Book Review on Dr. Shweta Mishra’s What is a Woman?

Arpita Mukherjee

Content Writer & Editor, Bangalore.

What is a Woman? by Dr. Shweta Mishra

Another bunch of feministic views and quite depressing face of a woman’s status in our society. Nothing new! Having a 21st century heart and soul, the format might not impress too many youths since it is a collection of communication with God (invisible being). Yet, it has the potential to outrage the dominated feelings of a woman full of hatred towards the so-called ‘patriarchal community’. It might sound like a disagreement, but it has been an era of discussion over the same issue and we are still to reach a conclusion. Shall we start looking at the problem from a different perspective?

Are there no men suffering through, if not same then at least, similar circumstances? Only because certain cases are not reported frequently, doesn’t they exist? Why don’t we ever think of writing about them? Why should always
women be the filling element for all the scope of sympathy? On the fairer side, why should we always authorize the weaker section to the women? Usually, men are called ‘DOG’, which literally means loyal and faithful. Why do we stage a woman as victim in all occasions? Is it a fair game on their part?

Getting raped? Oh, it is very common nowadays. Restricting girls from late night parties, wearing western attires and mingling up with boys is an ancient and consistent matter of debate now. However, have anyone ever thought about marital rape? Here too, mostly we can only imagine the female counterpart as the victim. Is it necessary for all kind of intimidation to come from muscular power? Food for thought!

There are always two fronts to everything. Shape of anything depends on how you look and react to it. Prostitution is a profession unless it is forced. Rape a girl to push her to become a sex worker should be subject to brutal punishment. What the author missed is raping a prostitute is also a sin and subject to penance.

Commodifying women through electronic media as well as print media is a huge matter of concern. But some way or the other, knowingly or unknowingly, men has also commodified themselves. Human figure and materialistic benefits has become more valuable than human emotions and ethics. Hence, the commodification of human body should be questioned rather than limiting the focus to advertising female physique.
The book revolves around the violence and ignorance towards women which is very often done. Yet, the author might have missed out the achievements by our ideal female figures around the globe. Since the book is titled as ‘What is a woman’, I believe it should have comprised of all the phases and parts, a woman bags in her lifetime.

Author’s Bio

Author Dr. Shweta Mishra ‘shawryaa’ is an Assistant Professor of English at F.A.A. Government PG College, Mahmudabad, Uttar Pradesh. ‘What is a Woman’ is her first move as a creative writer. This volume appears to be a feminist statement which she claims to be just a human being who would raise her voice on any issue concerning ones who are suffering, exploited and are wronged. She is also a poet and believes that as a thinker it would be a useless existence if she is not able to make a slight difference in this world towards knowledge, light and purity.