CLINICAL MARKERS OF IMMUNE DISORDERS IN THE PATHOGENESIS OF ESCHERICHIA COLI ENTERITIS

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ABSTRACT

Background. Escherichia coli enteritis is one of the most common causes of diarrhea in developed countries and is caused usually by pathogenic strains of Escherichia coli.

Objectives. To investigate the role of reactive response of polymorphonuclear neutrophilic granulocytes (NG) of peripheral blood in the systemic inflammatory response mechanisms of acute Escherichia enterocolitis (AEC), depending on genes polymorphism of heat shock proteins (HSP) family 70-2 (HSP70-2, 1267A®G) and interleukin 10 (IL-10, C-592A).

Material and methods. The genes polymorphism was analysed by PCR based method in 95 patients with AEC and 30 healthy individuals. Clinical markers of immune disorders were evaluated after hematological indices, based upon an extended general clinical blood analysis, using verified formulas.

Results. The endogenous intoxication severity did not depend reliably on genotypes of IL-10 gene (rs1800872), however it was significantly 23.68%

RESUMÉ

Introduction. La coli entérite est l’une des causes les plus courantes de diarrhée dans les pays développés et est généralement causée par des souches pathogènes d’Escherichia coli.

Objectif: étudier le rôle de la réponse reactive des granulocytes neutrophiles polymorphonucléaires (GN) du sang périphérique dans les mécanismes de ré-ponse inflammatoire systémique de l’entérococite aiguë d’Escherichia (AEC) en fonction du polymorphisme des gènes de la protéine de choc thermique (HSP) de la famille 70-2 (HSP70-2, 1267A®G) et l’interleukine 10 (IL-10, C-592A).

Méthodes. Le polymorphisme des gènes a été analysé par la méthode basée sur la PCR chez 95 patients avec AEC et 30 individus en bonne santé. Les marqueurs cliniques des troubles immunitaires ont été évalués à l’aide d’indices hématologiques, basés sur une analyse
Clinical markers of immune disorders in the pathogenesis of escherichia coli enteritis – SYDORCHUK et al

INTRODUCTION

Diarrheal disease, according to the World Health Organization’s Key Facts and Global Burden of Diseases, is the second leading cause of death in children under five years old and is responsible for the death of approx. 525,000 children every year\(^1,2\). Escherichia coli (E. coli) enteritis is one of the most common causes of diarrhea in developed countries, with an incidence of 20-30 cases per 100,000 individuals. E. coli enteritis is caused usually by pathogenic strains of E. coli variant (enterotoxigenic, enteroinvasive, enteropathogenic, enterohemorrhagic, and enterohaememagistic). The immune mechanisms of acute E. coli enteritis (AEC) development depends on E. coli sero-variants, and peculiarities of immune system condition and can be determined by corresponding genes encoding synthesis and activity of humoral and cells co-factors of anti-inflammatory defense\(^3,4\).

The immune disorders severity and endogenous toxic changes are determined not only by exogenous factors, but also by the immune system response peculiarities: cellular reactivity, reactive response of polymorphonuclear neutrophilic granulocytes (NG) in the first stage of disease, monocytes/macrophages of the peripheral blood and immunologic resistance\(^5,6\). The reactive response of NG in the pathogenesis of acute AEC is crucially important, since these immune-competent cells (ICC) are one of the first to meet pathogenic and opportunistic microorganisms, are able to leave the blood stream quickly and actively attack microbes and other genetically foreign “substances” via phagocytosis, irrespective of the place and time, supplying effective anti-infectious protection and activity of specific immune response mechanisms\(^8,9\).

