



PARENTS ATTITUDE TOWARDS PHYSICAL EDUCATION AND SPORTS

G.K. Dhokrat, Ph.D.

*Associate Professor BPCA'S College of Physical Education, Bhartya Kreedha Mandir,
Wadala, Mumbai-400031*

Abstract

The present study was undertaken to compare Attitude of parents towards Physical Education and Sports of I.C.S.E School and State Board School. To identify the attitudes of the parents towards Physical Education and Sports the researcher was selected 200 parents of ICSE and State Board Schools of Dombivli. The data was analyzed by using percentile and standard statistics technique – 't' test. The findings of the study shows that, there was a significant difference in Attitude of Parents between ICSE Schools and State Board Schools in relation to Physical Education and Sports.



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Introduction:

Physical Education is an important part of the educational process. Through a well-directed Physical Education program children develop skills for the worthy use of leisure time, engage in activities conducive to healthful living, develop socially and contribute to their Physical and Mental Health. The contribution of Physical Education and sports is not only to direct one's life towards worth-while goals but also lessens the stress on humanism. The programme enables each individual to enjoy rich social experiences through play and involvement. Attitude is the word that we seen and live in is created in our mind our own thoughts and point of view. The way we feel about things about our own selves and the things around us, is ultimately the state that we create inside our own selves.

Concept of attitude:

Singh, Bains, Gill, & Brar, (2014) Attitudes are about thoughts and feelings. Attitude is often thought to predict behavior. Attitudinal responded are also evaluative in nature. They are significant in deciding the kind and extent of the learning that takes place and reflects the likes and dislikes concerning a specified object of action

Objectives of the Study:

The objective of the study was as under:-

- To compare mean score of parent’s attitude towards Physical Education and Sports of ICSE schools and State Board Schools.

Hypotheses of the Study:

The null Hypothesis formulated to tested as under.

Ho1: There is no significance difference in mean scores of parents attitude towards Physical Education and Sports of ICSE Schools and State Board Schools.

Materials and Method:

The Method used for the present study was comparative in nature. The information was collected with the help of questionnaire of Attitude towards Physical Education Scale (Parents assessment) published by Tagore Education

Selection of subject/ sample:

The purpose of the present study was to identify the attitudes of the parents towards Physical Education and Sports. Therefore the researcher was selected 200 parents whose ward studying in 8th and 9th standard of ICSE and State Board Schools of Dombivli. (n=200)

Selection of variable and Tool:

The attitude was considered as a variable for the present study and the tool for measuring the Attitude of parents towards Physical Education the **Attitude towards Physical Education scale (Parents assessment) prepared by Tagore education and research foundation** was used The whole Scale is having only 30 questions. It measures attitudes of both male and female. The entire questions about the way you think and behave, feel and act.

Analysis of the Data :

The objective of the study was to compare Mean Score of Parents Attitude of ICSE School and State Board School. The data were analyzed with the help of t-Test.

Results and Discussion:

Comparison of mean scores of attitude:

The result of the analyzed data were presented in Table 1.

Table - 1: mean, sd, n and t-value of parents attitude

Test	Mean	SD	N	t-value	Remarks
ICSE school	52.14	8.53	100	5.22**	p<0.05
State	56.82	2.76	100		

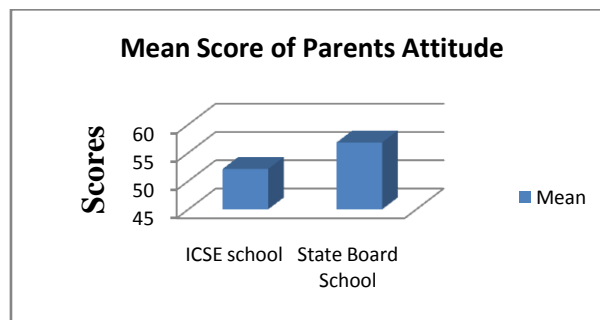
Board

School

**Significant at 0.05

- From Table 1 it can be seen that the t-value is 5.22 which is significant at 0.05 level with $df=198$. It indicates that mean scores of Parents Attitude of ICSE School and State Board School differ significantly. Thus, the Null Hypothesis that there is no significance difference in mean scores of Parents Attitude towards Physical Education and Sports of ICSE School and State Board School is rejected. The mean scores of Parents attitude of State Board School is 56.82 which is significantly higher than ICSE School which is 52.14. It may therefore be said that Attitude of Parents towards Physical Education And Sports of State Board School Group found superior in compare to ICSE School. The above result was also presented graphically.

Figure: 1 Comparison of Mean Scores of Parents Attitude



Findings:

From the above analysis and interpretation of a data the following findings may be drawn

- In case of Parents Attitude, there is a significant difference Between Attitude of Parents of ICSE Schools and State Board Schools.

Discussion on findings:

The objective of the study was To compare mean score of parents attitude towards Physical Education and Sports of ICSE schools and State Board Schools; the basis of above findings the following discussion can be drawn. In case of Parents Attitude of State Board School, it is found that there is significant difference as compare to ICSE School; hence the Hypothesis sought that Ho1 There is no significance difference in mean scores of parent’s attitude towards Physical Education and Sports of ICSE Schools and State Board Schools is rejected.

Conclusions:

The result and finding of the study can be concluded as follows:

Analyzing the data of Parents Attitude, it was found that there was significant difference in Attitude of Parents of State Board Schools were in the higher side than ICSE School Parents. It indicates that the State Board School Parents Attitude towards Physical Education is higher than that of ICSE School Parents

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