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## Current perspectives on dengue episode in Malaysia

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## ABSTRACT

Prevalence of dengue transmission has been alarmed by an estimate of 390 million infections per annum. Urban encroachment, ecological disruption and poor sanitation are all contributory factors of increased epidemiology. Complication however arises from the fact that dengue virus inherently exists as four different serotypes. Secondary infection is often manifested in the more severe form, such that antibody-dependent enhancement (ADE) could aggravate ailment by allowing pre-existing antibodies to form complexes with infecting viruses as means of intrusion. Consequently, increased viraemic titer and suppression of antiviral response are observed. Deep concerns are thus expressed in regards to escalating trend of hospitalisation and mortality rates. In Malaysia, situation is exacerbated by improper clinical management and pending vector control operations. As a preparedness strategy against the potential deadly dengue pandemic, the call for development of a durable and cost-effective dengue vaccine against all infecting serotypes is intensified. Even though several vaccine candidates are currently being evaluated in clinical trials, uncertainties in regards to serotypes interference, incomplete protection and dose adequacy have been raised. Instead of sole reliance on outsourcing, production of local vaccine should be considered in coherent to government's efforts to combat against dengue.

## 1. Introduction

The alarming rise of dengue epidemiology has been highlighted to haunt 40% of world population; where disease severity varies from asymptomatic infection to undifferentiated dengue fever (DF) or possibly develop into life-threatening manifestations such as dengue haemorrhagic fever (DHF) and dengue shock syndrome (DSS) [1]. Classified under the Flaviviridae virus family, dengue virus (DENV) presents itself as a 500 Å single-stranded, positive-sense non-segmented RNA virus [2]. Size of the virus genome is approximately 10.6 kilo-base pairs (kbp) long; encoding a single polypeptide which will be processed by serine protease into structural proteins, namely capsid (C); envelope glycoprotein (E); precursor

membrane (prM) and non-structural biomolecules (NS1, 2A, 2B, 3, 4A, 4B and 5) [3]. During assembly, the highly-basic C protein will encapsidate the viral RNA to form nucleocapsid particles while prM assists the folding of surface-exposed E glycoprotein, with both integrated into the lipid bilayer [4].

Hitherto, transmission of the endemic virus has been reported in more than 100 countries. Incidence rate has expanded by 500-fold, spreading from South-east Asia to Americans and Western Pacific merely within a-half century [5]. Global distribution of dengue disease is strongly influenced by urbanisation, demographic and environmental factors. Cumulative concerns are also driven by increased travel of tourists and military personnel [6]. Based on the 50–100 million of cases reported annually, an average of 500000 patients are hospitalised with DHF and DSS where 22000 deaths are primarily among children [7,8]. Yet, recent study reported startling estimates of dengue burden that triples past predictions, where 390 million infections were mapped per annum [9]. The effect from global warming has also made it possible for *Aedes* mosquitoes to survive beyond its current distribution and further promotes the spread of virus. In fact it was projected that by 2080s, over 5–6 billion of world

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population may be exposed to risk of infection due to climate change and population growth [10].

## 2. Pathogenesis

Humans are infected through the bite of *Aedes* mosquitoes that usually breed in domestic water containers. Abrupt fever accompanied by anorexia, headache, myalgia, retro-orbital pain and occasionally rashes are symptoms of classical DF within 4–7 days of febrile period [11]. Onset of critical DHF and DSS usually emerges during time of defervescence where increased propensity of capillary leakage is observed prior hypovolemic shock [12]. As infecting virus is being circulated in the peripheral blood of patients, a mosquito's bite during febrile viraemic stage would result in disease being transmitted to another host after an extrinsic incubation period [13]. DHF is commonly diagnosed with haemorrhagic bleeding, thrombocytopenia and increased fluid effusion in addition to typical DF symptoms; while DSS is presented by weak pulse and pressure, where profound shock may set in and lead to death within 12–36 h [11].

