation of micro-emulsion is the ratio of surfactant and co-surfactant. Since surfactant and co-surfactant absorb at interface and providing mechanical barrier to coalescence, selection of oil, surfactant, co-surfactant and mixing ratio of surfactant to co-surfactant [S/CoS(km)], play important role in emulsion formation. The pseudo ternary phase diagrams were constructed at the ratios of S/CoS (km) 1:1, 2:1, 3:1 and 4:1 initially, then it was checked for formation of emulsion and the surfactant ratio is fixed. Then by keeping the surfactant fixed amount it was checked by varying the ratios of co-surfactants and evaluating best formed formulations

and in the concentration of oil taken was maximum, i.e. 90%, and amount of S/CoS was kept minimum, i.e., 10%. Gradually, oil concentration was decreased and that of S/CoS was increased. It was observed during these experiments that high concentration of oil forms poor emulsion with requirement of very less amount of water upon dilution. Another observation was that as concentration of S/CoS increases, the time estimated to form micro-emulsion decreases. [7] The area of micro-emulsion in different ratios of oil: smix is shown in the Figure 4. [1] The darker region is the area where the emulsion is showing the highest stability. The region around the darker region shows less stability of the emulsion. The lighter region at the corners of the phase diagram is where the emulsion has no stability. The highest stability was observed L-SMEDDS containing Oleic acid, Tween 80 and Transcutol P at 4:1 Smix ratio. The concentration of oil was found to be a rate-limiting factor and in all aspects, high oil concentration resulted in poor emulsion region. [28] The black boundary covers the micro-emulsion region. At any point beyond this boundary, micro-emulsion if formed initially, become turbid on further dilution of solution. The formulations that are more stable and resulted in fine emulsion are further subjected to evaluation parameters.

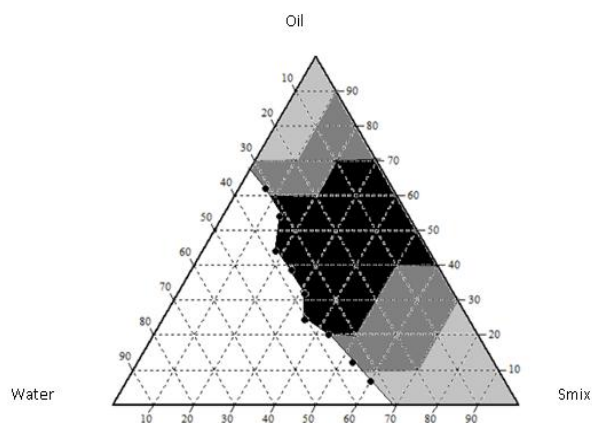


Fig. 4 : Ternary phase diagram of Oleic acid, Tween 80, Transcutol P at Km values 1(4:1)

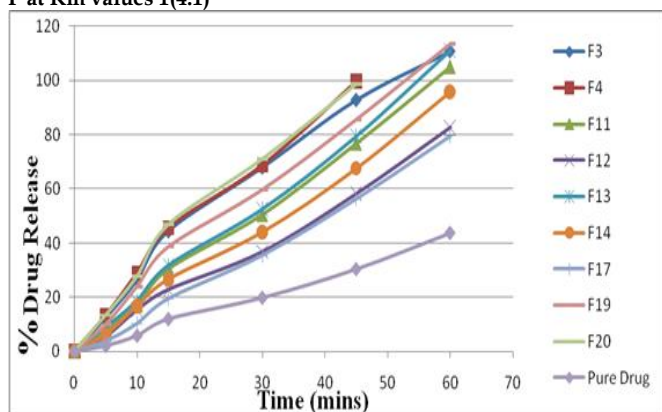


Fig. 5: *In vitro* drug dissolution of L-SMEDDS in comparison with pure drug

Thermodynamic stability studies

Physical stability of SMEDDS was essential to its performance, which can be affected by precipitation of the drug. In addition, the formulation having poor physical stability can affect the formulation performance and it also leads to phase separation. Hence thermodynamic stability studies were performed by performing heating cooling cycle, centrifuge test. It was observed that formulations (F3, F4, F11, F12, F13, F14, F17, F18 and F20) passed the heating cooling cycle and centrifuge test. SMEDDS which did not show any phase separation after tests, it was found that SMEDDS showed good stability without phase separation, creaming or cracking. Whereas, formulations (F16 and F22) were showing separation when exposed to elevated temperature and were unstable.

