# FACTORIAL STRUCTURE AND PSYCHOMETRIC PROPERTIES OF ATTITUDES TO ECONOMIC DEPENDENCE OR INDEPENDENCE IN A SAMPLE OF BULGARIAN CITIZENS

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### Abstract

Rising interactions of asymmetrical exchange as a consequence of unequal access to economic resources create status differences between people. In that way some people are provided with authority benefits while the others are in dependent position. The situation of economic dependence arises when the object is seen by the subject like a unique source for personal needs gratification. The degree of dependence is right proportional to the object's subjective significance for a particular person, group, organization, etc. This statement provokes the problem of dependence as a psychological phenomenon that defines personal behavior and the character of interactions in respect of actual needs gratification. Contrary, economic independence is associated with these resources that are the result of personal incomes, property, and capital dividends.

Key words: attitudes, dependence, independence, psychometric properties, structure.

### Introduction

It is possible to define some basic components that are related to different aspects of economic dependence. In the first place, the dependent subject feels in high degree the need of a specific object, material goods or economic resources. The provider is a subject that owns these goods or resources and controls the access to them. In this sense, the provider owns the monopoly required for dependent objects and the provider appears as no alternative supplier. At the same time the dependent person is not a unique supplier of resources that are necessary for the provider. This means that the dependent person is expendable for the provider. That is why the supplier is much more interested in the provider than vice versa. Because of this, the provider receives the benefits of power controlling the conditions for providing these resources that are necessary for the dependent ant person. Such interaction secured unfavorable position for the dependent person by limiting his access to the resources and forming dependent behavioral strategies (Hirschman, 1970).

The opportunity or the ability to be offered unique rare resources stops the occurrence of relations associated with the economic dependence. Good professionals have specific skills and abilities to provide themselves a high degree of independence even when there is a disadvantage in the labor market (Ferrer-i-Carbonell, 2005). In interpersonal interactions high subjective importance of the participants for each other prevents the emergence of powerful relations - and therefore dependent economically family members can be equal participants in the distribution of intra-family budget.

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Attitudes and values are referred to the characteristics, realizing subjective manifestations of economic dependence that replace the responsibility for individual financial well-being. In this case, the dependence of the subject appears in his mind as normative values associated with the transfer of responsibility to someone else (the belief that the state is responsible for the welfare of its citizens) (Yordanova, 2012). In practice, very often on the ground of social and economic dependence as a mental phenomenon are leading cognitive, emotional and behavioral components of the dependent person's attitudes. According to this view, life satisfaction varies around a set point, which is a personal baseline that remains constant over time. A number of studies have suggested that life satisfaction set point can be adjusted by negative life events such as unemployment and changes in marital status for example (Lucas et al., 2004). Extreme socio-economic situations can stimulate some people to economically active actions, while the others react with passivity and manifestations of "learned helplessness." In this sense, the responsibility for economic dependence has personal dispositions, external locus of control, low self-esteem, lack of confidence in one's own skills, fear of change, risk actions and the subjective perceptions of the specific individual.

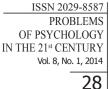
Power can be seen as the ability of a subject to require other subjects to act in his favor that they would not make voluntarily. The provider has the power that is directly proportional to the subjects' economic dependence and there is so much power that many valuable resources are controlled by the provider. The power increases in these cases where the dependent person has no alternative interactions to obtain the required resources and is in high degree exchangeable for the provider. Power advantage can be the ultimate goal for the aspirations of the provider or to control his access to other resources valuable to him (social, cultural, political). Power structures enable the provider to unlimited access of material goods, social control and political impact on the entire social system (Poggi, 2001).

To the characteristics of a dependent person refer not only belief in their own helplessness and attitudes for social assistance but also unconditional loyalty to the provider and the fear of losing his support. To keep the dependent person in this state, purposefully a complex of moral obligations to the provider is formed in him. For this reason, in these relations unlike the equivalent relations (market trade), the dependence is usually presented by moral and emotional component through which the provider assumes the role of a benefactor who cares for the dependent person (Barry, 1976).

