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# Effect of cholesterol loaded cyclodextrin (CLC) on lipid peroxidation and reactive oxygen species levels during cryopreservation of buffalo (*Bubalus bubalis*) spermatozoa

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#### ABSTRACT

**Objective:** To assess the effect of cholesterol loaded cyclodextrin on seminal attributes (progressive motility, livability, hypo-osmotic swelling (HOS) response and acrosomal integrity), lipid peroxidation (LPO) and reactive oxygen species (ROS) levels during cryopreservation of buffalo (*Bubalus bubalis*) spermatozoa.

**Methods:** A total of 24 ejaculates (mass motility  $\geq$ 4; progressive motility  $\geq$ 80%) were collected from three murah buffalo bulls (8 from each bull) through artificial vagina twice a week. One part of semen was diluted with TEYC extender (group I) and other part was treated with cholesterol loaded cyclodextrin before final dilution with TEYC extender (group II). Semen samples were evaluated for various seminal attributes, LPO and ROS levels at fresh, pre-freeze and post-thaw stage in group I and group II.

**Results:** Seminal attributes (progressive motility, livability, hypo-osmotic swelling (HOS) response and acrosomal integrity) were significantly higher in group II than group I at pre-freeze (P < 0.05) and post-thaw (P < 0.01) stage. LPO and ROS levels were significantly higher in group I as compared to group II at pre-freeze (P < 0.05) and post-thaw (P < 0.01) stage.

**Conclusion:** It is concluded that cholesterol loaded cyclodextrin reduces LPO and ROS levels during cryopreservation of buffalo spermatozoa.

#### 1. Introduction

Due to presence of higher amounts of polyunsaturated fatty acids in buffalo spermatozoa than bull spermatozoa [1], they become more susceptible to freezing-thawing associated damages [2]. Depending upon their concentration, nature and duration of exposure, reactive oxygen species (ROS) have both beneficial and harmful effects on spermatozoa function. Moderate levels of ROS mediate various physiological functions of spermatozoa such as hyperactivation, capacitation, acrosomal reaction and zona binding [3,4]. Normally endogenous antioxidants prevent spermatozoa from ROS induced damage by converting ROS into safer byproducts. However, when the rate of ROS generation exceeds their detoxification, ROS accumulation leads to oxidative stress which may damage the spermatozoa membrane [5], affect DNA integrity [6], block oxidative metabolism [7], reduce the chances for sperm oocyte fusion [8] and sperm motility and viability [3]. The plasma membrane of spermatozoa is damaged during freezing-thawing, when spermatozoa are exposed to atmospheric oxygen which in turn increases susceptibility to lipid peroxidation (LPO) [8]. Plasma membrane integrity is essential for spermatozoa to protect them from harmful effects of cryopreservation. Adding cholesterol or its analogues to the medium reduces capacitation process [9]. Due

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to hydrophobic nature of cholesterol, it is insoluble in aqueous semen diluents. Cyclodextrins can be used for inserting cholesterol into cell membranes due to presence of an internal hydrophobic core, in addition to an external hydrophilic face [10]. Addition of cholesterol loaded cyclodextrin (CLC) to semen significantly increases progressive motility, livability, acrosomal integrity [11,12] and HOST responsive spermatozoa [13]. CLC improves *in vitro* fertilizing ability and reduces ultrastructural damages to spermatozoa plasma membrane [11]. Since CLC maintains membrane integrity and reduces number of dead spermatozoa in buffalo semen [11], it is presumed that by maintaining membrane integrity, the levels of LPO and ROS may be reduced due reduced damage to sperm plasma membrane.

In various biological membranes, the protective effect of cholesterol against oxidative stress laid down the hypothesis that reduction of oxidative stress may be another factor responsible for enhanced cryosurvival of CLC treated sperm. However, scanty information is available regarding the effect of CLC on LPO and ROS levels during semen cryopreservation. So present aim was carried out to study the effect of CLC on LPO and ROS levels during cryopreservation of buffalo spermatozoa.

