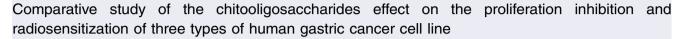
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## ABSTRACT

**Objective:** To observe the chitooligosaccharides (COS) effect on the proliferation inhibition and radiosensitivity of three types of human gastric cancer cell line. **Mothods:** CCK-8 assay was employed to obtain the inhibition ratio of COS on BGC823 cells, MKN45 cells and SGC7901 cells at 48 h after treatment and the proliferation-inhibition curve was drawn with the inhibition ratio of COS on three types of cells. The clonogenic assay was used to detect the cell viability of 0, 1, 2, 4, 6 and 8 Gy (6 dose grades) in RAY group and RAY + COS group after X-ray, and the cell survival curve was used to detect cell cycle and apoptosis rate in control group, RAY group and RAY + COS group after 48 h treatment.

**Results:** COS inhibited the proliferation of three types of cells. The inhibition rate was positively correlated with the concentration of COS, and the susceptibility of MKN45 cells, SGC7901 cells and BGC823 cells to COS decreased in turn. The cell viability decreased gradually with the increasing radiation dose in RAY group and RAY + COS group (P < 0.01). The cell viabilities of RAY + COS group were lower than those of RAY group at all the dose grades under X-ray exposure (P < 0.01), and the sensitization enhancement ratios of COS on BGC823 cells, MKN45 cells and SGC7901 cells were 1.06, 1.28 and 1.15, respectively. In controlled trials, apoptosis rate and percentage in the G<sub>2</sub>/M phase of three types of cells in RAY + COS group were higher than those in control group and RAY group, and percentage in the S phase and the G<sub>0</sub>/G<sub>1</sub> phase in RAY + COS group were lower than those in the other two groups (P < 0.01).

cells and enhance the radiosensitivity by inducing apoptosis and  $G_2/M$  phase arrest.

#### **1. Introduction**

With the progress of medical science and technology, the incidence and mortality of gastric cancer show a trend of decline gradually in the worldwide, but China is still a high-risk area where the cases of newly-increased and death in each year are more than 40% and 35% of total amount of the world [1]. A survey data of cancer epidemiology of China in 2010 showed that standardized incidence and mortality of gastric cancer all

ranked third in malignant tumor, 23.71% and 16.64% respectively [2,3], and it's of great significance to actively explore the effective treatment for many patients with gastric cancer. Although surgical resection is still the preferred way to radically cure gastric cancer currently, the recurrence and mortality of a single surgery are more than 80% in 5 years after operation. Based on this background, radiotherapy as an irreplaceable and important supplementary method has been used in each stage of clinical treatment comprehensively [4,5]. Although radiotherapy shows more and more advantages in the treatment and research of gastric cancer, damage of radioactive rays on healthy tissue still can't be ignored. The use of excellent radiosensitizer is effective measure to lower the sideeffect of radiotherapy. Chitooligosaccharides (COS) is one of the concerned hot-topics of biological medical workers in recent years and past research has found that it not only possesses the

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good effect like oxidation reaction and activation of autoimmune, but also has positive effect to inhibit tumor development [6.7]. However, the use of COS synergistic radiation is still seldom reported so far. This research selects three types of human gastric cancer cell line including BGC823, MKN45 and SGC7901 as objective to conduct an experiment to compare COS effect on their proliferation inhibition and radiosensitization. Moreover, we preliminary explore the mechanism of action and hope to provide theoretical basis for seeking more efficient and harmfulless treatment scheme for gastric cancer. Presently reports are the following.