Visual observation and phase separation

The samples were observed for 48 hours and F3, F4, F11, F12, F13, F20 showed the highest stability without any phase separation and drug precipitation.

Robustness to dilution

From results of robustness to dilution study, it was observed that there was no sign of phase separation or drug precipitation in formulations F3, F4, F7, F11, F12, F13, F17, F18 and F20 and they were further evaluated for dispersibility test. [29]

Self-emulsification time

All the formulations rapidly emulsified within 2 minutes. Formulations F3, F4, F14 and F20 showed a rapid emulsification within 1 minute. These samples were further taken for the dispersibility test.

Dispersibility test for efficiency of self-emulsification

From the results of assessment of efficiency of self-emulsification study, it was found that formulation rapidly formed micro-emulsion within 1 min which was clear and slightly bluish in appearance. As per grade A formulations F4 and F14 rapidly formed slightly less clear emulsion which had a bluish white appearance as per grade B includes formulations F3, F8, F11, F12, F13, F17 and F20 as per grade C bright white emulsion or greyish white emulsion includes formulations F1, F5, F9, F16, F18 and F22, as per grade D formulations that exhibit poor or minimal emulsification with large oil droplets present on the surface includes formulations F2, F6, F7, F10, F15, F19 and F21. The results are given in Table 5. [30]

Drug content analysis

The percentage drug content of formulations was determined spectrophotometrically at wavelength of 218 nm. The drug content of various batches was in the range of 95.23% -99.09%. The F4 formulation showed highest drug content of 99.09%.

Drug dissolution

Dissolution of different formulations using dialysis membrane in 0.1N HCl - *In vitro* drug release studies were performed using USP dissolution apparatus type II. 900 ml of 0.01N HCl was taken as dissolution medium. [31]

Table 3: Formulation of S-SMEDDS

Formulation Code	Drug (mg)	Solvent (mg)	Carrier Material (Q) (mg)				MCC (mg)	Loading Factor(Lf)	Excipient Ratio (R) (Q/q)	Tablet Weight (mg)
			N-US2	Fujicalin	Prosolv	Aerosil (q)				
SS1	30	30.29	120	-	-	24	295.71	0.23	5	500
SS2	30	30.29	-	300	-	60	79.71	0.10	5	500
SS3	30	30.29	-	-	320	64	55.71	0.094	5	500
SS4	30	30.29	120	-	-	24	295.71	0.23	5	500
SS5	30	30.29	-	300	-	60	79.71	0.094	5	500
SS6	30	30.29	-	-	320	64	55.71	0.23	5	500

Table 4: Solubility of oils, surfactants and co-surfactants

Oils	Amount of drug (mg/ml)
Sunflower Oil	2.186
Olive Oil	3.43
Castor Oil	3.76
Oleic Acid	35.78
Surfactants	Amount of drug (mg/ml)
Tween 20	29.44
Tween 40	38.01
Tween 60	2.96
Tween 80	45.46
Span 20	12.07
Span 80	11.88
Co-surfactants	Amount of drug (mg/ml)
Transcutol P	61.74
PEG 600	0.38
Propylene Glycol	6.93

Table 5: Results of thermodynamic stability studies, robustness to dilution, dispersibility test and emulsification time.