There are some possibilities (though difficult to implement in practice) to disrupt these relations and their transformation into equal, symmetrical exchange. This process can only be done by the dependent person because the provider is interested in the safeguarding and strengthening of dependent relations. For example, individual economic dependence from the state or the employer can be overcome only with the will of a dependent person himself by mobilization of his intellectual, creative and emotional and personal resources. The studies reveal that in the relationships where one of the partners has large economic power, there is a high degree of mistrust and suspicion (Molm, Takahashi & Peterson, 2000).

Economic vulnerability of the dependent person is related primarily to the risk of the dependency relationship. Therefore, a dependent person depends chiefly on external support for obtaining the necessary goods and forms passive strategies in self economic behavior. The dependent rejects self responsibility for individual actions and doesn't make any attempts to achieve personal economic goals in exchange for the hope that all this will be done by the provider. Economic inactivity prevents the development of these personal qualities that the subject will be able to offer in the process of economic exchange with others and to derive more benefit from it than from a personal relationship with the provider (Sweeney & McFarlin, 2004). Therefore, in case of suspended relationship of dependency, such person appears to be helpless and socially incompetent, i.e. does not possess the social skills and psychological qualities for successful economic adaptation. The dependent's conviction that only others are responsible for his well-being puts him in passive expectance and constant dependency from the provider.

Attitudes towards economic independence characterize the "independent" strategies of economic behavior and form independence as a vital position. Independent strategies of economic behavior suggest perceiving difficult economic situations as a challenge, where despite the existing risk, new potential opportunities are discovered. Realization of economic independence as a



behavioral strategy is associated with the mobilization of individual skills and abilities to cope with a complex economic situation and aims to increase the financial well-being and social status of the individual.

Attitudes towards economic dependence are directed to justify personal passivity and inability of the individual who tries to provide himself a relatively acceptable level of wealth. These attitudes form "dependent" strategies of economic behavior that are aimed at using external sources to solve the economic problems as awaiting assistance from the state or high resource subjects, and transferring upon them rights and freedoms in exchange for care or receiving social welfare.

### Methodology of research

### Participants

The presented theoretical positions provoke a desire to divide all respondents into groups according to their established attitudes of economic dependence or independence. Such classification tempts to distinguish the groups and participants to be separated as economically "successful" or "unsuccessful"; "oriented towards market" or "disoriented" according to their perceptions of economic dependence or independence. No doubt in market reality such classifications will have only a theoretical value because the actual economic behavior cannot be predicted on the basis of economic attitudes of individuals. Therefore, this study concerns the content and characteristics of attitudes towards economic dependence or independence in market economy.

Demograpi	Demographic characteristics		
Gender	Males	381	48.6
Gender	Females	403	51.4
	Single	258	32.9
Family status	Married	377	48.1
	Divorced	149	19
	18-35	186	23.7
٨٥٥	36-50	232	29.6
Age	51-65	224	28.6
	Over 61	136	17.3
	Completed 8th Grade	208	26.6
Educational degree	Completed High-School	317	40.4
	Completed University	259	33
	Students	163	20.8
	Jobholders	214	27.3
Occupation	Pensioners	126	16.1
	Unemployed	138	17.6
	Businessmen	143	18.2
	To 320 BGL	218	27.8
	321-600 BGL	307	39.2
Incomes	601-900 BGL	126	16.1
	901-1200 BGL	85	10.8
	Over 1200 BGL	48	6.1

### Table 1. Demographic characteristics of the respondent sample

The study was conducted between September and December 2013. Participants of the study

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consisted of 784 Bulgarian citizens from Blagoevgrad and Sofia. All the participants participated in the study voluntarily. The data collection and its analysis were done anonymously.

### Procedure

A special questionnaire was used that consisted of 21 items expressing attitudes of individual economic dependence or independence. It was not necessary to calculate the total score for the entire test, but it only tends to assign the respondents to the category of economically dependent or independent personalities. The attitudes from concrete factor are strongly manifested at a higher positive score, while at lower - unfavorable (Krastev, L. 2007)

The participants were asked to complete the questionnaire. They were told that their responses would be treated confidentially and anonymously. The entire procedure took 45 minutes. Participants were invited to indicate their interest in completing the same questionnaire again in November 2013. Those who indicated the interest to do so, were approached again for filling in the questionnaire for the second time. Analysis was computed using the data collected during the first session. The data gathered from the second session were only used for establishing test–retest reliability scores.