### 2. Materials and methods

# 2.1. Cell lines, experimental materials and experimental methods

A total of 6 concentration levels of COS were established and each level was conducted simultaneously with 3 holes in parallel samples. Three cell lines of continuous cell culture to logarithmic phase (human gastric cancer including BGC823, MKN45, SGC7901 cells, Shanghai Institute of Cells, Chinese Academy of Sciences) were diluted as  $4 \times 10^4$ /L of concentration through digestion and joined into 96-well plates according to 0.1 mL/well, and then were placed in a suitable environment for adherent growth (CO2 incubator, Shanghai Gemtop Scientific Instrument Co., LTD). The fresh culture medium (0.11 mL/well) diluted with COS (Shanghai HuiCheng Biotechnology Co., LTD) was replaced after 24 h and 0, 1.0, 2.0, 3.0, 4.0, 5.0 mg/mL of concentrations respectively were added into COS in each well. After infiltrating 48 h, CCK-8 reagent was added into COS along the well (0.01 mL/well) (CCK-8 kit, Shanghai LiRui Biological Technology co., LTD), and then the reagent and culture solution were mixed by tapping culture plate. All levels of absorbance (OD) were detected at  $\lambda = 450$  nm in 4 h after reacting fully. The experiment was repeated for 3 times to investigate the proliferation suppression effect of COS on three types of cells, which is the basis to select 1.0 mg/mL of COS concentration to conduct a follow-up study.

A total of 6 dose levels of X-ray were established, and each level was divided into RAY group and RAY + COS group and each group was conducted simultaneously with 3 holes in parallel samples. Different concentrations of single-cell suspension were joined into 6 wells culture plate according to the inoculation amount of 0 Gy dose level (200/well), 1, 2 Gy dose level (500/well), 4, 6 Gy dose level (2000/well) and 8 Gy dose level (5000/well), and were placed in a suitable environment for adherent

 Table 1

 Anti-proliferative effect of COS on three types of cells.

growth. Appropriate COS (1.0 mg/mL) was added into each well of RAY + COS group after 6 h and equivalent quantity of culture medium was added into each well of RAY group after infiltrating for 48 h. Tissue analog with about 1 cm thickness was affixed on the culture plates in two groups and was conducted with X-ray irradiation in a distance of 100 cm and dosage rate of 2 Gy/min. (electron linear accelerator, Nanjing Chuang Rui Ying Biological Technology Co., LTD). Culturing for 12 d continuously, the number of cell mass consisted over 50 U was calculated through washing, fixing and dyeing. The experiment was repeated for 3 times to calculate data and draw up the cell survival curve, and sensitization enhancement ratio was calculated by the value of final slope (D<sub>0</sub>): SER = D<sub>0(RAY)</sub>/D<sub>0(RAY + COS)</sub>.

Three groups were established and conducted simultaneously with 3 holes in parallel samples. The cell suspension of  $1 \times 10^{5/2}$ L concentration was inoculated into 6-well plates and was placed in a suitable environment for adherent growth for 24 h. Appropriate COS (1.0 mg/mL) was added into RAY + COS group and equivalent quantity of culture medium was added into non-treatment group and RAY group. RAY group and RAY + COS group were infiltrated for 48 h, and then received 6 Gy X-ray irradiation. Cultivating 48 h after replacing fresh medium, cell cycle and apoptosis rate in all groups were detected through the processing of digestion, wash and dilution.

## 2.2. Statistical methods

SPSS19.0 statistical software was used to perform statistical analysis. The distribution ratio of OD value, survival rate, apoptosis rate and cell cycle were all expressed as mean  $\pm$  SD. ANOVA was used to analyze the OD value of various COS concentration levels and cell survival rate of X-ray dose levels among many groups. *T*-test was used to compare the cell survival rate under all X-ray doses of RAY group and RAY + COS group, and cell cycle and apoptosis rate in the third group of control group. *P* < 0.05 showed statistical significance.

## 3. Results

# 3.1. Anti-proliferative effect of COS on BGC823 cells, MKN45 cells and SGC7901 cells

OD values of BGC823 cells, MKN45 cells and SGC7901 cells under COS concentrations (0 mg/mL) were used as reference standard. The cell survival rate of three types of cells was decreased with a higher concentration of infiltrating after disposing various COS concentrations for 48 h and the difference was statistically significant (P < 0.01). The COS was