During the acute phase of inflammatory changes, NG produce active oxygen forms, pro-inflammatory cytokines and chemokines, with excessive expression of free radicals in microenvironment, causing oxidative stress, damage of their own cell biomolecules, and can provide a systemic character of disease. Some receptors of NGs identify pathogen-associated molecules (CD13 – to aminopeptidase N, CD14, TLR (Toll-like Receptors) – to lipopolysaccharides (LPS) of the bacterial wall, etc); others recognize...
factors releasing into the tissues during inflammation (TNFa/βR). In addition, NGs’ surface contains receptors for interaction with Fc-fragments of antibodies, as well as receptors for protein fragments of the complement system C3b/C4b, CR1 (CD35), CR3 (CD11b/CD18), cytokines, etc10,11. TLRs are one of the key receptors of the natural immune system able to identify highly conservative molecular patterns in the pathogen structure (microbial ligands), initiating the development of both natural and acquired immune responses, eventually resulting in elimination of a causative agent from the body. Therefore, the change of neutrophils activity can be one of the factors determining the development and progress of pathological processes, including Escherichia coli enteritis. In case of lasting microbial contamination with pathogenic Escherichia coli, the antioxidant protective system fails to neutralize and eliminate the oxidative products and NGs kills themselves in the reaction of respiratory explosion, via apoptosis mainly.

Genetic background for intestinal disorders, as well as other inflammatory conditions, underwent explosive development in recent years, mainly focusing on microbiome and its relationship with metabolome and proteome, proving associations of several genes’ single nucleotide polymorphisms (SNPs) with hepatitis, pancreatitis, metabolic syndrome, etc12-16. However, genetically determined susceptibility to E. coli, emphasizing development of intestinal and systemic inflammation involving NG, are not sufficiently studied.

The objective of the study was to investigate the role of the reactive response of polymorphonuclear NGs of peripheral blood in the systemic inflammatory response mechanisms of acute AEC depending on genes polymorphism of heat shock proteins (HSP) family 70-2 (HSP70-2, 1267A®G) and interleukin 10 (IL-10, C-592A).

Material and methods

The study followed the international bioethical standards (European Convention Council on Human Rights and Biomedicine) and recommendations of the Committee on Bioethics of the Ministry of Health of Ukraine. Patients’ Examination Cards and Patients’ Informed Consent Forms were approved by the Biomedical Ethics Commission of Bukovina State Medical University, Ministry of Health of Ukraine (Chernivtsi, UA). All enrolled patients were treated in the Infection disease Department of the Municipal Clinical Hospital Kamyanets-Podilsky city (UA), during 2014-2016. The diagnosis was based on clinical examination, history, laboratory tests, including microbiology, and coded as A04.8-A.04.9 in IDC-10. Enteropathogenic, enterotoxigenic, enteroinvasive, enterohemorrhagic, or/and enteroadhesive Escherichia coli and hemolytic intestinal bacilli (E. coli Hly+ and lactose-negative E. coli) were isolated and identified from the cavity of the colon. The patients were excluded from the study if other possible causative intestinal pathogens, like Salmonellae, Shigellae, Campylobacter etc., were identified.

After screening (matching inclusion/exclusion criteria), 95 patients with acute E. coli enteritis were selected for further examination (mean age 38.66±2.91 yrs, ranging from 25-52 yrs). Among them, 62 (65.26%) were female and 33 (34.74%) male. The control group included 30 healthy persons, age and gender-matched, who were not relatives with the patients.

Genomic DNA was extracted from peripheral blood leukocytes using the «DNA-sorb-B» test system, with primers specific to the gene alleles. Gene polymorphism of heat shock protein HSP70-2 (A1267G, rs1061581) and IL-10 (C-592A, rs1800872) was examined by means of polymerase chain reaction (PCR). Modified protocols with oligonucleotide primers using multiplex PCR method and further restriction fragment length polymorphism analysis was used to establish polymorphic variants of A1267G of heat shock protein HSP70-2 gene (rs1061581) and C-592A of IL-10 gene (rs1800872)17. PCR was performed using Taq-DNA-polymerase and specific primers for gene HSP70-2 (5’-CATCGACTTCTACTCATGCTCCA-3’ – forward and 5’-CAAAGTCCTTGAGTCCCAAC-3’ – reverse) and for gene IL-10 (5’-CCTAGGTCACAGTGACGTG-3’–forward and 5’-GGTACACTCCACTGTAGC-3’ – reverse). Products of DNA fragment amplification (amplicons) of genes HSP70-2 and IL-10 were subjected to hydrolytic cleavage by endonuclease restriction enzymes PstI („Fermentas®, Lithuania) and Rsal („Thermo Scientific“, USA) accordingly.

