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Research Article

ANTIBACTERIAL ACTIVITY AND COMPOSITION OF ESSENTIAL OILS EXTRACTED FROM SOME PLANTS BELONGING TO FAMILY LAMIACEAE AGAINST SOME MULTIDRUG RESISTANT GRAM NEGATIVE BACTERIA Fatma A. Ahmed¹, Nadia Hafez Salah El-Din Ouda², Sherif Moussa Husseiny³ and Abeer Adel¹

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Abstract:

The aim of this study was to evaluate the antibacterial activity of eight essential oils against some multi-drug resistant Gram negative bacteria (three different isolates of each Acinetobacter baumannii and Klebsiella pneumoniae). The hydrodistilled essential oils of the fresh aerial part of some medicinal plants belonging to family Lamiaceae namely: Origanum majorana L., Origanum majorana L., Origanum syriacum L., Thymus capitatus L., Thymus vulgaris L., Salvia fruticosa Mill., Mentha virdis L. and Lavandula officinalis L. were subjected to Gas Chromatography–Mass spectrometry analysis. This revealed 25, 22, 23, 23, 27, 19 and 31 compounds had been identified in the essential oils, respectively. The major components were identified as terpinen-4-ol (21.99%), terpinen-4-ol (23.56%), cymene (27.98%), carvacrol (41.55%), m-thymol (23.97%), eucalyptol (54.84%), carvone (47.79%) and eucalyptol (36.42%), respectively. Antibacterial activity was carried out and the activities were correlated to chemical composition of analyzed essential oils. We found five essential oils were the most effective. The study concluded that, some essential oils of Egyptian medicinal plants belonging to family Lamiaceae can be used to treat infections caused by multi-drug resistant gram negative bacteria.

Key words: Lamiaceae, Essential oil, Hydrodistillation, Gas Chromatography–Mass spectrometry, multi-drug resistant gram negative bacteria, Antibacterial activity.

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1. INTRODUCTION:

Antimicrobial resistance is a major challenge for current and future medical practice [1]. The World Health Organization (WHO) recently reported alarmingly high rates of bacterial resistance across all WHO regions, this resistance is seen in both community and hospital-acquired infections [2]. This resistance leads to the emergence of multi-drug resistant gram-negative bacteria (MDRGNB) phenomenon, that is globally widespread and present a major challenge to modern medical practice [3]. The plant family Lamiaceae (Labiatae) is one of the largest and most distinctive families of flowering plants, with about 220 genera and almost 4000 species worldwide. Many biologically active essential oils (EOs) have been isolated from various members of this family. Lamiaceae species have many medicinal uses as in treatment of many ailments related to the digestive system, especially flatulence and dyspepsia and also for the treatment of some problems such as reconstituent and infection [4]. Origanum majorana L. (Sweet Marjoram) essential oil has an antibacterial effect against Staphylococcus aureus and Escherichia coli, and an antifungal effect against Aspergillus flavus and Aspergillus parasiticus [5]. Moreover, its EO could act as insecticide [6, 7]. Origanum syriacum L. has drawn attention for its antioxidant activity and acetylcholinestrase (Alzehimer's disease); antifungal activity (Alternaria solani, Aspergillus niger, Cladosporium spp., Fusarium oxysporum and *Pencillium* spp.); antibacterial activity; analgesic activity; antiflogistic activity; antirheumatic: expectorant; sedative; antiparasitic and antihelminthic activities [8]. Thymus capitatus L. EOs are important for perfumes, cosmetics, flavoring and pharmaceutical industries. They are used in folk medicine against cold, influenza and throat infection in Turkey [9]. Moreover, they show strong antibacterial activity against Staphylococcus aureus,

Staphylococcus epidermidis, Proteus vulgaris, Pseudomonas aeruginosa, Escherichia coli. Klebsiella pneumoniae, Bacillus subtilis. Enterococcus faecalis, and also have antifungal activity against Candida albicans [10]. Thymus vulgaris L. (Thyme) possesses various beneficial effects as carminative, antiseptic, antimicrobial and antioxidant properties [11]. Essential oil of thyme is known as therapy adjuvants in many diseases spasmolytic, expectorant, especially for its antimicrobial, antioxidant and choleretic properties [12]. Salvia fruticosa Mill. is a native species of the eastern Mediterranean basin [13, 14]. It is used as a hypoglycemic herb, against inflammations, hepatitis, tuberculosis and also possesses antifungal activity [15]. The essential oil obtained from S. fruticosa possessed antimicrobial activity against foodborne bacteria [16]. Mentha viridis L. (Spearmint / green mint), its boiled leaf extract has anti-infectious, antiflatulence and anti-inflammatory properties and are used to stimulate digestion and in treatment of viral hepatitis, colitis, gastric acidity and aerophagia [17, 18, 19]. Pharmaceutically, Lavandula officinalis L. plant and its preparations have been used for antispasmodic, carminative, antidepressant, expectorant, anti-rheumatic, relaxant, sedative, antiinflammatory and tonic properties. Their leaves and flowers have the highest amount of EOs that were used in aromatherapy, perfume, cosmetic and flavoring industries [20].