#### 2. Materials and methods

#### 2.1. Experimental design

Semen was collected from Murrah buffalo bulls (3), 4–6 year old, maintained at the Germ Plasm Centre of Animal Reproduction Division, ICAR-Indian Veterinary Research Institute, Izatnagar. These bulls were reared under the similar feeding and management conditions during the entire duration of the study.

#### 2.2. Preparation of CLC

Methyl- $\beta$ -cyclodextrin was loaded with cholesterol as described [14]. Briefly, 200 mg of cholesterol was dissolved in 1 mL of chloroform in a glass tube. In second glass tube, 1 g of methyl- $\beta$ -cyclodextrin was dissolved in 2 mL of methanol. A 0.45 mL aliquot of the cholesterol solution was added to the cyclodextrin solution, and the mixture was stirred until the combined solution appeared clear. This was followed by pouring of mixture into a glass petri dish and removing of solvents using a stream of nitrogen gas. The resulting crystals were allowed to dry for an additional 24 h and then were removed from the dish and stored in a glass container at 22 °C. A working solution of CLC was prepared by adding 50 mg of CLC to 1 mL of Tris diluent at 37 °C and mixing the solution briefly using a vortex mixer.

#### 2.3. Collection of semen and its processing

Semen was collected by using an artificial vagina as per the standard method. A total of 24 ejaculates, eight from each bull (8  $\times$  3 = 24) were collected. Only ejaculates with mass motility  $\geq$ 4+ and progressive motility  $\geq$ 80% were used in the study. Immediately after collection of semen, a part of each

ejaculate was evaluated for various seminal attributes, LPO and ROS. Rest ejaculate was diluted with Tris-egg yolkglycerol dilutor up to  $60 \times 10^6$  spermatozoa/mL. Seminal attributes, LPO and ROS were estimated at pre-freeze and post-thaw stage.

#### 2.4. Semen freezing

French midi straws (0.5 mL) were filled with the extended semen samples, sealed with polyvinyl alcohol powder and kept for 3 h at 5 °C for equilibration. After equilibration, straws were kept in automatic programmable biological cell freezer (IMV Technology, France) until temperature of straws reached -145 °C. Then straws were plunged into liquid nitrogen (-196 °C) for storage.

### 2.5. Semen evaluation

#### 2.5.1. Seminal attributes

A drop of the diluted semen was kept on a clean, grease free, pre-warmed glass slide, cover slip was placed and progressive motility was assessed under high power magnification (Nikon, Eclipse 80i; 400  $\times$  magnification) of a phase contrast microscope. The live sperm percentage was estimated by differential staining technique using Eosin-Nigrosin stain [15]. Acrosomal intactness was determined by Giemsa stain [16]. Hypo-osmotic swelling (HOS) test was carried out according to the method described by Jeyendran *et al.* [17].

#### 2.5.2. Washing of spermatozoa

Washing of spermatozoa was done for estimation of LPO and ROS. Immediately after evaluation, fresh, pre-freeze and frozen thawed spermatozoa were washed using percoll density gradient [18] to remove egg yolk particles, dead cells and debris. Briefly 1 mL layer of 45% percoll (v/v, Sigma–Aldrich, USA) in phosphate buffer saline (PBS, NaCl 8 g, KCl 0.2 g, Na<sub>2</sub>HPO<sub>4</sub> 1.44 g, KH<sub>2</sub>PO<sub>4</sub> 0.24 g; distilled water up to 1000 mL, pH 7.2) was pipetted carefully over a 1 mL layer of 90% percoll (v/v in PBS) in a disposable 15 mL centrifuge tube. 1 mL semen was gently layered on top of the two step percoll column and centrifuged at 400 g for 30 min. After centrifugation, the pellets were washed once again with PBS and resuspended in PBS to make desired concentration of sperm depending on parameters.