COS concentration	BGC823		MKN45		SGC7901		Р	F
(mg/mL)	OD	Inhibition rate (%)	OD	Inhibition rate (%)	OD	Inhibition rate (%)		
0	$0.983 \pm 0.012$	0.00	$0.993 \pm 0.010$	0.00	$0.984 \pm 0.008$	0.00	0.074	2.09
1.0	$0.929 \pm 0.019$	5.49	$0.895 \pm 0.013$	8.95	$0.910 \pm 0.016$	7.52	0.040	6.95
2.0	$0.851 \pm 0.015$	13.43	$0.797 \pm 0.031$	18.92	$0.820 \pm 0.023$	16.67	0.003	60.7
3.0	$0.755 \pm 0.023$	23.19	$0.687 \pm 0.025$	30.82	$0.715 \pm 0.017$	27.34	0.000	156.2
4.0	$0.645 \pm 0.011$	34.38	$0.566 \pm 0.015$	43.00	$0.596 \pm 0.018$	39.43	0.000	198.5
5.0	$0.521 \pm 0.019$	47.00	$0.425 \pm 0.024$	57.20	$0.478 \pm 0.024$	51.42	0.000	263.4
F	304.6	-	352.8	-	337.1	-	-	_
P <sub>ANOVA</sub>	0.000	-	0.000	-	0.000	-	-	-

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#### Table 2

Comparison of cell survival rate of three types of cells under different radiation doses in RAY group and RAY + COS group.

Radiation doses (Gy)	BGC823		MKN45		SGC7901	
	RAY	RAY + COS	RAY	RAY + COS	RAY	RAY + COS
0	98.92 ± 2.53	99.04 ± 2.81	99.11 ± 2.15	$99.02 \pm 2.26$	98.76 ± 3.04	98.89 ± 2.87
1	$91.59 \pm 2.18$	$88.22 \pm 2.33^{\#}$	$91.24 \pm 3.10$	$86.50 \pm 2.79^{\#}$	$91.52 \pm 2.82$	$87.35 \pm 3.15^{\#}$
2	$67.82 \pm 3.02$	$63.75 \pm 2.75^{\#}$	$75.65 \pm 3.28$	$58.41 \pm 3.09^{\#}$	$72.34 \pm 3.45$	$63.83 \pm 2.95^{\#}$
4	$42.16 \pm 2.62$	$35.21 \pm 2.90^{\#}$	$48.95 \pm 2.77$	$33.04 \pm 2.46^{\#}$	$45.91 \pm 3.41$	$35.08 \pm 2.76^{\#}$
6	$19.59 \pm 2.31$	$15.38 \pm 1.79^{\#}$	$26.41 \pm 2.14$	$15.63 \pm 2.53^{\#}$	$22.50 \pm 2.20$	$15.07 \pm 2.03^{\#}$
8	$6.16 \pm 0.86$	$5.02 \pm 0.78^{\#}$	$9.55 \pm 1.64$	$4.89 \pm 1.57^{\#}$	8.75 ± 1.75	$5.39 \pm 1.16^{\#}$
F	137.1	204.1	167.8	256.8	149.5	237.0
Р	0.000	0.000	0.000	0.000	0.000	0.000

Compared with RAY group:  ${}^{\#}P < 0.01$ .

### Table 3

Comparison of apoptosis rate of three types of cells in each group (%).

Group	BGC823	MKN45	SGC7901
Non-treatment group RAY group	$1.94 \pm 0.44$ $8.37 \pm 1.33^{\#}$	$2.27 \pm 0.48$ $8.96 \pm 1.35^{\#}$	$2.03 \pm 0.51$ $8.64 \pm 1.21^{\#}$
RAY + COS group			

Compared with non-treatment group:  ${}^{*}P < 0.01$ ; compared with RAY group:  ${}^{*}P < 0.01$ .

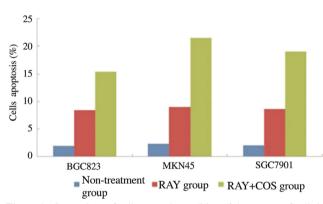


Figure 1. Comparison of cell apoptosis condition of three types of cells in each group.

positively correlated with growth inhibition ratio and the concentration of treatment of three types of cells. The cell survival

#### Table 4

Comparison of cell cycle distribution of BGC823, MKN45 and SGC7901 cells in three groups (%).

