Kodandaramu B, Chaithanya TM, Basawaraj M, Ranjitha N, Bandopadhyay M. (January 2016). Study of therapeutic efficacy of piper betel linn with asthama in guinea pig model. Jour of Med Sc & Tech; 5(1); Page No: 13 – 17.



**Original Article** 

**Open Access** 

# Study of therapeutic efficacy of Piper betel Linn with asthma in guinea pig model

#### B Kodandaramu, T. Madhu Chaithanya, Basawaraj Munge, Ranjitha N, Mamata Bandopadhyay

Tutor, Department of Pharmacology, Maharajah's Institute of Medical Sciences, Nellimarla, Vizianagram, Andhra Pradesh, India.

#### Abstract

Asthma is a chronic obstructive condition, it is not considered as a part of chronic obstructive pulmonary disease as this term refers specifically to combinations of disease that are irreversible such as bronchiectasis, chronic bronchitis, and emphysema. Male guinea male pigs were selected for the experiment. Animals were weighed with the help of weighing machine. The guinea pigs weighing 450gm on average were selected for the experiment. The study was conducted in MIMS (Maharajah's Institute of Medical Sciences). In this study evaluated the anti-asthmatic effect of ethanol extract of piper betel Linn in guinea pigs by using histamine chamber 24 guinea pigs were selected and are divided into four groups each containing 6 guinea pigs (i.e., group I, II, III and IV respectively). Comparison of control group with standard group the mean difference of preconvulsive time at 1<sup>st</sup> hour was -222.50 with 95% confidence interval from -237.26 to -207.74 with a p value of <0.001. Comparision of control group the mean difference of preconvulsive time at 1<sup>st</sup> nour was -195.20 with 95% confidence interval from -237.26 to -2001. Bronchial asthma is an inflammatory condition so anti-inflammatory activity of piper betel linn, may be the reason for reducing bronchial asthma. Present study shows protection against histamine induced experimental bronchial asthma in guinea pigs which may be due to anti-inflammatory activity, antioxidant action and antihistaminic action.

Keywords: Anti-Histaminic, Piper betel Linn, Diphenhydramine, asthma and guinea pig model.

\*Corresponding Author: Mr B Kodandaramu, Tutor, Department of Pharmacology, Maharajah's Institute of Medical Sciences, Nellimarla, Vizianagaram, Andhra Pradesh, India. E-mail: burlikodandaramu@gmail.com

Received: October 4, 2015 Accepted: October 19, 2015. Published: January 20, 2016. This is an openaccess article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

### Introduction

Asthma is a chronic condition. These symptoms may be due to liberation of endogenous and intrinsic mediators like histamine, leukotrienes (LTs), bradykinin, prostaglandins (PGs), nitric oxide, platelet activating factors (PAF), chemokines and endothelin from mast cells during the allergic reactions and inflammation of the air passages in the lungs. Nearly 7-10% of world population suffers from bronchial asthma. [1] Asthma is defined by the Global Initiative for Asthma (GIA) as "a chronic inflammatory disorder of the airways in which many cells and cellular elements play a role. [2] The chronic inflammation is associated with airway hyper-responsiveness that leads to recurrent episodes of wheezing, breathlessness, chest tightness and coughing particularly at night or in the early morning.[3] These episodes are usually associated with widespread, but variable airflow obstruction within the lung that is often reversible either spontaneously or with treatment". [4]

Although asthma is a chronic obstructive condition, it is not considered as a part of chronic obstructive pulmonary disease as this term refers specifically to combinations of disease that are irreversible such as bronchiectasis, chronic bronchitis, and emphysema. [5] Unlike these diseases, the airway obstruction in asthma is usually reversible however, if left untreated, the chronic inflammation from asthma can lead the lungs to become irreversibly obstructed due to airway Kodandaramu B, Chaithanya TM, Basawaraj M, Ranjitha N, Bandopadhyay M. (January 2016). Study of therapeutic efficacy of piper betel linn with asthama in guinea pig model. Jour of Med Sc & Tech; 5(1); Page No: 13 – 17.

remodeling. In contrast to emphysema, asthma affects the bronchi, not the alveoli [6].