#### 2.5.2.1. Estimation of LPO

The LPO in spermatozoa was measured based on the malondialdehyde (MDA) concentration by adopting the procedures of Buege and Aust [19] and modified by Suleiman *et al.* [20]. Briefly 2 mL of TCA–TBA reagent [Tri-chloro acetic Acid 15% (w/v), TBA 0.375% (w/v) in 0.25 N HCl was added to 1 mL of sperm suspension ( $10^9$  spermatozoa)]. The mixture was heated in a boiling water bath for 15 min. After cooling, the suspension was centrifuged (500 g; 10 min), supernatant was separated and absorbance was measured at 535 nm using Double beam UV-VIS Spectrophotometer (DBS; Model-UV5704SS, ECIL, India). The MDA concentration was deter-

mined by the specific absorbance coefficient  $(1.56 \times 10^5/\text{mol/}\text{cm}^3)$ . LPO (n M MDA/10<sup>9</sup> sperm) was calculated by following formula

 $\frac{\text{OD} \times 10 \times \text{total volume (3 mL)}}{1.56 \times \text{test volume (1 mL)}} = \frac{\text{OD} \times 30}{1.56}$ 

#### 2.5.2.2. Estimation of ROS

Estimation of ROS was done using a high-throughput spectrophotometric assay as described by Hayashi et al. [21] with some modifications. The reaction mixture contained 5 µL of sperm suspension (containing  $2.5 \times 10^6$  spermatozoa in PBS), 140 µL of 0.1 M sodium acetate buffer (pH 4.8) and 100 µL of the mixed solution prepared from R1 and R2 at the ratio of 1:25. The absorbance was measured at 505 nm for 2 min at 15 s interval using a spectrophotometric plate reader.  $R_1$ solution contained 100 µg/mL of N, N diethyl Paraphenylendiamine sulphate (Sigma-Aldrich, USA) in 0.1 M sodium acetate buffer while R<sub>2</sub> solution was prepared by dissolving ferrous sulphate in 0.1 M sodium acetate buffer to attain a final concentration of 4.37 µM. Ten different concentrations of hydrogen peroxide solution (50, 100, 150, 200, 250, 300, 350, 400, 450, and 500 mg/L) were used as standard. A calibration curve for the standard solutions was developed by calculating slopes (absorbance increase at 505 nm/min × 1000) and the level of ROS was expressed as units of H2O2. One unit corresponded to 1 mg/L H<sub>2</sub>O<sub>2</sub>.

#### 2.6. Statistical analysis

Data were statistically analysed by unpaired *t*-test using Statistical Analysis System [22] Software Programme, version 9.3 and results were expressed as mean  $\pm$  SE.

#### Table 1

Mean ± SE of seminal attributes at fresh, pre-freeze and post-thaw stage.

#### 3. Results

### 3.1. Seminal attributes at fresh stage, pre-freeze and post-thaw stage

Average of various seminal attributes at fresh stage, prefreeze and post-thaw stage is presented in Table 1. Seminal attributes (motility, livability, acrosomal integrity and HOS response) were significantly higher in treatment group (group II) as compared to group I (control) at pre-freeze (P < 0.05) and post-thaw (P < 0.01) stage. About 5% higher motility, livability and acrosomal integrity were recorded in group II as compared to control at pre-freeze stage. At post-thaw stage, about 10% higher motility, 8% higher livability and 7% higher acrosomal integrity were recorded in group II as compared to group I. About 4% and 8% increase in HOS response was noticed in group II at pre-freeze and post-thaw stage than group I.

#### 3.2. LPO and ROS at fresh stage, pre-freeze and postthaw stage

Mean levels of LPO and ROS at fresh stage, pre-freeze and post-thaw stage are presented in Table 2. Significantly higher levels of LPO were noticed in control group (group I) at prefreeze (P < 0.05) and post-thaw stage (P < 0.01) as compared to treatment group (group II). ROS levels were significantly higher in control group at pre-freeze (P < 0.05) and post-thaw stage (P < 0.01) as compared to treatment group. An increment of 40% and 23% ROS level in control and treatment group was recorded at pre-freeze stage.