The PCR products of IL-10 gene and HSP70-2 gene were separated by horizontal electrophoresis in 3% agarose gel stained with 4 µl of ethidium bromide (45-60 minutes) and were visualized by UV transilluminator (Nytechne, USA), in the presence of molecular mass ladder (100-1000 bp and 50-1000 bp), using a UV transilluminator and VitranÔ computed based program. The length of obtained restriction fragments was as follows: for HSP70-2 gene (rs1061581) – AA-genotype – 1117 base pair (bp), GG-genotype – 936 and 181 bp, and AG-genotype – 1117, 936 and 181 bp; for IL-10 (rs1800872) gene – AA-genotype – 236 and 276 bp, CC-genotype – 419 bp, AC-genotype – 419, 236 and 276 bp17.

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Clinical markers of immune disorders were evaluated after hematological indices. The calculation of endogenous intoxication and cellular reactivity indices was carried out on the basis of an extended general clinical blood analysis (Table 1), using hematological analyzer CELL-DYN 3700 SL (manufacturer Abbott Laboratories, USA).

Statistical analysis was performed using Statistica 7.0 (StatSoft Inc, USA) software. The reliability of the data for independent quantitative samples was calculated by using Student’s t-test (if distribution by Kolmogorov-Smirnov and W-Shapiro-Wilk test was close to the normal), or U-test Wilcoxon-Mann-Whitney (in case of uneven distribution), analysis of qualitative data (categorical variables) – by odds ratio (OR), with 95% confidence interval (CI) using a chi-square test ($\chi^2$) (df=1). P values <0.05 were considered statistically significant.

### Results

The distribution of HSP70-2 (A1267G) gene genotypes in the study groups vs control groups was as follows: for GG-genotype 46.31% vs 50.0%, for AG 50.53% vs 50.0%, and for AA-genotype – 3.16% in patients and was not found in control group, respectively. The IL-10 (rs1800872) gene distribution of polymorphic variants was as follows: for CC-genotype 52.63% vs 66.67% CA- and AA-variants in 37.89% and 9.47% vs 33.33% and there were no subjects with with AA-genotype in control group. In general, from 190 isolated alleles of both groups G-allele of HSP70-2 gene 2.52 and 3 times dominated (p<0.001) and C-allele of IL-10 gene 2.52 and 5 times as much (p<0.001), respectively.

Some immune-hematological indices, that reflect of endogenous intoxication, cellular immunologic

### Table 1. Hematological indices and ratios.

<table>
<thead>
<tr>
<th>Indexes, ratios, U</th>
<th>Calculation, formulas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leukocyte Intoxication index (LII) by B.A. Reis, U</td>
<td>(MC+MMC+PNNG+SNNG) / (M+LIM+E)</td>
</tr>
<tr>
<td>Intoxication ratio, U</td>
<td>LII x L x ESR / 1000</td>
</tr>
<tr>
<td>Nuclear index of endotoxicosis degree, U</td>
<td>(MMC+MC+PNNG) / SNNG</td>
</tr>
<tr>
<td>Cellular reactivity index, U</td>
<td>(L absol / (LII x Age, years)) x 100</td>
</tr>
<tr>
<td>General resistance index, U</td>
<td>LIM / Age x LII</td>
</tr>
<tr>
<td>Non-specific reactivity index, U</td>
<td>LIM x 100 / SNNG</td>
</tr>
<tr>
<td>Reactive response of Neutrophilic Granulocytes (NG), U</td>
<td>(MMC+MC+PNNG) / SNNG</td>
</tr>
<tr>
<td>Neutrophil-Lymphocyte ratio, U</td>
<td>(MMC+MC+PNNG+SNNG) / LIM</td>
</tr>
<tr>
<td>Leukocytes shift index, U</td>
<td>(B+E+NG) / (M+LIM)</td>
</tr>
<tr>
<td>Neutrophil-Monocytes ratio, U</td>
<td>(PNNG+SNNG) / M</td>
</tr>
<tr>
<td>Leucocytes-ESR ratio, U</td>
<td>(L x ESR) / 100</td>
</tr>
<tr>
<td>Lymphocyte-Granulocyte ratio, U</td>
<td>(LIM x 10) / (E+B+MMC+MC+PNNG+SNNG)</td>
</tr>
</tbody>
</table>


### Table 2. Immune-hematological indices of endogenous intoxication and cellular immunologic reactivity in patients with E. coli enteritis depending on polymorphic variants of gene HSP70-2 (1267A®G).