that inhibit inflammation Drugs and bronchoconstriction are used as pharmacologic agents to treat asthma. As the increasing incidence of asthma entails a significant burden of disability, economic cost and death. New targets for therapeutic intervention like improving existing therapies by altering the ratio of benefit to adverse effect, devising new targeted therapies and attempting to prevent or reverse permanent airway remodeling in longstanding asthma is necessary. [7] Anti-inflammatory medications, particularly corticosteroids, are mainstays in the pharmacologic treatment of asthma. As the complex pathophysiology of asthma is further elucidated, more targeted therapies will be developed. [8]

The anti-inflammatory and anti-oxidant properties of an ethanol extract of the leaves of Piper betle Linn was evaluated in rat model of chronic inflammation. The mechanism of action was also investigated. As asthma is an inflammatory condition our study P.betle Linn. [9] As an anti-inflammatory agent in bronchial asthma. PB is a plant of antiquity with its global spread in terms of distribution, its acceptance by diverse cultural groups and known for ethnomedicinal properties - is bestowed with a unique position in the list of medicinal plants. [10] Due to the higher phenol content in the leaf, the plant possesses high antioxidant activity and other pharmacological activities. А number of pharmacological activities such as antidiabetic, antihepato-protective, ulcer. anti-infective. immunomodulatory, cardiovascular and anticancer were demonstrated in the last two decades. [11]

## Methodology

Male guinea pigs were selected for the experiments. Animals were weighed with the help of weighing machine. The male guinea pigs weighing 450gm Guinea pigs on average are selected for the experiment. The study was conducted in MIMS (Maharajah's Institute of Medical Sciences). Histamine is released from mast cells and basophiles by antigenic stimulation causing smooth muscle contraction, increased vascular permeability and formation. Histamine mucus can provoke bronchoconstriction by activating H<sub>1</sub> receptors, it is also responsible for bronchial hypersensitivity that is common feature of asthma=0.2% Histamine is

administered by inhalation through aerosol in all groups. In control group animals, only vehicle (distilled water) was administered. Test drug was administered orally, according to the body weight, one hour before the histamine challenge. Preconvulsive Time (PCT) was determined from the time of exposure to onset of convulsions. Protection offered by treatment was calculated by using following formula.

#### Percentage of protection= (1-T1/T2) x 100

Where, T1 = the mean of PCT before administration of the drug and T2 = the mean of PCT after administration of the drug. The method is simple, easy and short lasting as well as reproducible. However it is difficult to examine the cells and their modification by anti-histaminic drugs.

Weight of the animals was measured before experiment. All male guinea pigs weighing 450gm on average are selected for the study. Guinea pigs were randomized into 4 groups (Control, Standard, and Test1 and Test 2 groups). Each group contains 6 animals. All animals were kept in overnight fasting. Prior to the experiment preconvulsive time for all the animals was noted by exposing to 0.2% histamine aerosol and was tabulated. To the control group guinea pigs 1ml of normal saline was administered orally 1 hour before exposing to 0.2% histamine aerosol and the preconvulsive time was noted. After 1 hour the second reading was noted.

To the standard group guinea pigs, diphenhydramine 25 mg/kg BW was administered orally 1 hour before exposing to 0.2% histamine aerosol and the preconvulsive time was noted, second reading was noted after 1 hour. To the test-1 group guinea pigs, piper betel Linn.100 mg/kg BW was administered orally 1 hour before exposing to 0.2% histamine aerosol and the preconvulsive time was noted. Again preconvulsive time was noted after 1 hour. To the test-2 group guinea pigs piper betel Linn. 200 mg/kg BW was administered orally 1 hour before exposing to 0.2% histamine aerosol and the preconvulsive time was noted. Again after 1 hour the preconvulsive time was noted. Statically analysis of data was done using student't-test and ANOVA by SPSS software15th version.

**Screening methods for anti asthmatic drugs:** Screening methods used for evaluation of antiinflammatory drugs were classified as: In vitro methods and In vivo methods Kodandaramu B, Chaithanya TM, Basawaraj M, Ranjitha N, Bandopadhyay M. (January 2016). Study of therapeutic efficacy of piper betel linn with asthama in guinea pig model. Jour of Med Sc & Tech; 5(1); Page No: 13 - 17.