Groups	S	$G_0/G_1$	G <sub>2</sub> /M
BGC823	_	_	-
Non-treatment group	$36.42 \pm 1.07$	$30.89 \pm 0.96$	$32.69 \pm 0.88$
RAY group		$26.03 \pm 0.68^{\#}$	
RAY + COS group	$27.51 \pm 0.77^{\#*}$	$21.64 \pm 0.52^{\#*}$	$50.85 \pm 1.13^{\#*}$
MKN45			
Non-treatment group	$30.15 \pm 0.82$	$39.41 \pm 1.05$	$30.44 \pm 0.68$
	$22.48 \pm 0.74^{\#}$		
RAY + COS group	$18.89 \pm 0.65^{\#*}$	$24.34 \pm 0.46^{\#*}$	$56.77 \pm 0.28^{\#*}$
SGC7901			
Non-treatment group	$36.15 \pm 0.88$	$38.48 \pm 1.00$	$25.37 \pm 0.75$
	$31.66 \pm 0.93^{\#}$		
RAY + COS group	$26.08 \pm 0.81^{\#*}$	$26.34 \pm 0.59^{\#*}$	$47.58 \pm 0.43^{\#*}$

Compared with non-treatment group:  ${}^{\#}P < 0.01$ ; compared with RAY group: \*P < 0.01.

rate of three types of cells also showed significant difference among groups after treatment with COS of various concentration levels. COS showed the stronger suppression effect on MKN45 followed by SGC7901 and showed the minimum effect on BGC823. The difference of 1.0 mg/mL COS concentration level comparison was statistically significant (P < 0.05). OD values comparison in three groups has significant statistical difference (P < 0.01) when COS concentration increased to 2.0, 3.0, 4.0 and 5.0 mg/mL (Table 1).

# 3.2. Comparison of the cell survival rate of different dose levels of irradiation among groups

Survival rates of BGC823 cells, MKN45 cells and SGC7901 cells under 0 Gy dose of irradiation were used as reference standard. The survival rate of three types of cells in RAY group and RAY + COS group was decreased with enlargement of dose of irradiation and the difference was statistically significant (P < 0.01) and the amplitude of RAY + COS group was greater. The cell survival rate of RAY + COS group was significant lower as the doses were 1, 2, 4, 6 and 8 Gy and the difference was statistically significant (P < 0.01). The sensitization enhancement ratios of COS on BGC823 cells, MKN45 cells and SGC7901 cells were 1.06, 1.28 and 1.15 respectively obtained by drawing radiation survival curve of three types of cells (Table 2).

#### 3.3. Comparison of apoptosis rate between groups

Observing three types of cells respectively, the apoptosis rates of RAY group and RAY + COS group were all more stimulating and increasing than non-treatment group, which had significant difference (P < 0.01) and the apoptosis rate of RAY + COS group increased significantly than that in RAY group, which had significant difference (P < 0.01) (Table 3 and Figure 1).

# 3.4. Comparison of cell cycle distributions between groups

Observing three types of cells respectively,  $G_2/M$  phase proportion of RAY group and RAY + COS group was significant elevated than non-treatment group and the percentage of S phase and  $G_0/G_1$  phase was reduced, which was significant difference (P < 0.01). The percentages of S phase and  $G_0/G_1$ phase of RAY + COS group were smaller and the duration of G<sub>2</sub>/M phase was prolonged significantly, which was significant difference (P < 0.01) (Table 4).

## 4. Discussion

Modern unhealthy eating habit and onerous pressure of life are all the high-risk factors to cause frequent gastric cancer. The morbidity and mortality of gastric cancer has reached 29.9/ 100000 and 22.3/100000 respectively in 2010 year of our country and the number of death has been accounted for 23.3% of the death toll due to the cancer [8,9]. Therefore, it is urgent and meaningful to seek efficient and feasible drugs and treatment methods against gastric cancer.