Formulation code	Heating	Cooling cycle	Centrifugation	Robustness	Dispersibility Test	Emulsification Time	Inference
F1	X	X	X	X	C	76 secs	Failed
F2	X	X	X	X	D	104 secs	Failed
F3	✓	✓	✓	✓	B	53 secs	Passed
F4	✓	✓	✓	✓	A	47 secs	Passed
F5	✓	✓	X	X	C	81 secs	Failed
F6	X	X	X	X	D	114 secs	Failed
F7	X	X	X	✓	C	88 secs	Failed
F8	✓	✓	X	X	B	63 secs	Failed
F9	X	X	X	X	C	72 secs	Failed
F10	X	X	X	X	D	133 secs	Failed
F11	✓	✓	✓	✓	B	69 secs	Passed
F12	✓	✓	✓	✓	B	61 secs	Passed
F13	✓	✓	✓	✓	B	73 secs	Passed
F14	✓	✓	✓	✓	A	53 secs	Passed
F15	X	X	X	X	D	141 secs	Failed
F16	X	X	✓	X	C	93 secs	Failed
F17	✓	✓	✓	✓	B	77 secs	Passed
F18	✓	✓	✓	✓	B	79 secs	Passed
F19	X	X	X	X	D	122 secs	Failed
F20	✓	✓	✓	✓	B	58 secs	Passed
F21	X	X	X	X	D	116 secs	Failed
F22	X	X	X	X	C	83 secs	Failed

The drug dissolution studies were performed in 0.1N HCl media. Amount of drug released from the formulation has shown gradual increase in first 10 mins, 28.98% (F4) when compared to pure drug suspension (5.76%). Total drug release was observed in 1 hour is 99.89%, which is relatively higher when compared to the pure drug. Among all formulations F4 (oleic acid, Tween 80 and TranscutolP) in ratio 4:6, km value (4:1) has shown more cumulative % drug release. Thus, it infers that more amount of release is seen from the formulation when compared with pure drug as shown in Figure 5. [32]

Droplet size analysis and zeta potential

Zeta potential is used to measure surface charge of the particles which also determines the particle stability.

Zeta potential values are either positive or negative, to ensure and prevent particle-particle aggregation. [31] The particle size and size distribution of the optimized formulation was measured using photon correlation spectroscopy. Size range of particles is expressed in terms of PDI. An ideal SMEDDS formulation should be widely distributed in less than 150 nm, PDI should be less than 0.5. The particle size and size distribution are most essential characteristics of SMEDDS which determine in-vivo distribution, biological fate, toxicity, targeting ability, release kinetics and stability. Mean particle size was found to be 115.9 nm and PI was 0.313. The size distribution is shown in Figure 6 and Figure 7 [34] shows that the formulation is in mono-dispersed

form. The formulation exhibited zeta potential value of -24.9 mV.

Transmission electron microscopy

The morphology and size of optimized formulation of SMEDDS (F4) was examined by TEM photographs at 6kx, 25kx, and 30kx. [26] Figure 8 shows that there are homogenous molecular distribution of the drug in the globules. The shape of the globules is spherical and

outlines of micro emulsion droplets show a smooth surface. [11]

Conversion of L-SMEDDS to S-SMEDDS

The optimized liquid SMEDDS (F4, and F20) based on evaluation parameters and dissolution studies were converted into free-flowing powder by adsorption into solid carriers.