Clathrin-mediated endocytosis is deployed as the cell entry mechanism during initial infection. Upon binding of the viral particle to the cellular receptor, clathrin-coated pit will capture the complex and then pinch off into cell cytoplasm [14]. During secondary infection, complexes are formed between replicating viruses and non-neutralising antibodies induced by previous infection or even derived from maternal IgG to usurp Fc- $\gamma$  receptors as mode of entry [15]. This phenomenon is denoted as antibody-dependent enhancement (ADE). Upon entry, the vesicles move through the endosomes until conformational change is triggered by acidification which ultimately releases the uncoated single-stranded viral RNA into cytosol [16]. Translation of viral genetic material proceeds at rough endoplasmic reticulum (ER) before membrane is invaginated to form vesicles for RNA replication. Following virus budding into ER lumen, progeny virions are packed and transported to trans-Golgi complex for prM cleavage by cellular furin protease prior releasing mature virions through constitutive secretory pathway [17].

Feeding of disease carrier presumably introduces DENV into the bloodstream, where Langerhans cells are targeted followed by local replication of virus. Infected dendritic cells then undergo maturation and migrate towards the lymph nodes to target monocytes and macrophages [18]. Infection is amplified through the dissemination of virus in lymphatic system [11]. In the context of dengue pathogenesis, subversion of host immunity is achieved by hijacking host cellular machineries to promote infection. The virus adaption tricks are summarised as follow: (i) induction of autophagy via unfolded protein response to trigger production of double membrane vesicles as viral replication platform; (ii) mobilisation of triglyceride by lipophagy to produce energy for viral assembly; and (iii) sequestration of stress granules to prevent stalling of mRNA translation [19]. Albeit association of ailment aggravation to ADE still remains elusive, compiling evidences are now highlighting its cytotoxic outcome based on increased viraemic titre and/or modulation of immunosuppressive events to alter conduciveness of local milieu for viral replication [12]. In fact, it has been proven that ADE is the strongest risk factor of DHF/DSS development when severe illness is suffered by seropositive

patients [20]. It was also emphasised that the risk of acquiring DHF in secondary infections was 40 times significantly higher than primary cases [19].

## 3. Prevalence and epidemiology

Transmission cycles of DENV are observed from two phenomena: (i) sylvatic cycle of canopy-dwelling *Aedes* mosquitoes that infect non-human primates in rain forest habitats of Asia and Africa; and (ii) infection of human hosts by *Aedes aegypti* (*A. aegypti*) (primary vector) and/or *A. albopictus* that circulate in urban and peri-urban environments of tropics [21]. Interestingly, DENV isolates in most urban centres are evolved from sylvatic progenitors approximately 100–1500 years ago [22]. It is also believed that structural changes of the domain III of DENV E protein (EDIII) have prompted adaptation to new peridomestic vectors that led to resurgence of the arbovirus. Albeit the earliest record of epidemics could be traced back to 1780–1940, yet, it was the ecological disruption during World War II that intensified disease transmission in South-East Asia and Pacific [21]. In parts of Central and South American, the collapse of *A. aegypti* eradication campaign during early 1970s had set a scene of re-infestation and hyperendemicity followed due to increased circulation of viral serotypes into these areas [23]. Escalating movement of dengue virus into new territories had been mapped, where geographical spread of different subtypes was significantly noted in the last two decades, particularly in Asia and Latin America [24]. Contemporary understanding of the distribution pattern of DENV should be underlined in terms of providing insights to disease management and clinical research.