Seminal attribute	Fresh stage	Pre-free	Pre-freeze stage		Post-thaw stage	
		Gr I	Gr II	Gr I	Gr II	
Progressive motility (%) Livability (%) Acrosomal integrity (%) HOS response (%)	$\begin{array}{l} 88.25 \pm 0.36 \\ 91.45 \pm 0.39 \\ 86.95 \pm 0.36 \\ 77.37 \pm 0.64 \end{array}$	$77.91^{B} \pm 0.51$ $81.37^{B} \pm 0.46$ $80.62^{B} \pm 0.57$ $70.45^{B} \pm 0.96$	$\begin{array}{l} 82.5^{\rm A} \pm 0.52 \\ 85.25^{\rm A} \pm 0.46 \\ 85.25^{\rm A} \pm 0.64 \\ 74.29^{\rm A} \pm 0.76 \end{array}$	$52.50^{b} \pm 0.60$ $57.83^{b} \pm 0.46$ $59.12^{b} \pm 0.47$ $52.00^{b} \pm 1.22$	$\begin{array}{l} 62.08^{a}\pm0.66\\ 65.50^{a}\pm0.54\\ 66.41^{a}\pm0.57\\ 60.25^{a}\pm1.98 \end{array}$	

Within row means having different superscripts in upper case letters (<sup>A, B</sup>) and lower case letters (<sup>a, b</sup>) differ significantly at 5% (P < 0.05) and 1% (P < 0.01), respectively.

#### Table 2

Mean ± SE of LPO and ROS levels at fresh, pre-freeze and post-thaw stage.

Parameter	Fresh stage	Pre-free	Pre-freeze stage		Post-thaw stage	
		Gr I	Gr II	Gr I	Gr II	
LPO ROS	$254.42 \pm 2.85$ $85.41 \pm 2.55$	$298.5 \pm 2.65^{a}$ 119.16 ± 2.20 <sup>a</sup>	$282.75 \pm 3.08^{b} \\ 105.2 \pm 2.41^{b}$	$492.5 \pm 4.49^{A}$ $197.91 \pm 3.2^{A}$	$393.54 \pm 4.72^{B} \\ 150.20 \pm 4.13^{B}$	

LPO = (nano mol/10<sup>9</sup> spermatozoa); ROS = (Units of H<sub>2</sub>O<sub>2</sub>). Within row means having different superscripts in upper case letters (<sup>A, B</sup>) and lower case letters (<sup>a, b</sup>) differ significantly at 1% (P < 0.01) and 5% (P < 0.05), respectively.

#### 4. Discussion

### 4.1. Seminal attributes at fresh stage, pre-freeze and post-thaw stage

The initial progressive motility of a semen sample gives a good indication of the fertility of the bull and ability of spermatozoa to withstand the stress of cryopreservation process. At fresh stage, percent progressive motility was  $88.25 \pm 0.36$  which was higher than reports of [13,23-25]. In our study, higher initial progressive motility may be attributed to utilization of only >4+ grade semen and twice semen collection in a week. Livability of spermatozoa in a semen sample is significantly and positively correlated with initial motility, post-thaw motility and fertility of spermatozoa. Percent live spermatozoa in our study was higher than reports of [13,26,27]. Mean sperm livability was in agreement to reports of [11]. Percent intact acrosome observed in present study was higher than the values of [12,28,29] but lower than the values of [23,30]. Acrosome can be detached from the sperm head under the influence of different physical and chemical factors [31]. Optimum fertility depends on the acrosome being structurally and functionally intact [11]. The percent HOS positive spermatozoa in the present study was higher than the values reported by [23,32] and were lower than the values reported by [33]. Season has an influence on HOS response and there was significant difference in percent HOS responsive spermatozoa in winter and summer seasons being significantly higher in winter season than summer season [33].