In vitro methods: Binding assays(Histamine Receptor Assay), Cell Culture Method, CULTEX Technique, WST Assay, Tests In Isolated Organs, Spasmolytic Acitivity in Guinea Pig Lungs, Vascular and Airway Responses to the Isolated Lung, and Reactivity of the Isolated Pefused Guinea Pig Trachea. In vivo methods: Bronchospasmolytic Activity in Anesthetized Guinea Pigs, Arachidonic Acid or PAF-induced Respiratory and Vascular Guinea Pigs, Dsyfunction in Anaphylactic Microshock in Guinea Pigs, Serotonin Aerosolinduced Asphyxia in Guinea Pig, Histamine-induced Bronchoconstriction in Anesthetized Guinea Pigs, Pneumotachography in Guinea Pigs, Microshock in Rabbits, Bronchial Hyperactivity in Guinea Pigs, Airway Microvascular Leakage in Guinea Pigs and Airway Inflammation in Mice. In this experiment we used Histamine-induced Bronchoconstriction model was used by histamine chamber for evaluation of anti-asthmatic property in guinea pigs.

## **Results and Discussion**

In the present study was conducted in the Department of pharmacology, Maharajah's Institute of Medical Sciences (MIMS), Nellimarla, and Vizianagaram during the period of 2011 to 2013. For this evaluation study of anti-asthmatic effect of ethanol extract of piper betel Linn. in guinea pigs by using histamine chamber, 24 guinea pigs were selected and are divided into four groups each containing 6 guinea pigs (i.e., group I, II, III and IV respectively). The weight and normal pre-convulsive time of each guinea pig was recorded by exposing to 0.2% histamine aerosol before injecting the drug. In the I group (control) of guinea pigs before administration of drug the mean of preconvulsive time is 98.3 sec (Figure 1) and after administration of 1 ml of normal saline showed mean preconvulsive time of 100+0.83 sec with SD of 2.040 and SE of 0.8328 at 1<sup>st</sup> hour (Figure II) and preconvulsive time of 99.80+0.33 sec with SD of 0.812 and SE of 0.3315 at 2<sup>nd</sup> hour (Figure III). In the II group (standard) of guinea pigs before administration of drug the mean of preconvulsive time is 117.5 sec (Figure 1) and after administration of 25 mg/kg BW diphenhydramine showed mean preconvulsive time of 322.50+0.95 sec with SD of 2.340 and SE of 0.9553 at 1<sup>st</sup> hour (Figure II) and mean preconvulsive time of 405+16.55 sec with SD of 40.54 and SE of 16.55 at 2<sup>nd</sup> hour (Figure III).

In the III group (test -1) of guinea pigs before administration of drug the mean of J Med. Sci. Tech.

preconvulsive time was 113.3 sec (Figure I) and after administration of 100 mg/kg BW piper betel showed mean preconvulsive time of  $262.50\pm4.41$  sec with SD of 10.807 and SE of 4.412 at 1<sup>st</sup> hour (Figure II) and mean preconvulsive time of  $295\pm2.14$  sec with SD of 5.24 and SE of 2.141 at 2<sup>nd</sup> hour (Figure III). In the IV group (test – 2) of guinea pigs before administration of drug the mean of preconvulsive time is 112.5 sec (Figure I) and after administration of 200 mg/kg BW piper betel showed mean preconvulsive time of  $281\pm5.87$  sec with SD of 14.400 and SE of 5.879 at 1<sup>st</sup> hour (Figure II) and mean preconvulsive time of  $315\pm4.08$  sec with SD of 10.00 and SE of 4.082 at 2<sup>nd</sup> hour (Figure III).

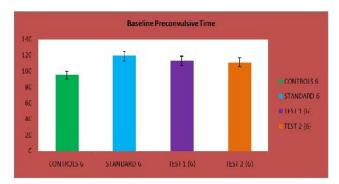
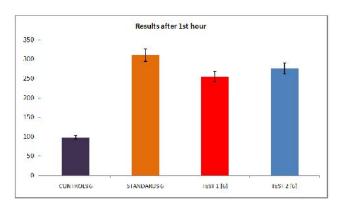


Figure 1: Characteristic of baseline preconvulsive time





Bronchial asthma is an inflammatory condition so anti-inflammatory activity of piper betel linn, May be the reason for reducing bronchial asthma. Free radical and superoxide may be responsible for bronchial asthma so antioxidant property of piper betel linn. May be responsible for reducing bronchial asthma. Histamine may cause bronchoconstriction so the antihistaminic activity of piperbetel linn. may be causative agent in reducing some bronchial asthma cases. Kodandaramu B, Chaithanya TM, Basawaraj M, Ranjitha N, Bandopadhyay M. (January 2016). Study of therapeutic efficacy of piper betel linn with asthama in guinea pig model. Jour of Med Sc & Tech; 5(1); Page No: 13 - 17.