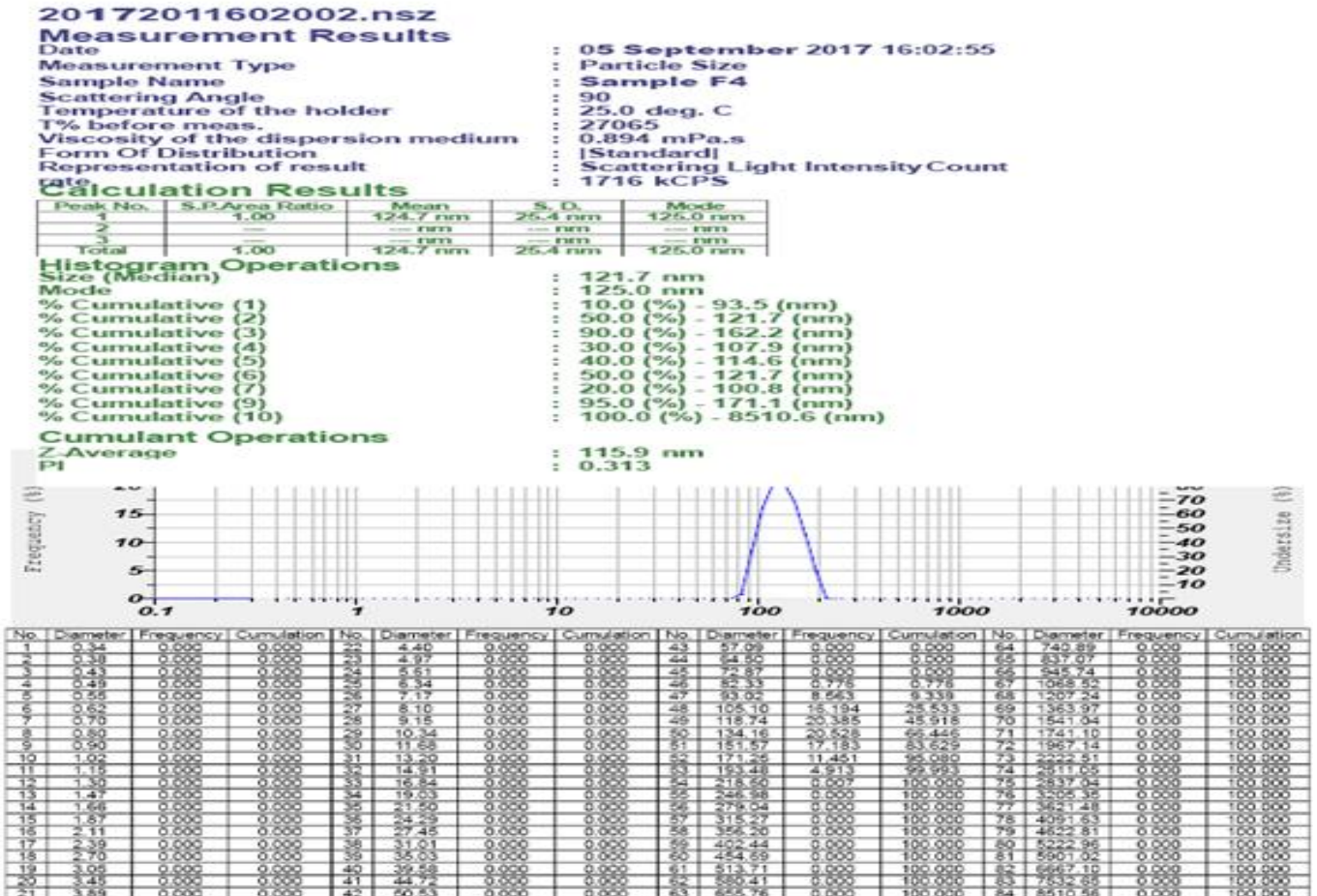


Fig. 6: Droplet size analysis of F4 L-SMEDDS formulation

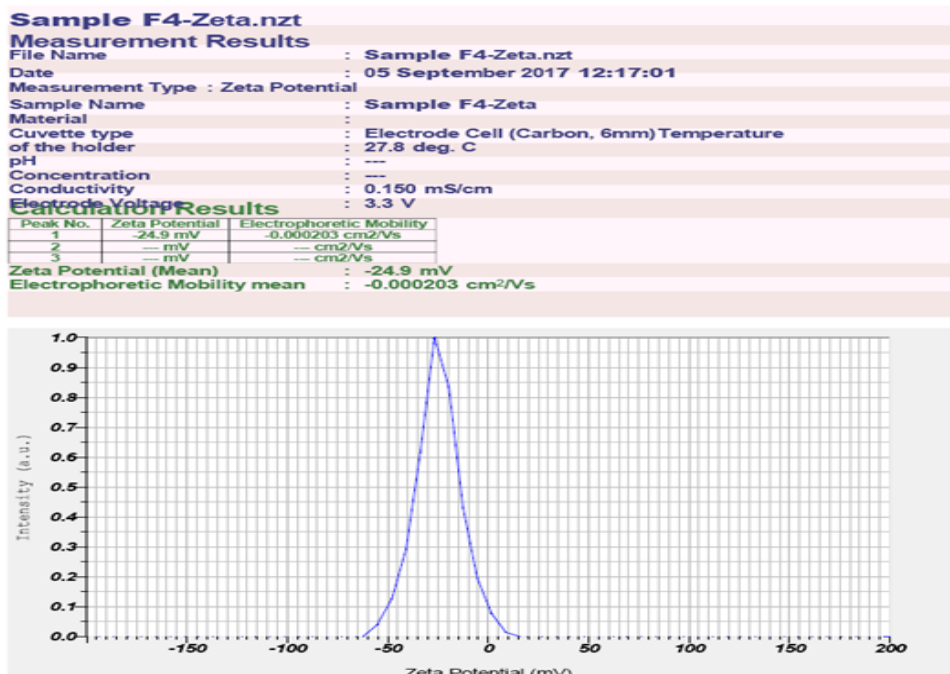


Fig. 7: Zeta potential of F4 L-SMEDDS formulation

Holding capacity of adsorbents

The amount of carrier to be used in the formulation was calculated by the holding capacity and the L_f factor. The results showed that Neusilin US2 had a higher flowability when compared to Fujicalin and Prosolv.

Evaluation of flow properties for S-SMEDDS formulations

The particles with high absorption properties due to a porous surface should be used as carrier material. Increasing the moisture content of carrier materials may result in decreased powder flowability. The coating material is required to cover the surface, and further maintain the powder flowability. Accordingly, the coating material should be a very fine and highly adsorbent silica powder, thus Aerosil 200 was selected as a coat material. The S-SMEDDS were prepared with an excipients ratio of 5 (R=5).^[11] All the formulations were studied for their flow properties like angle of repose, bulk density, tapped density, hausner's ratio and compressibility index. Angle of repose $< 30^\circ$ indicate free flow property while angles $> 40^\circ$ indicate poor flow. From the above formulations it was observed that SS1 formulation has least flow property (27.6 ± 0.19) having free flow property when compared to the other formulations. The bulk and tapped densities of S-SMEDDS were found to be 0.29 ± 0.16 g/cm³ to 0.36 ± 0.31 g/cm³ for bulk density and 0.31 ± 0.32 g/cm³ to 0.42 ± 0.36 g/cm³ for tapped density. The powder has a good flowability when the hausner's ratio is lower than 1.2 while if the ratio is more than 1.2 indicates bad flow. It was observed that SS1 has the hausner's ratio of 1.06 ± 0.13 indicating good flow when compared to the other formulations. Compressibility index was found to be least for SS1 formulation (6.45 ± 0.33) indicating good flow properties when compared to other formulations. All the formulations were within the Indian Pharmacopoeia (IP) limits.^[32]

