

Case of cervical dystonia

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Abstract: Efficacies of homeopathic medicine in cervical dystonia.

Key Words: Individualization, use of homeopathic medicine in cervical dystonia, causticum

Mrs. JTG, 45yr, female, married since 25 years, studied up to 5th std., house wife, has 4 elder brother and 2 elder sister. Present family comprised husband 45 years working in clothe market, 2 son (20 years & 18 years) & one daughter 23 years & recently engaged.

Chief complaints:-

Location	Sensation	Modalities	Concomitent
Onset – since 3 years Progressed within 2-3 days Musculo skeletal system Neck – muscles, Right neck -----> Left neck ----->	Initially giddiness followed by C/o Face turning to left side. H/o Trembling of neck Presently C/o Weakness ² , Face turned to left side ³ and she cannot keep it strait. She cannot turn the face to right side Feels swelling Drawing / pulling pain ⁺ Cannot sleep in left side	< walking / exertion ³ . > by holding. > during sleep ³ . Not better with cervical traction & hospitalization for 10 days.	
Retrosternal Throat & chest	Burning pain	A/f Alopathic traetments < ⁺ spicy food	

Associated complaints:-

Right lower limb Since – 3 years	Tingling ⁺	< walking for few steps < while folding legs	
Skin – around abdomen, angle of thighs & right axilla. Since 15 days.	Macullo-papullar ring formed eruptions, Itiching ⁺⁺⁺ Burning ⁺	Not improved with local ointment. > with scratching ⁺ . < on scratching ⁺	
Rs Since 10 years F – 2to3 times in a year Especially in a damp weather D – for 2 to 3 days.	Suffocation ⁺ Difficulty in breathing ⁺ Coughing ⁺⁺ Sneezing ⁺⁺ No discharge.	< dust ⁺⁺ < Damp – wet weather ⁺⁺	

Physical characteristics: -

- Perspiration profuse since the allopathic medication started for the chief complaint.
- Perspiration slightly offensive & non staining.
- Hunger tolerate.
- Thirstless⁺⁺ – takes water only after meal.
- Cr – fried⁺⁺ (FARSAN & BHAIYA)
- Stool & urine – normal & nothing significant
- Menses – always early since beginning & it remains for da days with initial 2 days profuse flow, offensive⁺⁺, wash off easily, occasionally clotted. Since last 3 – 4 months menses irregular and early on 15 to 25 days.
- Obstetric h/o: - G₃P₃A₀ – all FTND.
- Reactions physical factors: -
- Sun <⁺⁺ giddiness & abdominal discomfort.
- Humidity <⁺ coryza
- Damp wet weather <⁺⁺ suffocation
- Spicy <⁺ retrosternal burning.
- Thermal: - she can tolerate both the extremes.

	Winter	Summer	Monsoon
Bath	Hot	Cold	Cold
Covering	2 (thin+thick)	1 thin	1 thin
Fan	No	On 2 to 3	No
Woolen	In extreme cold only		

Family History: -

Sister = Eczema & cancer.

Mother = died with CRF.

Father = died in gas trouble.

O/E: - B.P. = 120/70. Her neck is remaining turning to left and she could not keep it strait or turn right.

Ring formed maculo-papular multiple eruptions around abdomen.

Investigation: - 07-06-12 = X-Ray: - cervical spondylosis, instability at C₄₋₅, C₅₋₆ level.

MRI: - mild posterior annular disc buldge is seen from C₃₋₄, to C₆₋₇ level. No significant disc herniation or nerve root impingement is seen.

Life space: -

She has described her childhood was very good. Her mother was died in very young age but she was taken care by all family members. She said she was “LADALI” & she was never been scolded in her family because she was youngest. They belong to a small town of Bhavnagar district.

She got married in a joint family of 2 Eld. BIL. MIL was irritable & making taunt, MIL likes patient only if patient brings something from her parent’s home. Patient had to listen MIL & SIL’s critics like.. “They have to take care of patient’s child, they had to spend money for patient’s family etc...” initially patient listen them & weeps & occasionally do react but latter on once she gathered the confidence she has started to give back answers. Patient listen them because her husband was not much working. There were calculation in expenditures on children of SIL and patient’s. Here at inlaw’s place everyone is irritable so patient felt it because at her parental home she had never experience that. Her husband is irritable so patient listen him and keeps quiet. He was just sat at own kirana shop while they were in joint family. They got separated since 3 years. After separation, husband was not much working so patient has started “kataleri shop”. Husband was shifted to Surat and started work on machines and then in diamond and now since one years has own business of hand work (it’s a job work taken from party and get it done from others females in society) now they are financially better than before.

She described her husband is secretive, he do not communicate social & financial matter with her. He never said where he spent money or to whom he has given the money for temporary help or how much money he has given etc. He does not give answers to patient on repeated asking for this matter. He helps his friends and gives them money. When patient do resist for that he gets angry so she keeps quiet. Once 2-3 years ago, he has given 25,000 to his friend without asking patient and she saw that later on she put forward her disagreement to him but he said that he will bring back when she will need it. She felt that, why her husband is not sharing financial or social matter with her? Why he is so secretive? Initially she was asking for the answers from him but as he was not replying she has stopped to ask him. She keeps on thinking about these matters – why he doesn’t have trust on each other. She feels internally restless & bechani. She does not like to talk, does not like to work & vexation remains within her. She gets irritation when he does something wrong, does not communicate with her about finance i.e. where he spent, whom he has given etc... He does not take care of children. She lives her life and he lives his life. She does not like to get scolded because she was never being scolded at her parent’s home.

Understanding of case: -

Diagnosis:– cervical dystonia.

Patient as a person:–

In this case she has silent anger for her husband & she has remained under chronic vexation. She brood about it and show her anger in form of avoid talking. This avoidance of communication with her husband is so significant that it has evident with the chief complain. She has turned her head to one side and did

not want to communicate with him (this is just hypothetical psycho-somatic understanding which we are getting in this case). With all these characteristics and few physical general i.e < damp, thirstless, menses early & perspiration profuse the group of remedies are emerging to be – ignatia, calc.carb, china, nat.mur., & causticum.

Now, overall she was remaining to be mild, calm and work for the family. She had tried her level best to bring up her family while her husband was not working. By considering this the final selection was Causticum.

Here the individual susceptibility is in moderate to higher level so there potency selection considered to be 200 to 1m & higher.

Final prescription: -

Causticum 200 infrequent doses.

Initially, causticum was given in 200 3 doses weekly and there was mild improvement. But since causticum 1m was given she has improved well. She was needed Causticum 1m weekly & With this she has improved within 10 months time. Now she is better and she was advice to stop treatment since may 2013.