COS is the outstanding outcome of development of sugar biology and its all aspects like water solubility, absorptivity and affinity of human body have a unique advantage on high molecular sugars. Hence, COS is the one of foci of investigators on biological medicine. The research has verified the anti-tumor effect of COS on the leucocythemia, breast cancer and bladder cancer and scholars believed that its mechanism involved in multiple approaches [7,10,11]. In this research, COS also revealed the general proliferation inhibitory effect on human gastric cancer cells (BGC823, MKN45 and SGC7901) and the growth inhibiting rate of three types of cells was positively correlated with COS concentration. At the same time, we also found that the three types of cells showed sensitivity difference against the effect of growth retardation of COS (MKN45 is the strongest, followed by SGC7901 and BGC823) and the different outcome still needs further study.

Previous theory showed that gastric cancer cells have a strong resistance on radioactive rays, while the surrounding organs are easily suffered collateral damage. Hence, radiotherapy is not recommended to use in therapeutic schedule of gastric cancer [12]. However, with the rapidly development of positioning technology of computer and widespread use of radiosensitizer, radiotherapy nowadays has already occupied irreplaceable important position in the treatment of gastric cancer, which was used as assisted surgery to achieve the aim of reducing difficulty in the removal and the local recurrence. and prolonging the survival time [13,14]. For enhancing the effect of radiotherapy and protecting healthy tissue escaped from collateral damage of radioactive rays simultaneously, researchers are always seeking the efficient and reliable radiosensitizer. In this research, the survival rates of three types of human gastric cancer cells in RAY group and RAY + COS group were sharply reduced with the increasing of radiological dose. The combined application of COS and X-ray significantly elevated the killing effect. The COS promoted radiosensitivity of BGC823 cells, MKN45 cells and SGC7901 cells (1.06, 1.28 and 1.15, respectively).

Further control experiment showed that the synergistic effect of radiotherapy of COS on the three types of cells was correlated with surging of apoptosis rate. The apoptosis rates of three types of cells (BGC823, MKN45 and SGC7901) in RAY + COS group were more elevated than RAY group (1.84, 2.21 and 2.40). Apoptosis is an autologous dominant order-maintenance mechanism of organism to maintain its steady state operation and to realize the self-elimination of old, weak and sick cells and to save resources and earn a more favorable survival condition for organism. Apoptosis is one of the critical pathways in inducing normal cell death. It is inseparable between unlimited breeding cycle of cancer cells and regulating the disorder of autologous apoptosis process. The study of Tan and Mates *et al.* respectively reported that COS involved by different approaches can promote the apoptosis of cancer cells, such as disrupting physiological potential difference of mitochondrial membrane, releasing cytC into endochylema or reducing the environment of GSH activity and stimulating the peroxidation damage [15,16], which speculate that COS possess the gain effect on the apoptosis of cancer cells induced by radioactive rays.

Nowadays, the cell cycle sub-distribution is one of the heated topics of radiation biology research. The results of this research showed that COS can stimulate the deviation of cycle phase distribution of three types of human gastric cancer cells at the same time. The proportion of G<sub>2</sub>/M phase was significantly increased and the proportions of G0/G1 phase and S phase were relatively lower. G<sub>2</sub>/M phase showed the strongest response on irradiation injury, while G<sub>1</sub> phase and S phase will greatly reduce the duration of DNA damage and repair [17,18]. The change of cell cycle distribution will significantly reduce the defense capability of cancer cells against X-ray and is helpful to improve the efficacy of radiotherapy. The operation of cell cycle process is according to a series of perfect and rigorous procedural evolution. Nowadays, the known regulating and control mediums are mainly including three major types (cyclin, CDK and CKI), which transform as the interaction and common manipulation of all factors, while the acting site of COS proliferation cycle distribution is still unknown [19,20].

In conclusion, COS possesses general growth retardation and radiosensitizing effect on three types of human gastric cancer and SER of MKN45, SGC7901 and BGC823 cells were 1.06, 1.28 and 1.15. The combined application of COS and radiotherapy can induce the increase sharply of apoptosis rate of cancer cells and the deviation of cycle phase distribution. Further research on anti-tumor effect of COS is conducted to open a window of hope for many patients with gastric cancer.

### **Conflict of interest statement**

We declare that we have no conflict of interest.

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