### Hypotheses

The relationships of personality to social and economic reality determine the characteristics and components of attitudes towards economic dependence or independence.

Perhaps certain differential-psychological characteristics exist according to participants' perceptions of economic dependence or independence.

### Data Analysis

The data were collected using a survey form which was distributed randomly. SPSS was used to perform statistical analysis of the data collected from the survey forms. The methodologies used were:

Descriptive statistics was used for establishing frequency and percentages of the respondents.

Factor analysis was conducted to present the structure of economic dependence or independence. Bartlett's test of sphericity and the Kaiser Meyer Olkin measure of sampling adequacy are both tests that can be used to determine the factoriability of the matrix as a whole. The results' value of Bartlett's test of sphericity was significant (p<0.001, p=0.000). In addition, the Kaiser Meyer Olkin measure was 0.803 which was greater than 0.6, so factorability was assumed.

Student's t-test was used for assessing the statistical significance of the difference between two sample means or the construction of confidence intervals for the difference between two population means

F-statistic was used for testing the statistical significance of the model or components in the model.

### **Results of Research**

Factor analysis by the method of principal components (Varimax rotation), differentiated three-factor structure of items explaining 45.9% of the total variance (KMO = 0.803 and Sig of Bartlett's Test = 0,000)

Table 2.

Items	First factor (Economic Dependency) 21,6%; α=0,7901	Second factor (Economic Independency) 19,7%; α=0,7826	<b>Third factor</b> (Neutral) <b>4,6%;</b> α <b>=0,240</b>	
17	0,794	0,025	0,080	
11	0,788	0,022	0,069	
5	-0,767	0.108	0,030	
15	0,693	0,013	0,202	
21	0,676	0,206	0,019	
9	0,575	-0,018	0,108	
14	-0,537	0,065	0,206	
7	0,474	0,053	-0,004	
3	0,461	0,102	0,126	
13	0,464	0,032	-0,059	

The first factor describes 21.6% of the variation and covers 9 items reflecting the attitudes of the economically dependent person. This factor includes some representations that are typical for low-resource economic objects (passiveness, low claims, uncertainty and insecurity in self abilities and opportunities, demanding for external assistance and support, readiness for savings and financial deprivation, ineffective behavioral strategies aimed at ensuring minimum acceptable level of material well-being, the ideal of a good employer, etc.). There are 36 possible correlations between items in the first factor where only 10 correlations are not significant. All items in this factor have good discriminatory power and correctly distinguish individuals who have lower scores on the scale from those with the high score on it ( p < 0.05).

Items	First Factor Economic Dependency 21,6%; α=0,7901	Second Factor Economic Independency 19,7%; α=0,7826	<b>Third Factor</b> Neutral <b>4,6%</b> ; α <b>=0,2405</b>
16	-0,009	0.862	0,119
20	0,028	0,790	0,162
8	0,121	0,786	0,063
2	0,307	0,740	0,008
10	0,118	-0,684	-0,006
6	0,058	0,645	0,262
4	0,078	0,637	0,108
12	0,096	0,473	-0,042

Table 3. Item loads for the second f	factor.
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Item loads for first factor.

The second factor consists 8 items that explain 19.7% of the total dispersion, and can be called "economic independence". No doubt this factor reflects attitudes related to economic independence and expresses representations for the high-resource economic subjects (self-confidence and self ability to achieve economic success, high self-esteem and willingness to take big economic risks, activeness, businesslike and entrepreneurship, perseverance to achieve a successful career, readiness for a new job, depending on the economic situation, security and the ability to control economic difficulties).

There were 28 possible correlations between items in the second factor where only 8 were not significant. All items in this factor had good discrimination power and better distinguished these individuals who have a high score from those with lower scores on the scale (p<0,05).