2. MATERIALS AND METHODS:

2.1. Collection of plant materials:

The fresh shoot system of each studied plant was collected from their habitats as shown in Table 1. The collected plants were identified by comparison with plant description in the flora of Egypt as well as herbarium specimens at Desert Research Center (DRC), Egypt.

Sample No.	Plant Name	Abbreviation	Habitat
1	Origanum majorana L.	<i>O. m.</i> 1	Sekem organic farm
2	Origanum majorana L.	<i>O. m.</i> 2	El-Maghara station, DRC, North Sinai
3	Origanum syriacum L.	<i>O. s.</i>	El-Sheikh Zowied station, DRC
4	Thymus capitatus L.	Т. с.	Marsa Matrouh (Wadi Habbes)
5	Thymus vulgaris L.	<i>T. v</i> .	Sekem organic farm
6	Salvia fruticosa Mill.	<i>S. f.</i>	El-Maghara station, DRC, North Sinai
7	Mentha viridis L.	<i>M</i> . <i>v</i> .	Sekem organic farm
8	Lavandula officinalis L.	<i>L. o.</i>	Sekem organic farm

Table 1: Habitats of collected studied medicinal plants.

2.2. Estimation of volatile oils content:

2.2.1. Preparation of the oil:

Separately, about 50g of shoot system of each plant sample was subjected to hydrodistillation for 5-6

hours, using a modified Clevenger-type glass apparatus to produce essential oil. The obtained oil was dried over anhydrous sodium sulphate (Na₂SO₄) and kept sealed in dark glass vial at -8°C until further investigations [8]. Percentage yield was determined [21]. Diluted essential oil (1/50 in n-heptane, v/v) used Gas Chromatography-Mass was for spectrometry (GC-MS) analyses [22]. GC-MS analyses HP 6890 series Gas Chromatography system with an HP 5973 mass selective detector was used. Column used was TR-FAME (Thermo 260 M142P) (30m, 0.25mm ID, 0.25 µm film), 70% cyanopropylpolysilphphenylene siloxane, capillary column. Injector temperature was 200°C, temperature transfer line was 250°C and the carrier gas was He₂ (1.5ml/min). The injected volume was 1µl (5µl/1ml solvent). The ionization energy was 70eV.

2.2.2. Identification of the compounds:

The identification of the compounds was based on comparison of their Kovats indices (KI), their retention times (RT) and mass spectra with NIST library data, Flavor 2 and Adams libraries spectra and literature [23]. Chem Station software (Agilent Technologies) was used for data analysis, and curves used for experimental estimation of Kovats indices which were plotted and drawn using Sci Da Vis software.

2.3. Tested microorganisms:

Six different isolates of multi-drug resistant (MDR) *Acinetobacter baumannii* and *Klebsiella pneumoniae* were used throughout the present work (Table 2). They were isolated from patients with variable nosocomial infections. These clinical isolates were identified phenotypically by using the Microbact TM Identification Kits GNB 12A-Oxoid [Gram-Negative Identification System-12A for Enterobacteriaceae]. All isolated bacterial strains used throughout the present study were maintained on Mueller Hinton agar slants and stored at 4°C with regular transfer at monthly intervals [24].

Table 2: Tested	microbial	isolates
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Tuble 21 Testea mierosiai isolates						
Microbial isolates	Number					
Acinetobacter baumannii	3 isolates (A_1, A_2, A_3)					
Klebsiella pneumoniae	3 isolates (K ₁ , K ₂ , K ₃)					

2.4. Antibacterial activity of commercially available antibiotics

The microbial isolates were subjected to antibiotic susceptibility test (disc diffusion method) to confirm

that they are MDR [24]. The used antibiotics (Oxoid) are shown in Table 3. Petri dishes were prepared with 10ml of sterile Mueller Hinton (MH) agar. For preparation of bacterial inocula, the bacterial density was adjusted to approximately 10^8 colony forming units (CFU) per ml (optical density was adjusted at 0.5 McFarland turbidity). The tested isolates were swabbed on the top of the solidified media and allowed to dry for 10 min. Antibiotic discs were placed on the surface of the medium and left for 30 min at room temperature for compound diffusion. The plates were incubated for 24 hrs at 37°C [24]. After incubation, diameters of inhibition zones (IZ) around the standard antibiotic discs were measured.