## 4. History of dengue in Malaysia

In Malaysia, onset of dengue infection was dated back in year 1901 following transmission from Singapore to Penang [25]. First epidemic outbreak was then alarmed in 1973, recording a total of 969 cases and 54 deaths [26]. The condition continued to worsen thereafter, with increasing disease infestation among urban dwellers throughout the nation [27]. Taxonomically, the causative agent is an icosahedral virus that manifests as four distinct subtypes (DENV1–4) with 65–70% sequence homology [28]. Not surprisingly, all serotypes were found to be co-circulating in Malaysia. For instance, DENV1, DENV2 and DENV3 were identified in Negeri Sembilan [29], multiple entries of DENV2 and DENV4 in Sarawak [30] while DENV4 dominated the populated regions of Kuala Lumpur and Selangor [31]. It was suggested that severity of disease outbreak could be predicted based on the predominant serotype at one point [32]. Such correlation was also proven by other findings, whereby intense illness was observed in patients suffering from primary infection of DENV1 or DENV3 whereas infestation by DENV2 in secondary case would further aggravate ailment with DHF [33,34]. Generally all gender and ethnic groups are equally vulnerable to dengue infection. In South-East Asia, severe DHF/DSS cases are predominant among paediatric patients aged between 2 and 15 years [35]. However, a shift of disease pattern inclining towards adult population has been highlighted recently. In Malaysia,

majority of the affected community are now identified as the age group of 13–35 years old [36]. In fact, high dengue IgG seropositivity (91.6%) had been detected among Malaysian adults despite of localities [37]. On annual basis, economic burden of USD \$56 million had been allocated as disease management fees [38]. This is the dengue episode which causes impact on most health domains, leading to 60% loss in quality of life (QoL) in the worst scenario [39].

## 5. Current statistics and disease management

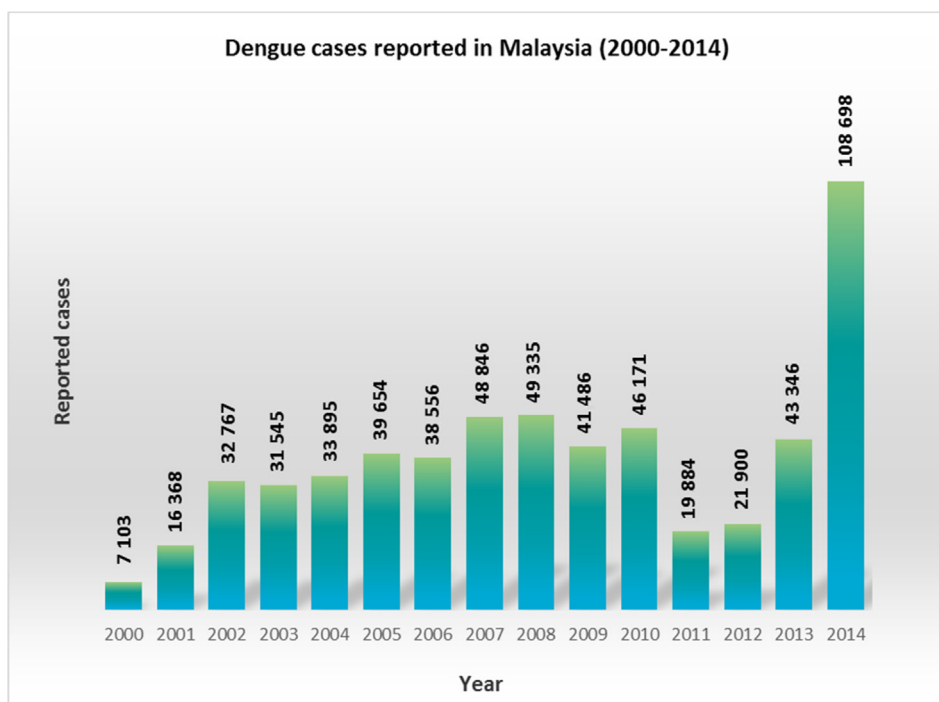
In Malaysia, dengue is perceived as a highly contagious health threat with escalating trend of infection. The average number of dengue cases and death tolls had recorded a surge of 14% and 8%, respectively per annum, over the years of 2000–2010 [40]. Even worse, Malaysia had suffered an increment of 250% infections in 2014 alone as shown in Figure 1 [41,42]. Based on the latest record, a total number of 59866 dengue cases and 165 deaths had been reported merely within the first half of the year (updated on 6th July 2015). Comparing the disease trend in Malaysia (see Figure 2 [42]), it is predictable that dengue will continue to hog nation headlines with record breaking levels if no effective control operations are enforced. Situation may only get worse in the upcoming months as cases usually peak in the spell of wet weather during monsoon season. With 10000 people contracting the disease every month, it can progress into more intense scenario as seroprevalence of dengue antibodies is contributing to high fatality rate when associated with ADE during secondary infection. Considering the number of under-reported cases, the data may not reflect the absolute figure due to low public awareness and passive surveillance system. This signifies that dengue episode in Malaysia is under the solemn pressure of reaching a pandemic level.