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#### First factor Second factor Third factor Items Economic dependency Economic independency Neutral 21,6%; α=0,7901 **19,7%**; α**=0,7826 4,6%**; α**=0,2405** 19 0,201 0,062 0,528 1 -0,012 0.089 0,470 0,033 18 0,124 0,461

### Table 4. Item loads for the second factor.

The third factor involves three items, but its reliability is too low and therefore it has not been interpreted.

The analysis of the results concerning the differential psychological characteristics of the respondents according to their attitudes shows some significant differences by gender, marital status, level of education, age and requested financial status (monthly income).

Table 5.Gender differences.

Score	Gender	N	$\overline{X}$	SD	df	t	р
First	Men	381	8,032	5,858	781	E 0.E.7	0.000
factor	Women	402	10,541	6,154		5,857	0.000
Second	Men	380	9,283	5,876	770	0 700	0.704
factor	Women	401	8,98	5,75	779	0,723	0.794

Significant gender differences were observed in the first factor. Women are more likely to manifest attitudes relating to economic dependence.

Score	Family status	N	$\overline{X}$	SD	df	F	р
	Unmarried	256	9,183	5,894			
First factor	Married	373	7,071	7,055	2,772	3,964	0.002
laotor	Divorced	146	8,726	8,812			
	Unmarried	258	8,064	6,257			
Second factor	Married	376	7,210	5,941	2,780	0,961	0.136
lactor	Divorced	149	9,735	6,360			

### Table 6.Differences by family status.

Depending on personal marital status, unmarried respondents or divorced showed significantly higher values in the first factor compared with the married. In respect of attitudes related to economic dependence, there were established significant differences between respondents according to their marital status.

#### Differences by education. Table 7. F Ν $\overline{X}$ SD df Score Education р 14,206 Completed 8th Grade 208 10,165 First **Completed High-School** 11,125 8,412 0.003 316 2,777 3,214 factor Completed University 256 7,116 6,033 8,548 Completed 8th Grade 208 8,767 Second 6,891 Completed High-School 317 9,106 2,781 0,475 0.536 factor Completed University 258 9,927 7,212

Depending on the level of educational attainment, those with primary education showed more favorable attitudes towards economic dependence, compared with the respondents with secondary and higher education. In terms of attitudes towards independence, there was no significant difference between groups.

Score	Income	Ν	$\overline{X}$	SD	df	F	р
	To 320 BGL	218	14,375	11,065			
	321-600 BGL	307	13,896	9,134			
First factor	601-900 BGL	125	10,310	8,086	4,778	3,208	0.003
140101	901-1200 BGL	85	7,051	6,310			
	Over 1200 BGL	48	6,332	4,332			
	To 320 BGL	216	5,801	4,896			
	321-600 BGL	306	6,316	5,543			
Second factor	601-900 BGL	126	10,132	9,017	4,774	2,592	0.005
100101	901-1200 BGL	83	13,903	8,898			
	Over 1200 BGL	48	12,764	9,541			

### Table 8. Differences by income.

Persons with a monthly income to 320 BGL and persons with income from 321 to 600 BGL demonstrate distinct attitudes towards economic dependence. There is a significant difference between these groups and the respondents with a higher monthly income. Respondents who have a monthly income of 601 to 900 BGL and those with income over 1200 BGL declare their favorable attitude towards economic independence. The difference between the estimates in their attitudes for the second factor compared to those who have a monthly income to 320 BGL and persons with income of 321 to 600 BGL is statistically significant.

Score	Age	N	$\overline{X}$	SD	df	F	Р
	18-35	186	6,475	3,065			
First	36-50	230	7,182	5,874	0 774	0 740	0.005
factor	51-65	224	12,741	8,543	3,771	2,718	0.005
	Over 65	135	13,076	7,106			

### Table 9. Differences by age.

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Score	Age	Ν	$\overline{X}$	SD	df	F	Р
Second factor	18-35	186	14,640	12,682	3,774 2,820	0.000	
	36-50	232	13,231	9,634			0.004
	51-65	224	8,562	7,420		2,820	
	Over 65	136	5,030	3,861			

With increasing age increases the score on the first factor, but the score on the second factor decreases. This indicates that with increasing age, personality is oriented towards perceptions of economic dependence, while younger respondents' attitudes demonstrate economic independence.