Table 3: Commercially	used antibiotics
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Abbreviations	Name and Concentration		
AK	Amikacin 30 µg		
AMC	20 μg Amoxicillin + 10 μg		
	Clavulanic acid		
С	Chloromphenicol 30 µg		
CAZ	Ceftazidime 30 µg		
CFM	Cefixime 5 µg		
CFP	Cefaperazone 75 µg		
CIP	Ciprofloxacin 5 µg		
CL	Cephalexin 30 µg		
CN	Gentamicin 10 µg		
CRO	Ceftriaxone 30 µg		
CT	Colistin 10 µg		
CTX	Cefotaxime 30 µg		
ETP	Ertapenem 10 µg		
FEP	Cefepime 30 µg		
IPM	Imipenem 10 µg		
LEV5	Levofloxacin 5 µg		
LOM10	Lomefloxacin 10 µg		
MEM10	Meropenem 10 µg		
OFX5	Ofloxacin 5 µg		
SAM20	10 μg Ampicillin + 10 μg		
	Sulbactam		
SCF105	Sulbactam / Cepaperazone 105		
	μg		
SXT25	Sulphamethazole / Trimethoprim		
	25 μg		
TGC15	Tigecycline 15 μg		
TZP110	100 μg Piperacillin + 10 μg		
	Tazobactam		

2.5. Antibacterial activities of EOs:

Under aseptic conditions, the antibacterial activities of 8 EOs under investigations were carried out by the disc diffusion method [25]. For preparation of bacterial inocula, the bacterial density was adjusted to approximately 10⁸ colony forming units (CFU) per ml (optical density was adjusted at 0.5 McFarland turbidity). Bacterial suspension was spread over the plates containing Mueller-Hinton agar using a sterile cotton swab in three directions in order to get a uniform microbial growth [25]. Empty sterile discs of 6 mm diameter of Whatmann paper number No 3 were loaded with 10µl of the tested EOs and then were placed on inoculated MH agar surface. Whenever it was possible, 2 discs of each tested EO were used. All plates were left at 4°C for 1h-2hrs for better oil diffusion and then incubated at 37°C for 24hrs. After incubation, average diameters of inhibition zones around the discs with essential oils were measured [26, 27]. From the previous screening step of the 8 EOs, the oils that show antibacterial effect against tested MDR bacterial isolates were subjected for determination of their minimum inhibitory concentration (MIC).

2.6. Critical dilution and disc diffusion determination of MIC:

The minimal inhibitory concentration (MIC) values of effective EOs were determined for all the tested bacterial isolates by combinations of critical dilution method and disc diffusion assay [28]. The experiment was performed in triplicate. The inoculums of the bacterial isolates were adjusted to approximately 10^8 colony forming units (CFU) per ml. The EOs was emulsified using 0.15% agar [29] and then serial two fold dilutions were made in a concentration range from (0.5 to 0.0000305 ml/ml). The empty sterile discs that were used in this experiment were saturated with 15µl of serially diluted EOs. The plates were then incubated at 37°C for 24-48 hrs. **2.7. Statistical analysis:** Values were expressed as means ± standard deviation (SD).

3. RESULTS AND DISCUSSION:

Medicinal plants may have the ability to treat bacterial resistance to many types of antibiotics because of their safety and low cost as well as their impact on a large number of microbes [30]. The antimicrobial action of essential oil components can be classified in the following decreasing order: phenols, aldehydes, ketones, alcohol, ethers (esters) and hydrocarbons [31, 32]. In the present study, the efficacy of EOs of some medicinal plants were determined quantitatively by measuring the diameter of the inhibition zones (IZ) around the discs and MIC of the most effective oils against six different isolates Acientobacter baumannii and Klebsiella of pneumoniae.

3.1. Chemical composition of EOs.

The fresh shoot system of plant samples of (O.m.1,O.m. 2, O.s., T. c., T.v., S.f., M.v. and L.o.) yielded 0.4, 1.62, 0.54, 1.0, 0.3, 1.09, 0.15, and 0.1% v/w oils, respectively. Qualitative essential and quantitative variations in the components of the 8 EOs were complied in Tables 4 to 11. GC/MS analysis of the (O.m.1, O.m.2, O.s., T.c., T.v., S.f., M.v. and L.o.) oils revealed the presence of terpinen-4-ol (21.99%), terpinen-4-ol (23.56%), cymene (27.98%), carvacrol (41.55%), m-thymol (23.97%), eucalyptol (54.84%), carvone (47.79%) and eucalyptol (36.42%) as major components, respectively. For Origanum majorana species