## 6. The ‘oldfolk’ remedies

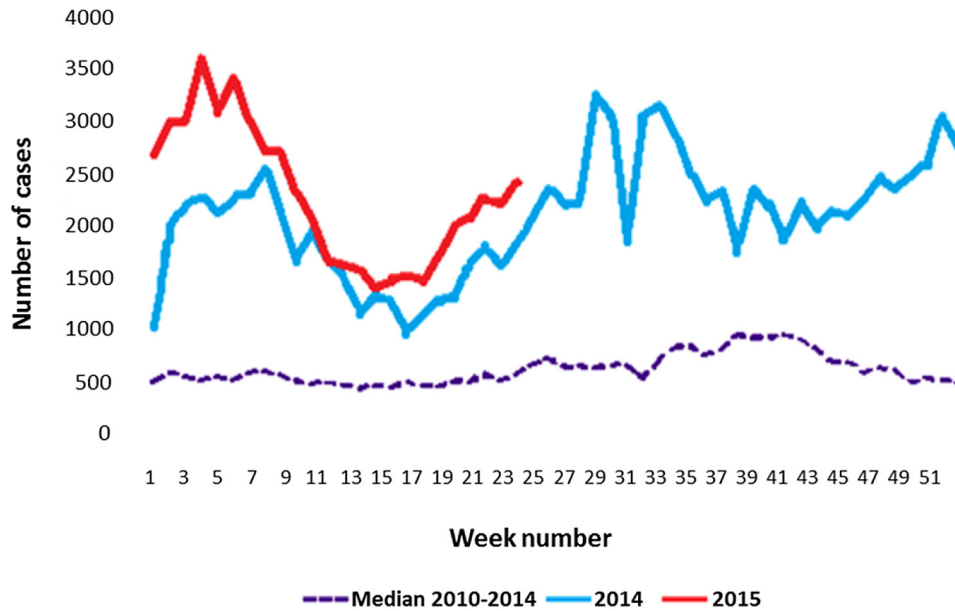
Hitherto, no specific medication is available for dengue treatment. Current clinical practices mainly rely on administration of paracetamol and isotonic intravenous fluids apart from close monitoring of blood glucose and platelet levels [43]. However, fluid overload could complicate situation when patient care is not judiciously monitored; which might lead to circulatory failure in its most severe form. Concern was raised as high percentage of deaths correlated to fluid overload [44], thereby reflecting the competency gap in clinical management. Moreover, the lack of vaccine or suitable drug has driven public's reliance on traditional remedies that are mostly not scientifically proven. Common practices include decoction of tawa–tawa leaves, bitter gourd and preparation of papaya leaves. Caution must be considered as over-dosage of certain plant extracts may be toxic. For instance, toxicological studies of tawa–tawa extract (*Euphorbia hirta*) had confirmed its genotoxic and cytotoxic properties [45,46]. A list of medicinal plants with tested anti-dengue activity had been summarised by Abd Kadir *et al.* [47].

## 7. Aedes mosquitoes control regimes

Under such circumstances, the only available option to curb the disease relies on vector control programmes. Yet, regimes in practice such as insecticidal treatment and fogging have failed to produce expected disease containment owing to high cost and limited effectiveness [48]. Understanding the seasonal cycle of disease transmission provides a fundamental basis to guarantee a success of vector control. For instance, fogging can be scheduled at the peak biting time especially in the advent of rainy season. Nevertheless, it should be noted that extensive applications might adversely prompt the emergence of



**Figure 1.** Statistical number of dengue cases reported within the period 2000–2014. Data sourced from Malaysian Remote Sensing Agency (ARSM)/ Ministry of Science, Technology and Innovation (MOSTI) [41] and World Health Organization Western Pacific Region (WPRO) [42].