<table>
<thead>
<tr>
<th>Immune-hematological indices, Units</th>
<th>Control group, n=30</th>
<th>Genotypes of gene HSP70-2 in patients</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>AA+AG genotypes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>GG-genotype</td>
</tr>
<tr>
<td>Leukocyte Intoxication index (LII) by B.A. Reis, U</td>
<td>1.45±0.14</td>
<td>1.90±0.16 p=0.038</td>
</tr>
<tr>
<td>Intoxication ratio, U</td>
<td>0.03±0.01</td>
<td>0.16±0.02 p=0.001</td>
</tr>
<tr>
<td>Nuclear index of endotoxicosis degree, U</td>
<td>0.05±0.01</td>
<td>0.14±0.01 p=0.001</td>
</tr>
<tr>
<td>Cellular reactivity index, U</td>
<td>104.37±2.11</td>
<td>89.02±1.86 p=0.002</td>
</tr>
<tr>
<td>General resistance index, U</td>
<td>0.156±0.02</td>
<td>0.096±0.005 p=0.005</td>
</tr>
<tr>
<td>Non-specific reactivity index, U</td>
<td>52.59±1.37</td>
<td>15.07±0.60 p=0.001</td>
</tr>
</tbody>
</table>

Note. p – reliable differences concerning control group; p1 – reliable differences concerning AA+AG-genotypes carriers.
reactivity of the blood system in response to exo- and endo intoxication in patients with E. Coli enteritis, depending on polymorphic variants of HSP70-2 (1267A®G) gene, are presented in Table 2. In patients with AEC, lower levels of Cellular reactivity indices were found – 14.71% and 19.08% (p=0.002), respectively, general resistance index – 38.46% and 50.0% less (p<0.01), and severe decrease 3.49 and 4.24 times (p<0.001) of non-specific anti-infectious protection by the non-specific reactivity index. Decrease was more substantial in the GG-genotype carriers of HSP70-2 (1267A®G) gene than among A allele patients – 18.75% (p=0.024) and 17.78% (p=0.009) respectively.

A reliably higher compensatory activation of blood immuno-competent-cells (ICC) was determined in patients with GG-genotype in response to microbial contamination of the intestines by pathogenic E. coli (after higher leukocyte intoxication index by B.A. Reis – 23.68% (p=0.043), while intoxication indices and nuclear index of endotoxicosis degree were not found to be a clear dependence on the genotypes of HSP70-2 (1267A®G) gene, in spite of quick 2.8-7.3 times (p<0.01) increase.

Changes of the majority of immune-hematologic indices of endogenous intoxication and cellular reactivity in patients with E. coli enteritis, depending on polymorphic variants of IL-10 (C-592A) gene, was not found (Table 3), except for non-specific reactivity index that was reliably 12.37% (p=0.023) lower in the AA-genotype carriers of IL-10 gene, than those with CC-genotype.

The activity of mechanisms and factors of non-specific anti-infectious protection in response to bacterial origin intoxication by the level of NG reactive response in the peripheral blood, Neutrophil-Lymphocyte coefficient, Lymphocyte-Granulocyte index, Leukocyte shift

Table 3. Immune-hematological indices of endogenous intoxication and cellular immunologic reactivity in patients with E. coli enteritis depending on polymorphic variants of gene IL-10 (C-592A).

<table>
<thead>
<tr>
<th>Immune-hematological indices, Units</th>
<th>Control group, n=30</th>
<th>Genotypes of gene IL-10 in patients</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>AA-genotype</td>
<td>CA-genotype</td>
</tr>
<tr>
<td>Leukocyte intoxication index (LII) by B.A. Reis, U</td>
<td>1.45±0.14</td>
<td>2.29±0.25 p&lt;0.01</td>
</tr>
<tr>
<td>Intoxication ratio, U</td>
<td>0.03±0.01</td>
<td>0.21±0.03 p&lt;0.01</td>
</tr>
<tr>
<td>Nuclear index of endotoxicosis degree, U</td>
<td>0.05±0.01</td>
<td>0.16±0.02 p&lt;0.01</td>
</tr>
<tr>
<td>Cellular reactivity index, U</td>
<td>104.37±2.11</td>
<td>85.80±2.77 p&lt;0.01</td>
</tr>
<tr>
<td>General resistance index, U</td>
<td>0.156±0.02</td>
<td>0.079±0.005 p&lt;0.01</td>
</tr>
<tr>
<td>Non-specific reactivity index, U</td>
<td>52.59±1.37</td>
<td>12.54±0.48 p&lt;0.001</td>
</tr>
</tbody>
</table>