Score	Occupation	Ν	$\overline{X}$	SD	df	F	р
	Students	169	6,504	4,886			
	Jobholders	212	7,890	6,197			
First factor	Pensioners	124	11,076	9,064	4,781	2,383	0.005
lactor	Unemployed	138	12,132	8,893			
	Businessmen	143	5,412	4,510			
	Students	168	11,981	7,997			
	Jobholders	224	7,103	6,862			
Second factor	Pensioners	126	5,816	4,650	4,789	3,726	0.001
laotor	Unemployed	134	4,755	5,322			
	Businessmen	142	12,014	8,071			

### Table 10. Differences by occupation.

Membership of a particular social group has a significant influence on the orientation towards attitudes of economic dependence or independence. Students and small business representatives demonstrate at the highest level attitudes toward economic independence where the difference with the other groups was statistically significant.

In the groups of employees, pensioners and the unemployed a high score is seen on the first factor, which is fundamentally different from that in the groups of students and businessmen. These results are expected because in all such studies pensioners and unemployed demonstrate positive attitudes towards economic dependence.

### Discussion

As to the causes of dependence, the various theories differ, economic factors always dominate. Most theories concentrate on economic relations between a provider and a recipient. These theories stress the politico-economic interest while presented research is concentrated on the psychological aspects and internal structure of dependence which determines the socio-economic situation. According to Hirschman (1970), not a balanced growth should be aimed at, but rather existing imbalances— whose symptoms are profit and losses—must be maintained.

McClelland & Burnham (1976) found that, regardless of our gender, culture, or age, we all have three motivating drivers, and one of these will be our dominant motivating driver. This dominant motivator is largely dependent on our culture and life experiences. Following the concept that the level of development is correlated with the achievement motivation, the present study tried to explain why this achievement motivation varies between societies and their classes and strata.

Children learn to act according to the established norms, and deviations are punished. If by external influences a new group gains power, the status of the old elite is challenged and weakened.

The insecurity and frustration leads to the changed behavior which has consequences on the family structure. Children tend to become dissatisfied with the society and readily accept new values. In time, they become innovative personalities. If these persons become dominant groups in the society, this causes economic development Hagan et al. (1990).

All the theories discussed in the last years are only partial theories. They explain certain aspects of economic dependence - independence but do not fully explain the cause of this relation. The explanation is more adequate for certain socio-economic situations and specific conditions.

### Conclusions

Results obtained from this study provide an opportunity to reveal the characteristics and content of attitudes towards economic dependence or independence. It was practically established, that the respondents tend to be assigned to the category of economically dependent or independent personalities. An attitude on a particular factor is strongly obverted at a higher positive score, while the lower is low affected.

Economic dependence is characterized by certain attitudes and representations typical of low-resource economic subjects (passiveness, low claims, uncertainty and insecurity in one's own abilities and opportunities, demand for external assistance and support, readiness for savings and material deprivation, behavioral strategies of economic inefficiencies, minimum level of material well-being, and the idea of "the best employer", etc.).

Economic independence reflects the attitudes and perceptions related to high-resource economic subjects (self-confidence and self ability to achieve economic success, high self-esteem and willingness to take strong economic risks, activeness, businesslike and entrepreneurship, perseverance to achieve a successful career, readiness for a new job, depending on the economic situation, security and the ability to control economic difficulties).

Definitely were proven certain individual characteristics of the respondents according to their attitude to economic dependence or independence. With increasing age the person is oriented towards attitudes of economic dependence. The respondents with primary education showed significantly more favorable attitudes towards economic dependence, compared with the respondents with secondary and higher education. Surveyed those who have a monthly income of 901BGL to 1200BGL, and those with the income over 1200BGL demonstrate a positive attitude towards economic independence. Membership in a particular socio-economic group has a significant influence on the orientation towards attitudes of economic dependence or independence. The presented scale can be used for research of attitudes towards economic dependence or independence and also for determination of individual characteristics of the respondents.

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