These formulations were compressed into tablets using 11.9 mm punch. The tablets were evaluated for physio-chemical properties.

S-SMEDDS tablet evaluation

The prepared tablets were subjected to various parameters evaluation like weight variation, hardness, thickness, disintegration time etc. The tablets should have sufficient hardness to resist the breakage during handling and at the same time it should disintegrate after swallowing. The formulation SS6 had the highest hardness (2.6 ± 0.23 kg/cm³) and lowest was SS2 (2.2 ± 0.21 kg/cm³). Thickness of the tablets ranged from 3.44 ± 0.66 mm to 3.63 ± 0.46 mm. Disintegration time ranged from 2-3 minutes. All the values were within the range. The average percentage deviation of all the tablets was found to be within the limit and hence all formulations passed the uniformity of weight as per the official requirements of Indian Pharmacopoeia.^[33]

The S-SMEDDS tablets were also subjected to other evaluation parameters such as friability, drug content and content uniformity. The friability for all the formulations was within 1.12% which is acceptable for

disintegrating tablets, drug content was 94% to 97% and content uniformity is 94% to 98%. Thus, all formulations were as per official requirements of Indian Pharmacopoeia.^[33]

Table 6: Stability study of optimized formulation (SS1)

Parameters	Time			
	0 (initial)	1 st month	2 nd month	3 rd month
Appearance	No change	No change	No change	No change
Drug content (%)	97.65 ± 0.65	97.32 ± 0.12	96.43 ± 0.39	96.01 ± 0.42
Hardness (Kg/cm ³)	2.5 ± 0.36	2.5 ± 0.23	2.4 ± 0.11	2.4 ± 0.19
Disintegration time (mins)	2.63 ± 0.44	2.52 ± 0.11	2.48 ± 0.36	2.54 ± 0.28