**Figure 2.** A comparative graph showing the trend of dengue infections in Malaysia; translated from Malay to English translation. Diagram modified from WPRO [42].

insecticide-resistant mosquitoes. The effectiveness of permethrin (a broad spectrum pyrethroid insecticide which is widely employed for vector control programme in Malaysia) was questionable when a collection of field strains from Kuala Lumpur had shown to exhibit up to 5.57 folds of resistance [49]. Such preventive practices were also hampered by public's underestimation of the susceptibility to dengue infection and the lack of concerted community efforts [50]. Their inattentive behaviour in maintaining good sanitation (e.g. reduce *Aedes* breeding grounds) and reliance on health authority are community challenges that need serious attention; this possibly can be overcome upon adopting the Communication for Behavioural Impact (COMBI) approach by World Health Organization [51].

A new vector suppression technology (i.e. Release of Insects with Dominant Lethality, RIDL) was adopted by the Malaysia government in December 2010. It involved releasing genetically-modified (GM) mosquitoes into the uninhabited forest of Pahang. The sterile male *A. aegypti* (OX513A) was manipulated to harbour dominant lethal transgene insertion and compete with wild-type male for mating. High expression of the lethal factor in a positive feedback loop would then limit the survival of transgenics by 95–97% at late-larval or early-pupal stage [52]. The ultimate aim is to reduce the target population involved in disease transmission. Albeit the fitness of modified strain was not affected in the open field settings, the data obtained was inconclusive to demonstrate vector suppression as the release site was far beyond their natural habitats (urbanised area) for mating [48]. Future operational use of the modified strain would be supported if similar observation could be collected as that of the field trial in Cayman Islands [53]. On the other hand, *Wolbachia*-based biocontrol was exploited by Australia through transinfection of *A. aegypti*. In such approach, dengue transmission is suppressed through sabotage of vector breeding via cytoplasmic incompatibility and also shortens virus lifespan by blocking viral replication in mosquitoes' salivary gland [54]. The *Wolbachia* invasion strategy had pulled off a successful 'proof-of-concept', where fixation of bacteria in the wild mosquito population was

observed after three months [55]. Still, the paradigm of *Wolbachia* release requires further monitoring on the direct test of efficacy. Predictions are made whereby dengue could mutate to acquire stronger virulence and/or partially escape the transmission blockage; while evolution of *Wolbachia* at its fitness cost is possible since life-shortening property is also limiting bacterial establishment [56]. So far, field trials of releasing *Wolbachia*-infected mosquitoes have begun in dengue endemic areas (i.e. Brazil, Colombia, Indonesia and Vietnam) where formal assessment of epidemiological protection can be done [57]. Worthwhile to mention, a lesson should be learnt from the public backlash against release of GM mosquitoes in Malaysia. This is because community engagement is indispensable to gauge support and promote the implementation of a new programme.

## 8. Future direction: vaccine development

Waves of dengue vaccine development have increased dramatically over the decade, aiming to pursue the unmet medical need of tropical and sub-tropical urban dwellers. Looking into the state-of-art of vaccine development, competition on pioneering rights to license an immunoprotective dengue vaccine has been progressing aggressively among organisations like Sanofi Pasteur, Walter Reed Army Institute of Research, Naval Medical Research Center, John Hopkins Bloomberg School of Public Health and so on. Although live attenuated vaccines are the most clinically evaluated along the pipeline [58], potency of other vaccine candidates generated as whole inactivated virus [59], recombinant subunit protein [60] and DNA-based vaccine [61] are also undertaking clinical trials. Despite that, it was predicted that none will be released for community distribution by year 2015 [62].