Comparision	Mean 95% difference Confidence interval			p Value
		From	То	
Control Vs Standard	-222.50	-237.26	-207.74	< 0.001
Control Vs Test – 1	-162.50	-177.26	-147.74	< 0.001
Control Vs Test – 2	-181.00	- 195.76	-166.24	< 0.001
Standard Vs Test-1	60.00	45.2	74.76	< 0.001
Standard Vs Test-2	41.500	26.73	56.261	< 0.001
Test-1Vs Test -2	-18.500	-33.26	-3.739	>.0.05*

Table 1: Shows comparision of mean PCT 1<sup>st</sup> Hour

Source of variation	Degree freedom	Sum of squares	Mean squarc F	F
Treatment s (Between columns)	3	171507	57169	
Residuals (Within the columns)	20	1668.9	83.447	685.09 HS
Total	23	173176		

 Table 2: Shows ANOVA 1<sup>st</sup> Hour

In comparison of control group with standard group the mean difference of preconvulsive time at 1<sup>st</sup> hour was -222.50 with 95% confidence interval from -237.26 to -207.74 with a p value of <0.001. In comparision of control group with test - 1 group the mean difference of preconvulsive time at 1<sup>st</sup> hour was -162.50 with 95% confidence interval from -177.26 to -147.74 with a p value of <0.001.In comparison of control group with test - 2 group the mean difference of preconvulsive time at 1<sup>st</sup> hour was -181.00 with 95% confidence interval from -195.76 to -166.24 with a p value of < 0.001. In comparison of standard group with test - 1 group the mean difference of preconvulsive time at 1<sup>st</sup> hour is 60.00 with 95% confidence interval from 45.2 to 74.76 with a p value of <0.001.In comparision of standard group with test - 2 group the mean difference of preconvulsive time at 1<sup>st</sup> hour was 41.500 with 95% confidence interval from 26.73 to 56.261 with a p value of <0.001. In comparision of test - 1 group with test - 2 group the mean difference of preconvulsive time at 1<sup>st</sup> hour was -18.500 with 95% confidence interval from -33.26 to -3.739 with a p value of <0.001 (Table -1 and Table 2).

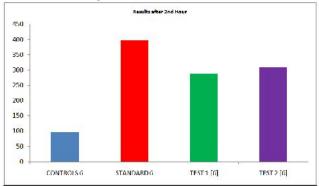


Figure 3: Shows Results after 2<sup>nd</sup> Hour

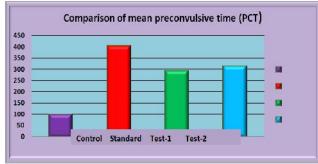
comparision	Mean difference	95% confidence interval		P - value
		From	To	-
Control Vs Standard	-305.20	- 339.21	- 271.19	<0.001
Control Vs Test – 1	-195.20	- 229.21	- 161.19	<0.001
Control Vs Test – 2	-215.20	- 249.21	- 181.19	<0.001
Standard Vs Test-1	110.00	75.99	144.01	<0.001
Standard Vs Test-2	90.00	55.99	124.01	<0.001
Test-1Vs Test -2	-20.00	-54.00	14.00	>0.05*

**Table 3:** Characteristics of Comparison of mean PCT  $2^{nd}$  Hour

In comparison of control group with standard group the mean difference of preconvulsive time at  $2^{nd}$  hour was -305.20 with 95% confidence interval from -339.21 to -271.19 with a p value of <0.001. In comparison of control group with test - 1 group the mean difference of preconvulsive time at  $2^{nd}$  hour was -195.20 with 95% confidence interval from - 229.21 to -161.19 with a p value of <0.001. In comparison of control group with test - 2 group the mean difference of preconvulsive time at  $2^{nd}$  hour was -215.20 with 95% confidence interval from - 249.21 to -181.19 with a p value of <0.001. In comparison of standard group with test - 1 group the mean difference of preconvulsive time at  $2^{nd}$  hour was -215.20 with 95% confidence interval from - 249.21 to -181.19 with a p value of <0.001. In comparison of standard group with test - 1 group the mean difference of preconvulsive time at  $2^{nd}$  hour