Note. p – reliable differences concerning control group; pAA – reliable differences concerning AA-genotype carriers; pCA – reliable differences concerning CA-genotype carriers

Table 4. Reactive response of neutrophilic granulocytes in peripheral blood in patients with E. coli enteritis depending on polymorphic variants of gene IL-10 (C-592A).

<table>
<thead>
<tr>
<th>Immune-hematological indices, Units</th>
<th>Control group, n=30</th>
<th>Genotypes of gene IL-10 in patients</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>AA-genotype</td>
<td>CA-genotype</td>
</tr>
<tr>
<td>Reactive response of NG, U</td>
<td>4.71±0.44</td>
<td>10.44±0.58 p&lt;0.001</td>
</tr>
<tr>
<td>Neutrophil-Lymphocyte ratio, U</td>
<td>1.99±0.18</td>
<td>3.06±0.33 p=0.007</td>
</tr>
<tr>
<td>Leukocytes shift index, U</td>
<td>1.56±0.16</td>
<td>2.57±0.19 p&lt;0.005</td>
</tr>
<tr>
<td>Neutrophil-Monocytes ratio, U</td>
<td>6.34±0.49</td>
<td>13.76±0.61 p&lt;0.001</td>
</tr>
<tr>
<td>Leucocytes-ESR ratio, U</td>
<td>1.41±0.15</td>
<td>1.04±0.09 p=0.041</td>
</tr>
<tr>
<td>Lymphocyte-Granulocyte ratio, U</td>
<td>4.89±0.41</td>
<td>3.02±0.25 p=0.006</td>
</tr>
</tbody>
</table>

Note. NG – Neutrophilic Granulocytes; p – reliable differences concerning control group; pAA – reliable differences concerning AA-genotype carriers; pCA – reliable differences concerning CA-genotype carriers

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index, Leukocytes-ESR ratio, NG-Monocytes ratio in patients with E. coli enteritis, did not depend on the polymorphic variants of HSP70-2 (1267A@G) gene. On the contrary, considering C-592A polymorphism of IL-10 gene (Table 4) in patients with AEC on the ground of low non-specific anti-infectious protection activity and general body resistance, in homozgyous mutative A allele carriers a reliably higher NG-Monocytes index was found with lower Lymphocyte-Granulocyte ratio than in CC-genotype patients – 27.52% (p=0.007) and 20.11% (p=0.049) respectively.

**DISCUSSION**

Polymorphonuclear NG have pleiotropic effects in immunoregulation and inflammation, that may be determined by corresponding genes encoding synthesis and activity of humoral and cells co-factors of anti-inflammatory defense. Some researchers have determined that NG cytokines production affects the activation of Th1, Th2 cellular immune response and provides interaction of the cellular and humoral immune link. Therefore, changes of NG activity can be one of the factors determining development and progress of pathological processes, including AEC. Clinical markers (immune-hematologic indices) used in our study were indicative of bacterial infection presence in AEC patients, immune body resistance decrease, combination of immune microphage link and Th1 immunity system activation with low macrophage activity.