Peak No.	KI	7 0	Constituents
1	3.50	8.33	β -Phellandrene
2	4.23	13.60	(+)-4-Carene
3	5.09	16.83	Gamma-Terpinene
4	5.75	5.10	2-Carene
5	6.15	3.74	Benzene, 1-methyl-3-(1-methylethyl)-
6	12.06	2.83	ρ-Mentha-8-en-1-ol, stereoisomer
7	13.33	2.49	1, 6-Octadien-3-ol, 3, 7-dimethyl-
8	14.98	10.44	Cyclohexanol,1-methyl-4-(1-methylethyl)-, cis,
9	16.45	21.99	Terpinene-4-ol
10	16.75	1.81	2-Cyclohexen-1-ol,1-methyl-4-(1-methylethyl)-, cis,
11	17.01	0.56	β-Ocimene
12	17.42	0.70	Piperitol isomer I
13	18.26	0.29	Humulene
14	18.93	5.29	L- <i>a</i> -Terpineol
15	19.67	0.97	Terpinene-3-ol
16	20.22	2.63	1, 5, 5-Trimethyl-6-methylene-cyclohexene
17	20.80	0.24	Geranyl acetate
18	22.30	0.19	Geraniol
19	22.61	0.30	D-Carvone
20	29.98	0.10	Ledol
21	30.50	0.29	(-)-Globulol

 Table 4: Chemical composition of essential oil of O.m.1

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22	30.88	0.30	Caryophyllene oxide
23	31.45	0.43	Thymol
24	31.65	0.39	(-)-Spathulenol
25	33.48	0.16	Isospathulenol

Table 5: Chemical composition of essential oil of O.m.2

Peak No.	RT	%	Constituents
1	3.51	10.98	β-Phellandrene
2	4.22	16.77	(+)-2-Carene
3	5.07	19.96	Gamma-Terpinene
4	5.75	6.47	(+)-4-Carene
5	6.16	2.37	<i>o</i> -Cymene
6	12.04	0.90	ρ-Mentha-8-en-1-ol
7	13.30	0.84	1, 6-Octadien-3-ol, 3, 7-dimethyl-
8	14.83	4.30	2-Cyclohexen-1-ol, 1-methyl-4-(1-methylethyl)-, trans-
9	16.44	23.56	Terpinen-4-ol
10	16.73	1.83	2-Cyclohexen-1-ol,1-methyl-4-(1-methylethyl)-, cis,
11	16.98	1.60	Tricyclo [2.2.1.0 (2,6)] heptanes, 1, 7, 7-trimethyl-
12	17.40	0.66	2-Cyclohexen-1-ol, 3-methyl-6-(1-methylethyl)-, cis-
13	18.22	0.13	1, 8-Menthadiene-4-ol
14	18.92	6.11	L-alpha-Terpineol
15	19.66	1.23	Cis-Piperitol
16	20.17	1.29	1, 5, 5-Trimethyl-6-methylene-cyclohexene
17	20.79	0.11	Geranyl acetate
18	21.44	0.09	<i>ρ</i> -Diethylbenzene
19	22.29	0.12	2, 6-Octadien-1-ol, 3, 7-dimethyl-(z)-
20	22.59	0.46	D-Carvone
21	31.46	0.14	Thymol (3-methyl-4-isopropylphenol)
22	31.64	0.14	(+) Spathulenol

(*O.m.*1. and *O.m.*2), terpinen-4-ol (member of alcohol group) is the major component, with percentages of 21.99% and 23.56%, as indicated in Table 4 and Table 5, respectively, this is in agreement with [5]. For *O.s.* essential oil (Table 6), ρ -cymene is its main component (27.98%), this result is in agreement with [33] which demonstrated that, ρ -cymene is the main component (62.18%) in the early spring but in contrast with [34] which demonstrates that, thymol is the main component (23.5%). For *T.c.* essential oil, carvacrol is the main component

(41.55%) as indicated in Table 7 confirming that, *T.c.* is a carvacrol chemotype [35, 36].

As regard, T.v. essential oil, thymol is the main component (23.97%) as indicated in Table 8. This finding suggests that the essential oil belongs to the thymol chemotype which is in agreement with those previously reported in Romania [37]. In case of *S. f.* essential oil (Table 9), it was found that, eucalyptol is the main component with percentages of 54.84%. These results are in full agreement with [38].