At pre-freeze and post-thaw stage, progressive motility (%) was higher in group II as compared to group I. The percentage decline in progressive motility in our study was 40.5 from fresh to post-thaw stage in control group while the percentage decline in progressive motility was 29.65 in treatment group indicating beneficial effect of CLC in maintaining motility of spermatozoa. This was in agreement with Rajoriya [12] who also reported similar decline in percentage of individual progressive motility from fresh to post thaw stage. Livability was higher in group II than group I at pre-freeze and postthaw stage. In present study, decline in number of live spermatozoa from fresh to post-thaw stage was 36.70% in control and 28.31% in treatment group. In our study, we found CLC significantly increases progressive motility and livability at pre-freeze and post-thaw stage which might be due to reduced LPO and ROS levels in spermatozoa by CLC, as observed in the study. At pre-freeze and post-thaw stage, acrosomal integrity was higher in group II than group I. The reduction of acrosome intact spermatozoa from fresh to post-thaw stage was 32.04% in control group and 23.66% in treatment group. This was in agreement with Rajoriya [12] who also reported decline in percentage of acrosome intact spermatozoa from fresh to post-thaw stage. HOS response was higher in treatment group as compared to control group at pre-freeze and post-thaw stage. The percent decrease in HOS response from fresh to post thaw stage was 31.80 and 20.98, respectively, in group I and group II. The higher percentage of HOS response in treatment group indicates higher percentage of membrane intact spermatozoa with intact functional status. In our study it was found that CLC increases percentage of HOS positive spermatozoa which was similar to findings of Kumar [11]. The increase in membrane intactness of spermatozoa by CLC may be due to reduced plasma membrane damage by lower levels of lipid peroxides and ROS.

## 4.2. LPO and ROS levels at fresh stage, pre-freeze and post-thaw stage

LPO levels at fresh stage were comparable to the report of Mayuri [34] but lower than Kadirvel et al. [23]. The average ROS levels recorded in fresh sperm suspension were  $85.41 \pm 2.55$ (Units of H<sub>2</sub>O<sub>2</sub>). Sperm mitochondria contribute to oxidative stress in damaged human sperm cells [35]. LPO is initiated when excess quantities of free radicals are produced, which results in the loss of sperm function [36]. Due to inability of spermatozoa to synthesize membrane components and low antioxidant capacity, spermatozoa become susceptible to damage by ROS [37]. An increase of about 11% and 7% in LPO level was noticed in control and treatment group after equilibration (before freezing), while as an increment of about 93% and 54% in LPO level was noticed in control and treatment group at post-thaw stage, which was in agreement with [23,34], who reported elevated levels of LPO in frozenthawed semen. The variation in LPO levels may be due to intrinsic and extrinsic antioxidant defence mechanisms in sperm cell as well as in seminal plasma and ROS levels produced [38,39]. The reduction in LPO levels in treatment group may be due to reduced formation of ROS due to antioxidant nature of cholesterol. Previous reports have shown that peroxidation levels are higher in frozen-thawed sperm due to aromatic amino oxidase enzyme activity in dead sperm and the increased number of dead sperm may be one of the attributing factors for increased levels of LPO [40]. ROS level was about 8% and 23% higher in control than treatment group at pre-freeze and postthaw, respectively. However, at post-thaw stage, increase of about 131% and 75% ROS level was recorded in control and treatment group. An increased ROS level during equilibration at 4 °C was in agreement to [41] who reported increased levels of ROS during cooling at 4 °C. The increase in the levels of ROS in frozen thawed spermatozoa in our finding was in agreement with the report of Chatdarong et al. [42] who reported increased levels of ROS in frozen-thawed spermatozoa. Various factors are responsible for the cryodamage, but ROS mediated damage is likely an important cause [43].

#### **Conflict of interest statement**

The authors declare that they have no conflict of interest.

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