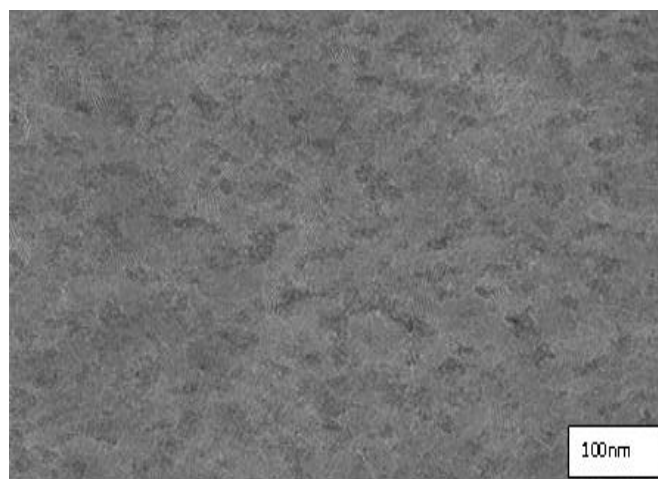


Fig. 8: TEM photograph of F4 formulation (6kx)

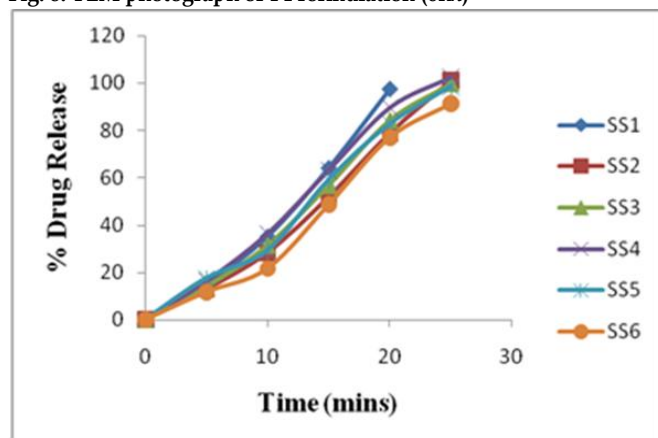


Fig. 9: In-vitro drug dissolution of S-SMEDDS tablets

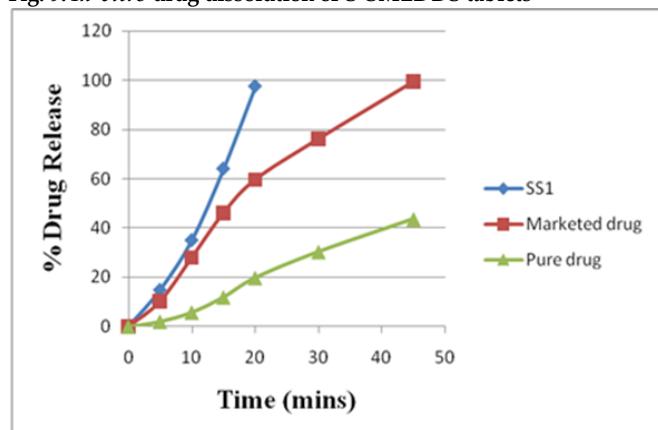


Fig. 10: Comparison of optimized formulation (SS1) with pure drug and marketed drug