Peak No.	RT	%	Constituents
1	3.51	2.82	Cyclofenchene
2	4.22	13.88	(+)-4-Carene
3	5.07	17.43	Gamma-Terpinene
4	5.70	3.19	2-Carene
5	6.21	27.98	<i>p</i> - Cymene = Thymene
6	10.63	0.93	Benzene, 1-methyl-4-(1-methylethenyl)-
7	12.08	0.90	4-Thujanol

8	12.66	0.23	Benzene, (2-methyl-1-propenyl)-
9	13.30	0.59	1, 6-Octadien-3-ol, 3, 7-dimethyl-
10	14.83	1.75	Cyclohexanol,1-methyl-4-(1-methylethyl)-, cis,
11	15.20	0.69	Aromandendrene
12	16.19	11.11	Terpinen-4-ol
13	16.65	0.41	2-Cyclohexen-1-ol, 1-methyl-4-(1-methylethyl)-, trans,
14	16.98	3.40	Tricyclo [2.2.1.0 (2, 6)] heptane, 1, 7, 7-trimethyl-
15	18.86	4.75	L-alpha-Terpineol
16	22.60	0.20	(-)-Carvone
17	30.20	0.14	Thymol
18	30.52	8.21	Benzene, 2-methoxy-1, 3, 5-trimethyl
19	30.89	0.35	Phenol, 2-ethyl-4, 5-dimethyl-
20	31.44	0.69	3-methyl-4-isopropylphenol-
21	33.66	0.35	Hexadecanoic acid, methyl ester

As regard, T.v. essential oil, thymol is the main component (23.97%) as indicated in Table 8. This finding suggests that the essential

oil belongs to the thymol chemotype which is in agreement with those previously reported in Romania

[37]. In case of *S. f.* essential oil (Table 9), it was found that, eucalyptol is the main component with percentages of 54.84%. These results are in full agreement with [38].

Table 7:	Chemical	composition o	f essential	oil of T. c.
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Peak No.	RT	%	Constituents		
1	3.71	1.62	β -Myrcene		
2	4.28	3.12	2-Carene		
3	5.07	11.48	Gamma-Terpinene		
4	5.72	7.59	Eucalyptol		
5	6.15	12.39	<i>o</i> -Cymene		
6	9.02	0.35	3-Octanol		
7	9.92	1.14	1-Octen-3-ol		
8	12.08	0.50	ρ -Menth-8-en-1-ol, stereoisomer		
9	13.31	2.52	1, 6-Octadien-3-ol, 3, 7-dimethyl-		
10	14.94	0.51	Cis-sabinene hydrate = 4-Thujanol		
11	16.02	6.29	Caryophyllene		
12	17.13	1.06	(+)-2-Bornanone		
13	18.23	0.29	Humulene		
14	18.65	0.22	Naphthalene, 1, 2, 3, 5, 8a-hexahydro-4, 7-dimethyl-1-1-(1-		
			methylethyl)-, (1S-cis)-		
15	19.07	3.84	Endo-Borneol		
16	26.58	3.62	Phenol, 2-methyl-5-(1-methylethyl)-, acetate		
17	30.22	0.19	3-methyl-4-isopropyl phenol		
18	30.51	0.89	Thymol		
19	31.78	41.55	Carvacrol		
20	33.55	0.40	Phenol, 2-methyl-5-(1-methylethyl)-		
21	33.85	0.16	Phenol-2-methyl-5-(1-methylethyl)-		
22	34.07	0.12	Benzene, 2-methoxy-1,3,5-trimethyl		
23	37.21	0.12	Carvacrol		

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Peak No.	RT	%	Constituents		
1	3.16	0.22	Camphana		
1	5.10	0.22			
2	3.73	0.83	β -Pinene		
3	4.22	2.36	(+)-4-Carene		
4	5.09	18.47	Gamma-Terpinene		
5	5.70	0.52	1, 8-Cineole		
6	6.30	27.26	Benzene, 1, 2, 3, 4-tetramethyl-		
7	9.93	0.85	1-Octen-3-ol		
8	12.05	0.63	Cyclohexanol,1-methyl-4-(1-methylethyl)-cis-		
9	13.29	2.74	1, 6-Octadien-3-ol, 3, 7-dimethyl-		
10	14.83	3.01	Benzene, 2-methoxy-4-methyl-1-1-(1methylethyl)-		
11	15.62	1.05	Benzene, 2-methoxy-4-methyl-1-1-(1methylethyl)-		
12	15.96	1.54	Caryophyllene		
13	16.12	1.64	Terpinen-4-ol		
14	17.04	1.46	(+)-2-Bornanone		
15	19.04	3.70	Endo-Borneol		
16	22.91	0.28	Butanoic acid, 2-methyl-, 3, 7-dimethyl-2, 6-octadienyl ester, (E)-		
17	25.60	0.19	Phenol, 5-methyl-2-(1-methylethyl)-, acetate		
18	30.20	0.43	3-Methyl-4-isopropylphenol-		
19	30.59	23.97	<i>m</i> -Thymol		
20	30.93	2.24	Phenol, 2-ethyl-4, 5-dimethyl-		
21	31.32	0.28	Phenol-2-methyl-5-(1-methylethyl)-		
22	31.46	6.12	2, 5-Diethyl phenol		
23	37.20	0.21	Alloaromadendrene		

Table 8: Chemical composition of essential oil of T. v.