Kodandaramu B, Chaithanya TM, Basawaraj M, Ranjitha N, Bandopadhyay M. (January 2016). Study of therapeutic efficacy of piper betel linn with asthama in guinea pig model. Jour of Med Sc & Tech; 5(1); Page No: 13 - 17.

was 110.00 with 95% confidence interval from 75.99 to 144.01 with a p value of <0.001.In comparison of standard group with test - 2 group the mean difference of preconvulsive time at 2<sup>nd</sup> hour was 90.00 with 95% confidence interval from 55.99 to 124.01 with a p value of <0.001. In comparison of test - 1 group with test - 2 group the mean difference of preconvulsive time at 2<sup>nd</sup> hour was -20.00 with 95% confidence interval from -54.00 to 14.00 with a p value of >0.05. Comparision between mean preconvulsive time of control, standard, test -1 and test - 2 groups showed statistically significant p value of < 0.001 at both 1<sup>st</sup> hour and 2<sup>nd</sup> hour except in comparison between test -1 and test -2 groups at  $2^{nd}$  hour showed statistically non significant p value of >0.05 (Table - 3).



**Figure 4:** Shows Comparison of mean preconvulsive time (Percentage of protection)

## Conclusion

The ethanolic extract of *piper betel* Linn. has significantly prolonged the latent period of convulsions (PCT) as compared to control following the exposure of histamine aerosol. Bronchial asthma is symptom complex arising as a result of hypersensitivity of bronchial tree arising as a result of inflammation, superoxide formation and histamine and other mediators release. The present study shows protection against histamine induced experimental bronchial asthma in guinea pigs which may be due to Anti-inflammatory activity, Antioxidant action and Antihistaminic action.

#### Conflict of interest: None declared

**Ethical approval:** The study was approved by the Animal institutional ethics committee

Acknowledgement: Cooperation with Department of pharmacology, Maharajah's Institute of Medical Sciences (MIMS), Nellimarla, and Vizianagaram and valuable guidance of Dr Mamata Bandyopadhyay, Professor and Head Of Department, Pharmacology.

## References

- 1. Kumar KS, Anbu J, Aanjana A, Sumithra M, Sathish R. Influence of ethanolic leaf extract of sargassum wightii and adiantum capillus on histamine induced asthma in animal model, International Journal of Pharmacy and Pharmaceutical Sciences 2012; 4(4):121-123.
- 2. Sepiashvili R. Allergy, asthma and immunology: from genes to clinical application. 2010.
- 3. National Asthma Education, Prevention Program (National Heart, and Blood Institute). Second Expert Panel on the Management of Asthma. Expert panel report 2: Guidelines for the diagnosis and management of asthma. DIANE Publishing, 1997.
- 4. Skrepnek Grant H, Stan V. Skrepnek. Epidemiology, clinical and economic burden, and natural history of chronic obstructive pulmonary disease and asthma. Am J Manag Care, Suppl 2004; 10(5):S129-38.
- 5. Rogers, Duncan F. Mucoactive drugs for asthma and COPD: any place in therapy? Expert opinion on investigational drugs, 202; 11(1):15-35.
- 6. Heslet, Lars. Granulocyte-macrophage colonystimulating factor for the treatment of bronchial asthma. U.S. Patent no. 20,150,174,204. 25 Jun. 2015.
- 7. Mallia, P., et al. Exacerbations of asthma and chronic obstructive pulmonary disease (COPD): focus on virus induced exacerbations. Current pharmaceutical design 2007; 13(1): 73-97.
- 8. Larche, Mark, Douglas S. Robinson, and A. Barry Kay. The role of T lymphocytes in the pathogenesis of asthma. Journal of Allergy and Clinical Immunology 2003; 111(3):450-463.
- 9. Jeffery, P. K., et al. Bronchial biopsies in asthma: an ultrastructural, quantitative study and correlation with hyperreactivity. American Review of Respiratory Disease 1989; 140(6): 1745-1753.
- Abbasi, Arshad Mehmood, et al. Ethnobotanical study of wound healing herbs among the tribal communities in Northern Himalaya Ranges District Abbottabad, Pakistan. Pak J Bot 2010; 6: 3747-3753.
- 11. Kumar, Nikhil, Pragya Misra, Anuradha Dube, Shailja Bhattacharya, Madhu Dikshit, and Shirish Ranade. Piper betle Linn. A maligned Pan-Asiatic plant with an array of pharmacological activities and prospects for drug discovery. Current science 2010; 99(7): 922-933.

Page.