While active researches are ongoing, resolving questions on the flavivirus biology and immunopathogenesis still remain as the key challenges. Problem to be addressed is even reflected from Sanofi's vaccine candidate. Albeit ChimeriVax-Dengue (CYD) is advancing to the finish line, serotypes interference has been reported. Competition of *in vivo* viral replication and

epitopes-linked immunodominance were noted when the vaccine was administered as tetravalent formulation [63]. Imbalance viral replication among the four monovalent serotypes was perceived as a threat that could jeopardise the desired level of immunoprotectivity [64]. The phase 2b clinical trial conducted in Thailand revealed that CYD did not offer protection against DENV2 infection even after three doses [65]. The possibility of antigenic mismatch between CYD2 vaccine design and DENV2 was ruled in as the factor that could diminish the overall protection efficacy [66]. Based on the recent phase 3 clinical trials, the vaccine efficacy for serotype 2-specific still remained as the lowest [67]. Despite with proven efficacy, more conclusive data on its tetravalency protection should be properly assessed in epidemiological settings. Also, it is a concern if Sanofi can only offer 100 million doses of first vaccine; it is unable to deliver immediate reliefs with 3 billion of world populace who are at stake of risk [68].

In terms of subunit vaccine production, dengue E protein has been the most targeted antigenic determinant. Its structure is organised into three ectodomains (I–III), serves to assist attachment and entrance into host cells via receptors like heparin sulphate [69]. In fact, it is the immunoglobulin-like EDIII that harbours the receptor binding motif to elicit neutralising monoclonal antibodies [70]. The selection of EDIII as the serotype-specific antigenic determinant was consolidated by Block *et al.* [71], stating that other structural proteins (i.e. EDI/II and prM) were associated with ADE despite having (weak) neutralisation capacity. The stand-alone stability of domain III also made it intrinsically different from other parts of the glycoprotein [72]. In several studies, EDIII was expressed as the consensus sequence aligned between four DENV serotypes [73–76], designated as cEDIII. This is justified based on the requirement for cross-neutralisation in order to confer full immunisation against all serotypes. In fact, the mice immunological data from Leng *et al.* [73] demonstrated that cEDIII was able to block viral infections from four serotypes simultaneously. Due to the fact that wild-type mice are naturally-resistant to dengue infections, further challenge studies with non-human primates is thought to be more reliable. However, recent experimentation by Chen *et al.* [77] reported macaques' seroconversion was obtained but unlikely only against DENV serotype-2. It was explained by the different epitope recognition site harboured by neutralising antibodies elicited in different species model. If cEDIII-based antigen is proven to be useful, it could benefit from being stumbled by immune interference issue. Moreover, in consideration of virus mutation and lineage replacement is possible [78,79], development of a long-term protective vaccine is imperative.

Local vaccine development would have a momentous impact in Malaysia as, up to date, there are (i) no licensed dengue vaccine available globally; (ii) no successful vector control regimes to hamper rapid proliferation of *A. aegypti* especially in remote areas; and (iii) no published or patented use of local isolates as tetravalent vaccine candidate. Recording an annual estimate of USD \$238 million economic burden in countries within South America and South-East Asia, projection is made that as discovery of dengue vaccine ratchets up, the potential market could capture an astounding value of USD \$2–21 billion in near future [80,81]. Inundated with escalating dengue outbreaks that raged through local patients, the protection offered by established vaccine is anticipated to guard public health, in line with the government's effort to combat the spread of

dengue through release of genetically-modified mosquitoes and reinforced sanitary measures.

## 9. Conclusion

To battle the upsurge of disease burden implicated in ambulatory and medical settings, there is an urgent call to deliver a durable and effective pharmaceuticals as no licensed vaccine is available to date. This is in consideration that dengue endemic is predominantly suffered by under-developed nations including Malaysia. Collaborative efforts between dengue vaccine research groups and government health agencies are imperative to make a significant contribution in dengue control, without under-estimating the risk underlying this potentially fatal global threat.

## Conflict of interest statement

We declare that we have no conflict of interest.

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