For *M.v.* essential oil (Table 10), carvone is the main component (47.79%) as reported by other studies [39].

Peak No.	RT	%	Constituents			
1	3.25	2.45	β-Pinene			
2	3.63	1.79	Bicyclo [3.1.1] heptane, 6-6-dimethyl-2-methylene-, (1S)-			
3	4.27	1.33	D-Limonene			
4	5.81	54.84	Eucalyptol			
5	13.50	3.11	Bicyclo [3.1.0] hexan-3-one, 4-methyl-1-1-(1-methylethyl)-			
6	14.00	1.45	Thujone			
7	14.81	0.50	Trans-sabinene hydrate			
8	15.18	0.42	Aromandendrene			
9	16.08	6.07	Caryophyllene			
10	16.43	0.49	Bicyclo [3.1.1] heptan-3-one, 2, 6, 6-trimethyl-			
11	17.07	8.82	(+)-2-Bornanone			
12	18.25	1.47	Humulene			
13	18.46	2.06	Delta-Terpineol			
14	18.86	5.00	L-alpha-Terpineol			
15	19.04	0.88	Endo-Borneol			
16	19.35	2.10	2-Carene			
17	25.06	0.21	Coumarin-6-ol			
18	30.00	1.84	Aromandendrene			
19	30.52	0.24	(-)-Globulol			
20	30.89	1.69	Caryophyllene oxide			
21	31.45	0.29	Thymol			
22	31.65	1.29	(-)-Spathulenol			
23	32.40	0.50	12-Oxabicyclo [9.1.0] dodeca-3,7-diene,1, 5, 5, 8-tetramethyl-			
24	35.52	0.13	10, 10-Dimethyl-2, 6-dimethylene bicyclo [2.2.0] undecan-5-beta-ol			
25	36.23	0.19	3-[(Trimethylsilyl) ethynyl] benzaldehyde			
26	37.19	0.23	Patchoulene			
27	43.67	0.60	1-Naphthalenepropanol, α-ethenyldecahydro-α, 5, 5, 8-a tetramethyl-Z- methylene-, [1S-[1α, 4aB, 8aα]]-			

Table 9: Chemical composition of essential oil of S. f.

In case of *L.o.* essential oil (Table 11), it was found that, 1, 8-cineole (Eucalyptol) was the main

component (36.42%). This finding is in agreement with the study [40].

Peak No.	RT	%	Constituents
1	3.66	1.27	α-Pinene
2	3.75	1.67	β-Myrcene
3	4.33	27.63	D-Limonene
4	5.67	3.11	Eucalyptol
5	12.71	1.87	(-)-β-Bourbonene
6	16.09	3.22	Caryophyllene
7	17.85	0.72	(+)-Epi-Bicyclosesqu-iphellandrene
8	19.31	4.35	Neodihydrocarveol
9	19.62	2.03	Cyclohexanone, 2-methyl-5-(1-methylethyl)-, trans-
10	20.40	1.53	Cyclohexanol, 2-methyl-5-(1-methylethyl)-
11	21.87	2.67	Trans-Carveyl acetate
12	23.14	47.79	Carvone
13	23.65	0.33	2-Cyclohexane-1-one, 3-methyl-6-(1-methyl-ethyl)-
14	27.29	0.22	Carvone oxide, cis-
15	28.54	0.21	Butanoic acid, 2-methyl-, 2-phenyl ethyl ester
16	29.18	0.53	Carotol
17	29.44	0.23	2-Cyclopenten-1-one, 3-methyl-2-(2-pentenyl)-, (Z)-
18	30.88	0.28	Caryophyllene oxide
19	33.56	0.34	α-Cadinol