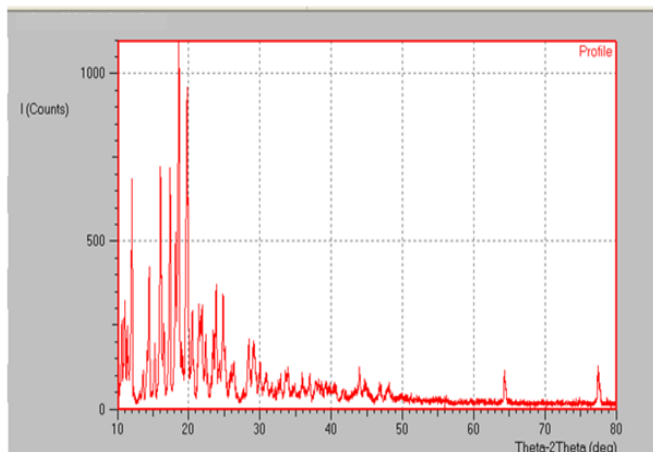


Fig. 11: XRD of pure drug

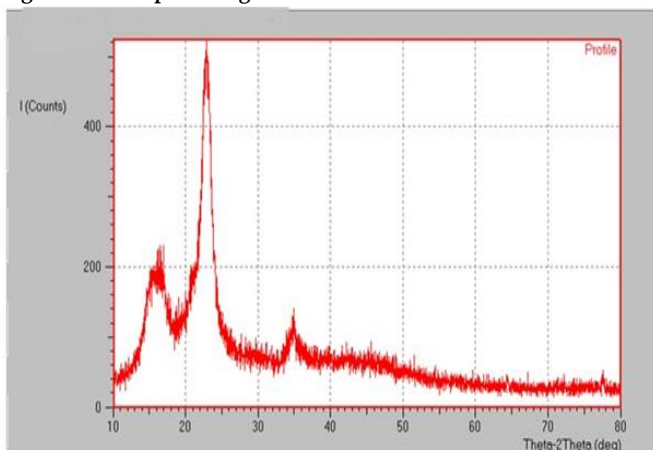


Fig. 12: XRD of SSI Formulation

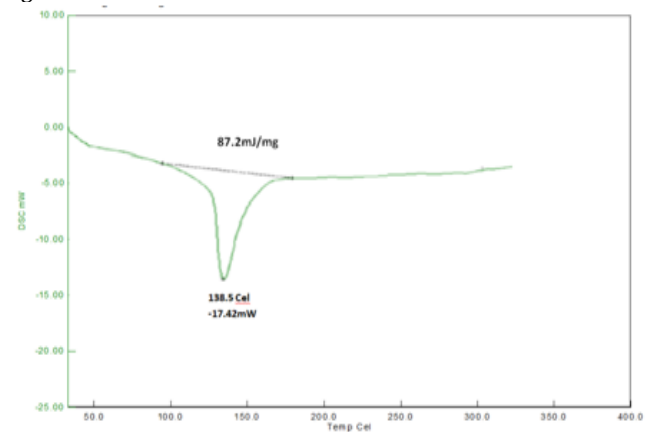


Fig. 13: DSC of pure drug

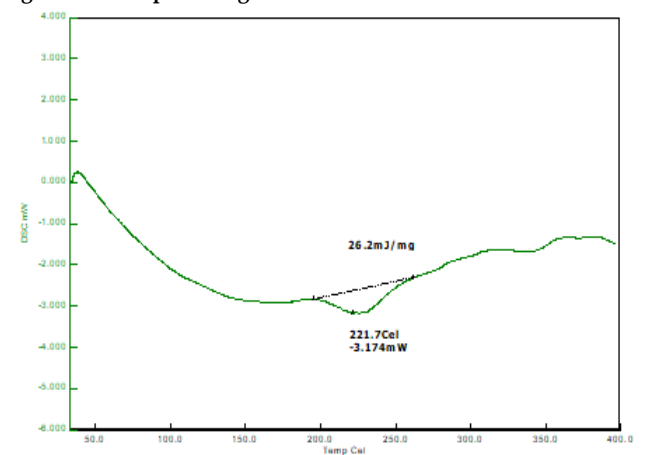


Fig. 14: DSC of SSI formulation

In-vitro dissolution studies

Dissolution studies were carried out with USP apparatus II (paddle type). All the formulations were subjected to *in vitro* dissolution studies in 900 ml of 0.1 N HCl. The tablets dissolution studies were done according to the procedure given in the experimental methodology. The S-SMEDDS formulations contain carrier materials Neusulin US2, Fujicalin and Prosolv and coating material. The drug release profile of SS1 S-SMEDDS formulation containing Neusulin US2 showed a better drug release (97%) within 20 mins when compared to the other formulations (Figure 9). [32]

Comparison of optimized S-SMEDDS with Pure drug and marketed drug

The drug release of the optimized S-SMEDDS formulation (SS1) was compared with the pure drug and marketed drug (Apiz 30 mg).