One of the molecular systems for protecting cells from cytotoxic reactions is HSP. HSP is a universal stress-induced cellular response including toxic action of pathogenic bacteria’s LPS. HSP adapt the immune system, since they are antigenic peptides carriers from infected cells or tumours. Immune-regulating role of HSP70 in stimulation of cytokine production is evidenced, as well as their important role in immune control over the infected area or tumor. Changes in nucleotide sequence of HSP70 genes influence upon their expression or function of HSP70 proteins, causing alterations of stress-resistance mechanisms, promote increased susceptibility to pathologic conditions, including those associated with inflammatory diseases, activity of oxidative stress in diabetes mellitus patients, duodenal ulcer and stomach cancer, lymphoblastic leukemia, etc. A®G replacement in 1267 position of HSP70-2 gene causes changes of mRNA HSP70 expression. In some studies was proved that the HSP70 expression increasing is associated with higher activity of T-helpers, plays a protective role in regulation of cellular function in case of chronic pelvic pains and chronic bacterial prostatitis syndrome, block the tumour growth factor β1 production, decreasing inflammatory reaction and protects against bleomycin-induced pulmonary fibrosis in mice. Our study is the first available of the HSP70-2 gene’s A1267G SNP associations with the Escherichia enterocolitis.

The IL-10 is a regulatory anti-inflammatory cytokine produced by T cells, B cells, monocytes, macrophages, keratinocytes, eosinophils, mast cells and placental trophoblasts. The IL-10 gene in humans is highly polymorphic and, at the promoter region, several single nucleotide polymorphisms have been described. IL-10 potently down-regulates the production of macrophage pro-inflammatory cytokines, such as IL-1, IL-6, IL-8, granulocyte-macrophage-colony-stimulating-factor and notably tumor necrosis factor-α, via a feedback inhibition loop. Mutations in this gene are associated with an increased susceptibility to HIV-1 infection and rheumatoid arthritis, acute myeloid leukemia, changed expression of autoimmune IL-10 signaling pathways in non-small lung cancer cells etc. However, individual studies have provided conflicting and inconclusive results: in some of them an association was established between the C592A polymorphism of the IL-10 gene and the severity and outcome of acute viral hepatitis and hepatitis-related acute liver failure, osteoarthritis, rheumatoid arthritis, but no association with juvenile idiopathic arthritis according to meta-analysis data in Caucasian or Middle Eastern participants. Also, C592A polymorphism was not associated with gastrointestinal cancer risk in five genetic models, according to EMBASE, PubMed, Web of Science, and China National Knowledge Infrastructure databases’ meta-analysis of case-control studies (36 studies involved 8069 cases with gastrointestinal tract cancer and 13,089 controls). In our study, in homozgyous A allele carriers of IL-10 gene were reliably lower mechanisms and factors activities of anti-infectious protection, non-specific resistance with compensatory higher activation of microphage system (by the index of NG-Monocyte ratio), than in CC-genotype carriers (p<0,05). It highlights an important role of C592A polymorphism of IL-10 gene in immune response activity in case of bacterial invasion and possible clinical manifestation variability of Escherichiosis.

Our data indirectly confirm the high probability of the enhanced synthesis of “early” pro-inflammatory cytokines (IL-1β, TNF-α), with insufficient production level of anti-inflammatory substances (IL-10), especially in the GG-genotype carriers of HSP70-2 gene and AA-genotype patients of IL-10 gene, that was proved in our recent study.

**Limitations of the study.** The main limitation of the study is related to the small number of included patients.
CONCLUSIONS

Thus, hematological indices, based on extended general clinical blood analysis, are indicative and reliable non-specific clinical markers of immune disorders in case of AEC. The endogenous intoxication severity did not depend reliably on polymorphic variants of IL-10 gene (rs1800872), however it was significantly higher (23.68%, p=0.043) in GG-genotype carriers of HSP70-2 (rs10165181) gene. The reduction of cellular reactivity by 14.71-19.08% (p<0.01) did not depend on the analyzed genes genotypes. However, general non-specific immune reactivity decreases 3.49-4.24 times (p<0.001) was deeper in carriers of HSP70-2 gene and AA-genotype of IL-10 gene – by 17.78% (p=0.009) and 12.37% (p=0.023) respectively. The immunologic resistance index was lower by 18.75% (p=0.024) in the AA-genotype carriers than in subjects with A allele.

Compliance with Ethics Requirements:

“The authors declare no conflict of interest regarding this article”

“The authors declare that all the procedures and experiments of this study respect the ethical standards in the Helsinki Declaration of 1975, as revised in 2008(5), as well as the national law. Informed consent was obtained from all the patients included in the study”

“All institutional and national guidelines for the care and use of laboratory animals were followed”

“No funding for this study”

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