Table 10: Chemical composition of essential oil of *M.v.*

3.2. Antibacterial Activity

In vitro antibacterial activities of the studied 8 EOs were estimated by the diameter of inhibition that varied according to the active ingredients of each essential oil. *L.o.* and *S. f.* were ineffective against all tested bacterial isolates (no clear zones), while *M.v.* was effective only against 3 isolates of *Acinetobacter baumannii* with small clear zones and was ineffective against the 3 isolates of *Klebsiella pneumoniae* (no clear zones) as indicated in table (12). In contrast, the other five essential oils (*T.c.*, *T.v.*, *O.s.*, *O.m.*1, *O.m.*2) were effective against all tested bacterial strains with different inhibition zone diameters. *Thymus capitatus* was the most effective essential oil with the largest inhibition zones against all tested bacterial isolates, except A₃ against which *T.v.* was

more effective (clear zone = 3.33cm). From the obtained results, the more effective five EOs (T.c., T.v., O.m.1, O.m.2 and O.s.) were selected to determine their MIC values. The bacteriostatic effectiveness of these essential oils was estimated by MIC and revealed that, T.c. shows the highest antibacterial activity against all bacterial isolates. Pcymene is the precursor of carvacrol and thymol, so O.s. has antibacterial effect but lower than T.c., T.v., and higher than other EOs (O.m.1, O.m.2 and M.v.). Its MIC values ranged from 0.004 to 0.063 mg/ml. This result is in the same context with the finding of [41], which revealed that, O.s. EO showed antibacterial activity against some GNB: Proteus spp., Klebsiella pneumoniae, Yersinia enterocolitica and Escherichia coli O157: H7.

Table 11: Chemical composition of essential oil of L.o.				
0/0	Constituents			

Peak No.	RT	%	Constituents			
1	3.43	0.69	3-Carene			
2	4.29	2.81	D-Limonene			
3	4.91	8.31	β -Phellandrene			
4	5.74	36.42	Eucalyptol = 1, 8- cineole			
5	6.13	5.45	<i>o</i> -Cymene			
6	12.55	0.80	1H-Cycloprop [e] azulene, 1a, 2, 3, 4, 4a, 5, 6, 7b-octahydro 1, 1,			
			7, 4-tetramethyl-, [1aR-(1a-alpha., 4.alpha., 4a.beta., 7b.alpha.)]-			
7	14.92	0.53	Campholaldehyde			
8	16.17	3.06	Terpineol-4-ol			
9	17.14	18.71	(+)-2-Bornanone			
10	17.83	0.85	2-Cyclohexen-1-one, 4-(2-oxopropyl)-			
11	18.47	0.31	α-Terpineol			
12	19.05	3.73	Endo-Borneol			
13	19.63	0.74	Myrtenal			
14	22.27	0.42	2-Cyclohexan-1-ol, 2-methyl-5-(1-methylethyl)-, cis,			
15	22.50	1.07	2-Cyclohexen-1-one, 4-(1-methylethyl)			
16	22.62	3.07	D-Carvone			
17	23.20	0.56	Benzenemethanol, α , α , 4-trimethyl-			
18	23.37	2.20	Propanol, 2-methyl-3-phenyl-			
19	23.56	0.40	2-Cyclohexen-1-one, 3-methyl-6-(1-methylethyl)-			
20	29.21	0.53	Copaene			
21	29.63	0.26	Selina-3, 7(11)-diene			
22	30.03	0.31	ρ-Cymen-7-ol			
23	30.51	0.50	Thymol			
24	30.89	1.58	Caryophyllene oxide			
25	31.45	0.69	3-Methyl-4-isopropyl-phenol			
26	31.89	3.61	α-Copaene			
27	33.05	0.23	1H-3a, 7-Methanoazulene, 2, 3, 4, 7, 8, 8a-hexahydro-3, 6, 8, 8-			
			tetramethyl-[3R-(3α , $3\alpha\beta$, 7β , $8\alpha\alpha$)]-			
28	33.56	0.46	a-Cadinol			
29	37.20	0.92	Viridiflorol			
30	38.98	0.32	Cadina-4, 10(15)-dien-3-one			
31	40.92	0.45	N-(2'-Thiazolyl)-2, 5-dimethylpyrrole-3-carbaldehyde			

MDR-	IZ (cm ± SD) in cm								
GNB	T.c.	<i>T.v.</i>	<i>O.m.</i> 1	<i>O.m.</i> 2	<i>O.s.</i>	<i>M.v.</i>	L.o.	S.f.	
A_1	4.43±0.05	4.43±0.30	1.13±0.04	1.46 ± 0.04	2.53±0.04	1.1±0	0	0	
A_2	5.63±0.20	5.06±0.10	1.06 ± 0.04	1.86 ± 0.04	2.63±0.04	1.83 ± 0.04	0	0	
A ₃	3.13±0.04	3.33±0.10	1.56 ± 0.04	1.5±0	2.6±0	1.23 ± 0.04	0	0	
K ₁	1.93±0.04	1.2±0.10	1.0±0	1.0±0	1.06 ± 0.04	0	0	0	
K ₂	2.63±0.04	2.26±0.04	1.3±0	1.23±0.04	1.8±0	0	0	0	
K ₃	2.1±0	1.13±0.04	1.3±0	1.2±0	1.4 ± 0.08	0	0	0	
IZ = Inhibition zone + SD = Standard deviation									

Table 12: Antibacterial activity of the studied essential oils against MDRGNB using agar disc diffusion method.