The comparative dissolution release of pure drug, optimized formulation (SS1) and marketed drug are shown in Figure 10. [33] The drug release of the pure drug and marketed drug was 43.63% and 99.62% in 45 mins respectively. But, SS1 formulation showed 97% drug release within 20 mins. Thus *in vitro* drug dissolution studies indicated the importance of S-SMEDDS to enhance the solubility and dissolution rates. These results illustrated that the drug release from S-SMEDDS showed marginal variations with an increase in dissolution rate. However, SS1 showed higher dissolution rate when compared to the other S-SMEDDS formulations, hence it was selected as optimized formulation.

Crystallinity studies by XRD

The crystallinity of the optimized S-SMEDDDDS (SS1) was studied by XRD. The change in degree of crystallinity was studied. The pure drug and optimized formulations were also analysed by XRD in same manner and peak intensity and presence of new peaks were noted. [34]

The X-ray diffraction pattern of Aripiprazole (Figure 11) [34] exhibited sharp, highly intense and less diffused peaks indicating the crystalline nature of drug. The XRD of optimized formulation revealed reduction in peak intensity when compared with the XRD of the pure drug (Figure 12). The characteristic peaks identified in the drug XRD was not detected in the formulation. Decrease in the intensities and less number of peaks was probably due to the change in crystal habit or conversion to an amorphous form. Reduced crystalline properties when compared to pure drug could account for increased dissolution.

Thermal Analysis by DSC

The physical nature of the drug and the optimized formulation were studied by DSC analysis to evaluate the crystallinity of formulations. The melting point, peak onset and appearance of any peak were noted. DSC of pure drug showed a sharp peak at 140°C (Figure 13). [23] When compared to the optimized formulation DSC a small peak was observed at 220°C

(Figure 14).^[23] This may be due to the change in the crystalline structure of the drug.

Stability Study

According to the accelerated stability studies given in experimental methodology stability studies at 40°C ± 2°C/75% ± 2% RH for a period of three months was conducted (Table 6).^[16] The optimized S-SMEDDS formulations were subjected to various quality control parameters like appearance, drug content, hardness and disintegration time. All the results of optimized formulations were found to be compiled with official specifications.^[35]

The present study was to improve the solubility of aripiprazole, an oral atypical anti-psychotic agent utilizing the approach of solid self-emulsifying drug delivery systems. It was investigated that this technique would improve the solubility of aripiprazole since it is a poorly soluble drug (BCS class IV). Based on the solubility studies of aripiprazole the solvents having maximum solubility include Oleic acid (35.78 mg/ml), Tween 80 (45.46 mg/ml) and Transcutol P (61.74 mg/ml) as the oil, surfactant and co-surfactant respectively. From the pseudo-ternary phase diagrams, the region of micro-emulsion was detected and all the evaluation parameters were done. Among all the formulations F4 (4:6) containing oleic acid, Tween 80 and Transcutol P and F20 containing oleic acid, Tween 80 and Transcutol P have shown better dissolution profile of 99.89% and 98.52% drug release respectively within 45 mins. The particle size and surface morphology of the optimized SMEDDS was evaluated by droplet size analysis, zeta potential and TEM analysis. TEM photographs of micro-emulsions formulations further confirmed the spherical shape of globules. The formulation was found to be widely distributed in less than 150 nm exhibited zeta potential value of -24.9 mV. S-SMEEDS were prepared by solid adsorption into carriers using Neusilin US2, Fujicalin and Prosolv SMCC 50. Among all the formulations SS1 showed better dissolution profile of 97.51% drug release within 20 mins. When compared with marketed drug SS1 showed a better dissolution rate. The optimized formulation of aripiprazole was characterized by X-ray diffraction, FTIR, and DSC studies, and no interaction was observed. XRD data revealed that the formulation showed reduced crystallinity when compared to pure drug. Stability studies indicate the formulations were stable. In conclusion it can be stated that the objective of the study was achieved by improving the solubility of aripiprazole using solid-self emulsifying drug delivery systems.

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