IZ = Inhibition zone

This study reported that, the antibacterial activity of T.c. was the highest when compared to other EOs activities, its MIC values ranged from 0.001 to 0.008 mg/ml (Table 13). This result is in the same context with [42] that demonstrated the strong antibacterial activity of essential oil of T.c. and its significant potential to reduce pathogen colonization in colon epithelium. According to the composition of T.v. and T.c. oils, antibacterial activity of thymol is less than that of carvacrol, with MIC values of thymol ranged from 0.008 to 0.125 mg/ml (Table 13). This finding is in agreement with the study done [43] which demonstrated that, essential oil of T.v. possessed strong antimicrobial properties against 7 common (Pseudomonas aeruginosa, Klebsiella bacteria pneumoniae. Enterococcus faecalis. Salmonella typhimurium, Escherichia coli and Staphylococcus aureus) and Candida albicans. Several studies have

demonstrated the antimicrobial effects of thymol, ranging from inducing antibiotic susceptibility in drug resistant pathogens to powerful antioxidant properties [44]. Thyme plant is used since ancient times to achieve healing, antiseptic fumigation, food preservation and other useful effects [45]. The MIC values of O.m.1 ranged from 0.031 to 0.166 mg/ml, while the MIC values of O.m.2 ranged from 0.052 to 0.125 mg/ml. The variation of MIC values between the 2 species of Origanum majorana is due to the difference in chemical composition of the oil. This result is in agreement with [5] which promoted an inhibitory effect of essential oil of Origanum majorana against Staphylococci aureus and E. coli. Oils containing carvones are used in aromatherapy

and alternative medicine [46]. The oxygenated monoterpenes carvone and dihydrocarvone are potential inhibitors of bacterial, fungal growth, as well as prospective insect repellents [47]. Carvone is capable of disrupting the pH gradient and membrane potential of cells. With increasing amount of carvone, it was observed a decrease in the growth rate of E. coli, Streptococcus thermophilus and Lactobacillus lactis and that might be due that carvone act by disturbing the metabolic energy status of cells [48]. Our results revealed that, M.v. has weak effect on the 3 different isolates of Acientobacter baumannii and no effect on the 3 isolates of Klebsiella pneumonia. This is in agreement with [39] as Klebsiella pneumonia was inhibited by M.v. while E. coli was least susceptible. Essential oils of L.o. showed no activity against all bacterial isolates of Acinetobacter baumannii and Klebsiella pneumoniae, which is in agreement [49] as essential oil of L.o. had no antibacterial activity against GNB (Pseudomonas *fluorescens*). Eucalyptol is one of the most important monoterpene oxides. It is expectorant widely used in commercial cough lozenges. The characteristic aroma of eucalyptol can be described as eucalyptus, mint and camphoraceous [50]. Essential oils of S. f. showed no activity against all bacterial isolates of Acinetobacter baumannii and Klebsiella pneumonia, this result was in contrast with [51] where essential oil of S. f. showed antibacterial activity against Gram +ve bacteria (Bacillus cereus, Micrococcus flavus, Staphylococcus aureus and Listeria monocytogenes) and Gram -ve bacteria (Escherichia coli. Pseudomonas aeruginosa, proteus mirabilis and Salmonella typhimurium).

MDRGNB	MIC (mg/ml ± SD)						
	<i>T.c. T.v.</i>		<i>O.m.</i> 1	<i>O.m.</i> 2	<i>O.s.</i>		
A_1	0.001±0	0.016±0	0.031±0	0.063±0	0.016±0		
A ₂	0.001±0	0.063±0	0.125±0	0.063±0	0.063±0		
A ₃	0.008 ± 0	0.063±0	0.031±0	0.125±0	0.031±0		
K ₁	0.008±0	0.125±0	0.034±0.02	0.125±0	0.063±0		
K ₂	0.008±0	0.016±0	0.166±0.05	0.125±0	0.031±0		
K ₃	0.001±0	0.008±0	0.052±0.01	0.052±0.01	0.004±0		

Table 13: MIC (mg/ml) values of the most effective essential oils against MDRGNB using critical dilution method and disc diffusion assay.

4. CONCLUSION

Some EOs of Egyptian medicinal plants belonging to family Lamiaceae can be considered as potential source of new antibiotics against multi-drug resistant gram negative microorganisms.

5. **RECOMMENDATION**

Further and more specific studies are recommended to determine the efficacy of these EOs in treatment of multi-drug infections caused by Gram negative microorganisms.

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